

Sandy Pais Narciso- Owen, PA-C

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Sacred Heart University Physician Assistant Program
Tandet Center, 4 Hospital Plaza, Stamford, CT
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Education

Master's Degree of Science and Bachelor of Science in Physician Assistant Studies. August 2007
Mercy College, Bronx, NY

Master's Degree of Science in Environmental Health Science, concentration in Systemic Toxicology. May 2003
New York University, New York, NY

Dual Bachelor of Science Degree in Biology & Science, Technology, & Studies with Psychology minor. May 2001
Rensselaer Polytechnic Institute, Troy, NY

Career Summary

Clinical Assistant Professor October 2018- present
Sacred Heart University Physician Assistant Program, Stamford, CT

- Principal faculty member
- Committee member for various groups including: Admissions, Professional Performance Committee, Self-Assessment Committee, and Educational Policy and Curriculum Committee
- A course director in Patient Assessment and Clinical Reasoning I and Principals of Medicine I
- Co-course director for PA- 603 Pediatrics
- Course director for Principals of Medicine III- Pediatrics

Outpatient Pediatric Physician Assistant January 2018- October 2018
Optimum Medical LLC, 48 Main Street, Danbury, CT

- Under the guidance of Dr. Jacque Etienne, attending physician
- Involved in all aspects of outpatient care including well child, sick, and follow-up visits
- Perform procedures including urine catheterizations, venipuncture, and immunizations
- Order and interpret laboratory tests and diagnostic studies

Inpatient Pediatric Physician Assistant November 2013- present (per diem January 2018-present)
Western Connecticut Health Network, Danbury Hospital, Danbury, CT

- Under the guidance of attending physicians
- Involved in all aspects of inpatient care
- Admit, perform thorough history and physical exams, and discharge patients
- Order and interpret laboratory tests and diagnostic studies
- Develop with team practice guidelines for common pediatric admission diagnoses

Lead Inpatient Pediatric and Neonatal Intensive Care Unit Physician Assistant February 2011- November 2013
Connecticut Children's Medical Center Waterbury at Saint Mary's Hospital, Waterbury, CT

- Attend Leadership Inpatient Management Team meetings to discuss Waterbury branch unit
- Attend monthly Pediatric Attending meetings to discuss Waterbury branch unit
- Attend Clinical Effectiveness meetings to discuss evidence- based guideline creation
- Develop with attending physicians the guideline at Connecticut Children's for Neonatal Fever under 30 days
- Provide feedback to physician assistant colleagues
- Involved in recruitment of per diem and full time physician assistant staff
- Manage scheduling and payroll processing in KRONOS
- Perform all duties of inpatient pediatric and Neonatal Intensive Care Unit physician assistant

Inpatient Pediatric and Neonatal Intensive Care Unit Physician Assistant December 2007- 2017 (Per diem November 2013-2017)
Connecticut Children's Medical Center (January 2009) at Saint Mary's Hospital, Waterbury, CT

- Under the guidance of attending physicians
- Involved in all aspects of inpatient care
- Admit, perform thorough history and physical exams, and discharge patients
- Order and interpret laboratory tests and diagnostic studies
- Attend Cesarean section and at risk vaginal deliveries and perform newborn resuscitation

Western Connecticut Health Network Cardiology Per Diem Physician Assistant 2009-2010
Danbury Hospital, Danbury, CT

- Under the guidance of attending physicians and nurse practitioners
- Supervise stress testing during stress echocardiograms, and various exercise stress testing studies

Pediatric and Neonatal Intensive Care Unit Physician Assistant Extern May 2007- December 2007
Saint Mary's Hospital, Waterbury, CT

- Under the guidance of attending physicians and physician assistants
- Involved in all aspects of inpatient care
- Admit, perform thorough history and physical exams, and discharge patients
- Order and interpret laboratory tests and diagnostic studies
- Attend Cesarean section and at risk vaginal deliveries and perform newborn resuscitation

Professional Appointments

- National Commission on Certification of Physician Assistants CAQ Blueprint Work Group October 2016
- Adjunct Clinical Instructor at Ross University School of Medicine August 2016- present

Licensure and Certification

- Certified by National Commission on Certification of Physician Assistants
- Drug Enforcement Administration Controlled Substance Practitioner License
- Connecticut State Controlled Substance Practitioner License
- Connecticut State Physician Assistant License
- Pediatric Advanced Life Support
- Neonatal Resuscitation Program
- Basic Life Support and Advanced Cardiac Life Support

Publications

K.J. Boswell et al. *Estradiol Valerate and Intake of Sweetened Water.*
Pharmacology, Biochemistry, and Behavior. 80 (2005). 1-7.

C. Nadziejko et al. *Effect of Particulate and Gaseous Pollutants on Spontaneous Arrhythmias in Aged Rats.* Inhalation Toxicology. 16 (2004). 373-380.

S.P. Narciso et al. *Adaptation to Stress Induced by Restraining Rats and Mice in Nose-only Inhalation Holders.* Inhalation Toxicology. 15 (2003). 1133-1143.

C. Nadziejko et al. *Immediate Effects of Particulate Air Pollutants on Heart Rate and Respiratory Rate in Hypertensive Rat.* Cardiovascular Toxicology. 2 (2002). 245-252.

L.D. Reid et al. *One Injection of Estradiol Valerate Induces Dramatic Changes in Rats' Intake of Alcoholic Beverages.* Pharmacology, Biochemistry, and Behavior. 72 (2002). 601-616.

C. Nadziejko et al. *Quantitative Analysis of Cardiac Data from Rats Monitored by Telemetry: Reducing Within- and Between- Animal Variability.* Cardiovascular Toxicology. 2 (2002). 237-244.

L.D. Reid et al. *Estradiol Valerate (EV) and Alcohol Intake: A Single Dose of EV can Enhance Appetite for Alcohol.* Alcohol Clinical and Experimental Research. 25 (2001). 22A.

Poster Presentations

L.C. Chen et al. *Methods for Exposing Rodents and Cells to Concentrated Ambient PM using VACES*. Department of Environmental Medicine. New York University School of Medicine. Tuxedo, NY, 10987. American Association for Aerosol Research Particulate Matter Colloquim. March 2003.

S.P. Narciso et al. *Adaptation to Stress Induced by Restraining Rats and Mice in Nose- only Inhalation Holders*. Department of Environmental Medicine. New York University School of Medicine. Tuxedo, NY 10987. Society of Toxicology 41st Annual Meeting,. Nashville, TN. March 2002.

S.P. Narciso et al. *Estradiol Valerate (EV) and Alcohol Intake: EV Affects Intake of a Saccharin Solution More than a Sucrose Solution*. Laboratory for Psychopharmacology. Rensselaer Polytechnic Institute. Troy, NY 12180. 10th Annual Meeting of the International Behavioral Neuroscience Society. Cancun, Mexico. April 2001.

Languages

Fluent in Portuguese. Adept in Spanish.

Volunteer

Medical Tent Navigator and Translator at Mission Health Day at Western Connecticut Health Network. October 2018