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Center for Mental Health Services Research  
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**Education:**

Ph.D. 1979 Human Development and Family Studies  
The Pennsylvania State University  
Minor: Biobehavioral Science, completed at  
The Milton S. Hershey Medical School

M.S. 1976 Human Development and Family Studies  
The Pennsylvania State University

A.B. 1973 Human Growth and Analysis (cum laude)  
Syracuse University

**Certification:** Licensed Psychologist Provider in Massachusetts - 1981

**Professional  
Affiliations:**

Fellow, American Psychological Association:  
Division of Children, Youth and Families  
US Psychiatric Rehabilitation Association  
American Public Health Association, Mental Health Section  
American Orthopsychiatric Association

**Honors:**

Distinguished Service Award, Children of Mentally Ill Consumers  
of Western Australia - 2010  
UMMS Women's Faculty Committee Community Service Award -  
2010  
Lilly Reintegration Award in Social Support (2<sup>nd</sup> place) - 2009  
Steven Banks Award for Outstanding Research Mentoring - 2008  
Mary Switzer Distinguished Research Fellow,  
National Institute on Disability and Rehabilitation Research -2008  
Armin Loeb Award for Career Contribution,  
U.S. Psychiatric Rehabilitation Association - 2006  
Distinguished Fellow, William T. Grant Foundation, 2005 - 2007  
Senior Fellow, University of Massachusetts Medical School Center  
for Adoption Research, 2005 – 2007  
National Institute on Disability and Rehabilitation Research –  
International Rehabilitation Research Travel Fellowship - 2002

National Institute on Disability and Rehabilitation Research -  
 “Success Story 2001” for the Parenting Options Project  
 Commonwealth of Massachusetts, State Senate Official Citation,  
 for Participation in Transitional Employment in 1999 – 2000  
 Massachusetts Clubhouse Coalition Employer of the Year - 1998  
 Massachusetts Department of Mental Health  
 Distinguished Service Award for Research - 1997  
 University of Massachusetts Medical Center  
 Public Service Award - 1993  
 National Institutes of Health Student Scientist - 1977  
 The Penn State University Graduate School Fellow - 1976  
 General Foods Fund Fellow - 1975  
 Omicron Nu National Honor Society  
 Syracuse University Honors Program

**Advanced Training:** The Kantor Family Institute, Cambridge, MA. (1981-1982)

**Professional Experience:**

2007 – present	Graduate Faculty Member, Clinical & Population Health Research Graduate School of Biomedical Sciences University of Massachusetts Medical School
2006 – present	Professor of Psychiatry and Family Medicine University of Massachusetts Medical School
2006	Acting Director, Center for Adoption Research University of Massachusetts Medical School
1999 – present	Research Psychologist Center for Mental Health Services Research, UMMS Associate Director (1999 – 2008) Member, Executive Committee (1999 – present) Chair, Hiring Committee (1999 – 2004) Co-Chair, Mentoring Committee (2003 – 2005) Director, Child and Family Core (1992 – present) Member, Newsletter Committee (2004 – 2006) Co-Chair, Faculty Search Committee (2007 – 2009)
2002 – 2005	Consulting Clinical Psychologist The Family Health Center, Inc. Worcester, Massachusetts
2000 – 2006	Associate Professor of Family Medicine and Community Health University of Massachusetts Medical School
1997 - 2006	Associate Professor of Psychiatry University of Massachusetts Medical School
1992 – 1999	Clinical Psychologist - Outpatient Psychiatry Department

- University of Massachusetts Medical Center
- 1987 - 1992      Clinical Psychologist and Director  
Family Center Project, Department of Psychiatry  
University of Massachusetts Medical Center
- 1985 - present      Private Practice of Clinical Psychology
- 1985 - 1997      Assistant Professor of Psychiatry  
University of Massachusetts Medical School
- 1984 - 1987      Clinical Psychologist and Coordinator,  
Sexual Abuse Treatment Program  
Family Center Project, Department of Psychiatry  
University of Massachusetts Medical Center
- 1982 - 1984      Clinical Psychologist and Program Director  
Comprehensive Family  
Youth Opportunities Upheld, Inc.  
Worcester, Massachusetts
- 1980 - 1982      Psychology Intern (APA-approved)  
Beaverbrook Guidance Center  
Waltham, Massachusetts
- 1977 - 1980      Psychologist and Student Scientist  
Child and Family Branch  
National Institute of Child Health and Human Development  
Bethesda, Maryland
- 1978 - 1979      Director, School Age Parents Program  
Eastern Panhandle Mental Health Center  
Martinsburg, West Virginia
- 1976 - 1977      Instructor, Family Functions  
Division of Individual and Family Studies  
The Pennsylvania State University  
University Park, Pennsylvania

**Publications:**

**Refereed Publications:**

Standley, K. & Nicholson, J. (1980) Observing the childbirth environment: A research perspective. Birth and the Family Journal, 7, 15-20.

Nicholson, J. & Gist, N.F. (1981) Psychological aspects of women and health: A bibliography. JSAS Catalog of Selected Documents in Psychology, 11, 26-27.

- Klein, R.P., Gist, N.F., Nicholson, J. & Standley, K. (1981) A study of father and nurse support during labor. Birth and the Family Journal, 8, 161-164.
- Nicholson, J., Gist, N.F., Klein, R.P. & Standley, K. (1983) Outcomes of father involvement in pregnancy and birth. Birth, 10, 5-9.
- Gist, N.F., Standley, K., Klein, R.P. & Nicholson, J. (1984) The impact of childbirth settings and maternal medication on infant behaviors. Infant Mental Health Journal, 5, 237-244.
- Nicholson, J., Geller, J.L., Fisher, W.H. & Dion, G.L. (1993) State policies and programs that address the needs of mentally ill mothers in the public sector. Hospital and Community Psychiatry, 44, 484-489.
- Nicholson, J., Geller, J.L., Fisher, W.H. & Dion, G.L. (1993) Helping mentally ill mothers (reply). Hospital and Community Psychiatry, 44, 1107.
- Nicholson, J. & Blanch, A. (1994) Rehabilitation for parenting roles in the seriously mentally ill. Psychosocial Rehabilitation Journal, 18, 109-119.
- Blanch, A., Nicholson, J. & Purcell, J. (1994) Parents with severe mental illness and their children: The need for human services integration. Journal of Mental Health Administration, 21, 388-396.
- Gamache, G., Tessler, R. & Nicholson, J. (1995) Childcare as a neglected dimension of family burden research. Research in Community and Mental Health, 8, 63-90.
- White, C., Nicholson, J., Fisher, W.H. & Geller, J.L. (1995) Mothers with severe mental illness caring for children. Journal of Nervous and Mental Diseases, 183, 398-403.
- Young, S., Nicholson, J. & Davis, M. (1995) An overview of issues in research on consumer satisfaction with child and adolescent mental health services. Journal of Child and Family Studies, 4, 219-238.
- Nicholson, J., Geller, J.L. & Fisher, W.H. (1996) "Sylvia Frumkin" has a baby: A case study for policymakers. Psychiatric Services, 47, 497-501.
- Nicholson, J., Dine-Young, S., Simon, L., Fisher, W.H. & Bateman, A. (1996) Impact of Medicaid managed care on child and adolescent emergency mental health screening in Massachusetts. Psychiatric Services, 47, 1344-1350.
- Nicholson, J., Sweeney, E. M. & Geller, J. L. (1998) Mothers with mental illness: I. The competing demands of parenting and living with mental illness. Psychiatric Services, 49, 635-642. Reprinted in Families and mental health treatment, Washington, D.C., American Psychiatric Association.
- Nicholson, J., Sweeney, E.M. & Geller, J. L. (1998) Mothers with mental illness: II. Family relationships and the context of parenting. Psychiatric Services, 49, 643-649.
- Nicholson, J., Young, S. D., Simon, L. J., Fisher, W. H. & Bateman, A. (1998) Privatized

Medicaid managed care in Massachusetts: Disposition in child and adolescent mental health emergencies. Journal of Behavioral Health Services & Research, 25, 279-292.

Nicholson, J., Nason, M.W., Calabresi, A.O. & Yando, R. (1999) Fathers with severe mental illness: Characteristics and comparisons. American Journal of Orthopsychiatry, 69, 134-141.

Nicholson, J. & Biebel, K. (2002) The tragedy of missed opportunities: What providers can do. Community Mental Health Journal, 38(2), 167-172.

Henry, A.D., Nicholson, J., Clayfield, J., Phillips, S. & Stier, L. (2002) Creating job opportunities for consumers at a university-based research center. Psychiatric Rehabilitation Journal, 26, 181-190.

Mowbray, C., Nicholson, J. & Bellamy, C. (2003) Psychosocial rehabilitation for women. Psychiatric Rehabilitation Journal, 27, 104-113.

Nicholson, J., & Henry, A.D. (2003) Achieving the goal of evidence-based psychiatric rehabilitation practices for mothers with mental illness. Psychiatric Rehabilitation Journal, 27, 122-130.

Nicholson, J., & Clayfield, J.C. (2004) Responding to depression in parents. Pediatric Nursing Journal, 30, 136-142.

Biebel, K., Nicholson, J., Williams, V. & Hinden, B.R. (2004) The responsiveness of state mental health authorities to parents with mental illness. Administration and Policy in Mental Health, 32, 31-48.

Nicholson, J. (2005) Use of child custody as leverage to improve treatment adherence. Psychiatric Services, 56, 357-358.

Henry, A.D., & Nicholson, J. (2005) Helping mothers with serious mental illness. Directions in Rehabilitation Counseling, 16, 19-32.

Nicholson, J. (2005) Treatment compliance and child custody (reply). Psychiatric Services, 56, 756-757.

Hinden, B., Biebel, K., Nicholson, J., & Mehnert, E. (2005) The Invisible Children's Project: Key ingredients in an intervention for parents with mental illness. Journal of Behavioral Health Services & Research, 32, 393-408.

Hinden, B., Biebel, K., Nicholson, J., Henry, A., & Katz-Leavy, J. (2006) A survey of programs for parents with mental illness and their families: Identifying common elements to build an evidence base. Journal of Behavioral Health Services & Research, 33(1), 21-38.

Nicholson, J., Finkelstein, N., Williams, V., Thom, J., Noether, C., & DeVilbiss, M. (2006) Motherhood and mother-child separations in women with co-occurring disorders and histories of violence. Journal of Behavioral Health Services & Research, 33, 225-243.

- Biebel, K., Nicholson, J., Geller, J., & Fisher, W. (2006) A national survey of State Mental Health Authority programs and policies for clients who are parents: A decade later. Psychiatric Quarterly, 77, 119-128.
- Nemens, K. & Nicholson, J. (2006) The clubhouse family legal support project for parents with mental illness. Psychiatric Services, 57, 720.
- Weinreb, L.F., Buckner, J., Williams, V., & Nicholson, J. (2006) A comparison of homeless mothers in Worcester, Massachusetts: 1993 vs. 2003. American Journal of Public Health, 96, 1444-1448.
- Monsalve, M.H., Nicholson, J., Mas, J., Rullas, M., Del Alamo, C. (2006) Parenting in women and men suffering schizophrenic disorders and other mental illness. Acta Psychiatrica Scandinavica, 114 Suppl., 431, 24.
- Weinreb, L.F., Nicholson, J., Williams, V., & Anthes, F. (2007) Integrating behavioral health services for homeless mothers and children in primary care. American Journal of Orthopsychiatry, 77, 142-152.
- Nicholson, J., Hinden, B., Biebel, K., Henry, A.D., & Katz-Leavy, J. (2007) A qualitative study of programs for parents with serious mental illness and their children: Building practice-based evidence. Journal of Behavioral Health Services & Research, 34, 395-413.
- Hinden, B., Wolf, T., Biebel, K., & Nicholson, J. (2009) Supporting clubhouse members in their role as parents: Necessary conditions for policy and practice initiatives. Psychiatric Rehabilitation Journal, 33, 98-105.
- Nicholson, J. & Deveney, W. (2009) Why not support(ed) parenting? Psychiatric Rehabilitation Journal, 33, 79-82.
- Nicholson, J., Albert, K., Gershenson, B., Williams, V., & Biebel, K. (2009) A developmental, mixed methods pilot study of family options for parents with mental illnesses. Psychiatric Rehabilitation Journal, 33, 106-114.
- Nicholson, J. (2009) Building the evidence base for families living with parental mental illness. Australia e-Journal for the Advancement of Mental Health, 8 (3).  
[www.auseinet.com/journal/vol8iss3/nicholsoneditorial.pdf](http://www.auseinet.com/journal/vol8iss3/nicholsoneditorial.pdf).
- Nicholson, J., & Rotondi, A. J. (2010) The Internet, health promotion, and community participation. Psychiatric Services, 61 (1), 96-97.
- Biebel, K., Woolsey, K., & Nicholson, J. (submitted) Creating the capacity to implement an intervention for parents with mental illness.

**Monographs and Manuals:**

- Nicholson, J. (Ed.) (1983) Maternal-child health care for the young and the poor: A review of problems, programs, and possibilities for the '80s. Minneapolis: International Childbirth Education Association.

Nicholson, J. & Robinson, G. (1996) A guide for evaluating consumer satisfaction with child and adolescent mental health services. Boston, Massachusetts: The Technical Assistance Center for the Evaluation of Children's Mental Health Systems, Judge Baker Children's Center.

Nicholson, J., Biebel, K., Hinden, B., Henry, A. & Stier, L. (2001) Critical issues for parents with mental illness and their families. Rockville, MD: Center for Mental Health Services/Substance Abuse and Mental Health Services Administration. (<http://www.mentalhealth.org/publications/allpubs/KEN-01-0109/default.asp>)

Hinden, B., Biebel, K., Nicholson, J., Henry, A., & Stier, L. (2002) Steps toward evidence-based practices for parents with mental illness and their families. Rockville, MD: Center for Mental Health Services/Substance Abuse and Mental Health Services Administration.

Hinden, B., Biebel, K., Nicholson, J., & Mehnert, L. (2002) The Invisible Children's Project: A family-centered intervention for parents with mental illness. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration.

Nicholson, J., Biebel, K., & Weinreb, L.F. (2004) Creating opportunities for trauma survivors in the shelter setting. Worcester, MA: The Health Foundation of Central Massachusetts, Inc., and the University of Massachusetts Medical School.

Hinden, B., Nicholson, J., Williams, V., Fernandes, B., Banks, S., Katz-Leavy, J., Manteuffel, B., Laygo, R. (2004) Supporting all families in systems of care: Examination of families with a history of mental illness and substance abuse. SAMHSA Contract No. 280-02-0101 White Paper. Worcester, MA: University of Massachusetts Medical School.

Biebel, K., Katz-Leavy, J., Nicholson, J., & Williams, V. (2005) Maximizing Medicaid options for children with serious emotional disturbances. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration.

### **Books and Book Chapters:**

Geller, J. L., Nicholson, J. & Traverso, A. (1997) The victimization of women with mental illness by treaters: A historical perspective. In Harris, M. (Ed.) Sexual abuse trauma in the lives of women. Amsterdam: Harwood Academic Publishers.

Blanch, A., Nicholson, J. & Purcell, J. (1998) Parents with severe mental illness and their children: The need for human services integration. In Levin, B.L., Blanch, A.K. and Jennings, A. (Eds.) Women's mental health services: A public health perspective. Thousand Oaks, CA: Sage Publications, Inc.

Nicholson, J., Henry, A.D., Clayfield, J. & Phillips, S. (2001) Parenting well when you're depressed: A complete resource for maintaining a healthy family. Oakland, CA: New Harbinger Publications, Inc.

Nicholson, J., Biebel, K., Williams, V.F., & Katz-Leavy, J. (2004) Prevalence of Parenthood in

Adults with Mental Illness: Implications for State and Federal Policy, Programs, and Providers. In Center for Mental Health Services. Mental Health, United States, 2002. Manderscheid, R.W., & Henderson, M.J., eds. DHHS Pub No. (SMA) 3938. Rockville, Maryland: Substance Abuse and Mental Health Services Administration, pp. 120-137.

Nicholson, J. & Miller, L.J. (2008) Parenting. In Mueser, K. & Jeste, D.V. (Eds.) The clinical handbook of schizophrenia. New York: The Guilford Press, pp. 471-480.

Nicholson, J., Cooper, J., Freed, R., & Isaacs, M. (2008) Children of parents with mental illnesses. In Gullotta, T.P. & Blau, G. (Eds.) Family influences on childhood behavior and development. New York: Routledge, pp. 231-266.

Friesen, B.J., Nicholson, J., Kaplan, K., & Solomon, P. (2009) Parents with a mental illness and implementation of the Adoption and Safe Families Act. In Golden, O., & Macomber, J. (Eds.) Intentions and results: A look back at the Adoption and Safe Families Act. Washington, D.C.: Urban Institute, Center for the Study of Social Policy, pp. 102-114.

Nicholson, J. (2010) Mothers with mental health disorders: Parenting, recovery, and the implications for interventions. In Levin, B.L. & Becker, M. (Eds.) A public health perspective of women's mental health. New York: Springer, pp. 359-372.

#### **Other Publications:**

Nicholson, J. (1978) Training tape for a method of naturalistic observation of the childbirth environment. Bethesda, Maryland: National Institute of Health.

Young, S.C., Nicholson, J. & Davis, M. (1995) Guide to instruments assessing consumer satisfaction with child and adolescent mental health services. Working Paper #95-1. Center for Psychosocial and Forensic Services Research, Department of Psychiatry, University of Massachusetts Medical Center.

Nicholson, J. (1995) Parents with psychiatric disabilities and their families. A consumer-based program of research. Community Support Network News, Boston University, Spring.

Nicholson, J. (1995) One View: Only 16 states ask if you're a parent. New York State Office of Mental Health News, May.

Whitman, A. & Nicholson, J. (1995) Integrating humans into human services research: Consumer empowerment and protection. 5th National Conference on State Mental Health Agency Services and Research and Program Evaluation Procedures. (pp. 247-249). Alexander, VA: NASMHPD Research Institute, Inc.

Davis, M., Young, S. & Nicholson, J. (1996) Use of consumer satisfaction information to promote change in child/adolescent mental health settings. 8th Annual Research Conference for Children's Mental Health Proceedings, (pp. 97-100). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Young, S.C., Simon, L., Nicholson, J. & Bateman, A. (1996) The impact of managed mental

health care on child and adolescent dispositions in a regional emergency mental health service. 8th Annual Research Conference for Children's Mental Health Proceedings, (pp. 79-82). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Nicholson, J. (1996) Services for parents with mental illness and their families. The Journal of the California Alliance for the Mentally Ill, 7, 66-68.

Nicholson, J. (1996) Parents with mental illness and their families: A consumer-based program of research. Carlton, Victoria, Australia: The University of Melbourne, Australian Association for Children of Parents with a Mental Illness Newsletter, April.

Nicholson, J., Simon, L., Dine-Young, S. & Mara, J.R. (1997) The impact of managed care on the utilization of child and adolescent mental health services: Recidivists in an emergency screening team site. 9th Annual Research Conference for Children's Mental Health Proceedings (pp. 89-94). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Nicholson, J., Henry, A. & Marsh, M. (1997) Projects for parents with mental illness and their family members. The Massachusetts DMH Bulletin, 1, 4-6.

Nicholson, J. & Hinden, B. (2001) A family-centered approach to women trauma survivors with co-occurring disorders. The Tapestry, Fall, 10-12.

Katz-Leavy, J., Nicholson, J., Hinden, B. & Lambert, L. (2002) Family-centered systems of care: The challenge of parental mental illness. 14th Annual Research Conference for Children's Mental Health Proceedings (pp. 271-274). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Katz-Leavy, J., Sabry, P., O'Brien, E., Enomoto, K., Kennedy, C., Weinreb, L., & Nicholson, J. (2003) Integrating services for parents and children in three SAMHSA-funded multi-site initiatives. 15th Annual Research Conference for Children's Mental Health Proceedings (pp. 137-140). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Nicholson, J., Hinden, R.B., Biebel, K., & Katz-Leavy, J. (2003) Parents with mental illness and their children: Elements of evidence-based practices. 15th Annual Research Conference for Children's Mental Health Proceedings (pp. 140-145). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Williams, V., Nicholson, J., Katz-Leavy, J. & Banks, S. (2004) An epidemiologic perspective on children of parents with mental illness: Implications for intervention. 16th Annual Research Conference for Children's Mental Health Proceedings (pp. 135-138). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Hinden, B., Biebel, K., Nicholson, J., Mehnert, E., & Katz-Leavy, J. (2004) Building the

- evidence base: Evaluation of the Invisible Children's Project. 16<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 139-142). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Katz-Leavy, J., Faenza, M., Ringeisen, H., Hinden, B., & Nicholson, J. (2004) From science to service and service to science: A two-way street. 16<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 131-134). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Nicholson, J. with Hinden, B., Biebel, K., Henry, A. & Stier, L. (2004) Programs for families living with parental mental illness in the U.S. Visions: British Columbia's Mental Health & Addictions Journal, 2, 27-29.
- Nicholson, J. (2005) The prevalence of parental mental illness: National data and implications. 17<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 253-257). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Nicholson, J. & Williams, V. (2006) The consequences of trauma for mothers in the transition years. 18<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 277-279). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Biebel, K., Katz-Leavy, J., Nicholson, J., & Williams, V. (2007) Maximizing Medicaid for children with serious emotional disturbances. 19<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 393-396). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Deveney, W. & Nicholson, J. (2007) Using organizational data to create the essential context for system transformation in child welfare. 19<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 411-414). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Nicholson, J. (2007) Helping parents with mental illness. Behavioral Healthcare, 27 (5), 32-33.
- Hinden, B.R., Mikula, J., Nicholson, J., Biebel, K., Williams, V., Woolsey, K., & Aaker, E. (2008) Implementation challenges in wrapping interventions around families with mental illness. 20<sup>th</sup> Annual Research Conference for Children's Mental Health Proceedings (pp. 271-274). Tampa, Florida: University of South Florida, Florida Mental Health Institute, Research and Training Center for Children's Mental Health.
- Nicholson, J., Biebel, K., Williams, V., & Albert, K. (2008). Building the foundation for the Family Options project. Focal Point, 22, 2, 11-14.
- Nicholson, J., & Biebel, K. (2008). Researchers: Family Options fertile ground for understanding

needs of parents, families. Massachusetts Department of Mental Health Perspectives, October/November, 3-8.

Adams, J., Nicholson, J., Maciolek, S., & Biebel, K. (2008). Family Networks Implementation Study: Integrating rigor and relevance in effective research partnerships. University of Massachusetts Medical School CMHSR Issue Brief, 5, 7, October.

### **Review Essays:**

Spanier, G.B. & Nicholson, J. (1975) Review of Sexual conduct: The social sources of human sexuality by J. Gagnon and W. Simon. Journal of Marriage and the Family, 37, 688-690.

Nicholson, J. (1976) Review of The reconstituted family: A study of remarried couples and their children by L. Duberman. Journal of Marriage and the Family, 38, 692-704.

Nicholson, J. (1980) Review of Up against the clock by M. Fabe and N. Wikler, and With child by P. Chesler. Journal of Marriage and the Family, 42, 709-711.

Nicholson, J. (1981) Review of The reproduction of mothering by N. Chodorow. International Journal of Sociology of the Family, 11, 149-151.

Nicholson, J. (1982) Review of Pregnancy, birth and parenthood by F.K. Grossman, L.S. Eichler, S.A. Winickoff and Associates. Massachusetts Psychological Association Newsletter, 26, 3-4.

Nicholson, J. (1984) Review of Adolescent suicidal behavior: A family systems model by R.J. Heilig. Massachusetts Psychological Association Newsletter, 28, 3.

Nicholson, J. (1993) Review of Madness and loss of motherhood: Sexuality, reproduction, and long-term mental illness by R.J. Apfel and M.H. Handel. Hospital and Community Psychiatry, 44, 594-595.

Nicholson, J. (1993) Review of Working with adult incest survivors by S. Kirschner, D.A. Kirschner and R.L. Rappaport and Treating adult survivors of childhood sexual abuse by W.C. Nichols. Hospital and Community Psychiatry, 44, 1197-1198.

Nicholson, J. (1995) Review of Premenstrual Dysphorias: Myths and realities by J.H. Gold and S.K. Severino. Psychiatric Services, 46, 1199-1200.

Nicholson, J. (1996) Review of Coping with death in the family by G. Schneiderman. Psychiatric Services, 47, 543.

Nicholson, J. (1996) Review of It takes a village and other lessons children teach us by H. R. Clinton. Psychiatric Services, 47, 771-772.

Nicholson, J. (1996) Review of Dancer with bruised knees by L. McFall. Psychiatric Services, 47, 1277-1278.

Nicholson, J. (1997) Review of The loss that is forever: The lifelong impact of the early death of

a mother or father by M. Harris. Psychiatric Services, 48, 553-554.

Nicholson, J. (1998) Review of Parental psychiatric disorder: Distressed parents and their families edited by M. Gopfert, J. Webster and M.V. Seeman. Psychiatric Services, 49, 701-702.

Nicholson, J. (2003) Review of Handbook for Trauma Survivors by M.E. Copeland and M. Harris. Psychiatric Services, 54, 754-755.

**Research Grants and Contract Support:**

Principal Investigator, “Using Evidence to Improve Medicaid Mental Health Services for Massachusetts Children and Youth.” The William T. Grant Foundation. 07/01/10 to 06/30/12. Total Costs: \$555,000 for 2 years.

Principal Investigator, “A Mixed Methods Study of Parenting, Children, and Recovery in Mothers with Severe Psychiatric Disabilities.” Mary Switzer Distinguished Research Fellowship. National Institute on Disability and Rehabilitation Research. 05/15/08 to 05/14/09. Total Costs: \$75,000 for 1 year.

Principal Investigator, “Implementing MA/DSS Family Networks: Evaluating Local Systems of Care.” Massachusetts EOHHS and UMMS Commonwealth Medicine. 01/01/07 to 12/31/08. Total Costs: \$610,000 for 2 years; extended to 06/30/10.

Principal Investigator, “Family Care Management for Parents with Mental Illness and their Children.” AstraZeneca Pharmaceuticals. 9/01/05 to 12/31/07. Total Costs: \$1,012,129 for 28 months. 01/01/08 to 12/31/08. Total Costs: \$275,000 for 12 months; extended to 06/30/09.

Principal Investigator (Distinguished Fellow), “Transforming the Child Welfare System to Improve Outcomes for Children and Youth Whose Parents Have Mental Illness.” The William T. Grant Foundation. 10/01/05 to 9/30/07. Total Costs: \$212,657 for two years; extended to 9/30/08.

Co-Principal Investigator with Linda Weinreb, M.D., Principal Investigator, “Preventing Homelessness in the Doubled-Up Population.” Boston Foundation/Tufts Health Plan with the Family Health Center, Inc. of Worcester, MA. 1/04. Total Costs: \$60,000/year for three years.

Co-Principal Investigator with Linda Weinreb, M.D., Principal Investigator and Kathleen Biebel, Ph.D., Co-Investigator, “Training for Shelter Staff Serving Clients with Histories of Trauma and Violence.” The Health Foundation of Central Massachusetts, Inc. 2/1/03. Total Costs: \$49,852 for one year.

Co-Investigator with Kathleen Biebel, Ph.D., “Maximizing Medicaid Options for Children with Serious Emotional Disturbance.” SAMHSA. \$149,531 for 2 years from 9/1/03.

Co-Investigator with Betsy Hinden, Ph.D., “Children with Serious Emotional Disturbance: Does Family Illness and/or Substance Abuse Matter?” SAMHSA. \$49,922 for 1 year from 9/1/03.

Co-Investigator with Kathleen Biebel, Ph.D., “Development and Implementation Plan for an

Exemplary Practice: The Invisible Children's Project: A Consensus Building Project." SAMHSA, \$130,433 for 1 year from 10/01/02.

Principal Investigator, "Parents with Psychiatric Disorders: Essential Knowledge Dissemination." CMHS/SAMHSA. 3/28/02. Total Costs: \$99,454 for one year.

Co-Investigator with Linda Weinreb, M.D., Principal Investigator, and Carol Upshur, Ph.D., and Suzanne Cashman, Sc.D. "Integration of Depression Treatment into Primary Care." Robert Wood Johnson Foundation. 3/01/02. Direct Costs: \$100,000 for one year.

Co-Principal Investigator with Linda Weinreb, M.D., Principal Investigator, "Worcester Homeless Families Health and Support Program, Phase II." SAMHSA. 10/1/01. Direct Costs: \$1,562,490 for three years.

Co-Principal Investigator with Linda Weinreb, M.D., Principal Investigator, "Worcester Homeless Families Project: Targeted Capacity Expansion." SAMHSA. 10/1/01. Direct Costs: \$1,196,181 for three years.

Co-Principal Investigator with Linda Weinreb, M.D., Principal Investigator, "Parents Achieving Self-Efficacy: A Model Parenting Intervention for Homeless Mothers and Children." The Greater Worcester Foundation with the Family Health Center, Inc., of Worcester, MA. 5/1/01. Direct Costs: \$25,000/year for three years.

Co-Principal Investigator with B. Hinden, Ph.D., Principal Investigator, "Evaluation of a Family-centered Approach for Parents with Mental Illness." Subcontract with the Mental Health Association of Orange County, NY and SAMHSA/Center for Mental Health Services. 10/15/00. \$49,000 for one year.

Principal Investigator, "Women with co-occurring disorders and histories of violence." SAMHSA (Subcontract with The Western Massachusetts Consortium). 10/1/00. \$378,296 for three years.

Principal Investigator, "Parent Advocacy League," Federation for Children with Special Needs, The Western Massachusetts Consortium, 6/30/00. \$5,000 for one year.

Principal Investigator, The Stanley Scholars Program of the NAMI Research Institute, 4/1/00, \$15,000 for one year. Renewed for second year 1/1/01. \$15,000. Renewed for third year 1/1/02. \$15,000; Renewed for fourth year 1/1/03; Renewed for fifth year 1/1/04.

Co-Principal Investigator with Linda Weinreb, M.D., Principal Investigator, Worcester Homeless Families Health and Support Program. SAMHSA Center for Mental Health Services and Center for Substance Abuse Treatment; 9/29/99; \$556,423 for two years.

Principal Investigator, Parents with Psychiatric Disorders: A Description of Promising Family Centered Approaches. SAMHSA Center for Mental Health Services. 7/1/99. \$95,160 for one year, extended for an additional year.

Principal Investigator, Parents with Psychiatric Disorders: Knowledge Integration and

Recommendations for Action. SAMHSA Center for Mental Health Services. 9/28/98. \$50,000 for one year, extended for an additional year.

Principal Investigator, "The Parenting Options Project. A Development Project for Parents with Psychiatric Disabilities." The National Institute on Disability and Rehabilitation Research. 7/1/97. \$374,079 for three years.

Director, Child and Family Core, UMMS Center for Research on Mental Health Services, Massachusetts Department of Mental Health: FY 97 - \$107,182; FY96 - \$86,617; FY95 - \$118,352; FY94 - \$77,251.

Principal Investigator, "A Guide for Evaluating Consumer Satisfaction with Child and Adolescent Mental Health Services." The Technical Assistance Center for the Evaluation of Children's Mental Health Systems. Judge Baker Children's Center, \$7,500 (1995).

Principal Investigator, "Severely mentally ill parents in the public sector: Focus groups with parents." University of Massachusetts Medical Center Public Service Award, \$6,278 (1993).

### **Clinical Service Contracts Awarded in Competitive Open Bid:**

#### **Director:**

Massachusetts Department of Social Services, Individual and Family Diagnostic Assessment: FY92 - \$66,707; FY91 - \$95,026; FY90 - \$111,738; FY89 - \$108,789; FY88 - \$104,806.

Massachusetts Department of Social Services, Sexual Abuse Prevention and Treatment: FY92 - \$66,717; FY91 - \$66,703; FY90 - \$78,481; FY89 - \$101,371; FY88 - \$96,353.

Massachusetts Department of Social Services, Post-legalization Adoption Services: FY91 - \$11,289; FY90 - \$13,331.

#### **Co-Author:**

with G.S.W. Fuhrmann. Massachusetts Bar Foundation, Child and Family Forensic Services: FY92 - \$42,000.

### **Presentations at Scientific Meetings and Conferences:**

Standley, K. & Nicholson, J. (1978) Three views of the childbirth experience. Presented at the NICHD Conference on the Impact of Childbirth Events on Infants and Their Families. Providence, Rhode Island, March.

Nicholson, J. (1978) A training tape for a method of naturalistic observation of the childbirth environment. Presented at the International Conference on Infant Studies. Providence, Rhode Island, March.

Nicholson, J. (1978) A model of maternal coping with childbirth: Implications for research and methodology. Presented in a symposium on "Parenthood: Coping with a critical psychophysiological life event," American Psychological Association Annual Meetings,

Toronto, August.

Nicholson, J. & Standley, K. (1978) A method for naturalistic observation of the childbirth environment: With application to theory building and research. Presented at the Theory Development and Methods Workshop, National Council on Family Relations Annual Meeting, Philadelphia, October.

Gist, N.F., Nicholson, J., Standley, K. & Zaslow, M. (1979) Obstetrical procedures and practices: Behavioral outcomes. Presented at the Society for Research in Child Development Biennial Meeting, San Francisco, March.

Nicholson, J. (1979) Household work and family process: Issues in family observation research. (Discussion of Household work and family process: A study of everyday life by C. Piotrkowski.) Presented at the Theory Development and Methods Workshop, National Council on Family Relations Annual Meeting, Boston, August.

Nicholson, J. & Standley, K. (1979) The impact of electronic fetal monitoring on the psychological experience of childbirth. Presented in a symposium on "Advances and paradoxes in obstetrical care," American Public Health Association Annual Meeting, New York, November.

Nicholson, J., Gist, N.F., van der Waals, F. & Standley, K. (1979) Research on childbirth: Understanding psychosocial and physiological factors influencing perinatal health. Presented at the Association for Advancement of Behavior Therapy and Society of Behavioral Medicine Annual Meetings, San Francisco, December.

Nicholson, J. (1980) Naturalistic observation of the childbirth environment: New research. Presented at the American Society for Psychoprophylaxis in Obstetrics National Convention, Waterville, New Hampshire, July.

Nicholson, J. (1980) Social and emotional issues of pregnant adolescents: How to adapt your current program, to meet their needs. Presented at the American Society for Psychoprophylaxis in Obstetrics National Convention, Waterville, New Hampshire, July.

Nicholson, J. (1980) Panel discussion on "Birth by Lamaze: Where have all the psychologists gone?" Presented at the American Psychological Association Annual Meetings, Montreal, September.

Nicholson, J. (1980) Childbirth events and changes in maternal health locus of control. Presented in a symposium on "Issues of control and health," American Psychological Association Annual Meetings, Montreal, September.

Nicholson, J. & Gist, N.F. (1981) Styles of father involvement in pregnancy and childbirth. Presented in a symposium on "Father involvement in the perinatal period: Early adaptations and outcomes" chairs by J. Nicholson, Society for Research in Child Development Biennial Meeting, Boston, April.

Nicholson, J. (1983) Preparing adolescents for childbirth. Presented at the International Childbirth Education Association Southern Regional Conference, Knoxville, October.

- Nicholson, J. (1983) Preparing adolescents for childbirth. Presented at the International Childbirth Association Eastern Regional Conference, Hartford, November.
- Toscano, P.F. & Nicholson, J. (1985) Family stress and disruption after sexual abuse disclosure. Presented at the Regional Department of Social Services Conference on "Investigation of child sexual abuse," Worcester, Massachusetts, June.
- Toscano, P.F. & Nicholson, J. (1986) Family violence. Presented at the University of Massachusetts Medical School Conference on "Violence: Mental Health Perspectives," Worcester, Massachusetts, April.
- Nicholson, J. (1986) The role of the offender in family treatment. Presented in a panel on "Offender treatment programs." Forum for Social Work and the Law, Massachusetts Department of Social Services, Sturbridge, Massachusetts, June.
- Nicholson, J. (1987) Health discussant on "Child abuse." Family Violence Research Conference for Practitioners and Policymakers, University of New Hampshire, Durham, New Hampshire, July.
- Nicholson, J. & Horwitz, M. (1987) Psychosocial impact on child victims and treatment issues. Presented at the University of Massachusetts Medical School Conference on "Child sexual abuse," Worcester, Massachusetts, September.
- Toscano, P.F., Jr., Fuhrmann, G.S.W., & Nicholson, J. (1987) A hospital based model of community consultation in child maltreatment cases: Medical School pre-meeting session on "The scope of public sector psychiatry in the 1980's" Institute on Hospital and Community Psychiatry, Boston, Massachusetts, October.
- Nicholson, J. (1989) The psychologist and pediatrician as partners in the treatment of child abuse. Presented at the New England Psychological Association Annual Meeting, Framingham State College, Framingham, Massachusetts, October.
- Nicholson, J. (1991) A parent or not apparent: Parental competence and the chronically mentally ill. Presented at the Institute on Hospital and Community Psychiatry, Los Angeles, California, October.
- Nicholson, J. (1992) States' policies and programs for chronically mentally ill parents. Presented at the American Public Health Association Annual Meeting, Washington, DC, November.
- White, C., Nicholson, J., Fisher, WH and Altaffer, F. (1992) Mentally ill mothers and their children: Continuity of care for two high risk populations. Presented at the American Public Health Association Annual Meeting, Washington, DC, November.
- Nicholson, J. (1993) Special needs populations: Mentally ill mothers. Invited presentation at the NASMHPD Adult Comprehensive Community Support System Annual Meeting, Williamsburg, Virginia, March.

- Nicholson, J. (1993) Seriously mentally ill parents in the public sector. A consumer-based qualitative and quantitative program of research. Presented in a symposium on "People with mental illness as parents: A neglected research and policy issue" at the Fourth Annual National Conference on State Mental Health Agency Services Research, Annapolis, Maryland, October.
- Nicholson, J. (1993) The perspective of the clinician. Presented in a symposium on "The impact of managed care on children's mental health services" chaired by J. Nicholson, Institute on Hospital and Community Psychiatry, Baltimore, Maryland, October.
- Nicholson, J. & Bettinger, F. (1993) The administrative perspective. Presented in a symposium on "The impact of managed care on children's mental health services" chaired by J. Nicholson, Institute on Hospital and Community Psychiatry, Baltimore, Maryland, October.
- Nicholson, J. (1993) The impact on children's services. Presented in a symposium on "Medicaid managed care for mental health/substance abuse services" chaired by J. Geller, Institute on Hospital and Community Psychiatry, Baltimore, Maryland, October.
- Nicholson J. with A. McCabe & J. Nobiling (1994) People with mental illness as parents: A neglected role, research and policy issue. Presented at the International Association of Psychosocial Rehabilitation Services Annual Conference, Albuquerque, New Mexico, May.
- Nicholson, J. & Whitman, A. (1995) Integrating humans into human services research: Consumer empowerment and protection. Presented at Fifth Annual National Conference on State Mental Health Agency Research, San Antonio, Texas, January, 1995.
- Davis, M., Young, S.C. & Nicholson, J. (1995) Use of consumer satisfaction information to promote change in child/adolescent mental health settings. Presented at the 8th Annual Research Conference for Children's Mental Health, Tampa, Florida, March.
- Young, S.C., Simon, L., Nicholson, J. & Bateman, A. (1995) The impact of managed mental health benefits on child and adolescent dispositions in a regional emergency mental health service. Presented at the 8th Annual Research Conference for Children's Mental Health, Tampa, Florida, March.
- Nicholson, J. & McCabe, A. (1995) Parents with psychiatric disabilities: Strategies for mobilizing at the local, regional and state levels. Presented at the International Association of Psychosocial Rehabilitation Services Annual Conference, Boston, June.
- Nicholson, J. (1995) The impact of managed mental health benefits on child and adolescent dispositions in a regional emergency mental health service. Presented at The National Conference on Mental Health Statistics, Washington, D.C., June.
- Nicholson, J. (1995) The role of managed care in decision-making for children and adolescents in mental health emergencies. Presented at the NIMH Conference on Mental Health Services Research, Bethesda, Maryland, September.

- Nicholson, J. (1995) Services and programs for parents with mental illness and their families. Presented at the 1995 Institute on Psychiatric Services, Boston, Massachusetts, October.
- Nicholson, J. & Sweeney, E. (1995) The parenting careers of women with severe mental illness in the public sector. Presented in a symposium on "Major mental illness, women and reproduction: Innovative programs" at the Institute on Psychiatric Services, Boston, October.
- Nicholson, J. (1995) Parenting as a psychiatric rehabilitation goal. Invited presentation at the New York Association of Psychiatric Rehabilitation Services Annual Conference, Monticello, New York, October.
- Nicholson, J. (1995) Plenary Session: Bringing the team into focus: Multi-disciplinary psychiatric care. Invited speaker at the American Psychiatric Nurses Association Annual Conference, Philadelphia, Pennsylvania, October.
- Nicholson, J. & Mara J. (1996) Patterns in dispositions for child and adolescent emergency mental health screening recidivists: The impact of managed care. Presented in a symposium chaired by J. Nicholson on "The impact of managed care on the utilization of child and adolescent mental health services: Recidivism in an emergency screening team site." Presented at the 9th Annual Research Conference for Children's Mental Health, Tampa, Florida, February.
- Baily, C. A., Nicholson, J. & Sweeney, E. (1996) Challenges to maternal identity in the autobiographical narrative of a mother with mental illness. Presented at the American Association for Applied Linguistics Conference, Chicago, March.
- Nardella, T., DeGatano, R., Rowe, J. & Nicholson, J. (1996) Meeting the needs of members with children. Presented at the Clubhouses and Housing: Partnership That Works, Worcester, Massachusetts, June.
- Nicholson, J. (1996) Improving outcomes for parents with psychiatric disabilities and their children. Invited presentation at the Second Annual New Hampshire Infant Mental Health Conference, September.
- Nicholson, J., Dine-Young, S. & Simon, L. (1996) Disposition patterns for EMHS recidivists. Presented in a symposium chaired by J. Nicholson on "Managed care and child emergency services" at the Institute on Psychiatric Services, Chicago, October.
- Nicholson, J. (1996) Barriers to service utilization and treatment compliance for parents with mental illness: Recommendations for improved outcomes. Presented in a half-day session chaired by L. Miller at the Institute on Psychiatric Services, Chicago, October.
- Nicholson, J. (1997) Improving outcomes for mothers with mental illness and their families. Presented at the Louis de la Parte Florida Mental Health Institute's conference on Women and Mental Health: Responsive Programs and Services, Tampa, April.
- Nicholson, J. (1997) Organizing programs and services for mothers and children. Presented at the Institute on Women and Their Families: Shared and Unique Issues for Consumers,

Staff and Managers, at the International Association of Psychosocial Rehabilitation Services Conference, Vancouver, June.

Andersen, R., Gordon, L., Nicholson, J. & Wolf, T. (1997) Meeting the needs of mothers with psychiatric diagnoses through supported parenting. Invited presentation at the SAMHSA National Conference on Women, Phoenix, September.

Nicholson, J. (1997) Discussant, A methodological challenge to culturally competent research, at Multicultural Mental Health Research in the 21st Century, Boston, October.

Nicholson, J. (1997) Parents with psychiatric disabilities. Presented at the International Conference on Parents with Disabilities and their Families, Oakland, CA, October.

Nicholson, J. (1997) Parenting dilemmas for abuse survivors in the mental health system. Presented at Violence, Trauma and Recovery, Samoset, ME, October.

Nicholson, J. (1997) Keynote Speaker on What do children need? Presented at Pregnancy, Parenting and Mental Illness, Albany, NY, November.

Nicholson, J. (1998) Applications of participatory action research. Invited presentation at the UIC National Research and Training Center on Psychiatric Disability Conference on Facilitating Careers for Mental Health Consumers, Chicago, April.

Nicholson, J., Henry, A., Clayfield, J. & Phillips, S. (1998) Creating options for parents with psychiatric disabilities. International Association of Psychosocial Rehabilitation Services 23rd Annual Conference, Orlando, Florida, June.

Henry, A., Nicholson, J., Phillips, S. & Clayfield, J. (1998) Research assistant transitional employment positions in the university research setting. International Association of Psychosocial Rehabilitation Services 23rd Annual Conference, Orlando, Florida, June.

Nicholson, J. (1998) Mothers with mental illness and childhood trauma. Institute on Psychiatric Services, Los Angeles, October.

Henry, A. & Nicholson, J. (1998) Options for parents with psychiatric disabilities. Institute on Psychiatric Services, Los Angeles, October.

Nicholson, J. (1998) Untold stories: Parents with psychiatric diagnoses. The Second Annual Clinical Training Conference on Violence, Trauma and Recovery, Portland, Maine, October.

Nicholson, J. (1998) Overcoming barriers to service for mothers with serious mental illness. Invited presentation at the SAMHSA-sponsored conference, Gender Matters: Building a System of Services and Treatment for Women 's Mental Health in California, Millbrae, California, December.

Nicholson, J. (1999) Addressing the issue of women with children in the criminal justice system. Invited presentation at the National GAINS Center Regional Forum for Gender-Specific

Services for Women in the Justice System, Tampa, Florida, January.

Nicholson, J. (1999) Children, families and trauma. Invited presentation at the SAMHSA-sponsored Women and Violence Study Steering Committee Meeting, Columbia, Maryland, May.

Henry, A. D., Nicholson, J., Clayfield, J., Phillips, S., Stier, L. & Wolf, T. (1999) The parenting options project: An innovative partnership with parents. International Association of Psychosocial Rehabilitation Services Annual Conference, Minneapolis, Minnesota, May.

Nicholson, J. (1999) Impact of women's care giving roles. Invited presentation at New England Regional Conference on Women's Mental Health, Hartford, Connecticut, September.

Nicholson, J. (1999) Wrapping services around families. Invited presentation at New Hampshire/DHHS Conference on Working Together with Children and Families. Nashua, New Hampshire, October.

Nicholson, J. (1999) Parents with mental illness and their families. Invited presentation and participation in SAMHSA/CMHS and National Cancer Institute sponsored meeting on the Impact of Parental Illness on Children and Families, Washington, D.C., October.

Nicholson, J. (1999) Issues for parents with mental illness and their families. Invited briefing presentation to the National Mental Health Association Executive Staff, Alexandria, Virginia, December.

Mallen, L.S., & Nicholson, J. (2000) Improving outcomes for parents with mental illness and their families. Invited presentation at the National Mental Health Association Meetings, New Orleans, Louisiana, January.

Nicholson, J. (2000) Issues for adults with mental illness who are parents. Invited presentation and participation in State Mental Health Planning Council, Boston, Massachusetts, February.

Nicholson, J. & Hinden, B. (2000) Parents with mental illness and outcomes for families. Invited briefing presentation at SAMHSA/CMHS, Rockville, Maryland, February.

Biebel, K., Hinden, B., Nicholson, J. & Henry, A. (2000) Towards a family-centered approach: Families coping with parental mental illness. Presented at the Building on Family Strengths Conference, Portland, Oregon, April.

Nicholson, J. & Yarbrough, G. (2000) Improving outcomes for parents with mental illness and their children. Invited presentation at the Massachusetts Children's Justice Act Task Force Conference, Children and Violence: Current Issues and Trends, Falmouth, Massachusetts, May.

Nicholson, J., Henry, A.H., Clayfield, J., Stier, L., Shore, H. & Wolf, T. (2000) Getting supports and services for parents off the ground. Invited Institute presentation at the International Association for Psychosocial Rehabilitation Services Annual Conference, Crystal City, Virginia, May.

- Nicholson, J. (2000) Family and parenting issues. Invited presentation at the Massachusetts Department of Mental Health Annual Conference on Quality of Life: Improving Outcomes for Persons with Serious Mental Illness, Westborough, Massachusetts, September.
- Nicholson, J. (2000) Critical issues for parents with mental illness. Invited research seminar presentation at the Dartmouth Medical School Psychiatric Research Center, Lebanon, New Hampshire, November.
- Katz-Leavy, J., Nicholson, J., Banks, S., Hinden, B., & Lambert, L. (2001) Family-centered systems of care: The challenge of parental mental illness. Presented at the 14<sup>th</sup> Annual Research Conference for Children's Mental Health, Tampa, Florida, February.
- Nicholson, J., Biebel, K., Clayfield, J., Hinden, B., Larkin, C., Stier, L., & Katz-Leavy, J. (2001) Parents with mental illnesses and their families: Strategies for bridging the gap between research and the "real world." Presented at the 11<sup>th</sup> Annual Conference on State Mental Health Agency Services Research, NASMHPD Research Institute, Washington, D.C., February.
- Nicholson, J., Biebel, K., Hinden, B., Henry, A., & Stier, L. with Harrington, C., & Olsen, M. (2001) Meeting the needs of parents with mental illness and their families. Presented at the National Mental Health Association Conference, Washington, D.C., June.
- Nicholson, J. (2001) Changing the way we do business. Invited presentation at the SAMHSA-sponsored meeting "Strategies for Providing Family-Centered Care to Parents with Mental Illness and their Children." Elkridge, Maryland, November.
- Nicholson, J. (2002) Mothers with mental illness and their children: Overlapping needs. Presented at the American Psychological Association Women's Health Conference, Washington, D.C., February.
- Nicholson, J. (2002) Integrating services for parents and children in three SAMHSA-funded multi-site initiatives. Discussant at the 15<sup>th</sup> Annual Research Conference on A System of Care for Children's Mental Health: Expanding the Research Base, Tampa, Florida, March.
- Hinden, B., Biebel, K., Nicholson, J., & Katz-Leavy, J. (2002). Parents with mental illness and their children: Elements of best practice. Poster session at the System of Care for Children's Mental Health: Expanding the Research Base, 15<sup>th</sup> Annual Research Conference for Children's Mental Health. Tampa, Florida, March.
- Nicholson, J. (2002) Parental mental illness—from the children's perspective. Invited presentation and workshop at the Tennessee Conference on Social Welfare, Nashville, Tennessee, March.
- Nicholson, J. (2002) Changing the way we do business. Invited keynote address at the 1<sup>st</sup> National Conference on Children of Parents with Mental Illness, "Holding it All Together," Melbourne, Australia.

- Nicholson, J. (2002) Symposium Chair and Presenter, No one asks about the children: The challenge of parental mental illness. American Psychiatric Association Annual Meeting. Philadelphia, PA, May.
- Biebel, K., Nicholson, J., Williams, V., Banks, S., & Katz-Leavy, J. (2002) Promoting the convergence of data on parenthood with mental health policy and planning. NIMH National Conference on Mental Health Statistics. Washington, DC, May.
- Weinreb, L. & Nicholson, J. (2002) Integrating physical and behavioral health care for homeless individuals and families. National Health Care for the Homeless Conference. Chicago, Illinois, June.
- Nicholson, J. & Katz-Leavy, J. (2002) Steps toward evidence-based practice for parents with mental illness and their families. Presented at the NTAC Training Institutes: Developing Local Systems of Care for Children and Adolescents with Emotional Disturbances and Their Families. Washington, D.C., July.
- Weinreb, L., Nicholson, J. & Buckner, J. (2002) Worcester Homeless Families Program: A community-health center based model integrating mental health, advocacy, and outreach services with primary health care. Presented at the 130<sup>th</sup> Annual Meeting of the American Public Health Association, Philadelphia, Pennsylvania, November.
- Nicholson, J., Biebel, K., Hinden, B., Brunette, M.F., & Katz-Leavy, J. (2003) Attending to the “nuisance variables” at the outset: Developing and disseminating EBP for parents with mental illness and their families. Presented at the 13<sup>th</sup> Annual Conference on State Mental Health Agency Services Research, Program Evaluation and Policy, NASMHPD, Baltimore, Maryland, February.
- Williams, V., Nicholson, J., Katz-Leavy, J. & Banks, S. (2003) An epidemiologic perspective on children of parents with mental illness: Implications for intervention. Presented at the 16<sup>th</sup> Annual Research Conference for Children’s Mental Health. Tampa, Florida, March.
- Hinden, B., Biebel, K., Nicholson, J., Mehnert, E., & Katz-Leavy, J. (2003) Building the evidence base: Evaluation of the Invisible Children’s Project. Presented at the 16<sup>th</sup> Annual Research Conference for Children’s Mental Health. Tampa, Florida, March.
- Katz-Leavy, J., Faenza, M., Ringeisen, H., Hinden, B., & Nicholson, J. (2003) From science to service and service to science: A two-way street. Presented at the 16<sup>th</sup> Annual Research Conference for Children’s Mental Health. Tampa, Florida, March.
- Nicholson, J. (2003) Keynote speaker on Changing the way we do business: Overcoming barriers to successful parenting. Presented at Motherhood and Mental Illness Conference: How Systems Create Barriers to Parenting. Columbia University, College of Physicians & Surgeons. New York City, New York, April.
- Weinreb, L., & Nicholson, J. (2003) Trauma: Service implications for homeless mothers and children. Presented at CMHS/CSAT Homeless Families Program Steering Committee Meeting. Rockville, Maryland, May.

- Nicholson, J., Henry, A.D., & Nicholson, M. (2003) Engaging parents with mental illness in program development and research. Presented at the First International Conference on Family-Centered Care: Advancing the Quality of Health Care in the 21<sup>st</sup> Century. Boston, Massachusetts, September.
- Weinreb, L., & Nicholson, J. (2003) Changing from a deficit-focused to a strengths-based model of care to serve mothers and their children. Presented at the First International Conference on Family-Centered Care: Advancing the Quality of Health Care in the 21<sup>st</sup> Century. Boston, Massachusetts, September.
- Nicholson, J. (2003) Chair. Parental illness and disability and the impact on families: Implications for hospitals and other health care settings. The First International Conference on Family-Centered Care: Advancing the Quality of Health Care in the 21<sup>st</sup> Century. Boston, Massachusetts, September.
- Nicholson, J. (2003) Keynote speaker on Building a better future: Parents with mental illness and their young children. New Hampshire Association for Infant Mental Health Conference. North Conway, New Hampshire, September.
- Nicholson, J. (2004) Chair. Paying attention to parent mental illness: Challenges and opportunities for systems of care. The 17<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, March.
- Nicholson, J., (2004) The prevalence of parental mental illness: National data and implications. Presented at the 17<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, March.
- Nicholson, J. (2004) A public health approach to meeting the needs of mothers with mental illness. Invited presentation at the University of Michigan's Institute for Research on Women and Gender. Ann Arbor, Michigan, April.
- Katz-Leavy, J., Biebel, K., Nicholson, J. & Williams, V. (2004) Maximizing Medicaid for children for serious emotional disturbances. Presented at The National Training Institutes: Developing Local Systems of Care for Children and Adolescents with Emotional Disturbances and their Families. San Francisco, California, June.
- Hinden, B., Rotto, K., Nicholson, J. & Williams, V. (2004) Family centered care: Why and how. Presented at The National Training Institutes: Developing Local Systems of Care for Children and Adolescents with Emotional Disturbances and their Families. San Francisco, California, June.
- Weinreb, L., & Nicholson, J. (2004) Trauma in the lives of homeless mothers. Presented at the American Public Health Association Annual Meeting. Washington, D.C., November.
- Nicholson, J. (2004) The impact of trauma on parenting: Service implications for homeless mothers and children in primary care. Invited presentations at the SAMHSA Dare to Act Conference and Pre-conference Institute. Baltimore, Maryland, December.

- Hinden, B. & Nicholson, J. (2005) Focus groups: The needs of parents in systems of care programs. Conducted at the Federation of Families Conference. Washington, D.C., December.
- Nicholson, J., Hinden, B., Mikula, J., & Williams, K. (2005) Transforming the mental health system and services to meet the needs of parents and children. Invited plenary presentation at Florida state-wide Conference on Recovery and Resilience: Bridging the Divide to Support Families. Tampa, Florida, February.
- Biebel, K., Nicholson, J., Hinden, B., Mikula, J., & Williams, K. (2005) Implementing family centered systems of care: Developing local action plans. Invited workshop at Florida state-wide Conference on Recovery and Resilience: Bridging the Divide to Support Families. Tampa, Florida, February.
- Nicholson, J. & Williams, V. (2005) The consequences of trauma for mothers in the transition years. Presented at the 18<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, March.
- Nicholson, J. (2005) Family members with overlapping mental health needs require the transformation of systems and services. Poster presented at The Santa Fe Summit on Behavioral Health, the American College of Mental Health Administration, Santa Fe, New Mexico, March.
- Nicholson, J. (2005) Serving families when there is caretaker mental illness. Presented at the National Conference on Child Abuse and Neglect. Boston, Massachusetts, April.
- Nicholson, J., Weinreb, L., & Biebel, K. (2005) Pre-Conference Workshop on Creating opportunities for success: Working with trauma survivors and their children in the shelter setting. Presented at the Horizons for Homeless Children Young Children Without Homes National Conference. Boston, Massachusetts, April.
- Weinreb, L. & Nicholson, J. (2005) Integrated behavioral health, trauma, and parent support services with primary care for homeless mothers and their children. Presented at the Horizons for Homeless Children Young Children Without Homes National Conference. Boston, Massachusetts, April.
- Nicholson, J. (2005) Invited panelist on Young caregivers in the U.S.: An overview of the research. Presented at the National Alliance for Caregiving Conference on Young Caregivers, Arlington, Virginia, September.
- Deveney, W. & Nicholson, J. (2006) Using organizational data to create the essential context for system transformation in child welfare. A poster session at the 19<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, February.
- Nicholson, J., Cooper, J., Freed, R., Huang, L., Isaacs, M., Knitzer, J., Beardslee, W. & Bell, C. (2006) Parental depression, child, care givers, and communities: Research, policy, practice, and advocacy. Presented at the 19<sup>th</sup> Annual Research Conference. A System of

Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, February.

Biebel, K., Katz-Leavy, J., Nicholson, J., & Williams, V. (2006) Maximizing Medicaid for children with serious emotional disturbances. Presented at the 19<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, February.

Nicholson, J., Wolf, T., & Hall, S. (2006) Creating recovery options for families. Presented at the United States Psychiatric Rehabilitation Association's 31<sup>st</sup> Annual Training Conference. Phoenix, Arizona, June.

Albert, K., Biebel, K., Gott, R., Nicholson, J., Williams, V., & Woolsey, K. (2006) Family Options: Promoting resilience and recovery in parents with mental illness and their families. Poster session at the 2<sup>nd</sup> Annual UMMS Psychiatry Research Day. Worcester, Massachusetts, June.

Nicholson, J. (2006) Parents with serious mental illness: Issues and interventions. Invited presentation at the 15<sup>th</sup> International Congress for the Psychotherapy of the Schizophrenia and Other Psychoses. Madrid, Spain, June.

Nicholson, J., Freedman-Gurspan, M., & Mikula, J. (2006) Massachusetts mental health and child welfare systems collaboration for parents with mental illness and their families. Presented at the UPENN collaborative National State of the Knowledge Conference. Philadelphia, Pennsylvania, September.

Weinreb, L., Nicholson, J., Williams, V., & Anthes, F. (2006) Integrating services for homeless mothers and children in the primary care setting. Poster presented at the NAPCRG Annual Meeting, Tucson, Arizona, October.

Nicholson, J. (2006) The parenting role of adults with mental illness: Recognizing and supporting parents' abilities. Invited Keynote Speaker at the Ouderschap en psychiatrische problematiek. Amersfoort, The Netherlands, November.

Nicholson, J., Hinden, B.R., Mikula, J., Biebel, K., Williams, V., Woolsey, K., & Aaker, E. (2007) Implementation challenges in wrapping interventions around families living with parental mental illness. Presented at the 20<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, March.

Nicholson, J. (2007) USA perspective – COPMI evaluation. Invited speaker at Conference on Evaluation Strategies and Procedures for Children of Parents with Mental Illness. Sydney, Australia, March.

Nicholson, J. (2007) Outcome measures for COPMI programs. Invited participant at Children of Parents with Mental Illness Technical Workshop. Sydney, Australia, March.

Deveney, W., Nisenbaum, J., & Nicholson, J. (2007) Promoting quality through effective supervision: Bridging data and practice. Presented at the National Conference on Child

Abuse and Neglect. Portland, Oregon, April.

Nicholson, J., Maciolek, S., Dube, N., Adams, J., & Gershenson, B. (2008) The Massachusetts family networks implementation study. Poster presented at the 21<sup>th</sup> Annual Research Conference. A System of Care for Children's Mental Health: Expanding the Research Base. Tampa, Florida, February.

Nicholson, J. (2008) Strategies for moving the agenda forward. Invited panel facilitator at Winds of Change Conference on Parents with Mental Illness. Marlborough, Massachusetts, April.

Ende, P. van der, & Nicholson, J. (2008) Supporting parents with psychiatric disabilities: An international challenge. Poster presented at the Boston University Conference on From Innovations to Practice. Boston, Massachusetts, April.

Nicholson, J. (2008) Innovative models and special populations. Invited presenter at the Workshop on Depression and Parenting for the Committee on Depression, Parenting Practices, and the Healthy Development of Young Children of the National Research Council and the Institute of Medicine. Beckman Center of the National Academy of Sciences. Irvine, California, April.

Nicholson, J. (2008) Research challenges in testing an intervention for families. Invited keynote speaker at Children and Families Where a Parent has a Mental Illness: Research Seminar-Meeting. COPMI National Initiative at The Bouverie Centre, Melbourne, Victoria, Australia, September.

Nicholson, J. (2008) Invited facilitator. COPMI National Initiative Capacity Building Seminar at The Bouverie Centre, Melbourne, Victoria, Australia, September.

Nicholson, J. (2008) A pilot study of Family Options for parents with mental illness and their children. Presented at Margins to Mainstream: World Congress on Mental Health Promotion and Prevention, Melbourne, Victoria, Australia, September.

Nicholson, J. (2008) Mothers with mental health disorders: Mental health promotion in the context of parenting. Poster presented at Margins to Mainstream: World Congress on Mental Health Promotion and Prevention. Melbourne, Victoria, Australia, September.

Nicholson, J., Gershenson, B., & Biebel, K. (2008) A pilot study of a family-centered intervention for mothers with serious mental illnesses and their children. Presented in the Carol T. Mowbray Symposium at the American Public Health Association Annual Conference, San Diego, California, October.

Biebel, K., Woolsey, K., & Nicholson, J. (2008) Implementing a family-centered intervention in an adult mental health agency. Presented in the Carol T. Mowbray Symposium at the American Public Health Association Annual Conference, San Diego, California, October.

Maciolek, S., Nicholson, J., Adams, J., Gershenson, B., Woolsey, K., & Warren, B. (2008). The Massachusetts Family Networks Implementation Study. Poster presented at the 3<sup>rd</sup> Annual UMMS Psychiatry Research Day, Worcester, MA, October.

Seligowski, A., McNamee, P., Albert, K., Williams, V., & Nicholson, J. (2008). Exploring the concept of "Young Carer" in families living with parental mental illness. Poster presented at the 3<sup>rd</sup> Annual UMMS Psychiatry Research Day, Worcester, MA, October.

Nicholson, J. et al. (2009). The UMMS Family Projects: Shifting the paradigm to promote recovery and resilience. The Massachusetts Department of Mental Health Centers of Excellence Research Conference, Boston, MA, March.

Nicholson, J. (2009). A mixed methods study of recovery in mothers with severe psychiatric disabilities. Presented at the NIDRR Switzer Fellowship Invitation Meeting, Crystal City, VA, May.

Nicholson, J., Albert, K., & Gershenson, B. (2009). Family Options: A psychiatric rehabilitation intervention for parents with mental illnesses and their families. Presented at the Inaugural Children of Parents with Mental Illness World Conference, Adelaide, SA, Australia, October.

Biebel, K., & Nicholson, J. (2009). Translating research into practice: Lessons from the implementation of an intervention for families living with mental illness. Presented at the Inaugural Children of Parents with Mental Illness World Conference, Adelaide, SA, Australia, October.

Williams, V., Nicholson, J., Seligowski, A., & McNamee, P. (2009). The responsibilities and activities of children and youth whose parents have mental illnesses. Presented at the Inaugural Children of Parents with Mental Illness World Conference, Adelaide, South Australia, Australia, October.

Beardslee, W., Gopfert, M., Hosman, C., Lees, R., & Nicholson, J. (2009). Invited International Plenary Panel Discussion. Presented at the Inaugural Children of Parents with Mental Illness World Conference, Adelaide, South Australia, Australia, October.

### **Clinical Consultations and Training Presentations:**

Training presentation on "Adolescent sexuality and pregnancy." Manet Health Center, Quincy, Massachusetts, March 1982.

Clinical consultation on adolescent clinical issues. Educational Vocational Center, YOU, Inc., Worcester, Massachusetts, 1982-1983.

Training presentation with P.F. Toscano and M. Horwitz on "Perpetrators of child sexual abuse." Herbert Lipton Mental Health Center, Fitchburg, Massachusetts, May 1985.

Co-founder and clinical consultant to the Child Advocacy (Child Abuse) Team at the University of Massachusetts Medical Center, Worcester, Massachusetts. 1985-1992.

Clinical consultant to Multidisciplinary Team, Department of Social Services Worcester Area Office and Worcester County District Attorney's Office, Worcester, Massachusetts, 1986-1990.

Training presentation with M. Horwitz on "Adolescent victims of sexual abuse: Female." Westborough Unit, University of Massachusetts Medical Center, Westborough, Massachusetts, April 1986.

Training presentation with M. Horwitz on "Adolescent victims of sexual abuse: Male." Westborough Unit, University of Massachusetts Medical Center, Westborough, Massachusetts, April 1986.

Training on "Childhood sexual abuse: Assessment and treatment." Human Resource Institute, Brookline, Massachusetts. Presented at the University of Massachusetts Medical Center, Worcester, Massachusetts, April 1986.

Training on "Treating child sexual abuse." Presented at the University of Massachusetts Medical School course on "Advanced child psychopathology: Treatment techniques." Worcester, Massachusetts, June 1988.

Grand Rounds presentation on "Current techniques in the treatment of child sexual abuse." Marlborough Hospital, Marlborough, Massachusetts, March 1988.

Clinical consultation on adolescent and family issues. YOU, Inc., Worcester, Massachusetts, 1988 - 1990.

Clinical consultation on adolescent group therapy and residential treatment issues. KEY, Inc., Worcester, Massachusetts, 1988 - 1989.

Training presentations with F.R. Hagberg on "Child sexual abuse: Assessment and treatment." YOU, Inc., Worcester, Massachusetts, April and May 1989.

Training presentation on "Abusive families," CASA Project, Worcester, Massachusetts, June 8, 1989.

Grand Rounds presentation with A.J. Costello, M.D., on "The uses and misuses of psychological assessment: Sampling behavior." Psychiatry Department, University of Massachusetts Medical Center, Worcester, Massachusetts, April 1990.

Grand Rounds presentation on "The chronically mentally ill patient as parent: Evaluation and treatment." Northampton State Hospital, Northampton, Massachusetts, May 1991.

Grand Rounds presentation on "The patient as care giver: Parenting careers of the chronically mentally ill." Westborough State Hospital, Westborough, Massachusetts, October 1992.

Training presentation on "Mental illness: Factoring in parenting." New York State Task Force on Permanency Planning Conference on "Challenges and Opportunities: Mentally Ill Parents and Their Children," Buffalo, New York, September 1994.

Training presentation on "A good model for clinical evaluation of mental illness". New York State Task Force on Permanency Planning Conference on "Challenges and Opportunities: Mentally Ill Parents and Their Children," Buffalo, New York, September 1994.

Training presentation on "Parenting roles in the seriously mentally ill: Issues in rehabilitation and service delivery." Massachusetts Department of Mental Health Conference on Schizophrenia, Boston, Massachusetts, September 1994.

Grand Rounds presentation on "The experiences and service needs of parents with severe mental illness." Department of Psychiatry, University of Massachusetts Medical Center, Worcester, Massachusetts, April 1995.

Grand Rounds presentation on "Barriers to service utilization and quality care for parents with mental illness." Westborough State Hospital, Westborough, Massachusetts, October 1995.

Grand Rounds presentation on "Barriers to service utilization and treatment compliance for parents with mental illness." Massachusetts Mental Health Center, Boston, Massachusetts, November 1995.

Grand Rounds presentation on "The experiences and service needs of parents with severe mental illness." The University of Vermont College of Medicine, Department of Psychiatry, Burlington, Vermont, May 1996.

Clinical consultation to treatment team. Great Brook Valley Mental Health Center, Worcester, Massachusetts, 1996 to 1997.

Training presentation on "Parents with psychiatric disabilities." The New Hampshire Division of Mental Health and Developmental Services, Concord, New Hampshire, January 1997.

Training presentation on "The clinical perspective on parents with psychiatric disabilities." The New Hampshire Bar Association Continuing Legal Education on "Psychiatric disability and child custody." Bedford, New Hampshire, March 1997.

Grand Rounds presentation on "Parents with mental illness--Impact on parenting roles and on children's lives." Western Massachusetts Area Department of Mental Health, Greenfield, Massachusetts, March 1997.

Invited panelist on "Managed care and children's mental health services." Massachusetts Department of Mental Health Human Rights Annual Conference, Boxborough, Massachusetts, May 1997.

Grand Rounds presentation on "Experiences of parents with mental illness" and clinical consultation to the Women's Clinic, Queen Street Clinic, and Risk Clinic, Schizophrenia Division, Clarke Institute of Psychiatry, Toronto, Canada, June 1997.

Training presentation on "Parents with mental illness." The George B. Wells Human Services Center, Webster, Massachusetts, December 1998.

Invited panelist on "Gender issues and early intervention in psychosis." Massachusetts Department of Mental Health Conference on Early Interventions in Psychosis, Boston, Massachusetts, September 1998.

Training presentations on “Working with parents diagnosed with mental illness.” Worcester Area Department of Mental Health, Worcester, Massachusetts, November and December 1998.

Training presentation on “Mothers with mental illness: Identifying needs and providing services.” Connecticut DMHAS, Stamford, Connecticut, April 1999.

Training presentation on “Rights of consumers who are parents.” 10<sup>th</sup> Annual DMH Human Rights Fall training Conference. Sturbridge, Massachusetts, September 1999.

Training presentation on “Interventions for parents with mental illness.” Dartmouth Medical School and West Central Human Services, Lebanon, New Hampshire, November, 2000.

4<sup>th</sup> Annual Deborah A. Janssens Memorial Grand Rounds presentation on “Identifying strengths in families.” Department of Psychiatry, University of Massachusetts Medical School, Worcester, Massachusetts, May 2001.

Expert witness, Health and Human Services Committee, Maine State Legislature, August, Maine, September 2001.

Keynote speaker/trainer on “Changing the way we do business” and “The impact on children of parents with mental illness.” Mental Health Association of Knoxville, Tennessee, October 2001.

Invited speaker on “Mental illness and parenting: Supports for families.” NH Department of Health and Human Services, Division of Behavioral Health and the NH/Dartmouth Psychiatric Research Center, Manchester, New Hampshire, January 2002.

Invited speaker on “Support for children of parents with a mental illness.” Interagency Collaboration for the Children of Parents with a Mental Illness, Department of Health, Mental Health Division, Perth, Western Australia, April 2002.

Invited speaker on “Interagency pathways for children of parents with a mental illness.” TVW Telethon Institute of Child Health, Subiaco, Western Australia, April 2002.

Invited speaker on “Parenting well when you’re depressed.” St. John of God Hospital, Subiaco, Western Australia, April 2002.

Keynote speaker with K. Biebel on “Experiences of parents with mental illness and their families.” Training on Representing Parents with Mental Illness and their Families Conference. Massachusetts Mental Health Legal Advisors Committee, Boston, Massachusetts, January 2003.

Keynote speaker on “Needs of families in which a parent has a mental illness.” Training on “Strengthening Families Recovering From Mental Illness: A Community Consensus-Building Initiative,” Worcester, Massachusetts, February 2003.

Invited speaker/trainer on “Homeless women and children.” SAMHSA, CMHS/CSAT Homeless Families Initiative, Rockville, Maryland, May 2003.

Invited speaker on “Working with families living with parental mental illness.” Child Welfare League of American Mental Health Advisory Board, Washington, D.C., September 2003.

Training presentations on “Creating opportunities for success: Working with trauma survivors in the shelter setting” for the Health Foundation of Central Massachusetts, Inc. at the Veterans’ Shelter, Worcester, Massachusetts, January – March 2004.

Keynote speaker on “Expanding our awareness of parental depression” and “Assessment and treatment of parental depression: A training for health care professionals.” Children’s Upstream Services, the CUPS Learning Team, and the University of Vermont. Rutland, Vermont, April 2004.

Keynote speaker on “Steps toward evidence-based practices for parents with mental illness and their families.” Conference on Parents with Mental Illness, sponsored by the British Columbia Working Group on Parents with Mental Illness. Vancouver, British Columbia, December 2004.

Invited speaker on “Parents with mental illness and their families.” Western Massachusetts DSS/DMH Collaboration. Northampton, Massachusetts, January 2005.

Keynote speaker on “Creating a safe space: Suggestions for best practices.” Massachusetts Department of Mental Health and Department of Social Services Statewide Symposium. Worcester, Massachusetts, April 2005.

Training presentations to UMMS/WSH Psychology Interns on “Parents with mental illness.” Worcester, Massachusetts, May 2005.

Invited speaker on “Impact of parent’s mental illness on custody issues: Safety vs. attachment.” The Massachusetts Juvenile Court Judges Spring Conference. Lenox, Massachusetts, May 2005.

Training presentation to Institute for Health and Recovery on “Homeless women and children: Changing the way we do business.” Cambridge, Massachusetts, July 2005.

Keynote speaker on “Evidence-based practices for families living with mental illness: How can we help without them?” The New Hampshire Association of School Psychologists Annual Meeting. Concord, New Hampshire, October 2005.

Training presentation to Massachusetts Department of Mental Health on “Families living with parental mental illness: Shared experiences and overlapping needs.” Boston, Massachusetts, February 2006.

Training presentations to Employment Options, Inc. on “The parenting role of adults with mental illness” and “Trauma survivors as parents.” Marlborough, Massachusetts, March 2006.

Invited speaker on “Parents with mental illness: A clinical perspective.” Massachusetts Continuing Legal Education Delinquency and Child Welfare Law Conference, Boston, Massachusetts, April 2006.

Training presentation to Blue Cross Blue Shield Foundation Health Coverage Journalism Fellowship on “Healing themselves, helping their kids.” Marlborough, Massachusetts, May 2006.

Keynote speaker on “Parenting well with mental illness.” The Calgary Health Region and

Canadian Mental Health Association Conference. Calgary, Alberta, Canada, May 2006.

Invited Plenary Speaker on “Parenting to promote positive parent-child relationships.” SAMHSA Center for Substance Abuse Treatment Women and Children’s Treatment Annual Grantee Meeting. Washington, D.C., September 2006.

Invited speaker on “The experiences and needs of parents with mental illness; Creating options for parents with mental illness; Communicating with children about parental mental illness.” Students and staff at the Academie voor Sociale Studies, Hanzehogeschool; and Cenzor, GGz Groningen. Groningen, The Netherlands, November 2006.

Invited speaker on “Working with parents with mental illness and their families.” The Organization for Sheltered Accommodations. Apeldoorn, The Netherlands, November 2006.

Invited speaker on “Homeless Mothers, their Children, and Trauma.” The Institute for Health and Recovery. Cambridge, MA, February 2007.

Invited speaker on “Bridging systems and stakeholder groups for families living with parental mental illness.” The Mental Health Network. Perth, WA, Australia, March 2007.

Invited speaker on “Families living with parental mental illness.” Ruah Community Services. Perth, WA, Australia, March 2007.

Invited speaker on “Coping with parental mental illness.” Rockingham Kwinana Mental Health. Perth, WA, Australia, March 2007.

Keynote speaker on “Coping with parental mental illness.” TVW Telethon Institute of Child Health, Subiaco, WA, Australia, March 2007.

Grand Rounds presentation on “Promoting child well-being when parents have mental illness.” Boston Medical Center, Department of Pediatrics. Boston, Massachusetts, May 2007.

Invited speaker on “Creating options for families.” National Teleconference sponsored by Mental Health America and the UPenn Collaborative on Community Integration of Individuals with Disabilities, May 2007.

Invited speaker on “Parental mental illness: Implications for families and providers.” University of British Columbia-Okanagan, School of Social Work. Kelowna, British Columbia, September 2007.

Keynote speaker on “Families living with parental mental illnesses: Challenges and opportunities.” Okanagan Region Community Forum on Supporting Parents with Mental Illness. Kelowna, British Columbia, September 2007.

Keynote speaker on “Advances in supporting families with parental mental illness.” Regional Forum on Parental Mental Illness for the British Columbia Ministry of Children and Family Development, Fraser Health, Mental Health & Addiction Services and Health Promotion & Prevention. Surrey, British Columbia, September 2007.

Invited speaker on “Creating options for families.” National Teleconference sponsored by the U.S. Psychiatric Rehabilitation Association and the UPenn Collaborative on Community Integration of Individuals with Disabilities, December 2007.

Invited speaker on “Systems of care & programs for children & families living with parental mental illness.” The Werry Centre for Child & Adolescent Mental Health Workforce Development Initiative and The University of Auckland Department of Psychological Medicine, Auckland, New Zealand, September 2008.

Grand Rounds presentation with V. Williams on “Reflections on building the evidence base for families living with parental mental illness.” The Dartmouth Psychiatric Research Center, West Lebanon, NH, February 2009.

Keynote speaker on “Best practices for families living with parental mental illness.” Victoria Families with Parental Mental Illness Initiative Training Forum, Moe, Victoria, Australia, October 2009.

Invited speaker on “Children living with parental mental illness.” Public Forum, Traralgon, Victoria, Australia, October 2009.

Keynote speaker on “Incorporating a family-focused approach.” Gippsland Regional Meeting of Behavioral Health Directors and Administrators, Traralgon, Victoria, Australia, October 2009.

Grand Rounds presentation on “Optimizing child well-being: Families living with parental mental illness.” The Children’s Hospital, Westmead, New South Wales, Australia, October 2009.

Invited speaker on “Families living with parental mental illness.” The Lodge at Macquarie Hospital, North Ryde, New South Wales, Australia, October 2009.

Keynote speaker on “Families affected by parental mental illness.” The Psychiatric Rehabilitation Association, Redfern, New South Wales, Australia, October 2009.

Grand Rounds presentation on “Best practice in psychiatric rehabilitation for parents with serious mental illness and their children.” Royal North Shore Hospital, Department of Psychiatry, St. Leonards, New South Wales, Australia, October 2009.

Invited speaker with Ken Duckworth, MD on “Families living with parental mental illness.” The monthly national radio program of the National Alliance on Mental Illness, November 2009.

**Consultations:**

Consultant, Australian COPMI Work Force Development initiative and eLearning resource, “Keeping Families and Children in Mind: COPMI Mental Health Worker Education Resource,” 2008 – 2009.

Consultant, Family Intervention Development, Community Mental Health Center, Warragul, Victoria, Australia, October 2009.

Consultant, NH Disability Rights Center, Inc., Concord, NH, October 2001.

Consultant, NH Coalition on Family Law and Mental Illness, Concord, NH, January 2001.

Consultant, Family Law Forum, NH Division of Behavioral Health and Disabilities Rights Center, Concord, NH, November 1999.

Consultant, SAMHSA Women with Co-Occurring Disorders and Histories of Violence Steering Committee, 1999 – 2004. Consultant to Children’s Subcommittee, February 2000 - 2004. Site Visitor, Washington, D.C., January 2000.

Consultant, National Mental Health Association, American Bar Association, and National Association of State Mental Health Program Directors (NTAC) on preparation of articles on parents with mental illness and their families for national newsletter publications.

Consultant, Massachusetts Department of Mental Health Parent Coordinators and the Parent Professional Advocacy League of the Federation for Children with Special Needs, April 2000.

Consultant, Family Services, Eastern Panhandle Mental Health Center, Martinsburg, West Virginia, 1978.

### **Professional Service:**

2010 – present	Member, Editorial Board, <u>Journal of Emotional and Behavioral Disorders</u>
2009 – present	Member, Parent Subcommittee, Massachusetts State Mental Health Advisory Council
2009 – present	Invited Member, Massachusetts Child Behavioral Health Initiative Subcommittee on Culturally-informed, Best and Promising Practices
2009	Invited Reviewer, National Research Council, Institute of Medicine of the National Academies report on “Depression in Parents, Parenting, and Children: Opportunities to Improve Identification, Treatment, and Prevention Efforts”
2008	Invited Participant and Rapporteur, Rosalynn Carter Symposium on Mental Health Policy, “Unclaimed Children Revisited.” The Carter Center, Atlanta, Georgia, November
2008 - present	Member, International Consultation Group and Research and Evaluation Group, National Children of Parents with Mental Illness (COPMI) Initiative, Australia
2007	Expert Panel Member, Mental Health America/SAMHSA Maternal Depression Action Guide Experts Meeting
2007	Site Visitor, SAMHSA Science and Service Award program
2006 - 2008	Expert Panel Participant and Expert Resource Group Member, Informing

System Responses to Disasters: Attending to Diversities Initiative. The National GAINS Center, Health Resources and Services Administration Maternal and Child Health Bureau, and SAMHSA/CMHS.

- 2005 External Appraiser (Research Proposal Reviewer), The Ontario Mental Health Foundation
- 2005 – present Member, Editorial Board, Psychiatric Rehabilitation Journal
- 2005 Invited Participant, The Surgeon General’s Workshop on Women’s Mental Health, November 30 and December 1, Denver, Colorado
- 2005 – 2007 Member, Dissemination of Empirically Supported Treatments Committee of the Academy of Psychological Science
- 2004 – 2008 Founding Member, Maternal Depression Steering Committee, with William Beardslee, M.D., Carl Bell, M.D., Jane Knitzer, Ed.D., Larke Huang, Ph.D., & Mareasa Isaacs, Ph.D.
- 2004 – 2008 Member, Advisory Group, “Unclaimed Children Revisited,” National Center for Children in Poverty, Columbia University, New York, New York
- 2003 - 2006 Member, National Institute of Mental Health, Special Emphasis Review Panel (March 2003; March 2004); SBIR Panel (August 2003); Services Conflicts Panel (March 2004; March 2005); Special Emphasis Panel (March 2006)
- 1995 - present Peer Reviewer, Psychiatric Services, Journal of Behavioral Health Services and Research, Community Mental Health Journal, Psychiatric Rehabilitation Journal, Journal of Health and Social Behavior, Journal of Mental Health Administration, American Journal of Orthopsychiatry, Depression and Anxiety, American Journal of Public Health, Journal of Emotional and Behavioral Disorders, Social Psychiatry and Psychiatric Epidemiology, Administration and Policy in Mental Health and Mental Health Services Research, COPMI of Australia GEMS.
- 2002 Reviewer, Policy Briefing Paper on “Mental Health and Parenting,” University of Michigan Children, Youth and Family Consortium, November 2002
- 2001 Co-Convenor, SAMHSA/Center for Mental Health Services-funded Invitational Meeting on Strategies for Providing Family-Centered Care to Parents with Mental Illness and Their Children, Elkridge, Maryland, November
- 2000 Invited Participant, U.S. Surgeon General’s Meeting on Integration of Mental Health Services into Primary Health Care, The Carter Center, Atlanta, Georgia, November

- 2000 Convenor and Chair, SAMHSA/Center for Mental Health Services-funded Work Group on Parents with Mental Illness: Innovations in Programs, Policy, Research and Service Integration, Worcester, Massachusetts, October
- 1999 Convenor and Co-Chair, National Advisory Group on Parents with Mental Illness and their Families for SAMHSA/Center for Mental Health Services at the National Institutes of Health, Bethesda, Maryland, October
- 1998 - 2001 Member, Women Mental Health Consumers and their Children Advisory Board, National Research and Training Center on Psychiatric Disability, The University of Illinois at Chicago
- 1998 Member, Substance Abuse and Mental Health Services Administration Review Panel, Women with Co-occurring Disorders and Histories of Violence Initiative
- 1997 – 1999 Member, Women’s Needs Assessment National Working Group. National Research and Training Center on Psychiatric Disability, The University of Illinois at Chicago.
- 1997 Member, SAMHSA Planning Committee, Developing Solutions and Strategies to Meet the Needs of Mothers with Psychiatric Diagnoses
- 1997 Member, National Institute on Disability and Rehabilitation Research Review Panel, Field-Initiated Projects
- 1997 – 2008 Co-Chair and Co-Founder, Strategic Planning Committee, Parents with Mental Illness and their Families State Wide Coalition, Massachusetts
- 1996 Reviewer, Community-Based Programming for Children with Serious Emotional Disturbance and their Families: Research and Evaluation, PRO-Ed, Inc.
- 1995 - 1999 Member, National Institute of Health Alumni Association.
- 1994 - present Interviewed about parents with mental illness by reporters from the Middlesex News, Los Angeles Times, State ADM Report, WLDN Radio ("Your Mental Health Matters," sponsored by Mental Health Association of Central Middlesex), Boston Globe Sunday Magazine, Clinical Psychiatry News, Worcester Telegram, CNN "Healthworks" and consulted on production with David Baron for WBUR and NPR "All Things Considered," Psychiatric Times, Worcester Magazine, Parents Magazine, CBS News, The Philadelphia Inquirer, the New York Daily News, The Cape Cod Times, the NYC Child Welfare Reporter.
- 1993 - 1999 Member, Massachusetts Department of Mental Health Research Review Committee

- 1991 Peer Reviewer, Professional Psychology: Research and Practice
- 1989 - 1995 Member, New England Children's Mental Health Task Force
- 1989 Member, Planning Committee, Conference on Validations of Allegations and Emerging Concepts in the Treatment of Child Victims, with Jon R. Conte, Ph.D., the Central Massachusetts Area Health Education Center and the Family Center Project
- 1988 Reviewer, Program Committee  
APA Family Psychology Division Annual Meeting
- 1987 Member, Conference Resource Committee  
Family Violence Research Conference for Family Practitioners and Policymakers  
University of New Hampshire
- 1982 - 1984 Book Review Editor, Newsletter  
Massachusetts Psychological Association
- 1982 Reviewer, Radcliffe Research Scholars Program  
The Henry A. Murray Research Center  
Radcliffe College  
Cambridge, Massachusetts
- 1981 Reviewer, Program Committee  
APA Psychotherapy Division Midwinter Meeting
- 1980 - 1981 Member, Institutional Review Board  
American Institutes for Research  
Cambridge, Massachusetts
- 1980 Reviewer, Human Development Study Section  
Division of Research Grants  
National Institutes of Health/Bethesda, Maryland
- 1979 - 1984 Member, Women and Health Committee  
APA Health Psychology Division
- 1978 - 1980 Newsletter Co-Editor and Research Committee Chair  
Psychologists in Family Medicine and Primary Health Care
- 1979 Reviewer, Harvard University Press and The Johns Hopkins University Press
- 1976 - 1977 Graduate Admissions Committee  
Human Development and Family Studies  
The Pennsylvania State University

**Community Service:**

- 2004 – present      Member, Clubhouse Family Legal Project Advisory Board, Employment Options, Inc., Marlborough, Massachusetts
- 1998 – 1999      Co-Host, “Shrink Rap,” a call-in talk show on mental health issues, WSMN, AM1590, Nashua, New Hampshire
- 1996 - 2001      Member, Family Project Advisory Council  
Employment Options, Inc.  
Marlborough, Massachusetts
- 1987 - 1990      Member, The Open Door Society of Massachusetts
- 1987      Invited Participant, Social Services Sector Retreat  
Governor's Special Commission on Violence Against  
Children, the Commonwealth of Massachusetts
- 1976 - 1985      International Childbirth Education Association  
Member, Publications Committee  
(1982 - 1984)  
Chair, Community Outreach Committee (1981 - 1984)
- 1978 - 1979      Board of Directors  
Norborne Day Care Center  
Martinsburg, West Virginia
- 1979      Member, Workshop Program Committee  
Regional Action Committee Concerned for School  
Age Parents  
Presented workshops on "Alternatives to Parenthood"  
and "A Teen Parent Panel" at local conferences

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