### Philadelphia College of Osteopathic Medicine

From the SelectedWorks of Skye Bickett

October 27, 2018

# The Magic of Medicine: Creativity and Innovation in the Health Sciences

Skye Bickett Erica Rosalle Meghan DiRito



Available at: https://works.bepress.com/pcom\_skye\_bickett/18/



# The Magic of Medicine: Creativity and Innovation in the Health Sciences

Skye Bickett, DHSc, MLIS, AHIP Meghan Di Rito, MLIS Erica Rosalle



### In the beginning...

- Fun event
  - Something unique
  - Interest from library staff
  - Background in art
- Graphic medicine
  - Entertainment
  - Education
  - Different



## Is that it?

- Graphic medicine alone as a whole event?
- Why not expand?
  - Other forms of creativity
    - Art therapy
    - Music therapy
  - Innovations...why not tech?
    - Gaming
    - VR
  - Stress relief



### When

- Time of year
  - Between terms
  - During term
  - National Medical Librarians Month!
- Time of day
  - Evening
  - Lunch!

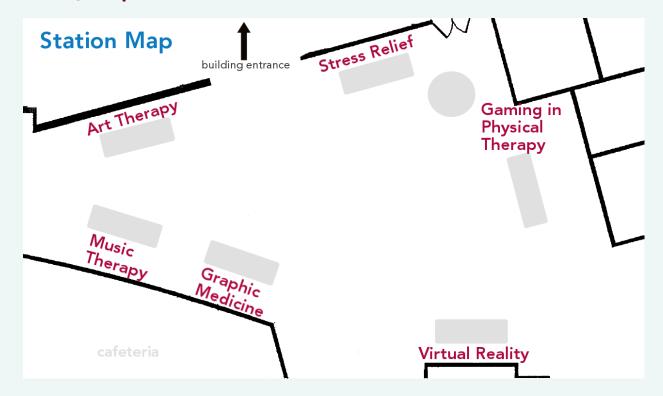


### The More the Merrier!

- Collaboration
  - Library
  - Student Affairs
  - Simulation Center
  - Physical Therapy Program
  - School of Pharmacy



### Setting Up





### The Program

#### STATION 2: STRESS RELIEF

#### Library – Erica Rosalle

Stress is your body's natural response to life's demands. While small amounts of stress are normal, continued high levels of stress can lead to serious health problems. Stress management gives everyone the necessary tools to handle stress and reset your body's capacity of stress levels. Stress relief gives your mind and body resilience.

The Library always offers students the opportunity to relax by providing fiction novels available for check out and coloring sheets together with markers, colored pencils, and crayons.

At this station, you can choose to make a kindness rock, do origami, color, or all of the above!

#### **STATION 5: GRAPHIC MEDICINE**

#### Library - Dr. Skye Bickett

Graphic medicine is the use of comics in medical education and patient care. Illustrations and engaging, relatable narratives help to break down complicated medical conditions and make them more intelligible for both medical students and patients.

Come and check out our collection of graphic medicine novels at the graphic medicine booth!



### The Stations















۲

### Future Plans

- In general, positive feedback
- More interactivity
  - Artist
  - Painting
  - Panel for therapists
- Change the time of year
- Assessment still needs work



# Thank you!

Questions?

Contact Skye Bickett – skyebi@pcom.edu