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# Perspective Taking: Building Positive Interpersonal Connections and Trustworthiness One Interaction at a Time (Download Perspective Taking Survey Items)

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Available at: [https://works.bepress.com/michele\\_williams/9/](https://works.bepress.com/michele_williams/9/)

## Appendix 35.1

### Perspective Taking Items by Dimension

#### *Appraisal-related Perspective Taking Items*

- When dealing with others, I try to imagine how my actions will affect things that are important to them.
- When interacting with others, I try to understand why particular issues hold emotional significance for them.
- When interacting with others, I try to look at things from their perspective.

#### *Affective Perspective Taking*

- I try to understand how other people are feeling.
- When interacting with others, I think about how I would feel if I were in their place.
- I try to think about what emotions other people may be feeling when I interact with them.

#### *Cognitive Perspective Taking*

- I try to look at everybody's side of a disagreement before I make a decision.
- I believe that there are two sides to every question, and try to look at them both.
- When I'm upset at someone, I usually try to "put myself in his shoes" for a while.

(coefficient  $\alpha = 0.77$ ; Williams, 2001b)

(coefficient  $\alpha = 0.88$ ; Davis, 1983; Batson et al., 1995; Galinsky et al., 2008)

(coefficient  $\alpha = 0.81$ ; Davis, 1983)