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Book Review 4 Leadership and Self Deception: Getting Out of the Box

William C. McPeck

Available at: https://works.bepress.com/william_mcpeck/23/


The title of this book should probably be Self Deception and Leadership since the book focuses more on self deception than it does leadership. This in no way, however, diminishes the value of this book. Whether it is due to the story based format, the ease with which it reads, or its valuable content I am not sure, but this is one of those rare books that once you start reading, you can't put it down. What a gem to add to my library on self deception.

As someone who works in the area of personal development, I certainly see how the pervasiveness of self deception impacts our lives daily. This book is a great introduction to the issue of self deception. I personally believe everyone, not just leaders, can and will benefit from reading this book. I highly recommend it.

According to the information in the back of the book about the Arbinger Institute, this book introduces Phase 1 of Arbinger's 3 Phase System. I can't wait to learn about phases 2 and 3.