

The University of Akron

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Alexis Holt



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Vita
Alexis M. Holt

Name: Alexis M. Holt, MS,Ed.
Position/Rank: Assistant Lecturer
Faculty Status: Part-time
Appointment Date: Spring 2012
Contact Information: School of Sports Science & Wellness Education
InfoCision Stadium 317
College of Health Professions
The University of Akron
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1. ACADEMIC DEGREES:

| | |
|------------------|---|
| M.A., 2016 | The University of Akron, Akron, OH Major Area: Public Administration |
| M.S.Ed., 2013 | The University of Akron, Akron, OH Physical Education Sports Science & Coaching |
| B.S.AT., 2011 | The University of Akron Athletic Training |
| B.S.Ed., 2011 | The University of Akron Exercise Science Fitness Management |
| Certificate 2011 | Health Care Selling |

2. PROFESSIONAL EXPERIENCE: (most recent first)

| YEARS | Title |
|---------------------|--|
| 2015-Present | Small Business Owner, WellLife LLC |
| 2015-Present | Group Exercise Instructor, LA Fitness/Fitness International, LLC |
| 2013-Present | Assistant Lecturer, School of Sports Science & Wellness Education |
| 2013-2015 | Program Director, Keeping PACE Akron's Way |
| 2014 | College Program Coordinator, Quest Nutrition |

2011-2013

Graduate Assistant, Program Organizer, PACE (physical Activity/Tennis & Character Educ)

Professorial Responsibilities: (a) taught graduate and undergraduate sport science and wellness education courses; (b) performed scholarly activities (research, publication, professional presentations, and grant writing-independently and collaboratively); (c) served on departmental, college, and university committees; (d) volunteered at department, college, university and community events.

2013-Present

Assistant Lecturer, The University of Akron

Lecturer Responsibilities: (a) teach undergraduate sport science education courses; (b) constructed curriculum proposals as needed by the physical education unit (independently and collaboration); (c) performed accreditation activities for national and state agencies; (d) served on departmental and college committees; (e) performed scholarly activities including completing coursework toward an advanced degree, attending state, regional and national conferences and making professional presentations; and (f) volunteered at university and community events.

Department Administration/Leadership Experience (Sports Science & Wellness Education)

Program Director, Keeping PACE Akron's Way (2013-2015). Funded Project – two years funded by *The Ohio Commission on Minority Health* = \$150,000.

\$75,000 – 2014-2015

\$75,000 – 2013-2014

Responsibilities: (a) coordinated programs at different locations; (b) wrote reports with input from PACE team/evaluator; (c) assisted in purchased testing supplies and equipment; (d) assist in planning of health fairs from access to Summit & Stark County Food Bank; (e) assisted in complete e-CRT. PACE has partnered with other Akron area agencies (i.e., First Book of Greater Akron, Akron Children's Hospital)

Graduate Assistant/Organizer for PACE (Physical Activity and Character Education) (2011-2012). Funded project – three years funded by USTA Serves = \$45,000.

\$10,000 – 2012 to 2013

\$15,000 – 2011 to 2012 (NOA 00692 – #535980)

\$20,000 – 2009 to 2011 – name change to PACE from MacD (grant described below) Responsibilities: (a) taught children at different locations; (b) assisted in written reports with input from PACE team/evaluator; (c) assisted in purchase of new tennis equipment; (d) assisted in planning health fairs from access to Summit & Stark County Food Bank; PACE has partnered with other Akron area agencies (i.e., First Book of Greater Akron).

Faculty and Administrative Load

Course Number- Title- Number

Spring 2012- Graduate/Teaching Assistant

5550:235-002 Concepts of Motor Development & Learning

Fall 2012 – Graduate/Teaching Assistant

5550:235-001 Concepts of Motor Development & Learning

5550:235-002 Concepts of Motor Development & Learning

Spring 2013 – Graduate/Teaching Assistant

5550:235-001 Concepts of Motor Development & Learning

5550:235-002 Concepts of Motor Development & Learning

Spring 2014

5550:100-001 Intro: Sports Studies

5550:235-005 Concepts of Motor Development & Learning

Fall 2014

5550:100-002 Intro: Sports Studies

5550:235-005 Concepts of Motor Development & Learning

Spring 2015

5550:100-001 Intro: Sports Studies

5550:235;005 Concepts of Motor Development & Learning

Fall 2015

5550:100-002 Intro: Sports Studies

5550:235-005 Concepts of Motor Development & Learning

5570:101-101-616 Personal Health

Spring 2016

5550:235-005 Concepts of Motor Development & Learning

5550:235-006 Concepts of Motor Development & Learning

Fall 2016

5570:101-001 Personal Health

5570:101-002 Personal Health

5570:101-007 Personal Health

5550:235-005 Concepts of Motor Development & Learning