

Dziyana Nazaruk, Dr.P.H.

dnazaruk@georgiasouthern.edu

EDUCATION

Georgia Southern University, Statesboro, GA. Doctor of Public Health (July 2014)

Armstrong Atlantic States University, Savannah, GA. Master of Public Health (2011)

Armstrong Atlantic State University, Savannah, GA. Master of Science in Sports Medicine (2008)

Armstrong Atlantic State University, Savannah, GA. Bachelor of Science (2006)

WORK EXPERIENCE

- **Associate Professor of Public Health, Jiann-Ping Hsu College of Public Health, Georgia Southern University, August 2023 to Present**
- **Assistant Professor of Public Health, Jiann-Ping Hsu College of Public Health, Georgia Southern University, January 2018 to August 2023**
- **Assistant Professor of Health Sciences, Armstrong State University, August 2016 to January 2018**
- **Limited term Assistant Professor of Community Health, Jiann-Ping Hsu College of Public Health, Georgia Southern University, August 2015 to May 2016**
 - Taught a graduate Communication for Change Class (COHE 7238)
 - Taught an undergraduate Promotional Strategies for Health Programs Class (PUBH 4330)
 - Taught an undergraduate Maternal and Child Health Class (PUBH 4230)
 - Research projects
- **Teaching Instructor, Jiann-Ping Hsu College of Public Health, Georgia Southern University, January 2015 to May 2015**
 - Taught an undergraduate Research Methods and Evaluation Class (PUBH 4134)
 - Taught a graduate Research in Health Science Class (COHE 6130)
- **Research Assistant, Jiann-Ping Hsu College of Public Health, Georgia Southern University, June 2012 to July 2014.**

- Participated in completing health status profiles (Community Health Needs Assessments) for 18 counties in rural Georgia
 - Assisted in primary data collection for both qualitative and quantitative portions of the research
 - Assisted with data entry for the quantitative portion of the research
 - Conducted focus groups with community advisory committee members
 - Assisted with qualitative data analysis including coding, thematic analysis, and preparation of results
 - Collected and analyzed secondary data
 - Prepared final qualitative reports
 - Presented results of the research to community partner groups
 - Taught an undergraduate Consumer Health Class (HLTH 3531)
- **Program Evaluator/ Graduate Assistant, Jiann-Ping Hsu College of Public Health, Georgia Southern University, May 2013 to August 2013.**
- Responsible for completing a two – year comprehensive evaluation of a specialized nursing program designed to recruit and retain minority nursing students
 - Collected data for evaluation and conducted quality data checks
 - Analyzed, explained, and disseminated the results of the evaluation
 - Prepared the final evaluation report
- **Research Assistant, Department of Health and Kinesiology, College of Health and Human Science, Georgia Southern University, August 2011 to May 2012.**
- Participated on a research project designed to address women’s health needs
 - Assisted with primary data collection, analysis, and interpretation
- **Front Desk Supervisor/ Graduate Assistant, Armstrong Housing and Residence Life, Armstrong Atlantic State University, August 2012 to May 2011.**
- **Graduate Assistant, International Education, Armstrong Atlantic State University, August 2009 to May 2010.**
- **Personal Trainer, “Emerson Personal Training”, San Francisco, California, June 2008 to May 2009.**
- **Graduate Assistant, Speech Pathology Department, Armstrong Atlantic State University, August 2007 to May 2008.**
- **Assistant Coach for Tennis Team, “RSDUSHOR”, Minsk, Belarus, May 2007 to August 2007.**

TEACHING EXPERIENCE

- **Associate Professor of Public Health, Jiann-Ping Hsu College of Public Health, Georgia Southern University, August 2023 to Present**

- **Assistant Professor of Public Health, Jiann-Ping Hsu College of Public Health, Georgia Southern University, January 2018 to August 2023**
- **Assistant Professor of Health Sciences, Armstrong State University, August 2016 to January 2018**
- **Limited term Assistant Professor of Community Health, Georgia Southern University, Present**
 - Taught Communication for Change (COHE 7238)
 - Taught Maternal and Child Health (PUBH 4230)
 - Taught Promotional Strategies for Health Programs (PUBH 4330)
 - Co-taught The Public Health Integrative Capstone Experience (PUBH 7991)
- **Teaching Instructor, Jiann-Ping Hsu College of Public Health, Georgia Southern University, January 2015 to May 2015**
 - Taught Research Methods in Health Science (COHE 6130- graduate)
 - Taught Research Methods and Evaluation (PUBH 4134- undergraduate)
- **Teaching Assistant, Jiann-Ping Hsu College of Public Health, Georgia Southern University, June 2012 to May 2014.**
 - Taught HLTH 3531 (Consumer Health) to undergraduate students enrolled in the Bachelor of Science in Health Sciences for Health Education and Promotion.
 - Given selected presentations and lectures to Master of Public Health students (Research Methods and Epidemiology).
- **Teaching Assistant, Department of Health and Kinesiology, College of Health and Human Science, Georgia Southern University, August 2011 to May 2012.**
 - Assisted in teaching HLTH 4132, HLTH 4133, and HLTH 1250 to undergraduate students enrolled in the Bachelor of Science in Health Sciences for Health Education and Promotion.
 - Assisted in grading papers, exams, project, and presentations.

DISSERTATION

- “The Determinants of Physical Activity in Rural Women, Ages 20- 44 Years”. Jiann- Ping Hsu College of Public Health, Georgia Southern University, Statesboro, Georgia, July 2014.

PEER REVIEWED PUBLICATIONS

- Asli Aslan, Jeffery A. Jones, Dziyana Nazaruk, Sibel Zeki. Is the Public Aware of Water Quality Monitoring and Safety Notifications on Beaches? Journal of the Georgia Public Health Association (see email. It was accepted for publication, but not published yet)

- **Nazaruk D**, Rouser K. The use of Mobile Apps to Increase Physical Activity Level: A Systematic Review. *Journal of Physical Activity Research*. 2021 June; 6(1)
- Junaid H, Bulla AJ, Benjamin M, Wind T, **Nazaruk D**. Using Self-Management and Social Media to Increase Steps in Sedentary College Students. *Journal of Behavior Analysis in Practice*. 2020 August; 1(11). doi: 10.1007/s40617-020-00445-8
- **Nazaruk D**, Tedders SH, Hansen AR. Health Care Provider Support for Physical Activity in Women, aged 20-44 Years, in Georgia: a Qualitative Study. *Journal of Women's Health Care*. 2018 October; 7(5) doi:10.4172/2167-0420.1000447
- Alexander DS, Alfonso ML, **Nazaruk D**. Exploring Childhood Perceptions Among Caregivers of African American Children. *Journal of African American Studies*. 2018 November; 22, 345–356. <https://doi.org/10.1007/s12111-018-9415-7>
- **Nazaruk D**, Tedders SH, Alfonso ML, Vogel R. The Determinants of Strength Training in Rural Women, Ages 20-44 Years: A Qualitative Study. *Journal of Women's Health Care*. 2016 April. 5 (2): 1-9. doi: 10.4172/2167-0420.1000312
- **Nazaruk D**, Tedders SH, Alfonso ML, Vogel RL. The Determinants of Physical Activity in Rural Women, Aged 20 to 44 Years, in Georgia. *Fam Community Health*. 2017 Jan/Mar;40(1):11-17. doi: 10.1097/FCH.0000000000000134.
- Lawrence RH, **Nazaruk D**, Denis-Luque M, Tedders SH. "Engaging Rural Georgians in the Internal Revenue Service (IRS)-Mandated Community Health Needs Assessment. *Journal of the Georgia Public Health Association*. 2016; 5 (4): 373-379: doi: 10.21663/jgpha.5.415

PUBLICATIONS UNDER REVIEW

- Dzyana Nazaruk, Ana Palacios, Joanne Chopack- Foss, Tilicia Mayo-Gamble, Nandi Marshall. Parental Knowledge and Perceptions on Prevention of Sudden Unexpected Infant Death and Infant Care. *Journal of Maternal and Child Health*
- **Nazaruk D**, Marshall N, Cook C, Jones J, and Plaspohl S. Journal. Brief Report: Predictors of Food Insecurity Among Southeastern College Students. *Journal of American College Health*.
- Jones J, Alsan A, **Nazaruk D**. Beachgoers' Response to Polluted Beach Health Advisories. *Journal of Accident Analysis and Prevention*

PUBLICATIONS IN PROGRESS

- Lilly Karsa, Dzyana Nazaruk, Ana Palacios. Qualitative study: "Hens Hatching Hope: SWOT analysis."
- "Pass the Peas" Project- currently working on multiple manuscripts.

- Student- led project: Kara Middleton, Dziyana Nazaruk Ana Palacios, Joanne Chopak- Foss. “Effects of the COVID pandemic on Health Behaviors and Mental Health During Pregnancy”.

POSTER PRESENTATIONS

- **Nazaruk D.**, Choongo J., Palacios A., Marshall N., Chopak- Foss J. (2022) Parental Knowledge, and Perceptions on Prevention of SUID and Infant Care, EPH Conference, November 2022, Berlin, Germany
- **Nazaruk D.**, Marshall N., Cook C., Jone J., Plaspohl S. (2022) Predictors of Food Insecurity Among Southeastern College Students, GPHA Poster Presentation, May 2022, Jekyll Island, GA
- Waterfield C., Shah G., **Nazaruk D.**, Marshall N., Jones J. (2020) Local Health Departments’ IT Capacity and its Impact on Implementation of Environmental Health Information Systems- HIMSS Georgia Chapter, APHA Poster Presentation, November 2020, San-Francisco, CA
- Waterfield C., Shah G., **Nazaruk D.**, Marshall N., Jones J. (2019) Local Health Departments’ IT Capacity and its Impact on Implementation of Environmental Health Information Systems- HIMSS Georgia Chapter, Nov 19, 2019, Savannah, GA
- **Nazaruk D.**, Christina, Cook (2020) Student-Led Social Marketing Proposal for a Public Health Campaign: Food Insecurity on College Campus, USG Teaching and Learning conference
- Hafsa Junaid, Monique Benjamin, Talia Wind, (2019) Increasing Steps in Sedentary College Students with Self-Monitoring and Social Feedback. Mentors: Andrew Bulla, Psychology **Dziyana Nazaruk**, Health Policy, and Community Health, GSU Boards of Regents meeting, April 17, 2019
- **Nazaruk D.** (2018) “Health Care Provider Support for Physical Activity in Women, Aged 20-44 Years, in Georgia: A Qualitative Study”- APHA Poster Presentation November 2018, San-Diego, CA
- Plaspohl S., Marshall N., Williams T., Thomas M., **Nazaruk D.** (2017). “Student- Led Planning and Implementation of Peer Education: Campus Health Promotion Fair”. USG Teaching and Learning Conference: Best Practices for Promoting Engaged Student Learning – April 5th, 2017
- Hester M., Hansen A., Hackney A., **Nazaruk D.**, Duncan D. (2017). “Incongruent trends in parents being notified of their child’s overweight/obesity status: Parent reports, NHANES 1999-2014”- APHA Poster Presentation November 2017, Atlanta, GA
- M. Denis Luque, R. Lawrence, E. Tarasenko, **D. Nazaruk**, and S. Tedders. Lessons Learned from a Hospital-based Community Health Needs Assessment in a Rural Setting, 141st Annual Meeting of the American Public Health Association, November 2 - November 6, 2013, Boston, MA

- B. Melton, **D. Nazaruk**, E. Marshall, and H. Bland. Promoting Physical Activity Among Rural Providers and Prenatal Patients: Qualitative Pilot Study, Georgia Rural Health Association, September 17-19, 2012, Pine Mountain, Georgia

ORAL PRESENTATIONS

- **Nazaruk D.**, Tedders S., Hansen A. (2019) “Health Care Provider Support for Physical Activity in Women, Aged 20-44 Years, in Georgia: A Qualitative Study”- GPHA Workshop, Atlanta, GA
- Hafsa Junaid, Monique Benjamin, Talia Wind, (2019) Increasing Steps in Sedentary College Students with Self-Monitoring and Social Feedback. Mentors: Andrew Bulla, Psychology **Dziyana Nazaruk**, Health Policy, and Community Health, GSU Student Symposium, April 2019
- LGBTQ Brown Bag Lunch Presentation (April 2, 2018), “Gender Identity and Outside Influence of the Media on Gender Roles and Stereotypes”, Sarah Plaspohl & **Dziyana Nazaruk**, Armstrong State University, Savannah, Georgia
- **Dziyana Nazaruk**, Marie Denis-Luque, Raymona H. Lawrence, Yelena Tarasenko, Stuart H. Tedders, Lessons learned from a hospital-based community health needs assessment in a rural setting, Annual Research Symposium, April 15-16, 2014, Statesboro, Georgia
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Appling County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Bacon County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Clinch County, Georgia, 2013.
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Decatur County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Evans County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Jasper County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Jeff Davis County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Jefferson County, Georgia, 2013

- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Lanier County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Miller County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Monroe County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Morgan County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Pulaski County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Stephens County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Toombs County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Towns County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Union County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Washington County, Georgia, 2013

RESEARCH/ COMMUNITY PROJECTS

- Pass the Peas aims to identify barriers and facilitators to increase fruit and vegetable offerings and physical activity opportunities in daycares from South-East Georgia. This project was conceived in collaboration with the Child Care Resource and Referral Agency of Southeast Georgia located in Savannah Technical College. We currently have undergraduate students, graduate students, intramural faculty and extramural faculty (UCLA) actively involved in this project.
- Hens Hatching Hope Is a rural, community-engaged initiative in Intibucá, Honduras. This implementation science project aims to alleviate food insecurity and improve growth outcomes in children under 24 months of age in 27 communities in rural Honduras (~600children). The project has a sustainability and development component, as women entrepreneurs identified through community-engaged approaches with the non-profit organizations Shoulder to Shoulder Inc, and Hombro a Hombro, received a micro-loan and extensive training in raising chickens.

- Parental Knowledge on Prevention of Sudden Infant Death Syndrome is a study focused on understanding the knowledge, perceptions, skills, confidence, and social support of first-time mothers about infant care. We hope that health professionals and community organizations will have access to the study results to tailor the information provided to first time mothers. It is anticipated that this study will also offer preliminary data to develop further interventions in this area.
- Social Marketing Research Project: “Increasing Breastfeeding Rates Among Irish Mothers”- student-led project that was completed in Wexford, Ireland during Summer 2022
- Georgia Southern COVID-19 Vaccine Distribution, Exit Team Lead (Armstrong campus): Dziyana Nazaruk, Spring 2021
- Dziyana Nazaruk- Summer 2020-Spring 2021
 - Assisted GDPH by creating a team of Practicum students for COVID- 19 contact tracing projects.
 - Assisted GSU CARES by creating a team of Practicum students to do contact notification.
 - Worked with multiple community partners to involve students in COVID-19 related projects.
- Charles Owens, and Dziyana Nazaruk, Community-based Health Needs Assessment for Union and Chatuge Counties, Georgia, Summer 2020- Spring 2021
- Dziyana Nazaruk, Joseph Telfair, and Janet Choongo, Evaluation proposal for “Safety Net Coalition”, CCSNPS, Spring 2020.
Outcome: The purpose is to improve community health system planning and community health outcomes
- Dziyana Nazaruk, Nandi Marshall, Christina Cook, Jeff Jones, and Sara Plaspohl, Christina Cook. Investigating food insecurity among GSU college students, Georgia, Fall 2019-Fall 2020
- Spring 2019-Spring 2020- Implemented A research project that focused on using self-management and social media to increase physical activity level in students on the GSU campus. Outcome: Significant Increase in Physical Activity level among students after five months of the project implementation.
Faculty: Dziyana Nazaruk, Andrew Bulla, Students
Students: Hafsa Junaid, Monique Benjamin, Talia Wind
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, “Community- based Health Assessment”. Jiann- Ping Hsu College of Public Health, Georgia Southern University, Statesboro, Georgia, 2012-2013.
- A. Cohen, D. Nazaruk, D. Alexander, A. Bekhet, E. Cullen, C. Gillmann
R. Jackson, C. Lowe, S. Martin, A. Ruark, D. Scudder, L. Shorter, and K. Stone. The Nature of Relationships Between Rural Elders and Paid Caregivers. Department of Sociology and Anthropology, Georgia Southern University, Statesboro, Georgia, 2012.

- B. Melton, D. Nazaruk, E. Marshall, and H. Bland. Promoting Physical Activity Among Rural Women. Department of Health and Kinesiology College of Health and Human Science Georgia Southern University, Statesboro, Georgia, 2011-2012.
- D. Nazaruk, and B. Melton. Exercise Prescription for Pregnant Women, Department of Health and Kinesiology College of Health and Human Science Georgia Southern University, Statesboro, Georgia, 2011-2012

GRANT ACTIVITIES

- Principle Investigator (Spring 2022) Impact Area Accelerator Grant “Maternal and Child Health Multi Project Research” was submitted in March 2022, but not awarded. (Nazaruk & Palacios). We submitted this grant to support our effort in establishing a new Maternal and Child Health Center RE*MACH.
- Principle Investigator (Summer 2022) Fahs- Beck Fund (Fellows) submitted to support the project “Parental Knowledge and Perceptions on Prevention of Sudden Unexpected Infant Death and Infant Care” but not awarded.
- Co-Principal Investigator (2020-2021). Community-based Health Needs Assessment for Union and Chatuge Counties, Georgia.
Grant Amount: \$12,580

SUBMITTED GRANT/RESEARCH ACTIVITIES

- External Evaluator. Evaluation proposal for “Safety Net Coalition”, CCSNPS (2021-2022)
Budget requested: \$22,500.

TECHNICAL REPORTS

- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Appling County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Bacon County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Clinch County, Georgia, 2013.
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Decatur County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Evans County, Georgia, 2013

- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Jasper County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Jeff Davis County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Jefferson County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Lanier County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Miller County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Monroe County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Morgan County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Pulaski County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Stephens County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Toombs County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Towns County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Union County, Georgia, 2013
- S. Tedders, R. Lawrence, M. Denis Luque, D. Nazaruk, and J. Welle, Community Health Assessment, Washington County, Georgia, 2013
- D. Nazaruk, A two – year comprehensive evaluation of a specialized nursing program designed to recruit and retain minority nursing students, Georgia Southern University, Statesboro, Georgia, 2013

COMMITTEES/ COMMUNITY SERVICE

- Wexford Course Delivery Development- under the Provost's Office- Summer 2021- Present
- Exit Team Lead for POD vaccine distribution – Spring 2021
- Internship Practice Liaison for MPH and DrPH Students – Fall 2018- Present
- JPHCOPH Practice Committee- August 2018- Present
- Student Activity Budget Committee- Spring 2021
- Faculty Senate- August 2017- Spring 2020
- Faculty Advisor, Graduate Student Organization Armstrong- Campus- August 2018- 2020
- Behavioral Assessment Team- August 2017- May 2018
- Undergraduate Committee SEC Appointees- August 2018- August 2020
- General Core Curriculum Committee – August 2019- August 2020
- SRI Committee- December 2018- May 2019
- Armstrong Campus Climate Ad Hoc- March 2020- Present
- Safety Net Planning Coalition- Spring 2020- Present
- Academic Department Unit- September 2019- Present
- The CGIC Health Team- September 2019- Present
- Reviewer, Georgia Undergraduate Research Conference- September 2018- October 2019
- The CDC - Racial and Ethnic Approaches to Community Health Funding opportunity (REACH) – June 2018- Spring 2020
- Reviewer for Public Health Reports, the U.S. Office of the Surgeon General- Summer 2019
- Department Chair Search Committee – August 2017
- Administrative Coordinator Search Committee- March 2018
- Reviewer, SOPHAS Applicants – August 2017- Present
- Reviewer, CHBE Candidacy Concentration Exam
- Chair, Search committee for the Limited Term Lecturer – June 2019

- APR Ad Hoc Committee- October 2020- Present
- Inter- Campus Relations- Fall 2018

SOFTWARE PROFICIENCY

- NVivo qualitative data analysis software
- MAXQDA qualitative data analysis software
- SPSS statistical analysis software

CERTIFICATIONS

- **National Strength and Conditioning Association**
 - Certified Strength and Conditioning Specialist (2008)
- **American Red Cross**
 - Cardiopulmonary Resuscitation (2012)

HONORS/ LEADERSHIPS

- **Women's Tennis Team, Armstrong Atlantic State University, Savannah, GA, 2003-2007**
 - NCAA Division II National Champion 2005
 - NCAA Division II All American
 - NCAA Division II #1: doubles
 - NCAA Player to Watch
 - Hall of Fame, 2015
 - Academic All American
 - Dean's List
- **Belarusian Junior National Team, Minsk, Belarus, 2001-2003**
 - Represented country.

LANGUAGE:

- **Fluent:** Russian, Belarusian, and English
 - Speech, writing, reading, and comprehension.