Education in Schizophrenia Support for Families

Amresh Srivastava, University of Western Ontario
Education in Schizophrenia
support for families

Amresh Srivastava
MD, DPM, MRCPsych
Some common stress factors for relapse
Pressure of economic burden Guilt about the money spend on treatment
Problems arising out of ‘working family’: you need to provide emotional security
Gold Standard of recovery is maintaining Patient in Family
Family: we need to be integrated & psychologically available
Personal attitudes can play both positive & negative effects
Correcting family disharmony is crucial to maintain recovery
Observe your patient continuously, for all small, little things
Encourage the patient to mix with family & friends
Reemergence of original symptoms:
  e.g. hallucinations
Do’s & Don’ts for relapse prevention