

San Jose State University

From the Selected Works of Ann Agee

April 18, 2012

Collaborating Across the Campus: Librarians and Faculty Create a Course-Specific, Online Research Guide for Students

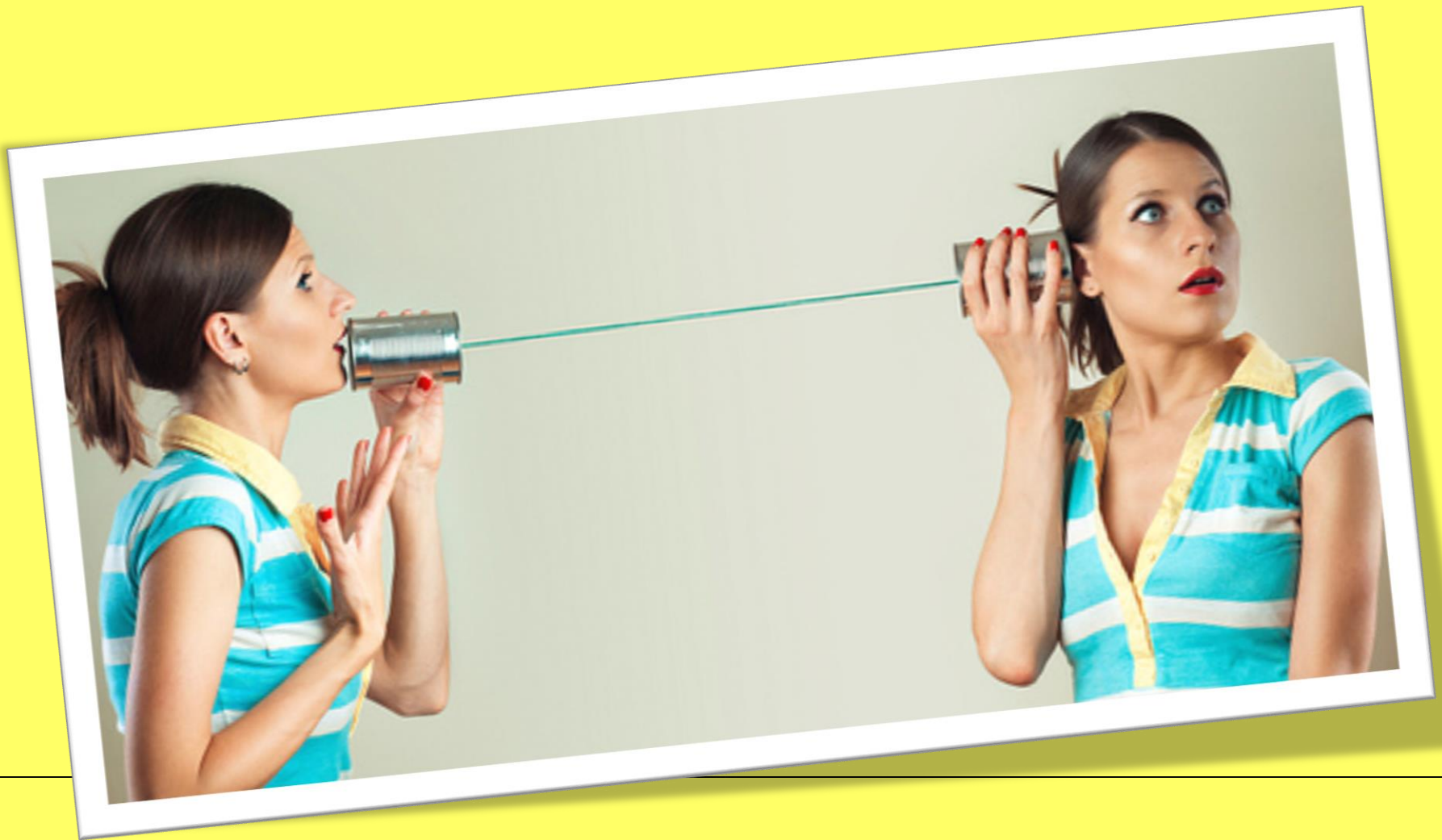
Ann Agee, *San Jose State University*



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Available at: https://works.bepress.com/ann_agee/3/



Collaborating Across the Campus:

Librarians and Faculty Create a Course-Specific, Online Research Guide for Students



The Challenge





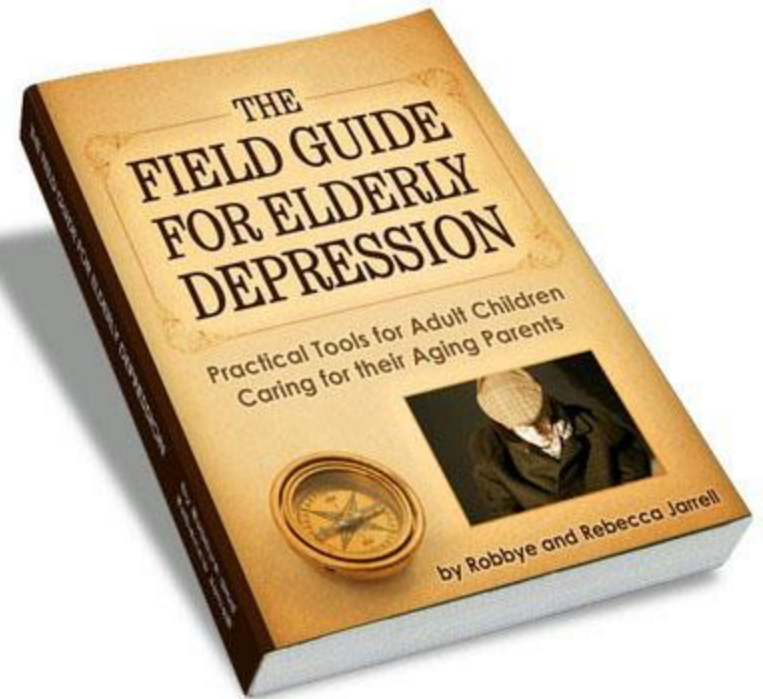


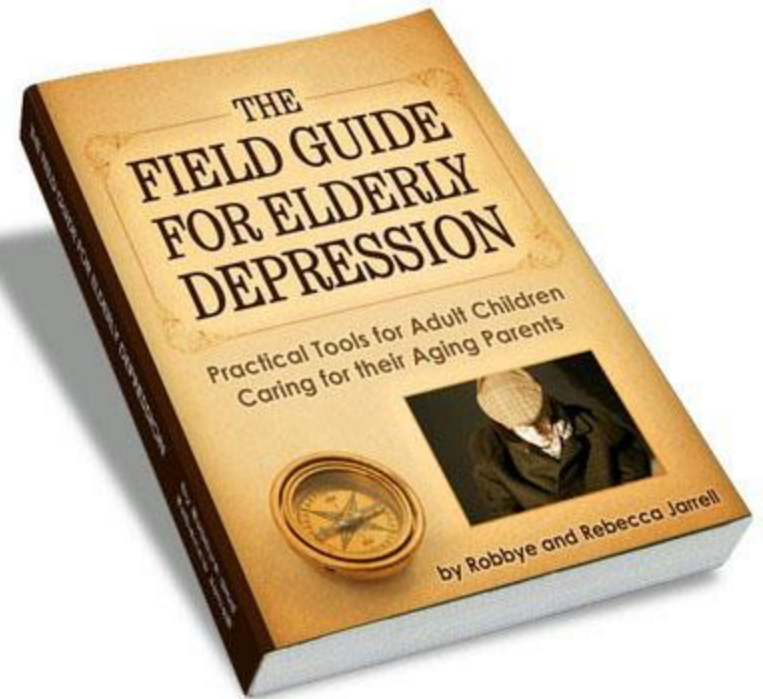




The Solution







PublMed



Depression, Anxiety, and Within-Person Variability in Adults Aged 18 to 85 Years

David Bunce
Brunel University

Rowena Handley
King's College London

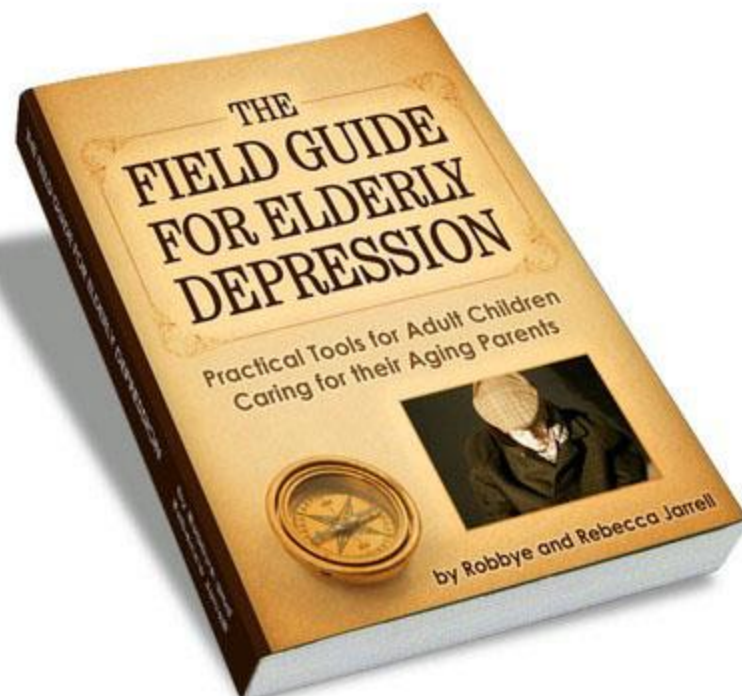
Stanley O. Gaines Jr.
Brunel University

Mild depression and anxiety were investigated in relation to measures of within-person (WP) variability and mean reaction time from psychomotor, executive function, visual search, and word recognition tasks in a continuous age range (18–85 years, $M = 50.33$, $SD = 20.37$) of 300 community-dwelling adults. Structural equation modeling identified a significant Age \times Depression interaction in relation to visual search for measures of WP variability but not for mean reaction time. Older more depressed adults exhibited greater variability. WP variability in executive function and other cognitive constructs covaried, and the significant Age \times Depression interaction with visual search was accounted for by WP variability in executive control. The findings suggest that age- and depression-related reductions in attentional resources may contribute to increased variability in visual search and that variability in executive control may be the mechanism underlying these effects.

Keywords: age, depression, anxiety, intraindividual variability, cognition

It is not uncommon for otherwise healthy community-dwelling individuals to experience episodes of depression or anxiety in their day-to-day lives. Although such episodes may not obviously affect everyday functioning, it is possible that their effects manifest in relatively subtle, but nonetheless important, ways. It is this possi-

Nyberg, 2006). Indeed, several neurobiological factors may explain increased behavioral WP variability in old age. For instance, deficient neuromodulation, associated increases in neural noise, and consequent reductions in cortical representation is one possible underlying mechanism (Li, Lindenberger, & Sikstrom, 2001).



PubMed



LEARNING OBJECTIVES

By the end of the course, students will be able to:

1. Recognize the interdependence of the physiological, social/cultural, and psychological factors influencing their healthy well-being.
2. Examine the cultural, ethnic, gender, physiological, environmental, and socioeconomic factors that influence their healthy well-being throughout the life span and across generations.
3. Articulate their own definition of personal health.
4. Conduct their own personal wellness inventory in order to identify the knowledge, skills, and behaviors necessary for achieving both psychological and physiological well-being.
5. Recognize the influences of the academic environment on their personal health behaviors.
6. Practice the interpersonal skills necessary for negotiating and advocating for safe and healthy social environments.
7. Identify and use available university services and resources that promote their academic and personal development.





LIBGUIDE OBJECTIVES

1. Learn how to connect to the King Library's scholarly and professional resources to find books, websites, and articles.
2. Learn how to construct, use, and evaluate search strategies for finding books, websites, and articles on specific topics.
3. Learn how to retrieve the full text of articles.
4. Learn where and when to ask for assistance.



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A guide to resources available to help you with your Health Science 1 research assignment.

Last Updated: Jan 27, 2012

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Find Out About Health Disparities

Begin your research on health disparities with these websites:

- [Medline Plus: Population Groups](#)
- [Factline: Tracking Health in Underserved Communities](#)
- [Healthy People 2020: Health Disparities](#)

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Other Reliable Websites for Research on Health Disparities

These websites also provide authoritative information on health topics:

- [USA.Gov](#)
- [HealthFinder](#)
- [The Office of Minority Health](#)
- [Leading Health Indicators from Healthy People 2010](#)

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Click on any of these links to watch short, informative videos on using the library catalog and finding books:

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(5 mins.) PDF
- [Call Numbers Explained](#) 
(4 mins.) PDF
- [Using Call Numbers to Find Books](#) 
(4 mins.) PDF

Library Catalog Search



Keyword 

Tip: The library also has an extensive [e-books collection](#). You can search the catalog for e-books the same way that you search for regular books. An e-book will have this icon  next to its title.

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Off-Campus Access

To use SJSU databases from-off campus, you must have a University ID number and a Library PIN. To create your PIN, go to your [Library Account](#).

Forgot your PIN? [Reset it online!](#)

For help with problems related to accessing the databases from off-campus, contact:

SJSU Student Computer Service Center
King Library, Lower Level, Room L67
Phone: (408) 808-2470
Email: LibrarySCS@sjsu.edu

Find Scholarly, Peer-Reviewed Articles

Begin searching for articles on your topic in the databases listed below. To find out how to search efficiently, watch [Finding Scholarly, Peer-Reviewed Articles](#).

- [Academic Search Premier](#)
- [Free Medical Journals](#)

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- [Using GetText](#)

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Off-Campus Access

To use SJSU databases from off-campus, you must have a University ID number and a Library PIN. To create your PIN, go to your [Library Account](#).

Forgot your PIN? [Reset it online!](#)

For help with problems related to accessing the databases from off-campus, contact:

SJSU Student Computer Service Center
King Library, Lower Level, Room L67
Phone: (408) 808-2470
Email: LibrarySCS@sjsu.edu

Your Health Science 1 Librarians

Can't find anything on your topic? Give us a call or send us an email. We can help you find what you're looking for:



Marci Hunsaker,
Librarian for SLIS
(408) 808-2094
marci.hunsaker@sjsu.edu



Divina Lynch,
Reference and Instruction Librarian
(408) 808-2073
divina.lynch@sjsu.edu



Tina Peterson,
Librarian for Health Science
(408) 808-2099
tina.peterson.sjsu@gmail.com

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Quick Research Help



Need help fast? Go to the Reference Desk on the 2nd Floor of the library or give us a call at (408) 808-2100 during [regular hours](#).

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Researching for Health Science 1

Begin your research by watching this 11-minute screencast on the resources you'll need to complete your project. (If you prefer reading to watching, review this [PDF](#) instead.) Then use each of the tabs above to find reliable websites, books, and articles for your HS1 assignments. The Help tab links to online and in-person help and the APA tab links to resources for APA style.

A handout and the worksheet that you turn in to your instructor are in the box to the right.



Researching for Health Science 1



HS 1 Handouts

-  [Basic Library Handout](#)
-  [Worksheet for finding books and articles](#)
- [Comments \(0\)](#)

Understanding Health

[Comments \(0\)](#)

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Researching for Health Science 1

1. Begin your research **by watching three short videos** on the resources you'll need to complete your project. (Note: It's best to watch them in order.):

- [Finding Websites](#) (2 mins.)
- [Finding Books](#) (3 mins.)
- [Finding Articles](#) (6 mins.)

(If you prefer reading to watching, review this [PDF](#) instead.)

2. When you've finished the tutorials, **take the quiz** at the end of the "Finding Articles" video.

3. Next, **use each of the tabs above** to find reliable websites, books, and articles for your Health Science 1 assignments. The Help tab links to online and in-person help and the APA tab links to resources for citing your sources in APA style.

4. A handout and **the worksheet that you turn in to your instructor** are in the box to the right.

[Comments \(0\)](#)

HS 1 Handouts

- [Basic Library Handout](#)
- [Worksheet for finding books and articles](#)

[Comments \(0\)](#)

Understanding Your Health



[Comments \(0\)](#)



Assessment



1. What kind of articles should you search for in Academic Search Premier or any other database while starting research for Health Science 1?

- A. Magazine articles
- B. Newspaper articles
- C. Peer-reviewed articles
- D. Not sure

2. What should you do to find an article that is listed in your search, but does not have a full-text option?

- A. Go to the library to find it
- B. Click the Get Text button to see if it is available in another database
- C. Skip that article and move to the next option
- D. Not sure

3. What did you learn that was new to you?





91%

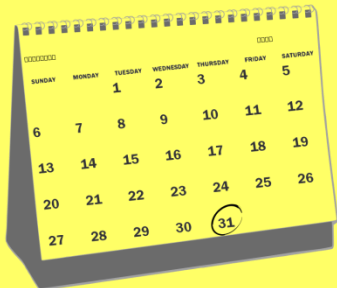
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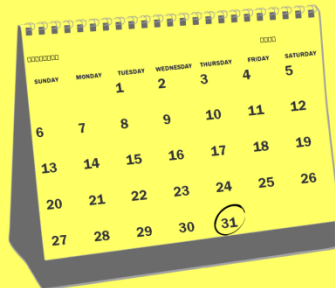
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Academic
Year



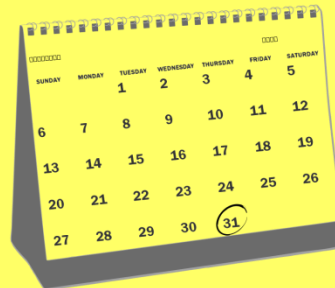
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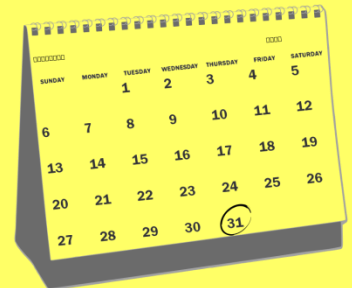
2009



2010



2011



2012





Credits

Thanks to the Health Science 1 team members and their invaluable help:

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To see the Health Science 1 LibGuide and videos, go to:

<http://libguides.sjsu.edu/healthscience1>



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