

CURRICULUM VITAE

Date Prepared 9/12/2011

Name Yunsheng Ma, M.D., Ph.D., M.P.H.

Current Position Associate Professor
Division of Preventive and Behavioral Medicine
Department of Medicine
University of Massachusetts Medical School
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Education

Ph.D. University of Massachusetts, School of Public Health, Amherst, MA. 1997-2002. Epidemiology/Biostatistics

M.P.H. University of Massachusetts, School of Public Health, Amherst, MA. 1994-1996. Epidemiology/Biostatistics

M.S. Kunming Medical College, Kunming, Yunnan, P. R. China. 1987-1990. Infectious Diseases

M.D. Kunming Medical College, Kunming, Yunnan, P. R. China. 1980-1985. Medicine

Postdoctoral Training

Fellowship Preventive Cardiology Program, Division of Cardiovascular Medicine, Department of Medicine, University of Massachusetts Medical School, Worcester, MA. 1993-1995. Preventive Cardiology

Academic and Professional Appointment

2009-Present Associate Professor, Division of Preventive and Behavioral Medicine, Department of Medicine, University of Massachusetts Medical School, Worcester, MA

04/2010-Present Adjunct Professor, Tongji University School of Medicine, Shanghai, China

08/2010-Present Adjunct Professor, Peking University School of Public Health, Beijing, China

2002-2008 Assistant Professor, Division of Preventive and Behavioral Medicine, Department of Medicine, University of Massachusetts Medical School, Worcester, MA

2006-2008 Adjunct Assistant Professor, Graduate School Biomedical Sciences, Ph.D. Program in Clinical and Population Health Research, University of Massachusetts Medical School, Worcester, MA

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- 2009-present Adjunct Associate Professor, Graduate School Biomedical Sciences, Ph.D. Program in Clinical and Population Health Research, University of Massachusetts Medical School, Worcester MA
- 2006-2008 Adjunct Assistant Professor, Department of Biostatistics and Epidemiology, School of Public Health, University of Massachusetts at Amherst, MA
- 2009-present Adjunct Associate Professor, Department of Biostatistics and Epidemiology, School of Public Health, University of Massachusetts at Amherst, MA
- 1/2007-6/2009 Statistical and Epidemiological Data Analysis Consultant, Data Analysis Unit, the Office of Clinical Affairs, Massachusetts Medicaid Program (MassHealth), 600 Washington Street, Boston, MA

Other Professional Activities

- Study Section Member in 2005, Special Emphasis Panel (ZDK1-GRB8-J1), PAR-04-082, Small Clinical research grants in Digestive Diseases and Nutrition, National Institutes of Health
- 2009-06, NIH Challenge Grants, ad hoc reviewer
- 2010, NIH study section member on "Childhood obesity prevention and treatment consortium"
- Diabetes UK grant reviewer 2007
- 2003-present Ad hoc reviewer, European Journal of Clinical Nutrition
- 2003-present Ad hoc reviewer, Archives of Internal Medicine
- 2005-present Ad hoc reviewer, Journal of the American College of Nutrition
- 2005-present Ad hoc reviewer, Obesity
- 2006-present Ad hoc reviewer, Nutrition
- 2006-present Ad hoc reviewer, American Journal of Clinical Nutrition
- 2006-2007 Senior Editor, Medjaden
- 2006-present Editorial board member, Asian Journal of Epidemiology
- Abstract Reviewer: Society of Behavioral Medicine, 2004
- Analyzed MassHealth claim data and submitted a report of "Profile of Mass Health Top 3% High Cost Population" to the Massachusetts State Secretary of Human Services to assist in policy decision, 2007.

Memberships

- Society for Epidemiologic Research
- Society of Behavioral Medicine
- American Diabetes Association
- North American Association for the Study of Obesity
- UMass NIH funded Diabetes and Endocrinology Research Center (DERC)
- NIH funded WHI Diabetes and Obesity Interest Group
- Academy Health

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Honors and Awards

National Institutes of Health/Office of Behavioral and Social Sciences Research Fellow,
Summer Institute on Randomized Clinical Trials involving Behavioral and Social Interventions
(2004)

Research Interests

- Effect of diet and other lifestyle factors on obesity, diabetes, inflammatory bowel disease, and heart disease;
- Characteristics, health trends, and healthcare utilization of Medicaid insured individuals;
- Cardiovascular disease epidemiology;
- Applied statistical methods in clinical and population research.

Current Grants/Contracts

2009-2013	PI	NHLBI 1R01HL094575-01A1	\$2,482,157
A simple dietary message to improve dietary quality for metabolic syndrome			
2010-2012	PI	NIDDK 1 R21 DK083700-01A1	\$511,306
Depression, antidepressant use and risk of diabetes in the WHI			
2008/9	PI	Northarvest Bean Growers Association	\$10,000
Dry Bean Health Research Program incentive awards for Treatment of type 2 diabetes by increasing the consumption of dry beans.			
2009/10	PI	United Soybean Board	\$10,000
Soy Health Research Program. Pilot investigation of soy isoflavones on prostate cancer by equol production status.			
2009-2011	PI	University of Massachusetts	\$5,000
Global Health Pilot Project Grant and Travel Award. UMMS and Tongji Medical Schools Preventive and Behavioral Medicine Research Collaboration Initiative.			
2007-2012	Co-I	NIMH R01 MH078012-01	
Treating Co-Morbid Obesity and Major Depressive Disorder. PI: Sherry L. Pagoto, Ph.D.			
2009-2012	Co-I	NIH 1-R34MH086678-01	
Behavioral Activation Enhanced Exercise Intervention for Diabetes and Depression. PI: Kristin L. Schneider, Ph.D.			
2011-2012	Co-I	University of Massachusetts	\$50,000
Global Health Pilot Project Grant and Travel Award. Cultural Translation of a Mind/Body Wellness Program for Diabetes Prevention in China. PI: Sherry L. Pagoto, Ph.D.			

Completed Grants/Contracts

National Institute of Diabetes and Digestive and Kidney Diseases (1 R18 DK067549-01).
Lawrence Latino Diabetes Prevention Project. Role: co-investigator. Principal Investigator, Ira S. Ockene, MD. 2004-2009.

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Clinical and Translational Science Pilot Project Program, University of Massachusetts Medical School. Effect of Acute Vagus Nerve Stimulation on Food Intake and Appetite Hormones. Role: co-investigator. Principal Investigator, Sherry L. Pagoto, Ph.D. 2007-2009.

MassHealth, Hypertensive Medication Compliance among MassHealth Members. Role: Principal Investigator, Yunsheng Ma, MD, Ph.D. 2007-2008.

National Heart, Lung, and Blood Institute (1 R21 HL074895-01). Dietary Glycemic Load, Body Weight, and Blood Lipids. Role: principal investigator, Yunsheng Ma, MD, Ph.D. 2004-2007.
Total amount: \$318,000

NIDDK, UMass Diabetes Endocrinology Research Center. Applicability of a Low Glycemic Index Diet in Diabetes. Role: principal investigator, Yunsheng Ma, MD, Ph.D. 2006-2007. Total amount: \$100,000

Boston Obesity and Nutrition Research Center. The Role of Stress in Insulin Resistance Following Bariatric Surgery. Role: co-investigator. Principal Investigator, Sherry L. Pagoto, Ph.D. 2007-2008

American Cancer Society (IRG 93-033). Can Do Study (Cancer Dietary Objectives Study). Role: co-investigator. Principal Investigator, Barbara Olendzki, R.D., MPH. 2007-2008.

National Heart, Lung, and Blood Institute (1 R21 HL076796-01). Determinants of C-Reactive Protein. Role: co-investigator. Principal Investigator, Ira S. Ockene, MD, 2004-2007.

Department of Medicine, UMass Medical School. Pocket Diabetic Assistant Study-Controlling Diabetes Utilizing Glycemic Index Software. Role: principal investigator, Yunsheng Ma, MD, Ph.D. 2003-2005.

National Heart, Lung, and Blood Institute (1 R01 HL66786-01). Improving Adherence to Pharmacological Treatment. Role: epidemiologist. Principal Investigator, Ira S. Ockene, MD, 2000-2005.

National Heart, Lung, and Blood Institute (2 R18 HL44492-06). Systems to Enhance Provider Counseling in Hyperlipidemia. Role: epidemiologist. Principal Investigator, Ira S. Ockene, MD, 1991-2003.

Department of Defense (DAMD17-02-1-0091). A Holistic Quality of Life Intervention for Patients with Secondary Prostate Cancer. Role: epidemiologist/biostatistician. Principal Investigator, James Carmody, Ph.D., 2002-2005.

UMass Lowell and Central Soya Co, Inc.(H-3455). Effect of Water-washed Soy Protein Concentrate on Blood Lipids in Moderately Hyperlipidemic Men and Women (Soy III). Role: epidemiologist/biostatistician. Principal Investigator, Ira S. Ockene, MD, 2002-2003.

National Institute on Aging (5K01AG000818-05). Adherence to dietary modification. Role: epidemiologist/biostatistician. Principal Investigator, Milagros Rosal, Ph.D., 1997-2004.

National Heart, Lung, and Blood Institute (5R01HL051319-03). Smoking Intervention for low income pregnant women. Role: epidemiologist/biostatistician. Principal Investigator, Judith K. Ockene, Ph.D., 1996-2000.

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Research Grants Pending

A Mindfulness-based Weight Loss Program for Metabolic Syndrome Role: Principal Investigator. 04/01/12 – 03/31/17. Total amount: \$ 3,434,071

Statin Use and Incident Diabetes in Postmenopausal Women (R21DK092711-01). Role: Principal Investigator. 07/01/11 – 06/30/13. Total amount: \$275,000

Specific Carbohydrates Diet for the Treatment of Crohn's Disease (R21DK093871-01). Role: Principal Investigator. 12/01/11 – 11/30/13. Total amount: \$275,000

Root Causes of Diabetes Health Disparities in Postmenopausal Women (1R21DK094078-01). Role: Principal Investigator. 12/01/11 – 11/30/13. Total amount: \$275,000

The WHI extension project. Role: Consultant. 10/01/10 – 9/30/15. Total amount:

Teaching Activities

MPH program at UMass Medical School

Teach nutritional epidemiology as independent study in fall semester, 2007.

Ph.D. Program in Clinical and Population Health Research, Graduate School of Biomedical Sciences

Interviewed Ph.D. student candidates and offered recommendations for admission decision. 2007.

Randomized Clinical Trials in Behavioral Medicine Research (2008 summer course, Primary Faculty: Sherry Pagoto, Secondary Faculty: Lori Pbert, Yunsheng Ma, Jim Carmody and Phil Merriam)

Ph.D. thesis advisor: Lauren Gellar, September, 2008-present

Ph.D. thesis advisor: Yongxia Qiao, October, 2010-present

Students Advised

Youfu Li, UMass Medical School MPH student thesis “Relationship of Dietary Carbohydrate Factors with Body Weight and Serum Lipoprotein Concentrations”, 2003. Role: Thesis advisor. Manuscript published in Journal of the American College of Nutrition in 2005.

John Lee Baird, UMass NIH Summer Research Fellowship student 2002 and 2003, project title “Analysis of Clinical Trial Recruitment: Systems to Enhance Counseling in Hyperlipidemia (WATCH 2)” Role: advisor.

Jennifer Maddox, UMass NIH Summer Research Fellowship student 2003, project title “Are health-risk behaviors related to stress?”. Role: advisor.

Jennifer A. Griffith, UMass Amherst MS epidemiology student thesis “The Association between Dietary Glycemic Index, Glycemic Load and C-reactive Protein”, 2005. Role: Thesis advisor. Abstract published in the American Journal of Epidemiology in 2007; manuscript submitted to Nutrition in 2007.

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Andrea R. Hafner, WPI pre-med student, Major Qualifying Project 2004-2005, project title “C-reactive protein and traditional cardiac risk factors”. Role: Primary advisor. Abstract published in the American Journal of Epidemiology in 2005.

Miguel Concepcion, UMass NIH Summer Research Fellowship student 2005, project title “Correlates and Characteristics of Physical Activity among a Latino Population at High Risk for Diabetes: LLDPP”. Role: advisor.

Deanna Erb, medical student summer project 2006, project title “Effectiveness of Self-Reported Strategies to Overcoming Barriers of Dietary and Exercise Habits”. Role: advisor.

Yanli Wang, MPH student Winter project 2007, project title “Major foods contributing to saturated fat and caloric intake in a hypercholesterolemic population”. Role: Primary advisor. Abstract submitted to the American Heart Association Annual Conference, 2007

Educational and Teaching Materials Developed

1. PDA Glycemic Index Software (invention disclosure #UMMC_04-81), 2004.
2. Pocket Diabetic Assistant Study Training Manual, 2004
3. Diabetic Educational Eating Plan Study Training Manual, 2006
4. Dietary Glycemic Index Traffic Lights Pocketbook, 2006

Invited Presentations at National Conference

1. **Ma Y**, Bertone ER, Stanek EJ, Reed GW, Ockene IS, Cohen NL, Merriam PA, and Nasca PC. Association between Eating Patterns and Obesity in a Free Living US Adult Population. Oral Presentation at the 35th Annual Society of Epidemiologic Research Meeting, June 18-22, 2002, Palm Spring, CA.
2. **Ma Y**, Olendzki B, Li Y, Chiriboga D, Li W, Campbell M, Ockene IS. Association between Dietary Carbohydrate Factors and Body Weight. Oral Presentation at the 37th Annual Society of Epidemiologic Research Meeting, June 15-18, 2004, Salt Lake City, Utah.
3. **Ma Y**, Pagoto SL, Hafner AR, Ockene IS, Merriam PA, Griffith JA, and Olendzki BC. A Comparison of Popular Weight Loss Diets on Dietary Quality. Oral Presentation at the 2007 Annual Society of Behavioral Medicine Meeting & Scientific, Washington, DC
4. **Ma Y**, Griffith JA, Olendzki B, Chasan-Taber L, Stanek III EJ, Ockene IS. Association between dietary glycemic index, glycemic load and high-sensitivity C-reactive protein. Oral Presentation at the 40th Annual Society of Epidemiologic Research Meeting, June 19-22, 2007, Boston, MA

Invited Presentations at Tufts University Medical School for Students in Master Degree Program in Nutrition

1. Association between Eating Patterns and Obesity in a Free-living US Population, 2004
2. Association between Dietary Carbohydrates and Body Weight, 2005
3. Association between Dietary Fiber and C-reactive Protein, 2006
4. PDA Assisted Dietary Glycemic Score and Diabetes, 2006
5. A Dietary Quality Comparison of Popular Weight Loss Plans, 2007.
6. Dietary Quality One-Year after Diagnosis of Coronary Heart Disease, 2007.

Invited Presentations at University Conference

1. Clinical Translational Research in Diabetes and Obesity, 2nd Annual Clinical & Translational Research Retreat, 2004.
2. In Search of the Best Diet for Weight Loss and Glycemic Control. Division of Preventive and Behavioral Medicine Research Seminar Series. 2006.
3. Weight Status Post Bariatric Surgery and Predictors, UMass Memorial Weight Center Research Round Table, 2006.
4. A Dietary Quality Comparison of Popular Weight Loss Plans. Division of Preventive and Behavioral Medicine Research Seminar Series. 2007.
5. Dietary Quality One-Year after Diagnosis Of Coronary Heart Disease. Division of Preventive and Behavioral Medicine Research Seminar Series. 2007.

Bibliography

Journal Articles

1. **Ma Y**, Balasubramanian, R, Pagoto SL, Schneider KL, Culver AL, Olendzki B, Tinker L, Liu S, Safford M, Sepavich DM, Rosal MC, Ockene JK, Carnethon M, Zorn M and Hébert JR. Elevated Depressive Symptoms, Antidepressant Use, and Diabetes in a Large Multiethnic National Sample of Postmenopausal Women. *Diabetes Care*, in press.
2. Schneider KL, Pagoto SL, Handschin B, Panza E, Bakke S, Liu Q, Blendea M, Ockene IS and **Ma Y**. Design and methods for a pilot randomized clinical trial involving exercise and behavioral activation to treat comorbid type 2 diabetes and major depressive disorder. *Mental Health & Physical Activity*, 2011 Jun 1; 4(1):13-21.
3. Ockene IS, Tellez T, Rosal M, Reed G, Mordes J, Merriam P, Olendzki B, Handelman G, Nicolosi R, and **Ma Y**. A Latino community-based intervention for the prevention of diabetes: The Lawrence Latino Diabetes Prevention Project. *American Journal of Public Health*, in press.
4. **Ma Y**, Chiriboga DE, Pagoto S, Rosal M, Li W, Merriam P, Hébert J, Whited M. and Ockene I. Association between Depression Scores and High-Sensitivity C-Reactive Protein. *Cardiology Research and Practice*. 2010 Dec 22;2011:286509 <http://www.sage-hindawi.com/journals/crp/aip.286509.html>.
5. Pagoto, S.L., Schneider, K.L., Oleski, J., Bodenlos, J. & **Ma, Y**. The Sunless Study: A Beach Randomized Trial of a Skin Cancer Prevention Intervention Promoting Sunless Tanning. *Archives of Dermatology*. 2010 Sep;146(9):979-84.
6. Ma W, Hu D, Liu G, Jiang J, Gao W, Zhao X, and **Ma Y**. Predictors of Quality of Life in Chinese Patients with Acute Coronary Syndrome. *Asian Cardiovascular & Thoracic Annals*, 2010;18:469–75.
7. **Ma Y**, Ockene IS, Rosal M, Merriam PA, Ockene JK, and Gandhi P. Randomized Trial of a Pharmacist-mediated Intervention for Improving Lipid-lowering Medication Adherence Among Patients with Coronary Heart Disease. *Cholesterol*, vol. 2010, Article ID 383281, 11 pages, 2010. doi:10.1155/2010/383281
8. Xu D, Li J, Zou Li, Xu Y, Hu D, Pagoto SL, and **Ma Y**. Sensitivity and Specificity of the Ankle-brachial Index to Diagnose Peripheral Arterial Disease: a Structured Review. *Vascular Medicine*, 2010; Oct;15(5):361-9.
9. **Ma Y**, Olendzki BC, Pagoto SL, Merriam PA, and Ockene IS. What are patients actually eating? The dietary practices of CVD patients. *Current Opinion in Cardiology*, 2010, 25:518-521.
10. Hébert JR, Hurley TG, Cavicchia P, **Ma Y**, Magner RP, Olendzki BC, Merriam PA, Ockene IS and Nebeling L. Response to Dr. Arab et al on “Number of 24-hour diet recalls needed to estimate energy intake”. *Annals of Epidemiology*, 2010, 20 (1):87-88.

11. Merriam P, **Ma Y**, Olendzki B, Schneider KL, Li W, Ockene I and Pagoto S. Design and methods for testing a simple dietary message to improve weight loss and dietary quality. *BMC Med Res Meth*, 2009, Dec 30; 9:87.
12. Pagoto SL, Curtin C, Bandini LG, Anderson SE, Schneider KL, Bodenlos JS, and **Ma Y**. Weight Loss Following a Clinic-Based Weight Loss Program Among Adults with Attention Deficit/Hyperactivity Disorder Symptoms. *Eating and Weight Disorders*, 2010 Sep;15(3):e166-72.
13. Cavicchia PP, Steck SE, Hurley TG, Hussey JR, **Ma Y**, Ockene IS, and Hébert JR. A new dietary inflammatory index predicts interval changes in serum high-sensitivity c-reactive protein. *Journal of Nutrition*, First published October 28, 2009; doi:10.3945/jn.109.114025.
14. Luo Y, Li X, Li J, Wang X, Qiao Y, Hu D, Merriam PA, and **Ma Y**. Combined effects of smoking and peripheral arterial disease on all-cause and cardiovascular disease mortality in a Chinese male cohort. *Journal of Vascular Surgery*, 2010; 51(3):673-678.
15. Luo Y, Li X, Li J, Wang X, Xu Y, Qiao Y, Hu D, and **Ma Y**. Peripheral Arterial Disease, Chronic Kidney Disease, and Mortality: The Chinese ankle brachial index cohort study. *Vascular Medicine*, 2010; 5(2): 101-112
16. Mathew AC, S Shaijin, David R, Ramalingam R, K Srikanth, and **Ma Y**. Association between Obesity and Asthma among Adults: A Hospital Based Case-Control Study. *Asian Journal of Epidemiology*, 2009;2: 33-43.
17. Shikany JM, Tinker LF, Neuhaus ML, **Ma Y**, Patterson RE, Phillips LS, Liu S, and Redden DT. The Association of Glycemic Load with Cardiovascular Disease Risk Factors in the Women's Health Initiative Observational Study. *Nutrition*, available online 6 January 2010.
18. Mathew A, Jose A, Soubhya TB, Shankar R, Ramalingam S, Chacko TB, Rajendran G, Vaidyanathan C, Bhuvaneshwaran JS and **Ma Y**. Association of physical inactivity with the risk of coronary heart disease. *South Asian Journal of Preventive Cardiology*. 2009;13(1):5-19.
19. **Ma Y**, Olendzki BC, Pagoto SL, Hurley TG, Magner RP, Ockene IS, Schneider K, Merriam PA, and Hébert JR. Number of 24-Hour Diet Recalls Needed to Estimate Energy Intake. *Annals of Epidemiology*. 2009; 19(8):553-9.
20. Mathew A, Jose A, Shankar A, and **Ma Y**. Familial Aggregation of Hypertension, Obesity, and Diabetes among Adult Women in South India. *South Asian Journal of Preventive Cardiology*. 2008; 12(1):37-47.
21. Pagoto SL, Schneider KL, Oleski J, Bodenlos JS, Merriam PA, and **Ma Y**. Design and methods for a cluster randomized trial of the Sunless Study: A skin cancer prevention intervention promoting sunless tanning among beach visitors. *BMC Public Health* 2009, 9:50.
22. Olendzki B, **Ma Y**, Schneider K, Merriam P, Culver A, Ockene I, Pagoto S. A simple dietary message to improve dietary quality: results from a pilot investigation. *Nutrition*. 2009; 55(7): 736-744.
23. Merriam P, Tellez T, Rosal M, Olendzki B, **Ma Y**, Pagoto S, Ockene I. Methodology of a diabetes prevention translational research project utilizing a community-academic partnership for implementation in an underserved Latino community. *BMC Med Res Meth*, 2009, Mar 13; 9:20.
24. Pagoto SL, **Ma Y**, Bodenlos JS, Olendzki BC, Rosal, MC, Merriam PA, and Ockene IS. Association of Depressive Symptoms and Lifestyle Behaviors among Latinos at Risk of Type 2 Diabetes. *Journal of American Dietetic Association*, 2009;109(7):1246-50.
25. Chiriboga DE, **Ma Y**, Li W, Stanek III E, Hébert JR, Merriam PA, Rawson ES, and Ockene IS. Seasonal and Gender Variation of High-Sensitivity C-Reactive Protein in Healthy Adults: A Longitudinal Study. *Clinical Chemistry*, 2009, 55: 313-321.

26. Pagoto SL, Curtin C, Lemon SC, Bandini L, Schneider K, Bodenlos JS, and **Ma Y**. Association between adult attention deficit/hyperactivity disorder and obesity in the US population. *Obesity*. 2009;17(3):539-44.
27. Schneider KL, Bodenlos JS, **Ma Y**, Olendzki BC, Oleski J, Merriam PA, Crawford S, Ockene IS and Pagoto SL. Design and Methods for a Randomized Clinical Trial Treating Co-Morbid Obesity and Major Depressive Disorder. *BMC Psychiatry*. 2008, 77:1-11.
28. **Ma Y**, Hébert J, Li W, Bertone-Johnson E, Olendzki B, Pagoto S, Tinker L, Rosal M, Ockene I, Ockene J, Griffith J, and Liu S. Association between dietary fiber and markers of systemic inflammation in the Women's Health Initiative Observational Study. *Nutrition*, 2008, 24(10):941-9.
29. Pagoto SL, Bodenlos J, Schneider K, Olendzki BC, Spates RC, and **Ma Y**. Initial Investigation of Behavioral Activation Therapy for Co-Morbid Major Depressive Disorder and Obesity. *Psychotherapy: Theory, Research, Practice*. 2008;45(3):410-415.
30. Olendzki BC, **Ma Y**, Hebert JR, Pagoto SL, Merriam PA, Rosal MC, and Ockene IS. Underreporting of energy intake and associated factors in a Latino population at risk of developing type 2 diabetes. *Journal of the American Dietetic Association*, 2008,108(6): 10003-8.
31. Griffith JA, **Ma Y**, Chasan-Taber L, Olendzki B, Chiriboga D, Stanek III EJ, Merriam PA, Ockene IS. Association between dietary glycemic index, glycemic load and high-sensitivity C-reactive protein. *Nutrition*, 2008, 24(5), 401-406.
32. **Ma Y**, Chiriboga D, Olendzki B. Dietary Education and Counseling Should Be Emphasized for Coronary Heart Disease Patients. *Journal of the American Dietetic Association*, 2008, 108(2): 246-247.
33. **Ma Y**, Li W, Olendzki B, Pagoto SL, Merriam P, Chiriboga D, Griffith JA, Bodenlos J, Wang Y, Ockene IS. Dietary Quality 1 Year after Diagnosis of Coronary Heart Disease. *Journal of the American Dietetic Association*, 2008, 18(2): 240-246.
34. Chiriboga D, **Ma Y**, Hebert JR, Li W, Pagoto SL, Olendzki B, Merriam PA, Ockene IS. Gender differences in predictors of body weight and body weight change in Healthy Adults. *Obesity*, 2008, 16(1):137-45.
35. Pagoto SL, Kantor L, Bodenlos J, Gitkind M and **Ma Y**. Adoption of the Diabetes Prevention Program in a hospital-based weight loss clinic. *Health Psychology*; 2008, 27 (1 suppl): S91-8.
36. **Ma Y**, Olendzki B, Merriam PA, Chiriboga D, Culver A, Li W, Hebert JR, Ockene IS, Griffith JA, Pagoto SL. A Randomized Clinical Trial Comparing Low-Glycemic Index versus ADA Dietary Education among Individuals with Type 2 Diabetes. *Nutrition*, 2008, 24(1):45-56.
37. Thomas G, Mathew AC, Shankar SLR, and **Ma Y**. Body Mass Index Cut-off values for Identifying Cardiovascular Disease Risk Factors among Adult Women in India. *South Asian Journal of Preventive Cardiology*. 2007, 11(3):100-114.
38. Pagoto SL, Bodenlos JS, Kantor L, Gitkind M, Curtin C and **Ma Y**. Association of major depression and binge eating disorder with weight loss in a clinical setting. *Obesity*; 2007, 15(11):2557-25579.
39. **Ma Y**, Pagoto SL, Griffith JA, Ockene IS, Merriam PA, Hafner AR, and Olendzki BC. A Dietary Quality Comparison of Popular Weight-Loss Plans. *Journal of the American Dietetic Association*, 2007, 107: 1786-1791.
40. Howland LC, Storm DS, Crawford SL, **Ma Y**, Gortmarker SL, Oleske JM. Risk to Impaired Quality of Life in Children with HIV Infection. *Journal of the Association of Nurses in AIDS Care*; 2007; 18(1):3-11.
41. Sekar V, Mathew AC, Chacko TV, and **Ma Y**. Association of Availability of Modern Conveniences and Obesity among Adult Women in India. *South Asian Journal of Preventive Cardiology*. 2006, 10(3):163-178.

42. **Ma Y**, Olendzki BC, Hafner AR, Chiriboga DE, Culver A, Andersen V, Merriam PA, and Pagoto S. Low Carbohydrate and High Fat Intake among Adult Patients with Poorly Controlled Type 2 Diabetes. *Nutrition* 2006, 22(11-12):1129-1136.
43. Olendzki BC, **Ma Y**, Culver AL, Ockene IS, Griffith JA, Hafner AR, and Hebert JR. Methodology for Adding Glycemic Index and Glycemic Load Values to a 24-hour Dietary Recall Database. *Nutrition*. 2006; 22(11-12):1087-1095.
44. Baschetti R, **Ma Y**, Olendzki BC, Chiriboga D, Hafner AR, Li W, Hebert JR, Li Y, Leung K, and Ockene IS. Carbohydrate intake, serum lipids, and evolution. *Journal of the American College of Nutrition*. 2006; 25(5):437-8.
45. **Ma Y**, Pagoto SL, Olendzki BC, Hafner AR, Perugini RA, Mason R, Kelly JJ. Predictors of Weight Status Following Laparoscopic Roux-en-Y Gastric Bypass. *Obesity Surgery*. 2006; 16 (9): 1227-1231.
46. **Ma Y**, Olendzki BC, Chiriboga D, Rosal MC, Sinagra E, Crawford S, Hafner AR, Pagoto SL, Magner RP, and Ockene IS. PDA-Assisted Low Glycemic Index Dietary Intervention for Type 2 Diabetes: A Pilot Study. *European Journal of Clinical Nutrition* 2006; 60(10):1235-43.
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48. **Ma Y**, Griffith JA, Chasan-Taber L, Olendzki BC, Jackson E, Stanek III EJ, Li W, Pagoto SL, Hafner AR, and Ockene IS. Association between Dietary Fiber and Serum C-reactive Protein. *American Journal of Clinical Nutrition* 2006; 83: 760-766.
49. **Ma Y**, Olendzki BC, Li W, Hafner AR, Chiriboga D, Hebert JR, Campbell M, Sarnie M, and Ockene IS. Seasonal Variation in Food Intake, Physical Activity, and Body Weight in a Predominately Overweight Population. *European Journal of Clinical Nutrition* 2006; 60(4):519-528.
50. King J, Rosal MC, **Ma Y**, Reed GW. Association of Stress, Hostility and Plasma Testosterone. *Neuroendocrinology Letters* 2005 Aug 30;26(4).
51. Schwartz CE, Clive D, Mazor K, **Ma Y**, Reed G, and Clay M. Detecting attitudinal changes about death and dying as a result of end-of-life care curricula for medical undergraduates. *Journal of Palliative Medicine* 2005;8(5):975-986.
52. **Ma Y**, Chiriboga D, Olendzki BC, Nicolosi R, Merriam PA, and Ockene IS. Effect of soy protein containing isoflavones on blood lipids in moderately hypercholesterolemic adults: a randomized controlled trial. *Journal of the American College of Nutrition* 2005; 24(4):275-285.
53. **Ma Y**, Olendzki B. A Personal Dietary Assistant for Patients with Diabetes. *Mass High Tech* 2005: March 7.
54. **Ma Y**, Goins KV, Pbert L, Ockene JK. Predictors of Smoking Cessation in Pregnancy and Maintenance Postpartum in Low-Income Women. *Maternal and Child Health Journal* 2005; 9 (4):393-402.
55. **Ma Y**, Bertone-Johnson ER, Stanek EI, Reed G, Hebert J, Cohen N, Olendzki B, Rosal M, Merriam P, Ockene I. Eating Patterns in a Free-living Healthy U.S. Adult Population. *Ecology of Food and Nutrition* 2005;44(1): 37-56.
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