International and Operational Responses to Disease Control: Beyond Ebola and Epistemological Confines

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INTERNATIONAL AND OPERATIONAL RESPONSES TO DISEASE CONTROL: BEYOND EBOLA AND EPIDEMIOLOGICAL CONFINES

DR. ANDRA LE ROUX-KEMP

[E]pidemics resemble great warning signs on which the true statesman is able to read that the evolution of his nation has been disturbed to a point which even a careless policy is no longer allowed to overlook…Don't crowd disease point everywhere to deficiencies of society?...Abnormal conditions always produce abnormal situations. War, plague and famine condition each other, and we don’t know any period in world history where they did not appear in more or less large measure either simultaneously or following each other.


I. INTRODUCTION

The twentieth major outbreak of Ebola Virus Disease (“EVD”) began undetected in December 2013 in Guéckédou, Guinea. A one-year old boy, Emile Oumounou, died on 28 December 2013, in Meliandou, Guinea, with symptoms of diarrhea and fever as the first casualty of the current and ongoing EVD outbreak.1 By early 2014, high fatality rates had already sieged three West African nations: Guinea, Liberia2 and Sierra Leone.3 While cholera and Lassa fever were first thought to be the likely cause of the fatalities, laboratory confirmation of EVD was received on 23 March 20144; the date on which the Ministry of Health of Guinea notified WHO of its rapidly evolving EVD outbreak.5 From here on, things progressed rapidly and “members of the United Nations Security Council expressed ‘their deep concern over the current outbreak of the Ebola virus in some countries in West Africa”’ early in July 20146 as the

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virus subsequently spread, through human-to-human transmission, to Nigeria (22 July 2014).\(^7\) Isolated incidences were also reported in Senegal (29 August 2014),\(^8\) the United States of America (“U.S.”) (30 September 2014),\(^9\) Mali (30 September 2014),\(^10\) and the UK (29 December 2014).\(^11\) On 8 August 2014, the World Health Organisation (“WHO”) declared the Ebola outbreak to be a *Public Health Emergency of International Concern* (“PHEIC”) in terms of the International Health Regulations (“IHR 2005”) and because it was an “extraordinary event with public health risks to other countries.”\(^12\) This pronouncement called into action the 194 signatory nations to the WHO to participate in the prevention, surveillance, control, response, and reporting of the disease which had, by then, already reached epidemic status.\(^13\) And, on 18 September 2014, the United Nations (“U.N.”) Security Council unanimously adopted Resolution 2177, “determining that the unprecedented extent of the Ebola outbreak in Africa constitutes a threat to international peace and security.”\(^14\) This meeting was described as “historic” by the Secretary-General as being the first instance where the Security Council has considered a disease outbreak to be “a threat to international peace and security”\(^15\) and only the second time that the Security

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15. Burci and Quirin suggest that Resolution 2177 “represents the most cogent recognition
Council has dealt directly with a public health problem—the other being HIV/AIDS.\textsuperscript{16} However, the most recent Ebola outbreak will not only be remembered for this “historic” adoption of U.N. Security Council resolution 2177. The most recent EVD outbreak will also be remembered for what has been described as the “criminally late” response of the WHO in recognising the potential severity of the outbreak and in reacting timeously with the necessary, appropriate, and effective measures.\textsuperscript{17} According to the most recent WHO situation report,\textsuperscript{18} a total of over 28,616 reported, confirmed, probable, and suspected cases of EVD and over 11,310 deaths have been recorded in the three most affected countries: Guinea, Liberia, and Sierra Leone.\textsuperscript{19} In the last report in which specific statistics on health worker infections were included, it was stated that a total of 881 confirmed health worker infections have been reported in these three countries and that 513 of these health workers had succumbed due to the infection.\textsuperscript{20} And, although the most recent EVD outbreak is now generally regarded as having been contained, it is also important to note that due to widespread under-reporting, the true number of infections and fatalities will never really be known and is widely believed to be considerably higher.\textsuperscript{21}

Much has already been written on this most recent EVD outbreak—evaluating and dissecting the contributions and failings of the various role-players involved, and considering what can be done differently in future. This article will contribute to this important and ongoing debate and will specifically focus on the international, operational, and national legal frameworks in terms of which large-scale health crises like that of Ebola play out. It will be argued that the very culture and architecture of this transnational legal and operational framework for public health emergencies is isolated from the national realities in which it operates and merely offers a hierarchical authority of what legally ought to be done, with little regard to what is actually necessary and
to date of the security implications of widespread outbreaks of lethal infectious diseases.” Burci & Quirin, \textit{supra} note 6.


19. Drake et al., \textit{supra} note 10, at 8 (noting that the fatality rate for those cases with known clinical outcome is around 70%).


possible on the ground. In considering the most recent Ebola outbreak, and juxtaposing it with the Severe Acute Respiratory Syndrome ("SARS") outbreak of 2003, it will be shown that a more nuanced transnational legal understanding of public health emergencies is indeed needed—a holistic approach that goes beyond biomedical/scientific and legalistic confines in dealing with disease outbreak and control. It is again important to emphasise here, for the sake of clarity, that this article is exclusively focused on the transnational legal and operational framework in which public health emergencies play out. International humanitarian responses, general public health considerations, as well as other national systemic considerations—like those relating to health systems—although important, will not be considered here.

A brief interlude on the methodology of this article also deserves a place here. As already indicated above, much literature exists on the Ebola outbreak, and with the attention now shifting to the Zika virus, it is important to further distinguish the contribution of this article. This article utilizes a primarily transdisciplinary lens in narrating the rise and fall of two notable epidemics of the modern world. A variety of sources, from different disciplines and bases, are used in presenting an easily accessible text that recounts key themes of both epidemics—highlighting similarities and differences, and raising important questions for the future. As with most narrative research methodologies, reliance is also placed on newspaper articles in constructing an account of how the two epidemics played out, each in its own particular time and space. The disease narrative ultimately presented in this article, therefore simultaneously serve as a chronicle of the two epidemics, while also reflecting why a more nuanced transnational legal understanding of public health emergencies is indeed needed.

To facilitate this discussion and analysis, the content of this article is divided into four parts. First, in Part II, the lifecycle of two epidemics will be considered, Ebola, and the 2003 SARS outbreak. Considering these two outbreaks and the international legal responses thereto provides a valuable lens through which the multiple layers of disease outbreaks and control from the past to the present can be observed. In Part III, this paper provides an overview of the international legal and operational framework for public health emergencies, confined to references and examples from the two outbreaks selected for and discussed in Part II. Part IV considers the national legal responses of those countries most affected by the recent Ebola outbreak and the 2003 SARS outbreak. Part V discusses the question of whether to quarantine or not. Part VI discusses lessons to be learned, and why knowledge production beyond disciplinary confines is necessary. And finally, Part VII of this article concludes with a critical analysis of two observed failings of the current international legal and operational framework for public health emergencies. In considering the shortcomings of the current framework it will be argued that a more holistic approach to disease control is required that looks beyond disciplinary confines.

II. EBOLA AND SARS AS NARRATIVES OF INFECTION DISEASES, EPIDEMICS, AND PUBLIC HEALTH EMERGENCIES

A. Ebola: Forty Years in the Making of an Epidemic

The unfolding events of the twentieth major global EVD outbreak stands in stark contrast to the first recorded outbreak of EVD in 1976 in Sudan and the Democratic Republic of Congo (then Zaire), and not for the obvious reasons. One would imagine that with the advances in medical technology as well as the knowledge gained from the various major and individualized or isolated cases of Ebola infection over the past forty years that we would have been well-prepared when the most recent outbreak was confirmed on 23 March 2014. We were not, and considering the collective EVD literature available, it seems as though we have made little progress since 1976 with regard to the response to, and management of, this infectious disease.

The first outbreak of the acute viral haemorrhagic fever occurred between June and November of 1976 in southern Sudan, with a reported 284 people infected and a 53% infected mortality rate (151 people died). The first identifiable case in Sudan was that of a storekeeper in a cotton factory who became ill on 27 June 1976, and died in hospital on 6 July 1976. Patients presented with influenza-like symptoms, including fever, headache, and joint and muscle pains, and eventually with diarrhea, vomiting, chest pain, pain and dryness of throat, and a rash. Seventy-one percent of the infected patients also had haemorrhagic manifestations. The source town of this outbreak in Sudan was Nzara, which is also believed to have been the source of infection for the outbreak in the Bumba Zone of Zaire, although the link between these two outbreaks could never be established conclusively.

The outbreak in Zaire raged only a number of weeks, from 1 September 1976 to 24 October 1976, and was localized in the Bumba Zone of the Equateur Region, with most cases recorded within a radius of seventy kilometers of Yambuku. Three hundred and eighteen cases were reported with thirty-eight serologically confirmed survivors. Patient zero in this Zaire outbreak was a forty-four-year-old male instructor from the local Mission School who started to show symptoms on 1 September 1976, five days after having received an injection of chloroquine at the outpatient clinic of Yambuku Mission Hospital for

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23. There have been at least thirty-five reported incidences of Ebola worldwide from 1976 to date. WHO Ebola Response Team, *Ebola virus disease in West Africa—The first 9 months of the epidemic and forward projections*, 1481 NEW ENG. J. MED. 371, 1481-95 (2014).
25. Id. at 248.
26. Id. at 247.
27. Id.
presumptive malaria. Within one week, several other patients who had received treatment at the clinic for various ailments and diseases also reported the same symptoms. The Yambuku Mission Hospital was eventually forced to close down on 3 October 1976 after eleven of its seventeen medical members of staff had died.

Much clinical data on EVD, or acute viral haemorrhagic fever as it was then referred to, was collected during its first outbreak in Sudan and Zaire. It was documented, for example, that the incubation period and duration of the disease averaged about one week, that patients presented non-specific symptoms after three to four days, and that some of these non-specific symptoms included a progressively severe sore throat, a maculopapular rash, intractable abdominal pain, and eventually also bleeding from multiple sites, principally the gastrointestinal tract. Laboratory tests confirmed that this constellation of symptoms was caused by a virus morphologically similar to the Marburg virus but immunologically distinct, and it was eventually named the Ebola virus—the name of a river close to the Yambuku village and a word which translates to “Black River” in the local language of Lingala. The spread of the virus was interrupted by, inter alia, isolating patients in their villages, using protective clothing and respirators, and carefully disposing of potentially contaminated excreta. With regard to possible treatments for the disease, it was reported that a total of 201 (200–300 ml each) of plasma containing Ebola virus antibodies in titres of at least 1:64 were obtained and frozen, and that these units were used to treat a laboratory worker injected with the Ebola virus. Since the laboratory worker recovered, it was generally accepted that the antibodies may have helped therapeutically. Ebola virus antibodies were also found in five other persons from the area who were not ill and who did not have any contact with the infected villages or the Yambuku hospital during the epidemic. An international commission consequently stated in their report to the WHO in 1976 that “this suggests that the virus is in fact endemic to the region and [that this] should lead

32. *Id.* It is interesting to note that many such infectious diseases have been named after rivers. A few include: the Crimean-Congo hemorrhagic fever named after the Congo River, the Machupo virus which causes Bolivian hemorrhagic fever or black typhus named after a Bolivian river, and the mosquito-borne Ross river virus which is named after a river in northern Queensland, Australia.
34. *Id.*
35. *Id.*
36. *Id.*
37. *Id.* This commission was established on 18 October 1976 and tasked to report on the outbreak to the WHO.
to further effort to uncover a viral reservoir in Zaire.\footnote{38}

The Zaire commission described this first outbreak of EVD as follows:

No more dramatic or potentially explosive epidemic of a new acute viral
disease has occurred in the world in the past 30 years. The case mortality
rate of Ebola haemorrhagic fever in Zaire of 88\% is the highest on record
expect for rabies infection. In the circumstances it was not surprising that
much desired information was never obtained. Delays in recognition,
notification to international health agencies, and specific diagnosis of the
disease contributed greatly to this outcome. No better example comes to
mind to illustrate the need for national disease surveillance and the
prompt solicitation of international assistance, nor of the need for the
development of international resources, comprising personnel,
equipment, transport, communication, and finance, that can be made
available in a very few days to cope with such emergencies.\footnote{39}

The Sudanese commission, in turn, recommended that the following procedure
be followed once a possible Ebola case is identified: first, blood specimens must
be collected for diagnosis, then a surveillance system must be put in place to
identify other cases of influenza-like symptoms with or without haemorrhagic
manifestations.\footnote{40} Medical staff must wear protective clothing including gowns,
gloves and masks (or better respirators), and must disinfect patients’ excreta with
an effective disinfectant like formaldehyde.\footnote{41} A follow-up system must also be
put in place to check on those with whom the infected persons have had contact
and their temperature must be taken daily, isolating them immediately if there is
any indication of a fever.\footnote{42} Once a diagnosis is made, convalescent plasma must
be dispatched to the geographical areas of concern as soon as possible.\footnote{43}
The commission also stated that “[w]ith such a simple system, these diseases can be
identified, isolated, and patients properly treated.” And added that

[w]ith experience, no doubt, more outbreaks of these diseases will be
identified. We shall probably find that large outbreaks are rare and can
be prevented with simple precautions. However, if appropriate
precautions are not taken early, as was the case with the first outbreak of
viral haemorrhagic fever in Sudan, these diseases can spread far and
wide, and across international borders. The hospital, especially the
referral hospital, is the site where such outbreaks can either be recognised
and halted, or unrecognized and disseminated. With them rests the

\footnote{38} Id.
\footnote{39} Id. at 288.
\footnote{40} WHO Int’l Study Team, supra note 24, at 255.
\footnote{41} Id.
\footnote{42} Id.
\footnote{43} Id.
responsibility for stopping the spread of these dangerous diseases.\textsuperscript{44}

The recommendations of the two commissions are still very relevant today because, as in 1976, no vaccine or cure for Ebola exists, and the only way in which to curb the spread of this infectious disease is to break the chains of infection. Health workers must therefore identify people who are infected and isolate them from society. This is pivotal to ensure that no further infections take place, either by way of direct contact with the patient and his or her bodily fluids (like blood or sweat which contains high concentrations of Ebola particles) or by droplet infection.\textsuperscript{45} Everybody who has been exposed to the virus (had contact with an infected person) must furthermore be identified and then monitored for the onset of symptoms. This is pivotal as Ebola is extremely infectious. But while this monitoring of such persons at risk is important, draconian measures, like an outright quarantine order, are not necessary as people infected with the Ebola virus only become contagious after they had developed a fever and other symptoms like diarrhea, vomiting, or severe headaches. And, Ebola is furthermore only contagious when the person is symptomatic and the first symptom is almost always a fever, which makes the modern day temperature screening at airports particularly effective.\textsuperscript{46}

After the first major outbreaks of EVD in the Democratic Republic of Congo (then Zaire) and Sudan, individualised infections were reported in England and Zaire in 1976 and 1977, respectively. The virus was also identified and isolated in the Philippines in 1989-1990 in a primate facility responsible for exporting animals to the U.S., and in 1989, 1990 and 1996 at facilities in Virginia, Pennsylvania, and Texas receiving monkeys imported from the Philippines.\textsuperscript{47} A recurrent outbreak with a 65% mortality rate\textsuperscript{48} was recorded at the same site in Nzara South Sudan in 1979.\textsuperscript{49} However, major Ebola outbreaks on the African continent were only observed again in 1994/1995, approximately twenty years after the first major outbreaks of EVD.

\textsuperscript{44} Id.

\textsuperscript{45} When the virus travels inside droplets of fluid released into the air, for example when a person coughs, it is known as droplet infection. Airborne transmission refers to when the droplets carrying the virus dry out and the virus remains airborne travelling on dust particles. Another common route of entry is thought to be the wet membrane on the inner surface of the eyelid, which a person may touch with a contaminated fingertip. Richard Preston, \textit{The Ebola wars}, THE NEW YORKER (Oct. 27, 2014), http://www.newyorker.com/magazine/2014/10/27/ebola-wars [https://perma.cc/7P75-F4RZ].


\textsuperscript{48} Id. Thirty-four people were infected and twenty-two died.

\textsuperscript{49} Id.

Given the reports and recommendations by the International Commissions to Zaire and Sudan in 1976—both stressing the need for national disease surveillance and the prompt solicitation of international assistance as well as the prophetic warnings that large outbreaks, while imminent and potentially disastrous, can be prevented with simple precautions—the question can rightly be asked how it is even possible for the public health emergency of the most recent Ebola outbreak to have come about. Given our experience and knowledge of EVD over the past forty plus years, how can it be that the most recent outbreak of Ebola got so out of control with a death toll of over 28,000? Many possible

51. Id. Three hundred and fifteen people were infected and twenty died (81% mortality rate).
52. Id. Thirty-seven people were infected and twenty-one died (57% mortality rate).
53. Id. Sixty people were infected and forty-five died (74% mortality rate).
54. Id. Sixty-five people were infected and fifty-three died (82% mortality rate).
55. Id. Fifty-seven people were infected and forty-three died (75% mortality rate).
56. Id. One hundred and forty-three people were infected and One hundred and twenty-eight died (89% mortality rate).
57. Id. Thirty-five people were infected and twenty-nine died (83% mortality rate).
58. Id. Two hundred and sixty-four people were infected and eighty-seven died (71% mortality rate).
59. Id. Thirty-two people were infected and fifteen died (47% mortality rate).
60. Id. Thirty-six people were infected and thirteen died (36.1% mortality rate).
61. Id. Four hundred and twenty-five people were infected and two hundred and twenty-four died (53% mortality rate).
62. Id. One hundred and forty-nine people were infected and thirty-seven died (25% mortality rate). Other isolated incidences in Uganda were also reported in May 2011, June-October 2012 and in November 2012 to January 2013.
63. Id. In this latest outbreak in the DRC, approximately sixty-six people were infected and forty-nine died (74% mortality rate).
factors contributing to the dire state of the current situation have been considered, including the negligent contact tracing of those infected and the inadequate provision for following-up on and checking for symptoms of those who had been exposed to the virus. Some also blame the responders who had convinced themselves too early that a decline in newly reported cases marked the end of the outbreak; yet others blame the poor flow of information between the affected nations about those infected and those exposed to the virus arguing that this was not only responsible for the chain of illnesses and deaths in Sierra Leone, but also the second-wave outbreak in late May in Liberia. What is clear, however, is that it is ultimately the absence of a robust and coordinated response that allowed for an invisible epidemic to thrive alongside the one assumed to be contained.

B. SARS: A New Chapter in the History of Infectious Diseases?

In contrast to the protracted and persistent history of the Ebola virus, SARS is generally regarded as the first new and serious contagious disease of the twenty-first century. It was first reported in November 2002 in the Guangdong Province of China and became almost an instantaneous global threat as it spread along air-travel routes from China and Hong Kong to 29 other countries, including Taiwan, Singapore, Canada, Vietnam, the Philippines and the U.S. Yet, while the Ebola virus has been forty years in the making, with many thousands of people having died in its wake, the SARS outbreak was comparatively short and less severe. Georges Benjamin, the executive director of the American Public Health Association, described it as follows: “...SARS was not ‘the big one.’ It did, however, cost over USD $40 billion and served as a global wake-up call.”

Contrary to the mass of information available on Ebola before its most recent outbreak, scientists from both the developed and less developed countries were equally unaware as to the cause of SARS, the ways in which to diagnose it, the treatments, and the precautionary measures that should be taken to prevent its

65. Id.
66. Id.
spread. This lack of scientific knowledge on the disease was further exacerbated by the immense secrecy in which the Chinese government initially shrouded its occurrence. It was, for example, only on 10 February 2003, that the WHO learned from the Chinese government about the 305 cases of atypical pneumonia that had occurred in the Guangdong province since, at least, November 2002. But the world was introduced to SARS shortly thereafter (21-23 February 2003), when an elderly professor from Guangdong travelled to Hong Kong to attend a wedding, and infected many other guests at the hotel where he was staying. The guests eventually travelled to Vietnam, Canada, the U.S., and Singapore.

On 12 March 2003, the WHO issued a global health alert about a new flu-like disease that seemed to be highly contagious, and on 21 March the Chinese government formally requested assistance from the WHO in investigating the outbreak in Guangdong. A WHO Multi-centre Collaborative Network on SARS Aetiology and Diagnosis was subsequently established with a network of scientists, doctors and health professionals working around the clock to identify the cause of this new disease, to develop appropriate diagnostic tests, define clinical features, and investigate its modes of transmission. On 14 April 2003, Canadian scientists successfully sequenced the DNA of the then yet unknown coronavirus, and today we know that SARS is a form of atypical pneumonia caused by a new strain of the coronavirus, which is generally referred to as the SARS virus (“SARS-CoV”). It is believed that SARS-CoV is an animal virus that crossed the species barrier to humans due to ecological changes and changes in human behavior that increased human exposure to the virus and also fostered virus adaptation ultimately enabling human-to-human transmission. The animal reservoir for the SARS-CoV pathogen is furthermore believed to be vast, and includes wildlife species like the Himalayan masked palm civet, the Chinese ferret badger, and the raccoon dog, all of which are consumed as delicacies in southern China. Domestic cats and ferret have also been found to be infected with, and able to infect other animals with, the SARS virus. Curiously, patient zero for the 2003 SARS outbreak is believed to be a Shenzhen-based cook who often prepared meals containing meat from animals caught in the wild, and who checked into the Futian Hospital of Chinese Medicine on 20 August 2002 after

72. Id.
73. Id.
74. Yu, supra note 70, at 1590-91.
75. Rimmer, supra note 68, at 336; Lee, supra note 22, at 19.
77. Id.
having already infected his wife and two of his sisters.\textsuperscript{78}

The clinical features of SARS can range from a severe form of respiratory
disease, after which the syndrome was named, to other milder and more atypical
(non-specific) flu-like or pneumonia symptoms.\textsuperscript{79} A real risk exists for the disease
not to be correctly diagnosed without supportive epidemiological and laboratory
testing; therefore, a high level of awareness about the spectrum of disease caused
by SARS must always be maintained amongst health professionals, especially in
South-east Asia where the epidemic originated.\textsuperscript{80} SARS is transmitted by way of
respiratory exudates and contaminated surfaces on membranes of the mouth, nose
or eyes.\textsuperscript{81} The most effective epidemic control measures for this virus is
therefore—in addition to the early detection, isolation and treatment of those
infected—to reduce population contact and promote personal and environmental
hygiene.\textsuperscript{82}

The disease is furthermore characterized by rapid transmission and a high
mortality rate.\textsuperscript{83} For example, in the absence of any control measures, an average
of two to four people can be infected by each SARS patient; in contrast to the
Ebola virus where the incubation period can be anywhere between two to twenty-one
days, the incubation period for SARS is only ten days.\textsuperscript{84} For this reason, the
potential severity of a SARS outbreak should not be under-estimated as the SARS
virus is sufficiently infectious to cause a very large epidemic if unchecked, but
is completely controllable with public health measures such as early detection,
quarantine and medical treatment.\textsuperscript{85} While much has been learned about the virus,
knowledge about its epidemiology and ecology remains incomplete; although the
most probable sources of infections with SARS-Cov today would result from
exposure in laboratories, the possibility of the re-emergence of SARS in epidemic
form is not impossible.\textsuperscript{86}

The countries hardest hit by the SARS epidemic, which ranged from 1
November 2002 to 11 July 2003, were the People’s Republic of China,\textsuperscript{87} the

\textsuperscript{78} Lee, supra note 22, at 18.

\textsuperscript{79} WHO Dep’t of Communicable Disease Surveillance and Response, supra note 76, at 7.

\textsuperscript{80} Id.

\textsuperscript{81} Grace Wong Buchianeri, Is SARS a Poor Man’s Disease? Socioeconomic Status and Risk Factors for SARS Transmission, F. for Health Econ. & Pol’y 1, 4 (2010).

\textsuperscript{82} Id.

\textsuperscript{83} Eugenia Tognotti, Lessons from the History of Quarantine, from Plague to Influenza, 19 Emerging Infectious Diseases 254, 258 (2013).


\textsuperscript{85} Buchianeri, supra note 81, at 4.

\textsuperscript{86} WHO Dep’t of Communicable Disease Surveillance and Response, supra note 76, at 6.

\textsuperscript{87} Cumulative Number of Reported Probable Cases of SARS, WHO (July 11, 2003),
Hong Kong Special Administrative Region,\(^{88}\) Taiwan,\(^{89}\) and Canada.\(^{90}\) The WHO reported that there were 8,437 known cases of SARS, with 813 deaths attributable to the SARS virus.\(^{91}\)

Despite the marked differences in the lifecycle and impact of the 2003 SARS outbreak compared to that of the most recent Ebola epidemic, remarkable similarities exist. For example, just as the most recent Ebola outbreak is still ongoing and is generally described in terms of its failures, the 2003 SARS outbreak is far from forgotten and is generally still presented in literature as “a medieval plague, a medical disaster and an economic blight.”\(^{92}\) Similarities also exist in the manner in which these two public health emergencies were dealt with. Similar to the initial denial of the seriousness of the most recent Ebola outbreak by international organisations and national governments alike, there was also a “high-profile denial” by the Chinese government, and later also the Hong Kong authorities about the true nature, seriousness and extent of the spread of SARS.\(^{93}\) And to those affected by Ebola, residents in Hong Kong and China were also reported to have felt abandoned and uninformed about the diagnosis, treatment and transmission mechanism of SARS, adding to feelings of uncertainty and trepidation in the wake of the disease.\(^{94}\)

By some standards, the SARS outbreak was certainly not the most severe of the epidemics that have plagued the world. Yet, it reminded us of how real the threat of a global epidemic is, and how vulnerable we still are despite all the medical and technological advances that we have privy to today. The SARS outbreak is also noteworthy for another reason; as the first emerging new epidemic of the age of globalization in which we live today, most stakeholders would say that it was contained rather effectively and efficiently in less than four months since its outbreak was announced, which makes the calamity of the most recent Ebola outbreak all the more problematic.

### III. International and Operational Legal Responses to Public Health Emergencies

#### A. The International Legal Framework for Public Health Emergencies

The first organised institutional responses to disease control date back to the
plague epidemic of 1347-1352. Initially these responses were locally based and focused, but as technological advances improved, the available means of transport and drastically decreased travel time, and the establishment of new ports and port cities spurred possibilities for trade. The ensuing mobilisation of people called for collaborative networks to regulate and control the spread of disease. The first English quarantine regulations were drafted in 1663, and the English Quarantine Act was promulgated in 1710 and revised in 1721, 1733, and again in 1743. It was also during this time that a system of active surveillance for infectious diseases was established in the major Levantine cities and a network for infectious disease control was established with representatives from various countries connecting the great Mediterranean ports of Western Europe.

With the spread of Asiatic cholera to Europe, efforts at international health cooperation culminated with the first International Sanitary Conference in Paris on 23 July 1851. The objective of this conference, and the conferences that were to follow, was to reach agreement on the measures to be taken to limit the spread of epidemic diseases, and it provided a “unique forum for the international exchange of ideas between medical administrators and medical scientists of different nations and cultures.” Howard-Jones describes the printed records of these conferences as constituting “a living history of the different conceptions of the nature of epidemic diseases held during the latter half of the nineteenth century and immediately [there]after.” Howard-Jones also observed that the records show “how scientific knowledge that has been painfully won may be

95. B. Mafart & J.L. Perret, History of the Concept of Quarantine [In French], 58 (2 Supp.), MED TROP (MARS) 14, 14 (1998).
96. Tognotti, supra note 83, at 255.
97. Id.
98. Id. See generally CARLO M. CIFOLLA, FIGHTING THE PLAGUE IN SEVENTEENTH-CENTURY ITALY (U. Wis. Press 1981).
99. The nation states present at this conference included eleven European states—Papal, Sardinia, Tuscany, the two Sicilies, Austria, Great Britain, Greece, Portugal, Russia, Spain and France—as well as Turkey. NORMAN HOWARD-JONES, THE SCIENTIFIC BACKGROUND OF THE INTERNATIONAL SANITARY CONFERENCES 1851-1938, at 9 (Geneva: WHO 1975).
100. The second conference took place eight years later in 1859 in Paris and were followed by conferences in Constantinople (1866), Vienna (1874), Washington (1881), Rome (1885), Venice (1892), Dresden (1893), Paris (1894), Venice (1897), Paris (1903), Paris (1911-1912), Paris (1926) and Paris (1938). See the following sources for a more in-depth overview of the content of each conference and the role that they collectively played in establishing an international health security body, the WHO. Valeska Huber, The Unification of the Globe by Disease? The International Sanitary Conferences on Cholera, 1851-1894, 49 HIST. J. 453-476 (2006); MORTON A. KRAMER ET AL., INTERNATIONAL HEALTH SECURITY IN THE MODERN WORLD: THE SANITARY CONVENTIONS AND THE WORLD HEALTH ORGANISATION, DEP’T ST. BULL. (1947); WHO, THE FIRST TEN YEARS OF THE WORLD HEALTH ORGANISATION (Geneva: WHO 1958).
102. Id. See generally Huber, supra note 100.
forgotten and, decades later, rediscovered.” For example, while the concepts of convalescent cholera carriers, of mild or unapparent infections, and of the gall bladder as a reservoir of cholera vibrios were trumpeted as new discoveries in the 1960s, the records of the conferences actually show that these concepts were already universally accepted “some sixty or more years ago.” This phenomenon is also evident from the historical overview on the Ebola virus provided above, where it was evident that our experience and knowledge of EVD accumulated over the past forty years was easily “forgotten” and did little to ensure appropriate, timeous, and effective action with the most recent outbreak. A case in point is an article published in The Lancet on 9 May 2015 in which it is said that “[t]he unfamiliarity of Ebola delayed its detection.” This is simply not true. For four decades, these “Sanitary” conferences failed to produce on its promise of delivering internationally agreed upon standards for the regulation and control of infectious diseases due to the “utter ignorance of the causes of the epidemic diseases . . . [proving] . . . an insuperable barrier to international agreement.” However, “as the etiologies of cholera, then plague, and later yellow fever were unraveled, the pace of international health cooperation quickened, leading to the foundation, one after the other, of the Pan American Sanitary Bureau, the Office International d’Hygiène publique, the Health Organization of the League of Nations, and, finally, the World Health Organization, which incorporated all its predecessors.” The WHO was established in 1948, three decades after the influenza pandemic of 1918—the most deadly pandemic ever recorded.

The Constitution of the WHO was adopted by the International Health

104. Id.
107. This was the first non-regional international health organization. It was established on 3 December 1907 in Rome and had its last session on 21 April 1914, before the First World War.
109. See Jeffery K. Taubenberger & David M. Morens, Influenza: The Once and Future Pandemic, 125 (Suppl 3) PUB. HEALTH REP. 16-26 (2010). It is important to differentiate between an “outbreak,” “epidemic,” and a “pandemic.” When the rate of infections and fatalities associated with a particular disease bypasses the existing control measures, it is often referred to as an outbreak. The term “outbreak” is therefore used to describe the sudden rise in the incidence of a particular disease. An outbreak can often lead to an epidemic, which the U.S. Centers for Disease Control and Prevention defines as “[t]he occurrence of more cases of disease than expected in a given area or among a specific group of people over a particular period of time.” A pandemic, in turn, is an extensive epidemic that is rampant in a country, continent or the world. An endemic disease refers to a disease native to a particular group or region, a disease that is regularly or constantly found among people of a specific region.
Conference with representatives from sixty-one States on 22 July 1946, and entered into force on 7 April 1948. Today, the WHO has 194 signatory nations who all accept and agree to the basic principles on which the WHO is based for the purpose of fostering and enabling co-operation amongst member states in order to promote and protect the health of all peoples. These principles include a commitment to health as a state of complete physical, mental, and social well-being, and the enjoyment of the highest attainable standard of this health as a fundamental right of every human being. The objectives of the Organization are set out in Article 2 of its Constitution which confirms the WHO’s coordinating authority and duty to establish and ensure effective collaboration between member states, and to provide technical, normative, material and operational support in all matters related to health, including public health issues in general, and health emergencies specifically. The WHO has certainly developed into a (potentially) powerful institution from its early years with only sixty-one members to today, with its headquarters in Geneva, six strategically positioned regional offices, and representation by more than 7,000 people—including medical doctors, public health specialists, scientists and epidemiologists—from over 150 countries, territories and areas.

With the recent Ebola outbreak, the WHO collaborated with the U.N. Mission for Ebola Emergency Response (“UNMEER”) and U.N. agency partners like UNICEF, WFP, OCHA, UNFPA and UNDP, as well as other international partners like the African Union, the U.S. Centers for Disease Control (“CDC”), MSF, the International Federation of the Red Cross (“IFRC”), the International Organization for Migration (“IOM”), UNAIDS, and partners of the Global Outbreak Alert and Response Network (“GOARN”). An Ebola Response Roadmap was also drafted by the WHO in August 2014, setting out the primary strategy for curbing the Ebola outbreak and to provide the basis for a significantly increased response. This was followed by the U.N.’s Overview of Needs and Requirements (“ONR”) and the STEPP Strategy which “were designed to assist governments and partners in the revision and resourcing of country-specific operational plans for the Ebola response, and to aid the coordination of international support to fully implement those plans.”

A particularly important and historic development in terms of the legal

112. Id. at 8.
115. Id.
framework for the regulation of public health emergencies that emerged during the most recent Ebola outbreak must again be emphasized here. After the U.N. Security Council unanimously adopted resolution 2177 on 18 September 2014—“determining that the unprecedented extent of the Ebola outbreak in Africa constitutes a threat to international peace and security”—the first ever U.N. emergency health mission, the UNMEER, was established.\textsuperscript{116} UNMEER was established as a temporary measure to meet immediate needs with regard to the Ebola outbreak and assumed a coordinating function for U.N. entities that operate in the outbreak area. The UNMEER strategy was based on three pillars of action: immediate outbreak response, enhanced coordination and collaboration, and the mobilization of increased human and financial resources.\textsuperscript{118} In areas with intensive transmission, a “STEPP” approach was applied: (1) stop the outbreak; (2) treat the infected; (3) ensure essential services; (4) preserve stability; and (5) prevent further outbreaks.\textsuperscript{119} This was supplemented with further targets and timelines and given its contemporaneous establishment, UNMEER basically had to define itself and its approach in the midst of the full-blown emergency.\textsuperscript{120}

Much more can be said about the coordination bodies and mechanisms that inhabit the top echelons of our international society on matters relating to health, and, for the purpose of this paper, public health emergencies. Indeed, some aspects of the international legal framework for public health emergencies will again be considered in Part IV below, for now, the remainder of the discussion in Part III will rather focus on The International Health Regulations (2005); the most important and only existing international legal instrument for the management and coordination of large-scale public health emergencies.\textsuperscript{121}

B. The International Health Regulations (IHR 2005)

Article 21 of the Constitution of the WHO empowers the World Health Assembly—the highest decision-making body of the WHO—to adopt regulations on matters including those related to “sanitary and quarantine requirements and other procedures designed to prevent the international spread of disease.”\textsuperscript{122}


\textsuperscript{117} \textit{See generally} Burci & Quirin, \textit{supra} note 6.

\textsuperscript{118} DuBois et al., \textit{supra} note 17, at 25.

\textsuperscript{119} \textit{Id}.

\textsuperscript{120} \textit{Id} at 27.

\textsuperscript{121} \textit{Id} at 28.

\textsuperscript{122} \textit{Basic Documents: Constitution of the World Health Organization}, WHO 7 (2006),
Article 22 of the Constitution furthermore provides that such regulations will be binding on all WHO member states unless they advise the Director-General of their rejection or reservation. Pursuant to these provisions, a series of the International Sanitary Conventions adopted in the second half of the Nineteenth Century, and which was later consolidated into the 1951 International Sanitary Regulations was renamed as the International Health Regulations (“IHR”) in 1969 and was the first—and only—binding international legal instrument on global disease surveillance and control.

The IHR (1969) was limited in scope and only dealt with specific diseases, namely, the plague, cholera and yellow fever. The Regulations to the IHR (1969) set out measures to be taken by the member states to prevent the spread of disease, and it also prescribed minimum standards for sanitation and public health facilities at air and sea ports. Provisions were also made for prescribed mandatory and permitted health measures as well as maximum measures that must be applied during times of an epidemic. For example, Part IV of the IHR (1969) contained provisions on the restrictions to be imposed on inbound and outbound international travel or movement of goods, and Article 23 provided for, inter alia, the application and/or prohibition of certain measures under specific circumstances.

While this first version of an internationally agreed-upon and binding legal instrument for global disease surveillance and control was indeed a significant development in global health at the time, it also proved to be wholly inadequate and unsatisfactory. The most obvious shortcoming was the limited scope of the IHR (1969) and its regulations. The HIV/AIDS pandemic, the SARS epidemic, and the threat of an influenza pandemic, for example, fell outside the scope and operation of the IHR (1969). States’ compliance with the IHR (1969) were poor; given that the WHO is dependent on notifications and information by States in order for it to fulfill its technical, normative and operational functions, the non-compliance of States rendered it effectively useless. But while member States were in agreement that the IHR (1969) had to be revised, the discussion and the consultation processes were protracted—similar to the Sanitary Conventions discussed in the preceding sections—and it was only after the SARS epidemic in 2003 and the growing fears of avian influenza and a possible large-scale influenza

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124. See infra Section II section for a discussion on the Sanitary Conventions.
125. Von Tigerstrom, supra note 123, at 36.
127. Id. at 14-16.
128. Von Tigerstrom, supra note 123, at 36-37.
129. Id. at 37.
130. Id.
pandemic that the provisions of IHR (2005) were ultimately agreed upon.\textsuperscript{131}

Thus, while the most recent Ebola outbreak brought us the “historic” pronouncement by the U.N. Security Council and the establishment of UNMEER (although only temporarily), the 2003 SARS outbreak was the catalyst for the revised International Health Regulations (2005) (“IHR (2005)”) that is currently in place and that is described as “one of the most radical and far-reaching changes to international law on public health since the beginning of international health co-operation in the mid-nineteenth century.”\textsuperscript{132} As was indicated in Part II above, the SARS 2003 outbreak was indeed not one of the most severe epidemics that the world has ever had to face, but it is generally regarded as the “first severe and readily transmissible new disease to emerge in the twenty-first century” and it placed under the spotlight the potentially catastrophic reality of infectious disease in a globalized world.\textsuperscript{133}

After consultations and submissions by member States, the IHR (2005) was adopted in May 2005 and came into force in June 2007. The IHR (2005), as we know it today, constitutes a thorough revision of the previous regulations pertaining to disease control adopted by the World Health Assembly under Article 21 of the WHO Constitution since 1951, and is a legally-binding instrument that 196 countries have since agreed to and signed.\textsuperscript{134} Interesting similarities and differences between the IHR (1969) and the IHR (2005) exist. The stated objective of the revised IHR (2005) is, for example, similar to that of the IHR (1969) and is articulated in Article 2; the IHR (2005) is geared towards the prevention, protection against, control and the providing for a public health response to the international spread of disease in ways that are commensurate with and restricted to public health risks, and which avoid unnecessary interference with international traffic and trade.\textsuperscript{135}

Numerous important differences between the IHR (1969) and the IHR (2005), however, can also be observed. For example, the scope of the IHR (1969) was limited to only three diseases, but the scope of the IHR (2005) is centered on notions of “events” or on a “public health emergency of international concern” which not only applies to the spread of natural diseases, but also to the accidental or intentional release of biological, chemical, or radiological agents if it could lead to the international spread of disease and irrespective of origin or source.\textsuperscript{136} The range and nature of disease events covered under the IHR (2005) are

\begin{itemize}
\item \textsuperscript{131} Id. at 38.
\item \textsuperscript{133} Von Tigerstrom, supra note 123, at 38.
\item \textsuperscript{134} See generally Burci & Quirin, supra note 6; Fidler, supra note 132.
\item \textsuperscript{136} Burci & Quirin, supra note 6.
\end{itemize}
therefore much broader in scope. Member States are required to notify the WHO of all events that may constitute a PHEIC based on the decision instrument set out in Annex 2 of the IHR (2005). Annex 2 presents an algorithm of a series of questions and when an affirmative answer exists on any two of these questions the Member State must notify the WHO. The Annex also contains a list of diseases to which the algorithm must always be applied, as it is either presumed that these diseases are always potentially of international concern or it is presumed that the occurrence of these diseases is both unusual or unexpected and serious, and should therefore be classified as a PHEIC. Viral haemorrhagic fever—a disease under which Ebola can be classified and which was discussed in Part II—is one of the diseases listed in Annex 2 of the IHR (2005).

The authority to determine whether an event constitutes a PHEIC is vested in the Director-General of the WHO, in terms of article 12 of the IHR (2005), and in consultation with the reporting state as well as the recommendation and advice of an “Emergency Committee” of public health experts. Upon declaring a PHEIC the Director-General can issue temporary recommendations of urgent measures to prevent or control the international spread of disease. These temporary recommendations are not binding but present authoritative guidance and enhance accountability by requiring States who do not adhere, to justify their actions.

Key in the IHR (2005) is the translation of the global ethos for health put forward by the WHO, in terms of the national public health capacities of member States. While the IHR (1969) merely contained a limited set of prescriptions for organization, equipment, facilities, and services required at national ports and airports (Part III of the IHR (1969)), the IHR (2005) also requires of its signatory-states to take a number of measures to prevent, respond, and to control the spread of disease and to implement these obligations within its domestic legal and public health systems. It is particularly important that the IHR obligations are incorporated and implemented in national legal and public health systems as it not only gives effect to the objectives of the IHR, but also provides the much needed “framework (or backbone) for a range of public health activities and specific operational functions.” The core capacities or minimum set of standards for

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138. World Health Assembly, supra note 135; International Health Regulations, Second Edition, supra note 135. Where member States are faced with a potential health situation of international concern it must first ask whether the public health impact of the event is serious. Second, whether the event is unusual or unexpected, third whether there is a significant risk of international spread and finally whether there is a significant risk of international travel or trade restrictions.


140. Burci & Quirin, supra note 6.

141. Id.

public health surveillance and response that signatory states must incorporate and implement in their national systems include the following:
• establishing a specific mechanism to enable timely notification to the WHO of public health risks that could potentially become an international public health emergency;
• making sure that national legislation and policy allow for the implementation of the IHR;
• ensuring that funding is available for carrying out all necessary activities;
• developing proper surveillance systems and response plans;
• establishing laboratory services; and
• having the necessary human resources for carrying out activities.143

Whether States have implemented, and how States have fared in meeting their obligations in terms of the development of their national public health capacities in terms of the IHR (2005) is an important consideration, especially in light of the contributory nature of the inadequate national health systems of Guinea, Liberia and Sierra Leone during the most recent Ebola outbreak.

It was evident from the discussion in Part III above that the lack of consensus on the biomedical causes of epidemic diseases initially proved an insuperable barrier to international agreement. This is certainly no longer the case today. The IHR (1969), in turn, was limited in scope and completely irrelevant to the 2003 SARS outbreak, yet the response to SARS is generally considered to be a success story for both the WHO and the international community at large. However, while the IHR (2005) is described as “unprecedented in the history of the relationship between international law and public health,” and was fully operational during the most recent Ebola outbreak, the international response and coordination was found to be wholly inadequate and lacking.144

IV. National Legal Responses to Public Health Emergencies

There are, of course, many factors that exist locally, at the heart of an epidemic, that contribute directly to the spread (and curb) of infectious diseases and other public health emergencies. Some of these factors are related to political regimes and histories, governance, health financing and health systems, or to the availability of essential medicines, supplies and delivery services. Yet others relate to human resources, education, and specific social and cultural features of

143. Id.

the affected societies. There are also numerous challenges that can obstruct public health interventions in the face of an epidemic, including “fear of stigmatization in the community, delays in seeking treatment, inadequate triage in HCFs, lack of recognition of Ebola cases, and incomplete identification and follow-up of some contacts.” Moreover, the following motivations for denying Ebola symptoms and resisting treatment during the most recent outbreak included stigma, fear, mistrust, and low medical literacy.

While much scholarly research has since been devoted to these and other contributory factors, the contribution of this particular section of the article will be limited to an evaluation of the national legal responses to public health emergencies, and particularly the use of quarantine measures and bylaws as instruments of behavioural change. It will be shown in this section that these national legal responses to public health emergencies are not always properly informed and tailored to meet the needs and circumstances of the communities they are intended to serve, nor are they necessarily warranted in terms of biomedical evidence. National legal responses to public health emergencies are rather often informed by fear and based on distrust, the effects of which move across time, space, and boundaries within and between international and national actors, communities, and individuals. It will be evident from the discussion below that actors often leverage scientific uncertainty according to their political interests.

A. Bylaws as Instruments of Behavioral Change

In trying to curb the further spread of EVD in Sierra Leone, the remote areas of Kailahun, Kenema, and Koinadugu adopted the central government’s emergency state laws, which were declared on 31 July 2014 and extended twice in combination with district/chiefdom bylaws. These bylaws aimed to bring about behavioural change by limiting public movement and association, and by

145. Nyenswah Tolbert et al., Controlling the last known cluster of Ebola Virus Disease – Liberia, January-February 2015, CTRS. FOR DISEASE CONTROL & PREVENTION, https://www.cdc.gov/mmwr/preview/mmwrhtml/mm6418a5.htm?s_cid=mm6418a5_w [https://perma.cc/U9G4-T4Z9].
146. Id.
147. DuBois et al., supra note 17, at 31.
prohibiting certain customary and informal practices of local peoples in caring for the sick and dying. Examples of the sanctions imposed on breaching these bylaws included the following: A person could incur a fine of up to 200,000Le for tending a sick person in their home or a fine of 500,00Le for washing the body of a deceased person. It was submitted that “the risk of [such] immediate and locally enforced penalties” proved to be effective “even when the threat of severe health consequences for the behavior is not.” Yet, it has been observed that these bylaws had more force as a deterrent than as punitive instruments.

Generally speaking and for the remote areas of Sierra Leone specifically, these bylaws proved to be effective to a certain extent in forging behavioural change. Its success was ascribed to the following factors: The residents of these areas are accustomed to the passage of informal bylaws by Chiefs, and “the psychological frame and infrastructure” of enforcement and the collection of fines already existed before the bylaws came into existence. The District Councils, local councilors, and Paramount Chiefs of these districts also collaborated, adopted each other’s best practices, and crafted and implemented the bylaws as a united and legitimate source. The remoteness of these three areas from the capital Freetown and the reach of central government actors are not only in terms of geography and distance; there is also an emotional distance. Many residents in especially the Kailahun and Koinadugu districts “do not feel the presence of the state in their collective and individual lives.” The State’s legal influence is therefore weakest in these areas, making the role and authority of chiefs and local councils officials all the more important. The situation in Kenema and Kailahun was, for example, described in terms of a “siege mentality… [where] the chiefs and the local councils officials performed their way into the collective consciousness of the people in their communities. It was as if the people obeyed the bylaws because they (the bylaws) were creations of the community compatriots who, like them, were helping to fight this disease.”

What is interesting, however, is that insofar as these bylaws related to changing customary burial practices, effecting behavioural change proved to be more difficult. In fact, it is estimated that up to one half of Ebola related deaths

151. King, supra note 149, at ii.
152. Id.
153. Id. at 5.
154. Id. at ii, 4.
155. Id. at 10.
157. King, supra note 149, at 5.
158. Id. at 5, 9-10.
in Sierra Leone were caused by unsafe burial practices. In an assessment of burial practices, cemetery management, and adherences to practices recommended to reduce the risk for Ebola virus transmission, the CDC in collaboration with the Sierra Leone Ministry of Health and Sanitation (“MOH”) found, inter alia, that the recommended “safe” burial practices were not well accepted by communities. Community and family members were concerned about the deceased being buried in unmarked graves or with multiple bodies in the same grave. Such practices were considered “undignified and unacceptable to the community.” Interviews with community and family members also revealed that many people continued to deny that Ebola was real and were not aware of the risk for Ebola transmission from contact with an infectious dead body.

With regard to Chinese burial customs in Hong Kong specifically, it can be noted that the veneration of family ancestors is, similar to many African cultures, also important. However, contrary to the situation in the rural African communities described above, the congested landscape of Hong Kong and the relatively high fees for burial in a private as opposed to a public cemetery, as well as the legally sanctioned and compulsory exhumation of remains buried in public cemeteries after a period of six years, has considerably influenced traditional burial rites. While the support and authority of chiefdom leaders and community elders was important in convincing community members of the necessity of deviating from customary practices during the Ebola outbreak in


161. Id.


Africa, similar concerns were not as prevalent in Hong Kong during the SARS outbreak. Not only is the epidemiology of these two infectious diseases obviously different, but in Hong Kong, people usually die in hospitals or other care facilities and their remains are removed and taken care of by the assigned public health services or a funeral parlour. Thus, a National Standard Operating Procedure (“SOP”) that takes into account specific customary needs and cultural rituals, and includes—for as far as possible—community and family members in the burial process, was not as significant for Hong Kong during the SARS outbreak as it was in rural Africa with the most recent Ebola outbreak. Yet, each geographical territory may offer unique challenges and/or considerations when it comes to the outbreak and control of infectious diseases. In Hong Kong, for example, the remains of the deceased who had died from a particularly infectious disease and whose remains may still pose some risk upon exhumation can, under certain circumstances, prove pivotal.

Sylvanus Spencer therefore warns that the mere “translation” of biomedical and legal measures into local idioms to effect behavioural change in efforts to control disease outbreaks may not be enough. He submits that a full understanding of “the heterogeneity of social factors and the multiplicity of actors inserting agency in the translation” of intervention measures is ultimately necessary. Noteworthy in this regard is that the interdependent self-concepts so characteristic of traditional African (and also Asian) cultures may have contributed to the relative success of bylaws in effecting behavioural change in the context of the recent Ebola outbreak. Yet, such an interdependent self-concept that emphasises group goals and the appreciation of communalities with others, stands in stark contrast to the independent self-concepts usually associated with Western cultures which places more emphasis on personal goals and recognition of one’s differences from other people. Thus, whether the enforcement of State emergency regulations as well as the enactment and abidance of more informal regulatory measures by local authoritative figures would be equally effective in effecting behavioural change in the face of a public health emergency in a typical Western cultural context, is indeed questionable.

V. TO QUARANTINE OR NOT TO QUARANTINE: A LEGAL OR PUBLIC HEALTH QUESTION?

The first known incidence of a medical quarantine—in terms of which people

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165. See Wilson, supra note 163, at 116.
166. See generally Nielsen et al., supra note 160.
or goods were restrained in their movement because of the risk of contagious disease—was in 539 A.D., when the Byzantine emperor Justinian enacted a law to isolate individuals coming from plague-infested regions from entering his lands.\textsuperscript{169} This mandatory separation of persons, animals, or goods that may have been exposed to contagious disease has been the cornerstone of coordinated disease-control strategies since the fourteenth century, during the plague epidemic of 1347-1352.\textsuperscript{170} In fact, the word “quarantine” is derived from the Italian term “quaranta” which means forty; the number of days which ships, during the Black Death plague epidemic of the Seventeenth Century had to stay at sea before passengers could disembark.\textsuperscript{171} Since the late Nineteenth Century, many have believed that the battle against infectious diseases has largely been won in light of medical advances and the availability of vaccines and antibiotics.\textsuperscript{172} Quarantine is therefore often described as “a relic of the past, useless, and damaging to commerce.”\textsuperscript{173} However, to date, the centuries-old strategy of quarantine remains an important component of the public health response to emerging and re-emerging infectious diseases,\textsuperscript{174} as well as potential acts of biological terrorism.\textsuperscript{175} The Siracusa Principles make specific provision, for example, for the limitation of rights in situations of public emergency, and particularly on grounds of public health “in order to allow a state to take measures dealing with a serious threat to the health of the population or individual members of the population. These measures must be specifically aimed at preventing disease or injury or providing care for the sick and injured.”\textsuperscript{176} The political, economic, social, and ethical

\begin{itemize}
  \item \textsuperscript{170} Tognotti, \textit{supra} note 83, at 254.
  \item \textsuperscript{171} It is unclear why the quarantine period was set for forty days exactly. See M.D. Grmek, \textit{The Concept of Infection in Antiquity and the Middle Ages, the Old Social Measures Against Contagious Diseases and the Foundation of the First Quarantine in Dubrovnik (1377) [in French]}, 348 RADJUGOSLAVENSKE AKADEMIJE 9-55 (1980); DOROTHY PORTER, \textit{Health, Civilization and the State: A History of Public Health from Ancient to Modern Times} (London: Routledge 1999); CIPOLLA, \textit{supra} note 98.
  \item \textsuperscript{173} Tognotti, \textit{supra} note 83, at 256.
  \item \textsuperscript{174} An example of a re-emerging infectious disease is tuberculosis. See David M. Morens et al., \textit{The Challenge of Emerging and Re-Emerging Infectious Diseases}, 430 NATURE 242, 245 (2004).
  \item \textsuperscript{175} Tognotti, \textit{supra} note 83, at 254.
  \item \textsuperscript{176} Comm. on Human Rights, U.N. Siracusa Principles on the Limitation and Derogation Provisions in the International Covenant on Civil and Political Rights, E/CN.4/1985/4, at 4 (Sept. 28, 1984). It is also emphasized in the Siracusa Principles that where rights are limited on the ground of public health, that due regard also be had to the international health regulations of the WHO.
\end{itemize}
concerns that have been raised with regard to quarantine in terms of the Ebola and SARS epidemics will briefly be considered here, for as far as it is relevant to the argument presented in this article.

The CDC defines quarantine as the separation of an individual or group reasonably believed to have been exposed to a quarantinable communicable disease but who is not yet ill (not presenting signs or symptoms), from others who have not been so exposed, in order to prevent the possible spread of the quarantinable communicable disease. Isolation, on the other hand, refers to the separation of an individual or group who is reasonably believed to already be infected with a quarantinable communicable disease from those who are not infected, in order to prevent the spread of the particular disease. While both quarantine and isolation have at aim to prevent the spread of a quarantinable communicable disease, quarantine applies to individuals or groups who are reasonably believed to have been exposed to a quarantinable communicable disease, and isolation applies to individuals or groups who are reasonably believed to have already been infected with such a disease. Controlled movement, in contrast, only limits the movement of people, animals or goods with regard to long distance commercial conveyances (e.g. aircraft, ship, bus or train) and/or other public transportation (e.g. bus or subway).

With the most recent Ebola outbreak, the governments of Guinea, Liberia and Sierra Leone imposed quarantines on individual houses, neighbourhoods, villages and even entire administrative districts. On 30 July 2014, Liberian President Johnson Sirleaf announced several emergency measures, including quarantines, and ultimately declared a state of emergency on 6 August 2014, citing the need “for extraordinary measures for the very survival of our state.”

177. In the U.S., the following communicable diseases are subject to federal authorization for isolation and quarantine: cholera, Diphtheria, infectious tuberculosis, plague, smallpox, yellow fever, viral hemorrhagic fevers, severe acute respiratory syndromes, and flu that can cause a pandemic. See Legal Authorities for Isolation and Quarantine, CTRS. FOR DISEASE CONTROL & PREVENTION (Oct. 8, 2014), http://www.cdc.gov/quarantine/aboutlawsregulationsquarantineisolation.html [https://perma.cc/8HEW-YFM4].


179. Id.; see also Gene W. Matthews et al., Legal Authorities for Interventions in Public Health Emergencies, in LAW IN PUBLIC HEALTH PRACTICE 272 (Richard A. Goodman et al. eds., 2d ed. 2007).

180. CDC, supra note 178; see also Martin Cetron & Julius Landwirth, Public Health and Ethical Considerations in Planning for Quarantine, 78 YALE J. BIOLOGY & MED. 325 (2005).


182. Id.
security forces were tasked to enforce these security measures. On 20 August 2014, curfews were extended and the West Point slums in Monrovia were completely sealed off, leading to violent clashes between security forces and residents of the West Point areas. Live ammunition was used and dozens were injured and one killed. On 30 July 2014 and again on 7 August 2014, President Koroma from Sierra Leone announced a state of emergency in terms of Section 29(5) of the Constitution (1991) and ordered quarantines at all the epicenters of the disease. These quarantines were to be enforced by police and the military. Other measures included the restriction of public meetings and gatherings not related to Ebola sensitization and surveillance and house-to-house searches to trace and quarantine Ebola victims. This was followed by a three-day shut down on 19 September 2014, during which time pedestrians and vehicles were barred from the country’s streets and authorities searched for any Ebola cases or deceased. They ultimately discovered 100 bodies and 200 patients, but various humanitarian actors questioned the methods used by security forces to enforce the quarantines. By 25 September 2014, an estimated third of the country’s population was under quarantine and, with over one million people in quarantine, food shortages due to lack of labour, trade and commodities continued to escalate throughout December 2014. On 13 August, President Condé from Guinea also declared a public health emergency under the Public Health Code Law 97 of 19 June 1997 and established quarantine areas enforced by health workers and security forces. In light of this, neighbouring African countries like Cote d’Ivoire and Senegal also imposed restrictions on the movement of people and goods, including border closures during this time.

The impact of these quarantines in West Africa has been extensive. Quarantine measures do not only restrict people’s rights to liberty and freedom of movement, but also impact on their livelihood, contributing to food insecurity,

183. Id.
186. Human Rights Watch, supra note 181.
187. Id.
188. Id.
189. ACAPS, supra note 184, at 1.
190. Id.; see also Rothstein, supra note 159, at 252-54.
loss of employment, and access to health care. An Oxfam protection assessment involving 800 respondents, including community and religious leaders, also indicated that quarantine measures contributed greatly to the stigma and shame of the disease. And, most of these quarantine strategies were not based on scientific evidence, but were arbitrarily applied, and overly broad in implementation. The quarantines were not adequately monitored, “making them ineffective from a public health perspective and disproportionately impacting people unable to evade the restrictions, including the elderly, the poor, and people with chronic illness or disability.” While it is evident from the exposition in Part II of this article, that the isolation of those infected with a quarantinable communicable disease like Ebola is pivotal to the public health strategy in curing the spread of contagion, the question about the legality of certain quarantine measures has raised concern and came under specific scrutiny when panic about a possible global spread of Ebola took hold.

On 8 October 2014, Thomas Eric Duncan, a Liberian visitor to the U.S., died from Ebola in a Dallas hospital. When it later became known that he had infected two of the nurses who had cared for him, anxiety about the possible global spread of the West African Ebola ensued. A mere two weeks later, Craig Spencer, a medical doctor who had worked with Doctors without Borders in Guinea, was taken to the New York Bellevue Hospital Centre after reporting fever. He tested positive for the virus shortly after. The panic of “a virus on

193. HUMAN RIGHTS WATCH, supra note 181.
194. ACAPS, supra note 184.
195. HUMAN RIGHTS WATCH, supra note 181.
196. ACAPS, supra note 184.
200. Id. Dr. Craig Spencer also survived EVD. See Anemona Hartocollis, Doctor Who Survived Ebola Says He Was Unfairly Cast as a Hazard and a Hero, N.Y. TIMES (Feb. 25, 2015), https://www.nytimes.com/2015/02/26/nyregion/craig-spencer-new-york-ebola-doctor-speaks-
the loose” spread through New York as it became known that Spencer, before reporting to the hospital, had traveled around New York City, went dining, took subways and even went bowling. The governors of three states—Chris Christie of New Jersey, Andrew Cuomo of New York, and Paul LePage of Maine—fed this panic by unveiling a mandatory twenty-one day quarantine—the incubation period of the disease—for any person (including health workers) entering the said states and who may have had contact with Ebola sufferers in West Africa. This policy went far beyond the federal rules set out by the CDC, which required that public health authorities conduct active post-arrival monitoring of travelers from Liberia, Sierra Leone, or Guinea who arrived at one of the five airports in the U.S. A number of people were subsequently placed under quarantine in different parts of the U.S. in terms of these policies. In Dallas, for example, the close contacts of Thomas Eric Duncan were placed under quarantine and so were

204. CDC, supra note 178 (explaining that active monitoring places an obligation on the state or local public health authority to establish regular contact with potentially exposed individuals, including checking daily to assess for the presence of symptoms, including fever, rather than relying solely on the individuals to self-monitor and report on their symptoms).
205. Cetron & Landwirth, supra note 180, at 327 (noting that the responsibility for public health matters in the U.S. rests on both the federal and state governments. Relevant state laws, regulations and procedures vary widely and the Model State Emergency Health Powers Act is described by Cetron and Landwirth as an attempt to promote greater inter-state consistency in response to emergency public health situations. Federal powers for quarantine is delegated to the CDC who is empowered to make quarantine regulations in terms of § 361 of the Public Health Service Act, USC Title 42, Chapter 6A, Part G).
three individuals in New York who had close contact with Dr. Spencer. Similarly, Kaci Hickox, a nurse returning from Sierra Leone where she had worked for Doctors without Borders, was detained at the Newark Liberty International Airport and placed under strict quarantine in an isolation unit at the University Hospital in Newark. These state-specific quarantine measures came under a barrage of criticism from public health experts who argued that there was no public health justification for such mandatory quarantines. It was submitted that the transmission of EVD requires “bodily fluid or blood contact, mandatory quarantine of asymptomatic healthcare workers who are expected to comply with active health monitoring by public health authorities provides no substantial benefit and little, if any, theoretical benefit.” It was also argued that such an overreaction may further stigmatize the disease and those infected with it, instill fear in the public, encourage people to hide their travel history, and discourage health workers from volunteering to fight Ebola in Africa.

The stringent requirements with regard to the twenty-one-day mandatory quarantine period was eventually relaxed, instead requiring that people returning from West Africa be confined to their own homes for twenty-one days (the incubation period of the virus) and that they be checked twice daily by public


health officials for any symptoms. In light of this, Hickox was transported to her home in Maine after having spent three days in an isolation tent. Hickox, however, continued to publicly defy the state imposed quarantine period. The state went to court but chief district court Judge Charles C. La Verdiere found that “[Maine] has not met its burden at this time to prove by clear and convincing evidence that limiting [Hickox’s] movements to the degree requested is necessary to protect other individuals from the dangers of infection. [Hickox] currently does not show any symptoms of Ebola and is therefore not infectious.” Hickox never showed any symptoms of Ebola and it was reported that she intends on “suing Christie and other state officials for $250,000, alleging false imprisonment, invasion of privacy and violation of due process, among other claims.” It was the escalation of these events that ultimately led to the CDC issuing their Revised Interim U.S. Guidance for Monitoring and Movement of Persons with Ebola Virus Exposure, as well as additional guidelines recommending how people with direct exposure to Ebola patients or burials should be dealt with, to avoid further confusion of state-by-state policies. These federal monitoring rules require State and local health departments to contact travelers returning from the Ebola-stricken countries in West Africa on a daily basis for twenty-one consecutive days and to check for any symptoms including a high fever.

The above narrative on the unfolding of quarantine measures in the “ground-zero” African countries where the Ebola outbreak started, as well as in the U.S. where isolated incidences of infection were recorded, reveals a tale of swift and severe action by state officials in imposing quarantine measures driven by fear and panic, and not necessarily based on sound scientific and medical evidence. Again, keeping in mind that different infectious diseases and geographical

211. N.Y. TIMES, supra note 203.
215. CDC, supra note 178 (noting that the new monitoring system came into effect on Monday 27 October in six states—New York, Pennsylvania, Maryland, Virginia, New Jersey and Georgia—and was eventually expanded across the country); see also N.Y. TIMES, supra note 203 (noting the additional guidelines provided, for example, that a person at a high risk of Ebola be strongly advised “and if necessary, even ordered by health authorities . . . to avoid traveling or congregating in public”).
216. N.Y. TIMES, supra note 203 (noting twenty-one days is the maximum period for symptoms to develop).
217. Id.
locations may call for different measures, interesting similarities and comparisons can be observed when revisiting the quarantine narratives of the three countries hardest hit by the 2003 SARS outbreak. As indicated in Part II of this article, the SARS outbreak of 2003 was unexpected and swift in its onset, spread and duration.218 A marked difference between the Ebola outbreak and the SARS outbreak that is important to repeat here is that much scientific information and literature was already available with the Ebola outbreak of 2013, while very little was known about SARS when various incidences of infection was reported in quick succession across the globe in 2003.219 A review of newspaper and other reports on the SARS outbreak therefore reveals a series of isolation and quarantine actions and recommendations issued by various governments and other role-players.220 The most important of these measures and recommendations will briefly be relayed here.

On 14 March 2003, only two days after the WHO issued a global alert about SARS, an infection was reported in Toronto, which prompted the WHO in issuing an emergency travel advisory warning that the new disease was spreading worldwide and asking travelers to be wary of SARS symptoms and to report to airport personnel if they or fellow passengers showed any signs of the disease.221 By the end of March 2003, however, “panic and quarantines on a global level” became the legacy of SARS.222 On 23 March, Scarborough Grace Hospital in Toronto closed temporarily due to an outbreak of SARS, and on 26 March a public health emergency was declared in Ontario, Canada, with “[t]housands of people…ordered into self-quarantine and told not to leave their homes.”223 After a small number of passengers on international flights contracted SARS from fellow passengers, the WHO escalated its initial emergency travel advisory by requesting Canada, Hong Kong, and Singapore to screen passengers with SARS symptoms.224 And on the first of April, American Airlines Flight 128 from Tokyo was briefly quarantined on the tarmac of San Jose International Airport in California after five passengers reported SARS-like symptoms.225 With other isolated incidences of infection reported in Australia, Indonesia, Malaysia and

218. See supra Part II.
219. Yu, supra note 70.
221. LEE, supra note 22, at 14.
222. Id. at 15.
223. Id.
224. Id. at 15-16.
225. Id. at 16.
Singapore, the WHO declared another travel advisory on 2 April, “asking potential passengers to ‘consider postponing all but essential travel’ to Hong Kong and Guangdong province.” This travel advisory was echoed by the CDC, who also added Singapore and Hanoi to the list of countries.

In addition to these travel advisories, quarantine and isolation measures on the ground also progressed rapidly. On 31 March 2003, the Hong Kong Health Department issued an isolation order requiring “all residents of an entire apartment block into self-quarantine until April 9.” A day later, however, after having found the initial quarantine to be ineffective, all the residents of the apartment block were relocated to an isolation camp. Unfortunately, due to the secrecy with which the Chinese government approached their handling of the SARS outbreak, very little is known about quarantine and isolation measures on the Chinese mainland. However, reports exist indicating that 10,000 people were quarantined in the eastern Chinese city of Nanjing, and that more than 15,000 people were quarantined in Beijing, where the city’s eighty water reservoirs were sealed off from the public in an effort to prevent the virus from entering the city’s water supply. Entertainment venues and schools were closed and recreational activities halted in the capitol city of Beijing. In Toronto, the only city outside Asia to eventually be included under the WHO travel advisory (23 April 2003), approximately 7,000 people were quarantined. Noteworthy about the Canadian quarantine measures, however, is that people who may have been exposed to SARS were asked to voluntarily quarantine themselves. And in Taiwan, 131,132 people were placed under home quarantine, of which only twelve were found to be potential cases of SARS, and only two were confirmed to have SARS. Similar to the effects that quarantine and isolation measures had in Africa with the Ebola outbreak, economic losses were also reported worldwide as a result of the measures imposed during the SARS outbreak. For example, on 9 April 2003, Australia’s Qantas airlines cut approximately 3% of its workforce in the wake of the SARS outbreak, and various other airlines also reported financial losses as a result of cuts in flights. Hong Kong’s economy “sputtered miserably in the wake of SARS” and damning reports by experts like James Hughes of the National Center for Infectious Diseases in Atlanta, Georgia, did not

226. Id. at 17.
227. Id.
228. Id. at 15-16.
229. Id. at 17.
231. LEE, supra note 22 at 25; ABC News, supra note 230.
233. Rothstein, supra note 159, at 252.
234. LEE, supra note 22, at 18.
help the situation. Hughes was quoted in a newspaper article saying that “[i]t would be hard for me to see how [SARS] could be eliminated from places like…Hong Kong at this point…I think it would be prudent to say it’s here to stay.” And in Canada, the WHO travel warning issued on 23 April 2003 had an almost immediate effect with store owners reporting “business falling by half overnight, and traffic in shopping malls ground[ing] to a near halt.”

Another similarity between the quarantine measures of the Ebola and SARS outbreaks relate to the use of force in effecting the separation and confinement of persons in an effort to control the spread of the disease. In Beijing, it was reported that the police cordoned off buildings, organized checkpoints on roads, and even installed web-cameras in private homes. Stronger control was furthermore exerted over persons in the lower social strata, with village-level governments being empowered, for example, to isolate workers from SARS-affected areas. Repressive police-type measures by public health officials were also reported in some areas, and laws were promulgated prescribing “extremely severe punishments (including the death penalty), against those who violated quarantine.” People, in turn, reacted forcefully to these violent measures imposed in the name of “Public Health” and it was reported that in remote areas of China, residents destroyed quarantine centres and attacked government officials.

Similar incidences of violence were also reported during the recent Ebola outbreak, during which the use of military force in effecting quarantines seemed to be prevalent. In Monrovia, Liberia, fear and resentment after the government placed an entire neighbourhood under strict quarantine, together with general social and political tensions, created an explosive atmosphere that culminated in populist rebellions and uprisings. This ultimately led to the death of a fifteen-year-old boy, who was shot, and four other residents wounded, when angry residents clashed with security forces. The appropriateness of using such security forces in maintaining quarantines in Liberia and Sierra Leone was questioned when allegations came to the fore that many security officers had been

235. Id.
237. LEE, supra note 22, at 21.
238. Id. at 29; Tognotti, supra note 83, at 258.
239. Tognotti, supra note 83, at 258.
240. ABC NEWS, supra note 230.
242. HUMAN RIGHTS WATCH, supra note 181.
accepting bribes from people wanting to leave the quarantined areas. The militarization of Ebola in western Africa reminded some generations of the relatively recent civil war, and yet others of colonial coercion in the name of promoting hygiene. The military presence during the Ebola outbreak thus created a heightened sense of uncertainty and distrust, and the need for vigilance (and self-preservation) in communities.

The appropriateness and effectiveness of quarantine as a public health strategy in curbing the spread of infectious diseases has long been contested: first during the yellow fever outbreak of the eighteenth century, when French Revolutionary ideals fostered an affirmation for citizen’s rights and personal freedom, and later by way of the discerning voices of mid-nineteenth century scientists dismissing quarantine as irrelevant in the prevention of cholera. Quarantine restrains personal liberty, is a method of temporary detention, is an inconvenience, and can be potentially dangerous when healthy-but-suspected disease carriers are quarantined together with the sick. Quarantine strategies are often accompanied by an undercurrent of suspicion, distrust, and sometimes also result in riots and other forms of violence, as was evident from the Ebola and SARS examples referred to above. Finally, it must also be noted that, unfortunately, quarantine measures have also been abused by governments. For example, in the U.S. in the 1900s, after a court struck down the mandatory order for the inoculation of all Chinese Americans with an experimental vaccine prior to leaving the city, Chinese residents in San Francisco were quarantined during an outbreak of the bubonic plague. In 1991, HIV-positive Haitian refugees were quarantined in Guantanamo Bay, despite it then already being known that HIV/AIDS is not casually transmitted. And shortly thereafter, when an epidemic of multi-drug resistant tuberculosis (“TB”) emerged in New York and other parts of the U.S., hundreds of so-called non-compliant TB patients were quarantined. Such examples of quarantine abuse usually target the most vulnerable: the homeless, immigrants, and those who suffer from mental illness and substance abuse.

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243. Id.
244. SPENCER, supra note 167, at 13.
245. Tognotti, supra note 83, at 255.
246. Id. at 258.
248. Id.
249. Id.
250. See Monica Schoch-Spana et al., Stigma, Health Disparities, and the 2009 H1N1 Influenza Pandemic: How To Protect Latino Farmworkers in Future Health Emergencies, 8 BIOSECURITY Bioterrorism 243, 243-54 (2010) (explaining how minority groups like Jews and persons with leprosy were already discriminated against in terms of quarantine policies as early as 1347–1352 with the plague epidemic, when such individuals were denied entry to cities and ports. And in 1836 with the cholera outbreak in Naples, prostitutes and beggars were denied free
Michael Willrich describes quarantine as “an uncommon public health technology” and as unnecessary and ineffective, particularly when applied on a large scale.\textsuperscript{251} Quarantine, according to Willrich, is also as “an incredibly blunt instrument…too easily politicized.”\textsuperscript{252} And Sophie Delaunay, executive director of MSF-USA Médecins Sans Frontières, in denouncing the recent Ebola quarantines in the U.S. stated that “[t]here are other ways to adequately address both public anxiety and health imperatives, and the response to Ebola must not be guided primarily by panic in countries not overly affected by the epidemic.”\textsuperscript{253} Yet, fear and panic are the main drivers behind modern day quarantine measures. It is the false sense of security that quarantine inspires and makes governments so reluctant to “abandon the protection of the traditional strategies that provided an antidote to population panic.”\textsuperscript{254} Because “when a deadly new disease strikes, people expect their leaders to take bold and decisive action ‘out of an abundance of caution.’”\textsuperscript{255} This caution relates to risk, and risk, according to Lawrence Gostin, is a function of two things: probability that harm will occur and the severity of that harm, should it transpire.\textsuperscript{256} Gostin further explains that these two factors have a roughly inverse relationship: “the more severe the potential harm, the less the probability, or risk, we are willing to assume.”\textsuperscript{257} Yet, people are not always rational actors and people do not always assess reasonably the risk that they pose to others, or the risk that they may subject themselves to in certain situations or under certain circumstances.\textsuperscript{258}

Related to this notion of risk and how “rational” people are expected to act, it must also be noted, as it was in the previous section of this part with regard to the effectiveness of bylaws in bringing about behavioural change, that cultural factors may also play a role. Noel Brewer from the University of North Carolina’s Gillings School of Global Public Health, in juxtaposing Western American values with that of Asian cultures, articulates it as follows:

Part of the problem is cultural…Americans tend to think more about individual than communal rights and are understandably dubious of medical mandates that seem to be always changing. Americans also value

\begin{itemize}
\item \textsuperscript{252} Id.
\item \textsuperscript{253} Eswaran, \textit{supra} note 169.
\item \textsuperscript{254} Tognotti, \textit{supra} note 83, at 256.
\item \textsuperscript{255} Parmet, \textit{supra} note 247.
\item \textsuperscript{257} Id.
\item \textsuperscript{258} Id.
\end{itemize}
toughness and the ability to work through physical adversity without thinking how they might end up weakening other members of a team. Contrast this with many Asian countries where it’s common to see people wearing surgical masks in public. Tellingly, Americans tend to assume this is to prevent the mask wearer from getting sick. But it’s actually more often the reverse: The wearer is sick and the mask serves not only to prevent passing germs to others but also to alert people that the wearer is unwell and they should keep their distance.259

Thus, to conclude this part on the national legal responses to the public health emergencies posed by the Ebola and SARS outbreaks, the obvious—which is often forgotten in moments of health panic—needs to be restated: quarantine can undoubtedly—in the absence of effective pharmaceutical interventions, and only if it is the least restrictive means available/necessary to protect public health—serve as an acceptable public health measure to contain infection, to delay the spread of disease, to avert terror and death, and to maintain the infrastructure of society.260 Unfortunately, however, too many examples exist of how quarantine strategies have been misused and abused. As a rule of thumb, quarantine strategies may be warranted and effective when it is based on sound scientific and medical information, is the result of a rational decision-making process that takes into consideration the particularities of the specific circumstances and disease, and is implemented and enforced in a manner that promotes trust and certainty, rather than cultivating fear, panic and suspicion. In other words, the restriction on the freedom and liberty of persons in the name of public health or a public emergency must meet the requirements of “legality, evidence-based necessity, and proportionality.”261 The illusion that safety can be assured by keeping those who are dangerous away should be heeded against at all cost, and the duty is ultimately on the state to show that there is no less onerous way to reduce the risk of contagion.262

VI. LESSONS TO BE LEARNT: WHY KNOWLEDGE PRODUCTION BEYOND DISCIPLINARY CONFINES IS NECESSARY

A. Failings of International Legal Frameworks for and Responses to Disease Control

Given the history and background of the existing international legal framework for disease control and public health emergencies, two major shortcomings can be identified: the first relates to the IHR (2005) obligations

259. Id.

260. See Cetron & Landwirth, supra note 180, at 325 (providing an exposition of the ethical requirements that must be considered for quarantine to be ethically justified); Tognotti, supra note 83, at 258; HUMAN RIGHTS WATCH, supra note 181; Rothstein, supra note 159, at 231.

261. HUMAN RIGHTS WATCH, supra note 181; see also Rothstein, supra note 159, at 249-73.

262. HUMAN RIGHTS WATCH, supra note 181; Rothstein, supra note 159, at 249-73; Parmet, supra note 247.
placed on Member States to take a number of measures to prevent, to respond to, and to control the spread of disease and to implement appropriate measures within its domestic legal and public health systems. With the most recent outbreak of Ebola, it was now more clear than ever that Member States are largely failing to meet these obligations in this regard. For example, the WHO’s 2012 Report on IHR Core Capacity Implementation revealed that only 19% of its signatory states on the African continent have implemented the IHR requirements in their national legal and public health systems. A joint report by the World Bank, African Development Bank and European Union specifically focusing on the most recent Ebola outbreak highlighted the poor pre-Ebola implementation of these regulations, noting that “systems for early warning and response were inadequate, lacked necessary accountability and links with or support from national disaster management mechanisms and were not prepared to scale up response to this kind and scale of epidemic.”

A second shortcoming, largely stemming from this failure of Member States to ensure that the core capacities or minimum set of standards for public health surveillance and response as set out in the IHR (2005) are incorporated in national legal and health systems, is that much of the other international responses to disease control that are dependent on the existence and efficiency of an appropriate national framework also fail. For example, as with the H1N1 Influenza outbreak in 2009 and the spread of Poliomyelitis in May 2014, the Director-General declared the most recent outbreak of Ebola to be a PHEIC in terms of the IHR (2005) and issued temporary recommendations to affected countries. Yet, as with the previous two declarations of PHEICs, the compliance of WHO Member States with the Director-General’s temporary recommendations has been uneven, especially with regard to the recommendations to avoid generalized border closures and the suspension of commercial flights. And, despite a WHO review committee calling for international collaboration to form an “extensive global public health reserve workforce to counter crises and outbreaks of disease” in the aftermath of the swine flu epidemic of 2010, the world has yet to respond to these recommendations, recommendations that could have made a real difference in the outcome of the recent Ebola outbreak had they been in place.
Suk suggests that these shortcomings may be due to the high stakes involved for nation states in having a PHEIC declared within their borders. Such a status not only mandates the WHO:

to issue both temporary and standing (but non-binding) recommendations for implementations to be adopted by the affected WHO member state as well as other WHO member states (articles 15-18)...[but could also]...have immediate economic ramifications for the country in which the disease event is occurring, either through declines in tourism, decreased demand for exports or, worse, trade embargoes.268

Evidence of this can be gleaned from both the recent Ebola outbreak as well as the 2003 SARS outbreak. For example, in 2013, Sierra Leone and Liberia ranked second and sixth among the top ten countries with the highest GDP growth in the world, and Guinea had high hopes for its Simandou iron ore project on to which numerous international investors had signed.269 Today, the economies of both these countries are still recovering in the aftermath of the Ebola outbreak. Nigeria, in turn, where only twenty cases were reported, witnessed a 40% drop in demand for goods and services in its largest economic hub, Lagos.270 And even Ghana and Cote d’Ivoire, where no cases were reported, experienced an economic impact with international conferences being cancelled, reduced flights, and fewer tourists.271

Particularly interesting about the economic impact of the most recent Ebola outbreak in Africa was the observation that “the largest economic effects of the crisis are not as a result of the direct costs (mortality, morbidity, caregiving, and associated losses to working days) but rather those resulting from aversion behavior driven by fear of contagion.”272 This fear was stoked by inaccurate and implausible claims by international institutions like the WHO and the CDC. An early example of how data was misleadingly represented was the WHO statements from April through August 2014 that the death rate from Ebola was up to 90%, while the actual death rate from confirmed cases, even in the early days in March 2014 in Guinea, was about 70%.273 Both the WHO and the CDC misjudged how the disease would evolve, both overestimated likely cases, and the CDC projected that up to 1.4 million people in Liberia and Sierra Leone could be infected by January 2015, while only 19,140 cases had been reported in both countries by 27 January 2015.274 In October 2014, the World Bank estimated that

268. Suk, supra note 148, at 1.
269. Sy & Copley, supra note 192.
271. Id.
273. Id.
274. Id.
the total costs associated with Ebola for West Africa were as high as $32.6 billion, an estimate which was revised in January 2015 to $6 billion at most.\textsuperscript{275} Such inaccurate and implausible claims stoked panic and ultimately had direct and indirect economic consequences for the countries concerned.\textsuperscript{276}

Most vulnerable in the face of such misleading information is the informal economy, where farmers are often unable to organize work teams which in turn affects harvests and lead to food insecurity and women are unable to sell their goods at markets and other public places due to the debilitating effect of fear on people to make use of public transport or to gather in public places. Such indirect economic consequences were particularly evident in Sierra Leone, where no differences were found in labor impacts between quarantined and non-quarantined districts.\textsuperscript{277} Fear was also the primary determinant of behavior curbing economic activity, and is estimated to have contributed as much as 80\% to 90\% of the total economic impact of the SARS epidemic in 2002-2004, an epidemic that cost the world economy a staggering USD $40 billion.\textsuperscript{278}

The economic repercussions of having a PHEIC declared within a country’s borders are therefore a real and valid concern. But in the aftermath of the most recent outbreak of an epidemic, and particularly in light of the calamity thereof, we have to consider what this means for forging a robust international response framework for the spread of infectious disease. A project that we seemingly continue to fail at as epidemics continue to overwhelm the international epidemic bulwark. There are no simple solutions to this complex problem, the multifacetedness of which was evident from the transdisciplinary narration of the two health panics described above. The remainder of this part of the article will focus on two identified shortcomings of the international legal and operational framework for public health emergencies and disease control: the first being who the relevant body is that should take primary responsibility in case of an epidemic or other public health emergency, and the second question being how the coordination of such a public health event should be informed and steered.

\textbf{B. Who is Responsible? From State Sovereignty to Collective Responsibility}

A possible reason for the inability of the international community to forge a robust international framework for the spread of infectious disease can be found in the very nature of international law, and became apparent early on in the consultation process to the IHR (2005). Concerns about State sovereignty were raised in respect of several different aspects of the IHR (2005) and in essence

\begin{itemize}
\item \textsuperscript{275} Id.
\item \textsuperscript{276} Sy & Copley, supra note 192.
\item \textsuperscript{278} Id.
\end{itemize}
dealt with the extent of interference by the WHO within Member States’ territory once a PHEIC is declared, as well as the “excessive” or “additional” obligations placed on member States to take a number of measures to prevent, respond, and control the spread of disease and to implement appropriate measures within its domestic legal and public health systems.\(^{279}\) On the one hand, States want to protect their sovereignty with regard to the scope of their national regulatory autonomy over all matters related to health. On the other hand, the globalized international community is in need of some form of protection from, and power to intervene and prescribe when, a public health emergency or the risk thereof is imminent. Yet, it is important to remember that as with most other international legal instruments, the international legal obligations created are, for the most part,\(^{280}\) voluntarily assumed and generally rely on the “auto-interpretation—[of] each state interpreting and applying norms for itself rather than following the prescriptions of a higher authority.”\(^{281}\)

The nation states where disease outbreaks occur therefore remain the primary responsible actors and duty holders under international law and in protecting the health, well-being, and dignity of their population, and ultimately the international community at large.\(^{282}\) This “responsibility to protect” (“R2P”) was endorsed by the General Assembly Resolution 2177 (2014) and while it is primarily intended as a response to war crimes, genocide, and crimes against humanity,\(^{283}\) Brigit and Moore have convincingly argued that it also applies to “situations of widespread poverty, malnutrition and outbreaks of infectious diseases.”\(^{284}\) Moore describes the application of R2P in terms of concentric circles of responsibility

starting with the individual state’s obligation to ensure the well-being of its own people; nested within the collective responsibility of the community of nations to assist individual states in meeting those obligations; in turn encircled by the responsibility of the United Nations to respond if necessary to ensure the basic rights of civilians, with

\(^{279}\) Von Tigerstrom, *supra* note 123, at 55.

\(^{280}\) See *James Crawford, Brownlie’s Principles of Public International Law* 594-97 (8th ed. Oxford U. Press 2012) (noting the important relevance of the peremptory norms (jus cogens) of international law. The International Law Commission identified and incorporated these norms in the Vienna Convention on the Law of Treaties. Thus, “a norm from which no derogation is permitted and which can be modified only by a subsequent norm of general international law having the same character,” is regarded as a peremptory norm. Examples of peremptory norms are the prohibition of the use of force contrary to the U.N. Charter, the prohibition of crimes under international law such as genocide and crimes against humanity, and the prohibition of slavery.).

\(^{281}\) Von Tigerstrom, *supra* note 123, at 57.


\(^{283}\) S.C. Res. 2177 (Sept. 18, 2014).

\(^{284}\) *Id.*
military means only contemplated as a last resort, and only with the consent of the Security Council.285

Likewise, international human rights law can also be used to frame the rights of peoples and the obligations of states in a public health emergency. Coomans argues that a public health emergency is ultimately a matter relating to the right to health, and signatories to the International Covenant on Economic, Social and Cultural Rights (“ICESCR”)286 are obliged to progressively realize the right of people to the enjoyment of the highest attainable standard of physical and mental health under Article 12(1).287 States must therefore progressively realize and ensure that a minimum core of a properly functioning health system and infrastructure, as well as adequate health-system capacity, exists for people to gain access to health services.288 Article 12(2) furthermore specifically states that the full realization of the right to health include actions relating to the prevention, treatment and control of epidemic, endemic, occupational and other diseases, and the creation of conditions which should ensure to all medical service and medical attention in the event of sickness.289

In moving beyond the immediate responsibilities of States, the international community also has responsibilities with regard to public health emergencies under international law. The U.N. Committee on Economic, Social and Cultural Rights has said “given that some diseases are easily transmissible beyond the frontiers of a State, there is a collective responsibility on the international community to address this problem. The economically developed States parties have a special responsibility and interest to assist the poorer developing States in this regard.”290 And, Article 2(1) of the ICESCR provides that state parties should realize the rights in the Covenant “individually and through international assistance and co-operation, especially economic and technical.”291 Brigit also submits that this international “duty to aid” under human rights law is congruent


with the R2P. While non-state actors like civil society organizations, humanitarian aid organizations, and the pharmaceutical industry are not directly bound by standards of international or global health law, Brigit argues that they have moral duties to comply with human rights standards, including the right to health. This moral duty, Brigit argues, is particularly warranted given the influence and power of these non-state actors over the health and well-being of people.

However, and as was already indicated above, while international legal instruments like the IHR (2005) and the concomitant obligations that it places on member States requires an inevitable compromise between national sovereignty and the collective international good, these obligations remain—like many others in the realm of international law—mere ideals subject to competing claims and intricate political and economic negotiations. In the next section therefore, the discussion will return to the national level, and more specifically to the people directly affected by the outbreak of disease.

C. Revisiting the ‘How’: Knowledge Production beyond the Boundaries of Disciplinary Confines

Article 43(2) of the IHR (2005) requires that all health measures prescribed in the IHR (2005), including how and when a PHEIC is declared, be informed and directed in terms of bio-medical knowledge. No mention is made, however, of the social and cultural contexts in which public health emergencies play out, and how context specific information about the environment, relevant social and cultural factors, and even political considerations, should inform health measures and strategies. Moreover, the predominant top-down approach so archetypical of legal and regulatory frameworks does little to foster communication and trust, and essentially sidelines community engagement as a critical operational tool. This is not only regrettable but ultimately also counter-intuitive to the public health ideal as community engagement is an essential resource in any public health emergency. It is, for example, through community engagement that people are equipped with the knowledge, capabilities and support to prevent themselves and others from falling prey to an emerging or ongoing epidemic—large-scale fear and resistance to health authorities as well as stigmatisation can be reduced, safe and supportive practices of care for those already infected can be ensured, and safe burial practices promoted. Yet, the social and cultural contexts in which public health emergencies play out are often ignored and are definitely not considered in terms of the execution and operation of international and national legal frameworks.

292. Id.
293. Id.
294. For a discussion of the various “sound science” clauses included in the IHR (2005) see Suk, supra note 148, at 1-5.
295. DuBois et al., supra note 17, at 29.
296. See supra text accompanying note 17.
International responses to disease outbreaks usually regard local culture as an impediment, and place overt emphasis on a strategy that “places responsibility for disease transmissions on individuals who are expected to reject ‘negative’ behaviours such as communical eating or burial traditions, while failing to provide sufficient resources to those same individuals to enable their ‘appropriate’ management of the disease.” The most recent Ebola outbreak is a case in point—assumptions about local ignorance and capabilities led to false attributions being made to the indigenous peoples of the affected areas and their culture, while much of the community resistance was not related to indigenous traditions “but [rather] basic issues like people seeing family members taken away and never getting news about where they end up or how they are doing.” Such stereotypes not only feed paternalism, but the consequences thereof directly impact the international and national legal and regulatory responses to public health emergencies. It has been said, for example, that “[t]he apparent result is a predisposition in the aid system towards control and an inflated sense of its own importance, rather than responses and strategies that engage with and rely on communities, and demand action from them.”

A new integrated approach is therefore required for international norm-setting that is holistic, multidisciplinary, and globally oriented. The strictures of disciplinary boundaries, whether biomedical or legalistic, are rigid, hierarchical, and often keep us from effectively responding to health needs and impediments on the ground. This was indeed evident from the most recent Ebola outbreak where the troubling gap and powerful potential of community engagement stood glaring in the aftermath of many lives lost. Such a call for a more integrated approach beyond disciplinary confines is indeed not novel, but was already articulated shortly after the 2003 SARS outbreak by Arthur Kleinman and James Watson who said:

Seen in the context of avian flu and the major outbreaks of flu in the twentieth century—most of which appear to have originated in south China—the SARS epidemics must be found. Virologists need to work in teams consisting of ecologists, biologists, soil scientists, economists, political scientists, demographers, epidemiologists, anthropologists and ethicists. This is the only way we can hope to understand the intersection of ecological, social, and biological processes that underlie emergent infectious diseases. At issue here are the migration of waterfowl, the intensive cultivation of ducks, chickens, and pigs in settings of dense human habitation, trade in and sale of wild animals, the migration of

297. Id.
300. See supra note 17, at 30.
workers and the complexities of local cultural practices.\textsuperscript{301}

Somewhere between parochialism and cosmopolitanism is a point where the abstract logic of the international and the very real concerns of the local meet. The meeting point does not have to be as belligerent as per DuBois and Wake, who argue that the most recent Ebola outbreak has set the scene for what will be a “battleground between health security, humanitarian health and the authority of transnational institutions” in the future.\textsuperscript{302} But the tension between international and local concerns can produce a positive outcome, thus contributing to a multifaceted and integrated approach that is not only sensible in terms of diversity of knowledge systems, but also legitimate to a degree not yet experienced.

VII. Conclusion

This article offered a chronicle of the rise and fall of two notable epidemics of the modern world. In utilizing a trans-disciplinary lens in considering the international, operational and national legal frameworks in which these two epidemics ran its course, it is shown that the extent of biomedical knowledge available on a disease, an epidemic, or a public health emergency has little bearing on how successful states and the international community at large will be in effectively responding thereto. The first Ebola outbreak occurred in 1976 in Sudan and the Democratic Republic of Congo (then Zaire) and much of the findings of the Zaire and Sudan Commissions that were established in the immediate aftermath of these outbreaks still hold true today. Yet, with the most recent Ebola outbreak in which more than 27,200 people were infected and more than 111,000 died, serious questions have been raised about the preparedness of the international community and its representative structures in dealing with public health emergencies. This stands in stark contrast to the 2003 SARS outbreak on which no scientific bio-medical information was available at the outset of the epidemic, but the epidemic was successfully contained within months of the first reported case and with only 774 attributable deaths.

These two notable public health emergencies remain important in evaluating international and operational responses to disease control as both gave rise to “historic” developments in terms of the international legal regulation of disease. The current legal instrument for the control of the spread of disease, the IHR (2005), is a direct culmination from the 2003 SARS outbreak. Additionally, the recent Ebola outbreak led to the UN Security Council adopting Resolution 2177, confirming the Ebola outbreak to be a threat to international peace and security and establishing UNMEER as a temporary measure to coordinate the work of U.N. entities with other organisations and all governments involved. However, these two outbreaks also confirmed the paradox of being “a global village in a divided world;”\textsuperscript{303} as we were again reminded of how increasingly interdependent

\textsuperscript{302} DuBois, \textit{supra} note 17, at 40.
\textsuperscript{303} Obiujofor Aginam, \textit{Global Health Governance: International Law and Public
we are, especially in the face of a public health emergency. Yet, it is not only the various organisations, structures, and stake-holders at the international and national levels that must continue to work towards an effective international response framework. This will not be enough, because:

Unlike a tsunami or an earthquake, the impact of an outbreak is insidious: human-to-human transmission is slow to reveal itself, and, most important, the spread and control of a disease epidemic hinges on attitudes and behaviours, many of them determined by how local populations feel about the people who are assigned to care for their health.\textsuperscript{304}

Sight must therefore never be lost of the important role that the people most affected by a public health emergency can play in the operational responses to disease control. Recognizing people’s agency in this manner has a long-term benefit that goes beyond the mere pragmatic to create new avenues of knowledge production not only for the sake of ending a crisis, but indeed as a function of interdisciplinary and intersectional cooperation.

International and operational responses to disease control, historically reactionary in nature, can benefit from a more proactive and interdisciplinary approach that moves to capacitates the local in order to deal with the relentless transnational.