

St. Catherine University

From the Selected Works of Terri Grundy, MOT, OTR

March, 2021

Employment-Student to Practitioner

Terri Grundy, *St. Catherine University*

The background of the slide is a light gray surface covered with numerous three-dimensional geometric shapes, primarily tetrahedrons and cubes, in various shades of teal and green. These shapes are scattered across the frame, with a higher concentration on the right side, creating a textured, crystalline effect.

Employment

Students Transitioning to
Practitioners

Terri Grundy MOT, OTR

Learning Objectives

- *Utilizing new learning prepare targeted cover letters and resumes*
- *Reflect on social media image through the lens of an employer*
- *Increase interviewing skills by increasing participation in the process*
- *Identifying roles a mentor can play in your career*

Introductions

Name

School/program

1st career? A 2nd career?

Any particular challenges or concerns?

Area of practice you're interested in?



[This Photo](#) by Unknown Author is licensed under [CC BY-NC-ND](#)



Cover Letters and
Resumes that get
read ...

Resume

Detailed history of your work
and educational experience

72 % of employers say a resume
is very important



Profile summary

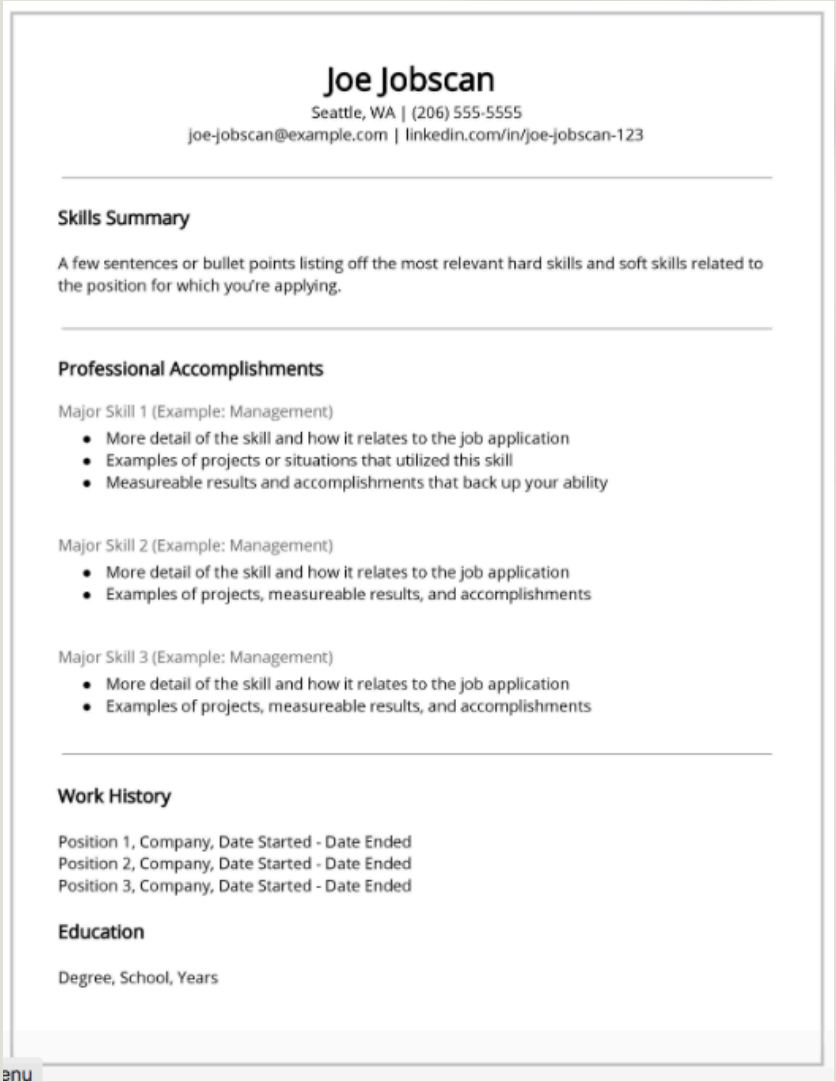


Capabilities section



Statements and points

Do you have a particular resume challenge?

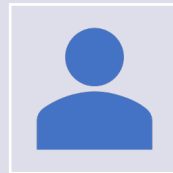


The Cover Letter

Brief overview of who you are and why you would be a good fit for the job.



Mention the position you're applying for



Human touch

Interviewing: before,
during, and after,
actions to take and
pitfalls to avoid.

What are your nervous habits?



Interviews

: a formal consultation usually to evaluate qualifications (as of a prospective student or employee)



Elevator Pitch



Be ready for the tough questions



Paraphrase



Prepare questions to ask



What does your social
media say about you?

70% - 90% of
employers check
social media when
going through the
hiring process

- Are you a good fit with their company culture?
- Facebook
 - Albums and About Me
- Twitter
- Instagram
- Pinterest

79% of HR professionals have rejected a candidate based on their social media content.

How can you use social
media to your
advantage?



Tips for networking and identifying a mentor... or two!


"A trusted counselor or guide." **-Merriam
Webster**

Mentors...

- Who are some mentors you've had in the past?
- Or, when have you had mentors in the past?
- Types
 - Formal
 - Informal
- Where to find mentors?
 - CommunOT
 - MOTA
 - Peers

**Colleagues are a wonderful
thing- but mentors, that's
where the real work gets
done.**

Junot Diaz

A scenic landscape featuring a winding asphalt road that curves through a valley. The road is flanked by dark, rocky hillsides. In the distance, a series of blue-toned mountains are visible under a clear sky. A few small vehicles can be seen further down the road. The overall atmosphere is serene and expansive.

Every single job is a challenge. You are walking into a new set, a new character, creating a world and trying to get comfortable to do your best work.

Felicia Day

References

Doerpinghaus, A.; Board not boring – how OT students and new graduates can help guide nonprofits (and learn something, too!) <https://www.aota.org/Education-Careers/Students/Pulse/Archive/career-advice/Nonprofits.aspx> March 2021

Gilfoyle, E., Grady, A., Nielson, C., (2011) Mentoring Leaders. AOTA Press.

Golding, J. & Chervenik, S.; Transitioning to PDPM and PDGM: OT students and new practitioners need more support. <https://www.aota.org/Education-Careers/Students/Pulse/Archive/career-advice/PDPM-PDGM-Support.aspx> November 2020

McCombie, R.P., McElroy, M.; Student to Therapist: Recommendations to Maximize the Transition Experience. *AmJOccupTher* 2016;70(4_Supplement_1):7011510227. <https://doi.org/10.5014/ajot.2016.70S1-PO5130>

Slavik, K. Transitioning from fieldwork student to practitioner at the same site. <https://www.aota.org/Education-Careers/Students/Pulse/Archive/career-advice/site-transiton.aspx> February 2021