

CURRICULUM VITAE: TANYA M. HORACEK, Ph.D., R.D.

304 Lyman Hall • Syracuse University • Nutrition Science and Dietetics
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Education

- Ph.D.** University of Nebraska-Lincoln, Nutritional Science, December, 1996.
Major: Community Nutrition/Nutrition Education
Advisor: Nancy M. Betts, Ph.D., R.D.
Dissertation: *'The Effect of Nutrition Education & the Differences in Dietary Intake & Factors Influencing Intake According to Personality Preferences for a Sample of College Students'*.
- M.A.** University of Nebraska-Lincoln, Communication Studies, August, 1991.
Major: Organizational Communication/Training & Development
Advisor: Vince DiSalvo, Ph.D.
Master's project: *'Organizational Members' Communication Competence and their Personality Dimensions According to the Myers Briggs Type Indicator'*.
- B.S.** Pennsylvania State University, College of Science, **Major:** Life Science 1986.

Credentials

- Registered Dietitian** Registration Number: 817095
Approved Pre-Professional Practice Program, University of Nebraska, 1995.
- MBTI Facilitator** Association for Psychological Type MBTI Qualifying Training, Chicago, IL, 1989.

Professional Positions

- Associate Professor (2004-) & Director of Didactic Program in Dietetics (1999-),** Visiting Professor Syracuse University Florence(2009), Assistant Professor (1997-2004). Department of Nutrition Science and Dietetics, Syracuse University, NY.
- Research Associate,** Departments of Nutritional Science and Dietetics and Food Services, University of Nebraska, Lincoln, NE. 1997.
- Graduate Teaching/Research Assistant,** Department of Nutritional Science and Dietetics, University of Nebraska, Lincoln & Omaha, NE. 1993-94; 1995-96.
- Adjunct Professor,** Department of Speech Communication, Doane College, Lincoln, NE. 1990, 1992-93

Instructor, Department of Communication Studies, University of Nebraska, Lincoln, NE. 1990-91;
Graduate Teaching Assistant, 1989.

Director for Residence Life, Doane College, Crete, NE, 1986-89.

Teaching

Courses Taught:

Syracuse University – Florence

Mediterranean Diet – NSD 400: 3 credits, Fall 2009

Nutrition in Health – NSD 225: 3 credits, Fall 2009

Independent Study – NSD 490: 3 credits (1 student) Fall 2009

Syracuse University, Department of Nutrition Science and Dietetics

Health & Human Services Inter-professional Learning Community: 3 credits, 2002-04.

Health & Human Services Freshmen Gateway (Small group leader): 1 credit, Fall 2002-08.

Advanced Community Nutrition-NHM 600: 3 credits, Spring 2002, 2006.

Participatory Program Planning NHM 458: 3 credits, Spring 2008.

Chronic Disease/Health Promotion-NFM 600: 2 credits, Spring 2000.

Community Nutrition-NHM 455: 3 credits, Spring 1998, Fall 1998-04, 2006-08.

Community Nutrition-Supervised Practice-NHM 371/NHM 461: 1 credit, Fall 2000-05, 2007.

Graduate Community Nutrition NHM 655: 3 credits, Spring 1999; Fall 1997, 1999-06; 2006-08.

Nutrition Counseling-NHM 512: 3 credits, Fall 2000-01, 2004; Spring 2002-09.

Nutrition Education-NHM 511: 3 credits, Spring 2002-09.

Readings Course NHM 660 3 credits, Spring 2007.

Nutrition Education and Counseling-NFM 514: 4 credits, Fall 1997-99, Spring 2000.

Nutrition Education Experience NHM 500/NSD 513: 1 credit, Spring & Fall 2007-09.

Nutrition in Health-NFM 225: 3 credits, Spring 1998-99.

Research and Evaluation-NHM 457: 2 credits, (20%) Spring 2000.

Senior Seminar – NHM 476: 1 credit, Fall 2003-08.

Senior Seminar II - NHM 477: 1 credit, Spring 2009.

Independent studies: 1-3 credits, Spring 1998-99, 2002; Fall 1999-00 (10 st), 2006 (24 st).

Research Experience 3 credit, Spring 2007

Honor's Thesis: 3 credits, 1999 (2 students), 2009 (1 student).

University of Nebraska, Department of Nutritional Science and Dietetics

Peer Nutrition Education Practicum-NSD 496: 1-3 credits, Spring 1997.

Nutrition Education Research Experience-NSD 498: 1-3 credits, Fall 1996.

Introduction to Nutrition-NSD 151: 3 credits, Summer and Fall 1994.

Doane College

Interviewing-CMS 305: 3 credits, Fall 1993.

Fundamentals of Speech Communication-CMS 205: 3 credits, 1990-93 (10 sections)

Public Relations-CMS 420: 3 credits, Spring 1992.

Introduction to Liberal Education-IDS 100: 3 credits, Fall 1988.

Word Processing-CSC 100: 1 credit, Spring 1988 (2 sections).

Student Development and Interpersonal Communication: 3 credits, 1987-88 (2 sections).

University of Nebraska, Department of Communication Studies

Communication and Composition-SpC 198A: 3 credits, Fall 1991.

Business and Professional Communication-SpC 311: 3 credits, 1989-91 (9 sections).

Small Group Problem Solving-SpC 210: 3 credits, Summer 1990.

Classes Assisted: University of Nebraska & Pennsylvania State University

UNL Graduate Satellite TV Contemporary Nutrition-NSD 800: 3 credits, Fall 1995.

UNL Introduction to Nutrition-NSD 151: 3 credits, 1993-94 (6 sections).

PSU Counselor Education-CsED 302: 3 credits, Spring 1986.

Advising

Advisor

Master's thesis:

Kathryn DeIeso, "Validation of campus wellness scoring tool." 2009-

Maria Erdman, "Evaluation of the campus food/dining environment" 2007-2009

Colleen Dour "Effectiveness Evaluation of WEBHEALTH" 2007-2009

Melanie Hubert, "Young adults' preferences for Stages of Change-based nutrition educational materials." 2005-2006.

Jigna Merchant, "An exploratory study examining the influences on dark chocolate intake using the Theory of Reasoned Action", 2003-2004.

Jennifer Kerr, 'The effect of Cookshop on Neophobia', 2001-03.

Doctoral dissertation:

Renee Cole, 'Development and evaluation of a Non-diet approach Weight Management Program', 2000-2006.

Honor's student thesis:

Stephanie Foltzer Evaluation of the Nutrition Detective Curriculum 2008-2010.

Lisa Quintiliani, 'Nutrition Education for Off-campus Students', 1998-99.

Karen Bryla, 'College Women's Self Esteem and Dietary Quality, 1998-99.

Dietetic Program students (majors and minors): Syracuse University, 1998-

Nutrition Education and Promotion Association, Syracuse University, 2000-03, 2005-

SU Scholar applicant: Tracy Stalker, 2001.

Committee member

Doctoral dissertation:

Nicholson, Joan, 2007-

Sarah Dayton, 2002-
Kim Stote, 2003-2004
Jennifer Bueche, 2001
Joyce Merkel, 1999-

Masters thesis:

Fred Harbeck, Syracuse University, 1998.
Lisa Appleget, University of Nebraska, 1998-00.
Priyanka, Syracuse University 2007-
Dina Lawson, Syracuse University, 2007-
Ally Colson, Syracuse University, 2009 -

Honors

Syracuse University

College of Human Services and Health Professions 2007 Faculty Award, Syracuse University, 2007.
Chancellor's Award for Public Service, Girl Scout Education Day, Syracuse University, 2006, 2007.
Chancellor's Award for Public Service, Interprofessional Learning Community, Syracuse University, 2004, 2005, and 2006.
Chancellor's Award for Public Service, Wellwood Wellness Challenge, Syracuse University, 2005.
Faculty Member of the Year, Kappa Alpha Theta, Syracuse University, 2005.
Outstanding Dietetic Educator Award, Dietetic Educator of Practitioner Area VII, American Dietetic Association, 2004.
Interprofessional Service Award, Interprofessional Learning Community, College of Human Services and Health Professions, 2003.
Faculty Curriculum Infusion Award, College of Human Service and Health Professions and Syracuse University Student Services, 2003.
Inter-Professional Collaboration Award, College of Human Services and Health Professions, 2001.
Virginia Simons Outstanding Teacher of the Year, College for Human Development, 2001.
Vision Fund Active Learning Syllabus Award, College for Human Development, 2000.

University of Nebraska

Maude Fling Fellowship, 1995-96.
Outstanding Graduate Teaching Assistant, Alumni Association, 1995.
Outstanding Graduate Teaching Assistant, College of Human Resources and Family Sciences, 1995.
Kappa Omicron Nu Member, National Human Resources Honorary Society, 1993- current.

External grants awarded

Over \$ 500,000 awarded to date.

NRI-USDA-Development of a Randomized Trial Guided by the Process of PRECEDE-PROCEED for Prevention of Excessive Weight Gain in Communities of Young Adults**2009-2014. \$1,500,000** (University of South Dakota lead PI, \$73,000. subcontract SU).

Sid Lerner (Private funder) S.I. Newhouse School of Public Communications The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research **\$100,000 total** (I am a major partner and **NSD was awarded \$15,500** to provide nutrition counseling and nutrition education) Submitted with Chew F. of Newhouse. 2009-2010

Sid Lerner (Private funder) S.I. Newhouse School of Public Communications The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research **\$100,000 total** (I am a major partner and **NSD was awarded \$10,000** to provide nutrition counseling and nutrition education) Submitted with Chew F. of Newhouse. 2008-2009

New York Nutrition Council (Lawson, Dina author Horacek, T. collaborator) Improving refugee resettlement participants fruit and vegetable intake using the farmer's market 2007-2008. **\$1330.**

Sid Lerner (Private funder) S.I. Newhouse School of Public Communications The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research **\$100,000 total** (I am a major partner and **NHM was awarded \$13,500** to provide nutrition counseling and nutrition education) Submitted with Chew F. of Newhouse. 2007-2008

Sid Lerner (Private funder) S.I. Newhouse School of Public Communications The Healthy Campus Initiative/Healthy Monday – A Program of Activities and Research **\$100,000 total** (I am a major partner and **NHM was awarded \$13,500** to provide nutrition counseling and nutrition education) Submitted with Chew F. of Newhouse. 2006-2007.

New York Nutrition Council (Klopocka-Niemiec, J. and Horacek, T.) Development and evaluation of the Nutrition Detective Education Program, 2005-2006. **\$750.00**

Sid Lerner (Private funder) S.I. Newhouse School of Public Communications The Healthy Campus Initiative – A Program of Activities and Research **\$100,000 total** (I am a major partner and **NHM was awarded \$13,500** to provide nutrition counseling and nutrition education) Submitted with Chew F. of Newhouse. 2005-2006.

NRI-USDA for NC219 Regional Research Behavior Change For Obesity Prevention In Young Adults, 2005-2009. \$1,270,000 (University of RI lead PI, **\$90,000. subcontract SU**).

Excellus Blue Cross and Blue Shield Obesity Prevention with five black churches in Syracuse. **2004-2005. - \$60,000 & Wegman's \$5,000.** (Cowart, V. & Horacek, T)– Horacek - consultant).

Head Start of Peace Inc.: Half graduate assistant, 2004-05, **\$7,150.**

Edgcomb Metals: ¼graduate assistant, 2003-04, **\$4026.**

Head Start of Peace Inc.: Full graduate assistant, 2003-04, **\$12,780.**

Edgcomb Metals: Worksite Wellness study and 1/4 graduate assistant, 2002-03, **\$8,008.**

Head Start of Peace Inc.: Full graduate assistant, 2002-03, **\$12,054.**

Food Bank of Central New York: 3/4 Cookshop graduate assistant, 2002-03, **\$9,041.**

IFAFS of USDA: NC219 Regional Research: Young adult fruit and vegetable intervention using Stages of Change, 2001-05, **\$2,000,000. (University of WI lead PI; \$119,996. subcontract to SU).**

Head Start of Peace Inc.: Full graduate assistant, 2001-02, **\$11,648.**

Food Bank of Central New York: Full Cookshop graduate assistant, 2001-02, **\$11,648.**

National Research Initiative of USDA: NC219 Regional Research: Young adult fruit and vegetable intervention using Stages of Change, 2001, **\$400,000. (University of NE lead PI; no subcontract to Syracuse University or 10 of the other 11 participating states)**

Food Bank of Central New York: Full Cookshop graduate assistant, 2000-01, **\$11,200.**

National Securities Studies Program: Counseling Services, Fall 2000, **\$8,420.**

National Securities Studies Program: Counseling Services, Fall 1999, **\$5,835.**

Kappa Omicron Nu: NY children dietary and quality of life study. 1999-00, **\$3,000.**

Nebraska Beef Council: Development of Peer Nutrition Education Team (PeerNET) for University of Nebraska, 1997-98, **\$10,000.**

Internal grants awarded

Over \$ 50,000 awarded to date

Vision Fund, Center for the Support of Teaching and Learning: Development of a Healthy Eating Education Program for Resident Advisors (VanVechten K, Horacek T, & Salomon J.). 2003, **\$5,000.**

Vision Fund, Center for the Support of Teaching and Learning: Interdisciplinary Learning Community: Developing, supporting and sustaining a group of student leaders (Middlemiss, M, Ray S, Horacek T.) 2003, **\$5,000.**

College of Human Services and Health Professions Faculty Research Development Fund: Cookshop, quality of life/diet and neophobia research, 2002-03, **\$4,740.**

Dean of College of Human Services and Health Professions: Welfare/Poverty Simulation, 2002, **\$3,000.**

Dean of College of Human Services and Health Professions: Welfare/Poverty Simulation, 2001, **\$2,000.**

College for Human Development Faculty Development Grant: NC219 research, 2001, **\$2,435.**

College for Human Development Faculty Development Grant: Counseling research, 2001, **\$3,500.**

College for Human Development Faculty Development Grant: NC219 research, 2000, **\$2,390.**

College for Human Development Faculty Development Grant: NC219 research & ADA, 1999, **\$3,970.**

College for Human Development Faculty Development Grant: 5th grade dietary study, 1999, **\$2,000.**

College for Human Development Graduate Research Assistantship Grant: □ time graduate assistant for NC219 regional research, 1999-00, @ value **\$5,600.**

College for Human Development Graduate Research Assistantship Grant:□ . time graduate assistant for NC219 regional research, 1998-99, @ value **\$5,600.**

College for Human Development Computer Grant: Laptop for teaching & research, 1998, **\$3,800.**

College for Human Development Faculty Development Grant: SNE meeting presentation, 1998, **\$1,500.**

Research

Published Manuscripts

Cole R and **Horacek T.** Effectiveness of “My Body Knows When” Non-Dieting Weight Management. Pilot Program Am J Health Behav. 2010;34(3):286-297

Horacek T, Brann L, Erdman M, Middlemiss M, Raj S, "Inter-professional Learning Community: Educating dietetic and other health profession students through an interdisciplinary, service learning experience" Topics in Clinical Nutrition. 24(1):6-15, January/March 2009.

Cole R and **Horacek T.** Applying PRECEDE PROCEED to develop an Intuitive Eating Non-Dieting Approach to Weight Management. Journal of Nutrition Education and Behavior, Volume 41, Issue 2, March-April 2009, Pages 120-126

Esters OT, Boeckner L, Hubert M, **Horacek T,** Kritch K, Oakland M, Lohse B, Greene G, Nitzke S. Educator and participant perceptions and cost analysis of stage-tailored educational telephone calls J Nutr Ed & Behavior 2008; 40(4):258-264.

Do M, Kattelman K, Boeckner L, Greene G, White A, Hoerr S, **Horacek T,** Lohse B, Phillips B, Nitzke S. Low-income young adults report increased variety in fruit and vegetable intake following a stage-tailored intervention. Nutrition Research 2008;28:517-522.

Horacek T, Salomon J, Nelson B. Evaluation of dietetic students’ and interns’ application of whole person lifestyles-oriented nutrition counseling model. Patient Education and Counseling 2007 Oct;68(2):113-20. Epub 2007 <http://dx.doi.org/10.1016/j.pec.2007.04.005>

Lohse B, Satter E, **Horacek T,** Gebreselassie T. Oakland, M. Measuring Eating Competence: Psychometric Properties and Validity of the ecSatter Inventory J Nut Ed Behav 2007;39(5S):154-166.

Nitzke S, Kritch K, Boeckner L, Greene G, Hoerr S, **Horacek T,** Kattelman K, Lohse B, Oakland MJ, Phillips B, White A. (2007). A Stage-Tailored Multi-Modal Intervention Increases Fruit and Vegetable Intakes of Low-Income Young Adults. American Journal of Health Promotion 2007;22:6-14.

Horacek T, Salomon J, Bergen-Cico D. Clients Improve Disease Prevention Behaviors Through a Lifestyle-oriented Nutrition Counseling Program Provided by Dietetic Students and Interns. Topics

in Clin Nutr. 2006; 21(4):268-283.

Nitzke S, Kritsch K, Lohse B, **Horacek T**, White A, Greene G, Betts N. Extension And Research Professionals Join Forces To Address A Critical Nutrition Issue. JOE 2004; 42(5).
<http://www.joe.org/joe/2004october/iw1.shtml>

Greene G, **Horacek T**, White A, Ma J. Using A Diet History Method To Define Stages Of Change In Young Adults For Fruit, Vegetable And Grain Intake. Topics in Clin Nutr. 2003; 18(1):32-41

Quinn L, **Horacek T**, and Castle J. The Impact Of Cookshop On The Dietary Habits And Attitudes Of 5th Graders. Topics in Clin Nutr. 2003;18(1):42-48.

Horacek T, Greene G, Georgiou C, White A, Ma J. Comparison of Three Methods for Assessing Fruit, Vegetable & Grain Stages of Change For Young Adults. Topics in Clin Nutr. 2002;17(5):35-60.

Ma J, Betts N **Horacek T**, Georgiou C, White A, Nitzke S, Swanson M. Assessing Stages Of Change For Fruit And Vegetable Intake In Young Adults: A Combination Of Traditional Staging Algorithms And Food Frequency Questionnaires. Health Educ Res. 2003;18(1):101-113.

Horacek T, White A, Betts N, Hoerr S, Georgiou C, Nitzke S, Ma J, Greene G. Self-Efficacy, Perceived Benefits And Weight Satisfaction Discriminate Among Stages Of Change For Fruit And Vegetable Intakes For Young Men And Women. J Am Diet Assoc. 2002;102(10):1466-1470.

Ma J, Betts N, **Horacek T**, Georgiou C, White A, Nitzke S, Swanson M. The Importance Of Decisional Balance And Self-Efficacy In Relation To Stages Of Change For Fruit And Vegetable Intakes By Young Adults. Am J of Health Promo 2002;16(3):157-166.

Ma J, Betts N, **Horacek T**. Measuring Stage Of Change For Assessing Readiness To Increase Fruit And Vegetable Intake Among 18-24-Year-Olds. Am J Health Promo, 2001; 16(2):88-97.

Horacek T, Koszewski W, Young L, Miller K, Betts N, and Schnepf M. Development Of A Peer Nutrition Education Program Applying PRECEDE-PROCEED: A Program Planning Model. Topics in Clinical Nutr. 2000;15(3):19-27.

Horacek T, and Betts N. Students Cluster Into Four Groups According To The Factors Influencing Dietary Intake. J Am Diet Assoc. 1998;98(12):1464-1467.

Horacek T and Betts N. College Students' Dietary Intake And Quality According To The Myers Briggs Type Indicator Personality Preferences. J Nutr Educ. 1998;30(6):387-395.

Miller K, Scheele K, **Horacek T**, Dodge A and Cox N. Eating Disorders And Over-Exercise: How Should Campus Recreation Respond? NIRSA J 1998;22(4):8-21.

Horacek T, Betts N, and Rutar J. Peer Nutrition Education Programs On College Campuses. J Nutr

Educ. 1996;28(6):353-357.

Manuscripts in Review

Greene, G., White, A., Schembre, S., Shoff, S., **Horacek, T.** Riebe, D., Patterson, J., Lohse, B., Phillips, B., Kattelman, K., & Hoerr, S. College Students Differ in Weight Related Behaviors and Cognitive Variables by Gender and Relative Weight Status. Submitted to J. Am. Dietetic Assoc.

Mauscripts in Progress

Horacek T, Erdman M, and Jaffe K. Effectiveness of a Welfare/Poverty Simulation.

Horacek T. Validation of a lifestyle-oriented nutrition counseling model.

Horacek T. A review of models for providing nutrition counseling.

Hoerr LS, Doong JY, Oakland MJ, **Horacek T.**, Kattleman K, Esters O., Hubert M., Oeafor C. Factors influencing fruit and vegetable intake: A qualitative analysis of differences between men and women.

Kerr J. and **Horacek T.** The effectiveness of Cookshop™ at improving dietary quality and decreasing food neophobia in school-aged children.

Horacek T, Quinn L, Jerome J. The Relationship Between Quality Of Life And Dietary Quality For Central New York 5th Grade Students.

Abstracts/Poster Presentations

Horacek T, Byrd-Bredbenner C, Colby SE, Hoerr S, Johnson M, Kidd T Phillips B, Walsh J. Healthy Vending Snacks on 10 College Campuses: A Comparison of Nutrient Density Scores Experimental Biology 2010 (Abstract in Review)

Boyle-Dour C, **Horacek T**, Brann L, Raj S, Shoff S. Process Evaluation of Project WebHealth: Behavior Change Intervention for Obesity Prevention in Young Adults American College of Sports Medicine 2010 (Abstract in Review)

Herrick M, Kattelman K, Wey H, White A, Hoerr S, **Horacek T**, Louse B, Paterson J, Phillips B, Shoff S, Boyle C, and Greene G. Association Between Participant Baseline Characteristics and Time Spent on WebHealth Lessons. Society for Nutrition Education, New Orleans LA, July 11-15, 2009.

Lohse B, Krall JS, Patterson J, **Horacek T**, Do M, White A, Greene G Development of a web-based module about eating competence for low-income audiences. Society for Nutrition Education, New Orleans LA, July 11-15, 2009.

Horacek T, and Bower K Description and Evaluation of ORANGE WRAP: Peer Nutrition Education

Program . New York State Dietetic Association Meeting Rye, NY May 4-5, 2009.

Erdman M and **Horacek T**, An Assessment Of The Eating And Food Environment Of College Students Using Modified Nutrition Environment Measures Surveys. New York State Dietetic Association Meeting Rye, NY May 4-5, 2009.

Horacek T, and Marco, A. Vending Machines on Campus: Are there healthy options? New York State Dietetic Association Meeting Rye, NY May 4-5, 2009.

Boyle C. **Horacek T**, Brann L. Raj S. Process Evaluation of Project WebHealth: An Online Non-diet Nutrition and Fitness Course for College Students. New York State Dietetic Association Meeting Albany, NY May 4-5, 2008.

Horacek T, Grimwade A. Phase 1 Implementation Of Participatory Research With College Students: Quality Of Life And Obesity Prevention New York State Dietetic Association Meeting Albany, NY May 4-5, 2008.

Cole R & **Horacek T**. Effectiveness of the “My Body Knows When” Intuitive Eating Non-Dieting Weight Management Program. American Dietetic Association Annual Meeting, Philadelphia, PA Sept 28-Oct. 2, 2007; 107(8):A90.

Cole R & **Horacek T**. Applying PRECEDE-PROCEED to Develop an Intuitive Eating Non-Dieting Approach to Weight Management Program. Society for Nutrition Education Conference, Chicago IL, July 28-August 2, 2007; 39(5):P14.

Esters O, Oakland M, Phillips B, **Horacek T**, Greene G. Participation in a Stage-based Intervention to Increase Fruit and Vegetable Consumption: The Impact of Race on Attrition Rate. Society for Nutrition Education Conference, Chicago IL, July 28-August 2, 2007; 39(5):P12.

Lee SY, Greaney ML, Lees FD, White AA, Lohse B, Phillips B, Patterson J, Kattlemann K, Hoerr S, Dayton S, **Horacek T**, Greene G. Facilitators and barriers for maintaining healthy weight in male and female college students Society for Nutrition Education Conference, Chicago IL, July 28-August 2, 2007.

Stotts J, Lohse B, Patterson J, **Horacek T**, White A, Greene G. Eating Competence In College Students Nominates A Non-Dieting Approach To Weight Management Experimental Biology Annual Meeting, Washington, DC April 24-27.

Hubert, M. & **Horacek, T**. *Young adults’ preferences for Stages of Change-based nutrition educational materials*. Society for Nutrition Education Conference, San Francisco, CA July 15-18. 2006;38(1):P122.

Horacek T. & Klopocka-Niemiec J, *Low-fat eating behaviors are associated with a variety of health behaviors*. Society for Nutrition Education Conference, San Francisco, CA July 15-18. 2006; 38(1): P122.

- Greene G, Hoerr S, **Horacek T.**, Kattelman K, Lohse B, Patterson J, Phillips B, White A. *College males and females participate in online study to identify similarities and differences in their food and physical activity behavior.* ISBNPA 2006 Conference, Boston, MA, July 13-16. 2006
- Merchant J. & **Horacek T.** “An exploratory study examining the influences on dark chocolate intake using the Theory of Reasoned Action”, 38th Society for Nutrition Education Annual Meeting, Orlando, FL 2005
- Edeal L, Koszewski W, Young L, Schnepf M, Betts N, Benes B, **Horacek T.** *The Effectiveness Of A Peer Nutrition Education Program.* J Am Diet Assoc. 2000;100 (10):A45
- Horacek T.**, Georgiou C, Ma J. *The effectiveness Of A Dietary Stages Of Change Validation Interview.* 32nd Society for Nutrition Education Annual Meeting, Baltimore, MD 1999; 22:57.
- Horacek T.**, Betts N, Benes B. *Personality And The Factors That Influence The Diets Of College Students.* 29th Society for Nutrition Education Annual Meeting, Saint Louis, MO 1996; 21:43.
- Horacek T.**, Benes B, Lewis N. *Using The Myers Briggs Type Indicator To Improve Dietetic Students' Problem Solving And Counseling Skills.* 28th Society for Nutrition Education Annual Meeting, Washington, DC 1995; 20:29.
- Horacek T.**, Betts N, Benes B. *Basic College Nutrition Students' Dietary Habits And Personality.* 28th Society for Nutrition Education Annual Meeting, Washington, DC 1995; 20:6.

Oral Presentations

- Kattleman K, White A, **Horacek T.**, Hoerr S, Welsh S, Greene G. A Non-Diet Curriculum for Obesity Prevention in Young Adults: Design and Outcomes. Society for Nutrition Education, New Orleans LA, July 11-15, 2009.
- Shoff S, Nuss E, **Horacek T.**, Boyle C, Lohse B, Patterson J, Krall J, White A, Mathews D, Schembre S, Greene G. Sleep quality is associated with eating behavior in 18-24 year old college students Society for Nutrition Education, New Orleans LA, July 11-15, 2009.
- Horacek T.**, Erdman M, Middlemiss M, Smith C, Brann L, Raj S, Carter B, Hensel M, Cowart L, Inter-professional Learning Community: A method of teaching cultural, ethical and communication competence to dietetic and other health profession students through an interdisciplinary, service learning experience. Society for Nutrition Education Conference, Chicago IL, July 28-August 2, 2007; 39(5):O4.
- Horacek T.** “Enhancing Client’s behavior change process using Stages of Change and Motivational Interviewing.” Mohawk Valley Dietetic Association Teaching Day, April 14, 2005.
- Nitzke S, Kritsch K, Phillips B, Johnson G, Oakland MJ, Anderson B, Lohse B, White A, Hedstrom N, Hoerr S, Coleman G, Boeckner L, Betts N, **Horacek T.**, Dayton S, Georgiou C, Schuster E, Greene G, Sebelia L, Stotts J. "Development of a new model to improve fruit and vegetable intake

behaviors." Behavioral research on nutrition and obesity symposium, AAAS Annual Meeting, Washington, D.C., Feb. 20, 2005.

Horacek T. "*Graduate community nutrition class does a worksite feasibility study applying PRECEDE-PROCEED.*" 37nd Society for Nutrition Education Annual Meeting, Salt Lake City, UT 2004 .

Horacek T., Salomon J., Bergan-Cico, D. "*Three Stages of Change cluster groups describe executive military nutrition counseling clients.*" 37nd Society for Nutrition Education Annual Meeting, Salt Lake City, UT 2004;

Horacek T. '*Student-Centered Learning: A Nutrition Counseling Experience*'. Improving Student Learning in Dietetics Education. DEP Area VII Regional Meeting, Albany, NY, 2000.

Horacek T. '*How Precede-Proceed Was Applied To Develop Peernet: A Peer Nutrition Education Program*' 31st Society for Nutrition Education Annual Meeting, Albuquerque, NM, 1998; 38:055

Kotran T. '*Resident Assistant Information 1986-1987*'. Regional Association for College and University Housing Officers Conference, Kansas City, MO, 1987.

Kotran T. '*Promoting Residence Hall Programs*' Regional Association for College and University Housing Officers Conference, Kansas City, MO, 1987.

Kotran T. '*Residence Hall Security*' Round Table Discussion, International Association for College and University Housing Officers Conference, Los Angeles, CA, 1987.

Professional Organizational Memberships & Activities

North Central 12 State Regional Research, 1997-current.

NC219 Chair, 2002-03.

NC219 Secretary, 2004-05.

IFAFS grant Recruitment Chair 2002-2006

NRI Webhealth Grant, 2006-2010

Curriculum chair, 2005-

Eating Competence subcommittee 2006-

Research sub-project chair 2006-

NC1028 PRECEDE PROCEED Participatory Research Project, 2006-2011

Leader, team member training, 2006

Chair of Methods committee, 2006-

Chair of Environmental evaluation procedures and team 2008-

American Dietetic Association, 1993-current.

Peer Reviewer, Journal of American Dietetic Association, 1999-current.

Dietetic Practice Groups:

Active: Nutrition Education for the Public

Chair, Research & Evaluation, 1998-2003.

Reviewer, Outstanding Nutrition Education Award, 1998-2003.

Member: Environmental Nutrition, SCAN, Public Health Nutrition, Nutrition Entrepreneurs

New York Dietetic Association, 1997-current.

New York State Nutrition Council, 2001-current.

Central New York Dietetic Association, 1999-current.

Co-chair, Professional Issues, 2001-02.

Society for Nutrition Education, 1994-current.

Division of Higher Education 1998-current

Nominating Committee, 1999-00.

Peer Reviewer, Journal for Nutrition Education and Behavior, 1999-current.

Board of Editors, 2006-2009.

Volunteer, SNE 32st Annual Meeting in Baltimore, MD, July, 1999.

SNE 31st Annual Meeting in New Mexico, July 1998.

Public Health Nutrition Journal, Peer Reviewer, 1999.

Topics in Clinical Nutrition, Peer Reviewer, 2006-

Nebraska Dietetic Association, 1993-98.

Lincoln American Dietetic Association, 1992-98.

Student Dietetic and Restaurant Management Association, 1992-94.

Association for Psychological Type, International and Cornhusker Chapter, 1989-99.

Invited Presentations/Consultation

Expert consultant reviewer on *Multiple Behavior Change Internet Program for Colleges SBIR – Phase II* development of the liveWell program Pro-Change Behavior Systems, West Kingston, RI, 2009-

Horacek T, “Implementation and Effectiveness of a Lifestyle-Oriented Nutrition Counseling Model”
Center for Health and Behavior Seminar Series February 20, 2009.

Horacek T. “Education/Counseling Theories in the Nutrition Care Process”. Dietetic Interns December 15, 2008.

Horacek, T Application so of PRECEDE PROCEED A Webinar for Rutger’ s University graduate class
Theories, Models and Concepts in Applied Nutrition November 4, 2008

Horacek T. “Life as a researcher”, NHM 680 Panelist, September 2008.

Horacek T. & Boyle C. ‘WEBHEALTH Overview of study and Evaluation Sub-study.’ New York State
Nutrition Council , May 30th, 2008.

Horacek T. “Education/Counseling Theories in the Nutrition Care Process”. Dietetic Interns December 10, 2007.

Expert Consultant Reviewer, Eating Competence Curriculum for low-income audiences, Pennsylvania State University, 2007- 2008.

Horacek T. “*Life as a researcher*”, NHM 457 Panelist, October, 2007.

Horacek T. “*Grant Writing*”. Dietetic Interns December 4, 2006.

Horacek T. “*Life as a researcher*”, NHM 457 Panelist, October, 2006.

Horacek, T. “*Scholarship in Action*” Panel Presentation to Senate Academic Committee October 27, 2006.

Supervisor, Erdman M, Costello A. & six other students. Nutrition tables @ Health Fair, Fayetteville Elementary November 19, 2006.

Horacek T. MAX-Q Presentation “*Eating Healthy in a Fast Food Society*” Syracuse University. October 24, 2006

Horacek T. PRECEDE PROCEED Training NC1028 research team, Fayetteville NY September 27, 2006.

Horacek T. Staff to Staff, “*What is your eating personality*” February 2, 2006.

Guest, Women’s Voices with Linda Lowen “*Flipping the Switch – Women and Weight Loss*” WCNY January 6, 2006.

Research Panel Reviewer, NP107 Human Nutrition, Agricultural Research Service, United States Department of Agriculture, 2005-2006.

Organizer/supervisor, Nutrition Education, Harvest for Health, October 2005, 2006, 2007

Organizer/supervisor, Mayfest Nutrition Education Posters; May 2005, April 2006, 2007.

Organizer/supervisor, Girl Scout nutrition education day, April 2005, 2006, 2007; November 2006.

Peer Reviewer, for Community Nutrition in Action: An Entrepreneurial Approach (4th Edition) Wadsworth, October, 2004.

Horacek T. Mohawk Valley Dietetic Association Meeting “*Motivational Interviewing*” April 14, 2005.

Interviewed, Regarding McDonald’s decision to cut the SuperSize Channel 10 @ March 2005

Horacek T., & eight Nutrition volunteers. Wellwood Wellness Challenge. 2004-2005.

Horacek T. Undergraduate Studies Staff Development Day. “*Eating Healthy in a Fast Food Society*” Syracuse University. June 17, 2004.

Horacek T. Mono C. and Hubert M. Strawberry Festival. “*Eating Healthy on the Run and Choosing Snacks Wisely*”. Syracuse University. June 11, 2004.

Middlemiss M, Raj S, Carter B, Cowart L, Hensel M, **Horacek T.**, and Smith C. Interprofessional Learning Community. In Hurd S & Stein R. (ed) Building and Sustaining Learning Communities: The Syracuse Experience. Anker Publishing Co. Bolton MA. 2004; 214-224.

Horacek T. et al. “Heifer Project International- Overlook Farm Visit Update” Fayetteville United Methodist Church. Adult Forum, November 16, 2003.

Organizer/participant, Heifer Project International Training Farm, (took 4 students), Rutland MA October, 2003

Horacek T. “Nutrition Update” Fayetteville Manlius – Home Economics Teachers August 27, 2003.

Quinn L. and **Horacek T.** “Obesity Prevention of Central New York Children” WCNY Hour TV Interview June 2003.

Horacek T. New York Senate Testimony “Bills related to Obesity Prevention” June, 2003.

Horacek T. “Dietary quality of low income populations”. Habitat for Humanity, March 1, 2003.

Horacek T. Professional review and revision of International Nutrition Booklet for Heifer Project International, March, 2003.

Horacek T. ‘Nutrition Research and Practice: *‘What Is The Relationship Between Children’s Quality Of Life And Dietary Quality? Creatively Guiding Your Children’s Eating Habits.’* Fayetteville United Methodist Church, Adult Form, Fall 2002.

Queen B. and **Horacek T.** ‘*Heifer International*’ Global Health Poster Session, College of Human Services and Health Professions, April 26, 2002.

Horacek T, Wilde M, Queen B, McAdams R. ‘*The Welfare Poverty Simulation*’ Poster presentation, Inside SU, January 26, 2002.

Horacek T. “*World Hunger And Heifer International*’, Fayetteville United Methodist Church Adult Forum, December 16, 2001 & Sunday School December 2, 2001.

Horacek T. and student volunteers Worksite Wellness Health Fair, Edgcomb Metals, Liverpool, NY. November 14, 2001.

Horacek T, Middlemiss, M, Ricardo P. ‘*A Nutrition Expedition*’ HSHP Explorers Post, November 8, 2001

Horacek T. ‘*Nutrition Education and Counseling*’ Dietetic Interns, Syracuse University, 1997-current.

Horacek T. College of Human Services and Health Professions and College for Human Development Fall Fridays and Admissions meetings 1999-current.
Introductory Speech for Dean Pollard, April 2002.

Interviewed and featured for a ‘*Goal Setting: The Power to Change*’ Practice Point article J Am Diet Assoc 2001;101(5):566.

- Horacek T.** '*Creatively guiding your children's eating habits*' Stonehedge Elementary Parent Teacher Association, Syracuse, NY, March 13, 2001.
- Horacek T.** '*Nutrition & Cardiovascular Disease Prevention*' National Security Studies Program. Fall 1998-00.
- Horacek T.** '*MBTI and Management applications*' to interns and nutrition seniors, Syracuse University, 1998-00.
- Horacek T. & Bruening K.** '*Didactic Program in Dietetics self-study*' and coordinated the Commission on Accreditation of Dietetics Education, American Dietetic Association (CADE-ADA) site visit, 2000.
- Horacek T. & Middlemiss, M.** 'Nutrition and Nursing' College of Nursing Explorer Post March 30, 2000.
- Horacek T.** (Three nutrition examples published: Precede-Proceed, MBTI, and Nutrition Education). In Stein RF, Hurd S. Using Student Teams in the Classroom: A Faculty Guide. Anker Publishing Company Boston, MA. 2000.
- Peer Reviewer**, for Basic Nutrition Counseling Skills Development: Guide To Lifestyle Management. Wadsworth, January 2000.
- Horacek T.** Faculty Speaker, '*Qualities of Youth*' Remembrance Scholarship Convocation. November 12, 1999.
- Horacek T.** and student volunteers. Functional Food Happy Hour: Tasting and education experience for National Securities Studies Program Participants, October, 1999.
- Horacek T.** '*Functional Foods*' Summer Preview, Syracuse University, July 1999.
- Horacek T.** '*Do you know your type*' Syracuse University Alumni Meeting, June 1999.
- Horacek T.** '*Changing your ways: Making dietary changes that enhance your health and last*' which included a dinner and cookbook, Fayetteville United Methodist Church, October, 1998.
- Horacek T.** '*Getting off the diet roller coaster*' Fayetteville United Methodist Church, May 1998.
- Peer reviewer**, for Boyle M. & Morris D. Community Nutrition in Action West/Wadsworth, June, 1998.
- Horacek T.** '*How Precede-Proceed was applied to develop PeerNET: A peer nutrition education Program*' Poster presentation College for Human Development Faculty retreat, Syracuse University, May 1998.
- Horacek T.** '*A summary of the Welfare Simulation: Could you live in poverty?*' Parent Council/Advisory Board College for Human Development, Syracuse University, April 1998.

Horacek T. *'Stages of change: Making dietary changes that last'* University United Methodist Church, Syracuse, NY, December 1997.

Horacek T. *'Enhancing your effectiveness as a change agent'* Central New York Dietetic Association, Dewitt, NY, November 1997.

Horacek T. *'Enhancing your effectiveness as a change agent'* Lincoln Dietetic Association, Lincoln, NY, June 1997.

Mentored seven students for two oral presentations for the Undergraduate Research Symposium, University of Nebraska, *'Development of PeerNET Presentations'* & *'Effectiveness of PeerNET'* April 1997.

Supervised and facilitated the development of two student poster presentations for Nebraska Dietetic Association, *'Development of PeerNET Presentations'* and *'Effectiveness of PeerNET'* April 1997.

Fischer JA. and **Horacek T. J** *'Healthy Weight Management'* Inservices, Lincoln/Lancaster Employees, Spring 1997.

Horacek T. *'Improving the outcomes of nutrition therapy using Stages of Change'* Lincoln Dietetic Interns, University of Nebraska, March 1997.

Horacek T. *'Program Planning with Precede-Proceed'* & *'Nutrition Education Theories'*, lectures, Community Nutrition: NSD 456A/856A, University of Nebraska-Lincoln, Spring 1996-97

Horacek T. *'Assessing & Documenting Clients' Readiness to Learn & Behavioral Changes'* Multi-Skilling Class for Dietitians, University of Nebraska, October, 1996.

Horacek T. *'Evaluating Nutrition Information'*, lecture, Graduate Satellite TV Contemporary Nutrition, NSD 800, University of Nebraska-Lincoln, Fall 1995.

Horacek T. *'Myers Briggs Type Indicator & Your Work Relations'* Seminars Lincoln General Dietetics and Food Service Staff, Fall 1995.

Horacek T., and Toledo K. *'Nutritional Implications for Lead Poisoning'* brochure, Lincoln/Lancaster County Health Department, Spring 1995.

Horacek T. *'Bean Healthy'* with food sampling and cookbook. Lincoln General Hospital, March 1995.

Horacek T. and Fischer JA. *'Weight Management'* assessment tools, Lincoln General Hospital, Spring, 1995.

Horacek T. *'Myers Briggs Type Indicator Counseling and Management'* training Lincoln AP4 Class, University of Nebraska, March 1994.

Horacek T. *'Supermarket Survival'* slide presentation, University of Nebraska, 1994.

Horacek T. *'Legume and yogurt cooking classes'*, Wilber-Clatonia Adult Continuing Education, Oct-Nov 1993.

Horacek T. *'Using the Myers Briggs Type Indicator for Dietetic Counseling'*, Applied Clinical Nutrition, NSD 454/854, University of Nebraska, Fall 1993-94

Horacek T. *'Using the Myers Briggs Type Indicator in Management'*, Foodservice Management, NSD 473/873, University of Nebraska-Lincoln, Fall 1993-1996; & Spring 1996-97

Horacek T. *'Low literacy nutrition modules: A tool for public health nurses'*, Lincoln/Lancaster County Health Department, July 1993.

Facilitated approximately 100 MBTI basic interpretation sessions for educational, business, and social groups since 1990.

Service Activities

Volunteer, Mensa, Reading Program and School Mensa, Syracuse University Florence, 2009.

Participant, Task Force for Changes, Syracuse University Florence, 2009.

Member, Faculty Council College for Human Ecology 2008- (Chair, 2010-)

Hired, sponsor and supervise, Nutrition Volunteer Coordinator 2008-2009.

Member, Assistant Professor Search Team, Department of Nutrition Science and Dietetics, College of Human Ecology, 2008-

Member, Tenure and Promotion Committee, College for Human Ecology, Syracuse University, 2004-2006; 2007-.

Volunteer and coordinate student volunteers for Samaritan Center, Living Room, Grant Middle School, Senior Dining, and Meals on Wheels, 2007-2008

Member, Director of Recreation Services Search Committee, Syracuse University June-October 2007

Kunz C, Faiola , and Horacek T. Developed the Eating Well Italy class NHM 300, Fall 2006.

Horacek T, Jaffe K, and Morano R. Developed the Interprofessional Montreal Learning Experience HSHP300, Spring 2006

Developed and coordinate, ORANGE WRAP: OutReach And Nutrition Group Education by Wellness Responsibility Advocating Peers. 2005-

Member, Promotion Committee, Department of Nutrition and Hospitality Management, 2005-2006.

Member, Registered Dietitian Search Committee, Syracuse University, Summers 1998-99 and 2006.

Member, Wellness Advisory Committee, Syracuse University, 2005-.

Member, University Senate, Syracuse University 2000-03, 2005-

Member, Sub-committee on Faculty and Staff Relations, 2001- (Co-Chair 2007-2008)

Member, Remembrance Scholarship Selection Committee, Syracuse University, 1997-00; 2005-06

- Speaker, Remembrance Scholarship Convocation: Faculty Representative, November 12, 1999.
- Member, Wellness Leadership Task Force, Syracuse University, 2005.
- Coordinator, Nutrition Strategic Plan Document, Dept NHM, Syracuse University, 2004-2006.
- Coordinator, New Fall and Spring Nutrition Schedules, Dept NHM, Syracuse University, 2004, 2006
- Member, HSHP Health and Wellness Major Planning Committee, Syracuse University, 2004-2005.
- Member, Healthy Campus Initiative, Syracuse University, 2004-
- Member, Recreation Services Advisory Council, Syracuse University, 2004-2007.
- Member, Chancellor's Healthcare Advisory Committee, Syracuse University, 2004-
- Julita Klopocka-Niemiec J, & Horacek T *HEALTH INSURANCE COVERAGE of NUTRITION SERVICES* Report to HCAC 3/29/06
- Horacek T. Why cover MNT? Presentation to HCAC 4/5/06
- Organizer, Heifer Project International Read to Feed Program, Central New York Region, 2004.
- Organizer, Guatemala Mission Trip Fund and Supply Raising efforts, United Methodist Church, 2004-2005.
- Member, Inter-Professional Learning Community Planning Committee, College of Human Services and Health Professions 2002-2005.
- Coordinated and supervised the provision of nutrition counseling services to the Native American Services Agency population, Spring 2002.
- Consultant and coordinated the NHM 600 data collection efforts for Worksite Wellness Feasibility Study for Edgecomb Metals, Spring, 2002.
- Member, HSHP Freshmen Forum Planning Committee, 2001-
- Member, Heifer International Committee, Fayetteville United Methodist Church, 2001-2005.
- Member, Parish Staff Relations Committee, Fayetteville United Methodist Church, 2001-2005.
- Member, Vision Fund Committee, College of Human Services and Health Professions, 2001.
- Member, Clinical space sub-committee, College of Human Services and Health Professions, 2001.
- Member, Faculty Council, College of Human Services and Health Professions, 2001-03.
- Chairperson, Welfare Poverty Simulation Committee, College of Human Services & Health Professions 2000-2002.
- Events: November 5 and 11, 2000; November 11, 2001; November 3, 2002
- Institutional Review Board approved research 2002-2005.
- Member, HSHP Welfare Poverty Simulation Committee, HSHP, Syracuse University, 2004.

Member, Graduate Committee, Department of Nutrition and Hospitality Management, 1998-

Judge, "Taste, Face and Place of NY Farms" State Fair Photo Contest. 2001-02.

Member, Transition Undergraduate Curriculum Committee, College of Human Services and Health Professions, Spring 2001.

Member, Assistant Professor Search Team, Department of Nutrition and Hospitality Management, Spring 2001; 2002-03.

Member, Research and Graduate Affairs, College for Human Development, 1999-2001.
Chair, 2000-01.

Volunteer, Vacation Bible School, Fayetteville United Methodist Church, 1998-99, 2001-02.
Community Service Project at Brown Stone Memorial Church, 2001.

Volunteer, Nutrition Counseling Services auctioned off to support Hendrick's Chapel Student Services, Spring, 1999-01.

Coordinated counseling services for National Security Studies Program. Coordinated and supervised 10 dietetic interns and seven NFM students counseling activities for 28 participants. Fall, 1998; expanded service to accommodate 35 participants Fall 1999; and expanded to accommodate 50 participants, Fall 2000.

Nutrition Counselor, NSSP clients and SU staff 1997-

Member, Curriculum Committee, College for Human Development, 1997-00.

Volunteer, Samaritan Center, Syracuse NY, November 2000, 2007-

Consultant, Nursing Student Master's Thesis, Syracuse University, 2000.

Consultant, SUNY Osteoporosis Study, Spring 2000.

Member, Health Center Wellness Committee, Syracuse University, 1997-00.

Nutrition Counselor, Syracuse University Health Center, September-October 1999.

Supervised, the collection of satisfaction surveys and provision of nutrition education lessons, Congregate Meal Program, Syracuse, NY Fall 1998-99.

Member, Advisory Board, Just Say Yes to Fruits and Vegetables, NY, 1999. Reviewed Food Pantry Provider Fruit and Vegetable Manual, 1999.

Volunteer, Weekly Reading aid, Fayetteville Elementary school, 1998-99.

- Coordinated and conducted, Welfare Simulation, Syracuse University, March, 1998; expanded to include Social Work students and a meal representative of the Thrifty Food Plan, October, 1998.
- Served as a New Faculty representative for the Middle states accreditation review, Syracuse University, October, 1998.
- Consultant, Residence Life Stages of Change Dietary Research, Pam Edwards, Univeristy of Nebraska Food Services, 1997-98.
- Consultant, Dietary research Susan Berger, Cazenovia College Health Center, April, 1998.
- Volunteer, Eastern Migrant Workers Farm Association, Syracuse, NY, 1998.
- Leader, Peer Nutrition Education Program implementation, University of Nebraska, 1996-97.
- Nutrition Counselor, University of Nebraska-Lincoln, Spring 1993.
- Chaired, Speech Communication 311 Test Committee, Department of Speech Communication, University of Nebraska, 1989-90.
- Member, Interdisciplinary Studies Planning & Teaching Team, Doane College, Fall, 1988.
- Member, Academic Advancement Team, Doane College, 1987-89.
- Counselor, Pennsylvania State University, Peer Counselor Program, 1985-86.

Professional Development

- Participant, Food and Nutrition Conference and Exposition, Chicago, IL, Sept 24-26, 2008.
- Participant and Presenter, Food and Nutrition Conference and Exposition, Philadelphia, PA, Sept 28-Oct. 2, 2007.
- Invited Participant, Meredith Professor Roundtable discussion regarding engaging students and measuring student outcomes, Syracuse University, November 8, 2007.
- Participant and Presenter, Society for Nutrition Education Conference, Chicago, IL July 28-Aug 2, 2007.
- Participant, New York State Dietetic Association Meeting, Syracuse NY, May 4-5, 2007.
- Participant and Presenter, Society for Nutrition Education Conference, San Franciso, CA July 15-19 2006
- Participant, NYU Mediterranean Diet Conference with Tuscany gastronomical tour Florence, Italy 5/21/-5/30/06

Participant, ADA Public Policy Workshop, Washington, DC March 13-15, 2006.

Participant, Interdisciplinary Travel Seminar, Syracuse University, 2005-2006.

Participant, Mindfulness-based Stress Management Class, Fayetteville NY, April-June 2005.

Participant, Focus on Teaching/CSTL Seminar: creating an online learning community, April 22, 2005.

Participant, SCAN: Sports Nutrition and Eating Disorders Practice Group Annual Meeting and Motivational Interviewing training pre-conference, Charleston, SC, March 10-13, 2005

Participant, NY Legislative Advocacy Day, (took 2 students) March 8, 2005.

Participant, Big Chalk, Syracuse University, May-2004- May 2005.

Participant, five of Focus on Teaching/CSTL Seminars: student assessment, student engagement, responding to writing, using student ratings, and interactive teaching using PP, 2004.

Participant, "Food Bank of Central New York Conference. September, 2004.

Participant and Presenter, Society for Nutrition Education Conference, Salt Lake City, UT, July 17-21, 2004.

Participant, Dietetic Educator Practice Group Area VII Annual Meeting, Latham, NY April 5-6, 2004.

Participant "Developing Healthy Body Image: The Primary Prevention of Eating Disorders- Kathy Kater, LICSW" The Mental Health Association of Onondaga County. November 7, 2003.

Participant, American Dietetic Association Annual Meeting, San Antonio, TX October 25-28, 2003.

Participant, "Teach them to Fish" Food Bank of Central New York Conference. September 29, 2003.

Worked with curriculum consultant Judith Obrien-Grunert. Center for the Support of Teaching and Learning, August 2003.

Participant, Current Issues in Nutrition: Overweight Issues in Childhood, Role of Environment and Community. June 13, 2003.

Participant, Dietetic Educator Practice Group Area VII Annual Meeting, Burlington, VT April 8-10, 2003.

Participant, American Dietetic Association Annual Meeting, Philadelphia, PA October 19-22, 2002.

Participant, Faculty Computing and Media Services Black Board Pilot, 2002-03:

Attended training for Assignments on line, Quizzes & Discussions; Summer 2002.

'Using the Web in the classroom: How to put it together'. April 11, 2002

Participant, Central New York Dietetic Association Professional Development Presentations:

Kurlandsky, S. '*Supplement Savvy: Dietary Supplements in the US- Nutrition Research for Profit meets a Hyperactive Media: Resources for Nutrition Professionals to Counterbalance Misinformation*'. June 19, 2002.

Salomon, J. '*Medical Nutrition Therapy for Polyovarian Cystic Syndrome and Fibromyalgia*', January 16, 2002.

Burke, D. '*Starting Your Own Business*', December 4, 2001

Raj, S. '*Multicultural Nutrition*', dinner and presentation, November 5, 2001.

McCasland, D. '*Diabetes Update*', September 12, 2001.

Participant, Food Play, New York State Nutrition Council, May 30, 2002.

Participant, Global Health Initiative Events, College of Human Services and Health Professions:
Poster Session and International Luncheon, April 26, 2002.
Breakfast and Panel Discussion, February 11, 2002.

Participant, Syracuse Healthy Start- Racial Disparities in Health Summit, Syracuse, NY April 16, 2002.

Participant, '*The Ins and Outcomes of Nutrition*' Dietetic Educators of Practitioners Area VII Meeting, Warwick, RI. April 8-9, 2002.

Participant, Legislative Update, Onondaga Department of Aging and Youth, Native American Service Agency, February 15, 2002.

Participant, Syracuse University Focus on Teaching Luncheon Series:
'*How Faculty Cope with Stress*', February 6, 2002.
'*Reflecting on Service Learning Pedagogy*', November 8, 2001.

Participant, Heifer International Educational Farm, Rutland, MA, September 15, 2001.

Student, EDU 784 Group Counseling, Summer 2001.

Participant, '*Adolescent Nutrition Issues*', University of Rochester Medical Center, Rochester, NY June 7, 2001.

Participant in 80% of the Office of Sponsored Programs Grant Writing Seminars, Spring, 2001.

Participant, '*TANF-The Politics of New York State's Welfare to Work Reform: The Rocky Road from Federal Policy to Local Implementation*', School of Social Work, November 2000.

Participant, Central New York Dietetic Association Professional Development Presentations:
'*Sensory Delights: An experience in Taste and Smell*', November 2000.
DeCamp, M. '*Negotiation for Satisfaction*', May 2000

Participant, '*Career Development in a Multicultural World*', Syracuse University Career Practitioners Group, September 2000.

Participant, '*A Symposium on Biotechnology and Food*', Cornell Cooperative Extension, June 2000.

Participant & Presenter, '*Improving Student Learning in Dietetics Education*', Area VII Dietetic Educators of Practitioners 2000 Regional Meeting, April 2000.

Participant, '*Problem Based Learning and Teaching Critical Thinking*', College for Human Development Retreat, December 1999.

Participant, Focus on Teaching Seminars:

'Technology's Effect on Social Aspect of Teaching' October 1999.

'Using writing to stimulate active learning' February 1999.

'Supplemental Instruction', October 1998.

Participant, '*Continuous Improvement in the Classroom*', SUIQ, September 1999.

Participant and sponsor of five graduate students at International Life Sciences International: Policy Seminar '*National Nutrition Monitoring System*' April 1999.

Participant, Computer training through FACCS: Power Point, Netscape Communicator and the Web, The Net & the Web, Power Point and the Web, Web Page Design, Photo-shop, & Designing Quizzes for the Web. (Summer-Fall, 1998)

Participant, Proposal Writing Workshop - Office of Sponsored Programs March & April 1998.

Participant, New Faculty Workshops:

'Active Learning Strategies', October, 1998.

'Where to find help for students', September, 1998.

'Faculty share creative approaches for teaching and learning', March, 1998.

'Prevention and responses to sexual harassment', October, 1997.

'Professor McKeachie's discussion on Teaching Tips', September 1997.

Participant, Focus on Teaching Seminar:

'Faculty approaches for web-based instruction', April, 1998.

'Where and How to get support for research and creative activities', March, 1998.

'Increasing students; involvement in class and finding out what they are learning', February, 1998.

'Turning Students On Teaching Today's Learners' October, 1997.

Participant, Multi-Media in the Classroom Seminar, University of Nebraska, January 1997.

Participant, Critical Thinking Seminar, University of Nebraska, January 1995.

Participant, Collaborative Learning Seminar, Council of Independent Colleges, Omaha, NE, June 1993.