BEHAVIOURAL CHARACTERISTICS OF PATIENTS VULNERABLE FOR REPEATED HOSPITALISATION

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### Repeat hospitalisation

**Repeated hospitalisation**

<table>
<thead>
<tr>
<th>Preventable</th>
<th>Unpreventable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Risk factors</td>
<td>Non-risk factors</td>
</tr>
<tr>
<td>Low resilience</td>
<td>High resilience</td>
</tr>
</tbody>
</table>

### Why re-hospitalisation?

**Positive psychiatry:**

<table>
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<tr>
<th>Vulnerability</th>
<th>Resilience</th>
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**Causes of re-hospitalisation**

- Patients related
- System, resource or environment related

**Resilience**

- Increased behavourial characteristics
- Increased self-esteem

**Lack of specific behaviour characteristics**

- Low resilience
- Increased psychopathology
- Increased re-hospitalisation

### Targets for behavioural and pharmacological intervention

- Lack of specific behaviour characteristics
- Low resilience
- Increased psychopathology
- Increased re-hospitalisation

### Resilience - behaviour characteristics

- Behavioural characteristics
- Psychological characteristics
- Physical characteristics

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### Conclusion

**Patients with repeated hospitalisation have**

- Low resilience
- Specific behaviour characteristics e.g. Optimism and Self-Worth

**Resilience building measures may be effective in preventing repeat hospitalisation**