

COLLEGE OF MEDICINE CURRICULUM VITAE

Elizabeth Cook

July 22, 2012

**I. EDUCATIONAL AND PROFESSIONAL HISTORY**

**A. Institutions Attended**

Medical Training Institute  
August 2002 – August 2005  
Midwifery Mastery Certificate as Certified Professional Midwife (CPM)

Excelsior College  
January 2006 – May 2007  
Associate of Science and Nursing (ASN) Degree  
Bachelor of Science and Nursing (BSN) Degree

Frontier School of Midwifery & Family Nursing  
November 2007 – July 2009  
Master of Science in Nursing (MSN) Degree, June 2009  
Certified Nurse Midwife (CNM) Specialty, June 2009  
Post-Master's Certificate as Women's Health Nurse Practitioner, July 2009

University of Minnesota  
September 2011 – Present  
Doctor of Nursing Practice (DNP) Student, Full-Time Track

**B. Professional and Academic Positions Held**

CPM Internship  
October 2004 – August 2005  
Medical Training Institute, Shipshewana, IN

Doula Instructor, Tutor, and Course Administrator  
January 2007 – December 2009  
Professional Labor Support Course, Dallas, TX

Free Clinic Volunteer Nurse  
January 2007 – July 2007  
Community Health Free Clinic, Cedar Rapids, IA

Rheumatology Infusion Nurse  
July 2007 – December 2008  
Physicians' Clinic of Iowa, Cedar Rapids, IA

CNM & WHNP Internship  
January 2009 – June 2009  
Phoenix Indian Medical Center, Phoenix, AZ

Labor, Delivery, & Postpartum Nurse  
January 2010 – present  
Mercy Medical Center, Cedar Rapids, IA

Clinical Assistant Professor & Certified Nurse-Midwife  
July 2010 – Present  
University of Iowa Hospitals & Clinics, Iowa City, IA

## **II. TEACHING**

### **A. Teaching Assignments**

Clinical instruction and supervision of third year medical students in both inpatient and outpatient settings. October 2010 – Present.

*Personal and Professional Development (PPD)* Didactic course for first year medical students. August 24 – Dec 7, 2011. Co-instructor with Lynne Himmelreich, CNM.

*Patient-Based Assessment (PBA)*. Provided faculty feedback for third year medical student OBG clerkship standardized patient interviews. August 4, 2011 – Present.

### **B. Presentations and Other Teaching Opportunities**

*Centering Pregnancy*. Includes involvement of interns. University of Iowa Hospitals and Clinics. December 5, 2011 – Present.

*Health Screenings For The Stages of Your Life: What Every Woman Should Know*. Community Health Seminar in Collaboration with Dr. Veronica Kolder, MD. Iowa City: University of Iowa Hospitals and Clinics. October 12, 2010.

*Having A VBAC: New Guidelines From ACOG, Response of the ACNM, and Practices at UIHC*. Cedar Falls: Sartori Memorial Hospital. Sole Speaker. Joint Meeting with Iowa Cesarean Awareness Network (ICAN) of Northeast Iowa and the Cedar Valley Doula Group. September 28, 2010.

*Introduction to Obstetrical/Midwifery Care Providers & Important Elements of Pregnancy-Related Environmental Safety*. Prenatal group class for underserved moms, predominantly adolescents. Cedar Rapids: Young Parents Network. October 5, 2010.

*Effective Teamwork: Tips for Doulas Working in the Hospital Setting*. Presentation at the Iowa City Doula Group. Iowa City, IA. February 7, 2011.

*Medical Student Orientation to OBG Clerkship*. Assisted Laura Dellos, ARNP, CNM with teaching hand maneuvers for normal spontaneous vaginal deliveries at medical student orientation to OB/GYN clerkship. February 14, 2011.

*Low Intervention Births in a Hospital Setting & Current VBAC Guidelines/Practices*. Solo Speaker. Joint Meeting with the Iowa Cesarean Awareness Network (CAN) of Iowa City and the Iowa City Doula Group. Coralville, IA. May 18, 2011.

*Doula Instructor*. Taught classes to train doulas, both on-site and via distance-based program. Averaged 8 hours/week for 3 years.

*Private Childbirth Instructor*. Taught periodic private classes for expectant couples.

### III. PROFESSIONAL PRODUCTIVITY

#### A. Publications and Creative Works

Cook, E. (2007). Delayed cord clamping or immediate cord clamping?: A literature review. *British Journal of Midwifery*, 15(9), 562-571.

Assisted with revision of *UIHC Midwifery Standard of Practice* document in collaboration with Elizabeth Potter, ARNP, CNM. January 2011.

DNP Capstone Project. September 2011 – Present. Formulating Evidence-Based Practice Guidelines for Homebirth Certified Nurse-Midwives and Certified Midwives. Working in collaboration with policy personnel at the ACNM national office as they consider including the proposed guidelines in their home birth position statement and/or clinical bulletin.

#### B. Areas of Research Interest

The physiologic initiation of labor  
Pelvic floor integrity and childbirth  
VBAC

### IV. SERVICE

#### A. Memberships in Professional Organizations

Member, American College of Nurse-Midwives.  
Member, American Pregnancy Association.  
Member, ICAN (International Cesarean Awareness Network) of Central Iowa.

#### B. Clinical Assignments

Outpatient obstetrical, gynecological, and primary care within the scope of practice of a CNM and WHNP. Inpatient obstetrical care within the scope of practice of a CNM.

#### C. Additional Contributions and Certifications Since Last Review

Obtained certification for Nexplanon insertion and removal. *Merck Clinical Training Program for Nexplanon*. December 27, 2011.

Obtained certification for Implanon insertion and removal. *Implanon Clinical Training Program*. UIHC. Iowa City, IA. August 23, 2010.

Obtained certification as a Centering Pregnancy® Instructor. UIHC. Iowa City, IA. August 23-24, 2011.

Initiated mention of UIHC midwifery service in the yellow pages of Cedar Rapids (2010) and Iowa City (2011) phone books. Renewed mention of UIHC midwifery service on several websites in 2011. Gave brochures and business cards to several area businesses in 2011.

Initiated mention of UIHC midwifery service in a Cedar Rapids *Gazette* article regarding area obstetrical options for women. *Better Birthing*, January 10, 2011. Cedar Rapids, IA. Circulation: 55,725 week day. Readership: 166,000 week day. (Statistics per personal communication with Alberto in advertising department January 11, 2011.)

**Other:**

Attended Celebration of Excellence and Achievement Among Women. April 3, 2012. The University of Iowa: Iowa Memorial Union.

**Awards:**

Nominated for 2012 Leonard Tow Humanism in Medicine Award (presented by Arnold P. Gold Foundation) Letter April 5, 2012.

Recipient of the 2012 APGO (Association of Professors of Gynecology and Obstetrics) Excellence in Teaching Award.