

## TERESA WICKBOLDT OTD, OTR/L

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### EDUCATION

Creighton University, Omaha, NE

**Doctorate of Occupational Therapy** **2009**

Capstone: "What is the effectiveness of visual cueing with images, pictures, and/or graphics to increase independence in activities of daily living of adults with brain injuries?"

Additional Level Two Doctoral Fieldwork Experiences: Pediatric therapy at a nonprofit clinic in Trinidad and Tobago and Brain Injury team therapist at Courage Kenny Rehabilitation Center inpatient transitional care unit

Research: "The Effectiveness of The Print Tool (Olsen & Knapton, 2006) In Identifying Handwriting Difficulties"

Creighton University, Omaha, NE

**Bachelors of Science in Health Sciences** **2009**

### AWARDS

Promising New Graduates Recognition, Creighton University School of Pharmacy and Health Professions

December 2009

Clinical Assessment Award, Creighton University School of Pharmacy and Health Professions

December 2008

Dean's List, Creighton University Undergraduate and School of Pharmacy and Health Professions

August 2004 – December 2009

### TEACHING EXPERIENCE

**Assistant Professor St. Catherine University – OTD and MAOT programs**

**June 2020-Present**

Management of course design, course delivery, and student outcomes across classes such as problem-based learning, Older Adult Context and Process courses, Participation and Technology, Physical Assessment and Intervention Planning, and Rehabilitation coursework. Member of the curriculum committee and added responsibilities of student advising and initiation of a community-based Master's Project.

**Adjunct Faculty St. Catherine's University - COTA program both online and on campus**

**Oct 2016-Present**

Management of classroom content delivery, creation and delivery of lab sessions on campus, grading, student interaction and success in Role of the OTA, Human Occupations, Therapeutic Applications, Applied Skills, Rehabilitation One, Foundations of OT. Accessory skills include managing challenging student issues and behaviors with leadership of the program Management of apx 10-14 credits per year in addition to clinical practice

**Allina Health Home Health New Employee Preceptor**

**Dec 2014 - Present**

One on one training of new employees for Allina Health including patient management, home health clinical skills, and electronic medical record and documentation training

**Allina Health Clinical Instructor - Level One and Two**

**2019 - Present**

One on one training and assessment of assigned masters level OT students for clinical, documentation, and professionalism skills

### RELATED EXPERIENCE and TRAINING

**Foundations of Course Design – St. Catherine's University**

**2021**

Completion of an 8-week, 3-6 hour per week, asynchronous self-directed learning related to writing objectives, modules, and synthesizing into learning management system utilized for coursework delivery.

**Health Science Distance Educator Continuing Education Course - Creighton University**

**2016**

Completion of six-hour course with another six hours of project based and self-directed learning. Successfully completed six modules focusing on the following: distance education issues such as starting a course, instructional methodology, pedagogy, promoting interactions and building a learning community, use of technology, continuous quality improvement, available resources, best practices in distance education and effective online discussion

**Foundations of Teaching in Online Environments - St. Catherine's University**

**2017**

Four-week course including self-directed reading assignments and discussion post involvement regarding building effective online community, facilitation of discussion forums, and utilization of technology for the aforementioned goals

**Faculty Meetings - St. Catherine's University**

**2016 - Present**

Attendance at fourth Monday meetings (COTA) and faculty meetings monthly (MAOT/OTD) including education on classroom management, instruction, use of rubrics, and foundations of teaching important to progression of teaching skills

in online and on campus classroom

**Engagement in St. Catherine University IT Department Trainings on Online Learning Technology** **2020 - Present**

Attendance at University-wide faculty training sessions and department specific informational sessions on the following topics to increase knowledge and skills related to online content delivery, student engagement, and course management. Integrated Tools Overview June 15, 2020; Building Online Community June 29, 2020; Common D2L Shell Training Aug 4, 2020 Panopto and VoiceThread Aug 10, 2020; Groups, Checklists and Rubrics Aug 13, 2020; EHR Go Training Sept, 2020

**Coordination of Field Experience Program for COTA students - St. Catherine’s University** **2016 - Present**

Delivery of physical rehabilitation course material was significantly enhanced by forging a partnership between St. Catherine’s and the rehabilitation facility in the state of Minnesota. This allows students to connect their in class content to practical case studies regarding assistive technology, driving rehabilitation, CVA and SCI patient populations. Annual participation, management of the site and student experience, and maintenance of this partnership is required

**Wheelchair Assessment Process Improvement - Allina Health** **2015 - Present**

Exemplary leadership and communication skills are tested in the quality and process improvement project for rehab seating at Allina Home Health. Created bridges between two separate business divisions to improve communication, create streamlined workflows, address regulatory issues with insurance payors, and educate team of 15-20 people on results. Constant maintenance of this group for quality outcomes is required within the constraints of a typical patient caseload

**CAPABLE Aging in Place Team Member - Allina Health** **2019 - Present**

Membership on CAPABLE Aging in Place team that addresses home modification recommendations under a University research grant alongside community partner Habitat for Humanity to allow low income seniors in the Twin Cities to stay in their homes

PUBLICATIONS AND PAPERS

*What is the effectiveness of visual cueing with images, pictures, and/or graphics to increase independence in activities of daily living of adults with brain injuries?*

Critically appraised topic: summary of findings and formal presentation. Creighton University  
Disseminated orally and at <http://ot.creighton.edu/community/EvidenceReviews.htm> 2009

*“The Effectiveness of The Print Tool (Olsen & Knaption, 2006) In Identifying Handwriting Difficulties”*

IRB approved research conducted and summarized informal research paper. Creighton University  
Disseminated via oral presentation with faculty, staff, and community therapists 2009

MEMBERSHIPS

The American Occupational Therapy Association 2006 - present

CLINICAL EXPERIENCE

Allina Health Home Health, St.Paul, MN July 2014 - present

Management and interdisciplinary treatment of patients in the in-home setting including orthopedic, complex medical, cardiac, and leader of wheelchair seating and positioning team. Home care is an autonomous and self-directed setting in which self reflection on clinical skills and professional growth are vital. Being resourceful, quick thinking, and thorough in documentation are imperative for patient care and professional success.

Cariant Health Partners and Fusion Medical Staffing Travel Occupational Therapist April 2010 - July 2014

Skilled occupational therapy treatment including evaluation and treatment planning in the following settings; Long Term Care, Transitional Care Unit. Acute Care, ICU, Outpatient Pediatrics, and Home Health. Supervision of COTAs, interdisciplinary care coordination, family conference and discharge planning, and home safety evaluations were additional responsibilities. Assignments ranged from three months to 8 months depending on site needs. Self-directed learning, leadership, impeccable communication, and adaptability required for frequent setting changes with flexibility to adjust to multiple electronic medical record systems and managerial styles.

**Curriculum Vitae Addendum  
St. Catherine University**

Faculty Name: Teresa Wickboldt OTD, OTR/L

Faculty Teaching Plan: Older Adults Context, Older Adults Process, Participation and Technology, Master’s Project, Problem Based Learning, Physical Assessment and Intervention Planning, Rehabilitation

Area of Teaching	Date
<u>Foundations</u>	
Continuing Education/Clinical Practice	2019 to Present
<ul style="list-style-type: none"> <li>● CAPABLE Program Occupational Therapist for Allina Health and Habitat for Humanity partnership</li> <li>● Fostering a respectful workplace Allina Health</li> </ul>	2020
Scholarship	
Professional Development Goal	
<u>Practice</u>	
Continuing Education/Clinical Practice	2014 to Present
<ul style="list-style-type: none"> <li>● Clinical practice Allina Health Home Health Occupational Therapist Management and interdisciplinary treatment of patients in the in-home setting including orthopedic, complex medical, cardiac, cognitive impairments and leader of wheelchair seating and positioning team.</li> </ul>	
<ul style="list-style-type: none"> <li>● Wheelchair seating and positioning process improvement lead therapist</li> <li>● Wheelchair seating and positioning specialty group therapist</li> <li>● Mary Massery, if you can’t breathe, you can’t function</li> <li>● Comprehensive Management of Shoulder Pathologies</li> <li>● Fixed vs. Custom Seating and Positioning – Ride Design Inservice</li> <li>● Best Practices in Health Science Education Conference</li> <li>● St. Catherine’s University HSSH Colloquia</li> <li>● Master’s Project Presentation attendance CEU. Topics: Campus accessibility, Nighttime Postural Care, Dystonia in Musicians</li> <li>● Executive Function Performance Test; clinical use and training on administration</li> </ul>	2015 2015 to Present October 2019 January 2019 March 2019 May 2021 March 2021 May 2021
Scholarship	2018
Professional Development Goal: Increase opportunities within assigned credit load courses for IPE opportunities	
<u>Professionalism</u>	
Continuing Education/Clinical Practice	2014- Present
<ul style="list-style-type: none"> <li>● See Practice Track Information</li> <li>● Clinical practice Allina Health Home Health Occupational Therapist Management and interdisciplinary treatment of patients in the in-home setting including orthopedic, complex medical, cardiac, cognitive impairments and leader of wheelchair seating and positioning team.</li> </ul>	2019- Present
<ul style="list-style-type: none"> <li>● Clinical Instructor for Level 1 and Level 2 Fieldwork Students Allina Health</li> <li>● Best Practices in Health Science Education Conference</li> <li>● Faculty Advisor</li> </ul>	May 2021 June 2021-present
Scholarship	
Professional Development Goal	
<u>Scholarship</u>	
Continuing Education/Clinical Practice	
<ul style="list-style-type: none"> <li>● Creation of Master’s Project around the topic of IPE opportunities between OT and Dietetics for Community Dwelling Older Adults</li> </ul>	Starting Sept 2021

Scholarship	
Professional Development Goal: With recent career change to academia, increase networking and mentorship related to the role of Assistant Professor.	
<u>Experience</u>	
Continuing Education/Clinical Practice <ul style="list-style-type: none"> <li>Creation and facilitation of Level 1 Fieldwork Simulation Case</li> </ul>	Fall 2020
Scholarship	
Professional Development Goal	

### Content Delivery Method

Content Delivery Method	Date
<b>Simulation/Lab/Service Learning/PBL (Experiential)</b>	
Continuing Education – all via SCU Training and Development unless otherwise noted <ul style="list-style-type: none"> <li>Problem based learning and Andragogy</li> <li>Professional Behaviors Thread</li> <li>Clinical Instructor for Level 1 and Level 2 Fieldwork Students Allina Health</li> <li>PBL Facilitator Training</li> <li>PBL Facilitator</li> <li>Creation and facilitation of Level 1 Fieldwork Simulation Case</li> </ul>	1/23/17 2/27/17 2019 - Present 9/2020 Fall 2020, Spring 2021 Fall 2020
Scholarship	
Professional Development Goal: Create learning opportunities for students around simulated electronic medical record documentation in didactic coursework.	
<b>Classroom Management/Active Learning</b>	
Continuing Education – all via SCU Training and Development unless otherwise noted <ul style="list-style-type: none"> <li>Foundations of Teaching in an Online Environment</li> <li>Foundations of Course Design</li> <li>Building Community for safe exploration and successful learning</li> <li>Great Online Discussions</li> <li>Panapto and VoiceThread</li> <li>Groups, Checklists, and Rubrics</li> <li>Communication with students and office hours</li> <li>Andragogy vs. Pedagogy</li> <li>Leadership Styles</li> <li>Utilizing rubrics</li> <li>Leadership styles II</li> <li>Time Management</li> <li>Coordination of Field Experience program for COTA students - Self Directed</li> </ul> <p>Delivery of physical rehabilitation course material was significantly enhanced by forging a partnership between St. Catherine’s and the rehabilitation facility in the state of Minnesota. This allows students to connect their in class content to practical case studies regarding assistive technology, driving rehabilitation, CVA and SCI patient populations. Annual participation, management of the site and student experience, and maintenance of this partnership is required.</p> <ul style="list-style-type: none"> <li>Best Practices in Health Science Education Conference - University of Minnesota</li> <li>VoiceThread Workshop - Basics 3</li> <li>VoiceThread Workshop- New Assignments Feature</li> </ul>	2016 6/2021 6/2020 8/2020 8/2020 4/24/17 3/26/18 4/23/18 8/27/18 9/25/18 1/28/19 7/22/19 2016-2019  5/2021 6/1/2021 6/8/2021
Scholarship	

<p>Professional Development Goal: Increase familiarity with ACOTE standards and proceedings to better understand how formatting of course content aligns with ACOTE objectives and curriculum as a whole and Increase knowledge and use of learning management system as a new faculty to improve flow and delivery and organization of course content</p>	
<p>Online/Distance Education</p>	
<p>Continuing Education – all via SCU Training and Development unless otherwise noted</p> <ul style="list-style-type: none"> <li>● Foundations of Teaching in an Online Environment (SCU)</li> <li>● Foundations of Course Design (SCU)</li> <li>● Expectations of adjuncts and peer review process</li> <li>● Support for students online</li> <li>● Academic integrity</li> <li>● Academic Integrity</li> <li>● Discussion boards and alternative labs</li> <li>● Netiquette</li> <li>● Best practices in online teaching</li> <li>● OTA program curriculum redesign</li> <li>● Katie Kompass</li> <li>● Health Science Distance Educator Continuing Education Course – Creighton University                      Completion of six hour course with another six hours of project based and self directed learning. Successfully completed modules focusing on the following: distance education issues such as starting a course, instructional methodology, pedagogy, promoting interactions and building a learning community, use of technology, continuous quality improvement, available resources, best practices in distance education and effective online discussion.</li> </ul>	<p>2016 2021 5/22/17 7/24/17 8/28/17 5/29/18 9/25/17 10/23/17 1/22/18 2/26/18 6/24/19 2016</p>
<p>Scholarship</p>	
<p>Professional Development Goal</p>	
<p>Coordination/Facilitation/Advising</p>	
<p>Continuing Education</p> <ul style="list-style-type: none"> <li>● Faculty Advisor</li> </ul>	<p>June 2021-present</p>
<p>Scholarship</p>	
<p>Professional Development Goal</p>	