Darier disease: A case report

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Available at: http://works.bepress.com/rosnah_zain/78/
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Article type: Article.

Abstract:

Darier disease, also known as keratosis follicularis, dyskeratosis follicularis, and benign dyskeratosis, is a rare disorder of keratinisation that primarily affects the skin and, to a lesser extent, the oral mucosa. It was described independently by both Darier and White in 1889. It has a prevalence of 1:100,000 of the population and is inherited as an autosomal dominant trait. The age of onset is childhood or adolescence. Patients usually present with multiple small firm reddish-brown papules on the forehead, scalp, neck, shoulders, chest, and limbs. Other cutaneous signs include punctate keratotic pits of the palms and soles and dystrophy of the nails, which is characterised by a red and white sandwich of streaks associated with a V-shaped notch. The oral lesions are usually asymptomatic and are seen as multiple, normal-coloured or white flat-topped papules that predominantly affect the palate.

Author | Jalil, A. A. ; Zain, R. B. ; Van der Waal, I.
Source | British Journal of Oral and Maxillofacial Surgery
ISSN | 0266-4356
DOI | 10.1016/j.bjoms.2004.10.01
Volume | 43
Page | 336-338
Year | 2005

Keyword:

Benign dyskeratosis, Darier disease, Dyskeratosis follicularis, Keratosis follicularis, Oral squamous cell carcinoma, OSCC, lichenoid lesions, lichen planus, oral cancer, oral tumours, pemphigus, traumatic eosinophilic granuloma, aphthous ulcers, oral mucosal lesions, betel chewers mucosa, betel quid related lesions, betel quid, areca quid, tobacco quid, oral cancer screening, training and calibration, early detection, oral cancer awareness, biobanking, tissue bank, databank, oral cancer, tissue bank, research credibility, research ethics.

Please Cite As:

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