
Marco Solinas
* The continuity waking state/dreaming state

* Sleep disorders and their effects on dream experience, and suggested treatments.

* The dream and the dreamer in literature and art.

* The role of dream activity in the therapeutic setting.

* The relationship between reality and unreality in dream experience.

* The role of dream in sleep medicine

* Lucid dreaming.

* The meaning of dreaming in human evolution and social life of individuals.

* The community waking state/dreaming state

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**Registration and fees**

**DATE**

**IASD MEMBER**

**NON-MEMBERS**

**STUDENTS**

**before 01.10.2014**

100 €

130 €

70 €

**after 01.10.2014**

130 €

160 €

80 €

**Payment:**

Associazione-EutimeOnlus.

IBAN: IT64 I010300323200000138456

BIC: PASCITM1A30

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**Venue:**

UNICEF Building

Roma, via Palestro 68

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**ISTITUTO ROMANO DI PSICOTERAPIA PSICODINAMICA**

Rome - Italy
The word “dream” is not univocal: It can indicate a mental state, a neurophysiological process, a future project, a private desire, a pathetic illusion, among other meanings. Such a polyvalence of the name implies a polyvalence of the concept: when saying “dream”, one can mean the brain process that instantiates during sleep, the contents of such a process, the mental state of imagination, the imagined content, and so on. To reduce this polyvalence to an ambiguity, “dream” can mean both the mental process and its contents. Thus, one can distinguish between dream as act and dream as act-content. According to this perspective, one can claim that a univocal view is not enough to approach a multifaceted phenomenon. Though the neurobiological description of the dream process remains the unavoidable basis for any rigorous investigation on dreaming, such a description does not encompass a few other aspects that can be taken into account in dealing with the dream state. Basing itself on the aforementioned considerations, the conference will propose an interdisciplinary discussion on dreaming that will focus on the diverse perspectives able to provide a comprehensive understanding of what it is like to dream. Hence, medical and neurophysiological explanations of the dream experience will be accompanied by and compared with analyses coming from the research fields of psychology, psychotherapy, cognitive science, philosophy, and art. In this way, the conference aims at offering a variegated reading of the most common and mysterious phenomenon of mental life.

Organizing Committee
Nicola Zippel (Host)
Giuseppe Lago (Program Chair, Scientific Track)
Stefano Martellotti (Program Chair, Workshops)
Tiziana Liverani (On-Site Registration)
Susannah Benson – Claude Desloges (IASD connection)

Scientific Board
Massimo Biondi, Francesco Peverini, Carlo Blundo, Giuseppe Tropeano, Alberto Oliverio, Fulvia Adriano, Riccardo de Sanctis, Antonio Petracca, Maria Gazia. Capillo

Program
7 November
8.30-9.00
Registration
9.00-9.30
Welcome Address
9.30-11.30
Parallel Sessions:
Dream Recall and Evaluation Scale
Chair: Antonio Petracca
“Dream Recall and Nightmare Frequency in relation to Alexithymia and Personality Variables” – Lucie Kluzova Kraemarova, Czech Republic
“Dream Distortion as Intrapsychical Meta-Communication” – Paolo Clemente, Italy
“The Level of Agreement and Position on the Bishop Grossetete Scale Should Determine the Dream Content Variability” – John. M. Corbett, IASD
“Characteristics of Awakenings and Arousals in the Sleep Cycle of High and Low Recallers” – Perrine Ruby, France
Psychotherapy and Dream
Chair: Stefano Martellotti
“Attitudes Towards Dreams in the Life Span” – M. Holda and B. Szmigielska, Poland

“Social Dreaming and the Group Self: An Intervention for Collective Trauma and Internalized Oppression” – George Bermudez, USA
“Sleep and Dreaming in Borderline Personality Disorders” – Dagna Skrzypinska, Poland
“Working with Dreams in CBT: form Aaron Beck to Jeffrey Young” – Monika Slodka, Poland
11.30-12.00
Coffee break
12.00-13.30
Keynote lecture: Prof. Bruno Bara (Turin)
Tell me how you dream
Chair: Carlo Blundo
13.30-14.30
Lunch break
14.30-16.00
Parallel Sessions:
Art, Philosophy, and Dreaming
Chair: Maria Grazia Capillo
“Pascal’s Wager and Dreams” – Douglas R. Jordan
“Dream Safari with the Blue Gazelle: Active Imagination and Creative Art” – Michael. P. Jenkins, USA
8.00-9.00
Morning dreaming group (Dr. S. Martellotti)

9.30-11.00
**Special Session: Psychodinamic and Dream**
*Chair: Francesco Peverini*

**Dr. Cristina Bottoni (IRPPI)**
**Dr. Giuseppe Tropeano (IRPPI)**
**Dr. Giuseppe Andretto (AIPA)**

11-11.30
Coffee break

11.30-14.00
**Neuroscience and Dream**
*Chair: Giuseppe Tropeano*

“Olfactory Stimulation during Sleep can reactivate odor-associated Images in Dreams” – Michael Schredl, Germany

“Bizarre Cognition in Dreams and Wakefulness: the Role of the right Hemisphere” – Armando D’Agostino, Italy

“Application of the Property of Brain Tissues’ Viscoelasticity to describe Waking-Sleep Continuity Theory” – Mostafa Dini, Canada

“Segmentation of REM Sleep into Three Substages” - Gabriele Pieri, Italy

"Dreaming in Sleep Apnea Disordered Patients"
- Francesco Peverini and Stefano Martellotti, Italy.

14.00-15.00
Lunch break

15-17.00
**Cross-Cultural Approaches to Dreaming**
*Chair: Fulvia Adriano*

“Dream Research and Culture in Russia” – Maria Volchenko, Russia

“Transformation-Dreams and the 7 Stages of Consciousness” – Ann Bengtsson, Norway

“Dream in United Arab Emirates and Poland: a Cross-Cultural Comparison” – Malwina Dankiewicz, Poland

17.00-17.30
Coffee break

17.30-19.00
**Keynote Lecture: Jennifer M. Windt (Mainz)**
*Dreaming and the Self: How Dream Research can contribute to interdisciplinary Consciousness Research*
*Chair: Nicola Zippel*

19.00-19.30
Closing Words