

Extension Associate Professor

Utah State University

Nutrition, Dietetics and Food Sciences

Utah State University Food \$ense

Utah State University Supplemental Nutrition Assistance Program – Education (SNAP-Ed)

8749 Old Main Hill

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EDUCATION

- 1998 **Master of Science**, Utah State University, Logan, Utah.
Major: Human Environments, emphasis in Family and Consumer Sciences Education.
- 1996 **Bachelor of Science**, Utah State University, Logan, Utah.
Major: Family and Consumer Sciences Education.

CERTIFICATIONS

- 2000 **Food Safety Managers Certification**, Utah State University, Nutrition and Food Sciences Department, Utah Department of Health.
- 2000 **Certified Home Buyer Training**, Fannie Mae Corporation.
- 2000 **Grant Writing Certification**, Utah Association for Adult, Community and Continuing Education.
- 1999 **Certified in Family and Consumer Sciences**, American Association of Family and Consumer Sciences, Alexandria, Virginia.
- 1996 **Utah Basic Professional Secondary Teaching Endorsement**, Utah State Board of Education.

PROFESSIONAL EXPERIENCE

- 2010-present Extension Associate Professor, Supplemental Nutrition Assistant Program–Education (SNAP-Ed), Food \$ense Director. Utah State University, Logan, Utah.

2005-2010	Extension Associate Professor and Director of Food Stamp Nutrition Education Program (.8 FTE), Utah State University Extension, Logan, Utah.
2004-2005	Extension Associate Professor and Extension Agent, Utah State University Extension, San Juan County, Monticello, Utah.
2000-2004	Extension Assistant Professor and Extension Agent (.8 FTE), Utah State University Extension, San Juan County, Monticello, Utah.
1998-2000	Extension Assistant Professor and Extension Agent, Utah State University Extension, San Juan County, Monticello, Utah.
1996-1998	Teacher, Family and Consumer Sciences, Rocky Mountain Junior High School, Weber School District, Hooper, Utah.
1996	Family and Consumer Sciences Extension Intern, Utah State University Extension, Emery County, Castledale, Utah.
1994-1996	Office Assistant, Work Study Program, Utah State University Extension, Logan, Utah.
1992-1994	Teaching Assistant, Children's House, Utah State University; Logan, Utah.

PROFESSIONAL ASSOCIATIONS– MEMBERSHIP AND ELECTED POSITIONS

- Member, Society of Nutrition Education Behavior.
- Member, Association of SNAP-Ed Nutrition Networks.
- Member, National Extension Association of Family and Consumer Sciences.
- Member, National Epsilon Sigma Phi. National Honorary Fraternity.
- Member, National Extension Association of 4-H Agents.
- Member, Utah Extension Association of Family and Consumer Sciences.
- Member, Utah Association of Family and Consumer Sciences.
- Member, Utah Epsilon Sigma Phi, IOTA Chapter.
- Member, Utah Extension Association of 4-H Workers.

- Member, Utah Association for Adult, Community, and Continuing Education.
- Member, Utah State University Aggie Alumni for San Juan County.

DIRECTED STUDENT LEARNING – SUPERVISION AND MENTORING

Undergraduate Students Class Research Projects

- 2013 JCOM 3320: Class, Participant Research Projects (2. Farmers market project/managers survey of education.
- 2013 JCOM 3320: Class, Participant Research Projects (1. Baby boomer research project for SNAP clientele in Utah.
- 2012 NDFS 4420: Online education cost per participant.
- 2012 NDFS 4420: Food \$ense Kids on-task evaluation.
- 2012 NDFS 4420: Food \$ense Kids parent education.
- 2008 NDFS 4420: Continuing education for Paraprofessionals.
- 2008 NDFS 4420: Disabilities education SNAP-Ed. Pilot.
- 2008 NDFS 4420: Disabilities education with the adaption of SNAP-Ed materials. Pilot.
- 2006 NDFS 4420: Training of paraprofessionals, new hire training).

Undergraduate Student Intern Research Projects- Supervision and Mentoring

- 2013 Recruited, trained, mentored, and supported nine interns from USU. Names and projects: Whitney, J. (Freshman, Computer Science), Food \$ense APP development. Spackman, A. (Senior, NDFS Dietetics), Food \$ense Videography. Clark, R. (Junior, NDFS Dietetics), Food \$ense Youth Educational Materials. Craig S. (Junior, NDFS Dietetics), Food \$ense Training Materials Assistance. Preedy C. (Sophomore, Applying to Dietetics), Food \$ense Evaluation Assistance. Lambright, T. , Maw, K., (NDFS, applying to Dietetics), Rich County Start Up, Tier II. Holmgren, H., Holmgren, K. (NDFS, Dietetics), Food \$ense Program, Tier II Certification for National Nutrition Certification Program.
- 2012 Recruited, trained, mentored, and supported six interns from USU. Names and projects: Lambright, T., Maw, K. (NDFS, Dietetics), Rich County Start Up, and Tier II. Maher, C. (NDFS, Dietetics), State Office

Assistance, Farmers Market. Spielmaker, A. (NDFS, Dietetics), Economic Vs. Good Foods Analysis. Holmgren, H., & Holmgren, K. (NDFS, Dietetics), Food \$ense Program, Tier II Certification for National Nutrition Certification Program.

- 2012 Recruited, trained, mentored, and supported two interns from USU. Name and project: Holmgren, H., & Holmgren, K. (NDFS, Dietetics), Farmers Market, Food \$ense Kids Project, Tier II.
- 2011 Recruited, trained, mentored, and supported three interns from USU. Names and projects: Holmgren, H., & Holmgren, K. (NDFS, Dietetics), Farmers Market, Food \$ense Kids Project, Tier II. Anderson, L. (NDFS, Nutrition), Kids On The Run, Davis Farmers Market Project.
- 2010 Recruited, trained, mentored, and supported three interns from USU. Names and projects: White, M. (FCS), Farmers Market, Curriculum Development. Beyers B. (FCS), Farmers Market, Leadership of Internship. Frampton A. (NDFS, Dietetics), Farmers Market, Food \$ense Curriculum and Fact Sheets. Nield, N. (FCS), Farmers Market.
- 2009 Recruited, trained, mentored, and supported one interns from USU. Names and projects: Stosich, M. (NDFS, Dietetics), DVD Development Project.
- 2008 Recruited, trained, mentored, and supported an intern from USU. Name and project: Latimer, M. (NDFS, Dietetics), Curriculum Development.
- 2006 Recruited, trained, mentored, and supported an intern from USU. Name and project: Christofferson, D. (NDFS, Dietetics), Food \$ense Program NEA Training.

Graduate Student Internship Research Experience

- 2012 Trained, mentored, and supported a graduate student from Idaho State University. Name and project: Savoie, M. Masters of Public Health,. Project: Program Evaluation.

Graduate Student Research Experiences - Supervised and Mentored

- 2013 Committee Member, Graduate Students Research, Holmgren, H. MDA, Tier II Certification. Kiersten Holmgren, MDA. Project Reports: Tier II Certification, TBD. (Starting in Fall 2013).

- 2012 Collaborator, Idaho State University student Mateja Savoie, MPH. Project Thesis: Evaluating Utah State University SNAP-Ed Behavioral Checklist.
- Project Coordinator, Sarah Gunnell, PhD . Project Dissertation: Refugees with SNAP-Ed.
- 2012 Major Professor, Kelsey Rich, MS. Project Thesis: Food \$ense Kids, Parent Education.
- 2012 Committee Member, Kelsey Eller, MS. Project Thesis: Food \$ense Kids, Neophobia.
- Committee Member, Amanda Panting, MS. Project Thesis: Food \$ense Individuals with Developmental Disabilities.
- 2011 Major Professor, Marie Stosich, MDA. Project Thesis: Online Education for SNAP-Ed Programming.
- 2010 Committee Member, Jenni Murri, MDA. Project Report: DVD Education Vs. Traditional when Working with SNAP Participants.
- 2010 Collaborator, Project Coordinator, Meagan Latimer, MS. Project Thesis: Viva Vegetables!
- 2008 Committee Member, Project Coordinator, Debra Christofferson, MDA. Project Report: Certification for Paraprofessionals.
- 2008 Collaborator, Project Coordinator, Kristin Strong, MS. Project Thesis: Training of Paraprofessionals.

CURRICULUM DEVELOPMENT

Allen, K., Smith, J., Christofferson, D., & **LeBlanc, H.** (In development–Expect to launch Winter, 2014). *Utah State University Food \$ense (SNAP-Ed), Tier II Certification: National Nutrition Certification Paraprofessional Program*. Utah State University. Logan, Utah. Retrieve from <http://extension.usu.edu/fsne>.

LeBlanc, H., Eller, K., Rich, K., & Stosich, M. Food \$ense Kids. (2011). This curriculum is a pre-school curriculum that teaches preschoolers to try new foods and encourages fruit and vegetable consumption. Available at <https://extension.usu.edu/fsne/htm/menu/food-ense-kids>

Christofferson, D., Christensen, N., **LeBlanc, H.**(2009). National Nutrition Certification

Paraprofessional Program (NNCP). Available at:
<http://extension.usu.edu/fsne/htm/f-certification-program>

Christofferson, D., Latimer, M., Stosich M., **LeBlanc, H.** (2010). Food \$ense Basics. Available at extension.usu.edu/fsne

Christofferson, D., Darrington, J., Hunsaker, T., Jensen, C., Memmot, M., Serfustini, E., Stosich, M., & **LeBlanc, H.** (2010). Food \$ense Cooks. Available at extension.usu.edu/fsne

Latimer, M., Vitale, T., Wengreen, H., Christofferson, D., & **LeBlanc, H.**,(YEAR). Viva Vegetables! Curriculum. Materials are currently undergoing updating, are currently called Food \$ense Vegetables. Available at
<https://extension.usu.edu/fsne/htm/menu/lessonsadults/food-ense-vegetables/>

Latimer, M., Vitale, T., Wengreen, H., Christofferson, D., & **LeBlanc, H.**, (YEAR). Viva Vegetables for Kids! Curriculum. Materials are currently undergoing updating. Available at <https://extension.usu.edu/fsne/htm/menu/lessons-for-kids/viva-vegetables>

Panting, A., Christensen, N., **LeBlanc, H.**, & Christofferson, D. (YEAR). Food \$ense Disabilities Curriculum. This curriculum is undergoing updates to comply with the USDA MyPlate. Available upon request at <http://extension.usu.edu/fsne/htm/disability-curriculum>

Gunnell, S., Christensen, N., Jewkes, M., **LeBlanc, H.**, & Christofferson, D. (2012). Food \$ense Refugee Curriculum. Utah State University, Salt Lake County Extension, Utah.

Stosich, M., **LeBlanc, H.**, Christofferson, D., & Christensen, N. (YEAR). Food \$ense DVD Classes (6 in the series). Utah State University Food \$ense, Logan, Utah.

Stosich, M., **LeBlanc, H.**, Christofferson, D., & Christensen, N.(YEAR). Food \$ense Classes. Utah State University, Logan, Utah. Classes available at
<https://www.softchalkcloud.com/lesson/serve/vUX8qDHStwxLoc/html>

Murri, J., **LeBlanc, H.**, Christensen, N., & Smith, J. (YEAR). Food \$ense Online Classes. Utah State University, Cache County Extension, Logan, Utah. Classes available at
<https://www.softchalkcloud.com/lesson/serve/vUX8qDHStwxLoc/html>

Anderson, L., & **LeBlanc, H.** (YEAR). Kids on the Run, exercise and healthy nutrition curriculum. Utah State University, Davis County Extension, Farmington, Utah.

LeBlanc, H., & Latimer, M. (2007). Giving Your Body The Best – DVD Classes. This curriculum was developed by Paula Scott and Kay Evans, Utah EFNEP program, then

adopted by Utah Food \$ense, changed into DVD power point lessons. Utah State University, Logan, Utah.

SCHOLARLY EXTENSION WORK/PUBLICATIONS

Refereed Publications

Books

Anderson, J.B., Christensen, N.K., Hoffman, E., **LeBlanc, H.**, McMahon, K.A., Vitale, T.S., Wade, M., & Wengreen, H. (2007). *Eat right! Eating in college and beyond*. San Francisco, CA: Benjamin Cummings.

Journal Articles

Jewkes, M., Gunnell, S., **LeBlanc, H.**, & Christofferson, D. (in press). Best practices for teaching refugees. *Journal National Extension Association and Family and Consumer Sciences*.

Panting, A., **LeBlanc, H.**, & Christofferson, D. (in press). Food \$ense disability curriculum study. *Journal of National Extension Association of Family and Consumer Sciences*.

Christofferson, D., Allen, K., Smith, J., & **LeBlanc, H.** (2013). Food safety practices improve through SNAP-Ed participation. *Journal of National Extension Association of Family and Consumer Sciences*, 7, 8. Retrieve from <http://www.neafcs.org/assets/documents/journal/2012-jneafcs.pdf>

LeBlanc, H., Haws, S., Christensen, N., Christensen, D., & Christofferson, D. (2013). SNAP-Ed participants increase fruit and vegetable consumption. *Journal of National Extension Association of Family and Consumer Sciences*, 7, 91. Retrieve from <http://www.neafcs.org/assets/documents/journal/2012-jneafcs.pdf>

Christofferson, D., Christensen, N., **LeBlanc, H. R.**, & Bunch, M. (2012). Developing an online certification program for nutrition education assistants. *Journal of Nutrition Education and Behavior*, 44(5) 407-414. doi:10.1016/j.jneb.2011.11.007.

Smith, J., **LeBlanc, H.**, Christensen N., Anderson, J., & Murri, J. (2010). DVD multimedia nutrition education curriculum for self-study. *Utah Affiliate Family Consumer Science*, 11. *Doi or address?*

Skogrand, L., Mueller, L., Arrington, R., **LeBlanc, H.**, Spotted Elk, D., Dayzie, I., & Roseband, R. (2008). Strong navajo marriages. *American Indian and Alaska Native Mental Health Research*, 15(2), 1-17. doi: 10.5820/aian.1502.2008.25

Williams, DP., **LeBlanc, H.**, & Christensen N. (2008). Diabetes stepping up to the plate: An education curriculum focused on food portioning skills. *Journal of Extension*.
Retrieve from www.joe.org/joe/204june/rb7.shtml

Journal Articles submitted and in progress

Eller, K., Rich, K., Christensen, N., **LeBlanc, H.**, Anderson, J., Boyce, L., & Christofferson, D. (2012). Evaluation of an Extension nutrition curriculum: Best practices for implementing nutrition education in a preschool setting. *Journal of Extension*. Manuscript submitted for publication.

Eller, K., Rich, K., Christensen, N., **LeBlanc, H.**, Anderson, J., Boyce, L., & Christofferson, D. (2012). Preschool nutrition education and influences on food neophobia. *Journal of Nutrition Education and Behavior*. Manuscript submitted for publication.

Gunnell, S., Jewkes, M., **LeBlanc, H.**, Christofferson, D. (2013). Integrating nutrition education into English as second language for refugees. *Journal of Immigrant and Minority Health*. Manuscript submitted for publication.

Savoie, M., Mispireta, M., Rankin, L., Neill, K., **LeBlanc, H.**, & Christofferson, D. (2013). Nutrition related behavior change in adult participants of a supplemental nutrition assistance program education. *Journal of Nutrition Education and Behavior*. Manuscript in preparation.

Rich, K., Eller, K., Christensen, N., **LeBlanc, H.**, Anderson, J., & Boyce, L. (2013). Preschool parent nutrition education and the influence on family lifestyle behavior changes. *Journal of National Extension Association of Family and Consumer Sciences*. Manuscript in preparation.

Stosich, M., **LeBlanc, H.**, Christofferson, D., Christensen, N., & Kudin, J. (2013). Comparison study of DVD teaching versus traditional study. *Journal of National Extension Association of Family and Consumer Sciences*. Manuscript in preparation

Stosich, M., **LeBlanc, H.**, Christofferson, D., Kudin, J., & Christensen, N. (2013). Best practices for setting up an online education training. *Journal of Extension*. Manuscript in preparation.

LeBlanc, H., Christofferson, D., Haws, S., Smith, J., Savoie, M., & Scott, P. (2013). SNAP-Ed participants increase breakfast consumption. *Journal of Extension*. Manuscript in preparation.

Abstract

Christofferson, D., **LeBlanc, H.**, Christensen, N., & Bunch, M. (2010). Nutrition and health paraprofessional certification [Abstract]. *Journal of Nutrition Education and Behavior*, 42(4), S95.

Refereed Handbook/Manual

Skogrand, L., Mueller, L., Crook, R., Spotted Elk, D., Dayzie, I., & **LeBlanc, H.** (2007). *Strong marriages for Navajo couples*. Navajo Nation. City, UT: Utah State University. Retrieve from http://extension.usu.edu/files/publications/publication/pub_8139744.pdf

Refereed Fact Sheets (Editor for the Fruit and Vegetable Guide)

<http://extension.usu.edu/htm/publications/by=category/category=696/start=21>

Apples
Apricots
Bananas
Beets
Broccoli
Brussels Sprouts
Cantaloupe
Cauliflower
Celery
Cherries
Cilantro
Corn
Cranberries
Grapefruit
Green Beans
Jalapeno Peppers
Kale
Lemons
Mushrooms
Peas
Potatoes
Prickly Pear Cactus
Pumpkins
Spinach
Sweet Peppers
Sweet Potatoes
Tomatoes
Winter Squash
Zucchini

Manuals

- LeBlanc, H.,** Stosich, M., Christofferson, D., Milligan, E., Johnson, G., & Smith, S. (2012-2013). *Utah Food \$ense policy manual, Version 8*. Logan, UT: PDP. Retrieve from <https://extension.usu.edu/fsne/files/uploads/2011/Annual%20Conference/Policy%20Manual%20FY2011%20FINAL%20DRAFT.pdf>
- LeBlanc, H.** (2008). *Utah Food \$ense supervisor/agent manual*. Logan, UT: Utah State University.
- LeBlanc, H.** (2008). *Utah Food \$ense State office manual*. Logan, UT: Utah State University.
- LeBlanc, H.** (2006). *Mountain Plains Regional report for Food Stamp Nutrition Education, Utah Section*. Mountain Plains Region. Denver, CO.

Presentations

- LeBlanc, H.,** (2012). *Food \$ense, Making a Difference*. Food Bank Hunger Conference, Utah Food Bank. Salt Lake City, UT. *Invited*.
- Jewkes, M., Gunnell, S., **LeBlanc, H.,** & Christensen, N. (2012). *Refugee Food \$ense Nutrition Education Program, best practices*. Utah State University Extension Annual Conference.
- LeBlanc, H.,** & Stosich, M. (2011). *Food \$ense partnership opportunities*. Food Bank Hunger Conference, Utah Food Bank. Salt Lake City, UT. *Invited*.
- LeBlanc, H.** (2011). *Making a difference*. Kiwanis Presentation, Kiwanis, Logan, UT. *Invited*
- LeBlanc, H.** (2011). *Making a difference*. Utah Association of Family and Consumer Sciences, Dairy Council of Utah. Logan, UT. *Invited*.
- LeBlanc, H.,** & Christofferson, D. (2011). *Food \$ense FY 2012*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.,** Stosich, M., Vitale, T., & Christofferson, D. (2011). *Farmer's market demonstrations (Food \$ense)*, USU Extension Annual Conference, Logan, UT.
- Christofferson, D., Christensen, N., **LeBlanc, H.,** Bunch, M., & Stosich, M. (2011). *National certification*, USU Extension Annual Conference, Logan, UT.
- LeBlanc, H.** (2011). *National Cutrition Certification Program training*. Southern Region

- Expanded Food and Nutrition Education Program Conference, City, Tennessee and City, Kentucky. *Invited.*
- LeBlanc, H.,** & Christofferson, D. (2011). *Nutrition Certification Paraprofessional Program*, National EFNEP Annual Training, NIFA-EFNEP, Washington DC. *Invited, Refereed.*
- LeBlanc, H.,** & Christofferson, D. (2011). *National Nutrition Paraprofessional Certification Program*, SNAP-Ed Program Development Team Webinar Series. *Invited.*
- LeBlanc, H.,** & Christofferson, D. (2011). *National Nutrition Certification Program (NNCP)*. Land Grant System Program Development Team for SNAP-Ed Webinar, National Launch for Utah Certification program. *Invited.*
- LeBlanc, H.** (2011) *Utah update: Best practices*. Mountain Plains Region Webinar Training. Food and Nutrition Services. Denver, CO. *Invited.*
- LeBlanc, H.,** Stosich, M., Vitale, T., & Christofferson, D. (2011). *Food \$ense farmer's market demonstrations*, Utah Dietetic Association Annual Conference, Utah Dietetic Association, Ogden, UT. *Refereed.*
- Christofferson, D., Christensen, N., **LeBlanc, H.,** Bunch, M., & Stosich, M. (2011). *Utah Certification Program*, Utah Dietetic Association Annual Conference, Utah Dietetic Association, Ogden, UT. *Refereed.*
- Murri, J., **LeBlanc, H.,** Smith, J., Christensen, N., & Anderson, J. (2010). *DVD multimedia nutrition education curriculum for self study*. Utah Dietetic Association. Layton, Utah.
- LeBlanc, H.** (2010). *Food Storage when you don't have enough to eat*. Weber Food Storage Conference, Weber County Extension, Ogden, UT. *Invited.*
- LeBlanc, H.** (2010). *Childhood nutrition*. Food Bank Lunch and Learn Series. Family Meal Time. Food Bank. Salt Lake City, UT. *Invited.*
- LeBlanc, H.,** & Christofferson, D. (2010). *Healthifying a recipe. Healthy eating on a limited budget*. Deseret Mutual. Salt Lake City, UT. *Invited.*
- LeBlanc, H.,** & Christofferson, D. (2010). *Highlights of Food \$ense and incorporating family mealtime*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.,** & Milligan, E. (2010). *Food \$ense Paperwork Reduction Act*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.** (2010). *Food \$ense with Extension*. Food \$ense Annual Conference. Provo, UT.

- Murri, J., Smith, J., Christensen, N. K., & **LeBlanc, H.** (2010) *DVD multimedia nutrition education curriculum for self-study*, Utah Dietetic Association Annual Meeting, Utah Dietetic Association, Ogden, UT. April 9, 2010 - Present. Refereed. (POSTER)
- LeBlanc, H.** (2010) *Utah update: Best practices*. Mountain Plains Region Webinar Training. Food and Nutrition Services. Denver, CO. Invited.
- Christofferson, D., & **LeBlanc, H.** (2010). Nutrition and health paraprofessional certification Poster. Society of Nutrition Education Annual Conference. Reno, NV. Refereed.
- LeBlanc, H.** (2009) *Utah update: Best practices*. Mountain Plains Region Webinar Training. Food and Nutrition Services. Denver, CO. Invited.
- LeBlanc, H.** (2009). *Celebrate what is right with the world*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.**, Christofferson, D., & Latimer, M. (2009). *Title*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.**, & Hansen, S. (2009). *Learning styles and teaching techniques*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.** (2009). *Agent Food \$ense training*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.** (2009). *Maximizing paraprofessional potential panel*. Food \$ense Annual Conference. Provo, UT.
- LeBlanc, H.** (2009). *Programs that assist low income in Utah Panel*. Utahans against Hunger Conference. Salt Lake City, UT.
- LeBlanc, H.**, Latimer, M., & Christofferson, D. (2009). *Surviving and thriving on a budget*. CASH Conference. Salt Lake City, UT.
- LeBlanc, H.** (2008). *Agent/supervisor training*. Food \$ense Annual Conference. Logan, UT.
- LeBlanc, H.** (2008). *Title*. Food \$ense Annual Conference. Logan, UT.
- LeBlanc, H.**, Christofferson, D., & Latimer, M. (2008). *Saving the world one meal at a time*. Utah Dietetic Association. Layton, UT.

- LeBlanc, H., & Christofferson, D. (2008).** *Saving the world one meal at a time.* Utah State University Women's Center. Logan, UT.
- LeBlanc, H. (2008).** *Utah update – SNAP and program advancements.* Mountain Plains Region Conference. Food and Nutrition Services. Denver, CO.
- LeBlanc, H. (2007)** *Utah update.* Mountain Plains Region Conference. Food and Nutrition Services. Denver, CO.
- LeBlanc, H. (2006).** *Utah curriculum update, "Giving Your Body the Best."* Food and Nutrition Services, Mountain Plains Region, Denver, CO.
- LeBlanc, H. (2006).** *Utah State Nutrition Action Plan (SNAP), what works and lessons learned.* Food and Nutrition Services, Mountain Plains Region. Denver, CO.
- LeBlanc, H. (2007).** *Food \$ense Annual Conference.* Food \$ense Annual Conference. Salt Lake City, UT.
- LeBlanc, H., & Wade, M. (2007).** *Food \$ense program.* Utah Hunger Conference. Salt Lake City, UT.
- LeBlanc, H., & Christofferson, D. (2007).** *Food Economics.* Family & Consumer Science Teachers In-service. Salt Lake City, UT.
- Wade, M., **LeBlanc, H., & Christofferson, D. (2007).** *Entertaining the Classroom.* Family & Consumer Science Teacher In-service. Salt Lake City, UT.
- LeBlanc, H., Wade, M., Stringham, E., & Christofferson, D. (2006).** *Kitchen Science.* Family and Consumer Science Teachers In-service Convention. Salt Lake City, UT.
- Wade, M., Christofferson, D., & **LeBlanc, H., (2006).** *Dairy proportions and health.* Utah Family and Consumer Science nutrition update by Utah Dairy Council. Salt Lake City, UT.
- LeBlanc, H., (2006).** *Food \$ense nutrition education for family and consumer science agents, and supervision roles for fiscal year 2007.* Utah Food Stamp Nutrition Education Conference for Family and Consumer Sciences Agents. Logan, UT.
- LeBlanc, H., Milligan, E., & Johnson, G. (2006)** Food \$ense Nutrition Education Program Annual Conference. Provo, UT.
- LeBlanc, H., Christofferson, D., Milligan, E., Stookey, K., & Johnson, G. (2006).** Fiscal year 2007 updates and programming information. Annual Conference for F\$NE. Park City, UT.

LeBlanc, H., Christofferson, D., Stookey, K., Milligan, E., & Johnson, G. (2006). New Program Supervisors orientation for Food \$ense Nutrition Education. Ogden, UT.

LeBlanc, H. (2006). *Food \$ense Nutrition Education Audit and Supervisor Program.* Review at Family and Consumer Sciences In-Service. Heber City, UT.

Henderson, A., & **LeBlanc, H.** (2006). *Food \$ense Nutrition Education Annual Jeopardy Game.* Provo, UT.

LeBlanc, H. (2006). *Food Stamp Nutrition Education.* Family and Consumer Sciences Agent Annual In-service. Park City, UT.

LeBlanc, H. (2005). *Food Stamp Nutrition Education.* Family and Consumer Sciences Agent Annual In-service. Provo, UT.

Christensen, N., & **LeBlanc, H.** (2005). *Food Stamp Nutrition Education Program and WIC.* Woman, Infant and Children Conference. Park City, UT.

Poster Presentations

Lambright, T., Hall, K., **LeBlanc, H.,** Christofferson, D., Maw, K., & Savoie, M., Maher, C. (March, 2013). *Food \$ense Rich County start-up project.* Poster presentation at the Utah State University Extension Annual Conference. Logan, UT.

Maw, K., Hall, K., **LeBlanc, H.,** Christofferson, D., Maher, C., Lambright, T., & Savoie, M. (March, 2013). *Food \$ense Rich County start-up project.* Poster presentation at the Utah State University Extension Annual Conference. Logan, UT.

LeBlanc, H., Haws, S., Smith, J., Christofferson, D., & Savoie, M. (March, 2013). *Food \$ense increasing breakfast in low-income families.* Poster presentation at the Utah State University Extension Annual Conference, Logan, UT.

Eller, K., **LeBlanc, H.,** Christofferson, D., Anderson, J., Boyce, L., & Rich, K. (2012). *Food \$ense kids neophobia.* Poster presentation at the Utah State University Extension Annual Conference. Logan, UT.

Eller, K., **LeBlanc, H.,** Christofferson, D., Anderson, J., Boyce, L., & Rich, K. (2012). *Food \$ense Kids neophobia.* Poster presentation. Poster presentation at the Utah Dietetic Association Conference. Salt Lake City, UT.

Rich, K., LeBlanc, H., Christofferson, D., Anderson, J., Boyce, L., & Eller, K. (2012). *Food \$ense kids parent classes.* Poster presentation at the Utah State University Extension Annual Conference. Logan, UT.

- Rich, K., **LeBlanc, H.**, Christofferson, D., Anderson, J., Boyce, L., & Eller, K. (2012). *Food \$ense kids parent education*. Poster presentation at the Utah Dietetic Association Conference. Salt Lake City, UT.
- Gunnell, S., Jewkes, M., **LeBlanc, H.**, & Christofferson, D. (2012). *Food \$ense refugee education*. Poster presentation at the Utah State University Extension Conference. Logan, UT.
- Gunnell, S., Jewkes, M., **LeBlanc, H.**, & Christofferson, D. (2012). *Food \$ense refugee education*. Poster presentation at the Priester Health Conference. Washington DC, DC.
- Stosich, M., **LeBlanc, H.**, Christofferson, D., & Kudin, J. (2012). *Food \$ense online education*. Poster presentation at the Utah State University Extension Annual Conference. Logan, UT.
- Stosich, M., **LeBlanc, H.**, & Christofferson, D. (2012). *Food \$ense farmer's market*. Poster presentation at the Utah State University Extension Annual Conference. Logan, UT.
- Stosich, M., **LeBlanc, H.**, Christofferson, D., & Kudin, J. (2012). *Food \$ense online education*. Poster presentation at the Utah Dietetic Association Annual Conference. Salt Lake City, UT.
- Stosich, M., **LeBlanc, H.**, & Christofferson, D. (2012). *Food \$ense farmer's market*. Poster presentation at the Utah Dietetic Association Annual Conference. Layton, UT.
- Murri, J., **LeBlanc, H.**, Christensen, N., & Smith, J. (2010). *Food \$ense DVD education*. Poster presentation at the Utah Dietetic Association Annual Conference. Salt Lake City, UT.

Multi Media Materials

- LeBlanc, H.** (2011). *Making a Difference*. [Online Proceedings]. Utah State University Family and Consumer Sciences Food \$ense Program. Utah Association of Family and Consumer Sciences Annual Conference. Midway, Utah. Retrieve from website.
- LeBlanc, H.** (2011). *Utah State University Food \$ense..* [Online presentation]. Logan, UT. Retrieve from <http://extension.usu.edu>

Online Materials and Resources

LeBlanc, H., Christofferson, D., & Milligan, E. (2013). Food \$ense Website. Retrieve from <https://extension.usu.edu/fsne>.

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LeBlanc, H., & Christofferson, D. (2012, May/June). Go for whole. *Cache Valley Kids Magazine*, 1(6).

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Facilitated Newspaper Articles

Keller, S., & LeBlanc, H. (2007) *Ask a specialist: Sports drinks*. Extension News. Retrieve from <http://extension.usu.edu/htm/news/articleID=2137>

Radio and Television

LeBlanc, H. (2009). Credit And Savings Help Expo (CASH Expo) EXPO Promotion. KSL Evening News. *Savvy Shopping Tips and Surviving and Newsletters*.

LeBlanc, H. (1998-2004). Focus: Health, Nutrition, Family. *LeBlanc Monthly Newsletter*. San Juan County, UT.

E-Newsletters

LeBlanc, H., Christofferson, D., Latimer, M., Johnson, G., Milligan, E., & Hansen, H. (2007-present). Focus: Rules, Ideas for Food \$ense Employees. *Scoop Newsletter*. Logan, UT: Utah State University Extension.

LeBlanc, H. (2001). All Tots Need Their Shots. [Electronic Publication]. Utah State University. FL-502. Retrieve from <http://extension.usu.edu/files/publications/publication/FL-502.pdf>

CREATIVE ACCOMPLISHMENTS

LeBlanc, H. (2007). *Food \$ense budget templates for counties*. Food \$ense State Office. Logan, UT.

LeBlanc, H., & Milligan, E. (2007). *Food \$ense scanning evaluation forms*. Food \$ense State Office. Logan, UT.

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LeBlanc, H. (1998-present). *Special Native American Programs*. Utah State University. San Juan County Extension. Navajo Extension Partnership.

LeBlanc, H. (1999, 2000, 2001). *Shopping store cost comparison*. San Juan County, Utah State University. San Juan County Commissioners request.

Satellite Broadcasts

Christensen, N., & **LeBlanc, H.** (June 6, 2006). Food \$ense: Food, fun, and fitness. Utah State University Multimedia Satellite Broadcast. Logan, UT.

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- Christensen, N., & **LeBlanc, H.** (April 4, 2006). Food \$ense: Healthy breakfast. Utah State University Multimedia Satellite Broadcast. Logan, UT.
- Christensen, N., & **LeBlanc, H.** (March 21, 2006). Food \$ense: Food safety. Utah State University Multimedia Satellite
- Christensen, N., & **LeBlanc, H.** (February 7, 2006). Food \$ense: Using behavior theories in nutrition education. Utah State University Multimedia Satellite Broadcast. Logan, UT.
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Multimedia Satellite Broadcast. Logan, UT. Airdate: November 1, 2005.
- Christensen, N., & **LeBlanc, H.** (October, 26, 2005). Food \$ense: Weight management strategies. Utah State University Multimedia Satellite Broadcast. Logan, UT.
- Christensen, N., & **LeBlanc, H.** (September 6, 2005). Food \$ense: Behavioral change. Utah State University Multimedia Satellite Broadcast. Logan, UT.
- Christensen, N., & **LeBlanc, H.** (April 26, 2005). Food \$ense: Prevention of dehydration. Utah
State University Multimedia Satellite Broadcast. Logan, UT.
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Multimedia Satellite Broadcast. Logan, UT.
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University Multimedia Satellite Broadcast. Logan, UT.
- Christensen, N., & **LeBlanc, H.** (February 1, 2005). Food \$ense: Low FAD Diets. Utah State University Multimedia Satellite Broadcast. Logan, UT.

E-Newsletters

- LeBlanc, H.**, Christofferson, D., Latimer, M., Johnson, G., Milligan, E., & Hansen, H. (2007-present, 2013). Focus: Rules, incentives, and ideas for Food \$ense employees. *Scoop Newsletter*. Logan, UT: Utah State University Extension.

CONTRACTS AND GRANTS

Grant Information	Amount
SNAP-Ed (Principle Investigator)	\$6,150,041
External Grants (Principle Investigator)	\$336,500
External Utah Grants (Principle Investigator)	\$43,532
Internal Utah State University Grants (Principle Investigator)	\$269,575
External Grants (CO-Principle Investigator)	\$2,827
External Utah Grant (CO-Principle Investigator)	\$56,128
Internal Utah State University Grant (CO-Principle Investigator)	\$80,000
Internal Utah State University Initiative Funding	\$10,000
External Collaborator	\$2,822,827
USU Extension Internships	\$55,000
TOTAL FUNDING	\$9,826,430
USU Extension Internships	\$55,000
Non-funded grants	\$8,391,857

External SNAP-Ed Grant Activity -Principle Investigator (United State Department of Agriculture, Food and Nutrition Services)

TOTAL FUNDING GRANTED:			Matching Funds
			\$4,411,625
Title of Grant	Date	Award Amount	USU & County Match Amount
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/12-9/30/13	\$959,473	TBD
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/11-9/30/12	\$945,704	\$308,343
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/10-9/30/11	\$913,000	\$457,963
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/09-9/30/10	\$649,332	\$649,332
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/08-9/30/09	\$797,367	\$797,367
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/07-9/30/08	\$621,000	\$882,000
Utah Supplemental Nutrition Assistance Program - Education (SNAP-Ed)	10/01/06-9/30/07	\$642,320	\$642,320
Utah Supplemental Nutrition Assistance	10/01/05-	\$621,845	\$674,300

Role: In October 2013 SNAP-Ed federal funding was cut 28%. The *Healthy, Hunger-Free Kids Act* of 2010 (HHFKA) also cut SNAP-Ed funding and instituted a competitive formula. According to the new regulations, Utah Department of Workforce Services has the option to support the SNAP-Ed program, if they choose. Relationships have been created and improved. Funding and programming has reached new levels. With this funding and partnership, Utah is the only state in the nation who shares confidential contacts of SNAP benefited people. Due to this funding growth has multiplied. Prior to December of 2010 match was required at 50% of programming.

External Grant Activity -Principle Investigator

TOTAL FUNDING GRANTED:		\$336,500
Title of Grant	Date	Award Amount
Share Your Strength Shopping Matters, Utah Shopping Matters Education Mini-grant	2011	\$500
National Office of Juvenile Justice Delinquency Program Juvenile Mentoring Program for Youth and Families with Promise in San Juan County	2005	\$336,000

External State/Local Grant Activity -Principle Investigator (Utah Commission of Juvenile Justice)

TOTAL FUNDING GRANTED:		\$43,532
Title of Grant	Date	Award Amount
San Juan County Navajo Nation Youth and Families with Promise	2005	\$42,032
San Juan County Economic Development Board - San Juan County Home Business Fair	2000	\$1,500

Internal Utah State University Grant Activity -Principle Investigator (Utah State University Extension)

TOTAL FUNDING GRANTED:		\$269,575
Title of Grant	Date	Award Amount
Farmer's Market Expansion	2013	\$10,000
iClicker Education Evaluation in Outreach Nutrition Education	6/1/12-6/30/13	\$10,000
Food \$ense Kids (Expansion)	6/1/10-6/30/12	\$10,000
Farmers Market Nutrition Education Pilot Project	6/1/09-6/30/10	\$10,000
DVD Lesson production for Food \$ense Nutrition	6/1/08-	\$10,000

Education	6/30/09	
	6/1/07-	
Nutrition Education Assistant Certification	6/30/08	\$5,000
USU Food Stamp Program - San Juan County	2005	\$14,500
USU Food Stamp Program - San Juan County	2004	\$15,000
USU Food Stamp Program - San Juan County	2003	\$15,000
USU Youth and Families with Promise - San Juan County	2003	\$22,601
USU Youth and Families with Promise - San Juan County	2002	\$30,246
USU Food Stamp Program - San Juan County	2002	\$15,000
USU 4-H Volunteer Development - San Juan County	2002	\$5,000
USU 4-H Volunteer Development - San Juan County	2001	\$5,000
USU Youth and Families with Promise - San Juan County	2001	\$34,950
USU Food Stamp Program - San Juan County	2001	\$10,000
USU Youth and Families with Promise - San Juan County	2000	\$32,778
USU Food Stamp Program - San Juan County	2000	\$8,500
USU Food Stamp Program - San Juan County	1999	\$6,000

External Federal Grant Activity - CO-Principle Investigator (Utah State University Extension)

TOTAL FUNDING GRANTED:		\$2,827
Title of Grant	Date	Award Amount
Mississippi State University Health Rocks - 4-H	2003	\$2,827

External Utah Grant Activity - CO-Principle Investigator (Utah State University Extension)

TOTAL FUNDING GRANTED:		\$56,128
Title of Grant	Date	Award Amount
San Juan County Navajo Nation Youth and Families with Promise	2002	\$56,128

Internal Utah State University Grant Activity - CO-Principle Investigator (Utah State University Extension)

TOTAL FUNDING GRANTED:		\$80,000
Title of Grant	Date	Award Amount
Hispanic Education for Food \$ense (SNAP-Ed)	2013	\$10,000
Expanding Family Mealtime - EFNEP/SNAP-Ed Coordination (PI- Paula Scott)	6/1/2012-6/30/2013	\$10,000
Agriculture Experiment Station - Graduate Assistant (PI-Karin Allen)	2012-2014	\$20,000
Agriculture Experiment Station - Heart Healthy Research Project (PI- Nedra Christensen)	2011	\$25,000
Utah Wellness Works (PI - Lisa Lewis)	2010	\$10,000

Utah W1005, Research Project - Multi-State Nutrition
Project (PI- Siew Sun Wong)

2009 \$5,000

State Initiative Funding - Principle Investigator (Utah State University Extension)

TOTAL FUNDING GRANTED: \$10,000

Title of Grant	Date	Award Amount
Tier II Certification, Proposal (Principle Investigator - Writer and Logic Model)	2010	\$10,000

Collaborator

TOTAL FUNDING GRANTED: \$2,822,827

Title of Grant	Date	Award Amount
Mississippi State University Health Rocks	2003	\$2,827
National 21st Century Community Centers (San Juan County)	1998-2000	\$2,820,000

Internships - Utah State University Extension

TOTAL FUNDING GRANTED: \$55,000

Intern purpose	Date	Award Amount
Food \$ense APP Development (PI)	2013	\$5,000
Food \$ense Youth Videography (CO-PI)	2013	\$5,000
Rich County Expansion/Cache Farmer's Market (PI)	2012	\$5,000
Food \$ense Programming (PI & CO-PI – 2 interns)	2011	\$10,000
Food \$ense Programming (PI – 6 interns)	2010	\$30,000

Non-Funded Proposals

TOTAL FUNDING GRANTED: \$8,391,857

Title of Grant	Date	Award Amount
Food \$ense Kids	2012	\$250,000
NIFA - National Institute of Food and Agriculture (SNAP-Ed/EFNEP collaborations)	2012	\$250,000
NIFA - National Institute of Food and Agriculture - Food Safety	2011	\$400,000
AFRI, Utah Food Dudes	2011	\$2,500,000
USDA Department of Agriculture, Behavior Economics	2010	\$4,789,191
USDA Obesity Prevention in Preschool Children	2010	\$177,666
Utah State University Research Catalyst - Obesity in Preschool Children	2011	\$25,000

HONORS AND AWARDS

National and Regional

2013	Large Grant Recipient Honoree, Utah State University Research Office.
2013	Administrative Leadership Award. Utah Epsilon Sigma Phi Lota Chapter.
2013	Innovative Team Award. Utah Extension Association of Family and Consumer Sciences Education.
2013	Diversity Team Award. Utah Extension Association of Family and Consumer Sciences Education.
2013	Program Excellence through Education Team Award. Utah Extension of Family and Consumer Sciences Education.
2012	15 Years of Service to Utah State University Extension.
2012	15 Years of Service to Utah State University.
2010	1 st Place National Team Winner, Communication–Education Publication. National Extension Association of Family and Consumer Sciences.
2010	1 st Place Western Region Team Winner, Communication–Education Publication. National Extension Association of Family and Consumer Sciences.
2010	1 st Place Utah State Team Winner, Communication- Education Publication. Utah Extension Association of Family and Consumer Sciences.
2010	1 st Place Poster Presentation, DVD Curriculum. Utah Dietetic Association.
2009	National Epsilon Sigma Phi Diversity Award. National Epsilon Sigma Phi.

2009	Utah Epsilon Sigma Phi Diversity Award. Utah Epsilon Sigma Phi.
2008	2 nd Place Poster Presentation, Continuing Education for Nutrition Education Assistants in EFNEP and Food \$ense (SNAP-Ed).
2008	Mountain Plains Food and Nutrition Services Appreciation for Improvement and Growth in Food Stamp Nutrition Education. Mountain Plains Region Food and Nutrition Services (FNS).
2008	Utah State Governor's Declaration, Fruit and Vegetable Declaration.
2007	State Nutrition Action Plan Certificate of Appreciation. Mountain Plains Food and Nutrition Services.
2007	Effectiveness of Adapted Nutrition Education Curriculum for Individuals with Intellectual/Developmental Disabilities
Poster	Presentation. Utah Dietetic Association. Utah.
2006	CSREES (NIFA) Core Competency Development Team Appreciation. Cooperative State Research, Education, and Extension Service (CSREES) Professional Development Team.
2006	Peer Recognition Award. Utah Association of Family and Consumer Sciences.
2003	National 4-H Achievement in Service Award. National Association of Extension for 4-H Agents.
2003	Regional National Extension Association of Family and Consumer Sciences, Mary K. Wells Diversity Award Finalist.
2003	Regional 4-H Achievement in Service Award. National Extension Association for 4-H Workers.
2002	National Extension Association of Family and Consumer Sciences, Challenge 2002, Level III. National Extension Association of Family and Consumer Sciences.
2001	News and Views Appreciation For Excellence in Service. National Extension Association of 4-H Agents.

- 2000 Western Region New Professional. National Association of Family and Consumer Sciences.
- 2006 Utah Food Stamp Nutrition Education (FSNE) Program Evaluation Effectiveness Poster Presentation. Utah Dietetic Association. Utah.
- 2003 Individual Newsletter Award. Utah State University. Utah Extension Association of Family and Consumer Sciences. Logan, Utah.
- 2003 Early Career Epsilon Sigma Phi Award. Utah State University, Epsilon Sigma Phi Association. Logan, Utah.
- 2003 4-H Achievement in Service Award. Utah State University, 4-H Association. Logan, Utah.
- 2002 Utah Governor's Red Wagon Award for Excellence of Service to the People in Utah. Utah State Capital. Salt Lake City, Utah.
- 2002 Team Diversity Award. Utah State University Extension. Logan, Utah.
- 2001 Innovative Program Award. Utah State University, Association of Family and Consumer Sciences Agents.
- 2001 Little Red Wagon Award for Youth and Families with Promise. Utah Commission on Volunteers and Lt. Governor Olene Walker.
- 2001 Little Red Wagon Award for Space Exploration with 4-H Clubs. Utah Commission on Volunteers and Lt. Governor Olene Walker.
- 2000 Utah State University, Taggart-Ballard Award of Excellence for Service to the People in Utah. Utah State University Extension.
- 2000 Certificate of Appreciation. Leadermete 2000 Workshop Presenter. Logan, Utah.
- 2000 State New Professional Winner. Utah Association of Family and Consumer Sciences.
- 2001 Utah State New Educator. Utah Association of Family and Consumer Sciences.

- 2000 Volunteer Excellence Award. County Leadermete.
- 2000 Certificate of Appreciation. Utah State Volunteer Association and Leadermete Committee.
- 2000 Peer Recognition. Utah Association of Family and Consumer Sciences.
- 1999 Certificate of Appreciation from Navajo Extension Partnership. Navajo Nation 4-H Volunteer Training.
- 1999 4-H County Volunteer Appreciation Award. San Juan County; 4-H Volunteers.