

KAY STEARNS BRUENING, Ph.D., RD

Office Address: Syracuse University
College of Human Ecology (formerly College of Human Service & Health Professions)
Department of Nutrition Science & Dietetics
304 Lyman Hall
Syracuse, NY 13244-1250
315-443-9326

Education: New York University
School of Education
New York, NY
Ph.D., Clinical Nutrition
1998

Syracuse University
College for Human Development
Syracuse, NY
Master of Arts, Human Nutrition
1980

St. Lawrence University
Canton, NY
Bachelor of Science, Biology
1979

Postdoctoral Training: None

Military Service: None

Licensure: None

Registration: Registered Dietitian #611644, 1981
Commission on Dietetic Registration

Advanced Certification: Certification in Child and Adolescent Weight Management
Commission on Dietetic Registration
2004

**Practitioner
Employment:** Nutritionist I
University of Medicine & Dentistry of New Jersey
New Jersey Medical School
Department of Preventive Medicine & Community Health
Newark, NJ
1993-1995

Clinical Dietitian (part-time)
North Princeton Developmental Center
Skillman, NJ
1987-1990

Nutritionist II
University of Medicine & Dentistry of New Jersey
New Jersey Medical School
Department of Preventive Medicine & Community Health
Newark, NJ
1984-1990

Clinical Preceptor, Dietetic Internship
M.W. Wood Co. at the Lehigh Valley Hospital Center
Allentown, PA
1982-1984

Clinical Dietitian
M.W. Wood Co. at the Lehigh Valley Hospital Center
Allentown, PA
1981-1984

Dietetic Technician
Loretto Geriatric Center
Syracuse, NY
1980-1981

Academic Appointments:

Associate Professor (2004 – present) and Chair (2005- present)
Assistant Professor (1998 - 2004)
Syracuse University
College of Human Ecology
Department of Nutrition Science & Dietetics
Director, Coordinated Dietetics Program (1998 – 2008)

Assistant Professor & Program Director
University of Medicine & Dentistry of New Jersey
School of Health Related Professions
Department of Primary Care
Dietetic Internship Program
1995-1997

Clinical Assistant Professor
University of Medicine & Dentistry of New Jersey
School of Health Related Professions
Department of Primary Care/ Dietetics
Newark, NJ
1994-1995

Instructor and Program Coordinator
New York University, School of Education
Department of Nutrition & Food Studies
Applied Preprofessional Practice Program in Dietetics
1990-1993
Instructor
Montclair State University
Department of Human Ecology
1987-1990

Awards and Honors:

Outstanding Dietetic Educator
American Dietetic Association
March 2001

College for Human Development Awards
Faculty Leadership in College-Wide Transition to the Learning Model
September 2000

College for Human Development Awards
Early Adopter: College-Wide Transition to the Learning Model
September 1999

Graduate Student Paper Award
Nutrition Research Practice Group
American Dietetic Association
1997

Kappa Omicron Nu
New York University
1991

Graduate Scholarship
Syracuse University, College for Human Development
1979-1980

Phi Beta Kappa
St. Lawrence University
1979

Faculty Scholar
St. Lawrence University
1977-1979
B.S. awarded Magna Cum Laude

**Professional Memberships
& Committees:**

American Dietetic Association
1980-present

Dietetic Practice Groups:
Diabetes Care and Education
Dietetic Educators of Practitioners
Pediatric Nutritionists
Dietitians in Nutrition Support
Hunger and Environmental Nutrition
Weight Management

Commission on Dietetic Registration
Item Reclassification Panel
November 11-13, 2005 & February 24-25, 2007
Chicago, IL
Program Representative/Commissioner
Commission on Accreditation for Dietetics Education
Chicago, IL
Representative-elect, July 1, 2005-June 30, 2006

July 2006- July 2008

Panel of Site Visitors/ Program Reviewers
Commission on Accreditation for Dietetics Education
Chicago, IL
July 2002 - July 2005 and July 2008-present

Item Review Panel, Registration Examination for Dietitians
Commission on Dietetic Registration
Chicago, IL
March 2003

Accreditation Standards Committee
Commission on Accreditation for Dietetics Education
Chicago, IL
February 2001 - December 2001

Item Writing Panel, Registration Examination for Dietitians
Commission on Dietetic Registration
Chicago, IL
November 2001

New York State Dietetic Association
1998-present

Central New York Dietetic Association
1999-present

New Jersey Dietetic Association (NJDA)
1984-1997

NJDA Tellers Committee, 1996
NJDA Newsletter Editor, 1997

Greater New York Dietetic Association
Nominating Committee, 1990-1991

Institutional Committee
Assignments:

Curriculum Committee
College of Human Ecology
August 2008 – present

Academic Review Committee
College of Human Ecology
May 2005 - present

Departmental Representative
Faculty Council
College of Human Services & Health Professions
Syracuse University
January 2002-May 2005
Chair, Student Life Committee
College of Human Services & Health Professions
Syracuse University
January 2002 – May 2005

Faculty Search Committee – NHM/ NSD Department
College for Human Development
Syracuse University
January - May 2001
January - April 2003
January-April 2008
August 2008 – April 2009

Search Committee - Asst. Director of Career Development
College for Human Development
Syracuse University
May-June, 1998

Faculty Retreat Planning Committee
College for Human Development
Syracuse University
October - December 1998

Committee on Research and Institutional Review
UMDNJ-School of Health Related Professions
1996-1997

Faculty Search Committee - Chairman
UMDNJ-School of Health Related Professions
MS Program in Clinical Nutrition
1995

Admissions Committee
UMDNJ-School of Health Related Professions
Dietetic Internship
1994-1995

Master's Degree Thesis
Supervision:

Validity of a picture-sort food frequency questionnaire for classifying
calcium intake of school-age children
Madhavi Kondakalla
M.S., 2006

The effect of a supper meal on diet quality of at-risk school age children
MaryLou K. Plante
M.S., 2009

Grants:
(Principal Investigator)

Child Weight Intervention Program
Bristol-Myers Squibb Corporation
June 15, 2006 – June 15, 2007
\$2500

Child Overweight Intervention Project
Central New York Community Foundation
March 30-2006 – May 1, 2007
\$5100

Child Overweight Intervention Project Equipment and Bridge Funding
Central New York Community Foundation
March 30, 2005 - May 1, 2006
\$7100

Implementation of a child obesity intervention program in Central New York
State of New York, Office of the Attorney General, Vitagrant Administration
February 2003- February 2005
\$225,286

Evaluation of the Nutritional Impact of Supper Meals for “at risk” School
Children
College for Human Development Faculty Development Fund
April 2001 - May 2002
\$3775
Needs Assessment for the Onondaga County Food Resource Guide
College for Human Development Faculty Development Fund
April 2001 - March 2002
\$1834

Diet Quality, Health, Cognitive Function, and Social Development
in Young Children
College for Human Development Faculty Development Fund
Collaborative Project
Co-Investigator: Dr. Mellisa A. Clawson
\$9570

American Dietetic Association Foundation
Kraft General Foods Graduate Fellowship
1995-1996
\$5000

Grants:
(Consultant)

Food Bank of Central New York
Food Stamp Program Research Grants to Improve Access Through the
Use of New Technology and Partnerships
U.S. Department of Agriculture
October 2002 - September 2004

**NYS Department of Health, Division of Nutrition, Child & Adult Care Food
Program**
Team Nutrition Training Grant
U.S. Department of Agriculture
September 2004 - September 2006

**NYS Department of Health, Division of Nutrition, Child & Adult Care Food
Program**
Family Day Care Home Obesity Prevention Workgroup
NYS Department of Health
September 2007- August 2009

Proposals Submitted

Prevention of Type 2 Diabetes in Children
Subcontract
Submitted to NYS Department of Health Diabetes Prevention Program
April 2005
\$50,000/year, five year renewable term (not funded)

Syracuse University Child Weight Intervention Program
Principal Investigator
Submitted to General Mills Champions Youth Nutrition & Fitness Grants

January 2005
\$10,000 (not funded)

Introducing Whole Grains to Youth at Risk for Overweight and Obesity
Principal Investigator
Submitted to General Mills Bell Institute, Innovative Nutrition Research Grants
October 2004
\$46,765 (not funded)

Child Care Food Assistance and Other Welfare Programs: Health, Social
Competence, and Cognitive Effects in Young Children, \$43,657
Co-Investigator: Dr. Mellisa A. Clawson
Submitted to USDA Small Grants Program administered by Northwestern
University/University of Chicago Joint Center for Poverty Research, May
1998 (Not funded)

Progressive nutritional assessment and counseling experiential learning
modules, \$96,923.
Principal Investigator: Dr. Tanya M. Horacek
Submitted to U.S. Dept. of Agriculture Higher Education Challenge Grants
Program for 1999-2001. (Not funded)

Effects of diets high in milk and milk products on cognitive and social
development in 3-6 year old children, \$98,787.
Co-Investigator: Dr. Mellisa A. Clawson
Submitted to National Dairy Council for 2000-2001(not funded)

Vascular effects of *Vaccinium* species
Consultant
Principal investigator: Mary A.M. Rogers, Ph.D., SUNY Upstate Medical
University
Submitted to National Institutes of Health for 2000-2002 (not funded)

Vascular effects of *Vaccinium* species
Consultant
Principal Investigator: Mary A. M. Rogers, Ph.D., SUNY Upstate Medical
University
Submitted to American Heart Association for 2001-2003 (not funded)

Obesity, Osteoporosis, & Limited Fitness: A Life Course Description in
Disability
Consultant
Principal Investigator: Margaret A. Turk, M.D., SUNY Upstate Medical
University
Submitted to Centers for Disease Control for 2001-2003 (not funded)

Longitudinal Study of Normative Bone Density, Skeletal, and Pubertal
Maturation in Children
Consultant
Principal Investigator: Tamara Scerpella, MD, SUNY Upstate Medical
University, Dept. of Orthopedic Surgery
Submitted to National Institute of Child Health and Development, National
Institutes of Health for 2001-2004 (not funded)

Bone Density, Skeletal, and Pubertal Maturation in Child Gymnasts and

Controls
Consultant
Principal Investigator: Tamara Scerpella, MD, SUNY Upstate Medical
University, Dept. of Orthopedic Surgery
National Institutes of Health for 2001-2004 (funded)

Bibliography:

Bogden JD, Chung HR, Kemp FW, Holding KJ, Bruening KS, and Naveh Y. Effect of selenium and molybdenum on methylbenzyl nitrosamine-induced esophageal lesions in the rat. J. Nutr., 116: 2432-2442, 1986.

Bogden JD, Oleske JM, Munves EM, Lavenhar MA, Bruening KS, Kemp FW, Holding KJ, Denny TN, and Louria DB. Zinc and immunocompetence in the elderly. I. Baseline data on zinc nutriture and immunity in unsupplemented subjects. Amer. J. Clin. Nutr., 46: 101-109, 1987.

Naveh Y., Kemp FW, Holding KJ, Bruening KS, and Bogden JD. Relationships among tissue trace element and major mineral concentrations in the rat. Trace Elements in Medicine, 5: 16-21, 1987.

Bogden JD, Oleske JM, Lavenhar MA, Munves EM, Kemp FW, Bruening KS, Holding KJ, Denny TN, Guarino MA, Krieger LM, and Holland BK. Zinc and immunocompetence in elderly people. II. Effects of zinc supplementation for three months. Amer. J. Clin. Nutr., 48: 655-663, 1988.

Bogden JD, Baker H, Frank O, Perez G, Kemp FW, Bruening KS, and Louria D. Micronutrient status and human immunodeficiency virus (HIV) infection. Ann. N.Y. Acad. Sci., 587: 189-195, 1990.

Bogden JD, Oleske JM, Lavenhar MA, Munves EM, Kemp FW, Bruening KS, Holding KJ, Denny TN, Guarino MA, and Holland BK. Effects of one year of supplementation with zinc and other micronutrients on cellular immunity in the elderly. J. Amer. Coll. Nutr., 9: 214-225, 1990.

Bogden JD, Gertner SB, Kemp FW, McLeod R, Bruening KS, and Chung HR. Dietary lead and calcium: effects on blood pressure and renal neoplasia in Wistar rats. J. Nutr., 121: 718-728, 1991.

Bruening KS and Luder E. Nutrition considerations in pediatric insulin-dependent diabetes mellitus. Topics in Clinical Nutrition, 7: 33-43, 1991.

Bogden JD, Bendich A, Kemp FW, Bruening KS, Skurnick JH, Denny TN, Baker H and Louria DB. Daily micronutrient supplements enhance delayed hypersensitivity skin test responses in older adults. Amer. J. Clin. Nutr., 60: 437-447, 1994.

Bruening, KS, Langevin, DL, and McKay, MG. Professional issues in dietetics: A rotation for dietetic interns at Annual Meeting. DEP-Line, Newsletter of the Dietetic Educators of Practitioners, 17(2): 8-9, Summer 1998.

Bruening KS, Kemp FW, Simone N, Holding Y, Louria DB, and Bogden JD. Dietary calcium intakes of urban children at risk of lead poisoning. Environmental Health Perspectives, 107 (6): 431-435, 1999.

Stearns Bruening, K, Gilbride JA, Passannante MR, and McClowry S. Dietary intake and health outcomes among children attending two urban day care centers. J. of the American Dietetic Assoc., 99(12): 1529-1535, 1999.

Bogden JD, Kemp FW, Han S, Li W, Bruening K, Denny T, Oleske JM, Lloyd J, Baker H, Perez G, Kloser P, Skurnick J, & Louria DB. Status of selected nutrients and progression of human immunodeficiency virus type 1 infection. Amer. J. Clin. Nutr. 72(3): 809-15, 2000.

Stearns Bruening K, Mitchell B, Pfeiffer MM. 2002 Accreditation Standards for Dietetics Education. J. of the American Dietetic Assoc. 102 (4): 566-577, 2002.

Kemp FW, DeCandia J, Li W, Bruening K, Baker H, Rigassio D, Bendich A, Bogden JD. Relationships between immunity and dietary and serum antioxidants, trace metals, B vitamins, and homocysteine in elderly men and women. Nutrition Research 22: 45-53, 2002.

Bruening, KS. Applying a not-for-profit outcomes assessment model to community-based nutrition interventions: The central New York Success By 6 Hunger Team. Topics in Clin Nutr 17 (5): 77-84, 2002.

Holmstrup ME, Stearns Bruening K, Fairchild TJ. Caloric estimation bias of realistic meal and beverage preparations. Topics in Clinical Nutrition 23(3): 234-243, 2008.

Books, Monographs, and Chapters: None

Abstracts:

Naveh Y, Chung HR, Kemp FW, Holding KJ, Bruening KS, and Bogden JD. Effects of cimetidine on tissue metal concentrations in the rat. Fed. Proc. 45: 338, 1986.

Bogden JD, Chung HR, Kemp FW, Holding KJ, Bruening KS, and Naveh Y. Effects of selenium and molybdenum on esophageal tumors and tissue trace metals. Fed. Proc. 45: 371, 1986.

Bruening KS, Munves EM, Kemp FW, Lavenhar MA, Guarino M, and Bogden J. Evaluation of diets of elderly subjects participating in a zinc intervention trial. Fed. Proc. 46: 902, 1987.

Naveh Y, Weis P, Kemp FW, Holding K, Bruening K, and Bogden J. Effect of cimetidine on tissue metals in female rats. Fed. Proc. 46: 960, 1987.

Bogden JD, Kemp FW, Bruening KS, and Holding KJ. Effects of supplementation of the elderly on plasma and cellular concentrations of trace elements required by antioxidant enzymes. J. Cell Biochem 12A (Suppl): 55, 1988.

Bogden JD, Oleske JM, Lavenhar MA, Munves E, Kemp F, Bruening K, Holding K, Denny T, Guarino M, and Holland B. Effects of zinc administration on cellular zinc and immunity in the elderly. J. Cell. Biochem. 12D (Suppl): 350, 1988.

Bogden JD, Oleske JM, Lavenhar MA, Munves E, Kemp F, Bruening K, Holding K, Denny T, Guarino M, and Holland B. Zinc supplementation and cellular immunity in the elderly. FASEB J. 2:A850, 1988.

Bogden JD, Oleske J, Lavenhar M, Munves E, Kemp F, Bruening K, Holding K, Denny T, Holland B, and Louria D. Effects of one year of micronutrient supplementation on cellular immune functions in the elderly. J. Cell Biochem., 13C (Suppl): 160, 1989.

Kemp F, Bruening K, Munves E, and Bogden JD. Repeated assessment of dietary nutrients in the elderly. FASEB J. 3: A460, 1989.

Bogden J, Kemp FW, and Bruening KS. Zinc inhibition of delayed cutaneous hypersensitivity to recall antigens in the elderly. J. Cell Biochem., 14B (Suppl): 79: 1990.

Bogden JD, Gertner SB, Kemp FW, McLeod R, Bruening KS, and Chung HR. Effects of high dietary calcium on lead toxicity in the rat. J. Cell Biochem. 14C (Suppl): 210, 1990.

Bogden JD, Baker H, Frank O, Perez G, Kemp F, Bruening K, and Louria D. Plasma micronutrients and HIV-1 infection. J. Cell Biochem. 14D (Suppl): 146, 1990.

Bogden JD, Kemp FW, Bruening KS, Katz SR, Bendich A, and Yang ZG. Micronutrient supplements and serum

interleukin-2 receptor levels in the elderly. J. Cell Biochem. 15F (Suppl): 65, 1991.

Bogden JD, Bendich A, Kemp FW, Baker H, Bruening KS, Skurnick J, Denny T, and Louria DB. Daily micronutrient supplements improve delayed dermal hypersensitivity responses in older people. J. Immunol. 150: 78A, 1993.

Bruening KS, Decker RT, Maillet JO, and Passannante MR. Validation of a food frequency instrument for dietary assessment of young children attending daycare centers. Amer. J. Clin. Nutr. 65: 1296S, 1997.

Bruening KS, Gilbride JA, and Passannante MR. The Child & Adult Care Food Program: Dietary intake and three health outcomes in urban preschoolers attending day care. J. Amer. Diet. Assoc., 97: A-89, 1997.

Stearns-Bruening, K. Implementing active learning experiences in a didactic dietetics course: Assessing student outcomes. J. Amer. Diet. Assoc., 100: A- 44, 2000.

Stearns-Bruening K, Clawson MA. Food security and child development outcomes in young children: A pilot study. J. Amer. Diet. Assoc., 100: A- 65, 2000.

Giovanetti EC, Dellefave D, Bruening KS. Qualitative analysis of state day care center nutrition regulations. J. Amer. Diet. Assoc., 100: A-107, 2000.

Plante MLK, Bruening KS. Supper meal improves diets of children at nutritional risk. J. Amer. Dietet. Assoc. , 104: A-42, 2004.

Presentations:

Stearns Bruening K. Nutritional needs of AIDS patients in the community. New Jersey Nutrition Council/Rutgers Cooperative Extension, June 1988.

Stearns Bruening K. Roundtable discussion: Developing an approved preprofessional practice program. New York State Dietetic Association Annual Meeting, 1992.

Stearns Bruening K, Touger-Decker R, O'Sullivan Maillet J, and Passannante M. Validation of a food frequency instrument for diet assessment of young children attending day care. Presented at the Harvard School of Public Health Second International Conference on Dietary Assessment Methods, Boston, MA, January 1995.

Stearns Bruening K. Nutrition for the nurse-midwifery client. UMDNJ Nurse-Midwifery Program, September 1995.

Stearns Bruening K. Nutrition for Health Promotion in Children and Adults. UMDNJ Graduate Nurse Practitioner Program, Stratford, NJ via video teleconferencing, June 1996.

Stearns Bruening K. Nutrition in the Primary Care of Women. UMDNJ Nurse Midwifery Program, Newark, NJ, September, 1996 and 1997.

Stearns Bruening K. Nutrition and Immunity. UMDNJ MS Physician Assistant Program, Newark, NJ, October 1996.

Stearns Bruening K. The Child and Adult Care Food Program: Diet and Three Health Outcomes in Urban Preschoolers Attending Day Care. Poster session presented at the 1997 Annual Meeting of the American Dietetic Association, October 29, 1997, Boston, MA.

Stearns Bruening K. Redesign: Applying the New Accreditation/Approval Standards to a Coordinated Dietetics Program. Area VII Meeting, Dietetic Educators of Practitioners. Latham, NY, April 6-7, 1998.

Stearns Bruening K. Applying the New Accreditation/Approval Standards - Redesigning Coordinated Programs for

Future Practice Roles. Annual Meeting of the American Dietetic Association. October 21, 1998, Kansas City, MO.

Stearns Bruening K & Mellisa A. Clawson. Diet Quality & Child Development Outcomes in Young Children: Pilot Study Report. Success By 6 Policy Council, United Way of Central New York, February 7, 2000.

Stearns Bruening K. The Learning Model: A Student-Centered Approach to Learning. Area VII Meeting, Dietetic Educators of Practitioners. Latham, NY, April 10-11, 2000.

Stearns Bruening K. Preceptor Training Workshop: Effective Clinical Training. Program approved for two hours of Continuing Professional Education, level II. Presented Sept. 2000- Jan. 2001 at Van Duyn Home & Hospital, Community General Hospital, Onondaga Co. Health Dept. WIC Program, Syracuse Veteran's Administration Medical Center, SUNY Upstate Medical University Hospital, and Crouse Hospital.

Stearns Bruening K. CACFP Improves the Diet and Health of Children. Child & Adult Care Food Program National Professional Association Conference. New York, NY: March 26, 2002.

Stearns Bruening K, Pietropaoli M. The Female Athlete Triad. Skaneateles Central Schools Athletic Department, Parent Support Group. Skaneateles, NY: November 19, 2002.

Stearns Bruening K, Pietropaoli M, Murphy E. The Female Triad Syndrome. Skaneateles Central High School girls. Skaneateles, NY: March 7, 2003.

Stearns Bruening K. Implementation of a child obesity intervention program in central New York. Syracuse University College of Human Services & Health Professions Board of Visitors. Syracuse, NY: April 25, 2003.

Stearns Bruening K. Child hunger and child obesity in Central New York. Central NY Dietetic Association. Jamesville, NY: June 4, 2003.

Stearns Bruening K. Childhood obesity and obesity prevention. Central New York Council on Adolescent Pregnancy 25th annual conference. Liverpool, NY: November 3, 2003.

Stearns Bruening K. Child overweight: Some thoughts for early childhood professionals. Keynote Address. Mohawk Valley Community Action Agency. Utica College, August 6, 2004.

Stearns Bruening K. Eating our way to obesity. Mid-Atlantic Regional Conference of American College of Sports Medicine. Bushkill, PA, November 2004.

Stearns Bruening K. Childhood and adolescent efforts. *A Community's Call to Action: Obesity in Onondaga County*. OnCenter, Syracuse, NY. November 17, 2004.

Stearns Bruening, K. Healthy eating for youth. Catholic Charities, Toomey Residential Services. Syracuse, NY. June 22, 2005.

Stearns Bruening K and Boenheim J. The world's healthiest breakfast: Kick-off for employer teams for the CNY Heart Walk. Genesee Grande Inn, Syracuse, NY. October 19, 2005.

Stearns Bruening K. Nutrition and hospitality management at Syracuse University. Blue Mountain Lake, NY: Minnowbrook Conference Center, College of Human Services and Health Professions Faculty Retreat. October 22, 2005.

Stearns Bruening K. Implementation of a child weight intervention program. Kingston, NY: Mid-Hudson Family Practice Institute. November 18, 2005.

Stearns Bruening K. Program Assessment Reports. Commission on Accreditation for Dietetic Education (CADE)

Program Reviewer Training. Chicago, IL: July 2006.

Stearns Bruening K. School-Based Programs: What is the Evidence? Syracuse, NY: OnCenter Convention Center, Working Together for a Fit CNY: A Free Teaching Day on Community and Medical Solutions for Obesity. Sponsored by the Commission for a Healthy Central NY. September 29, 2006.

Stearns Bruening K. Reality Nutrition for Hockey Players. Skaneateles, NY. Sponsored by Skaneateles Varsity Hockey Boosters. December 3, 2006.

Stearns Bruening K. CADE 101. Albany, NY: Dietetic Educators of Practitioners, Area VII, April 8, 2007.

Stearns Bruening K. Program Reviewers: The Eyes and Ears of CADE. Commission on Accreditation for Dietetic Education (CADE) Program Reviewer Training. Chicago, IL: July 2006.

Stearns Bruening K. 2008 CADE Standards: Translating Vision into Reality. Albany, NY: Dietetic Educators of Practitioners, Area VII, April 10, 2008.

Stearns Bruening K. Child Obesity: What does the evidence tell us? Syracuse University Center for Health & Behavior, November 13, 2009.

Stearns Bruening K. Public health nutrition. CNY MPH program, SUNY-Upstate Medical University. December 2, 2009.

Editorial

Manuscript review, Topics in Clinical Nutrition, 1991, 2003, 2005, 2008

Book review, Topics in Clinical Nutrition, 1992

Review of prospectus for medical nutrition therapy textbook for Wadsworth Publishing Co., Atlanta, GA, 1998

Continuing Education

April 1996

Educational Survival Strategies for the 21st Century, Dietetic Educators of Practitioners Area 7 Meeting, Newport, RI. Included 5 CE hours on problem-based learning in dietetic education and 1.5 CE hours on outcomes research.

September 1996

Introduction to PowerPoint, UMDNJ Technology Training Program.

October 1996

Clinical Performance Assessment Using Standardized Patients, UMDNJ-NJ Medical School Office of Education.

January 1997

World Wide Web and Electronic Publishing I, UMDNJ Technology Training Program.

April 1997

Educating for Future Practice, Dietetic Educators of Practitioners Area 7 Meeting, Albany, NY. Included 5 CE hours on new educational competencies for entry level dietitians and workshop on developing competency-based learning experiences for community nutrition practice.

April 1998

Redesigning Programs for New Standards for Accreditation/Approval. Dietetic Educators of Practitioners Area 7 Meeting, Latham, NY.

April 1999

Dietetic Educators of Practitioners Area 7 Meeting, Latham, NY.

April 2000	<i>Improving Student Learning in Dietetics Education.</i> Dietetic Educators of Practitioners Area 7 Meeting, Latham, NY.
April 2001	<i>Dietetics in the New Millenium.</i> Dietetic Educators of Practitioners Area 7 Meeting, Newton, MA.
November 2001	<i>Item Writing Workshop,</i> American College Testing, Inc. & Commission on Dietetic Registration, Chicago, IL.
April 2002	<i>The Ins and Outcomes of Nutrition.</i> Dietetic Educators of Practitioners Area 7 Meeting, Providence, RI.
May 2002 - June 2003	Project Big Chalk Syracuse University Faculty Computing & Media Services
May 2002 - May 2003	Blackboard Pilot Syracuse University Faculty Computing & Media Services
March 2004	Certificate of Training in Childhood and Adolescent Weight Management Commission on Dietetic Registration Chicago, IL
January 2005	Leadership Training Institute American Dietetic Association St. Petersburg, FL
March 2009	Conducting Performance Evaluations Syracuse University Department of Human Resources
June 23-25, 2009	Evidence Analyst Training American Dietetic Association Chicago, IL

Major Teaching Responsibilities:

Undergraduate courses:

Nutrition (Montclair State University, 1987-1990); sole instructor
 Nutrition I (New York University, 1990-1992); co-taught with B. Wardley
 Nutrition for Health (Syracuse University, summer 2003); sole instructor
 Food and People (Montclair State University, 1988-1990); sole instructor
 Advanced Nutrition (Montclair State University, 1989); sole instructor
 Diet Therapy (Montclair State University, 1988-1990); sole instructor
 Nutrition Counseling (Montclair State University, 1989); sole instructor
 Dental Hygiene Nutrition (UMDNJ-SHRP, 1994-1996)co-taught with R. Touger-Decker 1994-95; sole instructor 1995-96
 Preclinical & Administrative Dietetic Experience (Syracuse University, 1998 to 2002 sole instructor
 Practice of Dietetics (Syracuse University, 1998 to present); sole instructor
 Diet in Disease (Syracuse University, 1999 to present); sole instructor
 Dietetic Experience III (Long Term Care/ Rehab), Syracuse University, 2000, sole instructor
 Food Service Management Experience, Syracuse University, 2000; course coordinator

Community Dietetic Experience (Syracuse University, 2000), course coordinator
Dietetic Experience IV (Acute Care), Syracuse University, 2001, course coordinator
Dietetics Staff Relief/Specialty Elective (Syracuse University) 2001, course coordinator
Weight Management, Obesity, & Disordered Eating (Syracuse University, 2004 to present); sole instructor
First-Year Gateway (Syracuse University, 2008-present); small group leader

Graduate courses:

Clinical Practice in Dietetics (New York University, 1990-1993); co-taught with J. Gilbride 1990-91; sole instructor 1991-93
Field Experience in Dietetics (New York University, Summer 1991 and 1992); sole instructor
Advanced Medical Nutrition I and II (New York University, 1991-1993), team taught with J. O'Sullivan Maillet, R. Touger-Decker, and J. Cimino
Applications in Clinical Nutrition (Syracuse University, 1998 to 2009), sole instructor
Diet in Disease (Syracuse University, 1999 to 2009); sole instructor
Science, Culture, & Health Impact of Breastfeeding (Syracuse University, 2000-2002) co-taught with Dr. Denise Cote-Arsenault, S.U. School of Nursing)
Dietetic Practice Across the Lifecycle (Syracuse University, 2004 to present); sole Instructor
Weight Management, Obesity, & Disordered Eating (Syracuse University, 2004 to present); sole instructor