How Energy Drinks Will Affect a Diabetic.pdf

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You don't have to have typical symptoms to be diabetic however. It is possible to have the condition and show few if any signs. Because of this it is important that parents report family medical history to children's physicians especially whether any close relatives are diabetic. At the doctor's discretion patients may be tested for diabetes even without symptoms especially if there is a family history that suggests increased risk.

Both adults and children can develop diabetes. Most commonly children and adults develop different types. Children are generally diagnosed with Type 1 diabetes which is also known as juvenile diabetes. People who develop diabetes in adulthood on the other hand are diagnosed with Type 2 or adult-onset diabetes. Some children develop Type 2 diabetes which until recent years was considered a form that only adults develop. The numbers of children developing this form of diabetes is increasing.

One reason why children have begun to develop Type 2 diabetes is diet. Increasingly children are eating poorly and engaging in sedentary hobbies such as Internet and video games. The combination of inactivity and poor diet causes weight gain which contributes to developing Type 2 diabetes. Being overweight is not the only cause but is associated with the condition. It is important to point out that this does not mean that all overweight children or all children who have poor diets are going to be diagnosed with Type 2 diabetes. It does mean however that compared with kids who are of a healthy weight and who have healthy diets their chances of receiving this diagnosis are increased.

There are a number of factors that contribute to Type 2 diabetes and several symptoms that suggest the condition may be present. These include: A child who is overweight or obese. Weight is strongly associated with developing Type 2 diabetes. Having an immediate family member often a parent who has Type 2 diabetes also indicates increased risk for a child. Increased frequency of urination feeling thirsty all the time and being extremely tired and lethargic are symptoms of both Type 1 and Type 2 diabetes.

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