

RITA MARIE ABBOUD, M.S., R.D., L.D.

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EDUCATION

MS Degree, Nutrition, GPA 3.52; January 1994, Case Western Reserve University, Cleveland, OH

Dietetic Internship; July 1993, Cleveland VA Medical Center, Cleveland, OH

BS Degree, Dietetics, GPA 3.72, Cum Laude; May 1992, Notre Dame College, Cleveland, OH

EMPLOYMENT

Assistant Lecturer, Medical Nutrition Therapy & Nutrition Fundamentals, The University of Akron/College of Health Professions/School of Nutrition & Dietetics & University of Akron/Wayne College Campus; course lecture & classroom application of food/nutrition & MNT.

Akron & Orrville, OH. August 2010-present

Clinical Instructor, Medical Nutrition Therapy I/II, The University of Akron/College of Health Professions/School of Nutrition & Dietetics; Teaching clinical nutrition in the hospital setting, MNT/IDNT documentation & abbreviations, NCP, written & oral case studies, Mini-Rounds, Projects, Presentations; Akron, OH. September 2008-present

Clinical/Community Dietitian, Wooster Community Hospital; MNT/NCP/IDNT, nutrition assessment & counseling, dietary instruction, Community Wellness, Health Fairs, Public Speaking, Support Groups and Corporate Wellness Accounts;

Wooster, OH. May 1998-present

Health & Wellness Coordinator, Marathon Petroleum Company; Newsletter articles, Nutrition Education Series, Wellness Event planning and implementation, Wellness Team, Health Screenings, Annual Health Fair, Corporate Health Challenges;

Canton, OH. Nov. 2003-Nov. 2008

Clinical/Critical Care Dietitian, MedCentral Health System, Mansfield Hospital; Additional responsibilities include Department Representative on CHF Disease Management Team & Intensive Care Committee; Member of Nutrition Support Sub-Committee; Department Super-User of EMTEK computerized medical record; Mansfield, OH. Dec. 1996-May 1998

Public Health Dietitian/Health Professional, MetroHealth Medical Center, Cuyahoga County WIC Program; Clinic Head & Overseer at Lakewood WIC Office; Chairperson of County Nutrition Education Plan; Cleveland, OH. May 1994 - Dec. 1996

Dietetic Technician, Meridia Huron Hospital; Cleveland, OH. June 1991- Aug. 1992

PROFESSIONAL EXPERIENCE & SKILLS

Clinical- Provider of effective Medical Nutrition Therapy across the continuum of care; Nutritional assessment; Nutritional screening; Diet instructions/counseling; Menu development and modification; Skilled in Medical, Surgical, Renal, Pediatric, Ambulatory Nutrition Care; Expertise in Enteral & Parenteral Nutrition Support; Public Health/Community Nutrition; Group Nutrition Education.

Administrative/Foodservice- Quantity food production; Decentralized & Trayline service; Patient/customer satisfaction surveys; Food costing; Purchasing; Employee relations, education & training; managerial/supervisory skills; Performance Evaluations; Quality control/assurance studies; Inventory; Catering.

Community- Planning and implementation of health fairs, food/cooking demonstrations, wellness classes, and public speaking to hospital staff, community members and private corporate personal; Screening of blood glucose and blood pressure; Health promotion and nutrition education as it relates to disease, wellness, and prevention; Facilitate support group discussions; Nutrition articles published in local newspapers and newsletters.

Education- Classroom lecturer, course programming, coordinator of clinical hospital site rotations, student case study critique, MNT instructor & lecturer, hospital-university liaison.

PROFESSIONAL AFFILIATION

Current Interim Council on Professional Issues (2015-present), The Stark County Dietetic Association

President (2012-2013), The Stark County Dietetic Association

Member (2008-2011), The University of Akron Nutrition Advisory Board

Council on Professional Issues (2009-2010), The Stark County Dietetic Association

Council on Professional Issues Elect (2008-2009), The Stark County Dietetic Association

Past President (2004-2005), The Stark County Dietetic Association

Past President (2000-01), The Mohican Area Dietetic Association

Member, Academy of Nutrition & Dietetics (AND), Ohio Academy of Nutrition & Dietetics (OAND) and Stark County Dietetic Association (SCDA)