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### **Education**

<u>Adams House Psychotherapy Fellowship</u> Faulkner Hospital Harvard Medical School Boston, Massachusetts	2001 - 2003
<u>Fellowship in Psychoanalytic Psychotherapy</u> Boston Psychoanalytic Institute Boston, Massachusetts	2000 - 2001
<u>Chief Resident – Day Hospital</u> Massachusetts Mental Health Center Harvard Medical School Boston, Massachusetts	1997 - 1998
<u>Harvard Longwood Psychiatry Residency Training Program</u> Harvard Medical School Boston, Massachusetts	1994 - 1998
M.D. Wright State University School of Medicine, Dayton, Ohio	1990 - 1994
A.B. Psychology and Chemistry, Miami University, Oxford, Ohio	1986 - 1989

### **Appointments: Academic**

Assistant Professor Department of Psychiatry University of Massachusetts School of Medicine Worcester, Massachusetts	2003 - present
Instructor in Psychiatry Harvard Medical School Boston, Massachusetts	1998 - 2003
Clinical Fellow in Psychiatry Harvard Medical School Boston, Massachusetts	1994 - 1998

**Appointments: Administrative**

Director, Ambulatory Psychiatry Clinic UMass Memorial Medical Center Worcester, Massachusetts	2006 - present
Founder and Director, Women's Mental Health Clinic (first clinic to specialize in reproductive psychiatry in Central Massachusetts) Department of Psychiatry University of Massachusetts Medical School and UMass Memorial Medical Center Worcester, Massachusetts	2009 - present
Chief Resident – Day Hospital Massachusetts Mental Health Center Harvard Medical School Boston, Massachusetts	1997 - 1998

**Other Positions and Employment**

Staff Psychiatrist Student Counseling Center University of Massachusetts Medical School Worcester, MA	2005 - 2008
Staff Psychiatrist UMass Memorial Medical Center Worcester, Massachusetts	2003 - present
Staff Psychiatrist Beth Israel Deaconess Medical Center Boston, Massachusetts	1998 - 2003
Private Practice of Psychiatry Boston, Massachusetts	1998 - 2003

**Certification and Licensure**

Diplomate in Psychiatry American Board of Psychiatry and Neurology,	1999 recertified 2009
Massachusetts Medical License	Full License since 1997

**Honors and Awards**

Physician Leadership Development Program UMass Memorial Medical Group Worcester, Massachusetts	2011 - 2012
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Briscoli Award for Resident – Faculty Research <i>(with residents Stacey Burpee, D.O. and Tara Kumaraswami, M.D. and fellow faculty member Tiffany Moore Simas, M.D.)</i> Department of Psychiatry University of Massachusetts Medical School	2010
Excellence in Clinical Service Award Women’s Faculty Committee University of Massachusetts Worcester	2010
Future Leaders in Psychiatry Department of Psychiatry Emory University School of Medicine Atlanta, Georgia	May 3 - 6, 2007
Early Career Women Faculty Professional Development Seminar Association of American Medical Colleges Washington, D.C.	July 8 - 12, 2006
Best Paper on Alzheimer’s Disease <i>(with Anthony Bernens and Cynthia Olson)</i> Annual Professional and Scientific Ohio Conference on Aging City/state	1994
Rock Sleyster Scholar American Medical Association Education and Research Foundation <i>(Scholarship award for medical students with promise in psychiatry)</i>	1993
Sandoz Award Outstanding Student in Psychiatry Clerkship Wright State University School of Medicine City/state	1993
Benjamin Rush Award Outstanding Student In Behavioral Science Wright State University School of Medicine City/state	1992

### **Professional Memberships and Activities**

Member American College of Physician Executives	2013 - present
Association for Academic Psychiatry	2011 - present
Massachusetts Medical Society	2011 - present
<ul style="list-style-type: none"> <li>• Committee on Maternal and Perinatal Welfare</li> <li>• Committee on Women in Medicine</li> </ul>	2011 - present 2012 2013

**Editorial Responsibilities**

Member Editorial Board, UMMS “Psychiatry Information in Brief” e journal 2012-present

**Educational Activities****Curriculum Development/Course Leadership**

Biological Psychiatry Seminar, *Subunit Leader* 2008 –present  
 “Reproductive Psychiatry” for Psychiatry Residents  
 University of Massachusetts Medical School

Reproductive Psychiatry Elective for Fourth Year Students, *Course Director* 2008 - present  
 University of Massachusetts Medical School

Brownbag Seminars in Reproductive Psychiatry 2005 – 2007  
 (Monthly Presentations with Invited Speakers)  
 Ambulatory Psychiatry Clinic  
 UMass Memorial Medical Center

Psychodynamic Psychotherapy (*Seminar Leader*) 2004 - 2006  
 Psychiatry Medical Student Clerkship  
 University of Massachusetts Medical School

**Didactic Teaching****Regional**

Psychiatry Course Lecturer - November 12, 2003, April 13, 2004  
 Working with the Psychiatrist in the Outpatient Setting  
 Patricia Donovan, Ph. D. – course director  
 Occupational Therapy Department  
 Worcester State University  
 Worcester, MA

**Local**

Lecturer on Perinatal Psychiatry September 29, 2010  
 Developmental Rounds  
 Neonatal Intensive Care Unit  
 UMass Memorial Medical Center

Guest Lecturer on Premenstrual Dysphoric Disorder June 9, 2010  
 Masters level nursing students  
 School of Nursing  
 University of Massachusetts, Worcester

Lecturer on Perinatal Psychiatry 2007 - present  
 Maternal Child Health Medical Student Clerkship Seminar  
 Departments of Obstetrics and Gynecology and Pediatrics  
 University of Massachusetts Medical School

Speaker – Brown Bag Seminar in Reproductive Psychiatry

“Psychiatric Disorders in Pregnancy”  
 “Postpartum Psychiatric Illness”  
 “Premenstrual Dysphoric Disorder”  
 (September 21, 2005, September 12, 2007, October 10, 2007, November 14, 2007)

Differential Diagnosis of Schizophrenia December 10, 2003  
 Psychiatry Resident Seminar (pgy1 and 2)  
 University of Massachusetts Medical School  
 Worcester, MA

### **Advising & Supervision**

#### Clinical Supervision

Outpatient Psychiatry Attending 2003 - present  
 Psychiatry Clerkship  
 University of Massachusetts Medical School  
 City/state

Inpatient Psychiatry Attending 1998 - 2003  
 Supervisor of Psychiatry Residents  
 Beth Israel Deaconess Medical Center  
 City/state

Inpatient Psychiatry Clerkship Attending 1998 - 2003  
 Supervisor of Harvard Medical School Students  
 Beth Israel Deaconess Medical Center  
 City/state

#### Academic Supervision and Mentoring

Preceptor – Adult Psychiatric Mental Health Nursing 2007 - 2008  
 Ambulatory Psychiatry Clinic, UMass Memorial Medical Center
 

- Idalmis Murray, RN – preceptee
- Jaime Horonjeff, RN – preceptee

University of Massachusetts Medical School Student Advisor 2005 - 2006
 

- Eric Kosinski, Class of 2006

Discussant for Kate McGonagle, doctoral student January 27, 2004  
 Doctoral Project Colloquium  
*Perimenopause and Mood: Women’s Reports of Emotional Experiences During the Perimenopausal Transition*  
 Massachusetts School of Professional Psychology  
 Boston, MA

## **Grants**

### **Completed Grants**

Meyers Primary Care Institute Small Grants Initiative 2010  
 University of Massachusetts Medical School  
 Perinatal Mental Illness: The perspective of ob/gyn providers and staff for optimization of treatment \$15,000  
 Significant Contributor

Commonwealth Medicine 2006 - 2007  
 University of Massachusetts Medical School  
 The Effectiveness of Prenatal and Postpartum Emotional Health Screening  
 Mini Grant Program \$47,000  
 Principal Investigator

## **Publications**

### **Peer-reviewed publications**

- 1) **Lundquist RS**, Bernens A, Olsen CG. Comorbid disease in geriatric patients: dementia and depression. *Am Fam Physician*. Jun;55(8):2687-94, 2703-4 (1997).
- 2) **Lundquist R**, Online article: *MedicineNet.com*, Elderly Depression Often Unnoticed. <http://www.medicinenet.com/script/main/art.asp?articlekey=51533> (2005).
- 3) Byatt N, **Lundquist R**. Pharmacological Treatment of Major Depressive Disorder. *eMedicine Depression and Anxiety Series*, August (2006).
- 4) Byatt N, **Lundquist R**. Use of Atypical Antidepressants in the Geriatric Population. *eMedicine Depression and Anxiety Series*, August (2007).
- 5) Taub J, **Lundquist R**, Fletcher KE and Zandi, T. Does Routine Screening Matter? The Prenatal Emotional Health Screening Project (PEHS). *Psychiatry Issue Briefs*: Vol. 4: Iss. 6, Article 1. Available at: <http://escholarship.umassmed.edu/pib/vol4/iss6/1> (2007).
- 6) Dysthymic Disorder, Medscape Reference: Drugs Conditions and Procedures. <http://emedicine.medscape.com/article/290686-followup> (2009).
- 7) Leventhal K, Byatt N, **Lundquist, R**. Fetal cardiac arrhythmia during bupropion use. *Acta Obstetrica et Gynecologica Scandinavica. Acta Obstet Gynecol Scand*. Jul;89(7):980-1 (2010).
- 8) Menopause and Mood Disorders. Medscape Reference <http://emedicine.medscape.com/article/295382-overview> (2012).

9) **Lundquist RS**, Seward G, Byatt N, Tonelli M, Kolodziej M. Using a Multidisciplinary Approach for Pregnant Women with Nicotine Dependence and Co-occurring Disorders. *Journal of Dual Diagnosis*. Vol. 8 Iss. 2, (2012).

10) Byatt N, Biebel K, **Lundquist RS**, Simas TA, Debourdes-Jackson G, Allison J, Ziedonis D. Patient, provider, and system-level barriers and facilitators to addressing perinatal depression *Journal of Reproductive and Infant Psychology* Nov;30(5):436-449 (2012).

11) Byatt N, Simas TA, **Lundquist RS**, Johnson JV, Ziedonis D. Strategies for Improving Perinatal Depression Treatment in the Outpatient Obstetric Setting. *J Psychosom Obstet Gynaecol*. Dec;33(4):143-61 (2012).

12) Byatt N, Biebel K, Debourdes-Jackson G, **Lundquist RS**, Moore Simas TA, Weinreb L, Ziedonis D. Community mental health provider reluctance to provide pharmacotherapy may be a barrier to addressing perinatal depression: a preliminary study. *Psychiatr Q*. Jun;84(2):169-74 (2013).

### Books & Chapters

1) Byatt N, **Lundquist R**. Postpartum Depression. Griffith's 5-Minute Clinical Consult. Lippincott Williams & Wilkins, New York, (2007).

2) Byatt N, **Lundquist R**. Postpartum Depression. Griffith's 5-Minute Clinical Consult. Lippincott Williams & Wilkins, New York, NY (2009).

### Presentations & Abstracts

#### Invited Presentations

Massachusetts Medical Society Committee on Maternal Perinatal Welfare April 9, 2012  
"Perinatal Mental Health: All of us can help"

Informed Women, Healthy Women – October 19, 2010  
"A Guide to a Healthy Pregnancy"  
Panel Presentation UMass Memorial Medical Center, Worcester, Massachusetts

NICU developmental rounds – Postpartum Psychiatric illness September 29, 2010

**Lundquist R**, Byatt N, Marsh W, Deligiannidis K. February 2010  
Reproductive Psychiatry. Grand Rounds for UMass Medical School  
Department of Family Medicine and Community Health

**Lundquist R**, Byatt N, Marsh W, Deligiannidis K. November 2009  
Women's Mental Health and Reproductive Psychiatry at UMMS/UMMHC.  
Grand Rounds for UMass Medical School Department of Obstetrics  
and Gynecology

Grand Rounds – Health Alliance Medical Center – June 2009

Leominster Massachusetts – Bipolar Disorder an Update with special consideration to Bipolar Disorder in Women

Discussant, Grand Rounds – Department of Psychiatry April 2009  
University of Massachusetts Medical School  
Discussant for presentation of K Deligiannidis, A Nascent Depression: Research and clinical perspectives on major depression with postpartum onset

YWCA Women’s Health Night: “Is Your Emotional Health in Check” October 2008  
Sponsored by UMass Memorial Medical Center – Worcester MA

Making Healthy Changes: How to Help Yourself September 2008  
by Taking Care of Yourself – presented at Hanover Insurance – Worcester MA

“Anxiety, Depression and Mental Health: May 2008  
How to help yourself by taking care of yourself” presented at Informed Women, Healthy Women  
- sponsored by UMass Memorial Medical Center - Worcester, MA

Psychiatric Implications of the Menopausal October 2004  
Transition Presented at “Peri- and Post-Memopausal Women’s Health  
Care for the Primary Care Provider” Office of Continuing Education  
University of Massachusetts Medical Center

### National Meetings

Burpee S, Byatt N, **Lundquist R.**, Payne J. Consultative/Collaborative Approach to the Care of Perinatal Women with Mental Illness (workshop). Academy of Psychosomatic Medicine Annual Meeting (2010).

Panel Member “Why Aren’t Medical Students Choosing Psychiatry?” Response to the Keynote Address at the Association for Academic Psychiatry Annual Meeting Charlotte, North Carolina (1993).

### Local/Regional Meetings

**Lundquist R**, Kolodziej M and Seward G May 2011  
Co-Occurring Disorders in Women: Pre-Pregnancy, Pregnancy and Mothers of Young Children  
- how can an academic medical center work with community agencies to optimize care?  
Presented at the 3rd Annual Women’s Treatment Conference  
Spectrum Health Systems, Westborough, Massachusetts

Tobacco and Nicotine Dependence: September 2009  
A Recovery and Wellness Issue For Women -  
with G Seward - presented at The Evolution of Addiction, Treatment and Recovery for Women –  
Sponsored by Spectrum Health Services - Westborough, Massachusetts

### Poster Presentations



“The Effectiveness of Prenatal and Postpartum Emotional Health Screening” **Rebecca Lundquist**, Kenneth Fletcher, Jennifer Taub and Tara Zandi Commonwealth Medicine Academic Conference, University of Massachusetts Medical School Worcester, Massachusetts (2007).

Byatt N, Marsh W, Deligiannidis K, Burpee S, **Lundquist R.** The Women’s Mental Health Specialty Clinic and Reproductive Psychiatry Academic Interest Group at UMMS/UMMHC. Presented at Research Day, UMass Medical School (2009).

Kumaraswami, T, Gramann SB, Liao, X, Deligiannidis KM, Howe, A, Seligowski, A, Jackson, S, Moore Simas, TA, **Lundquist, R**, Hardy, J. Impact of an educational intervention on help-seeking behaviors for postpartum depression: a randomized clinical trial. Proceedings of the University of Massachusetts Center for Clinical & Translational Science Research Retreat, Poster. Worcester, MA (2010).

Byatt N, Biebel K, Moore Simas T, **Lundquist R**, Debourdes-Jackson G, Ziedonis D. Addressing Barriers to Perinatal Depression. Community Health and Research: Making the Connections Research symposium (2011).

Byatt N, Biebel K, Moore Simas T, **Lundquist R**, Debourdes-Jackson G, Ziedonis D. *Perinatal Mental Health Treatment: OB/Gyn’s Perspective on How Barriers Can Be Overcome.* Academy of Psychosomatic Medicine Annual Meeting, November, 2011.

### **Committee Assignments, Administrative Service**

#### University of Massachusetts Medical School, Worcester, MA

Women’s Faculty Committee, <i>Co-Chair</i> University of Massachusetts Worcester Campus (UMMS) ?	2011 - 2013
Women’s Faculty Committee Subcommittees	
Subcommittee for Women’s Health Speaker, <i>Leader</i>	2010, 2011
Subcommittee Faculty Flex Plan, <i>member</i>	2009-2010
Subcommittee for Women’s Health Speaker, <i>member</i>	2009
Women’s Faculty Committee, <i>member</i>	2007-present
Medical Student Curriculum Subcommittee, <i>member</i> (subcommittee of what overarching group?)	2006
Communicator Competency Implementation Project	

#### UMass Memorial Health Care, Worcester, MA

Group Practice Advisory Board UMass Memorial Medical Group Worcester, MA	2010 - 2011
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#### Department of Psychiatry, University of Massachusetts Medical School, Worcester, MA

Psychiatry Research Day Committee, <i>member</i>	2010
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University of Massachusetts Medical School

Strategic Implementation Subcommittee on Career Development, *member* 2008 - 2009  
Department of Psychiatry  
University of Massachusetts Medical School

*Founding Co-Chair* 2007 - 2011  
Reproductive Psychiatry Academic Interest Group  
(*continue as member from 2011 to present*)  
Department of Psychiatry  
University of Massachusetts Medical School

Department Personnel Action Committee – *Member* 2007 - 2011  
Department of Psychiatry  
University of Massachusetts Medical School

Psychiatry Women’s Faculty Committee, *Member* 2007-present  
University of Massachusetts Medical School

### **Community Service**

Master of Occupational Therapy Program, *Advisory Board* 2007 - 2008  
Worcester State College  
Worcester, MA

Mothers and Company LLC, *Advisory Board* 2006 - 2011  
West Boylston, Massachusetts