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Relationships and Universal Energy Laws

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Relationships are our most intense forms of "mirrors" in the world. They show us in direct and indirect ways how we are using our personal energy systems in what I call our three life spaces. They show us how we consciously and unconsciously employ what some authors have called Universal Energy Laws (see attached descriptions of these laws) to co-create the quality of our relationships. Whether or not we "attract" and/or deal with relationships in conscious or subconscious ways, what I call the "mirror effect" is reflected in our three life spaces.
As human beings with conscious minds, we simultaneously live in three life spaces—a *personal life space*, a *societal life space*, and a *global life space*. Imagine three overlapping circles. Each circle contains your core beliefs, ideas, thoughts, attitudes, feelings, decisions, and choices (i.e., your programming) regarding information you have consciously or unconsciously screened into your mind. One circle represents your *personal life space*; the second circle represents your *societal life space*; and the third circle represents your *global life space*. You and your conscious or rational mind are at the center where the three circles overlap. You engage in "actions," "expressions," and "relationships" in the "outer world of experience" in accord with your conscious and subconscious programming.

In this metaphor, personal life space relationships and experiences refer to "direct, face-to-face experiences" that you have *with* people, events, objects, or places around which you may have conscious and unconscious thoughts and feelings. Societal life space relationships and experiences refer to "indirect societal experiences," which do not involve face-to-face contact, that you have *about* people, events, objects, or places around which you may have conscious or unconscious thoughts and feelings. These indirect societal experiences include, for example, encounters with books, the media, past or present second-hand information from others *about* the nature of society or societal issues and dynamics and public figures. Global life space relationships and experiences refer to "indirect global experiences," which do not involve face-to-face contact, that you have *about* people, events, objects, or places around which you may develop conscious or unconscious thoughts and feelings. The indirect global experiences include, for example,
encounters with books, the media, past or present second-hand information from others about the nature of global or international issues and dynamics and international figures.

If you are or have been fortunate enough to physically travel to other places in a society and/or in the world, then whatever societal and/or global experiences that you encounter or encountered face-to-face become part of your personal life space and uniquely exists in your mind as personal memory and beliefs (thoughts and feelings) about those societal and/or global experiences and relationships. For the most part, then, societal and/or global relationships and experiences exist in your mind as "indirect experiences," whereas face-to-face contacts "mirror" your outward personal play with your own and others' energies and exist in your mind as your more immediate co-creations.

In this context, the "mirror effect" can be defined as the effect(s) manifested in one's life spaces–personal, societal, and/or global–which has emerged or flows from the energy attracted to one's core beliefs (core ideas) about one's Self (mind, body, and spirit) and one's world (physical and spiritual). Core beliefs are "transparent." They are so basic to the way a person orients his or her life that s/he rarely stops to think about them. Yet, they are important, in that our actions particularly in co-creating relationships, are influenced by them.

In terms of relationships, therefore, the "mirror effect" is the externally reflected outcomes or conditions of inner-directed energy in accord with these core beliefs and in
accord with the use and misuse of Universal Energy Laws. These Universal Energy Laws may be called: (1) the Law of Attraction; (2) the Law of Polarity; (3) the Law of Neutrality; (4) the Law of Consequences; (5) the Law of Intention; (6) the Law of Allowing; and (7) the Law of Universality. Another way of saying this is that where we live inside is reflected in our individual and collective experiences and relationships and is mirrored back to us in our personal, societal, and/or global life spaces. This description of the "mirror effect," however, is not to be confused with "the blame game," for meaning in this context is derived from increased awareness and knowledge which we acquire from our Earth lessons in the co-creative use of energy with Wisdom.

In accord with the "mirror effect," then, there are some relationship principles that may be helpful in wisely applying Universal Energy Laws to co-create the kind and quality of relationships that we say we want in our personal, societal, and global life spaces. The relationship principles may be described as follows:

• We create our own reality according to the nature of our beliefs. Adopt, therefore, "win-win" beliefs and attitudes. (Relationship Principle related to the Law of Attraction)

• Do not send energy to what you do not want. Send energy only to that which you do want. (Relationship Principle related to the Law of Polarity)

• When in doubt, adopt a neutral stance until you can get clear about what you prefer. Go within and ask for clarity. Be patient with yourself. Do not choose the lesser of what you do not want. (Relationship Principle related to the Law of Neutrality)
• Beliefs are not truths per se. We are at the mercy of circumstances only if we "believe" that we are. Believe, therefore, that we co-create as the Source of our lives. (Relationship Principle related to the Law of Consequences)

• To change the nature of "unhealthy" circumstances, we must first change the limiting belief(s). (Relationship Principle related to the Law of Consequences)

• Focus on the "Essence" of what you want and do not become wedded to "form" per se. When we know the "Essence," any form will work. (Relationship Principle related to the Law of Intention)

• The key to all "healing" and change, including healing relationships, is the use of our creative imagination and our preference. (Relationship Principle related to the Law of Universality)

If these relationship principles could be applied individually and collectively, we may be able to consciously use the "mirror effect" with Wisdom and in turn be able to co-create relationships that work for ourselves and others in our personal, societal, and global life spaces.

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