

Jeffrey R. Stowell, Ph.D.*Curriculum Vita*

Eastern Illinois University
 Department of Psychology
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EDUCATION

Year	Degree	Major	Institution
1999	Ph.D.	Psychobiology	The Ohio State University
1996	M.S.	Psychology	Brigham Young University
1993	B.S.	Psychology	Brigham Young University
1989	A.A.	Psychology	Ricks College

PROFESSIONAL EXPERIENCE**Teaching Experience**

- 2011 – present. Full Professor of Psychology, EIU.
- 2006 - 2011. Associate Professor of Psychology, EIU.
- 2000 - 2006. Assistant Professor of Psychology, EIU.
- 1997 - 1999. Teaching associate for introductory psychology, OSU.
- 1995 - 1996. Teaching associate for research methods, BYU.
- 1994. Teaching associate for Sensation & Perception, BYU.

Research Experience

- 2000 – present. Principle investigator on studies of stress and anxiety.
- 1999 – 2000. Postdoctoral researcher for Dr. Janice Kiecolt-Glaser, OSU.
- 1996 - 1999. Research assistant for Dr. Gary G. Berntson, OSU.
- 1997 - 1998. Supervisor at OSU College of Behavioral and Social Sciences Survey Research Unit.
- 1995 - 1996. SAS statistical analyst, Research Information Division, Corporation of the President, SLC, UT.
- 1994 - 1996. Research assistant for Dr. George J. Bloch, BYU.

Research Interests

- Relationships between stress, endocrine, and nervous system function; specifically, the mechanisms by which stress influences the endocrine system and subsequent health outcomes.
- How behavioral responses that accompany stress, such as coping strategies, moderate stress-health relationships.
- Use of technology to facilitate student learning.

* Denotes Undergraduate Student Author

PUBLICATIONS - JOURNAL ARTICLES

- Stowell, J. R., Addison, W. E., & Smith, J. (2011). *Comparison of online and classroom-based student evaluations of instruction*. *Assessment in Higher Education*.
- Gouin, J. P., Carter, C. S., Pournajafi-Nazarloo, H., Glaser, R., Malarkey, W. B., Loving, T. J., Stowell, J. R., & Kiecolt-Glaser, J. K. (2010). Marital behavior, oxytocin, vasopressin, and wound healing. *Psychoneuroendocrinology*, *35*(7), 1082-1090. doi: 10.1016/j.psyneuen.2010.01.009
- Stowell, J. R., Oldham*, T., & Bennett*, D. (2010). Using student response systems (“clickers”) to combat conformity and shyness. *Teaching of Psychology*, *37*(2), 135 - 140. doi: 10.1080/00986281003626631
- Stowell, J. R., & Bennett*, D. D. (2010). Effects of online testing on student exam performance and test anxiety. *Journal of Educational Computing Research*, *42*(2), 161-171. doi: 10.2190/EC.42.2.b
- Gouin, J.-P., Glaser, R., Loving, T. J., Malarkey, W. B., Stowell, J., Houts, C., et al. (2009). Attachment avoidance predicts inflammatory responses to marital conflict. *Brain, Behavior, and Immunity*, *23*(7), 898-904. doi: 10.1016/j.bbi.2008.09.016
- Graham, J. E., Glaser, R., Loving, T. J., Malarkey, W. B., Stowell, J. R., & Kiecolt-Glaser, J. K. (2009). Cognitive word use during marital conflict and increases in proinflammatory cytokines. *Health Psychology*, *28*(5), 621-630. doi: 10.1037/a0015208
- Stowell, J. R., Hedges, D., Ghambaryan, A., Key, C., & Bloch, G. J. (2009). Validation of the Symptoms of Illness Checklist (SIC) as a tool for health psychology research. *Journal of Health Psychology*, *14*, 68-77. doi: 10.1177/1359105308097947
- Stowell, J. R., Tumminaro*, T., & Attarwala*, M. (2008). Moderating effects of coping on the relationship between test anxiety and negative mood. *Stress & Health*, *24*, 313-321. doi: 10.1002/smi.1186
- Stowell, J. R. & Nelson, J. M. (2007). Benefits of electronic audience response systems on student participation, learning, and emotion. *Teaching of Psychology*, *34*, 253-258. doi: 10.1080/00986280701700391
- Stowell, J. R. (2006). Using Peer Review in Honors Courses. *Honors in Practice*, *2*, 97-100.
- Kiecolt-Glaser, J. K., Loving, T. J., Stowell, J. R., Malarkey, W. B., Lemeshow, S., Dickinson, S. L., & Glaser, R. (2005). Hostile marital interactions, proinflammatory cytokine production, and wound healing. *Archives of General Psychiatry*, *62*, 1377-1384. doi: 10.1001/archpsyc.62.12.1377
- Bosch, J. A., De geus, E. E., Ring, C., Nieuw Amerongen, A. V., & Stowell, J. R. (2004). Academic examinations and immunity: academic stress or examination stress? [A reply to letter to the editor] *Psychosomatic medicine*, *66*, 625-626.
- Stowell, J. R. (2003). Use and abuse of academic examinations in stress research. *Psychosomatic Medicine*, *65*, 1055-1057. doi: 10.1097/01.psy.0000097349.84109.1f
- Stowell, J. R., Kiecolt-Glaser, J. K., & Glaser, R. (2001). Perceived stress and cellular immunity: when coping counts. *Journal of Behavioral Medicine*, *24*(4), 323-339.
- Stowell, J. R., Berntson, G. G., & Sarter, M. (2000). Attenuation of the bidirectional effects of chlordiazepoxide and FG 7142 on conditioned response suppression and associated cardiovascular reactivity by loss of cortical cholinergic inputs. *Psychopharmacology*, *150*(2), 141-149.
- Berntson, G. G., & Stowell, J. R. (1998). ECG artifacts and heart period variability: Don't miss a beat! *Psychophysiology*, *35*, 127-132.

PUBLICATIONS - BOOK CHAPTERS

- Stowell, J. R., Robles, T. & Kane, H. (in press). Psychoneuroimmunology: Mechanisms, individual differences, and interventions In A. M. Nezu & C. M. Nezu (Eds.), *Handbook of psychology* (Vol. 9): John Wiley & Sons.
- Stowell, J. R., & Allan, W. D. (In press). Cybertesting behaviors. In Z. Yan (Ed.), *Encyclopedia of Cyber Behavior*. IGI Global.
- Dunn, D. S., Wilson, J. H., Freeman, J. E., & Stowell, J. R. (2011). An Overview of Best Practices for Using Technology to Improve Teaching and Learning in Psychology. In D. S. Dunn, J. C. Wilson, J. Freeman & J. R. Stowell (Eds.), *Getting Connected: Best Practices for Technology-Enhanced Teaching and Learning in Psychology*. New York: Oxford.

- Stowell, J. R. (2011). Emerging Technologies to Improve Teaching and Learning in a Digital World. In D. S. Dunn, J. C. Wilson, J. Freeman & J. R. Stowell (Eds.), *Getting Connected: Best Practices for Technology-Enhanced Teaching and Learning in Psychology*. New York: Oxford.
- Millis, K., Baker, S., Blakemore, J., Connington, F., Harper, Y., Hung, W.-C., Kohn, A., & Stowell, J. R. (2010). Teaching and learning in a digital world. In D. F. Halpern, B. S. Anton, L. T. J. Benjamin, B. C. Beins, C. T. Blair-Broeker, C. L. Brewer, W. Buskist, R. Hailstorks, L. Lewis, C. Rocheleau & V. Whittlesey (Eds.), *Undergraduate education in psychology: A blueprint for the future of the discipline*. Washington, DC: APA.
- Stowell, J. R. (2008). Stress and Stressors. In S. F. Davis & W. Buskist (Eds.), *21st century psychology: A reference book*. (pp. 175-183): Thousand Oaks, CA: Sage.
- Stowell, J. R. (2006). College Teaching: My First Few Years. In J. G. Irons, B. C. Beins, C. Burke, W. Buskist, V. Hevern & J. E. Williams (Eds.), *The Teaching of Psychology in Autobiography: Perspectives from Exemplary Psychology Teachers* (Vol. 2, pp. 108-112): Society for the Teaching of Psychology. Retrieved from: <http://teachpsych.org/resources/e-books/tia2006/tia2006.php>
- Stowell, J. R., McGuire, L., Robles, T., & Kiecolt-Glaser, J. K. (2003). Psychoneuroimmunology: Mechanisms, individual differences, and interventions. In A. M. Nezu, C. M. Nezu & P. A. Geller (Eds.), *Comprehensive Handbook of Psychology* (Vol. 9, pp. 75-95): John Wiley & Sons.

EDITED WORKS

- Holmes, J. D., Baker, S. C., & Stowell, J. R. (2011). *Essays from e-xcellence in teaching* (Vol. 10). Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/resources/e-books/eit2010/index.php>
- Dunn, D. S., Wilson, J. C., Freeman, J., & Stowell, J. R. (Eds.). (2011). *Getting Connected: Best Practices for Technology-Enhanced Teaching and Learning in Psychology*. New York: Oxford.
- Keeley, J., Stowell, J., Beins, B., & Buskist, W. (Eds.). (2010). The Teaching of Psychology in Autobiography: Perspectives from Psychology's Exemplary Teachers (Vol. 3). E-book on the Society for the Teaching of Psychology (APA Division 2) website. Retrieved from <http://teachpsych.org/resources/e-books/tia2010/index.php>
- Meyers, S. A., & Stowell, J. R. (2010). *Essays from e-xcellence in teaching* (Vol. 9). Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/resources/e-books/eit2009/index.php>
- Meyers, S. A., & Stowell, J. R. (2009). *Essays from e-xcellence in teaching* (Vol. 8). Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/resources/e-books/eit2008/eit2008.php>
- Meyers, S. A., & Stowell, J. R. (2008). *Essays from e-xcellence in teaching* (Vol. 7). Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/resources/e-books/eit2007/eit2007.php>
- Saville, B. K., Zinn, T. E., Meyers, S. A., & Stowell, J. R. (2007). *Essays from e-xcellence in teaching* (Vol. 6). Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/resources/e-books/eit2006/eit2006.php>
- Howard, C., Buskist W., & Stowell, J. (2007). *The STP guide to graduate student training in the teaching of psychology, 2007*. Retrieved from the Society for the Teaching of Psychology Web site: <http://teachpsych.org/resources/e-books/gst2007/gst07.php>

OTHER PUBLISHED WORKS

- Stowell, J. R. (2012). *Psychology of Learning Syllabus*. Published on the Society for the Teaching of Psychology Web site: <http://teachpsych.org/otrp/syllabi/index.php>
- Stowell, J. R. & Kalat, J. W. (2007). *Test Bank for Kalat's Biological Psychology Ninth Edition*. Belmont, CA: Wadsworth Publishing.
- Stowell, J. R. & Kalat, J. W. (2004). *Test Bank for Kalat's Biological Psychology Eighth Edition*. Belmont, CA: Wadsworth Publishing.

PRESENTATIONS AND WORKSHOPS

- Stowell, J. R. (2011, May). Getting in touch with your students using student response systems ('clickers'). Presentation given at the 18th Annual APS-STP Teaching Institute, Washington, DC.

- Addison, W. E. & Stowell, J. R. (2011, February). The whys and hows of building rapport with students. Presentation given at the 18th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2010, November). Classroom response systems. Workshop given to faculty at Midwestern University, Glendale, AZ.
- Stowell, J. R. (2010, August). Classroom response systems. Workshop given to faculty at Midwestern University, Downer's Grove, IL.
- Stowell, J. R. (2010, April). *In search of the perfect test: Factors that influence students' perceptions and performance on classroom and online tests*. Presentation given at the 82nd Annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Stowell, J. R. (2010, March). *Unveiling the secret of untold wealth on the Society for the Teaching of Psychology web site*. Presentation given at the 17th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2009, November). *Have you lost your mind?* Guest lecture given in Honors Forum, Eastern Illinois University.
- Bruff, D., & Stowell, J. R. (2009, November). *Using clickers in the classroom*. Presented at the Teaching, Learning, and Technology (TLT) Group's Online Institute.
- Stowell, J. R. (2009, October). *Using debates and small group discussions to promote critical thinking and appreciation of diversity*. Presentation given at Hot Topics: Best Practices in Teaching Controversial Issues in Psychology, Atlanta, GA.
- Kite, M., Beins, B., Brewer, C., Chew, S., Worrell, F. et al. (2009, August). *Advancing the Teaching of Psychology: Blueprint for the Future*. Presentation given at the annual meeting of the American Psychological Association, Toronto, Canada.
- Bruff, D., & Stowell, J. R. (2009, April). *Using clickers in the classroom*. Presented at the Teaching, Learning, and Technology (TLT) Group's Online Institute.
- Millis, K. & Stowell, J. R. (2009, February). *Exploring emerging educational technologies*. Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2009, February). *Peer instruction everywhere*. Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2009, February). *Technology enhanced time management: Invest a little, save a lot*. Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Halpern, D. F., Shore, C., Addison, W., Stowell, J. R., Kite, M., Millis, P., & Puccio, P. (2009, February). *The National Conference on Undergraduate Education in Psychology: A blueprint for the discipline's future*. Presentation given at the 16th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2009, February). *Observations from the online classroom*. Presentation given at Communications Day 2009, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2009, January). *Technology-enhanced cheating*. Presentation given at the 2nd annual Online E-workshop of the Society for the Teaching of Psychology, Muncie, IN.
- Stowell, J. R. (2008, October). *Empirical validation of clickers for use in opinion polling*. Presentation given at the Getting Connected: Best Practices in Technology-enhanced Teaching & Learning in Psychology, Atlanta, GA.
- Stowell, J. R. (2008, October). *Emerging technologies to improve teaching and learning in a digital world*. Keynote address given at the Getting Connected: Best Practices in Technology-enhanced Teaching & Learning in Psychology, Atlanta, GA.
- Stowell, J. R. (2008, August). *Overview of instructional technology at its best at EIU*. Presentation given at the New Faculty Orientation, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2008, March). *Coping with test anxiety*. Presentation given at the 15th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. & Reedy, M. J. (2008, February). *Universal design: Creating a course up-front to meet diverse learning needs*. Presentation given at the 15th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.

- Stowell, J. R. (2008, February). *Correlates of student success in online courses*. Presentation given at the 6th annual Illinois Online Conference for Teaching and Learning.
- Stowell, J. R. (2008, January). *The Brain*. Presentation about the brain given to 3rd grade class at Carl Sandburg Elementary School, Charleston, IL.
- Stowell, J. R. (2007, November). *Things college students should know about life that aren't found in a psychology textbook*. Presentation given to EIU Psychology Club, Charleston, IL.
- Buskist, W., Smith, R., Ault, R., Hill, W., Schmidt, S. & Stowell, J. R. (2007, August). *Join Us: What Division Two (Teaching) Can do for you*. Presentation given at the annual meeting of the American Psychological Association, San Francisco, CA.
- Stowell, J. R. (2007, March). *What are your students really thinking?* Presentation given at the Regional TurningPoint User Conference, Charleston, IL.
- Stowell, J. R. (2007, March). *Natural Selection Goes KerPlunk!* Presentation given at the 14th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2007, January). *The Brain*. Presentation about the brain given to 2nd grade class at Carl Sandburg Elementary School, Charleston, IL.
- Stowell, J. R. (2006, June). *Why Me Syndrome. Dealing with loss or change in life, recognizing depression, and stress management*. Presentation given at the Emergency Preparedness Fair, Paris, IL.
- Stowell, J. R. (2006, May). *Using Student Response Systems (SRS) to connect with your students*. Presentation given at the Faculty Summer Institute on Learning Technologies, University of Illinois at Urbana-Champaign.
- Stowell, J. R. (2006, May). *The Brain*. Presentation about the brain given to 3rd grade class at Carl Sandburg Elementary School, Charleston, IL.
- Stowell, J. R., Sweeney, N., and Grindley, A. (2006, April). *Application of the Written Emotional Disclosure Paradigm to Test Anxiety*. Presentation given at the Rocky Mountain Psychological Association meeting, Park City, UT.
- Stowell, J. R. (2006, April). *Benefits of technology-delivered continuing education courses*. Presentation given at the Continuing Education Faculty Reception, Eastern Illinois University, Charleston, IL
- Stowell, J. R. (2006, March). *Virtual mental telepathy: Benefits of electronic student response systems*. Presentation given at the 13th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2006, February). *Virtual mental telepathy: Benefits of electronic student response systems*. Presentation given at the 4th Illinois Online Conference for Teaching and Learning.
- Stowell, J. R. (2005, December). *Remote control students!?! What were they thinking?* Presentation given at LCBAS Brown Bag Luncheon, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2005, May). *Creating FLASH Animation Objects for the Classroom and Internet in a Swish, Without FLASH*. Workshop given at the Faculty Summer Institute on Learning Technologies, University of Illinois at Urbana-Champaign.
- Stowell, J. R. (2005, April). *The Brain*. Presentation about the brain given to 2nd grade class at Carl Sandburg Elementary School, Charleston, IL.
- Stowell, J. R. (2005, April). *Using Database-driven Web Sites to Enhance Course Communication and Management*. Presentation given at the College of Sciences Excellence in Use of Technology Award Winner Showcase, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2005, March). *Teaching the events of the action potential through song*. Presentation given at the 12th Annual Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2005, March). *Singing, Dancing, And Salivating: How To Get Students Involved In Active Learning*. Presentation given to a Faculty Development Focus Group, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2005, February). *Using Database-driven Web Sites to Enhance Course Communication and Management*. Internet presentation given at 3rd annual Illinois Online Conference for Teaching and Learning (www.ilonlineconf.org)
- Stowell, J. R. (2004, September). *Student assessment: What were they thinking?* Presentation given at a Graduate Assistantship Teaching Development Session, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2004, May). *Creating FLASH Animation Objects for the Classroom and Internet in a Swish, Without FLASH*. Workshop given at the Faculty Summer Institute on Learning Technologies, University of Illinois at Urbana-Champaign.

- Stowell, J. R. (2004, March). *The psychophysiology of stress (and what you can do about it)*. Presentation given March 30, 2004 to the Psychology Club, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2004, February). *Creating FLASH animation objects for the classroom in a SWISH, without FLASH*. Presentation given at the 11th Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2004, February). *Create FLASH animation with SWISH in a flash*. Presentation given at the 2nd annual Illinois Online Conference for Teaching and Learning.
- Stowell, J. R. (2004, February). *The Brain*. Presentation given to 1st grade class at Carl Sandburg Elementary School, Charleston, IL.
- Stowell, J. R. (2003, November). *Changes In Mood And Salivary Cortisol When Writing About The Terrorist Attacks Of 9/11*. Presentation given at Psychology Department Colloquium Series, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2003, April). *Emotional Changes Associated With Writing Personal Essays About The Terrorist Attacks Of 9/11*. Presentation given at the Rocky Mountain Psychological Association meeting, Denver, CO.
- Stowell, J. R. (2003, March). *Too much stress?* Presentation given to graduate students in PE Stress Management Course, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2003, February). *The Psychology of Online Teaching*. Presentation given at the 1st annual Illinois Online Conference for Teaching and Learning.
- Stowell, J. R. (2003, February). *Create FLASH with SWISH in a flash*. Presentation given at the Center for Academic Technology Support, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2003, November). *The Psychology of Online Teaching*. Presentation given at the Center for Academic Technology Support, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2002, September). *How to Connect Content with Reality*. Presentation given at a Graduate Assistantship Teaching Development Session, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. & Bloch, G. (2002., April). *The Symptoms of Illness Checklist: A relation Between Stress and Health*. Presentation given at the Rocky Mountain Psychological Association meeting, Park City, UT.
- Slocum, P., & Stowell, J. R. (2001, February). *The MERLOT Project (Multimedia Educational Resources for Learning and Online Teaching)*. Presentation given at the 8th Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Stowell, J. R. (2001, January). *The Brain*. Presentation given to kindergarteners at Mark Twain Elementary School, Charleston, IL.
- Stowell, J. R. (2000, September). *Everything you wanted to know about graduate school (and more)*. Presentation given at a Psi Chi meeting, Eastern Illinois University, Charleston, IL.
- Stowell, J. R. (2000, March). *When stress is bad for your brain and body*. Presentation given March 5, 2000 at Worthington Presbyterian Church, Worthington, OH.
- Stowell, J. R., McGuire, L., & Kiecolt-Glaser, J. (2000, January). *Introduction to psychoneuroimmunology*. Presentation given to a Health Psychology class, The Ohio State University, Columbus, OH.
- Stowell, J. R. (1999, April). *Anxiety and the Basal Forebrain: Effects of cholinergic lesions and benzodiazepine receptor ligands on conditioned emotional responding*. Presentation given at the College of Wooster, Wooster, OH.
- Stowell, J. R. (1999, April). *Life as a graduate student*. Presentation given at the College of Wooster, Wooster, OH.

POSTERS

- Stowell, J. R. (2011, May). Risks of offering online open-book quizzes in face-to-face courses. Poster presented at the 18th Annual APS-STP Teaching Institute, Washington, DC.
- Stowell, J. R. (2008, August). *Assessment of the group polarization effect in classroom debates*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Stowell, J. R. (2007, August). *Selection of a Course Management System for Online Courses*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Stowell, J. R., Kiecolt-Glaser, J. & Glaser, R. (2000, May). *Coping styles, perceived stress levels, and T-lymphocyte responses to mitogens*. Poster presented at PNIRS annual meeting, Cape Fear, NC.

- Stowell, J. R., Berntson, G. G., & Sarter, M. (1999). Lesions of basal forebrain cholinergic neurons eliminate the modulatory effects of benzodiazepine receptor ligands on behavioral and cardiovascular reactions in an anxiogenic paradigm. *Society for Neuroscience Abstracts*, 25, 1.4.
- Stowell, J. R., Sarter, M., & Berntson, G. G. (1997). Basal forebrain cholinergic neurons regulate the cardiovascular correlates of the anxiogenic effects of FG 7142 in a safety signal withdrawal paradigm. *Society for Neuroscience Abstracts*, 23, 168.4.
- Bloch, G. J., Kohlert, J. G., Butler, P., Stowell, J., Huber, S., Johnson, W., Sovereign, J., Kuemmerle, N., Walden, M., Fleming, D. (1994). LHRH microinjected into the medial preoptic nucleus (MPN) increases sexual behavior in the male rat. *Society for Neuroscience Abstracts*, 20, 1227.

UNDERGRADUATE-SPONSORED RESEARCH PRESENTATIONS

- Anderson, A. N. (2011, April). *The relationship between perceived stress and eating habits*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Richmond, IN.
- Estes, E. A. (2011, April). *The effects of aerobic exercise on memory*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Richmond, IN.
- Fernandez, W. (2011, April). *Reading comprehension of students using E-readers*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Richmond, IN.
- Fernandez, W. (2011, March). *Reading comprehension of students using E-readers*. Presentation given at the National Conference on Undergraduate Research, Ithaca, NY.
- Balletto, C. T. (2010, April). *The Effects of Verbal Intonation on Recall of Emotional and Non-Emotional Words*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Hussey, M. A. (2010, April). *The Effects of Gender and Face to Face vs. Online Conversations on Personal Disclosure*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Petrosino, P. M. (2010, April). *The Effects of a First Impression on a Person's Judgment*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Kercheval, J. (2009, April). *Spirituality and the Correlation of Mood and Stressful States on Life Events*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.
- Pajak, N. L. (2009, April). *The Effects of Optimism and Satisfaction with Choice*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.
- Rose J. (2009, April). *Effect of Alcohol Cues on Ratings of Attractiveness for Simulated Myspace Profiles*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.
- Frederick, C. (2008, April). *Effects of subliminal auditory priming*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Crestview Hills, KY.
- Jackson, J. (2008, April). *Effects of romantic relationships on GPA*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Crestview Hills, KY.
- Kennedy, J. (2007, April). *Alcohol and school performance*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.
- Eissler, K. (2007, April). *Time variations based on test anxiety*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.
- Holder, T. R. (2007, April). *Pulling the trigger to drink*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Charleston, IL.
- Grissom, E. M. (2006, May). *Impact of Apolipoprotein E on visual learning ability*. Presentation given at the Midwestern Psychological Association meeting, Chicago, IL.
- Grissom, E. M. (2006, April). *The Impact of Apolipoprotein E on visual learning ability of mice*. Presentation given at the 17th Annual Illinois Student Research Conference, Charleston, IL.
- Grissom, E. M. (2006, April). *Impact of Apolipoprotein E on visual learning ability*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Haberer, T. M. (2006, April). *Effects of depression on emotional memory involving a Stroop Task*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Lamplsey, J. (2005, May). *Seasonality and sensitivity to phototherapy: Testing the melatonin hypothesis*. Poster presented at the Psi Chi poster session of the Midwestern Psychological Association Meeting, Chicago, IL.

- Doty, M. A. (2005, April). *Storage of semantically opposite words in the brain*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.
- Lampley, J. (2005, April). *Seasonality and phototherapy*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.
- Thomas, K. (2005, April). *Environmental and physiological factors that influence college students' perception of stress*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Franklin, IN.
- Doty, M. (2004, April). *An analysis of Stress's Effect on Grammar*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Lampley, J. (2004, April). *The effect of depression on short-term memory*. Presentation given at the Mid-America Undergraduate Psychology Research Conference, Evansville, IN.
- Fry, R. (2003, April). *Effects of OCD on heart rate and attention*. Poster presented at the Mid-America Undergraduate Psychology Research Conference, KY.

GRANTS

- 2011 Faculty Development Grant
- 2010 John S. & Margaret Redden Fund for Improvement of Undergraduate Instruction
- 2008 Faculty Development Mini-grant
- 2005 EIU College of Sciences Small Grant
Supervisor of student who received an Undergraduate Research Award
John S. & Margaret Redden Fund for Improvement of Undergraduate Instruction
Faculty development mini-grant
- 2004 EIU College of Sciences Small Grant
Supervisor of student who received an Undergraduate Research Award
- 2003 EIU College of Sciences Small Grant
John S. & Margaret Redden Fund for Improvement of Undergraduate Instruction
- 2002 EIU College of Sciences Small Grant
- 2001 EIU TEDE Grant for Professional Development
EIU TEDE Grant for Technology Delivered Course
EIU TEDE Grant for Technology Delivered Course
EIU College of Sciences Small Grant
EIU Council on Faculty Research Grant
College of Sciences Special Projects Grant
- 2000 EIU Faculty Development Mini-grant
EIU Psychology Department Grant
EIU College of Sciences Small Grant

PROFESSIONAL AFFILIATIONS

- APA Division 2, Society for the Teaching of Psychology
APA Division 38, Health Psychology

AWARDS & HONORS RECEIVED

- Department of Psychology Spencer-McGown-Wilson Outstanding Faculty Award, 2010
Nominee for the U.S. Professors of the Year Award, 2009, 2011
Distinguished Honors Faculty nomination, 2011, 2010, 2009, 2008, 2007, 2006, 2005, 2004, 2003, 2001
EIU Achievement and Contribution Award (Balanced), 2010, 2008
Excellence in the Use Technology (Research) Award, 2007
McGuffey Award in Humanities/Social Sciences for James Kalat's Biological Psychology Textbook (supplement author), 2007
TurningPoint Regional Innovation Award, 2007
Society for Teaching of Psychology Early Career Teaching Award, 2006
EIU Achievement and Contribution Award (Teaching), 2006, 2005, 2004, 2003, 2001

College of Sciences Teaching Excellence Award, 2005
Excellence in the Use of Technology (Teaching) Award, 2004
Psychology Department W. P. McGown Outstanding Faculty Award, 2004
Panhellenic Council Faculty/Staff of the Month Award, 2003
School of Continuing Education Outstanding Achievement in Technology Award, 2003
Distinguished Honors Faculty Award, 2002
Psi Chi chapter Faculty of the Year Award, 2011, 2002
Selected to represent IBHE at MERLOT conference, 2000
Graduate Student Awards

- Psychology 100 Area Citizenship Award, 1999
- Herbert Toops Dissertation Research Award, 1999
- Preparing Future Faculty Fellowship, 1999
- The Ohio State University Psychology Department Fellowship, 1997
- The Ohio State University Graduate Student Fellowship, 1996

SERVICE

Professional Service

- Internet Editor for Society for the Teaching of Psychology, 2007-present
- Reviewer for Division 2 journal "Teaching of Psychology", 2003-present
- APA Division 2 (Teaching of Psychology) Program Reviewer, 2001-2008
- Mid-America Undergraduate Psychology Research Conference webmaster, 2001-present
- Ad hoc reviewer for various journals

University Service

- Faculty Senate, 2010-present
- EIU Institutional Animal Care and Use Committee, 2007-present
- Academic Technology Advisory Committee, 2004-present
- CATS TechNet Trainer, 2007-2009
- Council on Academic Affairs committee member, 2005-2008
- Professor Laureate Selection Committee Chair, 2008
- EIU Scholastic Bowl reader, 2008
- Faculty Mentoring Program, 2008
- Honors College Presidential Scholar Interviewer, 2006
- Distance Learning Ad-hoc Committee, 2005
- Judicial Board, 2003-2005
- WEIU Radio/TV Advisory Board, 2002-2005
- Honors Day Panelist, 2004, 2003, 2002
- University Library Advisory Board, 2000-2003
- Board of Trustees portfolio evaluator, 2003

College Service

- College of Sciences Technology Committee, 2005-present
- College of Sciences Teaching Excellence Award Committee, 2006-2008
- College of Sciences Research Credit Units Committee member, 2004
- Chemical Hygiene Focus Group member, 2001-2002
- Science Fair Volunteer, 2002
- Graduate Student Investigator Award Committee, 2001

Department Service

- Curriculum committee 2003-present (Chair 2006-present)
- Technology/equipment committee 2008-present
- Assessment committee 2006-present
- Webmaster, 2003-present
- Research Methods poster judge 2000-present

- Departmental Personnel Committee, alternate 2007-2008
- Psy 1879 Research committee, 2005
- Facilities use/planning committee 2000-2001, 2003-2005
- Representative for TENG internet upgrade, 2003-2004
- Recorder, 2002-2004
- Faculty reader for portfolio reviews in departmental honors program, 2001
- Equipment Committee, 2000-2003
- Enrollment Management Committee, 2000-2003