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What's love got to do with it? Could it lead us to the "Great Colleagues" triangle?

Jamie Comstock, *Butler University*



What's love got to
do with it?

Could it lead us to the “Great Colleagues” Triangle?

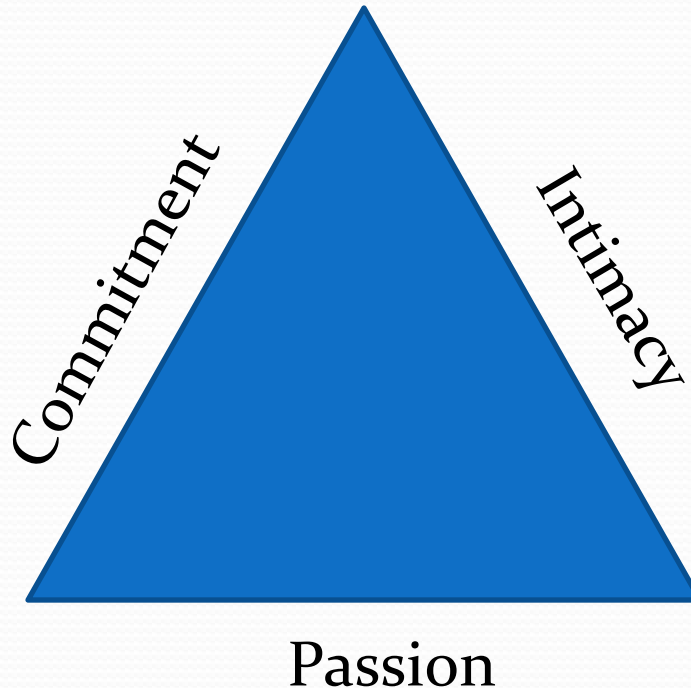
Characteristics of Intimate Relationships

- What it means to be “close”
 1. Partners like to spend time together
 2. Partners feel like they mutually influence one another – giving and receiving help and advice
 3. Get positive feelings from the relationship
 4. Feel they know and understand each other (share confidences)
 5. Want their relationship to continue

The Love Triangle (Robert Sternberg)

Three dimensions of love

- Intimacy
- Passion
- Commitment



Intimacy Dimension Emphasizes

- Mutual support
- Being comfortable in relationship
- Counting on each other in times of need
- Open Communication
- Trust and understanding between each other

Commitment Dimension Emphasizes

- Confidence in the stability of the relationship
- Commitment to maintaining the relationship
- Sense of responsibility to each other
- Feeling that the relationship is permanent
- Relationship seen as a good decision

High level of Commitment involves “Commitment to a joint identity”

This level of Commitment Requires partners to:

- Expend effort to become knowledgeable about partner & relationship
- Devote time to the relationship
- Make future plans about the relationship
- Speak favorably about the relationship
- Defend relationship against destructive forces

Passion Dimension Emphasizes

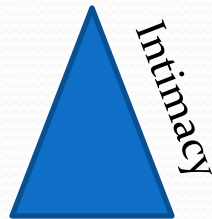
- Having partner who is good sexually
- Being sexually attracted to your partner
- Wanting to be with your partner more than anyone else
- Having a partner who stimulates you sexually
- Being close to your partner sexually

Love Styles

Non-love



Liking



Infatuation

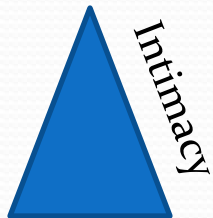


Passion

Empty Love



**Romantic
Love**



Passion

**Fatuous
Love**

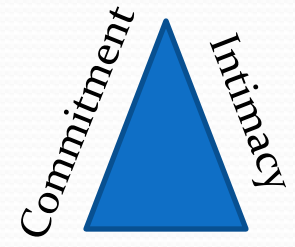


Passion

**Companionate
Love**



**Consummate
Love**



Passion

What if we were talking about Colleague Styles?

- How would the intimacy dimension change?
- How would the commitment change?
- How would we re-word the description of passion to be passion for our work, not for a person?

Healthy Passion for Your Work Emphasizes

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The Great Colleagues Triangle

Three dimensions of Colleagueship

- Close Connections
- Commitment
- Passion for the mission

