

Dr Bruce Watt
Forensic and Clinical Psychologist

CURRICULUM VITAE

GENERAL:

Title: Dr
Surname: Watt
Given names: Bruce David

Dr Bruce Watt
Forensic & Clinical Psychologist
Assistant Professor
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PROFESSIONAL BODY AND LICENCING AUTHORITY

- Australian Health Practitioner Regulation Agency – PSY0000947888
- Australian Psychology Society - Full Membership No. 022550
- The APS College of Forensic Psychologists – Vice Chair (Queensland) April 2008 -
- The APS College of Clinical Psychologists - Member
- Australian and New Zealand Association of Psychiatry, Psychology and Law – Member
- Positive Notice blue card for Child Related Employment (621751/1)
- Member of the Forensic Advisory Group to the School of Psychology Edith Cowan University 2000.
- Treasurer (2002). Australian Association of Cognitive-Behaviour Therapy Conference. Brisbane

INVITED CONSULTATION:

Child and Youth Forensic Outreach Service (CYFOS) – 2008 - ongoing
Queensland Health

Consultation and supervision for mental health clinicians working with young people with offending behaviour and mental health concerns.

Headspace – 2008 - 2009

Clinical Governance Member

Headspace is a non-government agency that provides specialised services for adolescents and young adults with mental health and drug related problems.

Complex Needs Assessment Panel Integrated Services (CNAPIS) – 2009 - 2011

Establish and conduct CNAPIS evaluation.

CNAPIS was established to coordinate and integrate services for young adults with complex mental health, drug and alcohol and other related concerns.

Supervision for membership with the Forensic College of the Australian Psychological Society (APS) – 2008 - 2010

RELEVANT EMPLOYMENT:

Assistant Professor

School of Psychology

Faculty of Humanities and Social Sciences

Bond University

(August 2006 – Current)

- Teach in undergraduate and post-graduate psychology, including psychopathology, psychology of corrections, forensic psychopathology, psychological assessment, and introduction to statistics.
- Supervision of post-graduate psychology interns and externs.
- Supervision of fourth year, masters and doctoral students' research.

Private Practice

Nexus Plaza

(September 2007 to current)

- Psychological assessments for Children's Court, Criminal Court and Family Court.
- Consultancy to Youth Justice Services, Child and Youth Forensic Outreach Service (CYFOS, Q Health), and solicitors.
- Psychological interventions for children, adolescents and adults.

Service Evaluation and Research Coordinator

Advance Clinician Allied Health PO4

(including A/Teamleader)

Evolve Therapeutic Services, Brisbane North

Royal Children's Hospital and Health Service District

Queensland Health

(October 2006 – July 2006)

Evolve Therapeutic Services is a specialist child and youth mental health service for young people under child protection orders and their support networks.

- Contribute to the development of the service policies and procedures.
- Provide supervision to psychology and other professionals.
- Develop, implement and supervise service evaluation and research for Brisbane North and statewide.
- Conduct clinical assessments, therapeutic interventions and facilitate interagency collaboration for child/youth with extreme and complex mental health concerns.
- Compile reports on service evaluation and research projects.
- Provide training in statewide mental health forums.

Psychologist (including A/Senior Psychologist and A/Teamleader)

Child and Youth Forensic Outreach Service

Child and Youth Mental Health Service (CYMHS),

Royal Children's Hospital and Health Service District

Queensland Health

April 2002 – October 2006

- Providing specialised assessments and intervention planning for child/youth with mental health problems and offending behaviours;
- Expert advice and consultation to mental health and youth justice professionals in working with young offenders with mental health concerns, especially young people on forensic orders (Mental Health Act 2000);
- Development, implementation and evaluation of training programs in child/youth forensic mental health;
- Facilitate transition for young offenders with mental health concerns from the Brisbane Youth Detention Centre to the community;
- Co-develop the curriculum for the Masters of Forensic Mental Health Program, Griffith University; and
- Clinical and forensic supervision for psychology and other professionals.

Psychologist
Child and Youth Mental Health Service (CYMHS),
Royal Children's Hospital and Health Service District
Queensland Health
January 2001 – April 2002

- Providing a mental health psychology service to children, young people and their caring network, including case management, assessment and therapy;
- Performing intake duties and prioritising cases;
- Participating in regular case review meetings;
- Providing flexible service delivery, including outreach services;
- Providing consultation liaison to interagencies on mental health issues;
- Participation in ongoing supervision and professional development activities; and
- Complying with CYMHS and Public Service Procedures, policies, regulations and standards.

A/Senior Forensic Psychologist
Psychological Services
Rangeview Remand Centre and Community Based Service
Juvenile Justice, Ministry of Justice
Western Australia
July 1999 – December 2000

Psychological Services provides a professional service to young offenders, family and staff. Rangeview Remand Centre is a secure institutional setting for adolescents remanded for trial or sentencing. Community Based Services provides a service to young offenders on supervision orders in the community. Whilst working in this position my duties have included:

- Supervision of psychology registers and psychology students;
- Self-harm and suicide risk assessments;
- Assessments and interventions with individuals, groups and families;
- Writing reports for courts;
- Developing and implementing intervention packages aimed at reducing future offending behaviour;
- Coordinating staff support;
- Providing staff training;
- Communicating with Rangeview administrative and custodial staff regarding management of disturbed and vulnerable remandees; and
- Liaising with external agencies regarding the needs of remandees.

Forensic Psychologist
Forensic Case Management Team
C.W. Campbell Remand Centre and Casuarina Prison
Ministry of Justice
Western Australia

March 1999 - July 1999; July 1996 - September 1996

The Forensic Case Management Team, Ministry of Justice was developed to assist assessment and management of adult inmates considered at risk of suicide and self-harm behaviour. I worked in the CW Campbell Remand Centre, a prison for male adult remandees, and Casuarina Prison, a male maximum-security prison. My duties included:

- Self-harm and suicide risk assessment;
- Conducting psychological assessments;
- Crisis intervention with disturbed and vulnerable offenders;
- Developing, implementing and evaluating psychological interventions and management strategies to meet the needs of offenders;
- Verbal and written communication with prison administration and other prison staff;
- Providing suicide awareness training to prison officers; and
- Liaising with external agencies relevant to the individual needs of offenders.

Forensic Psychologist (Registrar)
Lecturer/Research Officer
Violent Offender Treatment Programme
Psychology Department/Justice Studies
Edith Cowan University
Western Australia

November 1996 - February 1999

Employment in this position involved the development, implementation and evaluation of a cognitive-behavioural treatment programme for incarcerated serious violent offenders with Professor Kevin Howells. Tasks involved:

- Development and implementation of a violence risk assessment tool;
- Development and administration of standardised assessment tools for the identification of adult offenders' criminogenic needs;
- Development and implementation of a six month cognitive-behavioural treatment programme for prisoners in Casuarina maximum security prison;
- Selection, development and administration of pre- and post-test measures for programme evaluation;
- Train and supervise psychologists and prison officers in the implementation of the Violent Offender Treatment Programme; and
- Deliver lectures to university students on the psychology of criminal behaviour.

Forensic Psychologist (Registrar)
Private Practice
Maddington Community Corrections
Ministry of Justice
Western Australia
February 1997 - November 1997

Provide psychological services to adult offenders on supervision orders in the community. Services provided include:

- Individual and couples counselling addressing criminal behaviour, substance abuse, domestic violence, and mental health issues;
- Consulting with Community Correction Officers regarding interventions; and
- Conducting psychological assessments for pre-sentence court reports.

Programme Facilitator
Skills Training for Aggression Control
Alternatives to Violence Unit
Ministry of Justice
April 1996 - July 1996

Facilitate a cognitive-behavioural anger management intervention with adult male violent offenders.

Research Assistant
Edith Cowan University
November 1995 - September 1996

Tasks required:

- Literature review of risk assessment tools for predicting violent recidivism;
- Library search on intergenerational transmission of violence;
- Assisting modification of child abuse and juvenile delinquency questionnaires; and
- Interviewing male adult offenders about child abuse, juvenile delinquency, anger experience and anger expression.

University Tutor
Department of Psychology
Edith Cowan University
July 1994 - November 1996

Teaching psychological theory and concepts to undergraduate psychology and nursing students. Academic courses included research methods, developmental psychology, biological psychology and introduction to psychology.

EDUCATION:

Doctor of Philosophy – Psychology

University of New South Wales (2002 –2007 Part-time)

Conduct Problems Research Project under the supervision of Professor Mark Dadds. A series of research projects with the goals of increasing access to mental health services, improving treatment attendance and enhancing mental health outcomes for conduct problem children. Projects investigated barriers to treatment experienced by Child and Youth Mental Health Service (CYMHS) consumers; examined clinician strategies for working with families of conduct problem children; and evaluated the impact of training clinicians in evidence-based approaches on clinical practice and consumer outcomes. Training with mental health professionals resulted in significantly better mental health outcomes for referred children, in comparison to a control group of referred children. Examiner’s reports evaluated the thesis as outstanding clinical research.

Master of Psychology - Forensic

Edith Cowan University (1995 - 1996)

Development of research and clinical skills appropriate for forensic settings. I conducted an evaluation on the Skills Training for Aggression Control programme in Perth prisons under the supervision of Associate Professor Kevin Howells for my Masters thesis.

Placements:

- Alternatives to Violence Unit - Co-facilitating Skills Training for Aggression Control (STAC) programme for male incarcerated violent offenders, preliminary evaluation of the STAC programme, and risk assessment with violent offenders.
- Forensic Case Management Team - For description see Relevant Employment.
- Substance Use Resource Unit – A specialist service providing assessment, interventions and training for working with adult offenders with substance use related disorders.

Bachelor of Arts (Honours) - Psychology

Edith Cowan University (1991 - 1994)

Research skills developed include the ability to critically review research, report writing skills and knowledge of univariate and multivariate statistics. My honours thesis was on high school girls motivation toward mathematics for which I won an APS prize (supervised by Dr Adelma Hills). I conducted a programme evaluations on Hearth (a service for single mothers with drug related problems), a youth suicide prevention package, and on the Western Australian AIDS council.

Greenwood Senior High School (1988)

Certificate of Secondary Education

RESEARCH INTERESTS:

- Forensic mental health
- Prediction and prevention of offending behaviour
- Assessment and treatment with violent offenders
- Juvenile offending
- Psychopathy
- Childhood conduct disorders

AWARDS/ACHIEVEMENTS:

- 2011 – VC Research Grant – O’Leary, O’Toole, Watt - Juvenile Fitness for Trial in Queensland: Professional Survey \$12,500
- 2011 – HSS Faculty Research Competitive Grant – Watt, O’Leary, O’Toole - Fitness for trial among juvenile offenders in Australia \$2,000
- 2011 – HSS Faculty Research Competitive Grant – Watt - The Relationship Between Violent Fantasy and Alcohol Misuse in Aggressive Behaviours \$2,000
- 2011 – HSS Faculty Research Development Assistance Grant – Watt - Confirmatory Factor Analysis of the HoNOSCA \$1,000
- 2009 – VC Research Grant – Watt - Adolescent Firesetting, Cruelty to Animals And Callous-Unemotional Traits \$4,820
- 2009 – HSS Faculty Research Competitive Grant – Watt - The role of mental health, psychopathy and violent thoughts for aggressive behaviours \$1,820
- 2009 - HSS Faculty Research Development Assistance Grant - Enhancing Treatment Participation among Families of Conduct Problem Children \$1,000
- 2008 - HSS Faculty Research Competitive Grant – Watt - Attitudes to violence, violent fantasies and aggressive behaviours among a community sample \$2,000
- 2005 – Allied Health Advanced Clinician PO4 Queensland Health
- 2005 - Psychology, Crime and Law – Guest Reviewer 2004
- 2004 - RCH Foundation Allied Health Research Project Grant \$50,000
- 1996 – Nomination for university research award – Masters research.
- 1994 - Australian Psychology Society - Award for most outstanding research – Honours research.

PUBLICATIONS:

- Watt, B. D., Dadds, M. R., Best, D., & Daviess, C. (in press). Enhancing Treatment Participation in CAMHS among Families of Conduct Problem Children: Effectiveness Study of a Clinician Training. *Child and Adolescent Mental Health*.
- Watt, B. D., & Brooks, N. S. (in press). Self-Report Psychopathy in an Australian Community Sample. *Psychiatry, Psychology and Law*.
- Doley, R., & Watt, B. (in press). Assessment of firesetters. In G. Dickens, P. Sugarman, & T. Gannon (eds.), *Arson and mental health: Theory, research and practice*. RCPsych Pubs.
- Kelty, S. F., Hall, G., & Watt, B. D. (2011). You Have to Hit Some People! Endorsing Violent Sentiments (Part 2: The Measurement and Criminogenic Nature of Justifications for Violence). *Psychiatry, Psychology and Law*, 18, 15 – 23.

- Watt, B. D., & Withington, T. (2011). Axis 1 Mental Health Disorders and Sex Offending. In D. Boer et al. (Eds.), *International Perspectives on the Assessment and Treatment of Sexual Offenders. Theory, Practice and Research*. Wiley.
- Perrin, M. A., Watt, B. D., & Hasan, T. (2010). The validation of a screening tool for the assessment of violence risk among juvenile offenders. In R. Hicks (Ed.), *Personality and Individual Differences: Current Directions* (pp. 305 – 314). Bowen Hills, QLD: Australian Academic.
- Watt, B., Guse, N., & Begelhole, E. (2010). Explaining Individual Differences in Physical Aggression among a Community. In R. Hicks (Ed.), *Personality and Individual Differences: Current Directions* (pp. 283 – 292). Bowen Hills, QLD: Australian Academic.
- Watt, B., & Allard, M. (2010). The Virus of Violence: The Relationship between Victimisation and Aggression. In R. Hicks (Ed.), *Personality and Individual Differences: Current Directions* (pp. 293 – 304). Bowen Hills, QLD: Australian Academic.
- Watt, B. D., Hoyland, M., Best, D., & Dadds, M. R. (2007). Treatment Participation among Conduct Problem Children and the Role of Telephone Reminders. *Journal of Child and Family Studies* 16, 522-530.
- Watt, B. D. & Dadds, M. R. (2007). Engaging families in child and adolescent mental health services: A community study. *Clinical Child Psychology and Psychiatry*, 12, 105 – 116.
- Watt, B. D., Howells, K., & Delfabbro, P. (2004). Juvenile recidivism: Criminal propensity, social control and social learning theories. *Psychiatry, Psychology and the Law*, 141 - 153.
- Dear, G. E., Watt, B. D., & Dockerill, J. (2003). Factor structure of the Spielberger anger expression scales when used with Australian prisoners. *Psychological Reports*, 92, 617 - 620
- Watt, B. D., & Howells, K. (1999). Skills training for aggression control: Evaluation of an anger management programme. *Legal and Criminological Psychology*, 4, 285 - 300.
- Howells, K., Watt, B., Hall, G., & Baldwin, S. (1997). Developing programmes for violent offenders. *Legal and Criminological Psychology*, 2, 117 - 128.

PRESENTATIONS:

Keynote Presentations

- Watt, B. D. (June 2011). *Anger and Aggression in Child/Youth*. Paper presented at the Brisbane North Interagency Forum
- Watt, B. D. (Sep 2007). *Anger Related Disorders: What can we do?* Paper presented at the Brisbane North Interagency Forum

Invited Presentations

- Watt, B. D. (April 2011). *Risk assessments with Juveniles and Adults*. Paper presented to the Sexual Abuse Counselling Service, Woolloongabba, QLD.

- Watt, B. D. (Oct 2011). *Psychological Assessment – Brief Update*. Paper presented to the Australian Psychological Society, Gold Coast Branch.
- Watt, B. D. (May 2009). *Recent violence research with adult community and juvenile offenders*. Paper presented to the Community Forensic Outreach Service, Queensland Health.
- Watt, B. D. (July 2005). *Engaging families of conduct problem youth in mental health services*. Paper presented at the RCH & HSD Evidence Based Practice Research Forum.
- Watt, B. D. (May 2005). *Enhancing treatment for conduct problem children and their families*. Paper presented at the Psychiatry Grand Rounds.
- Watt, B. D. (Feb 2004). *Working with Families of Conduct Problem Children*. Paper presented at the Southern Zone Network Meeting.
- Watt, B. D. (Nov 2004). *Aggressive Behaviour: Interventions Across the Lifespan*. Paper presented at the Brisbane North Interagency Forum.
- Watt, B. D. (Dec 2003). *RCH & HSD Training Overview – CYMHS & CYFOS*. Paper presented at the Mental Health Education Expo.
- Scott, J., Watt, B. D., Goldberg, N., & Allen, C. (Sep 2003). *Disruptive behaviour*. Paper presented at the Brisbane North Interagency Forum.

Invited Workshops

- Watt, B. D., & CYFOS (Oct 2011). *Anger and Aggression in Child/Youth*. Two hour workshop delivered to Department of Communities, Youth Justice Service, Brisbane.
- Watt, B. D. (Sep 2009). *Enhancing Engagement of Conduct Problem Children and Their Families*. 2 x one day workshop delivered to UNSW and CAMHS NSW Health, Sydney.
- Watt, B. D. (Aug 2009). *Enhancing Engagement of Conduct Problem Children and Their Families*. 1 x half day workshop delivered to CYMHS, QLD Health, Brisbane.

Presentations

- Hampson, M., Hicks, R., & Watt, B. D. (Aug 2011). *Changing Hearts and Minds: The Importance of Early Education in Promoting Engagement of Young People with Mental*. Paper presented at the Priority One 2011. The 3rd Mental Health Promotion, Prevention and Early Intervention: From Infancy to Youth Conference, Logan, QLD.
- Lowry, T., Boyce, S., Watt, B. D., & Erskine, D. (Aug 2011). *The identification of high risk psychotic phenomena – Delusions of sexual assault and threat: A new risk factor for violence among mental health patients?* Paper presented at the Australian Psychological Society Forensic College Conference, Noosa, QLD.
- Sanders, B., & Watt, B. D. (Aug 2011). *Adolescent Sexual Behaviour in an Undergraduate University Sample*. Poster presented at the Australian Psychological Society Forensic College Conference, Noosa, QLD.
- Hampson, M., Hicks, R., & Watt, B. D. (Oct 2011). *Barriers to Employment and Employment Support Needs of People Living With A Serious Mental Health Condition*. Paper presented at the 46th Annual Conference of the Australian Psychological Society, Canberra, ACT.
- Watt, B. D., & Brooks, N. (2010). *The Assessment of Psychopathy in an Australian Community Sample*. Paper presented at the 30th Annual Congress of the Australian and New Zealand Association of Psychiatry, Psychology and Law, Gold Coast, QLD.
- Watt, B. D. (Aug 2009) *Enhancing Treatment Participation among Families of Conduct Problem Children*. Two x Invited Full-day workshop delivered to CAMHS clinicians on behalf of UNSW, Sydney, NSW.
- Watt, B. D. (Aug 2009) *Enhancing Treatment Participation among Families of Conduct Problem Children*. Half-day workshop delivered to CYMHS Foundation Skills Training, Brisbane, QLD.
- Watt, B. D. (Sep, 2008). *Gender differences in violent behaviour among a community sample*. Paper Presented at the 43rd Australian Psychological Society Annual Conference in Hobart, Tasmania.
- Perrin, M. P., Watt, B. D., & Hasan, T. (Oct 2008). *The Effectiveness of a Screening Tool in Assessing Risk of Violence Among Juvenile Offenders*. Paper presented at the Australian New Zealand Psychiatry, Psychology and Law Conference, Sydney, NSW.
- Begelhole, E., Guse, N., & Watt, B.D. (Nov 2008). *Explaining Individual Differences in Physical Aggression among a Community Sample*. Paper presented at the Seventh Australian Conference on Personality & Individual Differences, 2008 (ACPID-08), Robina, Queensland.
- Watt, B. D. & Perrin, M. (Nov 2008). *Predicting Individual Differences in Future Violence Among Juvenile Offenders*. Paper presented at the Seventh Australian Conference on Personality & Individual Differences, 2008 (ACPID-08), Robina, Queensland.
- Allard, M., & Watt, B. D. (Nov 2008). *The Virus of Violence*. Paper presented at the Seventh Australian Conference on Personality & Individual Differences, 2008 (ACPID-08), Robina, Queensland.
- Watt, B. D. (Jul 2008) *Enhancing Treatment Participation among Families of Conduct Problem Children*. Paper presented to CYMHS Research Seminar.

- Watt, B. D., Dadds, M. R., Best, D., & Daviess, C. (Sep 2007). *Engaging Families of Conduct Problem in Mental Health Services*. Paper presented at the Annual conference of the 42nd Australian Psychological Society.
- McDermott, B., Watt, B. D., & Withington, T. (Nov 2006). *An empirically guided approach to violence and sexual risk assessment and management in mentally disordered young offenders*. Paper presented at the Australian and New Zealand Association of Psychiatry, Psychology and Law.
- Watt, B. D., & Withington, T. (May 2005). *Child and Youth Forensic Outreach Service: Intensive Liaison Trial*. Paper presented at the International Association of Forensic Mental Health.
- Watt, B. D., Dadds, M. R., Best, D., & Hoehn, E. (Sep 2004). *Engaging Families of Antisocial Children*. Paper presented at the Australian Infant, Child, Adolescent and Family Mental Health Association.
- Watt, B. D., Dadds, M. R., Best, D., & Hoehn, E. (March 2003). *Enhancing effective treatment for conduct problem children and their families*. Paper presented at the RCH & HSD Evidence Based Practice Research Forum.
- Watt, B. D. (June 2003). *Child and Youth Forensic Outreach Service (CYFOS)*. Paper presented at the Queensland Mental Health Showcase Conference.
- Watt, B. D. (Oct 2002). *Enhancing effective treatment for conduct problem children and their families*. Paper presented at the Royal Children's Research Forum.
- Watt, B. D., Dadds, M. R., Best, D., & Hoehn, E. (March 2002). *Enhancing effective treatment for conduct problem children and their families*. Paper presented at Australian Association of Cognitive Behaviour Therapy.
- Watt, B. D., & Howells, K. (2001). *Risk Management with Juvenile Offenders*. Paper presented at the 1st Australian Forensic Psychology Conference, Sydney.
- Watt, B. D., & Hall, G. (1998). *Treatment of Serious Violent Offenders: The Importance of Individual Needs Assessment*. Paper presented at the What Works Conference Manchester.
- Watt, B. D., & Howells, K. (1998). *Skills Training for Aggression Control: Evaluation of an Anger Management Programme*. Paper presented at the 18th Annual Congress of the Australian and New Zealand Association of Psychiatry, Psychology and Law, Melbourne.
- Watt, B. D., & Hills, A. (1995). *High School Girls Motivation Toward Mathematics*. Paper presented at the 30th Australian Psychological Society Annual Conference, Perth.