

« Solo Deus Gloria »
FERNANDO GARZON, PSY.D.
Liberty University
434/ 592-4054

SPECIAL SKILLS

Online Course Developer & Instructor
Spanish Speaking
IRB Chair

EDUCATION

1987-1993 Psy.D., Fuller Theological Seminary, Graduate School of Psychology
1980-1984 Bachelor of Arts, Biology, Wake Forest University, Winston-Salem, NC

ACADEMIC EXPERIENCE

Associate Professor

Liberty University 8-05 to Present.

Online courses developed:

Research and Program Evaluation, Ethnicity and Family Therapy

Courses taught:

Integration of Psychology & Theology, Spiritual Identity, Ethnicity and Family Therapy, Counseling Skills, Research and Program Evaluation. Online and on-campus formats

Research interests: Spiritual interventions in professional and lay counseling, multicultural issues, integration pedagogy

Other duties:

IRB Chair. Supervise doctoral dissertations and advise counseling students in their coursework. Lead and/or participate on a variety of academic committees.

Associate Professor

Regent University 8-96 to 5-2005.

Online Courses developed:

Introduction to Spiritual Formation in Professional Counseling
Models of Inner Healing and Forgiveness

Courses taught:

Multicultural Psychology, Internship, Practicum I & II, Research Design, Assessment Techniques, Psychopathology, Intelligence Testing, Ethics, Supervision & Consultation

PUBLICATIONS

Peer Reviewed Journal Articles

- Garzon, F. (2009). Guest editor's page: Teaching integration. *Journal of Psychology and Theology, 37,*
- Ripley, J., Garzon, F., Hall, E., Mangis, M. (2009). Pilgrims' progress: Faculty and University factors in graduate student integration of faith and learning. *Journal of Psychology and Theology, 37,*
- Sites, E., Garzon, F., Milacci, F., Boothe, B. (2009). A phenomenology of the integration of faith and learning. *Journal of Psychology and Theology, 37, .*
- Hall, E., Ripley, J., Garzon, F., Mangis, M. (2009). The other side of the podium: Student perspectives on learning integration, *Journal of Psychology and Theology, 37, .*
- Garzon, F. (2009). Rethinking integration: A prodding case in Brazil. *Journal of Psychology and Christianity, 28.*
- Garzon, F., Worthington, E., & Tan, S-Y. (2009). Lay Christian counseling approaches and the integration of psychology and Christianity: What lay people often bring to counseling. *Journal of Psychology and Christianity, 28.*
- Garzon, F., & Tilley, K. (2009). Do lay Christian counseling approaches work? What we currently know. *Journal of psychology and Christianity, 28.*
- Garzon, F. (2007). The neuroscientific approach and God image. *Journal of Spirituality and Mental Health, 139-155.*
- Garzon, F. (2005). Interventions that apply Scripture in psychotherapy. *Journal of Psychology and Theology, 33, 113-121.*
- Garzon, F., & Poloma, M. (2005). Theophostic Ministry: Preliminary Practitioner Survey. *Pastoral Psychology*
- Garzon, F., Richards, J., Witherspoon, M., Garver, S., Wu, Z., Burkett, L., Reed, H., & Hall, L. (2002). Forgiveness in Community Cultural Contexts: Applications in Therapy and Opportunities for Expanded Professional Roles. *Journal of Psychology and Christianity, Special Edition: Christian Psychology and Underserved Populations: Embracing the Call to the Least of These, 21(4) 349-356.*

Garzon, F. & Burkett, L. (2002). Healing of memories: models, research, future directions. *Journal of Psychology and Christianity, 21*(2) 42-49.

Reed, H., Burkett, L., and Garzon, F. (2001). Exploring Forgiveness as an Intervention in Psychotherapy. *Journal of Psychotherapy in Independent Practice, 2* (4), 1-16.

Garzon, F., Garver, S., Kleinschuster, D., Tan, E., & Hill, J. (2001). Freedom in Christ: Quasi-experimental research on the Neil Anderson approach. *Journal of Psychology and Theology, 29*(1), 41-51.

Garzon, F., & Tan, S. (1992). Counseling Hispanics: Cross Cultural and Christian Perspectives. *Journal of Psychology and Christianity, 11*, 378-390.

Peer Reviewed Book Chapters

Garzon, F.L. (2007). The neuroscientific approach and God image. In G. Moriarty & L. Hoffman's (Eds.) *The God Image Handbook: Theory, Research, and Practice*. Haworth Press.

Garzon, F., & Burkett, L. (2007). Healing of memories: Models, research, future directions. In P. Hegy's (Ed.), *What do we imagine God to be? The function of "God images" in our lives*. Mellen Press.

Garzon, F. (2005). Inner healing prayer in "Spirit-Filled" Christianity. In R. Moodley & W. West's (Eds.) *Integrating traditional and cultural healing in counseling and psychotherapy*. London: Sage Press.

Garzon, F. (2004). Cognitive restructuring through contemplative inner healing prayer. In G. Walz & R. Yep's (eds.), *VISTAS: Perspectives on Counseling 2004*. Alexandria, VA: American Counseling Association Press.

Garzon, F., Garver, S., Kleinschuster, D., Tan, E., & Hill, J. (2003). Freedom in Christ: Quasi-experimental research on the Neil Anderson approach. In Mark McMinn and Todd Hall's (eds.) *Spiritual Formation, Counseling, and Psychotherapy*. New York: Nova Science Publishers.

Books or Media Publications

Garzon, F. (Ed.) (2008). *Pursuing peace: Case studies exploring the effectiveness of Theophostic Prayer Ministry*. Xulon Press.

Anderson, N., Garzon, F., & King, J. (2002). *Released from Bondage*, Revised edition. New York: Thomas Nelson Press.

Magazine Articles

- Garzon, F. (2007). Research on spiritual interventions in psychotherapy. *Christian Counseling Today*, 15 (2), 54-55.
- Garzon, F. (2005). Passing the client's test of racial issues in therapy. *Practice Points* (A publication of the American Association of Christian Counselors)
- Garzon, F. (2004). Theophostic Ministry: What is it? Who's Using It? What Does the Research Show? *Reformation & Revival Journal, Special Issue: Counseling: The Cure of Souls*, 13(2), 101-113.
- Garzon, F. (1999). A New Prescription for Your Health: Go to Church!. *The Evangel*, Spring edition.
- Garzon, F. (1998) Leaders on the Verge of Burnout. *Ministries Today*, July/August edition.

CONFERENCE PRESENTATIONS

National/International

- Garzon, F., Ripley, J., & Makino, H. (2007, March). What is integration? Undergraduate student perceptions at a conservative evangelical Christian University. Poster presented at the international convention of the Christian Association for Psychological Studies, King Of Prussia, PA.
- Garzon, F. (2006, November). Integration: What do the Students Think? Paper presented at the international convention of the Transnational Association of Christian Colleges and Schools, Nashville, TN.
- Garzon, F. (2006, October). Freedom in Christ Ministries: Preliminary findings from effectiveness research. Paper presented at the international conference for the Society for Christian Psychology, Chattanooga, TN.
- Garzon, F. (2005, December). What a novice needs to know about designing a survey. Paper presentation at the international convention of the Transnational Association of Christian Colleges and Schools, Virginia Beach, Virginia.
- Rawles, P., & Garzon, F. (2005, February). Cultural and Gender Sensitivity in Navy and Marine Corps Personnel: Preliminary Analyses of Self Report Data from Two Ships. Poster presentation at the 5th Biennial EO/EEO Research Symposium for the Defense Equal Opportunity Management Institute, Patrick AFB, Florida.
- Garzon, F., & Perez, J. (2004, October). A case of God image transformation in a Latino male Pentecostal pastor. Paper presentation at the international convention of the Society for the Scientific Study of Religion, Kansas City, Missouri.

Rawles, P., & Garzon, F. (2004, August). An Assessment of Prejudicial Attitudes in Navy and Marine Corps Personnel. Poster presentation at the international convention of the American Psychological Association, Hawaii.

Garzon, F. (2004, May). Interventions that apply Scripture in Psychotherapy. Paper presentation at Scripture and the Disciplines, international convention at Wheaton College, Wheaton, IL.

Garzon, F. (2004, March). Cognitive Restructuring through Contemplative Inner Healing Prayer: Clinical Demonstration & Current Research. Paper presentation at the international convention of the American Counseling Association, Kansas City, MO.

Smith, E., & Garzon, F. (2004, March). Integrating Theophostic Ministry with your counseling practice. International convention for the Christian Association for Psychological Studies, Petersburg, FL.

Garzon, F. & Poloma, M. (2003, October). The Usage of Inner Healing Prayer in the Conservative Christian Population: An Exploratory Survey. Paper presentation at the international convention of the Society for the Scientific Study of Religion, Norfolk, VA.

Mair, B., Ripley, J., & Garzon, F. (2003, August). Cultural Prejudices Among Conservative Christians Toward Interracial Marriages. Paper presentation at the international convention for the American Psychological Association, Toronto, Canada.

Mair, B., Ripley, J., & Garzon, F. (2003, June). Cultural Prejudices Among Christians Toward Interracial Marriages. Paper presentation at the international convention of the Christian Association for Psychological Studies, Anaheim, CA.

Garzon, F., Zuehlke, T., Zuehlke, J., Burthwick, P., & Witherspoon, M. (2002, April). Theophostic Ministry (Healing of Memories): Case Studies with External Review. Paper presentation at the international convention of the Christian Association for Psychological Studies, Chicago, IL.

Garzon, F., & Parker, S. (2001, September). Biblical Counseling and Theophostic Ministry: Preliminary Research Report. Paper presentation at the international convention of the American Association of Christian Counselors, Nashville, TN.

Garzon, F., Hardy, P., Smith, C., Borden, C., Cagle, R., Simonaviciute, G., Jageman, M. (2001, March). Theophostic Ministry (Healing of Memories): Case Study Data Suggests Research Is Warranted. Paper presentation at the Christian Association for Psychological Studies, international convention, Richmond, VA.

Garzon, F., Poloma, M., Gorsuch, R., Borden, C., Tjersland, T. (2001, March). Theophostic Ministry (Healing of Memories): Initial Survey Data. Paper presentation at the Christian Association for Psychological Studies, international convention, Richmond, VA.

Burkett, L. & Garzon, F. (2001, March). A Case Study of Integration in Psychotherapy. Poster session at the Christian Association for Psychological Studies, international convention, Richmond, VA.

Garzon, F., Reed, H., & Zoby, M. (2000, August). Group therapy for incarcerated, sexually abused women: Empirical data. Paper presentation at the American Psychological Association, international convention, Washington, DC.

Garzon, F., Burkett, L., & Hill, J. (2000, August). Sexual abuse survivors: An empirical investigation of religiously congruent interventions. Paper presentation at the American Psychological Association, international convention, Washington, DC.

Gray, S., & Garzon, F. (2000, August). Spiritual Well-Being and Reasons for Living: Assessing the Connections. Poster presentation at the American Psychological Association, international convention, Washington, DC.

Garzon, F., & Burkett, L. (2000, March). Healing of Memories: Models and Research. Poster presentation at Christian Association for Psychological Studies, international convention, Tulsa, Oklahoma.

Regional/State Presentations

Ripley, J. S., Garzon, F. L., Hall, E. L., Mangis, M., & Murphy, C. (2008, November). Pilgrim's progress: Faculty and university factors in graduate student integration of faith and profession. In F. L. Garzon (Chair), *Teaching integration: Quantitative and qualitative research perspectives*. Symposium conducted at the Christian Association for Psychological Studies, Eastern Region conference, Chambersburg, PA.

Hall, M. E. L., Ripley, J. S., Garzon, F. L., & Mangis, M. (2008, November). The other side of the podium: Student perspectives on learning integration. In F. L. Garzon (Chair), *Teaching integration: Quantitative and qualitative research perspectives*. Symposium conducted at the Christian Association for Psychological Studies, Eastern Region conference, Chambersburg, PA.

Sites, E. C., Garzon, F. L., Milacci, F. A., & Boothe, B. (2008, November). A phenomenology of the integration of faith and learning. In F. L. Garzon (Chair), *Teaching integration: Quantitative and qualitative research perspectives*. Symposium conducted at the Christian Association for Psychological Studies, Eastern Region conference, Chambersburg, PA.

Garzon, F., & Fisher, W. (2004, November). A Times Series Investigation of a Freedom in Christ Seminar with Group Application of the Steps to Freedom. Paper presentation at the eastern regional convention of the Christian Association for Psychological Studies.

Zuehlke, T., Zuehlke, T., & Garzon, F. (2002, November). Theophostic Ministry: What It Is and What the Research Shows. Paper presentation at the convention of the American Association of Christian Counselors, Atlanta, GA.

Garzon, F., Zuehlke, T., Zuehlke, J., Hall, L., Burthwick, P., Teske, M., Thatcher, M., Smith, A. (2002, November). Theophostic Ministry: Internet Survey and Outcomes-Based Case Study Data. Paper presentation at the Christian Association for Psychological Studies, eastern regional conference, Baltimore, Maryland.

Reed, H., Garzon, F., & Zoby, M (2000, April). Issues in Group Therapy with Incarcerated Women: Lessons from a Pilot Study. Paper presentation at the Virginia Psychological Association spring convention, Alexandria, Virginia.

Reed, H., Burkett, L., & Garzon, F. (1999, October). Healing from the trauma of childhood sexual abuse: A proposed group therapy intervention. Paper presentation at Christian Association for Psychological Studies, eastern regional conference, Sandy Cove, Maryland.

Garzon, F. (1999, October). Christian Inner Healing Models: Reconciling the Charismatic Church with Secular Psychology? Paper presentation at Christian Association for Psychological Studies, eastern regional conference, Sandy Cove, Maryland.

Jefferson, G., Garzon, F., Yarhouse, M., Morgan, D., Gatewood, J., O'Hare, C., Ritterspach, C., & Lewis, A. (1999, April). Innovative ideas in clinical skills training: The team-teaching approach. Paper presentation at Virginia Psychological Association Spring Convention, Virginia Beach, Virginia

Garzon, F. (1998, November). Spiritual Interventions in Psychotherapy: Cultural and Empirical Considerations. Paper presented at Virginia Psychological Association, state convention, Richmond, VA.

Garzon, F. (1998, February). Science Meets God: The Healing Influence of Christianity. Presentation in Pentecostal & Charismatic Caregivers Conference, Spirituality and Healing: Yearnings of the Spirit, Virginia Beach, VA.

Garzon, F. & Hathaway, W. (1998, February). Through a Vale Darkly: the Distorting Influence of Mental Health Problems on Spiritual Development. Presentation in Pentecostal & Charismatic Caregivers Conference, Spirituality and Healing: Yearnings of the Spirit, Virginia Beach, VA.

Garzon, F. (1997, November). Working with Managed Care. Presentation in Private Practice Issues panel for the American Association of Christian Counselors World Conference on Christian Counseling.

ACADEMIC and PROFESSIONAL LEADERSHIP

Guest Editor, 2009, *Journal of Psychology and Theology*, Special Edition: Teaching Integration

Conference Chair, 2008, *Christian Association for Psychological Studies* Eastern Regional Conference, Chambersburg, PA

Program Chair, 2007, *Christian Association for Psychological Studies* Eastern Regional Conference, Chambersburg, PA

Continuing Education Coordinator, 2007, for the *Christian Association for Psychological Studies* International Conference, King of Prussia, PA

Pastoral Care/Spirituality Track Coordinator, 2007, for the *Christian Association for Psychological Studies* International Conference, King of Prussia, PA

Board member, 2005-2008, Eastern Region, *Christian Association for Psychological Studies*

Faculty Advisor, 2005-Present, Student Chapter of the *American Association of Christian Counselors*

COMMUNITY LEADERSHIP

Pastoral Care Minister

Assist in meeting the spiritual needs of my home church, Harvest Worship Center, Stuart, Virginia. 2006-Present

Spanish Radio Program

“Encuentro” (Spanish for “Encounter”). Co-host of a Spanish counseling radio program. One hour program every Sunday, 3:30-4:30PM, on 670AM WRJR, Radio Luz, in Hampton, VA. March 2002-June 2004.

Diversity Training

For Norfolk Police Dept., 7-29-02, 7-31, 8-15-02, with T.R.A.I.T. Consulting.

Associate Pastor

“El Mundo Para Cristo” (The World for Christ), a local COG Latino congregation in Virginia Beach, VA. March 2001-Present

Trauma Response Team for the Ground Zero Clergy Taskforce

New York City, Oct. 17-21, 2001. Assisted law enforcement, fire personnel, and local churches in processing WTC terrorist attack. Trained area pastors in counseling those traumatized in their congregations.

CLINICAL EXPERIENCE

Outpatient Clinician

Donation-based practice, Virginia Beach, 3-00 to 5-05

Individual and marital therapy with a culturally diverse client population (predominantly Latino, African American) utilizing cognitive therapy and religiously congruent intervention strategies.

Outpatient Clinician

Health Psychology Associates, Irvine, CA 8-95 to 7-96.

Individual, group, marital, and family therapy with a culturally diverse client population. Psychoeducational classes and seminars. Administrative projects.

Director of Provider Services [Managed care company]

Integrated Behavioral Health, 3-94 to 9-95

Implemented Total Quality Management processes in Provider Services department. Designed periodic needs assessment instruments with interfacing departments. Participated in creation of new account proposals. Negotiated contract per diem rates with facilities. Evaluated treatment facilities/mental health professionals for panel status. Addressed facility-Integrated Behavioral Health problem areas. 30 hrs/wk.

Psychology Intern

V.A. Outpatient Clinic--Los Angeles, 9-92 to 8-93

Outpatient based assessment and therapy with ethnically diverse veterans and their spouses. Created 4 new therapy/psychoeducational groups for veterans (2 stress management groups, an Hispanic cultural awareness group, and a pre-group orientation program for newly admitted veterans). Client population included behavioral medicine clients, personality disorders, and PTSD. Therapy modes consisted of individual, couples, and group using an eclectic approach, and cognitive behavioral techniques with behavioral medicine clients.

PROFESSIONAL AFFILIATIONS

Membership in:

- 2001-present American Counseling Association
- 1997-present Christian Association for Psychological Studies
- 1999-present American Association for Christian Counseling

2004-present Society for Christian Psychology

ON-GOING PROFESSIONAL DEVELOPMENT

A minimum of 14 continuing education hours is taken yearly for up-dated clinical and teaching training.