

The University of Akron

From the Selected Works of Brandi Cihlar

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BC Resume 4.10.17.docx

Brandi Cihlar, *The University of Akron*



Available at: <https://works.bepress.com/brandi-cihlar2/1/>

Brandi E. Cihlar, PhD, LPC, LCDC III
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EDUCATIONAL RECORD:

PhD	The George Washington University , Washington, DC Graduate School of Education and Human Development/Columbian College of Arts and Sciences Counselor Education (CACREP Approved Program) Dissertation Chair/Advisor: Kenneth Hergenrather, PhD Dissertation: <i>The Trauma, Recovery, and Empowerment Model: A Trauma-Informed Treatment Program for Female Offenders in the Community</i>	2013
M.A.	University of Cincinnati , Cincinnati, OH Mental Health Counseling	2008
B.A.	Ohio University , Athens, OH Psychology and Spanish	2004

PROFESSIONAL CERTIFICATIONS AND LICENSES:

Licensed Professional Counselor – Ohio (LPCC pending final hours)
Licensed Chemical Dependency Counselor III (pending LICDC exam)

PROGRAM MANAGEMENT EXPERIENCE

Clinical Director Arrow Passage Recovery Massillon, Ohio Manage all clinical operations for a private rehabilitation center, to include managing staff, working alongside the Chief Operating Officer to maintain program stability, and clinically supervise both therapists as well as lower level staff.	March - current
<ul style="list-style-type: none">• Coordinate and create billing materials each week for Arrow Passage• Meet daily with clinical staff to review important cases• Conduct all intake interviews, diagnosis and provide first contact with the client• Provide a resource for clinical decisions on client concerns and satisfaction• Maintain and supervise a good relationship with Peer Support Technician Managers• Provide group facilitation as needed	
Director of Behavioral Health Services Wooster Community Hospital Wooster, Ohio Initiate and implement a new service line focusing on behavioral health services for Wooster Community Hospital, to include staffing, policy development, and recruitment for patients, and program implementation.	August 2015 – February 2017
<ul style="list-style-type: none">• Operate a daily behavioral health program to include both Intensive Outpatient Program and the Partial Hospitalization program to meet all Joint Commission standards and hospital policies.• Create group curriculum focused on symptom reduction, recovery, and skill building in an active and creative environment.• Oversee staff of two group therapists, psychiatrist, community liaison, program assistant, and nurse to operate program on a daily basis.	

- Create initiatives to increase recruitment, expand programs to the community, create awareness events, and maintain community relationships with stakeholders within and outside the hospital.
- Serve as an individual and group therapist when needed to help support current clinical needs.
- Oversee treatment planning and client care to include recruitment, admissions, and discharges.
- Present on relevant topics in mental health to the hospital and community.
- Serve on the Readmission Committee meeting to assess hospital patients with frequent admissions.
- Serve on Management Committee.

Training Specialist/Educator/Therapist

June 2013-August 2015

Talbert House
Cincinnati, Ohio

Develop and present educational programs on clinical and professional development topics to both internal and external stakeholders.

- Research, develop, and deliver informative and skill-based trainings to meet the needs of the organization.
- Help assess the needs of the organization and develop strategic plans around learning goals and skill-deficits of both administrative and clinical staff.
- Use best practices to further support the training department in tracking, data-driven decision making, and other administrative tasks.
- Collaborate on special projects such as online course development for Mount St. Joseph and strategic planning in terms of Healthcare Reform education for the agency
- Serve on the Training Advisory Board.

Senior Associate Director

February 2011 – June 2013

Global MBA Program

The George Washington University School of Business

Coordinate, maintain, and implement the flagship Global MBA program, as well as the Accelerated MBA cohort program, to include managing budgets, communication plans, and creating innovative programming.

- Collaborate with the Executive Director and Associate Dean of MBA Programs to ensure alignment of strategy and execution in all areas of MBA Programs.
- Delegate to and supervise two Program Assistants to help facilitate Global MBA program implementation and co-curricular activities such as the MBA-In-Action Roundtables, Global MBA Institute, Faculty presentations, and Social Events. Manage a Graduate Assistant to redesign materials with the appropriate branding and facilitate professional growth by continuously evaluating and delegating increased responsibility.
- Advise over 300 students academically and effectively communicate and collaborate with faculty, students, and staff regarding academic programming, student services, and thought leadership on growing and expanding the programs. Implement re-development of Knowledge Domain and Academic/Career Advising Guides for MBA students to plan both academic and career paths.
- Support the establishment of best practices and ensure adherence while promoting critical thinking on processes and procedures. Help manage and create Registration and Graduation Guides, Develop the first MBA Handbook for students, Implement and create content for the Welcome Website for the Global and Accelerated MBA Programs.
- Serve as the GW School of Business representative on the Graduate Student Services Committee.

Associate Director

October 2008 – February 2011

Professional MBA Program

The George Washington University School of Business

Directed operations of the Professional MBA program, including the Accelerated cohort program.

- Advised over 300 students, worked closely with the other MBA programs to provide student services, and perform daily administrative tasks such as curriculum changes, corresponding with faculty, scheduling, and course planning.

- Served as a member of the Programs Committee, Faculty Advisory Council, and worked closely with admissions to coordinate services.
- Developed, Planned and Implemented Orientation, Accelerated MBA Residency, and feedback sessions with the Dean.

CLINICAL EXPERIENCE

Wooster Community Hospital

August 2015 – February 2017

(see previous job duties and experiences)

Doctoral Clinical Intern/Clinical Supervisor

August 2010 – May 2011

The Green Door, Community Counseling Services Center
Washington, DC

Maintained a caseload of 20-25 male and female incarcerated clients in the DC jail facilities, conducted assessments and provided mental health counseling 20 hours per week, as the sole counselor on the Jail Diversion Team. Served as a Doctoral Clinical Intern at the Community Counseling Services Center.

- Participated in weekly meetings on the Jail Diversion Team, to discuss treatment needs, progress, and rehabilitation needs for clients.
- Provided clinical supervision to 5-6 master's level counseling interns for two semesters at the Community Counseling Services Center, to include weekly dyadic supervision, review of case notes and clinical performance, and review of DVD counseling sessions to provide feedback.

Therapist/Intake Coordinator

January 2008-June 2008

Clermont Counseling Center
Amelia, OH

Managed client intakes, served as the primary crisis therapist, conducted assessments, and determined all clinical services for incoming clients to the agency.

- Coordinated all Clermont Recovery Center client referrals, Community Link clients, and conducted probate assessments as needed.
- Organized weekly team meetings and trained and evaluated incoming interns for assessment skills and abilities.
- Maintained a caseload of 20-30 clients for direct individual counseling, as well as group counseling
- Organized and coordinated all staff training, required annual trainings, and new employee orientation.

WORKSHOPS, TEACHING, AND TRAINING PRESENTATIONS

Wooster Community Hospital, Wooster Ohio

- Lethality and Risk Assessment
- Ethics
- Dealing with Difficult Patients

Talbert House, Cincinnati Ohio

- Ethics and Boundaries
- Crisis-Intervention Skills and De-Escalation
- Treat-to-Target
- DSM-5: Adults and Youth Diagnoses (October-December)
- Anxiety Disorders: Treatments that Really Work
- Quality Clinical Documentation
- Collaborative Documentation
- Risk and Lethality Assessment
- Drug Free Workplace

- Mental Illness 101
- Effective Use of Authority

The Community Counseling Services Center, Washington DC

- Working with Incarcerated Individuals

Basic and Divorce Mediation Training (2014/2015)

Partners in Mediation, State of Ohio

- Completed 8 hr. Basic Mediation Training – 2014
- Completed 40 hr. Advanced and Divorce Mediation Training - 2015
- Completed Two-Day Ohio State Certified Mediation Training - 2015

TEACHING EXPERIENCE:

Adjunct Faculty Member, University of Akron

Fall 2016

Wayne College, College Credit Plus Program

- Served as Adjunct Faculty Member for University of Akron's College Credit Plus Program teaching Introduction to Psychology. Included class development, student management, and grading.

Advanced Testing and Assessment Instructor

Fall 2014 – Spring 2014

Department of Counseling

Xavier University, Cincinnati, OH

- Served as adjunct faculty for Xavier's Counseling Program. Responsibilities included modifications to syllabus, identification of guest speakers, students development and advising, and grading.

Child and Adolescent Development Instructor

Spring 2010

Department of Counseling

The George Washington University, Alexandria, VA

- Served as an adjunct faculty member in the Alexandria School Counseling Program. Responsibilities included preparation of syllabus and materials, instruction, and student development.

Teaching Assistant

Spring 2009-Spring 2011

Department of Counseling

The George Washington University, Washington, DC

Masters of Counseling and Rehabilitation Counseling Program

Courses: Supported Job Placement, Counseling Interview Skills (2), Adult Learning

- Monitored online discussions, assisted faculty member in Blackboard functions, and graded assignments (Job Placement course).
- Prepared course material for presentation, reviewed and graded a set of three DVD practice sessions, and mentored students with additional skill practice.
- Graded assignments, met with Dean/Instructor to plan and implement course learning objectives, and presented course material and class instruction.

CONFERENCE PRESENTATIONS

Cihlar, B. & Schwallie-Giddis, P. (2010). "Career Development and Socioeconomic Status for Female Adolescents with Attention Deficient Hyperactivity Disorder: An Ecological Perspective". Presented at the 2010 American Counseling Association Annual Conference.

Cihlar, B., Mitchell, L.M, & Brown, M. (2009). “Service Providers’ Perceptions of Persons with Disabilities”.
Presented at the 2009 Educational Symposium for Research and Innovation, George Washington
University.

PROFESSIONAL MEMBERSHIPS

Chi Omega, International Honor Society for Counselors
American Counseling Association

COMMITTEE MEMBERSHIPS

Readmission Committee	2015 – current
Opiate Task Force, Wayne and Holmes Counties	2016-current
Suicide Prevention Coalition, Wayne County	2016-current
Training Advisory Board	2013 - 2015
Graduate Student Services Committee	2010 - 2013
Faculty Advisory Council	2010 - 2011

HONORS AND AWARDS

Outstanding Mental Health Counseling Student
University of Cincinnati

Deans List
Ohio University