

Joan A. Vaccaro, Ph.D. Dietetics and Nutrition

Adjunct Lecturer/ Dietetics and Nutrition
Robert Stempel College of Public Health and Social Work
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Education

Iona College, New Rochelle, New York.

B.A. 06/1977 **Sociology** (minor Psychology)

Queens College, City University of New York, Flushing, New York

M.A. 06/1988 **Chemistry**

Florida International University, Robert Stempel College of Public Health and Social Work;
Miami, Florida

DPD 05/2011 **Didactic Program Dietetics** certification

Ph.D. 05/2011 **Dietetics and Nutrition**

Research focus: Effect of diet and exercise on *chronic diseases* by ethnicity. Special groups – children and older adults. Designing interventions aimed to improve health in special populations: children, older adults, Hispanics and Blacks. Research Coordinator and Co-Investigator on the **Wertheim Endowed Innovation Fund** study entitled, *Pilot diet and exercise intervention in older Hispanics with diabetes*.

Positions and Employment (reverse chronological order)

2019-2021 -Co-Investigator and Research Coordinator - above grant

2012–present Adjunct Lecturer, Department of Dietetics and Nutrition, Florida International University, Miami, FL

2008- 2011 Teaching Assistant Department of Dietetics and Nutrition, Florida International University, Miami, FL

2004-2008 Didactic Program Dietetics/research rotation, Florida International University, Miami, FL

2002-2008 Substitute Teacher Broward Public Schools, Fort Lauderdale, FL

1999-2002 Adjunct Instructor, Department of Humanities, Essex County College Newark, NJ

1992-2002 Analytical Chemist, Quality Control, Science Temps, 202 North Avenue; Cranford, NJ

1998-2000 Data Processing Technician, Baker Personnel, Pine Brook, NJ

1990-1992 Teaching Assistant, Department of Chemistry, Seton Hall University, South Orange, NJ

Other Experience and Professional Memberships (reverse chronological order)

- Poster presentation: Vieira, E. R., **Vaccaro, J.A.**, Zarini, G. G., & Huffman, F. G. (2018). Osteoporosis, self-rated health, and activity of daily living skills of older adults attending congregate meal sites. *International Conference on Frailty & Sarcopenia Research (ICFSR)*. Miami Beach, FL, USA, March 1-3, 2018
- Poster presentation: **Vaccaro, J. A.** & Huffman F. G. Dietary risk factors by race/ethnicity, age-group, and gender in a representative sample of US older adults *Ninth Annual Inter-professional Geriatrics Training Institute: Art of Successful Aging* - 2016
- Wellness Committee member - 2015
- First place for poster presentation, Medical care for diabetes self-management in older adults with diabetes by race/ethnicity. *Eighth Annual Inter-professional Geriatrics Training Institute: Collaborating for Quality Care* - 2015
- Travel Award from- 36th National Nutrition Databank Conference Awards Committee, 2012
- Association of Graduate Students in Dietetics and Nutrition (AGSDN) Events Coordinator, VP 2008-2011
- Golden Key International Honor Society member, 2008 to 2011
- Teaching and Research Assistantships 2008 to 2011
- Travel Funding for conference presentations, University Graduate School 2009-2011
- Research Funding, University Graduate School, 2009
- Invited to Delta Epsilon Iota, Academic Honor Society, 2010
- First place, Scholarly Forum, Health Awareness and Policy, 2011 at FIU
- Didactic Program in Dietetics, DPD, verification of certification, conferred, 2011
- Academy for the Art of Teaching, Graduate Teaching Certificate, 2009
- Academy of Nutrition and Dietetics 2008 to present

- American Society of Nutrition 2008- present
- Invited to Phi Kappa Phi and inducted, 2007 for graduate work at FIU
- Queens College Alumni Association 1988

Peer-reviewed Publications

Vaccaro, J. A., Gaillard, T., Caceres, S., Hollifield, M. & Huffman, F. G. (2020) Barriers to Participating in Diabetes Care Behaviors in Hard to Reach Older Hispanics. *Nursing & Primary Care*, 4(5), 1-8. ISBN: NCP-20-157. Retrieved at: <https://scivisionpub.com/pdfs/barriers-to-participating-in-diabetes-care-behaviors-in-hard-to-reach-older-hispanics-1384.pdf>

Gaillard, T., **Vaccaro, J. A.**, Caceres, S., Huffman, F. G. (2020). Integrating Cultural Humility Within the Health Belief Model: Application to A Diet and Exercise Intervention for Hispanics Low-Income Older Adults with Type 2 Diabetes. *Nursing & Primary Care* 4(3), 1-7. ISSN 2639-9474. DOI: [10.33425/2639-9474.1150](https://doi.org/10.33425/2639-9474.1150). Retrieved at: <http://scivisionpub.com/pdfs/integrating-cultural-humility-within-the-health-belief-model-application-to-a-diet-and-exercise-intervention-for-hispanics-lowincome-1352.pdf>

Alfaleh, G., Huffman, F. G., Li, T., & **Vaccaro, J. A.** (2020). Child obesity prevention intervention in Kuwaiti summer camps targeting health behaviors in nutrition, physical activity, and screen time. *Journal of Health Science and Medical Research* (Published online September 26, 2020). ISSN 2630-0559. <http://dx.doi.org/10.31584/jhsmr.2020765>

Vaccaro, J. A., Gaillard, T., Huffman, F. G., & Vieira, E. R. (2019). Review Article: Motivational strategies to prevent frailty in older adults with diabetes: A focused review. *Journal of Aging Research*, Volume 2019. Article ID 3582679, 8 pages <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6893277/>

Vaccaro, J. A., Zarini, G. G., & Huffman, F. G. (2019). Parental perceptions of child's medical care and neighborhood, and child's behavioral risk factors for obesity in U.S. children by body mass index classification. *Journal of Environmental and Public Health*. Volume 2019, Article ID 3737194, 10 pages <https://doi.org/10.1155/2019/3737194>

Vaccaro, J. A., Zarini, G. G., & Huffman, F. G. (2018). Cross-sectional analysis of unhealthy foods, race/ethnicity, sex, and cardiometabolic risk factors in U.S. adults, *Nutrition & Dietetics*, 75 (5), 474-480. doi: 10.1111/1747-0080.12439

Huffman, F. G., **Vaccaro, J. A.**, Zarini, G. G., & Vieira, E. R. (2018). Osteoporosis, active daily living skills, quality of life and dietary patterns of congregate meal participants. *Geriatrics*, 3(2), 24, <https://doi.org/10.3390/geriatrics3020024>

- Vaccaro, J. A. & Huffman, F. G. (2018).** Are U.S. consumers using MyPlate and restaurant menu labels and does their use equate with dietary and exercise behavior? *Journal of Consumer Behaviour*, (in press). DOI: 10.1002/cb.1716 First published: 30 March 2018 <https://doi.org/10.1002/cb.1716>
- Shaban, L. H., **Vaccaro, J. A.**, Sukhram, S. D., & Huffman, F. G. (2018). Do mothers affect daughter's behaviors? Diet, physical activity, and sedentary behaviors in Kuwaiti mother–daughter dyads. *Ecology of Food and Nutrition*, 57(2), <http://www.tandfonline.com/doi/full/10.1080/03670244.2017.1418337>
- Vieira, E. R., **Vaccaro, J. A.**, Zarini, G. G. & Huffman, F. G. (2017). Health indicators of U.S. older adults who received or did not receive meals funded by the Older Americans Act. *Journal of Aging Research*, Volume 2017 (2017), Article ID 2160819, 8 pages <https://doi.org/10.1155/2017/2160819>
- Huffman, F. G., **Vaccaro, J. A.**, Vieira, E. R., & Zarini, G. G. (2017). Health-related characteristics of older adults who attend congregate meal sites in the United States. *Geriatrics*, 2, 22. Doi:10.3390/geriatrics2030022.
- Vaccaro, J. A. & Huffman, F. G (2017).** Sex and race/ethnic disparities in food security and chronic diseases in U.S. older adults. *Journal of Gerontology and Geriatric Medicine*, 3. DOI: <https://doi.org/10.1177/2333721417718344>
- Owusu, J. S., Colecraft, E. K, Aryeetey, R., **Vaccaro, J. A.**, & Huffman, F. G. (2017). Nutrition intakes and nutritional status of school age children in Ghana. *Journal of Food Research*, 6(2). Doi: 10.5539/jfr.v6n2p11.
- Vaccaro, J. A. & Huffman, F. G. (2017).** Sex and race/ethnicity differences in following dietary and exercise recommendations for U.S. representative sample of adults with type 2 diabetes. *American Journal of Men's Health*, 11(2). Doi: 10.1177/1557988316681126. <http://journals.sagepub.com/doi/full/10.1177/1557988316681126>
- Shaban, L. H., **Vaccaro, J. A.**, Sukhram, S. D., & Huffman, F. G. (2016). Perceived body image, eating behavior, and sedentary activities and body mass index categories in Kuwaiti female adolescents. *International Journal of Pediatrics*, 2016, article ID 1092819. 7 pages. Doi: 10.1155/2016/1092819.
- Vaccaro, J. A. & Huffman, F. G. (2016).** Cardiovascular endurance, body mass index, physical activity, screen time and carotenoid intake of children: NHANES National Youth Fitness Survey (NNYFS). *Journal of Obesity*, Volume 2016, Article ID 4897092, 6 pages. Doi: 10.1155/2016/4898092. <http://dx.doi.org/10.1155/2016/4897092>

- Owusu J., Colecraft E., Aryeetey R., **Vaccaro JA**, & Huffman FG, (2016). Comparison of two school feeding programs in Ghana, West Africa. *International Journal of Child Health and Nutrition*, 5 (2), 56-62.
- Vaccaro, J. A.** & Huffman, F. G. (2016). Dietary risk factors by race/ethnicity, age-group, and gender in a representative sample of US older adult. *Journal of Nutrition Health and Aging*. (published first online, July 12, 2016). DOI: 10.1007/s12603-016-0778-y.
- Vaccaro, J. A.**, Niego, J., & Huffman, F. G. (2016). Dietary factors, body weight, and screen time in US children with and without asthma. *Children's Health Care* 45, (1), 22-28. <http://dx.doi.org/10.1080/02739615.2014.948165>
- Vaccaro, J. A.**, Frederick, F. Davis, K., & Huffman, F. G. (2015). Nutrition knowledge of amateur bicyclists in South Florida, USA. (2015). *Journal of Physical Activity, Sports & Exercise (JPASEX)*, 3(1), 23–27.
- Frazier, L. D., **Vaccaro, J. A.**, Garcia, S. Fallahazad, N., Rathi, K. Shrestha, A., & Perez, N. (2015). Diet self-efficacy and physical self-concept of college students at risk for eating disorders. (2015). *Journal of Behavioral Health*, 4(4), 97–100. doi:[10.5455/jbh.184462](https://doi.org/10.5455/jbh.184462)
- Vaccaro, J. A.**, Anderson, K., & Huffman, F. G. (2015). Diabetes self-management behaviors, medical care, glycemic control, and self-rated health in U.S. men by race/ethnicity. *American Journal of Men's Health* Published online before print May 7, 2015. doi: 10.1177/1557988315585590
- Zarini, G.G., **Vaccaro, J. A.**, Canossa Terris, M. A., Exebio, J. C., Tokayer, L., Antwi, J., . . . Huffman, F. G. (2014). Lifestyle behaviors and self-rated health: The Living for Health program. *Journal of Environmental and Public Health*, 2014, ID 315042, 9 pages. <http://dx.doi.org/10.1155/2014/315042>
- Vaccaro, J. A.** & Huffman F.G. (2014). The role of family/friend social support in diabetes self-management for minorities with type 2 diabetes. *Journal of Nutrition and Health*, 2 (1). doi:10.1269/jnh-2-1-1. <http://pubs.sciepub.com/jnh/2/1/1/index.html>
- Vaccaro, J. A.**, Safina, D., Grunspan, L., & Huffman, F.G. (2014). Dietary quality and comorbidities of adults at medical risk for diabetes. *Open Journal of Preventive Medicine*, 4(4), 138–144. Retrieved from http://file.scirp.org/Html/2-1340272_44524.htm
- Huffman, F.G., **Vaccaro, J. A.**, Zarini, G. G., & Dixon, Z. (2014). Comparison of Two Indices of Diet Quality with Acculturation Factors and Demographics in Haitian Americans, *Ecology of Food and Nutrition*, 53 (1) 42-57. doi: 10.1080/03670244.2013.774674. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236495/>

- Exebio, J. E., Ajabshir, S., Zarini, G., **Vaccaro, J. A.**, & Huffman, F. G. (2014). Use of Homeostatic Model Assessment indexes for the identification of metabolic syndrome and insulin resistance among Cuban-Americans: a cross sectional study, *British Journal of Medicine and Medical Research*, 4(29), 4824–4833.
<http://www.sciencedomain.org/abstract.php?id=12&aid=5131>
- Cheema, A. K., Zarini, G.G., Exebio, J., Ajabshir, S., Shaban, L., Antwi, J., **Vaccaro, J. A.**, & Huffman F. G. (2014). Ethnic differences in insulin resistance, adiponectin levels and abdominal obesity: Haitian Americans and African Americans, with and without Type 2 Diabetes Mellitus. *British Journal of Medicine and Medical Research*, 4(26), 4455–4469.
<http://www.sciencedomain.org/abstract.php?id=12&aid=4927>
- Vaccaro, J.A.** & Huffman, F.G. (2013). Phylloquinone (vitamin K1) intake and pulse pressure as a measure of arterial stiffness in older adults. *Journal of Nutrition in Gerontology and Geriatrics* 32, 244-257 doi:10.1080/21551197.2013.809045.
<http://www.ncbi.nlm.nih.gov/pubmed/23924257>
- Vaccaro, J. A.** & Huffman, F. G. (2013). Obesity indicators by race/ethnicity for diagnosis of cardiometabolic diseases for a US representative sample of adults. *Cardiovascular System*. doi: 10.7243/2052-4358-1-4. <http://www.hoajonline.com/cardiovascsyst/2052-4358/1/4>
- Huffman F. G., Vallasciani, M., **Vaccaro, J. A.**, Exebio, J. C. , Zarini ,G. G., Nayer, A., & Ajabshir, S. (2013). The association of depression and perceived stress with beta cell function between African and Haitian Americans with and without type 2 diabetes. *Journal of Diabetes Mellitus*, 3(4) 236–243.
<http://www.oalib.com/paper/2994152#.VPYFjuGrHfc>
- Veronyck Colas M., **Vaccaro, J. A.**, G. Zarini G. G, & Huffman, F. G. (2013). Impact of Vegetable Preparation Method and Taste-Test on Vegetable Preference for First Grade Children in the United States. *International Journal of Child Health and Nutrition*, 2(4) 316-325. <http://www.lifescienceglobal.com/pms/index.php/ijchn/article/view/1310>
- Huffman, F., Exebio, **J. Vaccaro, J.** Zarini, G. & Dixon, Z. (2013). Effect of medical advice for diet on diabetes self-management and glycemic control for Haitian and African Americans with type 2 diabetes, *Food and Nutrition Sciences*, 4(11) 1094–1101. doi: 10.4236/fns.2013.411142. http://file.scirp.org/Html/3-2700905_37541.htm
- Huffman, F .G., **Vaccaro, J. A.**, Exebio, J. C., Abajshir, S., Zarini, G. G., & Shaban, L. H. (2013) Relationship of omega-3 fatty acids on C-reactive protein and homocysteine in Haitian and African Americans with and without type 2 diabetes. *Journal of Nutrition and Food Sciences*, 3 (179), doi:10.4172/255-9600.1000180.
<http://omicsonline.org/relationship-of-omega-3-fatty-acids-on-c-reactive-protein-and-homocysteine-in-haitian-and-african-americans-with-and-without-type-2%20diabetes-2155-9600.1000180.pdf>

- Huffman, F. G., **Vaccaro, J. A.**, Ajabshir, S., Exebio, J. C., Zarini, G. G., & Dixon, Z. (2013). Perceived stress, self-rated health of Haitian- and African- Americans with and without type 2 diabetes. *Journal of Research in the Medical Sciences*, 18, 198–204. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3732899/>
- Huffman, F. G., **Vaccaro, J. A.**, Biller, D., Zarini, G. G., & Dixon, Z. (2012). Micronutrient Inadequacy, of three ethnic groups with and without type 2 diabetes. *International Journal for Vitamin and Nutrition Research*, 82(4), 275–287. doi:10.1024/0300-9831/a000120 <http://www.ncbi.nlm.nih.gov/pubmed/23591665>
- Exebio, J. C., Zarini, G. G., **Vaccaro, J. A.**, Exebio, C. C., & Huffman, F. G. (2012). Use of Hemoglobin A1C in Screening for Haitian-Americans with undiagnosed Type 2 Diabetes. *Brazilian Archives of Endocrinology and Metabolism*, 56(7), 449–455. <http://www.ncbi.nlm.nih.gov/pubmed/23108750>
- Vaccaro, J. A.** & Huffman, F. G. (2012) Relationship of lifestyle medical advice and non-HDL cholesterol control of a nationally representative US sample with hypercholesterolemia by race/ethnicity. *Cholesterol*, Volume 2012, Article ID 916816, 7 pages. doi:10.1155/2012/916816 <http://www.ncbi.nlm.nih.gov/pubmed/23119150>
- Vaccaro, J. A.** & Huffman, F. G. (2012) Gender differences in medical advice and health behavior of obese African Americans with and without type 2 diabetes. *American Journal of Men's Health*, 6(5), 383–394. <http://www.ncbi.nlm.nih.gov/pubmed/22691306>
- Vaccaro, J. A.** & Huffman, F. G. (2012). Race-, gender- and age-specific differences in micronutrient intakes of US adults with and without diabetes. *International Journal of Food Sciences and Nutrition*. Posted online on August 2, 2012. doi:10.3109/09637486.2012.710894 <http://www.ncbi.nlm.nih.gov/pubmed/22856382>
- Huffman, F. G. & **Vaccaro, J. A.**, Exebio, J. C., Zarini G, Katz T, & Dixon Z. (2012) Television watching, diet quality, physical activity and diabetes among three ethnicities in the United States. *Journal of Environmental and Public Health*. vol. 2012, Article ID 191465, 10 pages, doi:10.1155/2012/191465. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3407635/>
- Sukhram, S.D., Zarini, G.G., Shaban, L.H., **Vaccaro, J.A.**, & Huffman, F.G. (2012). Obesity and serum high sensitivity C-reactive protein levels among elderly Turkish immigrants in the Netherlands with type 2 diabetes. *Ageing International* [published online:26 July 2012], pp. 1-13, doi: 10.1007/s12126-012-9149-0 <http://link.springer.com/article/10.1007%2Fs12126-012-9149-0>
- Dixon, Z., Newman, F., Chapa, L., **Vaccaro, J.A.**, & Huffman, F.G. (2012). Social determinants of fruit and vegetable intake and validation of Pro-Children Eating Habits Questionnaire for 3rd and 5th grade children. *The Internet Journal of Health*. 13(1). ISSN: 1528-8315. <http://connection.ebscohost.com/c/articles/89372288/social-determinants-fruit-vegetable-intake-validation-pro-children-eating-habits-questionnaire-3rd-5th-grade-children>

- Huffman, F.G., **Vaccaro, J. A.**, Zarini, G. G. & Dixon, Z. (2012). Dietary intake of flavonoids and HDL - and LDL- cholesterol in two Black ethnicities with and without type 2 diabetes. *Internet Journal of Cardiovascular Research*, 7(2) ISSN: 1540–2592.
- Vaccaro, J.A.**, Feaster, D., Lobar, S., Baum, M., Magnus, M., & Huffman, F.G. (2012). Medical advice and diabetes self-management reported by Mexican-Americans, Black- and White- non-Hispanic adults across the United States. *BMC Public Health*, 12(185), doi:10.1186/1471-2458-12-185.
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3362774/>
- Vaccaro, J. A.** & Huffman, F. G. (2012) Reducing Health Disparities: Medical advice and health behavior of minorities with diabetes. *Journal of Health and Human Services Administration*, 34(4), 389–417. <http://www.ncbi.nlm.nih.gov/pubmed/22530284>
- Debnath, S., Gomez, G. P. Zarini, G. G. **Vaccaro, J. A.**, & Huffman, F. G. (2012). Do dietary factors contribute to medical costs in Cuban-Americans with and without type 2 diabetes? *Journal of Health Care Finance: Special Issue: Public Health and Health Care*, 38(4):61–75. <http://www.ncbi.nlm.nih.gov/pubmed/22894022>
- Vaccaro, J.A.** & Huffman, F. G. (2011). Monounsaturated fatty acid, carbohydrate intake, and diabetes status are associated with arterial pulse pressure. *Nutrition Journal*, 10, 126. doi: 10.1186/1475-2891-10-126. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3286422/>
- Huffman, F. G., **Vaccaro, J. A.**, Nusrath, N., & Zarini, G. G. (2011). The effect of carbohydrate amount, quality and type on arterial pulse pressure in Cuban-Americans with and without type 2 diabetes. *Journal of Nutrition and Food Science*, 1(106). doi:10.4172/2155-9600.10000106. <http://omicsonline.org/2155-9600/2155-9600-1-106.php>
- Huffman, F. G., De La Cera, M., **Vaccaro, J. A.**, Zarini, G. G, Exebio, J, Gundupalli, D, & Shaban, L. (2011). Healthy Eating Index and Alternate Healthy Eating Index among Haitian Americans and African Americans with and without Type 2 Diabetes *Journal of Nutrition and Metabolism*. Volume 2011, Article ID 398324. doi:10.1155/2011/398324. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3236495/>
- Huffman, F.G., **Vaccaro, J.A.**, Zarini, G., & Nath, S. (2011). Coronary heart disease risk in Cuban Americans with and without type 2 diabetes. *Internet Journal of Health*, 12(1). http://www.ispub.com/journal/the_internet_journal_of_health/volume_12_number_1_11/article/coronary-heart-disease-risk-in-cuban-americans-with-and-without-type-2-diabetes.html
- Huffman, F. G., Knight-Sepulveda, K, McLean, M., **Vaccaro, J. A.**, & Zarini, G. G. (2010). Serum adiponectin, ghrelin and metabolic syndrome and diabetes status in Cuban Americans. *The International Journal of Health Research*, 3(2), 93–103. <http://www.ajol.info/index.php/ijhr/article/view/70273>

Huffman, F. G, **Vaccaro, J. A.**, Gundupalli, D. Zarini, G. G. & Dixon, Z. (2010). Acculturation and diabetes self-management of Cuban Americans: Is age a protective factor? *The International Journal of Ageing*. Special Issue: Public Health and Ageing. Published online 31 December, 2010. doi:10.1007/s12126-010-9102-z.
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Huffman, F. G, **Vaccaro, J. A.**, Nath, S. & Zarini, G. G. (2009). Diabetes Self-Management: Are Cuban Americans Receiving Quality Health Care? *Journal of Health and Human Services Administration*. Special Issue: Public Health, 32(3)3, 279–304.
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Huffman, F. G., **Vaccaro, J. A.**, Zarini, G. G., & Nath, S. (2009). Coronary heart disease risk in Cuban Americans with and without type 2 diabetes. *The Internet Journal of Health*, 12(1) <http://ispub.com/IJH/12/1/7750>

Invited review

Huffman, F. G. & **Vaccaro, J. A.** (2012). Physical activity type 2 diabetes, and ethnicity: recent findings and implications. *American Journal of Lifestyle Medicine*, Published online before print December 9, 2012. doi: 10.1177/1559827612469337

REFERRED PUB LISHED ABSTRACTS AND POSTER PRESENTATIONS

Caceres, S., Frampton, C., Guillen, A., Whitney C., **Vaccaro, J. A.**, Gaillard, T., Huffman, F. G., & Vieira, E. Testing a Diet and Exercise Intervention for Disadvantaged Older Hispanics with Type II Diabetes. *American Physical Therapy Association (APTA) Combined sections Meeting (CSM)*. February 2021. *Undergoing peer-review*.

Gaillard, T. **Vaccaro, J. A.** Huffman, F. G., Caceres, S., Vieira, E. R. (2020). Applying cultural humility and the health belief model for a diet and exercise intervention in older Hispanic with type 2 diabetes: Lessons learn from the field. Association of Diabetes Care & Education Specialist: ADCE20, August 14-17, Georgia World Congress, Atlanta, GA.

da Costa Cavalcanti, Queiroga, M. R., Caceres, S., Civitella, F , **Vaccaro, J.A.**, Huffman, F. G., Gaillard, T., & Vieira, E. R. (2020). Relationship between physical health indicators associated with frailty in older Hispanics with type 2 diabetes. *Abstract-International Conference on Frailty & Sarcopenia Research (ICFSR 2020)*. March 11-13, 2020, Toulouse, France.

Vieira, E. R., **Vaccaro, J.A.**, Zarini, G. G., & Huffman, F. G. (2018). Osteoporosis, self-rated health, and activity of daily living skills of older adults attending congregate meal sites. *International Conference on Frailty & Sarcopenia Research (ICFSR)*. Miami Beach, FL, USA, March 1-3, 2018. *Journal of Frailty & Aging*. 7(1), 92–173

- Huffman, F. G., **Vaccaro, J. A.**, Zarini, G. G., & Vieira, E. R. (2018). Osteoporosis, active daily living skills, and dietary patterns of congregate meal participants. *International Conference on Frailty & Sarcopenia Research (ICFSR)*. Miami Beach, FL, USA, March 1-3, 2018. *Journal of Frailty & Aging*. 7(1), 92–173.
- Owusu, J. S., Colecraft, E., Aryeetey, R., **Vaccaro, J. A.**, Darko, D. A., & Huffman, F. G. (2017). *Nutritional Status and Academic Performance of School-age children enrolled in two feeding programs in Ghana*. Poster/conference presentation. IUNS (International Union of Nutritional Science), Nutrition Congress, Buenos Aires, Argentina.
- Huffman, F. G., **Vaccaro, J. A.**, & Zarini, G. G. (2017). Sex and Race/Ethnic Disparities in Food Security and Chronic Diseases in U.S. Older Adults. *FASEB Journal*, 31, 791.18.
- Zarini, G. G., Exebio, J., **Vaccaro, J. A.**, McLean, M., Ajabshir, S., & Huffman, F. G. (2017). Effect of Vitamin D3 Supplementation on Blood Pressure in Hispanics with Type 2 Diabetes. *FASEB Journal*, 31, 961.12.
- Haddadian, P., Huwaikem, M., **Vaccaro, J. A.**, Zarini, G. G., & Huffman, F. G. (2017). Physical Activity, Sedentary Behavior, and Obesity in U.S. Children Ages 6–12. *FASEB Journal*, 31, 642.5.
- Vaccaro, J. A.** & Huffman, F. G. (2016). Dietary risk factors by race/ethnicity, age-group, and gender in a representative sample of US older adults. *Ninth Annual Inter-professional Geriatrics Training Institute: The Art of Successful Aging*.
- Zarini, G. G., McLean, M., **Vaccaro, J.** Exebio, J., Ajabshir, S., & Huffman, F. G. (2016). Effects of vitamin D3 supplementation on telomerase activity in Hispanics with type 2 diabetes. *FASEB Journal*, 30, 1156.1.
- Owusu, J. S. Colecraft, E. Aryeetey, F., **Vaccaro, J. A.**, & Huffman, F. (2016). Contribution of school meals to nutrient intakes of school-age children enrolled in two feeding programs in Ghana., *FASEB Journal*, 30, 669.3.
- Ajabshir, S., Exebio, J., Zarini, G., **Vaccaro, J.**, & Huffman F. (2016). Homeostatic model assessment index 1 and 2 are associated with serum 25-hydroxyvitamin D among Haitians and African-Americans living in south Florida. *FASEB Journal*, 30, 917.12.
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