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# Discovering Your Positive Power to Prevent Bullying

Terry W. Neu



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*The Human Journey Colloquia Series Presents:*  
**DISCOVERING YOUR POSITIVE POWER TO  
PREVENT BULLYING**

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## **K. Caputo & T. W. Neu (2005)**

The act of manipulating another into an emotional or physical state not of their choosing there by causing them to respond in a manner not of their choosing.





## **So what is bullying or inappropriate behavior? According to Public Act 11- 232 (July 1, 2011)**


Repeated written, oral, and electronic communications by

\*one or more students directed at or referring to another student

\*and physical acts and gestures by one or more students that are repeatedly directed against another student and that:

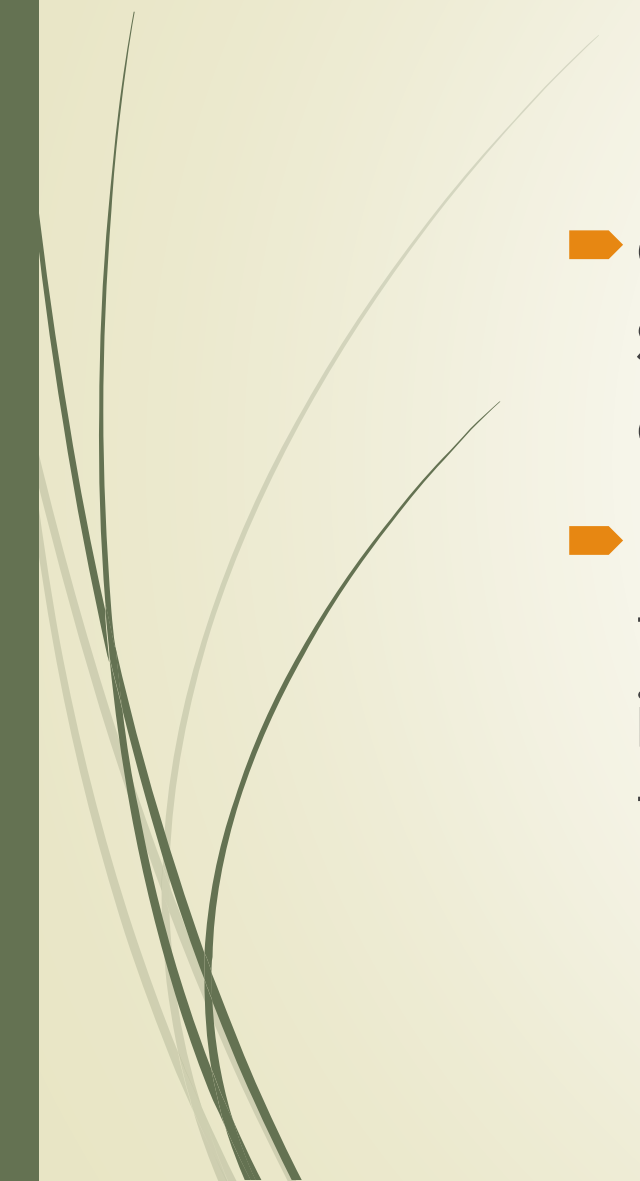



# Definition of bullying continued

- ▶ cause the student physical or emotional harm or damage his or her property,
  - ▶ put the student in reasonable fear of harm or property damage,
  - ▶ create a hostile school environment for the student,
  - ▶ infringe on the student's rights at school, or
  - ▶ substantially disrupt the education process or a school's orderly operation.
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# Defining a Hostile School Environment

- ▶ as one in which bullying among students is so severe or pervasive that it alters the school's climate.
  - ▶ It also specifies that the student against whom the bullying is directed must be attending school in the same district as the students engaged in the bullying.
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This include behavior that is  
consider to be:

targeting a student's actual or perceived possession of, or association with others possessing or perceived as possessing, any differentiating characteristic based on race; color; religion; ancestry; national origin; gender; sexual orientation; gender identity or expression; socioeconomic or academic status; physical appearance; or mental, physical, developmental, or sensory disability.



# Cyberbullying:


which is defined as acts of bullying carried out through mobile electronic devices or electronic communications, the Internet, interactive and digital technologies, or cell phones.








## 3 Important Keys to Dealing with Cyberbullying

- ▶ Identify inappropriate behavior or comments
  - ▶ Document the reception of anything that could be could be Cyberbullying
  - ▶ Notify the appropriate authority
- 



# The shape of the body has power.


Ancient Chinese Proverb


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- ▶ Align the spine like a string of pearls.
  - ▶ Head up as if suspended by a cable.
  - ▶ Eyes alert and making contact with others.
  - ▶ Feet connected to the earth.
  - ▶ Develop the belief in your personal power.



# Keys to Use Your Positive Power to Prevent Bullying:


The need to create a positive, caring environment

- ▶ The power of the smile
  - ▶ Acceptance of others
  - ▶ Respect for others
  - ▶ The support of a community
- 



# Keys to Use Your Positive Power to Prevent Bullying:

The need to develop social competence skills for engaging in healthy relationships

- ▶ Building self efficacy
  - ▶ Communication
  - ▶ Use of humor
  - ▶ Developing personal boundaries
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