University of Missouri-St. Louis

From the SelectedWorks of Anne Folta Fish

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UMSL Faculty Expertise

Available at: https://works.bepress.com/anne-fish/32/
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Research Specializations:
Advanced Theory Construction
Chronic Illness Management
Cognitive-behavioral
Diabetes Self-management
Editing
Evaluation of Health Care Systems Internationally
Evaluation of Methods
Evaluation:
  Content Analysis
  Experimental Studies
  Quasi-experimental Design
  Randomized Control Studies
Exercise Hypertension
Health Problems
Nursing
Nursing Evaluation
Prevention Research
Randomized Clinical Trials
Treatment Research

Biographical Narrative:
Dr. Anne Fish’s research program is about cardiovascular risk factor reduction. She accomplishes this through wellness, self-management, health promotion, and health behavior change in adults and adolescents with or at risk of cardiovascular disease. Her current focus is hypertension, obesity, and diabetes, in the areas of correct insulin injection technique, case management, psychosocial factors (diabetes empowerment, distress, quality of life, and self-care), pericardial adipose tissue as an emerging cardiovascular risk factor, physical activity (performance, self-efficacy, adherence, benefits, and barriers), motivational readiness to change, blood pressure reduction, weight loss and maintenance, and measurement. Her work, applied and basic, is mostly quantitative. Dr. Fish’s writing reflects data-based original, theoretical, and methodological work, as well as research program development and evaluation. Over the last five years, due to support from the Dean and the International Studies Programs, she has created a successful research collaboration located in Nanjing, China. Dr. Fish also has an active visiting scholars program in Nanjing and Shanghai mostly with diabetic educators who are also researchers.