

**University of Maine**

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**From the Selected Works of Kimberly J. Sawtelle**

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October, 2004

# Dance for the Ages: Inclusive rhythmic movement and dance for children and adults

Kimberly J. Sawtelle, *University of Maine*



Available at: [https://works.bepress.com/kimberly\\_sawtelle/28/](https://works.bepress.com/kimberly_sawtelle/28/)



The University of Maine

Center for Community Inclusion and Disability Studies

*Maine's University Center for Excellence in Developmental Disabilities Education, Research and Service*

## ***Free Instructors' Workshop***

**Dance for the Ages:  
Inclusive rhythmic movement  
and dance for children and adults**

Wednesday, October 20, 2004

2-4:30 p.m.

University of Maine at Augusta, **Bangor Campus**

**201 Texas Avenue, Bangor**

College Center Ballroom.



AXIS Dance Company. Photo by Andy Moog.

Sponsored by The University of Maine Center for Community Inclusion and Disability Studies and VSA Arts of Maine, this workshop will demystify the art of teaching any kind of dance to people with and without disabilities. AXIS teaching artists will share philosophy, approach, and specific exercises through demonstration and dialogue. Participants will work to adapt AXIS' concepts into their own teaching practice.

This workshop is appropriate for dance instructors, therapists and others interested in physically integrated dance.

Registration is free and limited to 24. CEU: .3 credits, \$5 fee.

Pre-registration is required. Refreshments will be served. To register, call: The Center for Community Inclusion and Disability Studies, (207) 581-1207, Monday-Friday, 8 a.m.-4:30 p.m.



5-5-34519-450



The University of Maine  
 Center for Community Inclusion and Disability Studies  
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 Visit us on the web @ [www.umaine.edu/ccl/axis](http://www.umaine.edu/ccl/axis)

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# ***AXIS*** / ***Dance*** / ***Company***



AXIS Dance Company is paving the way for a powerful and inclusive dance form—"physically integrated dance." This is your opportunity to participate in a free workshop lead by teaching artists from what Jeremy Alliger, founder of Dance Umbrella, Boston calls, "one of the most exciting repertory companies around."

Make your reservations now for  
 AXIS Dance Company's October 21,  
 7 p.m., performance at the MCA.  
 Call 1.800.MCA.TIXX.



MAINE CENTER FOR THE ARTS  
 AT THE UNIVERSITY OF MAINE



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