Review of Quick Reference Dictionary for Massage Therapy and Bodywork

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-Physical Therapy


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Far more than dictionary quick reference, this book could almost be considered a handbook for the occupation. The terminology included here come from clinical, medical and anatomical vocabularies. A near exhaustive list of massage and bodywork methodologies are defined. Common English words that take on a special definition in the therapeutic context are also explained. The work includes explanations of many business and economic terms related to the health care industry.

The definitions tend to be rather short, but this lack is more than made up for by the 22 appendices covering all aspects of therapeutic bodywork. Despite the small (18cm.) size, gray-scale diagrams of the muscles, bones and nerves are surprisingly clear, detailed and well labeled. Of particular interest are appendices 17 and 18, "Peripheral Nerve Innervation" charts for the upper and lower extremities. Finally, the dictionary provides contact information and licensure requirements for all United States and Canada. Recommended for health sciences libraries or alternative health collections.