

THE UNIVERSITY OF IOWA COLLEGE OF NURSING

FACULTY

NAME & TITLE: Paula Mobily, PhD, RN
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EDUCATION:

DEGREE

Fellow
PhD
MSN
BSN

INSTITUTION

The University of Iowa
The University of Iowa
University of Cincinnati
Ohio State University

MAJOR

Geriatric Education Program
Higher Education/Administration
Medical-Surgical Nursing
Nursing

RESEARCH FOCUS:

- Evidence-Based Practice in LTC
- Pain in the elderly
- Nonpharmacologic pain management

CURRENT FUNDING:

- Co-PI: Improved Continence and Pain Control: M-TRAIN Intervention (NINR)
- Co-PI: Maintaining Continence in Assisted Living (American Nurses' Foundation)

REPRESENTATIVE PUBLICATIONS:

- Specht, J. & Mobily, P., & Russell, J. (2010). Improving continence and pain: The M-TRAIN intervention. *The Japanese Journal of Nursing Research*, 34(3); 203-216
- Herr, K., Spratt, K, Mobily, P., & Richardson, G. (2004). Pain intensity assessment in older adults: Use of experimental pain to compare psychometric properties and usability of selected scales with younger adults. *Clinical Journal of Pain*. 20(4), 207-219.
- Mobily, P. & Herr, K. (2001). Pain. In M. Maas, K. Buckwalter, M. Hardy, T. Tripp-Reimer, & M. Titler & Specht, J. (Eds.), *Nursing care of older adults: Diagnoses, outcomes and interventions*. pp. 455-475. Thousand Oaks, CA: Sage Publications.
- Wakefield, B. Menten, J., Mobily, P., Tripp-Reimer, T., Culp, K., Rapp, C.G., Gaspar, P., Kundrat, M., Wadle, K., and Akins, J. (2001). Acute Confusion. In M. Maas, K. Buckwalter, M. Hardy, T. Tripp-Reimer, & M. Titler & Specht, J. (Eds.), *Nursing care of older adults: Diagnoses, outcomes and interventions*. pp. 442-454. Thousand Oaks, CA: Sage Publications.
- Rapp, C.G., Wakefield, B., Kundrat, M., Menten, J., Tripp-Reimer, T., Culp, K., Mobily, P., Akins, J., & Onega, L. (2000). Acute confusion assessment instruments: Clinical versus research usability. *Applied Nursing Research*, 13(1), 37-45.
- Schweer, D., Hart, L., Glick, O., & Mobily, P. (1999). The willingness of family members of critically ill adults to learn the coping technique of imagery. *Journal of Holistic Nursing*, 17(1), 54-70.
- Herr, K., Mobily, P., Wagenaar, D., & Kohout, F. (1998). Evaluation of the faces pain scale for use with the elderly. *Clinical Journal of Pain*, 14, 29-38.
- Herr, K., & Mobily, P. (1997). Chronic pain in the elderly. In T. Tripp-Reimer & E. Swanson (Eds.), *Advances in Gerontological Nursing* (pp. 82-111). New York: Springer Publishing.
- Herr, K., & Mobily, P. (1996). Pain management of the elderly in alternate care settings. In B.R. Ferrell & B.A. Ferrell (Eds.), *Pain in the elderly*. Seattle, WA: International Association for the Study of Pain.
- Mobily, P. & Herr, K. (1996). Barriers to pain management in long term care. *Contemporary Long Term Care*, Mobily, P. (1994). Non-pharmacologic interventions for the management of chronic pain in older women. *Journal of Women and Aging*, 6(4), 89-109.
- Mobily, P., Herr, K., & Nicholson, A. (1994). Validation of cutaneous interventions for the management of pain. *International Journal of Nursing Studies*, 31(6), 533-544.
- Mobily, P., Herr, K., Wallace, R., & Chung, Y. (1994). An epidemiologic analysis of pain in the elderly: The Iowa 65+ rural health study. *Journal of Aging and Health*, 6(2), 139-154.
- Herr, K. & Mobily, P. (1993). Comparison of selected pain assessment tools for use with the elderly. *Applied Nursing Research*, 6(1), 39-46.