

# Curriculum Vitae: Mary Bennett PhD, APRN Director, WKU School of Nursing

**WESTERN KENTUCKY UNIVERSITY**  
**SCHOOL OF NURSING**  
**COLLEGE HEIGHTS BLVD, #11036**  
**BOWLING GREEN, KY 42101-1036**  
**(270) 745-5022 OR 745-3391**

**HOME ADDRESS**  
**101 Lynn Rich Drive**  
**Alvaton Kentucky 42122**

## EDUCATION

<u>DEGREES</u>	<u>INSTITUTION</u>	<u>YEAR</u>	<u>MAJOR</u>	<u>FOCUS</u>
<b>FNP – certificate</b>	Indiana State University, College of Nursing	2004	Family Nurse Practitioner	Primary Health Care
<b>PhD</b>	Rush Medical Center College of Nursing , Chicago, IL	1997	Medical Nursing	<u>Research Focus</u> Psychoneuroimmunology
<b>MS</b>	Indiana State University, School of Nursing	1990	Community Health Nursing	<u>Role Focus</u> Nursing Education
<b>BS</b>	Indiana State University, School of Nursing	1989	Baccalaureate Nursing	
<b>AD</b>	Indiana State University, School of Nursing	1985	Associate Nursing	

## TEACHING EXPERIENCE

<u>Institution</u>	<u>Position</u>	<u>Date</u>
<b>Western Kentucky University</b>	Director of WKU School of Nursing. Chief Executive for WKU School of Nursing. Responsible for strategic planning, faculty workforce development and resource development.	Aug 1, 2007
<b>Indiana State University</b>	Started as Assistant Dean, School of Nursing on 12 month position as of July 1, 1999. Promoted to Associate Professor and awarded Tenure August 15, 2001. Promoted to Full Professor 2007-2008 academic year. Responsible for coordination of program evaluation, support of faculty scholarship activities, and support for distance education activities. Also responsible for representing the School of Nursing in the Dean's absence and teaching various graduate classes using distance education methods.	1999 -2007
<b>Indiana State University</b>	Assistant Professor N205 Nursing Care of the Adult I. Graduate Guest lectures –School of Nursing and Bio-Psychology. Assist graduate students with research methodology, statistical analysis and computer graphics.	1996 – 1999
<b>Indiana State University</b>	Nursing Instructor (N205, Nursing Care of the Adult I) and Computer Assistance Coordinator.	1995 – 1996
<b>Indiana State University</b>	Nursing Instructor (Pediatrics) and Computer Assistance Coordinator, Acting Director of Research and Evaluation.	1992 – 1995
<b>Lakeland Community College Mattoon, IL</b>	Lead Instructor (course & clinical) for Nursing Fundamentals, Medical/Surgical Nursing I and II, OB and Pediatrics	1990-1992
<b>Indiana State University</b>	Clinical Instructor (Part-time), Nursing 105 (Fundamentals)	1989-1990

## **PRACTICE EXPERIENCE**

<b><u>Institution</u></b>	<b><u>Position</u></b>	<b><u>Date</u></b>
Commonwealth Health Corporation Quick Care and Employee Health Center	Nurse Practitioner 4-12 hours per week (PRN) to maintain clinical skills and meet certification practice requirements	2008-
181 <sup>st</sup> Fighter Wing, Indiana Air National Guard Medical Group	Major, DOR 6 May 07. Serve as a health care provider (NP) for the 181 <sup>st</sup> one weekend a month and two weeks a year. Hulman Field, Terre Haute, IN.	2006-
Center for Occupational Health	Nurse Practitioner 8 hours per week to maintain clinical skills and meet certification practice requirements	2005-2007
St. Ann's Clinic, Terre Haute	Nurse Practitioner (NP) 4 hours per week to help meet community needs for indigent care.	2004-2007
369 <sup>th</sup> Combat Support Hospital, US Army Reserve	66 H (RN) one weekend a month and two weeks a year. 11880 Mosteller Road, Sharonville OH.	2003-2006
Regional Hospital, Terre Haute, IN	Staff Nurse (Part-time), Rehab Unit. Worked part-time days while attending ISU MS program full-time.	1989-1990
Maplewood Manor, Terre Haute, IN	Director of Staff Development & Certified Nurse Aide Instructor. Worked part-time days while finishing my BS in nursing and full-time the summer prior to starting my MS.	1988-1989
Paris Health Care, Paris, IL	Staff RN and Rehab Nursing Coordinator. Worked part-time days and evenings for this facility while completing my pregnancy, then I kept working for them part-time while working full-time on BS in Nursing.	1986-1988
Union Hospital Terre Haute, IN	Staff RN, Medical/Surgical Intensive Care Unit. First RN position following graduation with my AD. Worked full-time 12 hour night shift until I became pregnant and had complications that required me to be on bed rest for about 1 month. At that point I quit my nursing job at the hospital and went back to work at Paris Health Care (less physically demanding position).	1985-1985
Paris Health Care, Paris, IL	Staff LPN to Staff RN. Worked part-time evenings while going back to school full-time for my RN.	1983-1985
Union Hospital Terre Haute, IN	Staff LPN. Worked full-time nights. Floated for the first 6 months, primarily pediatrics, ICU, oncology and family practice. Later requested and was assigned full-time to Medical/Surgical Intensive Care Unit.	1982-1983

## **LICENSURES and CERTIFICATIONS**

RN - Kentucky, 1114854 and APRN 5351P. Expires each year Oct 31.  
 DEA - MB1762396, NPI - 1063489086  
 ACLS Advanced Cardiac Life Support, June 2008. Expires June 2010.  
 Family Nurse Practitioner (ANCC) June 9, 2005. Expires June 8, 2010

## **HONORS**

National Leadership Resource Award for Nursing 621, Graduate Adult Health I Online Learning Modules. Association of American Colleges and Universities, 2003.  
 Excellence in Research Award Lambda Sigma Chapter of Sigma Theta Tau, 2003  
 Academic Achievement Awards, US Army Reserve Medical Corps, September 2003.  
 Excellence in Mentoring Award, Lambda Sigma Chapter of Sigma Theta Tau, 2001  
 Excellence in Research Award Lambda Sigma Chapter of Sigma Theta Tau, 2000

Study Web Award for Academic Excellence Fall 1999  
 Excellence in Research Award Lambda Sigma Chapter of Sigma Theta Tau, 1995  
 Governor's Award for Student Organizations - 1992 - Student Nurses Association, Sponsor.

# SERVICE

<u>SCHOOL OF NURSING</u> <u>COMMITTEES:</u>	<u>UNIVERSITY</u> <u>COMMITTEES:</u>	<u>Professional and</u> <u>Community Service</u>	<u>National-International</u> <u>Service</u>
Chair WKU School of Nursing Faculty Committee 2007-	WKU Coordinator, School of Nursing Faculty Staff capital campaign 2007-2008.	Commonwealth Health Corporation Nursing Research Advisory Board 2009-	Invited Reviewer: for Journal - Physiology & Behavior, 2009-
ISU Evaluation/Outcomes Assessment Committee (E/OA) – Vice Chair 1999-2002. Ex-officio 2002-2007).	ISU University Curriculum Affairs Committee 2002- 2007	KHELPS community response team 2009-	Invited Reviewer for Journal – Psychology and Health 2008-
Student Affairs Committee (SAC) 1992-1999 secretary, ex officio 1999-2007)	Pilot Group to Define Academic Department Reporting Needs 2003-2004	Midwest Disaster Response Team 2008-	Consultant, Beijing consortium for international level nursing education 2008
Human Subjects Committee (HSC) Chair 1999-2003	Blue Ribbon Task Force for Distance Education 2000- 2003	KAHDNP Kentucky Association for Higher Degree Nursing Programs 2007- President Elect 2009	Consultant for the Red Nose Society (European union of Physicians interested in the use of humor in healthcare). Research project: Effect of Clown MD's and laughter on Natural Killer Cell Activity in Hospitalized Pediatric Clients – Budapest, Hungary 2003- 2006
Curriculum Affairs Committee (CAC) Ex-Officio 1999-2007	Information Technology Advisement Committee (ITAC) 1995-2007	President, Society for Advanced Practice Nurses, 2007-2008	
Faculty Affairs Committee (FAC) 1999- 2007 Ex-Officio	Assessment Advisory Committee 1999-2000	Major, US Air National Guard 181 <sup>st</sup> MDG. 2006-. Health care provider for enlistment physicals, annual exams and line of duty injuries.	
Executive Committee 1999-2007 Ex-Officio	Forum for Research Administrators 1999-2001	Captain, US Army Reserve 369 <sup>th</sup> Combat Support Hospital 2003- 2006.	Consultant for Psychoneuroimmunology and Human Natural killer cell assay methodology consultant on outside projects and grants. 2000- 2007
Administrative Team 1999-2007 Vice Chair	Various Search Committees for Administrative and Professional Staff at the University Level (Instructional Design, Distance Education, Information Technology, Student Outcomes Assessment) 2000-2007	Consultant for Program Evaluation, Hoosier Uplands Rural Access to Emergency Devices Grant Project 2004- 2006	
Various master's level culminating project and thesis committees 1997-		Invited Reviewer: 2004 National State of the Science Conference. Working toward a Healthier Nation.	Consultant for development of nursing courses on the web. South Carelia Polytechnic School of Health Care and Social Services. Lappeenranta, Finland 2002 -2003
Various Taskforces, subcommittees, search committees, etc 1990- 2007		Assistance with development of online tutorials for the Area Health Education Center 2005	

## **PROFESSIONAL ORGANIZATIONS**

### **Kentucky Association of Baccalaureate and Higher Degree Nursing Programs (KAHDNP)**

New member 2007, President Elect 2008

### **Society for Advanced Practice Nurses**

Member since 2004, Past President (2007).

### **Pri-Med Primary Medical Association**

Member since 2004.

### **Association for the Applied use of Therapeutic Humor (AATH)**

Presentation at national meeting (Baltimore, MD) 2002.

### **International Society for Humor Studies (ISHS)**

Presentation at International meeting 1999.

### **PsychNeuroImmunology Research Society (PNIRS)**

Student membership and poster at International meeting 1997

Granted Full Membership 1999;

Poster at International meeting and publication in society journal

(Brain, Behavior and Immunity), 2000.

### **Oncology Nursing Society (ONS)**

Publication in Society Journal (Oncology Nursing Forum) 1999, 2001 and 2003.

### **Phi Kappa Phi International Honor Society – Member since 1989**

### **Midwest Nursing Research Society (MNRS)**

Member since 1997

Paper presentation at annual conference 1997

Nominated for Director, Stress and Coping Section, 1999

Member of Physiological Research Section - On planning committee for pre-conference workshop (Effect of immune system cytokines on psychoneurological functioning) for the 1999 MNRS conference.

Paper presentation at annual conference 2000

Paper presentation at annual conference 2002

### **Kappa Theta Chapter of Sigma Theta Tau International**

Transfer member 2007

### **Lambda Sigma Chapter of Sigma Theta Tau International**

Member since 1988; Lambda Sigma Nursing Research Award 1995; 2000; 2003.

Mentoring Award 2001; Research Committee 1993; 1999; 2004, 2005. Nominating Committee 1992; Poster at International meeting 1999.

### **Kentucky Nurses Association, District #7**

New member 2008

### **Indiana State Nurses Association, District #3**

#### State Level Activities:

State Resolutions Committee: 1994-1995; ISNA Gerontological Nurses

Council: 1990-1997; Convention delegate: 1993, 1991; State Tellers

Committee: 1991

#### District Level Activities:

Board Member: 1997-1999; First Vice President: 1994-1995; President : 1991-1994; First Vice President: 1990-1991. Nominating Committee 2004, 2005.

## **CONSULTING CONTRACTS**

2003-2006

- Outcome Evaluation for the Rural Access to Emergency Devices Program. Funded for \$10886.40 to the Hoosier Uplands Economic Development Corporation, 3 year contract.

2003

- Outcome Evaluation for the Midwest Center for Rural Health Chronic Disease Management Program. \$6,000 Graduate Student Stipend.

2002

- Outcome Evaluation for the Midwest Center for Rural Health Chronic Disease Management Program. \$1,000 faculty stipend plus \$6,000 Graduate Student Stipend.

## **GRANTS**

2007

- HRSA-07-093 Nurse Education, Practice and Retention Program: Expanding an Innovative Online LPN-BSN Ladder Program. Submitted as Co-PI with Marcia Miller, Associate Professor for \$250,000 a year for 3 years. Funding Announcement July 1, 2007.
- Improving Health Care Access and Chronic Disease Management in the Wabash Valley. Graduate Assistant Support Grant. Submitted for \$11,250 plus graduate tuition waiver. ISU Alliance for Excellence Through Engagement and Experiential Learning. Fully Funded.

2006

- Using Blackboard and Macromedia Breeze for the Delivery of Mandatory Annual Training for Health Care Professionals. Submitted for \$4,002.00 to the ISU Information Technology Innovations Mini-grant program. Mary Bennett, PI. Marcia Miller and Mike Mehl, Co-PIs. Not Funded
- Effect of Laughter on Pulmonary Functioning in Persons with COPD – Feasibility Study. Submitted for \$4,750 - Indiana State University Research Committee. Not Funded.

2005

- HRSA-06-038 Nurse Education, Practice and Retention Program: Expanding an Innovative Online LPN-BSN Ladder Program. Submitted as Co-PI with Marcia Miller, Associate Professor for \$250,000 a year for 3 years. Recommended, but not funded
- Using Blackboard discussion groups for research: Creating virtual focus groups for qualitative data. Funded for \$4,290.00 by Information Technology Innovations Mini-grant program. Submitted as a joint research project with Loretta White, RN DNS, and Matt Matthew R. Draper, Ph.D, Counseling Psychology.

2004

- Support for undergraduate research: Community Collaboration Project. Submitted for \$4,988.98 as part of the ISU joint grant for funding of undergraduate research. Total grant submission \$1.7 million, William Dando, Grant coordinator.
- Development of a Program Outcomes Reporting Solution for the Midwest Center for Rural Health: An Interdisciplinary Experiential Learning Project. Co-PI with Marcia Miller. Funded for 7997.70 by the ISU Experiential Learning and Community Engagement Grant Program.

2003

- Co-PI on a community based CDC Block grant for a pilot study of the effects of Tae Kwon Do on grades, attention span and physiological outcomes in a group of elementary school children. Fully funded, September 2003.

2000

- Predominance and Correlates of use of Complementary/Alternative Medicine. Submitted to the Department of Defense Breast Cancer Research Fund for \$435,000 through the University of South Florida. Role, Co-PI on multi-disciplinary grant team. PI: Cecile A. Lengacher, RN, PhD, Nursing, University of South Florida, June 2000.

1999

- Student Outcomes Assessment Grant for the Associate Degree Nursing Department. Submitted to the ISU Assessment Advisory Committee for \$4,850 December 1999. Partially Funded.

- Student Outcomes Assessment Grant for the Baccalaureate and Higher Degree Nursing Department. Submitted to the ISU Assessment Advisory Committee for \$4,000 December 1999. Fully Funded.
- Factors related to use of complementary therapies by persons with breast cancer. Submitted to the Susan Komen Breast Cancer Foundation for \$8750.00, Fall 1999.
- Patterns of Use of Complementary/Alternative Medicine in Breast Cancer Patients. Submitted to the Department of Defense Breast Cancer Research Fund for \$324,576 through the University of South Florida. Role, Co-PI on multi-disciplinary grant team. PI: Cecile A. Lengacher, RN, PhD, Nursing, University of South Florida, Co-PI's: Charles Cox, MD, Douglas Reingten, MD, Alan Shors, MD, Alan Cantor, PhD, Paul Jacobsen, PhD, University of South Florida/H. Lee Moffitt Cancer and Research Institute, Mary Bennett PhD, Nursing, Indiana State University, Rosemary Keller, PhD, Nursing, University of South Florida. Nov 1999. Jan 2000, recommended, but not funded.
- Toward a Healthy Future: Educational Opportunities for Southeastern and South Central Indiana. Distance Learning and Telemedicine Grant submitted to the USDA for \$330,000. Role: Member of ISU interdisciplinary grant writing team. Responsible for narrative and data related to shortage of health care providers in rural areas/Southern Indiana. Funded for \$330,000 Winter 1999.
- Instructional Development Grant: Funding for hardware/software to enhance the internet delivery of N228 (clinical pharmacology). Summer 1999. Funded for \$750 by the ISU Center for Teaching and Learning.
- Summer Innovative Grant : Development of a Online Asynchronous Nursing Research Class. Funded for \$2,500 by the ISU Center for Teaching and Learning.

1998

- Effect of Depression on Immune Function and Health Outcomes in a Community Sample of Women. (Co-PI with Cherie Howk, RN FNP) funded for \$4,688 by ISU University Research Committee.
- Effect of Depression on Immune Function and Health Outcomes in a Community Sample of Women. (Co-PI with Cherie Howk, RN FNP) funded for \$500 by Lambda Sigma Chapter of Sigma Theta Tau International.

1997

- Proposal Incentive Grant to support writing a National Institute of Health FIRST award, (R29) and attendance at the National Institute of Nursing Research Nurse Scientist Training Program. \$5,000. Not Funded.
- Effect of Massage on stress and NK activity. Submitted to Sigma Theta Tau International for \$3,000. Highly recommended for funding, scored 198 (Range: 100 high-500 low). Funded grant range was 130-170.
- Effect of Relaxation training on immune function and clinical outcomes in Women with Breast Cancer - CoPI on grant as methodology and content expert. Submitted through the University of South Florida Cancer Research Center as a continuation of the pilot project to the US Department of Defense Breast Cancer Research Fund for \$300,000. Not funded.

1996

- Effect of Relaxation training on immune function and clinical outcomes in Women with Breast Cancer - CoPI on grant as methodology and content expert. Submitted through the University of South Florida Cancer Research Center to the American Cancer Society for \$20,000. Fully Funded July 1996.
- Proposal Incentive Grant for the study of nursing interventions and immune function. Submitted to the ISU Proposal Incentive Committee for \$5,000. Partially funded for \$3,250.00
- Effect of Humor on Stress and Immune Function - PI. Funded for \$350 by Lambda Sigma of Sigma Theta Tau International March 1, 1996.
- Effect of Humor on Stress and Immune Function - PI. Submitted to Sigma Theta Tau March, 1996 for \$3,000. Not Funded
- Proposal Incentive Grant to support grant writing related to Massage and Immune Function. Funded for \$7,000, University Research Committee.

1995

- University Grant for Outcomes Assessment \$2,800 – Funded
- AT&T Computer Teaching Grant \$115,0000 – Submitted to the ATT Equipment Fund. Not Funded.

1994

- Reliability of the Standard Natural Killer Cell Chromium Release Assay Compared to Frozen Target Assay in the Healthy Population - Funded for \$2,750 - Indiana State University Research Committee.
- Use of Computers in Nursing Clinical Education – Submitted to AT&T for \$148,000. Not funded.
- Helene Fuld Computer Lab Grant – Submitted to the Helene Fuld Health Trust for \$133,566. Not funded.

## **RESEARCH PROJECTS**

2009

- Aggressiveness of Nursing Care Intentions for the End of Life Client: A 20 year Follow Up Study.

2006

- Using Blackboard discussion groups for research: Creating virtual focus groups for qualitative data collection. Faculty research team coordinator.

2005

- A Comparison of Physician and Family Nurse Practitioner Recommendations Regarding the use of Hormone Replacement Therapy since the Women's Health Initiative. Student Thesis Project, Committee Chair.

2004

- Use of Incentives as a Tool to Improve Efficiency in the Perioperative Setting: Adult Health Culminating Project – Student Culminating Project, Committee Chair.
- Tae Kwon Do as an Exercise Intervention Among a Sample of 3rd through 6th Grade Students– Student Culminating Project, Committee Chair.
- Factors Related to Treatment Time for Patients with Acute Myocardial Infarction: Results from a Single Mid-sized Midwestern Hospital– Student Culminating Project, Committee Chair.
- The Effect of Laughter on Incentive Spirometry and Pulse Oximetry in Post-Operative Coronary Artery Bypass Graft Patients– Student Culminating Project, Committee Chair.
- Correlation of Basic Needs Satisfaction and health Promotion Behavior in the Elderly– Student Culminating Project, Committee Chair.

2003

- Effect of Music Therapy on Infant Responses During Routine Circumcision; A Continuation Study –Student Project, Committee Chair.
- The Effectiveness of Chronic Disease Management for Persons with Diabetes Mellitus,– Thesis, Committee Chair.

2002

- Accuracy of Surrogate Decision-Makers in Health Care Decisions: FNP Culminating Project-Committee Member.

2001

- Effect of Music Therapy on Infant Responses During Routine Circumcision -Student Project, Committee Chair.
- Adding assessment of complementary therapy use to routine hospital admission screening: a research utilization project – Student Project – Chair.
- Accuracy of Surrogate Decision Makers in Health Care Decisions – Student Project, Committee Member

2000

- Patterns of Use of Complementary/Alternative Medicine in Breast Cancer Patients (Co-PI).
- Comparison of the Arnett Critical Thinking Exam to the California Critical Thinking Exam in a sample of Associate Degree Nursing Students.
- Student Outcomes Assessment Comparison of Physiological Integrity and Physiological Needs Outcomes from Three Different Anatomy and Physiology Courses (funded).
- Effectiveness of the ISU School of Nursing Distance Education Program After One Year: Student and Faculty Feedback.
- Use of Complementary/Alternative Medicine In Sample of Midwestern Women With Breast Cancer - Student Project, Committee Chair.
- Effect of HRT therapy on Bone Mineral Density in a sample of glucocorticoid dependent women - Student Project, Committee Member.

- 1998
  - Effect of Depression on Immune Function and Health Outcomes in a Community Sample of Women (Co-PI funded).
  - Effect of Relaxation Therapy on Immune Function and Health Outcomes in Women with Breast Cancer (Co-PI, funded).
- 1997
  - Effect of Massage on Stress and Natural Killer Cell Cytotoxicity (Co-PI).
- 1996
  - Effect of Laughter on Stress and Natural Killer Cell Cytotoxicity (funded, Dissertation)
- 1995
  - Reliability of the Standard Natural Killer Cell Chromium Release Assay Compared to Frozen Target Assay in the Healthy Population (funded).
  - Cancer Patients interest in and Use of Alternative Interventions as Adjunct Therapy to Relieve Cancer Symptoms (published).
  - Development and Testing of the Complementary Therapy Rating Scale (published).
- 1994
  - The Effect of Exposure to a Humorous Video and Sense of Humor on Natural Killer Cell Activity, Stress and Anger- A Pilot Study
  - Test-Retest reliability of the Standard Natural Killer Cell Chromium Release Assay in the Normal Population (funded).
- 1993
  - Day to Day Variability in the Standard Natural Killer Cell Chromium Release Assay in the Healthy Population (directed study, Rush department of immuno-microbiology).
- 1990
  - Nursing Care of the DNR Patient: A Comparison of the Behavioral Intentions of Nurses Working in ICU and Oncology units in the Rural Midwest for Older Patients and those with DNR orders (Master's Culminating Project).

#### **RESEARCH PUBLICATIONS** (reverse chronological order)

- Howk, C., and Bennett, M. Immune function and health outcomes in women with depression. (2009). *Journal of Biological Research for Nursing* (in process).
- Lengacher, C., Bennett, M., Choe, R., Gonzalez, L., Jacobsen, P., Gilvary, D., Cox, C, Yang, C., Molinari, M. & Djeu, J. (2008). Distress, control, health behaviors and immune responses to relaxation-guided imagery in breast cancer patients. *Brain Behavior and Immunity* 22 (4) S-17.
- Lengacher, C., Bennett, M., Gilvary, D., Gonzalez, L., Cox, C., C. Yang, & Djeu, J. (2008). Symptoms, Control and Immune Responses to Relaxation-Guided Imagery in Breast Cancer Patients. *Journal of Biological Research for Nursing* 9 (3) 205-214.
- Bennett, M. and Lengacher, C. (2007). Humor and Laughter may influence Health: IV. Humor and Immune Function. *Evidence-based Complementary and Alternative Medicine* 4 (3) 1-6.
- Bennett, M. and Lengacher, C. (2007). Humor and Laughter may influence Health: III Laughter and Health Outcomes. *Evidence-based Complementary and Alternative Medicine* 4 (2) 1-4.
- Bennett, M. and Lengacher, C. (2006). Humor and Laughter may influence Health: II Complementary Therapies and Humor in a Clinical Population. *Evidence-based Complementary and Alternative Medicine* 3(2), 187-190.



- Bennett, M. and Lengacher, C. (2006). Humor and Laughter may influence Health: I History and Background. *Evidenced Based Complementary and Alternative Medicine*, 3, 61-63.
- Lengacher, C., Bennett, M., Gilvary, D., Gonzalez, L., Cantor, A., Cox, C., Charter, B., C., Yang, & Djeu, J. (2006). The Effects of Relaxation-Guided Imagery on the Immune System in Breast Cancer Patients. *Psycho-Oncology* 15 (Supp.1) S72.
- Lengacher, C., Bennett, M., Kip, K., Keller, R., Gonzalez, L., & Cox, C. (2006). Relief of symptom/side effects, and psychological distress through complementary/alternative medicine use In women with breast cancer. *Oncology Nursing Forum*. 33 (1) 97-104.
- Lengacher, C., Bennett, M., Kipp, K., Berarducci, A., & Cox, C. (2003). Design and testing of the use of a complementary and alternative therapies survey in women with breast cancer. *Oncology Nursing Forum*, 30(5), 811-821.
- Bennett, M., Zeller, J., Rosenberg, L., & McCann, J. (2003). The effect of mirthful laughter on stress and natural killer cell activity. *Alternative Therapies in Health and Medicine* 9(2), 38-43.
- Lengacher, C., Bennett, M., Kip, K., Keller, R., LaVance, M., Smith, L., Cox, C., Cantor, A., Shons, A., Jacobsen, P., Reintgen, D. (2002). Frequency of use of complementary/alternative medicine in women with breast cancer. *Oncology Nursing Forum* 29 (10), 1445-1452
- Lengacher, C., Gonzalez, L., & Bennett, M. (2002). The effects of relaxation-guided imagery on psychological variables, natural killer cell, and cytokine (IL-2) induced NK activity in breast cancer patients. *Brain, Behavior and Immunity*, 16(2), 198 #A84.
- Lengacher, C., Gonzales, L., Giuliano, R., Bennett, M., Cox, C., Reintgen, D. (2001). The Process of Clinical Trials: A Model for Successful Clinical Trial Participation. *Oncology Nursing Forum* 28(7), 1115-1120.
- Bennett, M., Fletcher, S., Barnhart, D., Hudgins, J., Sims, R. (2000). The effects of a back massage on stress, blood pressure, and natural killer cell activity – Pilot study. *Brain, Behavior and Immunity*, 14(2), 81.
- Bennett, M. & Lengacher, C. (1999). Use of complementary therapies in a rural cancer population. *Oncology Nursing Forum*, 26(8), 1287-1294.
- Bennett, M. & Lengacher, C. (1998). Design and testing of the Complementary Therapy Rating Scale. *Alternative Health Care Practitioner*, 4(3), 179-198.
- Lengacher, C., Bennett, M., Gonzales, L., Cox, C., Shons, A., Reington, D., Cantor, A., & Djeu, J. (1998). Psychoneuroimmunology and immune system link for stress, depression, health behaviors, and breast cancer. *Alternative Health Care Practitioner*, 4(2), 95-108.
- Bennett, M. (1997). The effect of mirthful laughter on stress and natural killer cell cytotoxicity. *Dissertation Abstracts International - B*, 58 (07), 3353. (University Microfilms No. AAC-9802253)

#### **OTHER PUBLICATIONS** (reverse chronological order)

Bennett, M. (In Press) Evidenced Based Practice: Use of Humor as a Nursing Intervention. In *A Clinical Guide to Evidence-based Practice in Nursing*. Mosby/Elsevier.

- Bennett, M. (2003). [Review of the book: Telecommunications for Nursing: Providing Successful Distance Education and Telehealth, 2nd Edition] Doody's Health Sciences Book Review Home Page.: Doody Publishing, Inc.
- Bennett, M. (2002). [Review of the book: Body Fluids and Electrolytes: A Programmed Presentation, 8th edition] Doody's Health Sciences Book Review Home Page.: Doody Publishing, Inc.
- Bennett, M. (2001). [Review of the CD Tutorial: Preceptor: A Nurse's Guide to Mentoring] Doody's Health Sciences Book Review Home Page.: Doody Publishing, Inc.
- Bennett, M. (2001) [Review of the book: Handbook of Pathophysiology] Doody's Health Sciences Book Review Home Page.: Doody Publishing, Inc.
- Bennett, M. (2001). [Review of the book: Distance Education in Nursing] Doody's Health Sciences Book Review Home Page.: Doody Publishing, Inc.
- Bennett, M. (2000). How I ended up with more web pages than I know what to do with. In *Sketches of Innovators in Education*. (2nd ed., pp. 37-38). Terre Haute, IN: Indiana State University Press.
- Bennett, M. (2000). [Review of the book: Pathophysiology: Biological and Behavioral Perspectives 2nd edition] Doody's Health Sciences Book Review Home Page. Available: <http://www.doody.com> Oak Park, IL: Doody Publishing, Inc.
- Bennett, M. (1998). Use of humor as a complementary therapy. In C. Clark (Ed.), *Encyclopedia of Complementary Health Practices*. New York: Springer Publishing Company.

## **PRESENTATIONS**

### **Research Focused Presentations**

#### **Aggressiveness of Nursing Care Intentions for the End of Life Client: A 20 year Follow Up Study.**

- M. Bennett. Accepted for presentation at Sigma Theta Tau International Research Congress, Cancun Mexico, July 2009.

#### **Symptoms, Control and Immune Responses to Relaxation-Guided Imagery in Breast Cancer Patients.**

- M. Bennett. Kappa Theta Chapter of Sigma Theta Tau International. Nursing Research Day, Bowling Green KY. Nov 8, 2007.
- C. Lengacher, M. Bennett, L. Gonzalez, C. Cox, MD, A. Cantor, J. Djeu, Y. Yang. Congress of Advanced Nursing Science (CANS) State of the Science Conference. Washington DC. Oct 12-14<sup>th</sup> 2006.

#### **The Effects of Relaxation-Guided Imagery on the Immune System in Breast Cancer Patients.**

- C. Lengacher, M. Bennett, L. Gonzalez, C. Cox, MD, A. Cantor, J. Djeu, B Carter, H. Buck, C. Y. Yang. American Psychosocial Oncology Society (APOS) 3<sup>rd</sup> Annual Conference. Amelia Island, FL. Feb 16-19, 2006.

#### **The Effects of Relaxation Guided Imagery on Natural Killer Cell (NK) and Cytokine (IL-2) Induced NK Cytotoxicity in Breast Cancer Patients.**

- 28th Annual San Antonio Breast Cancer Symposium. San Antonio, Texas. C. Lengacher, M. Bennett, L. Gonzalez, C. Cox, MD, A. Cantor, J. Djeu, B Carter, H. Buck, C. Y. Yang. Oct. 2005.

#### **Effect of Stress on Immune Function: Review of Research conducted at ISU College of Nursing.**

- Indiana State University Department of Social Work and Hamilton Mental Health Center. Invited Speaker, annual Spring Mental Health Research Conference. Terre Haute, IN. 3/14/05.

#### **Program of Research Overview: Use and Effectiveness of Complementary Therapies in Persons with Cancer.**

- Lambda Sigma chapter of Sigma Theta Tau International. Invited Speaker, Lambda Sigma annual research conference. Terre Haute, IN. 3/29/03.

#### **Use of Therapeutic Nursing Interventions to Reduce the Effects of Stress on Health and Health Related Outcomes: Overview of Program of Research.**

- South Carelia Polytechnic, Lappeenranta, Finland. November 22, 2002. Presentation to nursing community and hospital group.
- South Carelia Polytechnic, Lappeenranta, Finland. November 22, 2002. Presentation to nursing faculty.
- South Carelia Polytechnic, Lappeenranta, Finland. November 20, 2002. Presentation to community and student group.

#### **The Effects of Relaxation-Guided Imagery on Psychological Variables, Natural Killer Cell, and Cytokine (IL-2) Induced NK Activity in Breast Cancer Patients.**

- PsychoNeuroImmunology Research Society International Annual Meeting. Madison, WI. May 8-11, 2002.

#### **Frequency Of Use Of Complementary/Alternative Medicine (CAM) In Women With Breast Cancer – Co PI, Primary Presenter.**

- Sigma Theta Tau International Scientific Sessions. Indianapolis, IN. November 12, 2001.

#### **Effect of Depression on Immune Function and Health Outcomes in a Community Sample of Women – Co PI.**

- Sigma Theta Tau International Scientific Sessions. Indianapolis, IN. November 12, 2001.

#### **The Effects of a Back Massage on Stress, Blood Pressure, and Natural Killer Cell Activity.**

- Sigma Theta Tau International Scientific Sessions. Indianapolis, IN. November 12, 2001.
- PsychoNeuroImmunology Research Society International Annual Meeting. Cape Fear, NC. 5/20/2000.

#### **Use of Complementary Therapies in a Rural Cancer Population**

- Midwest Nursing Research Society (MNRS) Dearborn, MI. 4/3/2000

#### **Effect of Laughter on Stress and Immune Function**

- Invited Speaker and Panel Discussion. Association for Applied and Therapeutic Humor, 2002 Conference -- Baltimore, Maryland. 2/1/02-2/03/02.
- International Society for Humor Studies, International Humor Conference. Holy Names College, Oakland California. June 29-July 3, 1999.
- Lambda Sigma Chapter of Sigma Theta Tau International - Research Day. 10/30/98
- Midwestern Nursing Research Society Annual Meeting. Columbus OH. March 30, 1998
- Sigma Theta Tau International - Scientific sessions. Poster Presentation – 12/4/97
- University of Chicago Hospitals Annual Nursing Research Symposium, "Alternative Health Care Therapies: Nursing's Role". Chicago IL. November 21, 1997
- Dissertation Defense - Rush-Presbyterian-St. Luke's. Chicago IL. 8/14/97
- Annual meeting of the PsychoNeuroImmunology Research Society. Bolder Colorado (International Meeting). June 1997

**Natural Killer Cell and Cytokine (IL-2) Induced Reactivity in Breast Cancer Patients Receiving Guided Imagery.**

- Health Sciences Center Research Day, Tampa Florida. February 12, 1998. Co-PI on study.

**The Effect of Exposure to a Humorous Video and Sense of Humor on Natural Killer Cell Activity, Stress and Anger- A Pilot Study.**

- Re-New Your Immune Function with Mirthful Laughter and a Sense of Humor: Report of Recent Research. Ball State University Humor Conference. Muncie IN, October 15, 1996
- Oncology Symptom Management Conference. University of South Florida. Tampa Florida 3/1995 .

**Cancer Patients Interest in and Use of Complementary Interventions as Adjunct Therapy to Relieve Cancer Symptoms.**

- RUSH Medical Center. Chicago Illinois. September 12, 1995
- Lambda Sigma Research Day. Indiana State University, Terre Haute Indiana. 9/28/95.

**Reliability of the Standard Natural Killer Cell Chromium Release Assay Compared to Frozen Target Assay in the Healthy Population .**

- RUSH Medical Center. Chicago Illinois. September 12, 1995
- Lambda Sigma Research Day. Indiana State University, Terre Haute, IN 9/29/95

**Teaching with Technology Focused Presentations**

**Using the Internet to teach integrated on campus and distance education nursing classes.**

- South Carelia Polytechnic, Lappeenranta, Finland. November 21, 2002.
- Presentation and workshops for nursing faculty from the National Medical Center College of Nursing, Seoul, Korea. Feb 10-13, 2003.

**Teaching Nursing Research Online: How I ended up with more webpages than I know what to do with.**

- National League for Nursing Education Summit 2000. Nashville, TN. September 15, 2000.
- Lambda Sigma Chapter of Sigma Theta Tau 12<sup>th</sup> Annual Research Day. Terre Haute IN. September 8<sup>th</sup>, 2000

**Use of a Web Page to Enhance Teaching, Service and Scholarship**

- Indiana State University, WinterFest 99 Fostering Communities of Learning: Pedagogy in Practice. Terre Haute IN. January 28-30, 1999

**Teaching with Technology**

- Indiana State University Winter Fest '97 - A Tradition of Teaching. Terre Haute IN. January 29, 1997

**Evaluation Focused Presentations**

**Preliminary Outcomes and from the Chronic Disease Management Program, Midwest Center for Rural Health**

- Indiana Rural Health Association and Indiana Primary Health Care Association Rural Health Conference. Columbus, IN June 23, 2003 – Co Presenter with Marcia Miller MS, RN.

**Assessment Plan for the Chronic Disease Management Program, Midwest Center for Rural Health**

- Indiana Rural Health Association and Indiana Primary Health Care Association Rural Health Conference. Columbus, IN September 27, 2002. – Co Presenter with Marcia Miller MS, RN.

**Program Assessment: More Than Student Outcomes Assessment and Always a Work in Progress**

- Indiana State University WinterFest Conference on College Teaching 2002: Linking Pieces of the Learning Puzzle. – Co-presenter with Betsy Frank, RN, PhD

**ACTIVITIES TO MAINTAIN EXPERTISE: CONTINUING EDUCATION**

**Research Focused**

<b>Activity</b>	<b>CE Hours</b>
Use of Herbal Products, Nutritional Supplements and Reiki Health: From Home to Healthcare. Kappa Theta Chapter of Sigma Theta Tau International. Bowling Green, KY. 4/6/2009	1.5
10 <sup>th</sup> Nursing Research Day. Kappa Theta Chapter of Sigma Theta Tau International. Bowling Green, KY. Nov 8, 2007	3.3
Informed Consent. Columbia University College of Physicians and Surgeons. Feb 27, 2006 Category 1 AMA Credit	3
UNC Grant Writing Institute. June 19-23 2006 University of North Carolina at Chapel Hill, School of Nursing.	20
Lambda Sigma chapter of Sigma Theta Tau International Annual Research Conference. Terre Haute, IN. 3/29/03.	6
PsychoNeuroImmunology Research Society International Annual Meeting. Madison, WI. May 8-11, 2002.	20
Stress and Health Care Workers. Union Hospital. Terre Haute, IN. – Presenter. April 4, 2002	3
Association for Applied and Therapeutic Humor, 2002 Conference -- Baltimore, Maryland. – Presenter and Panelist. 2/1/02-2/03/02.	15
Sigma Theta Tau International Scientific Sessions. Indianapolis, IN. – presenter. November 12, 2001.	6
Midwest Nursing Research Society 25 <sup>th</sup> Annual Research Conference. Cleveland, OH, March 2-5, 2001.	15
Lambda Sigma Chapter of Sigma Theta Tau 12 <sup>th</sup> Annual Research Day. Terre Haute IN. September 8 <sup>th</sup> , 2000	6
UAB Summer Research Institute: Physiological Workshops – Presenter. Birmingham, AL. June 5-7, 2000.	12
PsychoNeuroImmunology Research Society International Annual Meeting. Cape Fear, NC. May 16-20, 2000.	20
Midwest Nursing Research Society 24 <sup>th</sup> Annual Research Conference. Millennium Milestones: Looking back, moving forward - presenter. Dearborn, MI March 31-April 3, 2000.	15
Lambda Sigma Chapter of Sigma Theta Tau 11 <sup>th</sup> Annual Nursing Research Conference. Terre Haute IN. October 30, 1999	6
International Society for Humor Studies (ISHS) Humor Conference. Holy Names College, Oakland California. Paper Presentation. June 29-July 3, 1999	20
Lambda Sigma Chapter of Sigma Theta Tau 10 <sup>th</sup> Annual Nursing Research Conference. Terre Haute IN. October 30, 1998	6
The Immune System: Minding the Body and Embodying the Mind. Terre Haute IN. April 30, 1998	4
Midwestern Nursing Research Society 22 <sup>nd</sup> Annual Research Conference: Advancing the Research Enterprise in Nursing. - presenter -Columbus OH. March 29-31 1998	15
Sigma Theta Tau International Annual Scientific Sessions. - presenter- Indianapolis IN. December 4-5 1997	12
Alternative Health Care Therapies: Nursing's Role: University of Chicago Hospitals - presenter, November 1997	6
Nurse Scientist Trainee Workshop, National Institute of Nursing Research. Bethesda MD. July 1997	20
Annual Meeting of the Psychoneuroimmunology Research Society: Research Perspectives in PsychoNeuroImmunology - poster presentation- June 1997	20
Learn to Laugh: Reframe your Stressors- Humor Conference - presenter -Ball State, Muncie IN Oct 15 1996.	6

Alternative Medicine Conference - San Diego CA. January 1996	30
Midwest Conference on Health Psychology- presenter -Indiana State University, Terre Haute IN October 1, 1994	6

**Teaching Focused**

<b>Activity</b>	<b>CE Hours</b>
Kentucky Nurse Educator Conference: Making the Difference. May 16, 2008. Bowling Green, KY.	7.9
The Nurse Practitioner- From Inspiration to Innovation: A conversation with Loretta Ford. ISU CE Program. Terre Haute, IN. May 5, 2007	1.3
Your Practice Based on Evidence: Essential Skills and Competencies. University of Maryland School of Nursing. 12.3 CNE Contact Hours. Baltimore MD April, 6-7 <sup>th</sup> 2006.	12.3
Use of Macromedia Breeze technology for online powerpoint with audio presentations. Indiana State University, Terre Haute, IN. Jan 20, 27 <sup>th</sup> , 2005.	
Maintaining Excellence for the NCLEX-RN and NCLEX-PN: Focus: Alternate Item Formats and Passing Standards. Continuing Nursing Education Program, ISU. LCHE, Terre Haute, IN. November 5, 2004.	
Winterfest 2003: Teaching Conference. Indiana State University Terre Haute IN. Feb 11, 2003.	
National League for Nursing Education Summit 2000. Nashville, TN. September 13-16, 2000.	
CTA Update ISU Center for teaching and learning. Terre Haute, IN. June 21-22, 2000.	
Partner to Partner ISU, Ivy Tech, Vincennes University. Terre Haute, IN. Feb 18, 2000	
Winterfest 2000: Teaching Conference. Indiana State University Terre Haute IN. January 26-28, 2000.	
CompuMaster Conference on Web Site Development and Design. Indianapolis IN. January 20, 2000.	
Winterfest '99: Teaching Conference. Indiana State University. Terre Haute IN. January 29, 1999	
Winterfest '99: Teaching Conference. Indiana State University. Terre Haute IN. January 29, 1999	
Course Info 2.0 Update. ISU Center for Teaching and Learning 1999	
Course Transformation Academy. ISU Center for Teaching and Learning 1998	

**Assessment/Evaluation Focused**

<b>Activity</b>	<b>CE Hours</b>
Chronic Care Model and the Future Direction of Healthcare Delivery Systems. State Health Commissioner, Dr. Gregory Wilson. Landsbaum Center for Health Education. Terre Haute, IN. 4/29/2004.	
Indiana Chronic Disease Management Program Collaborative Learning 6/27/03. IUPUI School of Medicine, Indianapolis IN.	
Finding Information in an Access Database. ISU Information Technology Shortcourse. 11/25/02.	
Chronic Disease Management and Patient Outcomes. Columbus, IN. September 27, 2002.	
Consortium for Assessment & Planning Support (CAPS): Conference at the Crossroads. April 29-May 1, 2000	
Indiana State Second Annual Assessment Conference. August 19-20, 1999	
Indiana State University Conference for External Stakeholders. August 17, 1999	
Using Electronic Portfolios to Assess Student Learning Indiana State University, Terre Haute, IN. (4.2 CEU's). 8/21/98.	4.2
Assessment Conference - Technology: Best new hope for assessment? - Indianapolis IN November 10-12 1996	

### **Administration Focused**

<b>Activity</b>	<b>CE Hours</b>
Leveraging Resources through powerful leadership communication. AACN Executive Development Series. Washington DC March 12-14, 2009.	9.0
AACN 2009 Spring Semiannual Deans and Directors Meeting Washington DC. March 14-17, 2009	9.75
Kentucky Nurses Association. ANCC Magnet Designation: What is it. Commonwealth Health Corporation, Bowling Green KY Feb 17, 2009	1.0
AACN Doctoral Education Conference. Health Systems Transformation and Doctoral Education in Nursing: A New Era. American Association of Nursing. San Diego CA Jan 21-24, 2009	13.5
Kentucky Engagement Conference. Facilitating and Rewarding University-Community Engagement in Teaching, Research and Service. University of Kentucky, Radisson Plaza Lexington KY Nov 19, 2008	6
Nurse Executive and Academic Leaders as Healthcare Diplomats: Creating a Safe Work Culture. Center for Nursing Leadership, College of Nursing, University of South Carolina. Hilton Head, SC. Nov 12-14. 2008	13
AACN 2008 Fall Semiannual Deans and Directors Meeting Washington DC. Oct 18-20, 2008	10
Workplace Practices, South Central Kentucky AHEC, Bowling Green, KY	6.9
Education Regulations: Faculty Essentials – Kentucky Board of Nursing, Louisville, KY Sept 12, 2008	6.0
Management Development Program, Harvard Institutes for Higher Education. Boston, MA June 14-26, 2008	60
AACN 2008 Spring Annual Meeting Deans and Directors Meeting Washington DC. March 29-April 1 2008.	11.25
AACN Nursing Advancement professionals Conference. Washington DC. March 28, 2008	6
AACN 2007 Fall Semiannual Deans and Directors Meeting Washington DC. Oct 27-30, 2007	10
Making Nursing Education the Public Agenda: SREB Council on Collegiate Education for Nursing. Atlanta GA. Oct 7-9, 2007	13.2
Kentucky Association of BS and Higher Programs; Deans and Directors Meeting. Louisville Kentucky. Sept 11, 2007	
The First National Conference on the Doctor of Nursing Practice: Means and Models. Drexel University. Annapolis MD. March 28-30 <sup>th</sup> 2007.	13
University of Miami Online Human Subjects Training Modules. Requirement of ISU Office of Sponsored Programs. Refresher Course Sept 2006.	
National Organization of Nurse Practitioner Faculties (NONPF) 32 <sup>nd</sup> Annual Meeting: Dimensions of the NP kaleidoscope: Education, Practice, Research & Advocacy. 15 Contact hours. Orlando Florida. April 20-23, 2006.	15
First National Conference on Accelerated Baccalaureate Nursing Education. Drexel University College of Nursing. Philadelphia, PA. April 12-14 <sup>th</sup> , 2006.	12
American Academy of Colleges of Nursing: Dean's Leadership Meeting. Taking the Helm of Nursing Education: Navigating in Uncertain Waters. 10 Contact hours. Washington DC, Oct 22-25, 2005.	10
US Army Cadet Command ROTC Nurse Educators Leadership Development and Assessment Course. Fort Lewis, WA. July 20-23 2004.	
Emergency Management/Homeland Security: Indiana's Higher Education Initiative. Indianapolis, IN June 26, 2004.	
Cognos: Using Data Cubes and Managed Reports. ISU Institutional Informational Technology Training. 5/17/04	
Sexual Harassment Training for University Supervisors. ISU November 2003.	
University of Miami Online Human Subjects Training Modules. Requirement of ISU Office of Sponsored Programs. Completed Modules 1-5 & 7 June 3, 2003.	
Indiana Rural Health Public Policy Forum. Indiana Rural Health Association. Indianapolis, IN 2/21/2003.	
Understanding the ISU Web Style Guide. Workshop: Step One for department and school	



web administrators. ISU Information Technology Department. Terre Haute, IN. July 2, 2002.	
Microsoft Project 2000. Project and Resource Management/Tracking Software. ISU Information Technology Department. Terre Haute, IN. July 2-3, 2001.	
CompuMaster: Access Database Development and Administration. Champaign-Urbana IL. Feb 6-7, 2001.	
Indiana Network for Women Leaders Annual Conference: Advocacy, Activism, and Public Policy. Indianapolis, IN. June 8, 2001.	
Alternate Visions: Prospects for the Bricks-and-Mortar Institution in a Virtual Age. Indiana Partnership for Statewide Education. Indianapolis, IN. April 3, 2001.	
Excel Workshop: working with large worksheets. Indiana State University Information Technology lab. March 12, 2001.	
Indiana Network for Women Leaders Annual Conference: Developing and Enhancing Effective Leadership. Indianapolis, IN. June 23, 2000.	
NIH Regional Seminar in Program Funding and Grants Administration. Kansas City, MO. June 1-2, 2000 Carrying It On: Mentoring Multiple Roles and Expanding Networks. ISU Women in Higher Education, Terre Haute IN, April 14, 2000	12
Soaring to New Horizons in Health Care. ISU Continuing Education Program 6.6 hours. Terre Haute IN, March 29, 2000.	6.6
Nurses as the Competitive Advantage in Managed Care: Dynamic Solutions. ISU Continuing Education Program, 7.5 hours. Terre Haute IN. October 2, 1998	7.5
Stress and the Working Woman, Nurses' Day, Terre Haute, IN, May 5, 1993	

### **Clinically Focused**

<b>Activity</b>	<b>CE Hours</b>
Changing the paradigm of the treatment of RA TNF antagonists and other DMARDS CHC Education and Development program. KBN approved CE provider April 29 2009	1.0
Safety of Long-term Oral Antibiotics in the Treatment of Acne ANCC approved pharmacy hours 1/1/09	0.5
Drug Mix-Ups Threaten Patient Safety ANCC approved pharmacy hours 1/2/09	1.0
Turning Adverse Drug Events Into Better Patient Care ANCC approved pharmacy hours 1/2/09	1.0
Not So Uncomplicated: Issues in the Treatment of Impetigo in the Age of Antibacterial Resistance Medscape ANCC approved pharmacy hours Oct 10, 2008	1.0
New Approaches to Managing Dyslipidemia- Risk Reduction Beyond LDL-C Medscape ANCC approved pharmacy hours Sept 17, 2008	1.0
Mixed Dyslipidemia: Safety Considerations for Combination Therapy Medscape ANCC approved pharmacy hours Sept 17, 2008	1.5
Hypertension Treatment using a Next Generation Beta Blocker: Kentucky Coalition of Nurse Practitioners and Nurse Midwives. Bowling Green KY, Jul, 8 2008	1.0
The Skinny on Weight Loss Supplements: Fact or Fantasy? Medscape ANCC approved pharmacy hours May 21, 2008	1.0
HPV Vaccines: Beyond Expectations. Medscape ANCC approved pharmacy hours. 1/3/2008.	0.5
Rationale and strategies for the Initiation of Intensive Insulin Therapy (0.5 pharm). Kentucky Coalition of Nurse Practitioners and Nurse Midwives. Bowling Green KY, Nov 13, 2007	1.0
Accuracy of Portable Lipid Analyzers: A Research Study. Greenview Regional Hospital. Sept 25, 2007.	1.0
Methamphetamines Impacting Health Care Kentucky Nurses Association 2007 Education Summit, Bowling Green, KY, Sept 21, 2007	6.1
Chest: Lung Transplants Harm Majority in Pediatric CF Nov 14, 2006	0.5
Chest: Idiopathic Pulmonary Fibrosis Responds to Tracleer Nov 14, 2006	0.5
Chest: Toy Vampire's Tooth Keeps Pulmonologists in the Dark. Nov 14, 2006	0.5
Chest: Early PAH Patients Gain Walking distances with investigational drug. Nov 14, 2006	0.5
Chest: Cutting Drug Dose by Enhancing Nebulizers in COPD. Online Medpage Today. Nov	0.5

14, 2006	
Scope of Practice. Columbia University College of Physicians and Surgeons. Aug 25, 2006. Category 1 AMA Credit	3
Accepting Patients. Columbia University College of Physicians and Surgeons. Aug 25, 2006. Category 1 AMA Credit	3
Toxicodendron Dermatitis: Identification, immunologic mechanisms, diagnosis and treatment. Professional Education Services Group. ANCC and AANP 7/29/2006	2.4
Standards of Care. Columbia University College of Physicians and Surgeons. Feb 27, 2006. Category 1 AMA Credit	3
Provider Interaction. Columbia University College of Physicians and Surgeons. Feb 27, 2006. Category 1 AMA Credit	3
Records and Disclosures. Columbia University College of Physicians and Surgeons. Feb 27, 2006. Category 1 AMA Credit	3
Primary Medicine Conference. Chicago IL. June 14-18 2006	
• Pre-Conference Day Symposia Track2 - 9 contact hours, (includes 4.8 hours of pharmacology). AANP provider.	9
• Current Clinical Issues in Primary Care	15
• Optimizing your thyroid disease management. June 15 <sup>th</sup> , AMA Category 1 credits.	1.5
• Road map to improving blood pressure control AMA Category 1 credits	1.5
Society of Advanced Practice Nurses Continuing Education Programs Jan-Dec 2005. Contact hours awarded by the ISU continuing nursing education program. Accredited by the American Nurses Credentialing Center's Commission on Accreditation.	13
Primary Medicine Conference. Chicago IL. June 16-19 2005.	
➤ Vertebral compression fractures: Consequences, diagnosis and management. 1.5 category 1 credits. Rosalind Franklin University of Medicine and Science.	1.5
➤ Impacting your needs in the management of acid-related disorders. 1.5 Category 1 AMA credits. Rush University Medical Center.	1
➤ Current Clinical Issues in Primary Care. 17.4 Contact Hours. From Harvard Pilgrim health Care.	17.4
➤ TZD's in the Treatment of Type 2 Diabetes: New Evidence for Better Outcomes with Early Combination Therapy. 2.5 AMA credits.	2.5
➤ Improving Outcomes for Patients with Chronic Pain. 1.5 AMA credits.	1.5
➤ The Primary Care Physician's Guide to Managing the Cardiovascular Puzzle in Patients with Metabolic Syndrome. 2.0 AMA credits.	2.0
➤ Searching for Optimal Glucose Control: Advances in Basal-Bolus Insulin Therapy Pri-Med Midwest, Rosemont, IL June 16, 2005. 1.5 hours of Cat. 1 CME credit.	1.5
➤ Comorbid Anxiety and Depression in Primary Care. June 17, 2005. 1.5 CME	1.5
Pharmacology Update. Landsbaum Center for Health Education. ISU Continuing Education Program. Terre Haute, IN. March 4, 2005. 8.5 Contact Hours.	8.5
Family Nurse Practitioner Review Course. Landsbaum Center for Health Education. ISU Continuing Education Program. Terre Haute, IN. January 28-30, 2005. 21.6 contact hours of continuing education (includes 6.3 pharmacology hours) CE by AANP.	21.6
Terrorism: Emergency Preparedness for Healthcare Providers. Landsbaum Center for Health Education. Terre Haute, IN. September 10, 2004. 8.4 Contact Hours.	8.4
Primary Medicine Conference. Chicago IL. June 16-19 2004.	
➤ Bipolar Disorder in Primary Care 1.75 CEU	1.5
➤ Intermittent Claudication 1.5 CEU	1.5
➤ Dyslipidemia Management 2.0 CEU	2.0
➤ Current clinical issues in Primary Care 16.8 CEU	16.8
➤ Practice Solutions 10.5 CEU	10.5
➤ Chronic Kidney Disease in Hypertension and Diabetes 2.5 CEU	2.5
➤ The Expert Management of Musculoskeletal Pain. 1.5 CEU	1.5
Current Concepts in Hemodynamic Management in the Critically Ill Patient. Feb 7, 2004.	3

Cincinnati VA Hospital, in conjunction with the 914 <sup>th</sup> CSH, USAR. 3 CEU's.	
Army Medical Corps Officers Basic Training. September 14-26, 2003. Fort Sam Houston, San Antonio Tx.	
Trauma Nursing Core Course (Provider) Certification Program. Emergency Nurses Association. Good Samaritan Hospital May 22-23 2003. 19.1 CEU's. Expires May 2007.	19.1

### **Military Training**

<b>Activity</b>	<b>CE Hours</b>
Self-Aid and Buddy Care September 6, 2008 IN ANG HUF Terre Haute IN	
Base Emergency Preparedness Orientation Course. IN ANG. HUF Terre Haute, IN. May 4, 2008	
SERE 100 Level B Code of Conduct IN ANG. HUF Terre Haute, IN. May 27, 2008.	
Force Protection IN ANG. HUF Terre Haute, IN March 13 <sup>th</sup> 2008.	
DLI Iraqi Familiarization. IN ANG. HUF Terre Haute, IN. May 27, 2008	
Information Protection. Human Relations. IN ANG. HUF Terre Haute, IN. Feb 15, 2008	
Human Relations. IN ANG. HUF Terre Haute, IN. Nov 4, 2007	
US Army Officers Basic Training. Fort Sam Houston, San Antonio Texas	

