

**University of Massachusetts Boston**

---

**From the Selected Works of Carroy U "Cuf" Ferguson, Ph.D.**

---

Fall September, 2007

# The Gift and Challenge of "Free Will": The Connection to Transformational Archetypal Energies

carroy u ferguson



Available at: [https://works.bepress.com/carroy\\_ferguson/20/](https://works.bepress.com/carroy_ferguson/20/)



### **The Gift and Challenge of “*Free Will*”: The Connection to Transformational Archetypal Energies**

In a previous message, I spoke of “The Voices of Transformational Archetypal Energies,” and how they serve as the primary “Psychic Energy” behind AHP’s mission and “kindred spirits on the edge.” Again, I use easily recognized terms to evoke a common sense of these Higher Vibrational Energies, each with their own transcendent value, purpose, quality and “voice” unique to the individual that operate deep within our psyches (i.e., **Love; Acceptance; Inclusion; Harmony**). I want to use this opportunity to briefly call attention to the use and misuse of a wonderful human gift and its connection to these Transformational Archetypal Energies. That gift is called *Free Will*. As an organized “form” and “expression” of these Transformational Archetypal Energies, AHP, the “Mother Organization” for The Human Potential Movement, has and continues to play a central and vital role in nurturing the gift of *Free Will*.

When used wisely, we can evoke our *Free Will* with an “integrative perspective” for how best to relate to self, others, societies, and the planet. This is part of AHP’s *enhanced vision*, seeking to more vigorously connect with strategic partners like ATP and socially conscious organizations and institutions, nationally and internationally, in co-creating a more humane planet and assisting in the evolution of Consciousness.

At individual and collective levels, we are presented with infinite moment-to-moment life circumstances, challenges, and opportunities that involve individual and collective choices. Many daily choices involve or engage us in how best to shift the foci and preferences of our individual and collective Consciousness so that we can make authentic contact with Higher aspects of ourselves and with Higher aspects of others. With these choices, we contribute Energy not only to what occurs in our personal life spaces, but also to larger societal and global circumstances. Again, Transformational Archetypal Energies position each person to shift her/his Consciousness in such a way as to focus on the creation and co-creation of optimal individual and collective realities. And, such Consciousness shifts occur in the *Now* and in the context of *Free Will*.

*Free Will* is both the greatest gift, and the greatest challenge, for humanity. *Free Will*, in alignment with what many know as the *Universal Energy law of attraction*, provides us with “choice” in the *Now* to create and co-create whatever we desire, both short-term and long-term with “practiced attention.” That is, individually and collectively, we *literally* create different realities in the *Now* by saying “Yes” and “No” to “what” Energy we may “attract” (i.e., Energy in the “forms” of people, relationships, events, ideas/beliefs/values, objects, circumstances) into our personal, societal, or global life spaces, or “what” we *preliminarily allow* to “be” in our Consciousness, for whatever reasons. In this context, an underlying “creative tension” for each of us is how to use our *Free Will wisely* and with *discernment*, individually and collectively, in saying “Yes” or “No,” and how to use “practiced attention” to listen to and give unique expression to the Transformational Archetypal Energies **Love**, **Acceptance**, **Inclusion**, and **Harmony** in our personal, societal, and global life spaces.

The *law of attraction* refers to a Universal Vibrational Energy principle, which is: Energy of any form magnetically attracts similar Energy, the intensity of emotions causing a more intense attraction in both speed and quantity. The Energy also tend to be “attracted” in accord with what I have called our respective Levels or Foci of Consciousness, related Archetypal Energies, and Earth Lessons. I discussed this “emerging worldview” in a previous AHP Perspective article (Oct./Nov. 2005 edition). In this sense, the gift of *Free Will* and the *law of attraction* allow us *to be* and *to do* “who we are,” individually and collectively, in the *Now*, and to “attract” Energy in a variety of forms to support “who we want to become.” In essence, this is what is meant by the human desire for *freedom*—freedom *to be* our Truer Selves and to have what we want. When we choose, therefore, to listen to our unique Archetypal Energies, particularly the Transformational Archetypal Energies, we become more and more of our Truer Selves. As our Truer Selves, we can use our *Free Will* to more compassionately contribute Energy that “positively” impacts personal, societal, and global issues, individually and collectively.

The flip side of *freedom*, however, is *responsibility*. And, therein lies the greatest challenge of *Free Will*. To more fully understand this challenge, it is important to understand that there are two primary ways we can use *Free Will*. I, and others, call these two uses the *Forceful Will* and the *Wise Will*. The *Forceful Will* is connected with what many now call the Lower Self, the domain of Ego and personality. The *Wise Will*, on the other hand, is connected to what many now call the Higher Self, the domain of Spiritual Essence and the Archetypal Energies.

*Free Will* is often misused when we allow Ego-based fears to direct the focus of our individual and collective Consciousness, for whatever reasons (e.g., fear of the different). Fear has the effect of blocking the flow of Transformational Archetypal Energies. Fear invites polarized thinking (e.g., my group has “the truth” and yours does not), and, out of fear, we may misuse our *Forceful Will* to violate or do harm to another, to “protect” ourselves against a “self-created perceived enemy,” or to get our way, playing power and blame games. This may happen at both individual and collective levels in our personal,

societal, and global life spaces. When we realize (or remind ourselves) that *Free Will* provides us with at least “three choices”--the opportunity to *accept*, *reject* or *modify* anything in our life space--, we can then re-direct the focus of our Consciousness onto the Transformational Archetypal Energies, individually and collectively, and shift our Consciousness with “practiced attention” toward our higher good or optimal realities, thus allowing ourselves *freedom* to be our Truer Selves with one another. In this sense, then, the challenge of *Free Will*, individually and collectively, is to create and co-create what we desire *consciously*, *responsibly*, and *wisely*, without doing harm to ourselves, to another, or to the planet. When we misuse *Free Will* to do harm to ourselves, to another, or to the planet for whatever reasons, we are not serving our higher good or optimal realities.

It is unfortunate, therefore, that there are so many examples of how *Free Will* and the *law of attraction* are “forcibly” misused in the world, as witnessed by the creation and co-creation of numerous inhumane and violent acts, events, and circumstances in the world (e.g., wars; terrorism; racial, ethnic, gender, cultural, disability conflict/discrimination; slavery; national & international health & economic disparities), and neglect/abuse of our environment and the planet (e.g., global warming). It serves no purpose to cast blame, for choices are made, individually and collectively, for many “perceived reasons,” some culturally scripted, politically scripted, or otherwise scripted, or from doing the best we knew how at the time. The *Wise Will*, however, thinks of better ways than “force” to do things. The *Wise Will* also thinks for itself and does not blindly play “follow the leader.” My intent here, therefore, is simply to “remind” readers that *Free Will* always gives us “three choices” in relation to any script or circumstance.

Following is a “reality check” for the use or misuse of *Free Will*. The purpose of these questions is to provide an opportunity to pause and reflect.

Typical Day/Week  
*Free Will* Choices

In a typical day/week, can you point to one specific act/event/circumstance in your life spaces that “mirrors”:  
-how much you love your Self *unconditionally*;  
-how much you love a significant other *unconditionally*;  
-how much you love your world *unconditionally*

In a typical day/week, when you encounter differences (person, idea, belief, value, orientation, physical, mental, emotional, cultural, societal, national, international) in your life spaces, do you view them as potential sources of learning and growth or reasons for defense or attack

Transformational  
Archetypal Energies Challenges

Allowing the Archetypal Energy **Love** to flow more freely in your life spaces

Allowing the Archetypal Energy **Acceptance** to flow more freely in your life spaces

In a typical day/week, do you interact face-to-face with a diverse group of people (race, class, ethnic, gender diversities) in your personal life space (neighborhood; work; friends) or “positively” relate indirectly with issues/people of diversity in your societal and global life spaces (media; books)

Allowing the Archetypal Energy **Inclusion** to flow more freely in your life spaces

In a typical day/week, do you *consciously* engage in at least one act to *balance* your or another’s mind-body-Spirit connection or to foster *balance* for the environment or planet

Allowing the Archetypal Energy **Harmony** to flow more freely in your life spaces

The *Wise Will* beckons each of us to view one another as “Embodied Souls,” engaged in personal, societal, and global games for the purpose of learning and growing. In this context, AHP, in symbolic and real ways, has been and continues to be the “mother voice” (sometimes unappreciated or taken for granted) that nurtures and encourages all who will listen to its Transformational Message. That message asks that we embrace the Transformational Archetypal Energies in our daily life spaces moment-to-moment and use our *Wise Will* to create and co-create our higher good and optimal realities. With an enhanced “integrative vision,” AHP can further nurture the gift of *Free Will* and encourage the use of the *Wise Will* with numerous partners that have societal and global transformational agendas related to our individual and collective higher good and optimal realities. I, therefore, ask for your support, financial and otherwise, to assist AHP with this grand undertaking.