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The fluctuating and dissipative dynamics of matter-wave dark solitons within harmonically trapped, partially condensed Bose gases is studied both numerically and analytically. A study of the stochastic Gross-Pitaevskii equation, which correctly accounts for density and phase fluctuations at finite temperatures, reveals dark-soliton decay times to be lognormally distributed at each temperature, thereby characterizing the previously predicted long-lived soliton trajectories within each ensemble of numerical realizations [S. P. Cockburn et al., Phys. Rev. Lett. 104, 174101 (2010)]. Expectation values for the average soliton lifetimes extracted from these distributions are found to agree well with both numerical and analytic predictions based upon the dissipative Gross-Pitaevskii model (with the same ab initio damping). Probing the regime for which $0.8 k_B T < \mu < 1.6 k_B T$, we find average soliton lifetimes to scale with temperature as $\tau \sim T^{-4}$, in agreement with predictions previously made for the low-temperature regime $k_B T \ll \mu$. The model is also shown to capture the experimentally relevant decrease in the visibility of an oscillating soliton due to the presence of background fluctuations.

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I. INTRODUCTION

As intriguing realizations of quantum objects on a macroscopic scale, the existence of solitons within atomic Bose-Einstein condensates (BECs) have led to much experimental and theoretical work. Both dark [1–8] and bright solitons [9–12] have been observed within single-species BECs. The existence of each can be argued as being linked to the robustness of the system’s nonlinear waves and ultimately with the system’s (near) integrability. This is chiefly responsible for the absence of dissipation, for example, during soliton-soliton collisions [6]. For a decay mechanism to manifest, a substantial departure from the integrable limit must be enforced.

BEC experiments typically take place within an effectively harmonic three-dimensional (3D) trapping potential, the introduction of which already lifts the integrability of the system. In principle, this means that solitons are no longer protected from decay by the infinite number of conservation laws, as in the integrable homogeneous one-dimensional (1D) Gross-Pitaevskii equation (GPE). In order that solitons be rendered dynamically stable against decay induced by transverse excitations [4], they should be produced in highly elongated gases [13], in which phase fluctuations are known to play an enhanced role [14]. Then, in the absence of a thermal cloud, they are found to be stable in the special case of a longitudinal harmonic confining potential [15], which has been shown to be a direct consequence of the periodic emission and reabsorption of sound waves as the solitons oscillate in a harmonic potential [16,17].

The first successful observations of dark solitons in BECs were made by Burger et al. [1] in a somewhat elongated setup, although the solitons were found to decay rather rapidly upon reaching the condensate edge, an effect attributed to thermal decay [13,18]. More recent experiments have produced solitons with much longer lifetimes allowing for the observation of head-on collisions between solitons [6,19] and the dynamics of one or more soliton oscillations [5,6].

In Ref. [5], dark solitons were created by a phase imprinting technique and found to exist for very long times, with a clear oscillatory trajectory of the density notch visible in the experimental data. Interestingly, a strong shot-to-shot variation in soliton lifetimes was also reported in this work: solitons were found to exist in single realizations for times an order of magnitude longer than an average trajectory was obtainable experimentally [5,20]. While attributed to small preparation errors in this experiment, phase fluctuations are typically important in quasi-one-dimensional systems, suggesting that a similar effect might be expected to occur when introducing a soliton within a phase-fluctuating condensate [21,22].

Given the competition between fluctuations and dissipation observed in experiments on dark solitons, in this paper we perform a detailed numerical and analytical study of the effect of each of these on the motion of dark solitons within harmonically trapped, phase-fluctuating BECs.

II. THEORETICAL APPROACH

Given the particle-like behavior already observed for dark solitons experimentally [5,6,19], the notion of a “heavy” soliton oscillating within a background of lighter thermal particles makes it tempting to draw an analogy to the Brownian motion of a particle moving within a fluid of lighter particles, undergoing many scattering events. The interaction between a dark soliton and thermal excitations in a BEC was considered in [23] by means of a kinetic equation, which was found to be of Fokker-Planck form under the assumption that the momentum transfer per soliton-excitation interaction is much smaller than the soliton momentum. In this work, we adopt a complementary Langevin approach, which should thus also be well suited to the study of such systems, having been originally conceived for just this purpose [24,25], and we now discuss the pertinent model for weakly interacting gases, known as the stochastic Gross-Pitaevskii equation (SGPE).
A. Stochastic Gross-Pitaevskii equation

Since highly elongated trapping potentials are necessary if a soliton is to be stable against transverse instabilities, the inclusion of phase and density fluctuations is likely to prove essential in capturing all the salient aspects of such necessarily “low-dimensional” systems. The SGPE [26–28], which we choose to employ here, is a model well suited to this task as it captures both the dissipative and fluctuating dynamics inherent in finite-temperature BECs while additionally satisfying the required balance between these two factors.

Within this scheme, the low-energy modes of our effectively 1D system may be represented by the stochastic differential equation

\[
\frac{i\hbar}{\partial t} \frac{\partial \Psi(z,t)}{\partial t} = [1 - i\gamma(z,t)] \left\{ -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial z^2} + V(z) \right\} \Psi(z,t) + g|\Psi|^2 \Psi(z,t),
\]

(1)

where \(\Psi(z,t)\) is a complex-valued field function that describes the occupation of such low-lying modes, \(V(z) = (1/2)m\omega_z^2z^2\) is the axial trapping potential, \(g = 2\hbar\omega_d\) is the effective 1D interaction strength \([29]\) (with \(a\) being the s-wave scattering length), and \(\gamma(z,t)\) is a complex Gaussian noise term, with correlations given by the relation \(\langle \eta^*(z',t')\eta(z,t) \rangle = 2\hbar\gamma(z,t)k_BT\delta(z - z')\delta(t - t').\) The strength of the noise, and damping, due to contact with higher energy thermal modes, is given by \(\gamma(z,t)\).

While the soliton will reside in the low-lying modes, in arriving at Eq. (1) it is assumed that the high-energy thermal atoms in the system may be treated as though at equilibrium; this should be valid for small perturbations, e.g., thermal atoms in the system may be treated as though at thermal equilibrium; this should be valid for small perturbations, e.g., thermal atoms in the system may be treated as though at thermal equilibrium.

B. Form of dissipation

Within the formulation of Stoof \([26,27]\), the quantity that parametrizes the strength of the noise and damping is the so-called Keldysh self-energy \(\Sigma^K(z,t)\), which may be related to the dissipation term in Eq. (1) via \(\gamma(z,t) = i\beta\Sigma^K(z,t)/4\) \([27,31]\). Following the methods of Refs. \([31,35]\) and assuming the system to be close to equilibrium, the integral to be evaluated for the dissipation is

\[
\gamma(z) = \frac{4\beta ma^2}{\pi\hbar^2} \int dE \int dE_1 S(k_1,k_2,k_3)(1 + N_1)N_2N_3,
\]

(2)

where \(0 < E_i < \infty\) and \(N_i = (\exp[\beta(E_i + U(z) - \mu)] - 1)^{-1}\) is a Bose-Einstein distribution. Here \(U(z) = V(z) +\)

C. Reduction to a dissipative Gross-Pitaevskii equation

Neglecting the noise term of Eq. (1) leads to the following dissipative GPE (DGPE) for the condensate wave function (see, e.g., the review of Ref. \([38]\)):

\[
\frac{i\hbar}{\partial t} \frac{\partial \phi(z,t)}{\partial t} = [1 - i\gamma(z,t)] \left\{ -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial z^2} + V(z) \right\} \phi(z,t) + g|\phi|^2 \phi(z,t).
\]

(4)

This is expected to be a good model when damping effects are dominant over diffusion and representative of the mean-field dynamics.
soliton dynamics in this case. An advantage of deriving this model from the SGPE is that the damping may be calculated in an \textit{ab initio} manner, via Eq. (2), rather than selected phenomenologically [39,40].

D. Overview of numerical procedure

Before studying the soliton dynamics, an important preliminary step is to generate a suitable equilibrium state. This state differs between the DGPE and SGPE approaches: for the SGPE, the initial condition (of the noisy field denoted by $\Psi$ in Eq. (1)) is dynamically obtained at each temperature by equilibration with the higher energy heat bath atoms (see, e.g., Refs. [27,41–43]). For the DGPE, we instead use the ground state of the GPE as the initial state $\phi(z,0)$ in Eq. (4), which is obtained efficiently by imaginary time propagation of the GPE. We make the latter choice because the imaginary time solution to the GPE is also the ground state of the DGPE, the action of which is to drive the system toward this state, at a rate related to $\gamma$. If instead we were to start with the SGPE initial condition as an input to the DGPE, this would mean the system was already out of equilibrium, even prior to introducing a perturbation such as a dark soliton.

To generate a dark soliton in both stochastic and purely dissipative simulations, we multiply the equilibrium state by introducing a perturbation such as a dark soliton.

$\psi_{\text{sol}}(z) = \xi \tanh(\xi z/\xi) + i (v/c).$ (5)

where $\xi = \sqrt{1 - (v/c)^2}$, $\xi$ is the healing length, and $c$ is the speed of sound. The input soliton velocity $v_{\text{input}}$ is chosen here such that $|v_{\text{input}}| = 0.25c$ in order to generate a relatively deep density notch (which is thus clearly identifiable over the thermal background noise). We focus on this method of initial state preparation, rather than full phase imprinting, as we wish to highlight the role of both the \textit{initial} and \textit{dynamical} thermal noise even for a completely reproducible preparation mechanism.

As $\phi(z)$ of Eq. (4) is a mean field, only one realization of the DGPE is required at each temperature. For the SGPE simulations, we must instead generate an ensemble of initial states $\{|\Psi\rangle\}$ consisting of several hundred realizations, which we initially propagate to equilibrium with the higher-energy thermal cloud. A qualitative comparison between a single stochastic realization and its counterpart dissipative simulation is shown in Fig. 2. Although the soliton follows a damped trajectory in each case, the stochastic approach (upper plot) additionally incorporates the effect of fluctuations upon soliton visibility, which is an effect of much relevance to experimental soliton studies. We will find later that these fluctuations also lead to a distribution of soliton trajectories and that some solitons have very long lifetimes relative to the average behavior captured by the purely dissipative equation of motion.

The equilibrium state is parametrized by the chemical potential $\mu$ and temperature $T$, and both $\mu$ and $\gamma(z;\mu,T)$ remain the same between the SGPE and DGPE simulations (the temperature dependence in the DGPE arises only through $\gamma$, while the strength of the noise in the SGPE is also temperature dependent). In order to probe the strongly phase-fluctuating regime and unless otherwise specified, we choose to work for the remainder of this paper with realistic trapping frequencies $\omega_z = 2\pi \times 10$ Hz and $\omega_\perp = 2\pi \times 2500$ Hz and set $\mu = 395\hbar\omega_z$, which corresponds to around 20,000 $^{87}$Rb atoms (at $T = 0$). To strike a balance between practical simulations and interesting dynamics due to the interplay between dissipation and fluctuations, we focus on a temperature range $T = 150–300$ nK. This corresponds to $0.16 < T/T_{\text{qc}} < 0.34$ and $6 < T/T_{\Phi} < 13$, where $T_{\text{qc}} = N\hbar\omega_z/\ln(2N)k_B$ [44] and $T_{\Phi} = (N\hbar\omega_z)^2/\mu k_B$ [14] respectively define “characteristic” temperatures for the onset of density and phase fluctuations. Hence we deal with a partially condensed Bose gas, which is well within the phase-fluctuating regime.

III. ANALYSIS OF STOCHASTIC DYNAMICS

The link between the quantization of classical theories permitting soliton solutions and dissipative quantum systems was discussed in Refs. [45–47]. There, it was highlighted that just as the motion of a classical particle within a viscous environment has both damped and fluctuating components, the situation is the same in the quantum case. The motion of such a classical particle can then be characterized by two system properties, a damping due to the systematic force applied to the particle and a diffusion related to this interaction [48]. This was shown to be true also in the quantum case [49], in which the dissipation manifests instead as a damping of the particle wave packet center of motion, whereas diffusive effects lead to a spreading of the wave function for the particle [47]. For a soliton, the former would lead to a damping of the motion of the soliton center, while the latter would give rise to an increased uncertainty in the soliton position.

For soliton solutions to integrable, classical one-dimensional theories, in which case dissipation has no role, the

FIG. 2. (Color online) Illustrative dissipative dark-soliton dynamics in the (top) presence or (bottom) absence of stochastically sampled fluctuations for $T \approx 1.9T_{\Phi} \approx 0.5T_{\text{qc}}$. Dissipative effects lead to the decay of the soliton in each case, while fluctuations (in the stochastic simulations) additionally lead to reduced soliton visibility and less regular oscillations. Data here are for $^{87}$Rb atoms with $\omega_z = 2\pi \times 10$ Hz, $\omega_\perp = 2\pi \times 320$ Hz, $\mu = 30\hbar\omega_z$, and $T = 104$ nK.
propagation in space is undamped, and the soliton dynamics is essentially captured by knowledge of the soliton center. However, in the quantized field theory at finite temperature, not all degrees of freedom “collaborate” in the formation of the soliton [47], and the result is a residual interaction that is shown to lead to a Brownian-type motion of the soliton. Therefore, the dynamics is no longer entirely captured by knowledge of the center of mass alone, as the diffusive nature also becomes important.

In Ref. [47], the Brownian nature of the soliton motion is related to the coupling of the soliton to the other system modes and excitations due to the presence of the soliton. Damping and diffusion in the quantum dissipative system must be temperature dependent since the excitations that scatter from the soliton are thermally activated. Returning to the BEC context, there is an obvious analogy between this work and a soliton propagating within a finite-temperature BEC.

Studies of weakly interacting, 1D homogeneous Bose gases, considering the purely dissipative dynamics, found solitons to decay with a lifetime that varies with temperature as \( \tau \sim T^{-4} \) for \( k_B T \ll \mu \) [23,50]. For \( k_B T \gg \mu \), it was predicted that \( \tau \sim T^{-1} \). (This temperature dependence was also found in a study on polarons [46] and in the more general case of the “quantum impurity problem,” applied in the setting of a heavy particle within a Luttinger liquid [51].) The parameters in the present study are chosen such that \( 0.8 \mu < k_B T < 1.6 \mu \), meaning we probe an intermediate temperature regime that is hard to treat analytically yet in which soliton decay can occur on a convenient time scale. Such a regime has, in fact, been reached in a number of experiments on an atom chip (see, e.g., Ref. [52] and references therein), although this type of setup has yet to be used to observe the interesting soliton dynamics anticipated in such systems. Despite this, several recent experiments have nonetheless provided motivation for modeling beyond purely deterministic dissipative dynamics, with solitons observed to exist for times much longer than a reproducible average trajectory could be produced [5]; indeed, preliminary work on thermal decay with \( 0.1 \mu < k_B T < 0.5 \mu \) already found a significant spread in single trajectories [20], and such an effect is expected to be amplified as fluctuations become more important. The necessity for repeated runs in the SGPE formalism also has a strong link to the experimental approach of repeatedly creating successive BECs, which makes it straightforward to closely follow experimental procedures using the SGPE.

Finally, we note that Ref. [50] discussed the fact that a full treatment of the soliton dynamics should satisfy a fluctuation-dissipation theorem, which is not the case in retaining only the damping aspects of the thermal background. Fluctuations, however, complicate the analysis of experiments and the stochastic simulations we have undertaken, as discussed in the following section.

A. Extracting soliton information

Within the SGPE approach, observables are obtained by sufficient averaging over many stochastic realizations. For example, the density for an average over \( N \) noise realizations, \( \Psi_1, \Psi_2, \ldots, \Psi_N \equiv \langle \Psi \rangle_N \), is given by \( \langle n(z) \rangle = \langle \Psi^\dagger(z) \Psi(z) \rangle = (1/N) \sum_{i=1}^{N} \Psi_i^\dagger(z) \Psi_i(z) \). In order to extract information on the soliton present within each stochastic realization, we find we must extract the soliton trajectory prior to performing any averaging. If we instead simply average over the set of density profiles to obtain \( \langle n(z) \rangle \), the soliton is quickly found to be “washed out,” despite the fact that a soliton is still present within each individual realization \( \Psi_1, \Psi_2, \ldots, \Psi_N \); this may be understood from the fact that after some time solitons within different realizations are likely to be at different positions, so averaging over many such density profiles quickly leads to a loss of information on the individual soliton positions.

This effect is illustrated for the case of an initially static soliton in Fig. 3. The average density is plotted in Fig. 3(a), showing the “average soliton” filling up over time; the density at the center of the sample, where the soliton is initially positioned, is shown in Fig. 3(b) and grows toward the equilibrium value, with a growth in time that goes as \( \propto [1 - \exp(-\Gamma t)] \), with \( \Gamma \) (>0) being the growth rate. The experimental analog of this effect was discussed in Ref. [20], where it was noted that it is indeed single-shot soliton runs that should be analyzed to measure decay, rather than averaged images, as the soliton contrast is quickly found to be smeared out in the latter. In addition, Dziarmaga analyzed the diffusion of a soliton due to quantum fluctuations [53], while here it is thermal fluctuations that cause the diffusion process (see also [21,22,54–57]).

While soliton depth, or contrast, is quickly lost in average images due to statistical effects on the motion, we now look at the fate of the solitons residing within each single SGPE realization. This is illustrated in Fig. 4, where we instead consider a moving soliton. The soliton depth \( n_{sol} \) is measured relative to the background density, meaning, for example, \( n_{sol} \)

FIG. 3. (Color online) (a) Average density profile from an ensemble of stochastic simulations, with each realization containing an initially static, black soliton. Thermal diffusion of individual solitons leads to the initially very deep notch average density becoming gradually filled. Snapshots are shown at several times between the initial state (black solid line) and the final state (green dot-dashed line). (b) Growth of the average central density tends toward the equilibrium value, as the soliton is lost in the average density profile, even though the solitons are still present within individual runs (see Fig. 4).
equal to the background density would correspond to the static, black soliton of Fig. 3. As in the case of a static soliton, the moving soliton is quickly lost in the average density profile, as shown by the density snapshots of Figs. 4(a) and 4(b). However, if we look instead at Fig. 4(c), we then see that each single stochastic realization in fact still contains a very deep soliton: this plot shows the result of measuring \( n_{\text{sol}} \), the depth of the soliton relative to the background density, within each individual realization of the ensemble \( \{\Psi\}_N \). Figure 4(c) shows the average of this set of depths \( n_{\text{sol}} \). This average depth is quite different to that obtained by averaging over the individual density profiles [i.e., calculating \( \langle \Psi^*(z)\Psi(z) \rangle \) as in Figs. 4(a) and 4(b)], as importantly the soliton is first located within a single realization (and this location generally varies from realization to realization) before information on its depth is extracted. Simply averaging the density profiles of individual runs after some time leads to a smooth profile, as the soliton is extracted. Simply averaging the density profiles of individual runs results in the background density fluctuations, which defines the soliton decay time (in an analogous manner to experimental observations). Carrying this out for many individual realizations leads to an ensemble of soliton trajectories and decay times, which we can then analyze. This means of extracting data from the stochastic simulations appears consistent with the idea of the soliton center as a good quantum dynamical variable [47].

### B. Spread in initial soliton velocity

As discussed in Sec. II D, we introduce a soliton of prescribed velocity \( |v_{\text{input}}| = 0.25c \) in an identical manner within each simulation. Despite this, one might expect a spread in initial velocities due to the fluctuating background density, \( n = |\Psi|^2 \), and the formula relating this to the soliton velocity, \( v/c = \sqrt{1/n_{\text{sol}}/n} \). Figure 5 shows the mean initial velocities from a few hundred realizations for each temperature, with error bars showing the standard deviation. This plot shows a tendency for the soliton velocity to be lower than the prescribed value (shown by the dashed horizontal line) for higher temperatures and, consequently, larger fluctuations.

### C. Influence of initial vs dynamical noise

In addition to a variation in initial velocities, fluctuations due to the dynamical noise term of the SGPE also affect the solitons throughout their lifetimes (see, e.g., Ref. [58] for related work on fluctuations during vortex decay). We use the decay time, i.e., the time at which our tracking algorithm can no longer distinguish a soliton over the background noise, as an observable to measure the soliton dynamics.

To study the relative importance of initial versus dynamical noise, we construct a scatterplot [see Figs. 6(a)–6(e)] showing, on the x axis, the initial velocity \( v(t = 0) \) scaled to the input velocity used for deterministic soliton creation \( v_{\text{input}} \). On the y axis, we show the decay time \( \tau \) scaled to the ensemble average \( \langle \tau \rangle \). The vertical dashed red line indicates the velocity \( v_{\text{input}} \), while the horizontal dashed line indicates the ensemble-average decay time \( \langle \tau \rangle \). At all but the lowest temperature of Fig. 6(a), there are more points to the left of the expected velocity (vertical dashed line) than the right, suggesting that the soliton generated within many of the realizations had a velocity that was lower than the input velocity of Eq. (5) (consistent with Fig. 5).

Looking instead at the vertical trend, we see that at each temperature there are several solitons that exist for very long times relative to the ensemble average (horizontal dashed line).
FIG. 6. (Color online) Scatterplots showing decay times, scaled to the ensemble average (y axis), vs initial soliton velocity, scaled to the input velocity (x axis), when $T$ is (a) 150 nK, (b) 175 nK, (c) 200 nK, (d) 250 nK, and (e) 300 nK. (f) The standard deviation in the decay times (solid blue line) and initial velocities (dashed green line) vs $T$.

Two examples of such long-lived trajectories are shown in the bottom rightmost plots of Fig. 7.

The data of Fig. 6 also allow us to indicate whether it is the variation in initial velocities or the dynamical noise that has greatest influence on the variation in soliton dynamics. The relative variation due to each of these effects is quantified in Fig. 6(f), which shows the standard deviation for each quantity, scaled to the relevant mean. It is clear that the relative spread in the decay times is far greater than the spread in the initial velocities, indicating that the dynamical noise has a larger cumulative influence on the observed variation in the soliton dynamics.

Figure 7 summarizes the large variation in soliton dynamics that is observed, despite the identical means of soliton generation employed. The top panel shows a histogram of soliton decay times, with a selection of representative soliton trajectories in the panels below. The color and position of the trajectories in the lower plots correspond to the highlighted bins of the histogram.

In the case of the leftmost and middle plots, we see the trajectories are no longer oscillatory after some time and instead become noisy. This is the point at which the soliton is lost and defines the decay time (after which the graph simply represents numerical noise). The middle plots show trajectories for solitons from the bin containing the mean decay time (fifth bin from left, highlighted blue), which are typically very close to the trajectory obtained from the DGPE simulation at this temperature. Finally, in the rightmost plots, we consider a bin corresponding to decay times which are longer than the ensemble mean; their amplitudes are far below that of the purely dissipative trajectory, shown by the dashed green line, indicating that the noise can act in some cases to stabilize a soliton against decay, relative to the purely dissipative evolution at the same temperature.

D. Distribution of soliton decay times

An example of the distribution of decay times at $T = 200$ nK is shown in Fig. 8. It is clear that the distribution of soliton decay times is non-Gaussian, and we instead find it to be well fitted by a lognormal distribution

$$P(\tau) = \frac{1}{\tau \sigma \sqrt{2\pi}} \exp \left[ -\frac{(\ln \tau - m)^2}{2\sigma^2} \right],$$

where $m$ is the mean and $\sigma$ is the standard deviation of $\ln \tau$. A lognormal model is often applied to a system where decay is due to random events, which give rise to a decay rate proportional to the amount of decay already present, so in other words a runaway process. For example, Kolmogorov suggested that for anything that decays in this multiplicative way, the time to failure should follow a lognormal distribution [59].

This distribution has a long tail at large decay times, which reflects the finite probability of some long-lived solitons within a given ensemble of simulations. Interestingly, extreme cases of long-lived solitons have been observed experimentally within single runs, while the typical, reproducible decay time for the experiment was around an order of magnitude lower [5]. That soliton decay times follow a lognormal distribution is a possible reason for this observed behavior.

It is also interesting to note that a lognormally distributed soliton amplitude, which we denote $S(t; \gamma, \mu)$, would solve a stochastic equation of the form

$$dS(t; \gamma, \mu) = mS(t; \gamma, \mu)dt + \sigma S(t; \gamma, \mu)dW,$$
which is the stochastic differential equation defining a geometric Brownian motion (here $m$ is the average growth rate, $\sigma$ is the so-called volatility, and $dW$ denotes a Weiner process).

As the soliton depth determines how far from the trap center the turning point of the motion is, it is therefore directly related to the amplitude of the oscillations. In turn, as the decay time is determined by reaching a certain depth, then we expect the distribution in this variable to display a similar lognormal distribution. This would imply that the amplitude of the soliton oscillations undergoes a lognormal random walk.

Equation (7) should also be compared to the subcritical soliton equation of motion derived in Ref. [21] and also that discussed in Sec. IV [Eq. (24)]. The latter two predict soliton oscillations with an exponentially increasing amplitude envelope dependent upon the damping, and the solution to Eq. (7) would also correspond to such an exponential function in the limit that $\sigma \to 0$ (or, equivalently, fluctuations are neglected). Conversely, fluctuations might be introduced retrospectively to the dissipative model by allowing the damping to become a stochastic variable: a similar idea has been applied in describing the collisions between optical solitons [60], where it was found that collisions could be described by a nonlinear Schrödinger equation perturbed by stochastic parameters obeying strongly non-Gaussian statistics. Interestingly, in this case the soliton amplitude was also found to be lognormally distributed.

E. Decay times vs $T$: Analyzing the distributions

In order to extract meaningful quantities from our results, we must analyze the distributions of decay times that we obtain from the stochastic simulations. To do so, we proceed by fitting a normalized histogram of decay times at each temperature to Eq. (6). At each temperature, we find that the fit matches the numerical data well, suggesting that the underlying mechanism of the soliton decay is multiplicative in nature. The results of fitting the decay times for all temperatures considered are shown in Fig. 9; the inset shows the same data with the $x$ axis on a log scale. We can see from the main plot of Fig. 9 that the distributions of decay times become increasingly shifted toward the origin with increasing temperature, as dissipative effects reduce the soliton lifetimes. The inset highlights that it is the logarithm of the decay times that is Gaussian distributed. From the inset it is clear also that the variance of $\ln(\tau)$ increases as temperature is increased.

An analysis of the behavior of the decay time distributions with temperature is given in Fig. 10. To extract the average...
soliton behavior, we consider first the expectation value \( \langle \tau \rangle \), which for the lognormal distribution of Eq. (6) is given by 
\[
\langle \tau \rangle = \exp \left( \mu + \frac{\sigma^2}{2} \right).
\]
The variance is instead calculated as 
\[
\text{Var}(\tau) = \left( \exp(\sigma^2) - 1 \right) \exp(2\mu + \sigma^2),
\]
and we use \( \sqrt{\text{Var}(\tau)} \) to generate the error bars in the SGPE data of Fig. 10(a).

Referring to Fig. 10(a), we find that \( \langle \tau \rangle \) for the SGPE results (black circles) closely follows a \( T^{-4} \) behavior [55], shown by the brown dashed line. Therefore the average behavior follows the same scaling predicted by the models in [23,50] for \( k_B T \ll \mu \). We work instead in the regime where \( k_B T \sim \mu \), which is difficult to treat analytically; however, we find the low-temperature result to extend to this regime as well (although our numerical method also relies on the classical field approximation).

In order to compare meaningfully between the current SGPE analysis and the DGPE soliton dynamics, we must account for the changing level of background density fluctuations as temperature is varied within the SGPE [21,55]. To do so we have measured the minimum depth at which solitons can still be resolved in the SGPE runs, at each temperature [61]. This is then used to extract a soliton decay time within the DGPE simulations, i.e., the time for the soliton to decay to the temperature-dependent depth extracted from the SGPE simulations. The numerical DGPE results are shown by the solid red diamonds in Fig. 10(a) and display very good agreement with the ensemble-average stochastic results (\( \langle \tau \rangle \)). We additionally show the results of our analytic model for the DGPE dynamics (open green squares), which is discussed in Sec. IV. The decay times obtained within this model also agree well with the numerical DGPE and SGPE results, when limits on the soliton visibility due to thermal fluctuations are accounted for (see Sec. V for details).

As indicated above, the SGPE decay time distributions are not symmetric (see Fig. 9) and feature a long tail at long soliton lifetimes for all temperatures considered. Our results suggest also that the noise stabilizes a certain number of solitons created within each stochastic ensemble of realizations against decay, relative to a soliton undergoing purely dissipative dynamics under the DGPE. This was also apparent from the decay time histograms shown in Refs. [21,55]. The inset in Fig. 10(a) shows the cumulative distribution function \( D(\tau) \), which measures the fraction of solitons that have decayed at any time, based on the \( P(\tau) \) curves of Fig. 9. Clearly, dissipative effects are more dominant in the high-temperature data, with all solitons found to have decayed at relatively short times. That the cumulative distribution function has a slow asymptote toward unity is another way to see that some fraction of the solitons live for far longer than the average decay time. It is also interesting to note that, scaling the time axis in each curve to the average at that temperature \( \langle \tau \rangle \), we find each graph collapses down close to a single curve.
Figure 10(b) compares several different measures of the distribution function: the arithmetic mean, or \( \langle r \rangle \), the geometric mean and the modal value. Comparing these, we see that the modal values give consistently lower decay times than the expectation value, which is a consequence of the peak in the distributions of Fig. 9 being located to the left of the mean.

In Fig. 10(c) we measure the standard deviation of \( \gamma \), scaled to \( \langle r \rangle \), which shows that the relative spread of the distributions increases monotonically with \( T \). This is as one might expect, given that higher temperatures give rise to more fluctuations and so a wider variation between realizations. This also shows that while the lowest temperature distribution of Fig. 9 appears far wider than the highest temperature case, the scaled standard deviation (s.d.) illustrates that it is actually smaller. Finally, Fig. 10(d) shows the skewness of the distribution functions, which is also found to increase with temperature.

Next, we choose to decouple the effects of fluctuations and damping and consider the dissipative behavior alone through the mean-field DGPE. A crucial ingredient in both the analytic and numerical calculations which we present is the form of the damping term, which we obtain from the SGPE formalism.

### IV. ANALYTICAL APPROACH FOR DISSIPATIVE DYNAMICS

We now consider the DGPE of Eq. (4). In order to proceed with analytical calculations, we first characterize the form of \( y(z) \) in terms a simple analytical fitting function. We find the dissipation \( y(z) \) to be well approximated at all temperatures considered by the function

\[
y(z) = \frac{a}{(z + c)^2 + d} + \frac{a}{(z - c)^2 + d},
\]

which is the sum of two Lorentzians, centered near the edge of the quasi-condensate. The parameters \( a, c, \) and \( d \) depend in general on temperature \( T \), the trapping frequencies, chemical potential, and atomic species (although all except \( T \) remain fixed in our analysis). Various values of these parameters, indicating their temperature dependence, are provided in Table I.

We will make use of the form given by Eq. (8) in the following section, in which we generalize our previous work on spatially varying dissipation reported in Ref. [21], by developing analytic solutions for the more general case of spatially varying dissipation.

### Table I. Values of the parameters \( a, c, \) and \( d \) [cf. Eq. (8)] for various values of temperature \( T \).

<table>
<thead>
<tr>
<th>( T ) (nK)</th>
<th>( a )</th>
<th>( c )</th>
<th>( d )</th>
</tr>
</thead>
<tbody>
<tr>
<td>125</td>
<td>0.0137</td>
<td>26.86</td>
<td>2.555</td>
</tr>
<tr>
<td>150</td>
<td>0.0219</td>
<td>26.63</td>
<td>3.128</td>
</tr>
<tr>
<td>175</td>
<td>0.0330</td>
<td>26.43</td>
<td>3.464</td>
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<tr>
<td>200</td>
<td>0.0511</td>
<td>26.29</td>
<td>4.838</td>
</tr>
<tr>
<td>250</td>
<td>0.1031</td>
<td>25.93</td>
<td>7.114</td>
</tr>
<tr>
<td>300</td>
<td>0.1812</td>
<td>25.69</td>
<td>9.860</td>
</tr>
</tbody>
</table>

A. Analytical approximations

To perform our analytical work based on perturbation theory for dark solitons we follow the “routine” procedure of rescaling the equation in appropriate units. In particular, the 1D DGPE model may also be written in the following dimensionless form:

\[
[i - \gamma(z)] \partial_t \psi = \left[ -\frac{1}{2} \partial_z^2 + V(z) + |\psi|^2 - \mu \right] \psi, \tag{9}
\]

where the density \( |\psi|^2 \), length, time, and energy are respectively measured in units of \( 2a, a \omega_z, \sqrt{\hbar/m \omega_z}, \omega_z \), and \( \hbar \omega_z \). In the case of a harmonic trap, the external potential takes the form \( V(z) = (1/2)\Omega^2 z^2 \), where \( \Omega = \omega_z/\omega_L \ll 1 \) is the normalized trap strength, which is a naturally occurring small parameter of the system. The function \( \gamma(z) \), which accounts for the dissipation, takes the form given in Eq. (8).

We now seek a solution of Eq. (9) in the form \( \psi(z,t) = \psi_0(z,t) \exp[-i\theta(t)] \), where \( \psi_0(z,t) \) and \( \theta(t) \) denote the background amplitude [which can be approximated in the framework of the Thomas-Fermi (TF) approximation] and phase, respectively, while the unknown complex function \( \psi_0(z,t) \) represents a dark soliton. Assuming that the condensate dynamics involves a fast relaxation scale to the ground state and that the dark soliton evolves on top of this ground state, we obtain the following perturbed nonlinear Schrödinger equation for the dark-soliton wave function [21]:

\[
i \partial_t \psi + \frac{1}{2} \partial_z^2 \psi - (|\psi|^2 - 1) \psi = P(\psi), \tag{10}
\]

where we have used the rescalings \( t \rightarrow \mu t \) and \( z \rightarrow \sqrt{\mu} z \). The total perturbation \( P(\psi) \) in Eq. (10) has the form

\[
P(\psi) = \frac{1}{2\mu} \left[ 2(1 - |\psi|^2) V(z) \psi + \frac{dV}{dz} \partial_z \psi + 2\mu \gamma(z) \partial_z \psi \right]. \tag{11}
\]

In the absence of the perturbation \( P(\psi) = 0 \), Eq. (10) is a conventional defocusing nonlinear Schrödinger (NLS) equation, which possesses a dark-soliton solution of the form [62]

\[
\psi(z,t) = \cos \varphi \tanh Z + i \sin \varphi. \tag{12}
\]

where \( Z = \cos \psi [x - (\sin \varphi) t] \) and \( \varphi \) is the “soliton phase angle” \( (|\psi| < \pi/2) \) describing the “darkness” of the soliton through the expression \( |\psi|^2 = 1 - \cos^2 \varphi \psi^2 \). Note that the limiting cases \( \psi = 0 \) and \( \cos \psi = 1 \) correspond to the so-called black and gray solitons, respectively [63,64].

The effect of perturbation (11) on the dark soliton will be treated analytically by means of the adiabatic approximation of the Hamiltonian approach of the perturbation theory for dark solitons. This approach was introduced in Ref. [65] for the case of a constant background density and was subsequently used for trapped BECs in Ref. [66] (see also the review of Ref. [64] and our previous work [21]). According to this approach, the parameters of the dark soliton (12) become slowly varying functions of time \( t \), but the soliton’s functional form remains...
unchanged. Thus, the soliton phase angle becomes \( \phi \to \phi(t) \), and as a result, the soliton coordinate becomes \( Z \to Z = \cos \phi(t)[z - z_0(t)] \), where

\[
z_0(t) = \int_0^t \sin \phi(t')dt'
\]  

(13)

is the soliton center. The evolution of the parameter \( \phi \) is described by the following equation [63–65]:

\[
d\phi/dt = \frac{1}{2 \cos^2 \phi} \text{Re} \left\{ \int_{-\infty}^{+\infty} P(\nu) \partial_\nu \nu^* dz \right\}. 
\]  

(14)

The integral in Eq. (14) involves three terms [cf. Eq. (11)]: the first two terms (accounting for the Hamiltonian part of the perturbation) can readily be evaluated upon expanding the potential \( V(z) \) in Taylor series around the soliton’s center \( z_0 \); on the other hand, the third term (accounting for the dissipative part of the perturbation) can be evaluated by approximating the function \( \gamma(z) \) by its Taylor expansion around the trap center \( (z = 0) \). This expansion reads

\[
\gamma(z) \approx \gamma_0 + \gamma_2 z^2 + \gamma_4 z^4 + \gamma_6 z^6, 
\]  

(15)

where the constant coefficients are given by

\[
\gamma_0 = 2a/(c^2 + d),
\]

\[
\gamma_2 = 2a(3c^2 - d)/(c^2 + d)^3,
\]

\[
\gamma_4 = 2a(5c^4 - 10c^2d + d^2)/(c^2 + d)^5,
\]

\[
\gamma_6 = 2a(7c^6 - 35c^4d + 21c^2d^2 - d^3)/(c^2 + d)^7. 
\]  

(16)

Using, as an example, the values of \( a, c, \) and \( d \) corresponding to \( T = 150 \) nK (cf. Table I), in Fig. 11 we compare the fit to \( \gamma(z) \) given by Eq. (8) with the approximate expansion of Eq. (15). More specifically, we focus on the spatial interval of \([-R/2, R/2]\) (where \( R \) is the TF radius of the cloud; see the inset in Fig. 11): this interval is particularly relevant for our analytical and numerical considerations (see below), as we are mainly concerned with solitons moving close to the trap center. As seen in Fig. 11, in this regime, the approximate expression is almost identical to the more accurate one, thus justifying the degree of approximation used in Eq. (15).

To this end, using the approximate expression of Eq. (15), calculation of the integral in Eq. (14) leads to the following result:

\[
d\phi/dt = -\frac{1}{2} \cos \phi \left( \frac{dV}{dz} + \gamma_2 z \right) \cos \phi - \gamma_4 z^3 \cos \phi - \frac{1}{2} \gamma_6 z^5 \cos \phi.
\]  

(17)

Next, combining Eqs. (17) and (13), we obtain the following effective equation of motion for the dark-soliton center:

\[
\frac{d^2 z_0}{dt^2} = \left[ \gamma_0 \frac{2}{3} \frac{d \gamma_0}{dt} - \left( \frac{\Omega}{\sqrt{2}} \right)^2 \right] \left[ 1 - \left( \frac{d \gamma_0}{dt} \right)^2 \right]^{-1} 
\]

\[
+ \frac{d \gamma_0}{dt} \left[ \frac{\gamma_2}{18} \left( \frac{\pi^2 - 6}{18} \right)^2 \right] \mu 
\]

\[
+ \frac{\gamma_4}{360} \left( \frac{\pi^2 - 60}{360} \right) \left[ 1 - \left( \frac{d \gamma_0}{dt} \right)^2 \right]^{-1} \mu 
\]

\[
+ \frac{\gamma_6}{2016} \left( \frac{3 \pi^2 - 294}{2016} \right) \left[ 1 - \left( \frac{d \gamma_0}{dt} \right)^2 \right]^{-2} \mu. 
\]  

(18)

Notice that a variant of Eq. (18), corresponding to \( \gamma_2 = \gamma_4 = \gamma_6 = 0 \), was presented in Ref. [21], where the function \( \gamma(z) \) was approximated by the constant value \( \gamma_0 \) (which is close to the mean value of \( \gamma(z) \) in the interval \([-R/2, R/2]\); see Fig. 11). Nevertheless, here we are going to analyze the more general problem and investigate the dissipative dynamics of solitons taking into account the effect of the spatially dependent profile of \( \gamma(z) \).

Here we should note that there appears to be a singularity in the solutions of Eq. (18), corresponding to velocity values \( d \gamma_0/dt = 1 \), for which Eq. (18) becomes invalid. This is also consistent with the analysis of Ref. [67], where it is shown that formal perturbation theory fails for extremely shallow dark solitons (with phase angles \( \phi \approx \pi/2 \)). In any case, in the physically relevant scenarios that we consider in our simulations below, solitons are observed to decay at the rims of the condensate at times smaller than the one needed for the soliton velocity to become \( d \gamma_0/dt = 1 \).

**B. The equation of motion for the soliton center**

The equation of motion (18) is evidently nonlinear. Nevertheless, assuming that the dark soliton is close to a black one
that a dark soliton oscillates with constant amplitude and following linearized form:

\[ \frac{d^2 z_0}{dt^2} - \gamma_0 \mu \frac{dz_0}{dt} + \left( \frac{\Omega}{\sqrt{2}} \right)^2 z_0 = 0, \quad (19) \]

where we have introduced the variable

\[ \gamma_0 = \frac{2}{3} \nu_0 + \frac{(\pi^2 - 6)}{18} \nu_2 + \frac{\pi^2(7\pi^2 - 60)}{360} \nu_4 + \frac{\pi^4(31\pi^2 - 294)}{2016} \nu_6. \quad (20) \]

Equation (19) is similar to the equation of motion derived in Ref. [23] by means of a kinetic-equation approach. In the limiting case of zero temperature (i.e., for \( \tilde{\gamma}_0 = 0 \)), Eq. (19) recovers the well-known result (see, e.g., Refs. [15,16,23,66–69]) that a dark soliton oscillates with constant amplitude and frequency \( \Omega/\sqrt{2} \) in the harmonic trap \( V(z) = (1/2)\Omega^2 z^2 \). On the other hand, at finite temperatures (i.e., for \( \tilde{\gamma}_0 \neq 0 \)), the linearized equation of motion (19) additionally incorporates an antidamping term, \( \propto -d z_0 / dt \) [with a coefficient that takes into account the spatial dependence of \( \gamma(z) \)], which describes the expulsion of the dark soliton due to the interaction with the thermal cloud.

It is clear that the nature of the solutions of Eq. (19) depend on whether the roots of the auxiliary equation \( s^2 - (2/3)\tilde{\gamma}_0 \mu s + (\Omega/\sqrt{2})^2 = 0 \) are real or complex. The roots are given as

\[ s_{1,2} = \frac{1}{2} \tilde{\gamma}_0 \mu \pm \frac{\Omega}{\sqrt{2}} \sqrt{\Delta}, \quad \Delta = \left( \frac{\tilde{\gamma}_0}{\gamma_{cr}} \right)^2 - 1, \quad (21) \]

where \( \gamma_{cr} = (3/\mu)(\Omega/\sqrt{2}) \), and the discriminant \( \Delta \) determines the type of the motion: In the supercritical case of strong antidamping with \( \Delta > 0 \), i.e., for high temperatures such that \( \tilde{\gamma}_0 > \gamma_{cr} \), the soliton trajectory is given by

\[ z_0(t) = \frac{1}{s_2 - s_1} \left[ s_2 z_0(0) - \dot{z}_0(0) \right] \exp(s_1 t) + [z_0(0) - s_1 \tilde{z}_0(0)] \exp(s_2 t). \quad (22) \]

In the critical case with \( \Delta = 0 \), i.e., \( \tilde{\gamma}_0 = \gamma_{cr} \), the soliton trajectory is given as

\[ z_0(t) = \left[ z_0(0) + \left( \frac{1}{3} \tilde{\gamma}_0 \mu z_0(0) \right) t \right] \exp \left( \frac{1}{3} \tilde{\gamma}_0 \mu t \right). \quad (23) \]

Finally, in the subcritical case of weak antidamping with \( \Delta < 0 \), i.e., for sufficiently low temperatures such that \( \tilde{\gamma}_0 < \gamma_{cr} \), the soliton trajectory is given by

\[ z_0(t) = \exp \left( \frac{1}{3} \tilde{\gamma}_0 \mu t \right) \left[ \dot{z}_0(0) \cos(\omega_{osc} t) + \omega_{osc} \left[ \dot{z}_0(0) - \tilde{\gamma}_0 \mu z_0(0) \right] \sin(\omega_{osc} t) \right], \quad (24) \]

where

\[ \omega_{osc} = \left( \frac{\Omega}{\sqrt{2}} \right) \sqrt{1 - \left( \frac{\sqrt{2} \tilde{\gamma}_0 \mu}{3 \Omega} \right)^2}. \quad (25) \]

The above simple analysis shows that in the case of relatively high temperatures (with \( \tilde{\gamma}_0 \geq \gamma_{cr} \)), the dark soliton will not “survive” long enough to oscillate in the trap, a result in qualitative agreement with experimental observations of dark matter-wave solitons in elongated Bose gases [1]. On the other hand, when the temperature is relatively low (i.e., \( \tilde{\gamma}_0 < \gamma_{cr} \)), the dark soliton performs oscillations with an increasing amplitude and period; recall that the oscillation frequency is downshifted as per Eq. (25) with respect to its value \( \Omega/\sqrt{2} \) at zero temperature. These analytical results are in qualitative agreement with the numerical ones obtained recently in the framework of the Zaremba-Nikuni-Griffin model [18,70].

C. Nonlinear vs linearized equations of motion

To assess the above model, we now compare analytical [Eqs. (18)–(20)] and numerical [Eq. (9) with (8)] soliton trajectories, in each case making use of the approximate form for \( \gamma(z) \) employed in the analytical approach. First, we consider Eq. (9), with \( \gamma(z) \) given in Eq. (15), with an initial condition corresponding to a dark (black) soliton, initially placed off center at \( z_0(0) = 2 \) (with zero initial velocity, \( \dot{z}_0(0) = 0 \)), on top of a TF cloud, with \( \mu = 1 \), confined in a trap of strength \( \Omega = 0.05 \). The resulting soliton trajectories, found by integrating Eq. (9) by means of the split-step Fourier method, are shown in Fig. 12 for the supercritical (\( \gamma/\gamma_{cr} = 1.89 \), top plot), critical (\( \gamma = \gamma_{cr} = 0.106 \), middle), and subcritical (\( \gamma/\gamma_{cr} = 0.09 \), bottom) cases. The black dashed lines in each plot depict the numerically obtained solutions of Eq. (18), while the white dashed lines show the corresponding analytical solutions of Eq. (19).

Generally, it is observed that the results based on our analytical approximations, i.e., the solutions of Eqs. (18) and (19), which were derived by employing the approximate form of \( \gamma(z) \) [cf. Eq. (11)], are in good agreement with the numerical results obtained by the DGPE with the exact form of \( \gamma(z) \) [cf. Eq. (15)]. Nevertheless, the solutions of the nonlinear equation of motion (18) are more accurate than the analytical solutions of Eq. (19) in capturing the soliton trajectories obtained by the DGPE. This behavior is more pronounced for longer times, where the soliton either decays (top and middle panels of Fig. 12) or performs large-amplitude oscillations (bottom panel of Fig. 12): in fact, the solutions of the nonlinear equation of motion are able to correctly predict the decay time of the solitons [which is underestimated by the solutions of Eq. (19)] in the supercritical and critical cases of strong dissipation or follow quite accurately the DGPE trajectory in the subcritical case of weak dissipation; notice that, in the latter case, the analytical solution of Eq. (19) underestimates (overestimates) the frequency (amplitude) of oscillation for longer times.

We now proceed with a systematic comparison between analytical approximations, focusing on the more accurate nonlinear equation of motion (18) and numerical (DGPE and SGPE) results.

D. Comparison between numerical (SGPE and DGPE) results and analytical approximations

To ensure long soliton lifetimes for this comparison, we focus on one of the lower temperatures within our study,
a panel; white dashed lines across the soliton trajectories correspond to the nonlinear equation of motion Eq. (18).

FIG. 12. (Color online) Spatiotemporal evolution of the density of a BEC confined in a harmonic trap with $\Omega = k_B T = 0.05 \ (\omega_z = 2\pi \times 10\text{Hz})$ and $\mu = 1$ [in the scaled units of Eq. (9)], with a dark (black) soliton initially placed at $z_0 = 2$ for the supercritical case with $\gamma_0/\gamma_{cr} = 1.89$ (top panel; $a = 84.44$, $c = 21.67$, and $d = 93.97$), critical case with $\gamma_0/\gamma_{cr} = 1$ (middle panel; $a = 43.67$, $c = 22.19$, and $d = 59.16$), and subcritical case with $\gamma_0/\gamma_{cr} = 0.09$ (bottom panel; $a = 4.53$, $c = 23.89$, and $d = 19.72$). Here $\gamma_{cr} = 0.106$. The white dashed lines across the soliton trajectories correspond to the analytical prediction of the linearized equation of motion Eq. (19), while the black dashed lines are obtained by numerically solving the nonlinear equation of motion Eq. (18).

$T = 150 \text{nK}$, which nevertheless still corresponds to $k_B T = 0.8\mu$. We perform a direct numerical integration of the DGPE, Eq. (9) [with $\gamma(z)$ given by Eq. (8)], and compare this to respective results obtained via the analytic Eq. (18) and SGPE models.

In Fig. 13, we show the soliton trajectories found via the DGPE and the SGPE as well the solutions of the nonlinear equation of motion (18) stemming from our analytical approximations. The initial condition takes the form of a dark soliton, initially placed at the trap center $z_0(0) = 0$ with initial velocity $dz_0(0)/dt = 0.25$ (the other parameters are also the same as those given at the end of Sec. II D). It is clear that the numerical solution of the DGPE accurately captures that of the SGPE (similar to the behavior found in Ref. [21]) and also that the result of the analytical approximation is in very good agreement with the numerical results of both the DGPE and SGPE. The SGPE trajectory shown is from a single run with a decay time close to the ensemble average; for these parameters, such trajectories were found to display dynamics close to the ensemble average in Ref. [21].

A further comparison between the analytical model above and the SGPE/DGPE can be seen in Fig. 10, where the predicted average decay times are plotted. In order to make this comparison, the decay times in the analytical model must be extracted based on the visibility of the soliton over the background thermal fluctuations, as we discuss in the following section.

V. SOLITON VISUALIZATION

A. Single-shot-fluctuation issues

A quantity of relevance to experiments is the so-called visibility of the soliton. This is defined as [71]

$$\mathcal{V} = \frac{n_{\text{max}} - n_{\text{min}}}{n_{\text{max}} + n_{\text{min}}}$$

(26)

where $n_{\text{max}}$ is the maximum BEC density and $n_{\text{min}}$ is the minimum one, as set by the presence of the dark soliton. This parameter is a measure of how clearly a soliton can be seen in experiments. The SGPE accounts for both dissipation and fluctuations and can therefore be expected to produce experimentally realistic visibility predictions; two examples of the visibility of solitons produced by the SGPE are shown in Fig. 14 (top and middle plots), showing an oscillatory decrease up to the point (denoted by the vertical dashed lines) when the soliton can no longer be distinguished from the background density fluctuations.

In the displayed example trajectories, the solitons are lost to the background when the visibility decreases below around 50%. For comparison, we note that in the Hannover experiment...
We now want to consider the corresponding analytical prediction based on our model of Sec. IV. As when comparing the numerical DGPE results to those of the SGPE (see Fig. 10), we again define the condition for soliton decay based upon the level of background thermal fluctuations obtained from the SGPE. Then, calculating an expression for the soliton visibility analytically, we are able to predict analytically the lifetime of a soliton within a finite temperature gas, accounting for both dissipation and background fluctuations. Since \(n_{\min} \sim \mu - \mu \cos^2 \phi\) (recall that the soliton depth is \(\sqrt{\mu} \cos \phi\)), the visibility can be expressed in terms of the soliton’s phase angle as

\[
V = \frac{\cos^2 \phi}{1 + \sin^2 \phi}.
\]  
(27)

Thus, \(0 \leq V \leq 1\), with the limiting values \(V = 0\) and \(V = 1\) corresponding, respectively, to a shallow soliton with \(\phi \to \pi/2\) and a stationary kink with \(\phi \to 0\). Apparently, since \(\phi = \phi(t)\), the visibility is generally a function of time, but its analytical form can be determined via the time dependence of \(\phi(t)\), which can be derived numerically by means of Eq. (17) (see Sec. IV A). Nevertheless, it should be noticed that a simple analytical expression for the visibility can also be obtained in the case of sufficiently deep solitons (cos \(\phi \approx 1\) and sin \(\phi \approx \phi\)) oscillating in a small region around the trap center [i.e., for \(V(z = 0) = 0\)]; in this case, Eq. (17) becomes \(d\phi/dt = \gamma_{\phi}(\mu \phi\) and leads to the result \(\phi(t) = \phi(t) = \phi(0) \exp(\gamma_{\phi}(\mu t))\) (here \(\phi(0)\) is the initial value of the phase angle) and, accordingly, \(V|_{z=0} = \cos^2 \phi(0)/[1 + \sin^2 \phi(0)]\).

Following the above arguments, we may estimate the soliton lifetime and the relevant results of the semi-analytical approximation, Eq. (27), are shown in Fig. 10.

We can also calculate the soliton visibility versus time analytically, an example of which is shown in Fig. 14 (bottom), alongside the numerical DGPE and average SGPE results at the same temperature. The SGPE results in this case are an average over the visibility from a few hundred runs, which smears out the oscillatory behavior but yields a bulk behavior consistent with that of the single realizations above. The agreement is very good between all approaches during the period that the soliton is visible over the background noise, smear out the oscillatory behavior but yields a bulk behavior consistent with that of the single realizations above. The agreement is very good between all approaches during the period that the soliton is visible over the background noise, beyond which time (vertical dashed lines), the SGPE visibility (black circles) plateaus. Here we have chosen to compare the analytical data to the minima of both the DGPE and average SGPE oscillations. A departure of the numerical DGPE results from the SGPE data occurs close to the average soliton decay time, at which point many of the SGPE solitons have decayed, leaving a visibility reading in many single runs which corresponds to the background noise signal. The DGPE soliton signal instead persists for much lower visibility values which correspond to the background noise. The DGPE results from the SGPE data occurs close to the average soliton decay time, at which point many of the SGPE solitons have decayed, leaving a visibility reading in many single runs which corresponds to the background noise. The DGPE soliton signal instead persists for much lower visibility values which correspond to the background noise signal. The DGPE results from the SGPE data occurs close to the average soliton decay time, at which point many of the SGPE solitons have decayed, leaving a visibility reading in many single runs which corresponds to the background noise signal.

The periodic behavior in the DGPE and SGPE visibility arises because the soliton depth oscillates as the soliton traverses the harmonic trap. The points at which \(V = 1\) correspond to the turning points of the soliton motion, when the soliton depth is equal to the background density (or equivalently \(n_{\min} = 0\)). Perhaps a better measure is to look at the evolution at a specific point in the trap, e.g., the trap center, which corresponds to the minimum visibility during the dissipative soliton motion. This is shown in Fig. 14 (bottom) and reveals quite good agreement between DGPE and SGPE, up to around the time that, on average, the SGPE solitons were visible.

[1], they reported a contrast in the range 20%–40% throughout their measurements, and a visibility of 50% in our present work corresponds to a contrast of \(n_{\min}/n_{\max} \sim 33\%\). The corresponding DGPE prediction is also shown (red curves) revealing good agreement in the region where the soliton can actually be monitored over fluctuations in the stochastic cases (top and middle plots). Clearly, the results become meaningless beyond that time, as the soliton is then lost within that stochastic realization; beyond this time the DGPE soliton signal remains visible, but this is due to incorrectly neglecting fluctuations.

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The stochastic results are examples of solitons with decay times close to the ensemble mean, indicated by the vertical dashed line in all plots.
B. Comments on related work

The study of dark solitons using stochastic and classical field methods has received significant attention recently [21,55,72–75]. In particular, the SGPE was applied initially in parallel, independent works [21,73] and recently also in Ref. [76]. The analysis presented in Ref. [73] considered dark solitons as relics due to a quench of the system parameters within a homogeneous, periodic 1D Bose gas. Notably, the distribution reported in Ref. [73] describing the number of solitons with time (Fig. 3 of Ref. [73]) has a form that is qualitatively similar to the decay time distributions of Refs. [21,55] and in the present work.

More recently, Wright and Bradley [76] performed a study that is more closely related to Ref. [21] and our current analysis based on the stochastic projected Gross-Pitaevskii equation (SGPE) [28,77]. (This method is a variant of the SGPE [38] that features a projector into low-energy modes.) They found that the stochastic simulations yielded average velocities that were lower than those found within dissipative GPE simulations, implying that the solitons have longer lifetimes, on average, in the stochastic case, i.e., that the noise prolongs the solitons’ existence. This is in agreement with the long tails in the decay time distributions of both Refs. [21,55] and the current work. A similar conclusion was reached by Martin and Ruostekoski, who studied the dynamics of dark solitons using a truncated Wigner approach, again finding that phase fluctuations led to a reduction in the soliton speed relative to the classically predicted value [74,75]. For truncated Wigner simulations, noise is added only at the initial time step, and we similarly find that fluctuations in the SGPE initial state lead to a spread in initial soliton speeds.

Furthermore, the analytical findings of Ref. [76], and in particular Eq. (18) of Ref. [76], arise as a special case of our previously reported results [21] (see sentence preceding Eq. (6) in [21]) and, by extension, also of this work, which additionally treats a spatially dependent dissipative term. This can be seen from Eq. (17) above by setting $V = 0$ (for a homogeneous system) and replacing $\gamma(z) \to \gamma_0$ (i.e., $\gamma_2 = \gamma_3 = \gamma_6 = 0$ for a spatially constant dissipation) and multiplying through by $\cos(\phi)$ [78].

Beyond this, it is not straightforward to give a more direct comparison to their findings for several reasons: (i) We consider a harmonically trapped system, while they focused on soliton propagation within a homogeneous sample. (ii) They measure the increase in velocity as the soliton decays, which is straightforward without a trap, while in our case the soliton velocity is constantly changing as it oscillates; an upshot of this is that the soliton depth does not change monotonically as it decays but has an additional oscillatory component, complicating the velocity analysis. (iii) We analyze the ensemble of solitons via their decay times and therefore effectively sample members of the SGPE ensemble at different times, while they consider equal time measurements of the velocity via an ensemble measurement at a particular time.

VI. CONCLUSIONS

We have characterized the dynamics of dark solitons propagating within a partially condensed, harmonically trapped Bose gas in the presence of phase fluctuations. Our analysis was based on a stochastic Gross-Pitaevskii equation, which reduces to a dissipative Gross-Pitaevskii equation upon neglecting the additive noise term.

Stochastic simulations allowed us to perform a statistical analysis on the soliton decay times. Our results showed that to study soliton decay, information should be extracted from single soliton realizations prior to performing such an analysis, in agreement with related experimental findings [20]. In doing so, we found dark-soliton lifetimes to be approximately lognormally distributed, which implies that some solitons within a number of realizations may have very long lifetimes relative to the ensemble mean, an effect already observed in experiments [5]. We found the standard deviation and skewness of these distributions to increase monotonically and approximately linearly with temperature. Extracting expectation values from the decay time distribution obtained at each temperature showed the purely dissipative results matched these stochastic expectation values well once the effects of background fluctuations were taken into account.

Considering the interplay between noise in the initial conditions (used, e.g., in some simpler approximate models) and the dynamical noise at each temporal step of the stochastic Gross-Pitaevskii equation, which loosely corresponds to a stochastic random kick to the soliton position, we found the dynamical noise to play an important role in determining the final decay time.

We also presented results for the experimentally relevant visibility of the soliton and found the soliton decay to be related to the visibility in our numerical simulations reaching a plateau (at which point our soliton tracking algorithm breaks down). The value of the plateau is set by the strength of the background fluctuations, which is a direct measure of temperature in these systems.

In the purely dissipative case, we derived analytical expressions describing the dynamics of the soliton density notch, with good agreement found between these and the numerical solution to the dissipative Gross-Pitaevskii equation, generalizing our earlier work [21] to the case of a spatially dependent damping, as obtained ab initio within the stochastic Gross-Pitaevskii formalism. The average soliton decay times were found to scale as $T^{-4}$; this has been previously obtained for homogeneous systems at low temperatures $k_B T \ll \mu$, but our numerics indicates that (at least within the classical field approximation for the low-lying modes of the system) this can be extended to the trapped case and to the regime for which $k_B T \lesssim \mu$, even in the presence of phase fluctuations.
Observing the dynamics of dark solitons within phase-fluctuating condensates offers an intriguing opportunity to observe a macroscopic quantum object undergoing a Brownian-like motion. We hope that the fluctuating aspects of this behavior, and especially the dependence on temperature, may be further analyzed in experiments on ultracold gases in the near future.

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[61] The current analysis is based upon a time average of readings from the soliton tracking routine for a system with no solitons, which therefore measures only background noise. This differs slightly to the analysis of Ref. [21], where the depth measurement was instead based on the average maximum value of the background noise. The effect of this was a slight underestimation of the DGPE decay times relative to the SGPE results in our previous work.
[78] In the notation of Ref. [76], the velocity $v = \sin(\phi)$, and hence, upon making these simplifications and coordinate transformation, Eq. (18) of Ref. [76] takes the form $d\phi/dt = (2/3)\gamma v \sqrt{1 - v^2}$, which agrees with Eq. (17) of Sec. IV A (and also the in-text equation preceding Eq. (6) in [21]) in this limiting regime. In comparing the above, note also our rescaling of time $t \rightarrow \mu t$, as we indicate below Eq. (10) in Sec. IV A.