

Christy J. (Carr) Dubert, PhD(c), RN
Curriculum Vitae

EDUCATION

2007 - present	PhD	Georgia Health Sciences University	Augusta, GA	Nursing Science
1997	MSN	Marquette University, <i>Magna Cum Laude</i>	Milwaukee, WI	Nurse Practitioner
1993	BSN	Winona State University, <i>Magna Cum Laude</i>	Winona, MN	Nursing

PROFESSIONAL**Licenses**

2004-present	Registered Nurse, Georgia, #R 168833
2000-2004	Registered Nurse, Minnesota, #R 145450-3
1993-1999	Registered Nurse, Wisconsin, #R 113691-030
	CPR Certified

PROFESSIONAL WORK EXPERIENCE

2009 - present	Instructor, Georgia Southern University, School of Nursing, Statesboro, GA
2008 - 2009	Graduate Research Assistant, Dr. Sunita Dodani, Georgia Health Sciences University Human Assurance Committee, School of Nursing Liaison
2008 - 2008	Study Coordinator, Dr. Vernon Barnes, Georgia Health Sciences University, Augusta, GA
2008 - 2009	Georgia Southern University, School of Nursing, Leave of Absence to pursue PhD studies
2008 - present	Excelsior College, Nurse Examiner
2005 - 2008	Instructor, Georgia Southern University, School of Nursing, Statesboro, GA
2005 - 2007	Staff Nurse, Keys Resource Pool, St Joseph's/Candler Hospital, Savannah, GA
2004 - 2004	Clinical Nurse Specialist, Neuroscience, St Joseph's/Candler Hospital, Savannah, GA
2003 - 2004	Activated Army Nurse Reservist, Head Nurse, Same Day Surgery, Winn Army Community Hospital, FT Stewart, GA
1999-2004	Nursing Education Specialist, Cardiovascular, Mayo Clinic, Rochester, MN
1994-2004	Individual Mobilization Augmentee Reservist, Army Nurse Corp, US Army
1997-1999	Adult Nurse Practitioner, SAINTS Health Services for Business, Stevens Point, WI
1993-1997	Staff Nurse, Intermediate Care Unit, Columbia Hospital, Milwaukee, WI
1992-1992	Summer Nurse Internship, Neuroscience, Wausau Hospital, Wausau, WI

HONORS AND AWARDS

2008	<i>Mary Allen Lindsey Branan Scholarship</i> , Georgia Health Sciences University, Augusta, GA
2004	<i>Army Commendation Award</i>
1993	Sigma Theta Tau International Honor Society of Nursing, Winona State University, Winona, MN
1988 - 1992	<i>Mayo Foundation Scholarship</i> , Mayo Clinic, Rochester, MN
1990	<i>Lutheran Hospital Auxiliary Scholarship</i> , Lutheran Hospital, LaCrosse, WI

FUNDED GRANTS/RESEARCH

Funded

1. **\$1000.00 from Beta Omicron Chapter, Sigma Theta Tau National Nursing Honor Society** to support research project " A Mindfulness Model of Emotion Regulation in Nursing Students: Working Memory Capacity as a Regulatory Mechanism ". Funded 2012.

SCHOLARLY ACTIVITIES

Dissertation: In progress; Passed Comprehensive Exam II January 2012

Title: A Mindfulness Model of Emotion Regulation in Nursing Students: Working Memory Capacity as a Regulatory Mechanism; Advisor: Dr. Autumn Schumacher, Georgia Health Sciences University, Augusta, GA.

Publications: Peer Reviewed Professional Journals

Dubert, C., Gee, R.M., Graf, M., & Rushing, A M. (2011, September). Writing for publication: A scholars' group approach. *Nurse Author & Editor*.

McGohan L, Twedell D, Fahe C, Sanchez A, Bohn L. & **Carr C.** (2005). The Success Story of an Intermediate Care Area Nurse Internship Program, National Nursing Staff Development, 21 (4), 152-157.

Manuscripts: Currently in Editorial/Peer Review.

Graf, M., Rushing, A. M., **Dubert, C.,** & Gee, R. M. (In Review). From expert clinician to novice writer: A guide for success. *Nursing 2011*.

Rushing, A., Gee, R. M., Ennis, M., & **Dubert, C.** (In Process). *Process-oriented guided-inquiry learning (POGIL) in nursing: Exploring a methodology for a student-centered approach to learning*.

Research Activities

Research in Progress

Dubert, C. (2013). A Mindfulness Model of Emotion Regulation in Nursing Students: Working Memory Capacity as a Regulatory Mechanism; Dissertation Advisor: Dr. Autumn Schumacher, Georgia Health Sciences University, Augusta, GA.

Graf, M., Rushing, A., Gee, R. M., **Dubert, C.,** & Moore, D. (2011). *Improving ability to critically think: Does an online course for pre-nursing and nursing students help?* Georgia Southern University, Statesboro, Georgia, IRB H11314.

Presentations

Podium: Referred

Fahe C, Sanchez A, Bohn L. & **Carr C.** The success story of an Intermediate Care Area Nurse Internship Program. Paper presented at: National Nursing Staff Development Organization National Conference, August 2002; Indianapolis, Indiana.

Barnes VA, Williams VP, Williams RB, Johnson MH, Murrell AS, Shenbagarajan VP, **Dubert C.** Williams Lifeskills® training lowers school-time ambulatory blood pressure in adolescents. Paper presented at: Society of Behavioral Medicine Annual Meeting April 22-25, 2009; Montreal, Canada.

Podium Presentations: Currently in Peer Review

Rushing, A. M. Gee, R. M., & **Dubert, C.** (2011, Submitted). *Voices of Serenity: Experiences of Recovery and Healing of Addiction*. Society of Rogerian Scholars Conference, October 7-9, 2011, Greensboro, NC.

Poster: Referred

International

Rushing, A. M., Gee, R. M., **Dubert, C.**, & Graf, M. (2011). *Process-oriented guided-inquiry learning: A student-centered approach to learning*, The 4th annual SoTL Commons Conference: A Conference for the Scholarship of Teaching & Learning, March 9 – 11, 2011, Georgia Southern University, Statesboro, Georgia.

National

Dubert, C. (2012). A Mindfulness Model of Emotion Regulation in Nursing Students: Working Memory Capacity as a Regulatory Mechanism. Southern Nursing Research Society Annual Conference, New Orleans, LA; February 22-25, 2012.

Rushing A, Gee R, **Dubert C**, Graf M, & Moore D. (2011). Process-oriented guided-inquiry learning (POGIL): A new paradigm in professional practice education. SoTL Commons Conference at the Center for Teaching, Learning & Scholarship, Georgia Southern University, Statesboro, GA; March 9-11, 2011.

Local

Rushing, A. M., Gee, R. M., **Dubert, C.**, & Graf, M. (2011). *Process-oriented guided-inquiry learning: A student-centered approach to learning*. Sigma Theta Tau International, Honor Society of Nursing, Mu Kappa Chapter, School of Nursing, Georgia Southern University, Statesboro, Georgia, April 11, 2011.

Conferences/Workshops Attended in last Five Years

International

- 2011 SimChart Orientation and Training, Elsevier, St. Louis, MO; December 14-15, 2011.
- 2011 American Association for the History of Nursing International Conference; Texas Christian University, Fort Worth, Texas; September 9-10, 2011
- 2011 Simulation Standards for Best Practice; The International Nursing Association for Clinical Simulation and Learning; Sponsored by AACN; September 26, 2011
- 2011 From the Ground Up: Simulation Center Building Blocks; Mayo Clinic, Rochester, Minnesota; August 4, 2011
- 2011 Medical Education Technologies Inc. (METI) iStan Training: Basic and Advanced Courses. Sarasota, FL; April 11-14, 2011.

- 2009 Center for Mindfulness in Medicine, Health Care and Society, University of Massachusetts Medical School; 7th Annual International Scientific Conferences for Clinicians, Researchers and Educators: Investigating and Integrating Mindfulness in Medicine, Health Care and Society; March 18-22, 2009
- 2006 Medical Education Technology Inc., Human Patient Simulation Network Conference; Tampa, Florida; February 2006

National

- 2010 Pursuing Radical Transformation in Nursing Education: Fostering Our Pedagogical Imagination; Duke University, Durham, North Carolina; November 5-6, 2010
- 2009 Mindfulness-based Stress Reduction Course; e-Mindful; July – August 2009

State

- 2008 “Transforming Nursing: The Road Ahead”; Georgia Association for Nursing Education Annual Conference; Callaway Gardens, Pine Mountains, Georgia; February 21-23, 2008.

Local

- 2011-2012 Scholar’s Group, Center for Scholarship, Teaching and Learning, Georgia Southern University, Faculty Learning Community on "Teaching Critical Thinking".
- 2010 - 2011 Scholar’s Group, School of Nursing, Center for Scholarship, Teaching and Learning, Georgia Southern University, Reading Roundtable: *Team-Based Learning for Health Professions Education*, Michaelsen, L. K., Parmelee, D. X., McMahon, K. K., & Levine, R. E.
- 2010 - 2011 School of Nursing, Center for Scholarship, Teaching and Learning, Georgia Southern University, Reading Roundtable: *Education Nurses: A Call for Radical Transformation*, Benner, P., Sutphen, M., Leonard, V., & Day, L.
- 2011 DNP Summer Intensive, Speakers: Dr. Barbara Penn, “*How Adults Learn*” and Dr. Lynn Callister, “*Cultural Competencies in Nursing*”; Georgia Southern University, Statesboro, Georgia, May 16 and 18, 2011.
- 2011 Team-based Learning Seminar, Speaker: Larry Michaelsen PhD, Center for Teaching, Learning and Scholarship, GSU, January 2011.
- 2010 Center for Excellence in Teaching, Scientific Teaching Workshop Series (STEM: Course Design Seminar Series), Georgia Southern University, Statesboro, Georgia, July 2010.
- 2010 Teaching Students to Think Like Da Vinci: Beyond "Just the Facts" OR "What's on the Test?" at Center for Teaching, Learning and Scholarship, Georgia Southern University, September 21, 2010.
- 2010 Navigating the Institutional Review Board workshop through GSU.
- 2009 Dinner with Mu Kappa: “*Expressions of Scholarship in Nursing*,” Speakers: Dr. Brenda Talley, “*The History of Sigma Theta Tau*”; Dr. Melissa Garno, “*The Vision of Sigma Theta Tau International Honor Society of Nursing*”; Dr. Elaine Marshall, Endowed Chair and Director of Nursing Scholarship, “*Applications of Nursing Scholarship: Exploring Our Past*,” Sigma Theta Tau, Inc. Georgia Southern University, Statesboro, Georgia, December 1, 2009.
- 2009 School of Nursing Brown Bag Writing Group facilitated by Dr. Elaine Marshall.
- Dubert, C.

2008 Medical Education Technology, Inc. Workshop, School of Nursing, Georgia Southern University, Statesboro, Georgia.

SCHOLASTIC PERFORMANCE (Doctoral Studies at Georgia Health Sciences University)

Date	Course	Grade
2007	Philosophical Foundations of Nursing Science	A
	Academic Seminar	A
	Theory Development	A
	Biostatistics	A
2008	Independent Study/ Analysis of Mindfulness-based stress reduction (Dr. Bennett)	A
	Pre-doctoral Grant Development	A
	Responsible Conduct of Research	A
	Intro Faculty Research	A
	Quantitative Research Design and Methods	A
	Critical Analysis of Health Behavior Theories for Research	A
2009	Biostatistics II	A
	Qualitative Design & Analysis	A
	Seminar in Nursing: Advanced Methods in Quantitative Research	A
	Measurement in Health Research	A
	Independent study (Completing MBSR course)	A
	Advanced statistical methods: Logistic Regression analysis	A
	Scientific Grant Writing	A
2010	Physiological and Neuropsychology	A
	Neuroscience Issues in Advanced Practice (focused on Neuroplasticity, how the environment changes the brain, nursing implications and research)	A
	Investigation of a Problem	A
	Seminar in PhD Progression and Advancement	A
	Advanced Cognitive Psychology	A
2011	Independent Studies	S
2012	Investigation of a Problem	S

SERVICE ACTIVITIES

Professional Memberships (*elected or appointed)

2011- present The International Nursing Association for Clinical Simulation and Learning
 2008 - present Sigma Theta Tau International Honor Society of Nursing
 2008 - present Southern Nursing Research Society
 2006 – present Georgia Association of Nursing Education (Southeast Regional Director, 2007- 2011*)
 2009- present Georgia Southern University; Graduate Faculty Status: Affiliate

School of Nursing Committees-Georgia Southern University

2010 – present Undergraduate Student Affairs Committee
 2009 – present Nursing Scholarship Committee
 2009 - present Student Resource Committee,
 2006 - 2008 Undergraduate Student Affairs

Georgia Southern University Service Activities

2009 – present Planning Committee for the Annual Conference of the American Association for the History of Nursing, to be held in Savannah, Georgia; September 2012
 2009- present School of Nursing Orientation and Convocation Ceremony (biannually)

2005- present School of Nursing Awards and Recognition Ceremony (biannually)

Mentoring

2012 Minority Health International Research Training grant (MHIRT) mentor for Natalie Williams.
Responsible for mentoring student to prepare them for research project internship.

Mayo Clinic Committees

2000 - 2003 Intermediate Care Nursing Internship Program, Curriculum Development, Program Coordinator
2001 - 2003 Intermediate Care Unit Liaison for BLS/ACLS Committee
2000 - 2003 Preceptorship Committee, Intermediate Care Unit (Mary Brigh 5BC & 6D), Permanent Chair,
2000 - 2003 Staff Development Committee, Intermediate Care Unit (Mary Brigh 5BC & 6D), Permanent
Chair

MSN Comp Exam Reading Committee Memberships

2012 Angela Adams
2011 Samantha Parkinson

Research Participant

2010 - 2011 Science Technology Engineering and Mathematics Follow-Up Study: studying the effectiveness
of participating in an intensive training session on teaching effectiveness; qualitative study
conducted by Dr. Judith Longfield, Center for Teaching, Learning and Scholarship, Georgia
Southern University, Statesboro, Georgia.

TEACHING ACTIVITIES

Current Bachelor of Science in Nursing (BSN) Course Assignment at Georgia Southern University

NURS 3230 Health Assessment Across the Lifespan: Lead Instructor
NURS 3150 Introduction to Professional Practice (Coordinate Campus Clinical Simulations)
NURS 3111 Nurse Practice Competencies

Past Course Assignments

Georgia Southern University:

NURS 3131 Therapeutic Nursing Interventions: Health Promotion I
NURS 3331 Therapeutic Interventions: Practicum I (Lead Faculty)
NURS 3342 Adult Health Practicum II
NURS 4326 Complex Health Promotion: Practicum VI
NURS 4354 Complex Health Promotion: Practicum VII
NURS 4738 Nursing Leadership and Management: Practicum VIII
NURS 4728 Nursing Leadership and Management: Practicum VIII

Mayo Clinic, Rochester, MN:

Intermediate Care Area Nurse Internship Program (Arterial Line Management & Conscious Sedation Classes)
Intermediate Care Area Ventricular Assist Device
Annual Preceptor Enhancement Day
Basic Cardiovascular Assessment Class
Annual Professionalism Day (various practice based topics)
Intermediate Care Area Wings Class (for new nursing staff)
Cardiovascular Surgical Intermediate Care Area Learning Lab (Chest tubes, arterial line management, ST
Segment monitoring)
Basic EKG Class
Cardiovascular Surgical Specialty Day
Cardiovascular Transplant Specialty Day

