

Michelle L. Koopman, DNP, RN, CNE, PHN

Philosophy of Teaching

My philosophy for teaching centers on student-centered learning and adult-learning theory. I aim to be credible and authentic in my teaching of nursing curriculum. I enjoy using varied instructional methodologies including having an active learning environment by “flipping” the classroom, encouraging hands on learning, small group work and case studies. My goal is to have a learning environment that addresses each student’s individual learning needs, aspirations, culture, beliefs and abilities. My teaching philosophy outlines how I view the teacher as the facilitator of learning and I encourage students to take ownership of their education and be their own advocate.

Philosophy of Nursing Care

Based on Teddie Potter’s BASE of Nursing Practice Theory, I aim to demonstrate the “art” of nursing through being present, actively caring, listening to the patient story, and utilizing evidence-based practice. I am committed to helping the students understand the importance of utilizing the principles of the BASE of Nursing Practice Theory as a foundation to their developing nursing practice. Additionally, I aim to be an active participant in partnership-based care that the BASE Nursing Practice Theory supports.

Research Interests

My research interests include nursing education, holistic nursing care, complementary and alternative therapies, disease prevention and health promotion.

Education

Doctorate of Nursing Practice – May 2019

St. Catherine University in St. Paul, MN

Project: An Implementation Process for Complementary Therapy Pain Interventions in a Transitional Care Setting

Master of Science Nursing Education – August 2012

Walden University in Minneapolis, MN

Bachelor of Science Nursing – December 2009

Bethel University in St. Paul, MN

Associate of Science Nursing – May 2007

The College of St. Catherine in Minneapolis, MN

Associate of Applied Science E-Commerce – June 2002

Minnesota School of Business in Brooklyn Center, MN

Professional Experience

May 2019 – Present	RN Clinical Care Coordinator Fairview Hospitals and Clinics Wyoming/Princeton, MN
November 2018 – June 2019	Early Childhood Screening Nurse Independent School District 15 St. Francis, MN
July 2018; July 2017	Summer School Registered Nurse Independent School District 15 St. Francis, MN
April 2016 – Present	Nurse Clinician II – Diabetic Nurse Educator Mercy Hospital Coon Rapids, MN
September 2015 – Present	Associate Professor of Nursing (2020 – now) Assistant Professor of Nursing (2015 – 2019) St. Catherine University St. Paul, MN
January 2015 – April 2019	Kaplan Nursing Faculty Kaplan Test Prep, Inc. Minneapolis, MN
August 2012 – August 2015	Nursing Faculty, MANE Semester 4 Coordinator North Hennepin Community College (NHCC) Brooklyn Park, MN
March 2011 – August 2012	RN Medical Case Manager Aon Hewitt Brooklyn Park, MN
October 2010 – March 2011	Administrative Nursing Supervisor Mercy Hospital Coon Rapids, MN
September 2010 – April 2011	Registered Nurse Care Coordinator Fairview Lakes Medical Center Wyoming, MN
December 2007 – October 2010	Registered Nurse, Float Pool Mercy Hospital Coon Rapids, MN

June 2007 – December 2007

Registered Nurse, Cardiac Care
Abbott Northwestern Hospital
Minneapolis, MN

Professional License and Certifications

- Registered Nurse- State of Minnesota
License #R179267-6
Expires 08/31/2021
- Certified Nurse Educator – National League of Nursing
Expires 12/31/2021
- Public Health Nurse Certificate – State of Minnesota
No Expiration

Professional Affiliations

- National League of Nursing Member 2015 – Present
- Sigma Theta Tau International Member 2012 – Present

Honors and Awards

- Nominated for St. Catherine University College for Women Faculty Daisy Award; Spring 2020
- Nominated as a Faculty Mentor by Honors and Awards Ceremony nursing students; Spring 2020, 2019, 2017

Courses Taught:

St. Catherine University:

Doctorate of Nursing Practice (DNP):

- Fall 2020; NURS 8536 - Health Care Economics and Finance
Course Coordinator and Faculty
- Fall 2020; NURS 8502 - DNP Practicum Practicum Faculty Project Mentor
- Summer 2020; NURS 8511 – DNP Practicum Faculty Project Mentor
- Spring 2019; NURS 8501 – DNP Practicum Faculty Project Mentor

College for Women Baccalaureate Nursing Program

- Fall 2020, 2019, 2018, 2017, 2016, 2015; N4010 - Nursing Care for the Complex Patient
Course Co-coordinator, Didactic Lecture Faculty, Lab and Simulation Faculty
- Spring 2019, 2018, 2017, 2016; NURS 4200-Leadership in Professional Nursing Practice
Course Co-coordinator, Clinical Faculty Liaison
- Spring 2019; NURS 3292 - Nursing Interventions II

- Didactic Lecture Faculty
- Fall 2016; NURS 3800 - Application of Theory in Nursing Practice I
Small Group Faculty
- Spring 2016; NURS 3292 - Nursing Interventions II
Lab Faculty
- Fall 2016, 2015; NURS 3800 - Application of Theory in Nursing Practice I
Mental Health Clinical Faculty
- Fall 2015; NURS 3291 - Nursing Interventions I
Lab Faculty

North Hennepin Community College:

- Spring 2015; NURS 2800 Chronic and Palliative Care
Semester Coordinator; Didactic, Lab, Simulation and Clinical Faculty
- Spring 2015; NURS 2820 Pharmacology and the Role of the Professional Nurse
Semester Coordinator; Didactic Faculty
- Spring 2014, 2013; NURS 1214 Principles of Pharmacology in Nursing Practice
Course Coordinator, Faculty
- Spring 2014, 2013; NURS 1212 Provider of Care I
Didactic, Lab, Simulation and Clinical Faculty
- Fall 2013, 2012; NURS 1211 Foundations in Nursing
Didactic, Lab, Simulation and Clinical Faculty
- Fall 2013, 2012; NURS 1213 Health Assessment in Nursing
Didactic and Lab Faculty

Scholarly Papers, Presentations, and Research:

Peer Reviewed Podium:

- Blazovich, L, **Koopman, M**, & Engelmann-Singh, E. (September 2019). National League for Nursing Education Summit 2019. National Harbor, MD. Podium Presentation: Using an Evidence-Based Faculty Training for Evaluation in High Stakes Simulation.

Peer Reviewed Poster:

- **Koopman, M**, Kline, G., Omodt, J., Mizushima, E., Kroontje, N., Dols-Finn, C., & Finch Guthrie, P. (April 2019). Interprofessional Education Summit. St. Paul, MN. Poster Presentation: An Implementation Process for a Complementary Therapy Intervention.
- Benz, J., Bonsell, L., Bronstein, M., Chen, M., DeVries, R., Dusek, S., Eisberner, E., Finch Guthrie, P., Hynes, A., **Koopman, M**, Kroontje, N., Luhman, J., Mason, M. R., Mizushima, E., Moyers, P., Okerstrom, H., Russman, M., Siljendahl, A., & Yira, J. (April 2018). Interprofessional Education Summit 2018. Minneapolis, MN. Poster Presentation: What If...? The Impact of Innovation and Interprofessionalism on Healthcare.

Other Scholarly Work:

- **Koopman, M**, Kline, G., Omodt, J., Mizushima, E., Kroontje, N., Dols-Finn, C., & Finch Gutherie, P. (December 2019). Community Partners Event at St. Catherine University. St. Paul, MN. Poster Presentation: An Implementation Process for a Complementary Therapy Intervention.
- Participation in colleague's sabbatical research, "Results of Faculty Training Project for High Stakes Assessment in Simulation"; Fall 2018
- National League of Nursing and Laerdal Medical Simulation Pilot Testing Participant; Spring 2016
- Colsch, R., & **Koopman, M**. (2013). Flipped Classroom: Nursing Reinvented. Nursing conference oral presentation; Minnesota Alliance for Nursing Education (MANE): Upward Spiraling: Where We Want To Go; Bloomington, MN.
- **Koopman, M**. (2012). Integrating Quality and Safety Education for Nurses (QSEN) into Licensed Practical Nursing Clinical Education at Rasmussen College School of Nursing – Walden University Masters of Nursing Education Practicum Project.

Grants:

- Applied, 4/2018; GHR Foundation Innovative Scholarship Grant, St. Catherine University
- Applied, 4/2016; Academic Professional Development Committee (APDC) Grant, St. Catherine University
- Accepted, 6/2014; Nurse Faculty Loan Forgiveness, Minnesota Department of Health
- Accepted, 5/2014; Nurse Corps Loan Repayment Program, Health Resources & Services Administration (HRSA)

Professional Service, Committee and Curriculum work:

St. Catherine University:

- Leadership Task Force Initiative, University Ad Hoc Committee; Fall 2020
- Doctorate of Nursing Practice (DNP) Preliminary Project Proposal Ad Hoc Review Committee; Spring 2020
- Doctorate of Nursing Practice (DNP) Faculty Project Reader for student, Katherine Schultz, Project Title: Orientation Initial Competency Tool; Spring 2020
- New Student Orientation Presenter; J-term 2020, 2019, 2018, 2017, 2016
- CfW Nursing New Faculty Mentor – Spring 2020, Fall 2019
- Academic Technology Instructional Designer Search Committee; Fall 2019
- Department of Nursing Committee on Outcomes Member; Fall 2019 - **Present**
- Henrietta Schmoll School of Health (HSSH) Curriculum and Assessment Committee Member; Fall 2019 - **Present**
- College for Women Baccalaureate of Nursing Faculty Search Committee; Spring/Summer 2019
- Sigma Theta Tau, Chi-at-Large Chapter Governance Committee Member; January 2019 - **Present**
- Sigma Theta Tau, Chi-at-Large Chapter Faculty Counselor; September 2018 - **Present**
- College for Women Baccalaureate of Nursing Committee on Students Co-Chair; Fall 2016 - Spring 2018

- College for Women Baccalaureate of Nursing Committee on Students Member (CoS); Fall 2015 – Spring 2019
- National League of Nursing/Laerdal Medical Simulation Pilot Testing Participant; Spring 2016
- N4200 Simulation Faculty Patient Volunteer; Spring 2016
- N3810 Simulation Test Out Faculty Facilitator Volunteer; Spring 2016
- N3810 Clinical Faculty Volunteer; Spring 2016
- N3800 Final Reflective Seminar Faculty Volunteer; Fall 2015

North Hennepin Community College:

- Minnesota Alliance for Nursing Education (MANE) - New Curriculum Course Development; NURS2800 – Chronic and Palliative Care; Fall 2015
- Minnesota Alliance for Nursing Education (MANE) - New Curriculum Course Development; NURS2820 – Pharmacology and the Role of the Professional Nurse; Fall 2015
- Assessment Technologies Institute (ATI) super user; 2014 - 2015
- North Hennepin Community College Student Progression and Advisory Committee Member; 2013 – 2015
- North Hennepin Community College Curriculum Committee Member; 2014 – 2015
- Nursing Student Academic Advisor – North Hennepin Community College; 2013 – 2015
- North Hennepin Community College Simulation Committee Member; 2013 – 2014

Community Service

- Elementary School; Parent Teacher Organization (PTO) Social Media Content Lead – August 2019 to June 2020
- Elementary School; Parent Teacher Organization (PTO) member – September 2018 to June 2020
- Elementary School; Assist with hearing & vision screenings, Help in classrooms with reading and math skills – September 2014 to June 2020 (1-2 hours per week)

Completed Workshops and Seminars

List of completed workshops and seminars available upon request.