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**From the Selected Works of Carroy U "Cuf" Ferguson, Ph.D.**

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**Mother Earth "Speaks": Change Yourself, Change  
The World, Use The Archetypal Energy  
"Harmony" As A Guide**

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## Mother Earth “Speaks”: Change Yourself, Change the World, Use the Archetypal Energy “Harmony” as a Guide



AHP CO-PRESIDENTS CHIP BAGGETT AND CUF FERGUSON

— Carroy U. “Cuf” Ferguson

In relation to the Cosmos, we all, as human beings, live on this tiny planet we call Earth, a planet that supports and sustains life, as we know it. There are many different kinds of people, plants, and animals functioning in harmony with soil, air, and water—all linked to one another in a complex web of life to form one Earth community. Unfortunately, we often take this miracle and ecosystem of life for granted. When, however, we take the ecosystem of life too much for granted, Mother Earth “speaks,” reflecting imbalances and disharmonies. When Mother Earth “speaks,” her message is a simple one: It’s time for corrective action, to make a change—change yourself, change the world.

Much already has been written elsewhere about the problems we have created for and on Mother Earth—pollution, Global Warming, overpopulation, violence, such as war, that destroys the ecosystem of life. The intent here, therefore, is not to present a litany or detailed discussion of these problems. Rather, the intent is to suggest that the current message or feedback we are currently receiving from Mother Earth, as a result of the imbalances and disharmonies we create, call attention to the link between ourselves, Mother Earth, and what I have called Archetypal Energies—more specifically the Archetypal Energy **Harmony**. I suggest, therefore, that when Mother Earth “speaks,” She is asking us to “be” more *conscious* about what we are doing and to use the Archetypal Energy **Harmony** as a guide for corrective actions.

What is the purpose and function of the Archetypal Energy **Harmony**? In previous President’s

messages, I have described Archetypal Energies as Higher Vibrational Energies with their own transcendent value, purpose, quality, and “voice” unique to the individual that operates deep within our psyches, at both individual and collective levels. We tend to experience them as “creative urges” to move us toward our Highest Good or Optimal Realities. In one of those President’s messages, titled “The Voices of Transformational Archetypal Energies: The Psychic Energy Behind AHP’s Mission”, I attempted to present a “mirror” of the “voices” of *Transformational Archetypal Energies*, as I have come to understand them. I presented them as if there is a Higher Aspect of each person talking to each personality, as a listener, about these Archetypal Energies. *Transformational Archetypal Energies* reposition us to change the foci and preferences of our Consciousness and the nature of various blending, transformations, transcendences, and transmutations of Energies as we make authentic contact with our Higher Self and as Souls make authentic contact. One of these Transformational Archetypal Energies is the Archetypal Energy **Harmony**.

In terms of the purpose, function, and *feeling-tone* of **Harmony’s** transformational “voice,” the Archetypal Energy **Harmony** can be described as an Energy aspect of Authentic Essence or a Soul Quality that facilitates the creation of constructive outcomes for all Spiritual blending. **Harmony** also encourages, nurtures, and supports the give-and-take of all Energetic exchanges—physical, mental, emotional, and Spiritual—using the *principle of balance*. **Harmony** is one of the Qualities, along with **Beauty**

(a *Foundational Archetypal Energy*), that sets the stage for the emergence of **Joy** (a *Spiritually Integrative Archetypal Energy*). **Harmony** facilitates the vibrational and energetic work between your Higher and Lower Consciousness and Soul contacts by acting as an "Ideal Maintenance Form" to move toward, once **Acceptance** (a *Transformational Archetypal Energy*) has created a bridge and opened the door for **Love** (a *Transformational Archetypal Energy*). **Harmony** is therefore the Archetypal Energy that *emerges* when aspects of your Self and/or others are "touched" by **Love** (i.e. you get in "touch" with the **Love** inside of you and others) and is the Archetypal Energy that *remains* as a vibrational and energetic reflection (the reflected outcome) of the nature of **Love**.

What does it mean then to use the Archetypal Energy **Harmony** as a guide for Earth-related corrective action? First, to use the Archetypal Energy **Harmony** as a guide for corrective action, it is important to recognize that everything that we see and experience in our world is Energy, vibrating at different frequencies. Second, it is important to realize that we are also Consciousness—Energy Beings vibrating at particular frequencies. Third, it is important to recognize that we are all part of a Vibrating Mother Earth, vibrating in various forms at different frequencies. In this context, when we are in touch with **Harmony** inside of us as we relate to others and Mother Earth, we, at a vibrational level, experience a sense of *balance* in the flow of Energy between us and the ecosystem of life. I refer to this phenomenon as *living in synchronicity*. When we are not in touch with **Harmony** inside of us as we relate to others and to Mother Earth, we experience a sense of imbalance in the flow of Energy between one another and the ecosystem of life. We are therefore living *out of sync*.

We have created numerous human dramas through the centuries, some uplifting to the human spirit and the ecosystem of life and others very destructive to the human spirit and the ecosystem of life. We have invented numerous categories to try to define who we are, individually and collectively, and to try to indicate how to

look at ourselves on the planet. As meaning-makers, individually and collectively, we also have created and given meaning, value, and importance to many ways to demarcate ourselves one from another on the planet.

As human beings, we have Consciousness about our Being-ness and that of others. And, we have *free will* to create what we want. And yet, we very often forget that we are the *creators* of all of our human dramas, individually and collectively. We often appear to be unaware of our creations or "unconscious" about *how* and *why* we have created *what* we have created, individually and collectively. We simply play a game that I will call *The Numbness Game*. This game allows us to close our eyes to our destructive creations and self-limiting constructions of reality as they relate to self, others, and the planet. In playing the *Numbness Game*, we then allow ourselves to act as if we had nothing to do with our own creations, particularly those that are destructive and self-limiting. And, we live *out of sync*.

It is during such times that Mother Earth "speaks," mirroring the vibrational imbalances and disharmonies so that we can become more *conscious*



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about our choices and actions, individually and collectively. For example, Global Warming is caused by us (e.g., greenhouse gas emissions), and Mother Earth “speaks.” Mother Earth is “speaking” by already showing many signs of worldwide climate change: The average temperatures have climbed 1.4 degrees Fahrenheit around the world since 1880, much of this in recent decades; Arctic ice is rapidly melting, with the expectation that the Arctic may have its first completely ice-free summer by 2040; glaciers and mountain snows are rapidly melting (e.g., Montana’s Glacier National Park now has only 27 glaciers, versus 150 in 1910); coral reefs, highly sensitive to small changes in temperature, have suffered their worst bleaching since 1998; an upsurge in the amount of extreme weather events, such as wildfires, heat waves, and strong tropical storms, is attributed in part to climate change. And, Mother Earth makes adjustments, speeding up Her vibrational frequencies and mirroring Her adjustments through increased vibrational events such as tectonic plate shifts, volcanic eruptions, and earthquakes. All of these events represent Mother Earth’s *call to action* for humanity, as She seeks to correct imbalances and disharmonies.

Then there is the human-created saga of the 2010 oil spill event in the Gulf, which continues to unfold as of this writing. Such a saga reminds us about the need to transition from fossil fuels like coal and oil to renewable energy sources like solar and wind, to develop and use more energy-efficient technologies (e.g., efficient light bulbs), and to engage in more “green-related” action such as planting trees.

The Archetypal Energy **Harmony** thus invites us to find creative ways to *live in synchronicity* with Mother Earth. As I evoked the Archetypal Energy **Harmony** to write this message, I was guided to a wonderful document. It is called *The Earth Charter*. I found great resonance with it. The idea for this kind of charter has been around for some time. In 1987, the United Nations World Commission on Environment and Development called for a new charter to guide a transition to sustainable developments. However, it would not be until March 2000 that such a charter would be approved in Paris at a meeting of the Earth Charter Commission at the UNESCO headquarters. My sense is that the Archetypal Energy **Harmony** was the creative psychic energy behind the evolution of *The Earth Charter*. My purpose in mentioning it here, therefore, is simply the call this charter to the attention of readers who have yet to

encounter it. *The Earth Charter* contains specific perspectives and ideas for what each person can do to change him or her self, and therefore change the world. *The Earth Charter* invites us, individually and collectively, to learn how to *live in synchronicity* with Mother Earth.

What are some perspectives from *The Earth Charter* for personal change to change the world? I will list only some examples for illustrative purposes:

- Respect Earth and all life—all forms of life need one another; all forms of life are valuable, including those that people think are useless; all people have the potential to think and learn, to create beauty, and to live together respectfully.
- Protect and restore the web of life—preserve wild lands and waters; protect plants, animals, and cultures from extinction; protect the health of forests, fields, oceans, and other ecosystems.
- Don’t take chances if there is a possibility that Earth’s environment may be harmed—think about future “bad” consequences of what we do now; require people who want to do something new to prove that it is safe before they begin; don’t pollute any part of the environment; don’t allow any buildup of radioactive, toxic, or other hazardous substances.
- Guarantee that everyone has enough to meet their basic needs—everyone has a right to clean air, water, and soil; everyone needs enough nutritious food to eat; everyone deserves shelter from cold, wind, and rain, and protection from disease; everyone has a right to education so they can do useful work and earn a living; people who cannot work deserve to be helped.
- Be sure that everyone gets a fair share of Earth’s resources—encourage those who have more than they need to share with those who do not have enough; help people and governments become skillful and independent; businesses and banks should not be allowed to do anything that will harm people.

I encourage readers, therefore, to access and study *The Earth Charter*. You can simply Google it. I also invite all readers to evoke the Archetypal Energy **Harmony** as a guide for corrective action in his/her personal, societal, and global life spaces. Mother Earth is “speaking.” Let us all listen.

— CUF FERGUSON