

CURRICULUM VITAE

HILA J. SPEAR

Home Address: 95 Wilderness Rd.
Rustburg, Virginia 24588

Business Address: Liberty University
Department of Nursing
1971 University Blvd.
Lynchburg, Virginia 24502

EDUCATION:

Awarded	Institution	Clinical - Functional
Ph.D., 1997	University of Virginia	Nursing, Adolescent Health
M.S.N., 1987	University of Virginia	Community Health Nursing
B.S.N., 1986	Liberty University	Nursing
A.D.N., 1975	Kellogg Community College	Science/Nursing

PROFESSIONAL AND TEACHING EXPERIENCE

2008-	Course Professor, NURS 620: Nurse Educator Advanced Practicum III
2004-06	Course Professor, NURS 352 Family & Health in Childbearing Families
2005-	Course Professor, NURS 500, Research
2002-	International Board Certified Lactation Consultant, Virginia Baptist Hospital, Lynchburg, VA
2002-	Professor of Nursing
2002-	Course Professor for NURS 502 - Theory; NURS 512 – Adv. Community Health I; and NURS 614 – Advanced Community Health III
2001-	Course Professor for NURS 501 – Health Policy/Ethics
2000- 06	Lactation Educator, Virginia Baptist Hospital, Centra Health, Inc. Lynchburg, VA
1999-00	Clinical Nurse II: Mother/Baby Unit, Virginia Baptist Hospital, Centra Health, Inc., Lynchburg, VA.
1998-01	Associate Professor of Nursing

- 1996-02 Clinical Professor for NURS 352 Family & Health in Childbearing Families
- 1994-97 Assistant Professor of Nursing
- 1993 -01 Course Professor for NURS 105 - Medical Terminology
- 1992 - Course Professor for NURS 475 Research in Nursing
- 1990-1996 Course Professor for NURS 440 Community Health Nursing
- 1989-1992 Clinical Instructor for NURS 301/301 Medical Surgical Nursing
- 1989-90 Instructor of Nursing, Liberty University (course instructor: NURS 201 Fundamentals)
- 1987-89 Nursing Instructor, Fundamentals of Nursing, Medical and Surgical Nursing, Lynchburg General Hospital School of Nursing, Lynchburg, Virginia.
- 1988 Responsible for development of Learning Skills Lab, Lynchburg General Hospital School of Nursing.
- 1987 Nursing Instructor, Obstetrical Nursing: provided clinical teaching to senior students, Roanoke Memorial Hospital Labor and Delivery, Newborn Nursery, Post Partum, and High Risk Obstetrics Units, Virginia Western Community College, Roanoke, Virginia.
- 1986-87 Relief Charge Nurse: Student Health Services. Responsible for physical assessment, health education, and medical referral. Lynchburg College, Lynchburg, VA.
- 1981- Certified CPR Instructor: American Heart Association.
- 1981-86 Certified Childbirth Educator, adult education: responsible for course development, taught six-week series throughout the year, averaged 50 adults per six week course.
- 1979-86 Staff/Charge Nurse: Labor and Delivery Unit, Virginia Baptist Hospital, Lynchburg, Va., Prepared Childbirth Educator.
- 1977-79 Charge Nurse: Pediatric and Young Adult Unit, Leila Montgomery Post Hospital, Battle Creek, Michigan.
- 1976-77 Charge Nurse: Medical and Surgical Unit, primarily oncology, Leila Montgomery Post Hospital, Battle Creek, Michigan.
- 1975-76 Nursing Extern, Obstetrical Unit, Labor and Delivery, Lakeview General Osteopathic Hospital, Battle Creek, Michigan.

UNIVERSITY SERVICE

University at Large

- 2006- Member of dissertation committee, reader for PhD student, Touro University International
- 2006- Member of dissertation committee, reader for EdD student, Liberty University
- 2006-07 Member of dissertation committee, reader for EdD student, Liberty University
- 2006 Faculty Workshop: Getting published: The fundamentals
- 2005- Member of the QEP University Committee [related to Graduate Writing]
- 2005- Member of dissertation committee, reader for EdD student, Liberty University
- 2005- Member, Graduate Faculty Development Committee
- 2005- Chair, GCRE Graduate Poster Sub-Committee
- 2004- Member of the Graduate Center for Research and Evaluation (GCRE)
- 2004- Member of SACS Library Committee [Chair, Subcommittee]
- 2003- Member of Graduate Administrative Committee
- 1998-02 Member of Graduate Council
- 1998- 00 Member of Senate Elections Committee
- 1997- 00 Member of Faculty Senate
- 1994 -96 Member of Student Development Committee
- 1994-95 Member of SACS Self-Student Development and Services Committee
- 1993 -96 Alternate member of the Judicial Review Board
- 1993 Freshman Seminar Instructor

Department of Nursing

- 2006- Responsible for managing development and implementation of the online version of LU's residential MSN [CNS focused] program.
- 2005-06 Chief Justice for Department of Nursing Honor's Council
- 2004- Responsible for final proofing, editing, and formatting of the self study document for accreditation of undergraduate and graduate programs [Commission on Collegiate

Nursing Education, CCNE]

- 2004 Wrote documentation for all four standards for self-study document relevant to the MSN program [program received initial accreditation, met all standards with no recommendations [official October, 2004]
- 2002- Director of Graduate Studies in Nursing
- 1998 Member, Ad Hoc Curriculum Outcomes Committee, created to revise curriculum objectives to meet criteria of American Association of Colleges of Nursing
- 1997-02 Chair, Graduate Education Committee (wrote proposal for and directed the development of the MSN Program, approved by L.U. Faculty Senate and Administration, fall 1999; approved by the Virginia State Council of Higher Education, July, 2000; accredited by the Southern Association of Colleges and Schools, June, 2002; CCNE accreditation status pending, official decision to be rendered October 2004)
- 1996-97 Chair, Undergraduate Admission and Retention Committee
- 1996-98 Chair, Ad hoc Grants Committee
- 1995-96 Wrote Criterion No. 19 regarding systematic evaluation of all undergraduate program components for National League of Nursing (NLN) Self-study document.
- 1993- Member, Undergraduate Admission and Retention Committee
- 1991-92 Vice chairperson, General Faculty Committee
- 1990-91 Recording secretary, General Faculty Committee
- 1989- Faculty advisor to nursing majors (average 35 students)
- 1989- Member, General Faculty Committee and Curriculum Committee
- 1989-92 Member Public Relations Committee
- 1989-92 Chair, Library and Computer Resources Committee

MEMBERSHIP AND PARTICIPATION IN PROFESSIONAL ORGANIZATIONS

- 2007 Attended conference on the Doctorate in Nursing Practice [DNP], Baltimore, MD, Spring, 2006
- 2006 Reviewed NIH Grant proposals [Evaluation of Breastfeeding Promotion and Support Programs, Potential Extramural Project (PEP) 2006-R-01] , CDC, 4/26-4/27

- 2005 Presented research study on nurses attitudes regarding the promotion of breastfeeding among adolescent mothers [AWHONN local chapter]
- 2005 Attended American Association of Colleges of Nursing [AACN] annual conference in Washington, DC [October 21-24]
- 2004- Member of the Association of Women's Health, Obstetric, and Neonatal Nurses [AWHONN]
- 2003- Member of Nurses Christian Fellowship
- 1996- Inducted into the Sigma Theta Tau Honor Society for Nursing Scholars and Leaders, Xi Upsilon Chapter, Lynchburg College.
- 1996- Member, Recruitment and Admission Committee, Sigma Theta Tau Honor Society, Xi Upsilon Chapter, Lynchburg College.
- 1995 -97 Doctoral Nursing Student Organization (DNSO) University of Virginia
- 1995- Southern Nursing Research Society (SNRS)
The University of Virginia School of Nursing Alumni Association
- 1982- Council of Childbirth Education Specialists, New York, New York.

SCHOLARLY AND RESEARCH ACTIVITIES

- 2007 Presentation on research and related issues nursing managers at Centra Health, Spring semester.
- 2006 Guest speaker on topic of evidenced-based nursing practice, Centra Health, Critical Care Nursing Units, June.
- 2005- Reviewer for the *Journal of Christian Nursing*
- 2005- Reviewer for *American Journal of Nursing*
- 2005 Keynote speaker for the inaugural annual Virginia Henderson Research Conference, Centra Health, Lynchburg, VA, November..
- 2004- Reviewer for *MCN, American Journal of Maternal Child Nursing*
- 2004- Reviewer for *European Journal of Public Health*
- 2004- Referee for *Journal of Clinical Nursing*
- 2004- Research Consultant for Centra Health, Inc., Nursing Division

- 2003- Reviewer for *Medical Science Monitor Journal*
- 2003- Member of the Magnet Nursing Research Council (Centra Health, Lynchburg VA).
- 2003 Co-presenter: "Teenage pregnancy among rural populations," Radford University Sigma Theta Tau Research Day.
- 2001 Published article titled, "Adolescent health behaviors and related factors: A review" (published in *Public Health Nursing*) requested by University De Geneve, Geneva, Switzerland, to be entered into The Jean Piaget Archives, a research and documentation center in the field of developmental psychology.
- 2001 Paper presentation, "Examining the Complex Issues of Teenage Pregnancy in Populations at Risk:" Celebrating Child Welfare, Annual National Conference of the Child Welfare Institute, Radford University, School of Social Work (5/23-25)
- 2001 Paper presentation, "Correlates of intentional and unintentional pregnancy in a rural teenage population",: A Symposium Focusing on Interdisciplinary Innovations and Outcomes in Health Care, Annual Sigma Theta Tau Research Day, Radford University (3/30)
- 2000 Invited to participate on Nursing Panel, presented overview of trends in obstetric nursing, Virginia Nursing Students' Association 48th Annual Convention, Roanoke, Virginia
- 1999 Presented paper, "A qualitative study on teenage pregnancy: Experiences of adolescent females." Virginia Nursing Students' Association, 48th Annual Convention, Roanoke, VA.
- 1998 Abstract reviewer for State of the Science Conference, Washington, DC, sponsored by Southern Nursing Research Society
- 1998 Teen Pregnancy Project, worked with colleague from Radford University, co-wrote a grant to fund study regarding adolescent sexuality and pregnancy (in 1999, awarded \$8000.00 for project, data collection to begin April 2000).
- 1998 Conducted integrative review of qualitative research on adolescent sexuality and teen pregnancy with colleague from University of Kentucky.
- 1998 Book review for textbook, Frenay, A. C., & Mahoney, R. M. (1998). *Understanding medical terminology, 10th edition*, New York: McGraw-Hill.
- 1997 Chair, Honor's Thesis Committee, student Betsey Lee [qualitative study on parents' perceptions related to having premature infant in ICN]
- 1997 Paper presentation, "Teen pregnancy - The experiences of adolescent females: A pilot study," at Sigma Theta Tau Annual Research Day, Radford University, April.

- 1997 Defended dissertation study, Ph.D. in Nursing conferred by the School of Arts & Sciences, University of Virginia, May.
- 1996-98 Senior nursing seminar, "Applying to Graduate School," Liberty University Department of Nursing.
- 1996-97 Member, Honor's Thesis Committee, student, Angela Hollerman, "The Effects of Spirituality on Coping with Cancer."
- 1996 Member, Honor's Thesis Committee, student Donelyn Heilman
- 1996 Poster presentation, "Teen pregnancy - The experiences of adolescent females: A pilot study," Southern Nursing Research Society Conference, Norfolk, Va., April.
- 1996 Poster presentation, "Health behaviors: An integrative review with an emphasis on adolescence" at the Southern Nursing Research Society (SNRS) Annual Convention in Miami, Fla., February.
- 1996 Poster presentation, "Health behaviors: An integrative review with an emphasis on adolescence," Sigma Theta Tau Meeting, School of Nursing, McLeod Hall, University of Virginia.
- 1996 Paper presentation, "Health behaviors: An integrative review with an emphasis on adolescence," at Sigma Theta Tau Annual Research Day, Radford University, April.
- 1996 Developed grant for study regarding Teenage Pregnancy, wrote for submission to American Nurses Foundation, Wash. D. C. and National Research Service Award, Department of Health and Human Services as part of course work and comprehensive exams, spring and summer semester, both grants recommended for submission for funding for doctoral study (not submitted due to time limitations).
- 1994-95 Member of Honor's Thesis Committee, student LuAnn Sallstrom, "A Comparison of Fentanyl and Sufentanil in Relation to Time Required for Extubation in the Post Cardiac Surgical Patient."
- 1993 Research and Statistics consultant to doctoral study group, EdD program, Virginia Polytechnic Institute.

Abstracts

Spear, H. (1996). Health behaviors: An integrative literature review with an emphasis on adolescence. Book of research poster abstracts: "Cultural diversity in research practice," SNRS 10th annual conference, Feb. 1996, p.13, abstract entered into on-line research data base for Sigma Theta

Tau, (International Honor Society for Nursing).

Spear, H. (1997). Teenage pregnancy: The experiences of adolescent females: A Pilot Study. Annual Research Day, sponsored by Psi Epsilon, Sigma Theta Tau Chapter, Radford University. Included in proceedings from conference, abstract entered into on-line research data base for Sigma Theta Tau (International Honor Society for Nursing).

Spear, H. (1996). Teenage pregnancy: The experiences of adolescent females: A pilot study. Included in proceedings from Southern Nursing Research Society Conference, Norfolk, VA.

Publications

Spear, H. J. (in press). Overcoming challenges: A first-time mother's breastfeeding success story. *International Journal of Childbirth Education*.

Spear, H. J. (2007). College students' experiences and attitudes regarding middle and high school-based breastfeeding education. *Journal of School Nursing*, 23(5), 276-282.

Spear, H. J. (2007). Bad birthing. *American Journal of Nursing*, 107(10), 15.

Spear, H. J. (2007). Breast is best and culture wars. *International Journal of Childbirth Education*, 22(1), 34-35.

Spear, H. J. (2007). The Doctor of Nursing Practice (DNP): Need for more dialogue. *Online Journal of Issues in Nursing*, 12(1), 16.

Spear, H. J. (2007). Nursing theory and knowledge development: A descriptive review of doctoral dissertations, 2000-2004. *Advances in Nursing Science*, 30(1), E1-E14.

Spear, H. J. (2006). Influences on advancement of nursing knowledge. *Nursing Science Quarterly*, 19(4), 379-380.

Spear, H. J. (2006). Policies and practices for maternal support options during childbirth and breastfeeding initiation after cesarean in southeastern hospitals. *Journal of Obstetric, Gynecologic, and Neonatal Nursing*, 35(5), 634-643.

Spear, H. J. (2006). Baccalaureate nursing students' breastfeeding knowledge: A descriptive survey. *Nurse Education Today*, 26(4), 332-337.

Spear, H. J. (2006). Evidence-based nursing practice: Making progress and making a difference. *Worldviews on Evidence Based Nursing*, 3(2), 52-54.

Spear, H. J. (2006). Breastfeeding behaviors and experiences of adolescent mothers. *MCN, American*

- Journal of Maternal Child Nursing*, 31(2), 106-113.
- Spear, H. J. (2006). Nurses and politics: What's your political IQ? *Nursing Forum*, 41(1), 38-40.
- Spear, H. J. (2006). Nurses and publication success: The value and importance of mentoring. *Nurse Author & Editor*, 16(3),
- Spear, H. J. (2006). TV nurses often hurt more than heal. *Journal of Christian Nursing*, 23(4), 32-34.
- Spear, H. J. (2005). Being witness to a miracle and happy ending: Finally meeting Joshua, *Contemporary Nursing*, 20(2), 297-298.
- Spear, H. J. (2005). The importance of giving voice to parents' concerns about the MMR vaccine. *Medical Science Monitor*, 11(10), 13-14.
- Spear, H. J. (2005). Childbirth and breastfeeding over three decades: One mother's story. *Journal of Perinatal Education*, 14(3), 6-10.
- Spear, H. J. (2005). Who are you calling nurse? *American Journal of Nursing*, 105(6), 14.
- Spear, H. J. (2005). Breastfeeding. *American Journal of Nursing*, 105(5), 15.
- Spear, H. J. (2005). Breastfeeding and the importance of support: Sometimes it takes a village. *AWHONN Lifelines*, 9(2), 184, 181-183.
- Spear, H. J. (2005). Nurses on 'ER': Unreality TV. *Nursing Spectrum*, 15(15), 28.
- Spear, H. J. (2005). Bereavement and grief related to the loss of a parent. *Journal of Psychosocial Nursing and Mental Health Services*, 43(6), 52-54.
- Spear, H. J. (2005). Mother's support options during cesarean childbirth. *JOGNN*, 34(2), 150.
- Spear, H. J. (2005). Good morning girls and boys: Have you thought about becoming a nurse? *Reflections on Leadership in Nursing*, 31(1), 8-9.
- Spear, H. J. (2004). No link between induced abortion and breast cancer: Good science or bad politics? *Nursing Forum*, 39(4), 34-35.
- Spear, H. J. (2004). A call to all nurses: Get out there and vote. *RN*, 67(10), 12.
- Spear, H. J. (2004). On ethical peer review and publication decisions: The importance of professional conduct and communication. *Nurse Author & Editor*, 14(4), 1-3.
- Spear, H. J. (2004). When reality doesn't meet expectations: The importance of consistent communication, support, and anticipatory guidance for high-risk mothers who plan to breastfeed. *Journal of Clinical Nursing*, 13(6), 773-775.
- Spear, H. J. (2004) "Breastfeeding's not as easy as you think!" *International Journal of Childbirth Education*
- Spear, H. J. (2004). Personal narratives of adolescent mothers to be. *Public Health Nursing*, 21(4),

338-346.

Spear, H. J. (2004). Regarding abortion: Informed consent or selective disclosure? *Nursing Forum*, 39(2), 31-32.

Spear, H. J. (2004). Let's get informed and involved. *Journal of Christian Nursing*, 21(3), 28-29

Spear H. J. (2004). What does it take to be called a nurse? *American Journal of Nursing*, 104, (5), 58.

Spear, H. J. (2004). My first dying patient: I will never forget Penny Jones. *Journal of Hospice and Palliative Nursing*, 6(2), 136-139.

Spear, H. J. (2004). A follow-up case study on teen pregnancy: "Having a baby isn't a nightmare, but it's really hard." *Pediatric Nursing*, 30(2), 120-125.

Spear, H. J. (2004). A call to all nurses: Get out there and vote! *RN*, 67(10), 12.

Spear, H. J. (2004). Nurses' attitudes, knowledge, and beliefs related to breastfeeding among adolescent mothers. *Journal of Pediatric Nursing*, 19(3), 176-183.

Spear, H. J., & Kulbok, P. A. (2004). Autonomy and adolescence: A concept analysis. *Public Health Nursing*, 21(2), 144-152.

Spear, H. J. (2004). "You sure can tell....." *International Journal of Childbirth Education*, 19(1), 22-23.

Spear, H. J. (2003). Lesson in caring and compassion: "I saw some of the nurses crying." *International Journal of Childbirth Education*

Spear, H. J. (2003). You sure can tell which nurses are in favor of breastfeeding. *The Birthkit [Midwifery Today Publication]*.

Spear, H. J. & Lock, S. (2003). Qualitative research on adolescent pregnancy: A descriptive review and analysis. *Journal of Pediatric Nursing*, 18(6), 397-408.

Spear, H. J. (2003). My daughter's journey through infertility: A nurse and mother's perspective. *AWHONN Lifelines*, 7(5), 476-480.

Spear, H. J. (2003). The baccalaureate degree for entry into practice: It's time for nursing to take a stand. *Nurse Education Today*, 23(4), 243-245.

Spear, H. J. & Student Contributors (2003). Touching the spirit: Student stories of spiritual care. *Journal of Christian Nursing*, 20(3), 33-35.

Spear, H. J. (2002). Experiencing the death of my Mother: A daughter and nurse's perspective. *Journal of Holistic Nursing*, 20(2), 187-200.

Carter, K. F., & Spear, H. J. (2002). Knowledge, attitudes, and behavior related to pregnancy in a

rural teenage population. *Journal of Community Health Nursing*, 19(2), 65-75.

Spear, H. J. (2002). Almost 20 years after a traumatic birth experience: “Joshua is doing just fine.”

Neonatal Network: The Journal of Neonatal Nursing, 21(5), 65-68.

Spear, H. J. (2002). Reflections on practice: Why choose nursing? *Nursing Forum*, 37(4), 32-34.

[also published in *Servir* a nursing journal based in Lisbon, Portugal].

Spear, H. J. (2002). Reading, writing, and having babies: A nurturing alternative school program.

Journal of School Nursing, 18(5), 293-300.

Spear, H. J., & Kulbok, P. (2001). Adolescent health behaviors and related factors: A review.

Public Health Nursing, 18(2), 82-93.

Spear, H. (2001). Teenage pregnancy: Having a baby won't affect me that much. *Pediatric Nursing*,

27(6), 574-580.

Manuscripts in Process

Spear, H. J. Educators' attitudes and practices regarding the inclusion of breastfeeding content into

middle and high school health and science curricula

Spear, H. J. Mothers' lived experience of breastfeeding twins

Spear, H. J. The emergence of obstetrics as a medical and nursing specialty and the New York

Lying-in Hospital: 1890 – 1930.

SPECIAL AWARDS & RECOGNITIONS

2006 Appointed as a candidate to represent Lynchburg, VA in the *Empire of Who's Who of Women in Education*.

2006 Quoted in *A Daybook for Nurse Leaders and Mentors*, published by Sigma Theta Tau International.

2005 Keynote speaker for Centra Health's Annual Virginia Henderson Research Seminar

2005 Guest speaker for local chapter of AWHONN [presented original research, published in *Journal of Pediatric Nursing*]

2004 Nominated by former student for Who's Who Among American College Professors

2002 Guest Speaker for Sigma Theta Tau International Honor Society [Fall Induction Ceremony, Lynchburg College]

- 2002 Excellence Award, Centra Health, Inc
- 1995 Who's Who in American Nursing
- 1993 Who's Who in American Nursing
- 1992 Invited by senior class to be Keynote Speaker for 1992 annual Junior Senior Breakfast, Lynchburg General Hospital School of Nursing (declined invitation)
- 1991 Keynote Speaker for 1991 annual Junior-Senior Breakfast, Lynchburg General Hospital School of Nursing, Lynchburg, Virginia
- 1991 Who's Who in American Nursing
- 1987 Elected by freshman students to be Faculty Advisor (for three-year term), Lynchburg General Hospital School of Nursing
- 1986 Who's Who Among Students in American Colleges and Universities
- 1986 Liberty University - Dean's List
- 1986 Graduated Summa Cum Laude, BSN Completion Program, Liberty University
- 1985 Liberty University –National Dean's List
- 1977 Personal Touch Award: for exemplary patient care, Leila Montgomery Post Hospital, Battle Creek, Michigan

References available upon request.