### DIANE ESTRADA, Ph.D., LMFT Curriculum Vita

University of Colorado at Denver phone: (303) 315-6330 School of Education & Human Development email: diane.estrada@ucdenver.edu

Counseling Program
Campus Box 106
PO Box 173364
Denver, CO 80217-3364

#### **EDUCATION**

Institution	Date	Degree	Major
University of Florida	1997	Ph.D.	Marriage & Family Counseling
University of Florida	1992	M.Ed. & Ed.S.	Agency, Correctional, & Developmental Counseling/ Marriage & Family Counseling
University of Florida	1988	B.S.	Psychology

#### PROFESSIONAL EXPERIENCE

2016-17 Teaching Fellow, Inclusion in Teaching, Center for Teaching Excellence, CU-Denver

2011-14 Program Lead, Associate Professor, Counseling Program, University of Colorado Denver

In charge of coordinating program meetings and agendas, program budget,

and semester course schedules. Also, participate in the University Community and Counseling Center Governing Council.

Visiting Professor, Universidad del Valle, Guatemala city, Guatemala.

Teach a clinical course that encompassed clinical supervision, clinical case conceptualization, and mental health agency systems.

2010-present Therapist and Owner, Body & Soul Therapies, LLC, Denver, CO

Provide counseling services for profit and pro-bono to individuals, couples, and families. Provide clinical supervision to post-masters individuals accruing clinical hours for licensure in the state of Colorado.

Visiting Professor, Universidad del Valle, Guatemala city, Guatemala.

Teach a clinical course that encompassed clinical supervision, clinical case conceptualization, and mental health agency systems.

2009- present Associate Professor, Counseling Program, University of Colorado-Denver

Publish scholarly research; teach courses in family therapy and multicultural counseling; provide student advising; serve on program, school, and university committees.

2008-2009 Program Leader, Associate Professor, Counseling Psychology and Counselor Education, University of Colorado-Denver

Administrative management of program (200 students, 3 track specialties) including course schedule, annual reports, budget management. Publish scholarly research; teach courses in family therapy and multicultural counseling; provide student advising; serve on division, school, and university committees.

2003-2008 Assistant Professor, Counseling Psychology and Counselor Education University of Colorado-Denver

Publish scholarly research; teach courses in family therapy and multicultural counseling; provide student advising; serve on division, school, and university committees.

2005 Visiting Professor, Universidad del Valle, Guatemala city, Guatemala.

Teach a clinical course that encompassed clinical supervision, clinical case conceptualization, and mental health agency systems.

2001-2003 Assistant Professor, Counselor Education California State University-Sacramento

Teach courses in family therapy, multicultural counseling, counseling practicum and internship; provide clinical supervision; provide student advising, serve on department, college and university committees.

1999-2001 Director, The Counseling and Family Therapy Center and the CU-Denver Student Counseling Center University of Colorado-Denver

Developed, managed, and supervised all aspects of the Counseling Center's operations including management of \$300,000 budget, development of the procedures manual, provide professional workshops for university and metro area community, coordination of university and community agency referrals, and clinical assignment of cases for Counseling Psychology and Counselor Education graduate practicum and internship students, supervision of all clinic staff.

1997-1999 Assistant Professor/Founder and Director, The Community Counseling Network in the Department of Counselor Education Florida Atlantic University-Boca Raton

Taught courses on family therapy, multicultural counseling, counseling practicum and internship; provided clinical supervision; published scholarly research; served on departmental and college committees; developed the community counseling center's procedures manual; established marketing strategies; developed operating budgets; established state of the art technology clinical facilities for training; coordinated community agency and school referrals; clinical assignment of cases to practicum students.

1997 Graduate Admissions Coordinator, Counselor Education University of Florida

Coordinated the admissions process for applicants to the Department of Counselor Education.

1995-1997 Marriage and Family Extern, private practice Alachua Family Psychiatry, Gainesville, FL

Responsibilities included case management and therapy of individual, couples, and family cases with a variety of presenting problems. Areas of specialization: women's issues and depression.

1995-1996 Counselor IV, Children's Outpatient Unit Alachua County Mental Health Services, Gainesville, FL

Provided case management and therapy for individuals and families with a special emphasis on issues of Depression and Attention-Deficit Hyperactivity Disorder.

1995 Clinical Consultant, Ventures Geriatric Partial Hospital Gainesville, FL

Participated in treatment team meetings designed to develop treatment plans for geriatric patients as well as providing daily process group therapy with geriatric patients.

1994 Counselor and Group Facilitator, CREST Family Services Gainesville, FL

Co-led a parenting group for parents whose children were involved in the juvenile justice system.

### **REFEREED PUBLICATIONS**

- Poulsen, S., & Estrada, D. (2014). Family Responsibilities across Borders: Caregiver Issues in the Global Context, *Interamerican Journal of Psychology*, 48 (1), 98-105.
- Estrada, D., Poulsen, S., Wiggins, M., & Cannon, E. (2013). Orienting Students towards Multiculturalism: Exploring Privilege in a New Student Orientation. *Journal of Humanistic Counseling and Education*, 52 (1), 80-91.
- Cannon, E., Wiggins, M., Poulsen, S., & Estrada, D. (2012). Addressing heterosexist privilege during orientation: One program's experience. *Journal of LGBT Issues in Counseling*, 6 (1), 3-17.
- Garrison-Wade, D., Diggs, G., Estrada, D., Galindo, R. (2012). Lift Every Voice and Sing: Faculty of Color Face the Challenges of the Tenure Track. *Urban review*, 44 (1), 90-112.
- Ibrahim, F. A., Julie, Dinsmore, Estrada, D., & Michael D'Andrea, M. (2011). The Counselors for Social Justice Code of Ethics. *Journal for Social Action in Counseling and Psychology*, 3(2), 1-21.
- Paynter, C. & Estrada, D. (2009). Multicultural Training Put into Clinical Practice: Reflections From a Euro-American Female Counselor-in-Training Working With Mexican Immigrants. *The Family Journal*, *17* (3), 213-219.
- Diggs, G., Garrison-Wade, D., Estrada, D., & Galindo, R. (2009) Smiling faces and colored spaces: The experiences of faculty of color pursuing tenure in the academy. *Urban Review*, 41(4), 312-333.
- Rutter, P., Estrada, D., Diggs, G., & Ferguson, L. (2008). Counselor competency in addressing gay, lesbian, and bisexual concerns. *Journal of LGBT Issues in Counseling*, 2, 109-125.
- Estrada, D., & Rutter, P. (2007). Counselors as social advocates: Connecting a Lesbian client to social justice. *Journal of LGBT Issues in Counseling*, 1, 121-134.

- Estrada, D., & Rutter, P. (2006). Using the multiple lenses of identity: Working with ethnic and sexual minority college students. *Journal of College Counseling*, 9, pp. 158-166.
- Rutter, P., & Estrada, D. (2006). Suicide risk & protective factors: Are there differences among young adults? *The Guidance and Counselling Journal*, 21(2), pp. 89-96.
- Estrada, D. (2006) Supervision sensitivity: Impact of supervisors' ethnic origin on exploration of counselors' cultural competency. *The Guidance and Counselling Journal*, 21(1), pp.14-20.
- Estrada, D. (2005). Supervision of cross-cultural couples counseling: Giving voice to the code of silence in the supervision & therapy room. *Journal of Family Psychotherapy*, 4, pp. 17-30.
- Estrada, D., Wiggins Frame, M., & Williams, C. (2004). Cross-cultural supervision: Guiding the conversation towards race and ethnicity. *Journal of Multicultural Counseling and Development*, 32, pp. 307-319.
- Molina, B., Estrada, D., & Burnett, J. (2004). Cultural communities: Challenges and opportunities in the creation of "happily ever after" stories of intercultural couplehood. *The Family Journal*, 12, pp.139-147.
- Miranda, A., Estrada, D., and Firpo-Jimenez, M. (2000). Differences in family cohesion, adaptability, and environment among Latino families in dissimilar stages of acculturation. *The Family Journal*, *8*, 341-350.
- Estrada, D., Rafuls, S., & Sherrard, P. (1999). Perceptions of family of origin cohesion and adaptability: Differences between males and females. *Journal of Feminist Family Therapy*, 11, 3-20.

#### REFEREED BOOK CHAPTERS

Echevarria-Doan, S., Marquez, M., & Estrada, D. (2005). The family's social world. In M. Cierpka, V. Thomas, & D. Sprenkle (Eds.), *Family assessment: Integrating multiple perspectives* (pp.111-128). Seattle, WA: Hogrefe Publishers.

#### **NON-REFEREED BOOK CHAPTERS**

Molina, B., Estrada, D. Rhone, A., Lapp, S. Kim, H. (2000). Community building through dialogue groups. In K. Fall & J.E. Levitov (Eds.), *Modern Applications to Group Work* (pp. 169-191). New York: Nova Science.

- Amatea, E. & Estrada, D. (2000). Communication: Sharing ourselves. In N. Brown & E. Amatea (Eds.), *Love and Intimate Relationships: Journeys of the Heart* (pp. 403-433). Philadelphia, PA: Taylor & Francis, Inc.
- Hernandez, C. & Estrada, D. (1992). Hispanic Americans. In P.J. Wittmer, *Diversity and Similarities: Bridging the Gap through Communication* (pp.113-126). Minneapolis: Educational Media Corporation.

## **MANUSCRIPTS IN PRESS**

#### **BOOK CHAPTERS IN PRESS**

Estrada, D., Singh, A., Harper, A. Becoming an Ally: Personal, Clinical and School-Based Social Justice Interventions. In Ginicola, M., Filmore, J. & Smith, C. (Eds) (2017). Counseling for Gender, Affectional Orientation and Identity Issues:

Developing Multicultural Competence with the LGBTQI+ Population.

Alexandria, VA: American Counseling Association Press.

### **MANUSCRIPTS IN REVIEW**

- Allan, R., Estrada, D., Poulsen, S., & Love, L. (revise-resubmit) Courageous Conversations in Clinical Supervision, Canadian *Journal of Counselling & Psychotherapy*
- Eno, E. & Estrada, D. The Invisible Visibility of Gender, *Journal of Sexual Orientation and Gender Diversity*.
- Hipolito-Delgado, C., Estrada, D., & Garcia, M. Counselor Education in Technicolor: Recruiting Graduate Students of Color, *The Interacmenrican Journal of Psychology*.
- Hipolito-Delgado, C., Estrada, D., & Garcia, M. Diversifying Counselor Education: A Case Study of Students of Color. *The British Journal of Counseling*
- Hipolito-Delgado, C., Estrada, D., & Garcia, M., Barriers and Supports to entering the Counseling profession. *Journal of Counseling & Development*.

### **MANUSCRIPTS IN PREPARATION**

Estrada, D. & Sams. A. Exploring Definitions of Relationships based on Cultural Contexts and Personal Experiences.

Tosado, L.A., Munoz-Lorenzo, O., Torres-Fernandez, I., Gallardo-Cooper, M. & Estrada, D. Bilingual Counseling Competencies: A Framework for Working with Spanish Speakers.

.

### **NON-REFEREED PUBLICATIONS**

Ibrahim, F. A., Dinsmore, J. A., & Estrada, D. (2010). *An Ethical Code for Counselors for Social Justice: A Proposal*. American Counseling Association Conference, Counselors for Social Justice Division.

Ortiz-Shriver, S., Estrada, D., Possehl, R. (2009). *Transition of the University of Colorado Student and Community Counseling Center*. University of Colorado Denver.

Estrada, D. (2000). The Counseling and Family Therapy Center and The CU-Denver Student Counseling Center: Practicum and Clinic Manual. University of Colorado-Denver.

Estrada, D. (1998). *The Community Counseling Center Policies and Procedures Manual*. Florida Atlantic University, Boca Raton.

Miller, D. & Estrada, D. (1995). An Evaluation of the Lake City Community College Core Drug and Alcohol Intervention.

### **REFERREED PRESENTATIONS**

#### **INTERNATIONAL**

Poulsen, S. & Estrada, D. "Family Responsibilities across Borders: Caregiver Issues in the Global Context". Presented at the International Family Therapy Academy Conference, Portoroz, Slovenia, March 2009.

#### **NATIONAL**

Tosado, L.A., Munoz-Lorenzo, O., Torres-Fernandez, I., Gallardo-Cooper, M. & Estrada, D. Bilingual Counseling Competencies: A Framework for Working with Spanish Speakers. Montreal, Canada, March, 2016.

Estrada, D. & Eno, A. "The Visible Invisibility of Gender: Conversations in the classroom and therapy room". The Association for Counselor Education & Supervision Conference, Philadelphia, PA, October 2015.

Hipolito-Delgado, C., Estrada, D., Garcia, M. Differences that Make a Difference for Graduate Students of Color in a Counselor Education Program. The Association for

Counselor Education & Supervision Conference, Philadelphia, PA, October 2015.

Poulsen, S., Allan, R., & Estrada, D. "Experiences & perceptions of supervisees & supervisors: Diverse perspectives on diversity conversations." American Family Therapy Academy Conference, Vancouver, Washington, June 2015.

Estrada, D., Hipolito-Delgado, C., & Garcia, M. "Diversifying Counselor education: Recruitment and Retention of Students of Color". Presented at the Annual American Counseling Association Conference, Orlando, FL, March 2015.

Marbley, A. F., Estrada, D., Frazier, K., & Grayshield, L. "Leadership Opportunities in AMCD: Dialogues with AMCD Vice-Presidents". Presented at the Annual American Counseling Association Conference, Honolulu, HI, March 2014.

Cannon, E., Estrada, D., Gentile, T., Ibrahim, F., Poulsen, S., & Schaefle, S. "Begin with the end in mind: Creating a unified learning community using a culturally responsive admissions process". Association for Counselor Education and Supervision Conference, Denver, CO, October, 2013.

Gallardo-Cooper, M., Arciniega, M., Santana-Pellicier, A., Estrada, D., & Tovar-Blank, Z. "Latino-Centered Supervision Competencies". Presented at the Annual American Counseling Association Conference, San Francisco, CA, March 2012.

Estrada, D., "Latino Leadership Institute". Presented at the Annual American Counseling Association Conference, San Francisco, CA, March 2012.

Estrada, D., Santana-Pellicier, A., Arciniega, M., & Gallardo-Cooper, M. "Global Latino Families: Connecting our Familia throughout the Americas". Presented at the Annual American Counseling Association Conference, New Orleans, LA, March 2011.

Wiggins, M., & Estrada, D., "Orienting New Counseling Students: A Multicultural and Diversity Training Program". Presented at the Bi-annual Association for Counselor Education and Supervision Conference, San Diego, CA, October, 2009.

Estrada, D., & Poulsen, S. "Life happens: Walking the political tightrope". Presented at the Annual American Association of University Professors, Washington, DC, June 2009.

Arciniega, G. M., Estrada, D., Gallardo-Cooper, M., Santana-Pellicier, A., & Tobar-Blank, Z. "Clinical Applications of the Latino Counseling Competencies". Presented at the Annual American Counseling Association Conference, Charlotte, NC March, 2009.

Estrada, D., & Williams, C. B. "Mentoring Women Faculty of Color in the Academy". Presented at the Annual American Counseling Association Conference, Honolulu, Hawaii, March 2008.

- Estrada, D. "Supervision of Cross-Cultural Couples Counseling: Giving Voice to the Code of Silence in the Supervision & Counseling Room". Presented at the Annual American Counseling Association Conference, Detroit, MI, March, 2007.
- Estrada, D., Frame, M.W., Byers, S., Possehl, R., & Rutter, P. "The Creation of a Culturally Competent Faculty Body: A Journey of Connection, Commitment, & Change". Presented at the Bi-Annual American Counselor Education & Supervision Conference, Pittsburgh, PA, October, 2005.
- Estrada, D. "Supervision of Cross-Cultural Couples Therapy: Giving Voice to the Code of Silence in the Supervision & Therapy Room". Presented at the Bi-Annual American Family Therapy Academy/International Family Therapy Academy Conference, Washington, D.C., June, 2005.
- Estrada, D. & Frame, M.W., "Creative Approaches Towards Enhancing Cultural Competency". Presented at the Annual American Counseling Association Conference, Atlanta, GA. April, 2005.
- Crethar, H. Vargas, L. Torres, E., Lopez-Baez, S. & Estrada, D. "Latino Concerns in the Counseling", Presented at the Annual American Counseling Association Conference, Atlanta, GA, April 2005.
- Molina, B., Monteiro-Lichner, J., Pack-Brown, S., & Estrada, D., "Creative Arts Across Cultures: An Integrated Approach to Group Work with Individuals and Couples" Presented at the Annual American Counseling Association Conference Learning Institutes, Atlanta, GA, April, 2005.
- Molina, B., Monteiro-Lichner, J., Pack-Brown, S., & Estrada, D., "Creative Arts Across Cultures: An Integrated Approach to Group Work with Individuals and Couples" Presented at the Annual American Counseling Association Conference, Kansas, City, MO, April, 2004.
- Williams, C.B., Estrada, D., & Frame, M.W., "Race and Ethnicity in Cross-Cultural Supervision" Presented at the Annual American Counseling Association Conference, Anaheim, CA, March, 2003.
- Williams, C.B., Frame, M.W., & Estrada, D., "Cross Cultural Supervision: guiding the conversation towards Race and Ethnicity", Presented at the American Counselor Education and Supervision Conference, October, 2002.
- Molina, B., Rhone, A. Estrada, D., Lapp, S., & Kim, H., "Facilitating Community Bonding Through Story Sharing Groups" Presented at the Annual Meeting of the Association for Specialists in Group Work, Tucson, AZ, January, 1997.

#### **REGIONAL**

Estrada, D., Allan, R., Poulsen, S., Love, L. "Courageous Conversations in Supervision". Presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Steamboat, CO, October 2016.

Hipolito-Delgado, C., Estrada, D., & Garcia, M. Diversifying Counselor Education. Presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Steamboat, CO, October 2016.

Hipolito-Delgado, C., & Estrada, D., "The Lived Experience of Students of Color in Counselor Education Programs", Presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Jackson Hole, WY, October 2014.

Ibrahim, F., Estrada, D., Schaefle, S., Hipolito-Delgado, C., Poulsen, S., Gentile, T. Social justice and Diversity: An integrated Counselor Training program. Presented at the Rocky Mountain Association for Counselor Education and Supervision Conference, Jackson Hole, WY, October 2014.

Wiggins, M., & Estrada, D., "Orienting New Counseling Students: A Multicultural and Diversity Training Program". Presented at Rocky Mountain Association for Counselor Education and Supervision Conference, Breckenridge, CO. October 2008.

Estrada, D., Frame, M.W., Possehl, R., Rutter, P., Larsen, P., & Wang, C. "The Creation of a Culturally Competent Faculty Body: A Journey of Connection, Commitment, & Change". Presented at Rocky Mountain Association for Counselor Education and Supervision Conference, Jackson Hole, WY. October, 2006

Estrada, D., & Frame, M. W., & Williams, C.B., "Creating Connections through Cultural Genograms" Presented at Rocky Mountain Association for Counselor Education and Supervision Conference, Jackson Hole, WY. October, 2003

#### **STATE**

Allan, R., Poulsen, S., & Estrada, D. (2015). "Tapping into this feeling of shame": Working with the experience shame in supervision". Colorado Counseling Association Annual Conference, Denver, Colorado.

Estrada, D., (2010). "The Plight of Mexican Female Immigrants". Presented at the Annual Colorado Counseling Association meeting. March, 2010.

Dickson, S., Estrada, D., & Wycoff, S., "The Logic of Collective Action: Infusing Service-Learning into the Counseling Student's Field Experience", Presented at the 9<sup>th</sup> Annual Multicultural Education Conference, California State University, Sacramento, March, 2003

- Estrada, D. & Hefty, D.L., "Who Are we? Empowering Diverse Identities Within Families", Presented at the Annual Meeting of the Florida Association for Marriage and Family Therapy, Gainesville, FL, May, 1999
- Estrada, D. & Molina, B., "The Story of Culture in the "Happily Ever After" Construction of Couplehood", Presented at the Annual Meeting of the Florida Association for Marriage and Family Therapy, Orlando, FL, May, 1998

Amatea, E., Estrada, D., McDaid, M. "Family-School Collaboration: Intervening Ecosystemically", Presented at the Annual Meeting of the Florida Association for Marriage and Family Therapy, Gainesville, FL., April, 1992

#### **INVITED PRESENTATIONS**

#### University

- Estrada, D., "Micro-aggressions: Barriers in Community Building", Social Justice League Module, PALS training, University of Colorado Denver, February 2017.
- Estrada, D., "Gender and Ethnic Cultural Factors in Counseling Conversations", University Student and Community Counseling Center, University of Colorado Denver, November, 2012.
- Estrada, D., "Cultural Factors in the Discussion of Domestic Violence Prevention in Schools". University of Colorado Denver Center for Domestic Violence, July 2010.
- Estrada, D., "Multicultural Clinical Supervision: Giving Voice to Sociopolitical Factors in the Therapy and Supervision room", Presented to the Counseling and Family Therapy Clinic at University of Colorado Denver, March, 2006.
- Estrada, D., "The Personal is Political: Connecting Counseling to the Human Experience", Presented at Beta Alpha Omega's Annual Initiation Banquet, University of Colorado-Denver, April, 2004.
- Estrada, D., "Clinical Application of Multi-Culturalism", Presented at Chi Sigma Sigma's Annual Professional Development Workshop, California State University, Sacramento, April, 2003
- Estrada, D., "Self-esteem workshop", Presented at the Latina Youth Leadership Conference, California State University-Sacramento, November, 2001
- Estrada, D., "Women and Depression", CPCE Practicum Clinic Professional Development, University of Colorado-Denver, April, 2000

Estrada, D., "Intercultural Communications: Getting Along Within the Hispanic/Latino Culture", Presented at the Hispanic Student Retreat, University of Florida, Ocala, FL, September, 1993

#### **Community**

- Estrada, D., "Multicultural Factors in Clinical Supervision: Addressing the Multiple Identities in the Counseling and Supervision Room". Maria Droste Services, Denver, CO, February, 2013.
- Estrada, D. "Implementing a Culturally Responsive and Socially Just Lens in Clinical Practice". Flourish Counseling, Denver, CO, September, 2012.
- Estrada, D., "Addressing Diversity in Clinical Supervision". Presented to Internship Community Supervisors, University of Colorado Denver, 2010.
- Estrada, D., "Multicultural Factors in the Identification of Domestic Violence". Presented at the Center on Domestic Violence School based intervention specialist meeting. Denver, CO, June, 2010
- Estrada, D., "Addressing Multiculturalism in Counseling", Presented at Excelsior Treatment Centers, Aurora, CO., January, 2006
- Estrada, D., Using Multiple Lenses in Clinical Supervision. Presented to Internship Community Supervisors, University of Colorado Denver in Collaboration with the Asian Pacific Development Center, April, 2005.
- Estrada, D., "Ethnicity and Diversity", Presented at Excelsior Treatment Centers, Aurora, CO., January, 2005
- Estrada, D., "Healthy Relationships", Presented at Smoky Hill High School, Arvada, CO, March, 2004.
- Brandt, M. & Estrada, D., "Counseling Supervision", Presented at San Juan School Unified School District Counselor's Meeting, Carmichael, CA, February, 2003
- Estrada, D., "Family and the self: understanding self-concept in context", Presented at Mira Loma High School, Carmichael, CA, October, 2001
- Estrada, D., "Conflict Resolution: The BED LATR Model", Presented at the Metrotown Institute on Diversity, Jacksonville, FL, August, 1994
- Estrada, D., "Intercultural Communication: The Impact of Labeling", Presented at Trenton Middle School, Trenton, FL, March, 1992

#### INVITED LECTURES

- Estrada, D. "Narrative Therapy: Honoring Client's Stories", Department of Counseling Psychology and Counselor Education class taught by Dr. Phil Rutter, University of Colorado-Denver, May, 2007.
- Estrada, D. "Integration of Culturally Sensitive Practice into Counseling Skills" Department of Counseling Psychology and Counselor Education class taught by Dr. Marsha Wiggins, University of Colorado-Denver, November, 2006.
- Estrada, D. "Clinical Applications of Bowenian Theory" Department of Counseling Psychology and Counselor Education class taught by Dr. Phil Rutter, University of Colorado-Denver, March, 2006.
- Estrada, D. "Diversity and Family Systems", Department of Counseling Psychology and Counselor Education class taught by Dr. Ashley Harvey, University of Colorado-Denver, November, 2005.
- Estrada, D. "Counseling Competencies with Latino Clients", Department of Counseling Psychology and Counselor Education class taught by Dr. Steve Byers, University of Colorado-Denver, November, 2005.
- Estrada, D. "Cultural Implications of Family Systems Theory", Department of Counseling Psychology and Counselor Education class taught by Dr. Phil Rutter, University of Colorado-Denver, November, 2005.
- Estrada, D. "Family Systems Therapy", Department of Counseling Psychology and Counselor Education class taught by Dr Phil Rutter, University of Colorado-Denver, December, 2005.
- Estrada, D. "Family Systems Therapy", Department of Counseling Psychology and Counselor Education class taught by Dr Phil Rutter, University of Colorado-Denver, December, 2004.
- Estrada, D. "Ethnicity and Family Therapy", Department of Counseling Psychology and Counselor Education class taught by Dr Marsha Wiggins Frame, University of Colorado-Denver, September, 2004.
- Estrada, D., "Counseling Latinos", Department of Counseling Psychology and Counselor Education class taught by Dr L.A. Napier, University of Colorado-Denver, March, 2004.
- Estrada, D., "Feminist Therapy: a theory of connection", Department of Counseling Psychology and Counselor Education class taught by Dr Marsha Wiggins Frame, University of Colorado-Denver, November, 2003
- Estrada, D., "The Professional World of Couples and Family Therapy", Department of Counselor Education class taught by Dr Shannon Dickson, California State University, Sacramento, February, 2003

- Estrada, D., "The Latino Experience", Department of Counselor Education class taught by Dr Susan Wycoff, California State University, Sacramento, August 2002
- Estrada, D., "Working with Latino clients and their families: The Impact of Acculturation", Department of Counseling Psychology and Counselor Education class taught by Dr Carmen Williams, University of Colorado-Denver, July 2000
- Estrada, D., "Diversity Issues in Family Therapy", Department of Counseling Psychology and Counselor Education class taught by Dr Marsha Wiggins Frame, University of Colorado-Denver, 1999
- Estrada, D. "Culture & Somatoform Disorders", Department of Counselor Education class taught by Dr Alex Miranda, Florida Atlantic University, Boca Raton, 1998
- Estrada, D. "Constructivist Psychology", Department of Counselor Education class taught by Dr Ann Lynch, Florida Atlantic University, Boca Raton, 1998

### **CONSULTATIONS AND TRAININGS**

- 2005 Estrada, D. "Culturally Competent Counseling", Staff Development training for
- 2006 The Tennyson Children's Center, Community Outreach Services, Fall 2005-Spring 2006.
- 2005 Estrada. D. "Multicultural Supervision", Professional development training for internship supervisors, Denver Metro Area, March, 2005.
- 2005 Estrada, D. "Ethnicity and Therapy", Professional development training, Excelsior Treatment Center, Aurora, CO, February 2005.
- 2004 Estrada, D., "Clinical Supervision", Professional development training for internship supervisors, Denver Metro Area, November, 2004.
- 2004 Estrada, D., "Addressing Privilege in Education", Staff Development training for Boulder Preparatory Charter High School, January, 2004.
- 2003 Estrada, D., "Diversity Sensitivity Training", Staff Development training for Boulder Preparatory Charter High School, November, 2003.
- 1994 Estrada, D., "Conflict Resolution: Bed latr model", Student Diversity Training, Metrotown Institute, Jacksonville, FL

### **PROFESSIONAL DEVELOPMENT**

2016 Institute for Leadership Training, American Counseling Association, Arlington, VA. August 2016

2012	The Developmental Needs Meeting Strategy, DNMS Institute Home Study course
2011	Multicultural Competency Faculty Retreat, Counseling Program, University of Colorado Denver.
2011	Latino Leadership Institute, Annual American Counseling Association Conference, New Orleans, LA
2010	Grant writing workshop by University of Colorado Office of Research
2010	Foundations of Play Therapy by Charles Schaefer, psychceu.com, online course.
2003 2007	Multicultural Competency Faculty Retreats, Counseling Psychology and Counselor Education, CU-Denver
2003 2006	Faculty Mentoring Program, School of Education, University of Colorado-Denver
2005	Politics, Community, and Clinical Practice. American Family Therapy Academy, Washington, D.C., June, 2005
2002	Teaching with Technology Institute, California State University, Sacramento, May 2002
2001	Meeting of the Americas: Family in a world without borders. American Family Therapy Academy, Miami Beach, FL, June 2001
2000	American Association for Marriage and Family Therapy Approved Supervisors Training, Denver, CO., Nov 2000
1990	Alachua County Crisis Center training, Gainesville, FL
1988	AIDS Peer training, University of Florida, Gainesville, FL
RECO	OGNITIONS AND HONORS
2014	The Lynn Rhodes Faculty Service Award, SEHD, CU Denver
2014	Faculty Appreciation Award, Chi Sigma Iota-Beta Alpha Omega, CU Denver.

2013 Service Recognition Award, Faculty Assembly, CU Denver.

Campus, Denver, CO.

2010 Faculty Ally of the Year, Auraria LGBT Student Center, Auraria Tri-Institution

2007	Counselors for Social Justice O'Hana Award, Annual American Counseling Association Convention, Detroit, MI.
2001	Service Award nomination, Division of Counseling Psychology and Counselor Education, University of Colorado-Denver
1996	International Outstanding Doctoral Student Award, Chi Sigma Iota International Honor Society
1996	Outstanding Doctoral Level Student, Chi Sigma Iota, Beta Chapter
1992	Graduate Minority Fellowship, University of Florida, 3-year fellow
1992	Outstanding Entry Level Student, Chi Sigma Iota, Beta Chapter
1991	Minority Graduate Student Scholarship, The Graduate School, University of Florida
1988	Athletic Association Non-competitive Scholarship, University of Florida

### **PROFESSIONAL AFFILIATIONS**

American Counseling Association
Association of Counselor Educators and Supervisors
Association of Multicultural Counseling & Development
Counselors for Social Justice

American Association for Marriage and Family Therapy

1984 Coca Cola Hispanic Student Scholarship (2 years)

American Family Therapy Academy

Colorado Association for Marriage and Family Therapy

International Family Therapy Association

Chi Sigma Iota, Counseling Academic and Professional Honor Society International

## **LICENSES & CERTIFICATIONS**

Marriage and Family Therapy License (Colorado MFT # 513), 1999.

Marriage and Family Therapy License (Florida# MT-0001680-inactive), 1998.

National Certified Counselor, #48931, 1997.

AAMFT Clinical Fellow, # 29215, 1997.

# **COURSES TAUGHT**

Advanced Assessment: Family Systems
Multicultural Counseling
Couples and Family Therapy
Counseling Children, Adolescents, and their Parents
Theory of Family Therapy
Techniques of Family Therapy
Marriage Counseling
Practicum in Counseling
Internship in Counseling
Interpersonal Communications
Intercultural Communications
Student Life

## **SERVICE ACTIVITIES**

National	
2016	President-Elect, Association for Multicultural Counseling & Development (AMCD).
2016-19	Member, Board of Directors, American Family Therapy Academy (AFTA)
2015	Nominations Committee (appointed), American Family Therapy Academy (AFTA)
2015-16	Chair, Bylaws Committee, Association for Multicultural Counseling & Development (AMCD).
2015-16	Member, Conference Committee, American Family Therapy Academy.
2014-15	Member, Bylaws Committee, Association for Multicultural Counseling & Development (AMCD).

2014	Editorial Reviewer, Journal of Family Issues
2011-14	Vice President, Latino Concerns Network, Association for Multicultural Counseling & Development (AMCD).
2011-14	Member, Executive Committee, Association for Multicultural Counseling & Development.
2014-16	Bilingual Counseling Competencies Task Force, Latino Concerns, AMCD
2008-11	Vice President-Elect, Latino Concerns Network, Association for Multicultural Counseling & Development (AMCD).
2010-11	Member, Counselors for Social Justice Ethics Committee, Association of Counselors for Social Justice
2007 2009	Member, Social Justice & Human Rights Committee, Association for Counselor Education & Supervision.
2007	Abstract Reviewer, Bi-Annual Counselor Education & Supervision Conference.
2005 2006	Member, Task Force for Exemplary Practices with Latino Clients and Families, American Counseling Association.
2005 2006	Member, Task Force for Exemplary Practices with Immigrant Families and Children, American Counseling Association.
2004 2007	Member, Latino Concerns Network, Association of Multicultural Counseling and Development
<u>State</u>	
2013-15	Member, Inclusiveness Committee, Mental Health of America Colorado, Denver, CO
1999	Chair, Florida Association for Marriage and Family Therapy Committee on Cultural, Ethnic, and Diversity Concerns
1993-95	Student/ Associate Representative, Florida Association for Marriage and Family Therapy Committee on Cultural, Ethnic, and Diversity Concerns
University	
2008	Member, Ethnic Minority Affairs Committee, University of Colorado.

2002	Panel Member, Student and Faculty Success Indicators, California State University, Sacramento	
CU-Denver		
2016	Fellow, Inclusiveness in Teaching, Center for Teaching Excellence, CU- Denver	
2013-15	Member of the Women's Issues Committee, CU-Denver	
2013	Panel Member & Group Facilitator, Campus Book READ: The New Jim Crow, University of Colorado Denver	
2012	Ad hoc Member, Crisis Response Team, University Student and Community Counseling Center, University of Colorado Denver	
2011	Future Faculty Outreach, University of Colorado Center for Faculty Development.	
2010-11	Member, SEHD Dean Search, UC-Denver, Downtown Campus	
2007	Member, Internal Review Committee, Latino Research and Policy Center, UCDHSC, Downtown Campus	
2005-	Member, Advisory Council, Latino Research and Policy Center, CU- Denver	
2003-06	Member, Diversity Committee, CU-Denver	
2000	Member, Code of Conduct Committee, CU-Denver	
CU Boulder		
2013 Center, CU Be	Ad hoc member, Research Faculty Search Committee, Career Counseling oulder	
College/School		
2016-18	Member, Diversity Committee, School of Education and Human Development, CU-Denver	
2015-16	Member, Dean's Review Committee for Retention, Tenure, and Promotion, School of Education and Human Development, CU-Denver	
2013-14	Member, Dean's Review Committee for Retention, Tenure, and Promotion, School of Education and Human Development, CU-Denver.	

2013-15	Chair, Counseling Faculty Search Committee, School of Education and Human Development, CU-Denver
2013-14	Member of Latino Community Forum, School of Education and Human Development, CU-Denver
2012-13	Member, Program Review Committee, Center for Domestic Violence, School of Public Affairs, CU-Denver
2012-15	Member, School of Education & Human Development Leadership & Finance Team, CU-Denver
2012-14	Member, Program Representatives Committee, School of Education and Human Development, CU-Denver
2011-14	Member, The Student & Community Counseling Center Governance Board, School of Education & Human Development and the Division of Student Affairs.
2009	Member, The Student & Community Counseling Center Governance Task Force, School of Education & Human Development and the Division of Student Affairs.
2009	Member, END Violence Program search committee, School of Public Affairs, CU Denver.
2009-2011	Member, Advisory Council for END Violence Grant Project, School of Public Affairs, CU Denver
2008-2011	Member, RTP Committee, School of Education and Human Development. CU Denver
2008-	Mentor, Mentoring Program, School of Education and Human Development, CU Denver
2007-08	Member, Diversity Committee, School of Education and Human Development, CU-Denver
2007-08	Member, Program Leaders Action Team, School of Education and Human Development, CU-Denver
2007	Member, SEHD Faculty Governance Ad hoc committee, School of Education and Human Development, CU-Denver

2005-	Member, Ethnic Studies Advisory Board, College of Liberal Arts & Sciences, CU-Denver
2004-07	Member, Budget Committee, School of Education and Human Development, CU-Denver
2004-05	Member, Ethnic Studies Faculty Search Committee, College of Liberal Arts & Sciences, CU-Denver
2002-03	Member, College of Education Professional Development/Community Student Affairs Committee, California State University-Sacramento
1998-99	Member, College of Education Technology Committee, Florida Atlantic University
1999	Member, College of Education Alumni Newsletter Committee, Florida Atlantic University
Department/D	ivision/Program
2015-	Faculty Advisor, Counselors for Social Justice Network, Counseling Program Student Group.
2015-	Faculty Advisor, Counseling Students of Color Support Network,
2015	Counseling Program Student Group. Supervisor, Live Observation, University Student and Community Counseling Center, Counseling Program
2014	Member, CFT Honorarium Faculty Search Committee, Counseling Program
2012-14	Program Leader, Counseling Program
2013-15	Chair, Student Handbook Committee, Counseling Program
2011-14	Member, CACREP re-accreditation Committee, Counseling Program
2012-14	Chair, Honorarium Faculty Search Committees, Counseling Program
2011-present	Member, Admissions Committee, Counseling program
2011-14	Member, Advising Night & Internship Fair Committee, Counseling Program
2011-13	Supervisor, Live Observation, University Student and Community Counseling Center, Counseling Program

2012	Chair, Clinical Faculty Search Committee, Counseling Program
2011	Coordinator for Multicultural Competency Faculty Retreat, Counseling Program
2011	Member, Internship Handbook, Counseling Program
2010-2012	Coordinator for Diversity & Inclusion Student Recruitment for Counseling Program
2010-2012	Chair, CPCE New Student Orientation, Counseling Program
2010	Member, Admission Committee, Counseling Psychology & Counselor Education
2009	Chair, CPCE Clinical Professor Search Committee, Counseling Psychology & Counselor Education
2009	Supervisor, Practicum Student, Counseling Clinic, Division of Counseling Psychology and Counselor Education, CU-Denver
2008-09	Program Leader for Counseling Psychology & Counselor Education (CPCE)
2008	Chair, Student Admission Screening, Counseling Psychology & Counselor Education, Special Summer Admissions
2007-08	Chair, CPCE New Student Orientation Committee
2007-08	Chair, Couples and Family Therapy Search Committee, Counseling Psychology and Counselor Education, UCDHSC
2007-08	Student Services contact, Counseling Psychology and Counselor Education, UCDHSC
2005-07	Member, School Counseling Faculty Search Committee, Division of Counseling Psychology and Counselor Education, CU-Denver
2005-	Coordinator, Multicultural Counseling Emphasis, Agency Track, Division of Counseling Psychology & Counselor Education, CU-Denver
2006-	Chair, Student Orientation Workshop, Division of Counseling Psychology & Counselor Education.

2006	Supervisor, Practicum Student, Counseling Clinic, Division of Counseling Psychology and Counselor Education, CU-Denver
2004-05	Co-Chair, School Counseling Faculty Search Committee, Division of Counseling Psychology and Counselor Education, CU-Denver
2004-05	Member, Multicultural Emphasis Internship sites Visiting Team.
2004-06	Faculty Advisor, United Voices-CPCE students of color network, CU-Denver
2004	Supervisor, Practicum Student, Counseling Clinic, Division of Counseling Psychology and Counselor Education, CU-Denver
2003-07	Coordinator, Diversity Faculty Retreats, Counseling Psychology and Counselor Education, CU-Denver
2003-08	Coordinator, Couples and Family Therapy Track, Division of Counseling Psychology & Counselor Education, CU-Denver
2003-04	Member, CFT Curriculum Review Committee, Division of Counseling and Psychology and Counselor Education, CU-Denver
2003-05	Member, CACREP Committee, Division of Counseling Psychology and Counselor Education, CU-Denver
2003-05	Member, Advisory Committee Coordination Team, Counseling Psychology and Counselor Education, CU-Denver
2003-04	Member, Multicultural Competence Emphasis Training, Counseling Psychology and Counselor Education, CU-Denver
2003-04	Member, Admissions Screening, Division of Counseling Psychology and Counselor Education, CU-Denver
2003	Faculty Representative, Division of Counseling Psychology and Counselor Education, CU-Denver Open House
2003-04	Faculty Advisor, Beta Alpha Omega Chapter of Chi Sigma Iota, Counseling Academic and Professional Honor Society International.
2002-03	Member, Add Staff Committee, Department of Counselor Education, California State University, Sacramento
2002-03	Member, Multicultural Committee, Department of Counselor Education, California State University, Sacramento

2001-03	Member, Oral Comprehensive Exam Committees, Department of Counselor Education, California State University, Sacramento
2001-03	MFT representative, Advising Night, Department of Counselor Education, California State University, Sacramento
2001-03	Faculty Advisor and Chapter Founder, Chi Sigma Iota, Counseling Academic and Professional Honor Society International.
2001-02	Member, CACREP Committee, Department of Counselor Education, California State University, Sacramento
2001	Member, Search Committee, Division of Counseling Psychology and Counselor Education, CU-Denver
1999-01	Member, Admissions Screening Committee, Division of Counseling Psychology and Counselor Education, CU-Denver
1999	Chair, Search Committee, Counseling and Family Therapy Center & Student Counseling Center at CU-Denver
1998-99	Faculty Advisor, Chi Sigma Iota, Counseling Academic and Professional Honor Society International
1998	Member, Search Committee, Department of Counselor Education, Florida Atlantic University
1998-99	Member, CACREP Committee, Florida Atlantic University, Department of Counselor Education
Community	
2013-present	Member, Inclusiveness Committee, Mental Health of America Colorado
2012-present	Mentor, ABD doctoral student, Syracuse University.
2010-2014	Member, Subject Matter Experts committee, Florence Crittenton School, Denver, CO.
2010-2012	Member, Advisory Board, Warrior Support Center, Colorado Springs, CO.
2007-08	Supervisor, Intern Student (Clara Paynter), Clinica la Esperanza, Denver, CO

2003-2006	Mentor/Clinical Supervisor, Diana Garcia, Latina counselor in the community, Denver, CO
2002-03	Member, Multicultural Therapist Network, Sacramento, CA
1997-98	Member, Children's Council of Palm Beach County, Mental Health Initiative
1992-94	Student/ Associate Representative, North Central Florida Association for Marriage and Family Therapy, 1992-1994.

### **GRANT WRITING & OTHER INDICATORS OF SCHOLARSHIP**

2014 SEHD Faculty Development Grant (\$1,000) "Courageous Conversations in Supervision" University of Colorado Denver

2014 Faculty Development Grant (\$2,000)

"The Lived Experience of Students of Color in Counselor Education: Implications for Recruitment and Retention"
University of Colorado Denver

2009 Statewide Strategic Use Funds (759,000)

"The Extend Needed Domestic (END) Violence Resources to School Children and Youth Project"

Collaborative grant submission between School of Public Affairs and School of Education and Human Development, University of Colorado Denver.

Aim: to provide resources via Domestic Violence experts in the schools. My part in this project included writing part of the grant regarding the effect of domestic violence on children and guidance on culturally responsive training. I also serve on hiring committees and advisory board.

2006 Faculty Development Grant (\$2,000)

Racing Around the Tenure Track: Faculty of Color Reflections on Diversity & Equity Efforts"

School of Education & Human Development

University of Colorado at Denver & Health Sciences Center

A qualitative study focused on the experiences of faculty of color in academia.

1997 Research Initiation Grant (\$4,000)

**Primary Investigator** 

Department of Counselor Education, Florida Atlantic University, Boca Raton, FL

Developed a clinical supervision questionnaire regarding issues of Diversity in Supervision. Administered questionnaire to 100 practicum and internship students in four CACREP programs nationwide.

## OTHER PROFESSIONAL ACTIVITIES

# Other Teaching Activities

- 1993 Marriage Counseling (Assistant Instructor), Department of Counselor Education, University of Florida, Gainesville, FL
- 1993 Introduction to Family Counseling (Assistant Instructor), Department of Counselor Education, University of Florida, Gainesville, FL
- 1990 Counseling Theories and Techniques (Assistant Instructor), Department of Counselor Education, University of Florida, Gainesville, FL

# Other Clinical Experience

1990-92

1993-94	Internship in Marriage and Family Therapy, Gainesville Family Institute/Center for Couples and Family Therapy, Gainesville, FL
1991-92	Intake Interviewer, Child, Youth, and Family Guidance Clinic Department of Counselor Education, University of Florida, Gainesville, FL
1991-92	Practicum and Internship in Marriage & Family Counseling, Children's Outpatient Unit, Alachua County Mental Health Services, Gainesville, FL
1990	Family Counseling Trainee, Child, Youth, and Family Counseling Trainee Department of Counselor Education, University of Florida, Gainesville, FL
1990	Practicum in Mental Health Counseling, Alachua County Crisis Center, Gainesville, FL

Care Team Member, Alachua County Crisis Center, Gainesville, FL