

Médico de familia especializado en la atención primaria de pacientes adultos y adultos mayores, con maestría y doctorado por la Universidad de Salamanca en España y experiencia en la atención ambulatoria privada, y dentro del Sistema Nacional de Salud español. Posee habilidades de comunicación, escucha, negociación y toma de decisiones compartidas que combina con la asertividad y resolutiveidad que impone la visión integral y centrada en la persona. Fue discípulo del Prof. Dr. Jorge Galperin.

## **EXPERIENCE**

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**International Longevity Centre – Rio de Janeiro, Brazil – Special Project Coordinator**

**Jan 2015 – Jan 2016**

- Active Ageing, The Longevity Revolution Report – Edition, correction, translation and dissemination campaign.
- Red Iberoamericana Ciudades Saludables – Identification, set up and implementation of the network.
- A toolkit on “Age Friendly Business Initiatives” for government, private sector and civil society.
- Seminars in UFRJ and CEPE (Rio de Janeiro), SBGG and ABG (Sao Paulo), Bradesco International Longevity Forum (Sao Paulo and Rio de Janeiro).
- Liason with ISAGS-UNASUR (Instituto Sul Americano de Governanza en Saude).

**Book Author of “De Vuelta. Diálogos con personas que vivieron mucho (y lo cuentan bien)”.**

**2015**

- **Ed. Penguin Random House** – A selection of 22 dialogues on life and ageing with Juan Sebreli, Julio Cesar Strassera, Carlos Garaycochea, Tato Pavlosvsky, Irma Roy, Graciela Fdez Meijide, Eduardo Menem and others.
- First Edition 5000 books.
- Booktrailer - <https://vimeo.com/138424126>

**University of Malaya, Kuala Lumpur, Malaysia - Visiting Professor.**

**2014**

- Position under the Director of Centre for Latin America Studies (CLAS)
- Seminars covering issues as: “Global Health – Asian Pacific & Latam – Health – International Cooperation” for postgraduate students.

**Pan-American Health Organization/World Health Organization (PAHO/WHO), Washington DC, USA.**

External Relations, Resource Mobilization and Partnerships (ERP) – Full time consultant.

**Jan 2010 - Feb 2013**

- Analytic work, leadership on the planning and elaboration of a Practical Guide “*Partnerships with non-traditional sectors for country offices*”; Guide and e-file for “*Resource mobilization for country offices*”.
- Production of donor country profiles factsheets for decision-making process.
- Country support, leadership and follow up of the “Nordic Country Initiatives for CA”.
- Program development and stakeholder dialogue for the “*Partner Forum against Chronic Non Communicable Diseases*” and “*Coalición Latinoamérica Saludable*” at the regional level. Country and stakeholder dialogue at the UN HLM on NCD preparatory meeting and the WEF meeting, New York 2011.
- Analytic work and country support on the planning and implementation of the “*Strategic Policy Dialogue*”, 2010/11. Technical support of technical areas to the formulation and implementation of programs at the country level. Dialogue and elaboration of MoU and partnerships agreement with Global Fund, International Atomic Energy Agency (IAEA) and Interamerican Cardiology Society among others.
- Technical support with donor’s: The Global Fund, IAEA, American Public Health Association, ALAMI, Komen Foundation, Mesoamerican Initiative and IADB, Sanofi Pasteur, Mc Donald’s among others. Gender, DDHH y Diversity focal point of ERP/PAHO. First level of supervision: Dr Juan Manuel Sotelo, Manager ERP.
- Mission to the Global Health Diplomacy Network Annual Meeting, London 2011. Health Diplomacy Monitor (Editorial), 2011 [http://works.bepress.com/cgi/viewcontent.cgi?article=1149&context=diego\\_bernardini](http://works.bepress.com/cgi/viewcontent.cgi?article=1149&context=diego_bernardini)
- Learning experience, share knowledge management and communication at the ERP area. Speechwriter to ERP Manager, ERP focal point for Health in the Americas 2012 (PAHO Flagship Report), Coordinator Chap 6, Steering Committee Member, Co-author Chap 1, collaboration Chap 7; Missions to PER y DOM.

- Share knowledge and learning experience through the planning and implementation of internal communication strategy of ERP (podcast-website-newsletter).
- Author “International health and new forms of association: the Multipartite Dialogue and the Partners Forum”. (2011); “Global health, diplomacy, and the case of the “killer cucumbers” (2011); “Healthy ageing and intergenerational solidarity: Latin America and its moment of opportunity” (2012); “The family, foundation and primary link of public health of the future” (2012). Co-author “Las redes de relacionamiento estratégico a nivel internacional: La experiencia de la OPS/OMS” (2011).
- Reporting to ERP Manager on analytic and strategic analysis on the regional health and socio-political agenda.

**World Bank, LAC/Health** – Washington DC, USA - Consultant.

**2009**

- Program development and support “Megacities in Latin America Project” Reporting, participation on BBL, meeting discussions and follow up. First level of supervision: Dr. Fernando Lavadenz.

**World Health Organization (WHO), Geneva, Switzerland** – Internship.

**2007**

- Ageing and Life Course Program, program support to “Age Friendly PHC Centers Project” and “Age Friendly Cities Project”. Analytic work and program support. First level supervision: Dr. Alexandre Kalache, Program Director.

**National Health System, Castilla y León and Castilla la Mancha, Spain** - Primary health care physician.

**2007 - 2008**

- Family physician in rural areas, emergency services and home visits in more than 30 small villages

**Universidad de Salamanca and Banco Santander, Spain** - As PhD Fellowship.

**2005 - 2008**

- Planning, management and implementation of CME and postgraduate courses.
- Share knowledge and management of extracurricular teaching activities and coordination of practical activities for undergraduate medicine and occupational therapist students.
- Director of the international symposium “Migration impact and health consequences” with officials of WHO, Geneva, 2004.
- Analytic work and project evaluation of “Comida a domicilio para personas mayores en situación de vulnerabilidad” from the city hall. Planning, management and a document with technical and policy recommendation.
- Recruitment, management and coordination of 60 undergraduates for the initiative on “The waiting list problem. Perception of the elderly in an urban environment” <http://www.ncbi.nlm.nih.gov/pubmed/19054466>

**Fundación Academia Europea de Yuste, Cáceres, Spain.** Part - time consultant.

**2005 - 2010**

- Invited author paper “2012 European Year for Active Ageing and Solidarity between Generations: A multidimensional view to a global phenomenon”, 2013, (in press).
- Advisor on public health.
- Delegate at the annual meetings on Medical Education and Ageing, reporting through Position documents.
- Delegate at the Regional Meeting on Ageing, Mexico, 2009.

**Health Ministry of Argentina, Buenos Aires, Argentina** - Resident, Field Epidemiology Program.

**2003**

- Emergency response experience during “Santa Fe Province floods”, (160 casualties).
- Emergency response surveillance during SARS outbreak through Ministry of Health.
- Strategy planning, analytic work and support of the epidemiology Program at the country level.
- Invited delegate by PAHO to the meeting on “Ageing in the Americas” University of Miami, USA.
- First level Supervision: Zulma Ortiz MD.

**Radio audience “Curarse en Salud”, Buenos Aires, Argentina.**

**2002 /2004**

- Producer of contents, coordination and speaker. Diffusion through 240 radio stations at national level, outreach audience 3.2 millions approx.

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**Corporación Aeropuertos Argentina 2000 y Corporación Multimédios América, Argentina.** 1996/ 2001  
Health advisor adscript to the Presidency.

- Program development, budgeting, management and reporting of the community health program on rural areas “Don Panos farm”, Chaco, Argentina. Annual Budget: 250k, extension 2 yrs, technical team 8 people. Impact: Health promotion and primary care in a 100k population.
- Emergency response coordination during the “El Niño Floods”, 1998.

**Family medicine and Primary Care private practice, Argentina** 1996/ 2003  
• Full créditos and forthcoming certification, Asociación Argentina de Medicina Familiar.

**Physical therapist private clinical practice, Argentina** 1991/ 2003

## EDUCATION

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- **Doctor en Medicina y Cirugía (PhD)**, School of Medicine, Universidad de Salamanca, Spain, 2005 -2009.  
Dissertation: “Identificación de personas mayores con alto riesgo de dependencia en medio rural. Aproximación al análisis de sus determinantes de salud y curso de vida”. Qualification: Sobresaliente Cum Laude.
- **Master in Gerontology (MSc)**, School of Psychology, Universidad de Salamanca, Spain, 2003 -2005.
- **Physician (MD)**, School of Medicine, Universidad de Buenos Aires, Argentina, 1996. (Co validate in Spain 2003).
- **Physical Therapist (PT)**, School of Medicine, Universidad de Buenos Aires, Argentina, 1991. (Co validated in Spain 2003 as Physical Therapist).

### Other courses selected:

- Specialist on Management and Planning of Development Aid Interventions, Universidad Nacional de Educación a Distancia y Organización de Estados Iberoamericanos, Spain 2013.
- Basic Health Economics, World Bank Institute, Washington, USA, 2009.
- Introduction to Negotiation skills, World Health Organization/Consensus Building Institute/Bridgeway Group, 2010.
- Advance Negotiation and Partnering Skills, The Partnering Initiative/Bridgeway Group, Washington, 2010.
- Social Health Determinants, (summer course) University College of London, London, UK, 2008.
- Postgraduate Course on Research Methodology and Public Health, World Health Organization, Geneva, Switzerland. Fellowship: Genève Foundation for Medical Education and Research, 2003.
- Postgraduate Diploma on Pedagogic Techniques and Skills, University of Buenos Aires (400hs.) 1996.

## HONORS, AWARDS and SCHOLARSHIPS

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**Universidad Nacional de Tucumán, School of Medicina, Argentina.** 2012  
Honored as Distinguished Visitor.

**Universidad de Salamanca and Banco Santander, Spain.** 2005/ 2008  
Programa de Formacion para Doctores de America Latina - PhD Fellowship.

**Spanish Agency for International Development Cooperation (AECID), Spain** 2003/ 2005  
Master in Science Fellowship.

**WHO /Genève Foundation for Medical Education and Research, Geneva, Switzerland** 2003  
Postgraduate course in Public health, epidemiology and health research.

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## RESEARCH and ACADEMIC EXPERIENCE

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- Profesor de “Metodología de la Investigación”, Maestría en Gerontología Clínica, Instituto Universitario de Ciencias de la Salud Fundación Barceló. Buenos Aires, Argentina – 2017.
- Centro de Atención y Apoyo en Diabetes de Querétaro, Querétaro, México. Filial de la Federación Mexicana de Diabetes. Director Médico *Ad Honorem* – 2016.
- Visiting Professor, University of Malaya, Kuala Lumpur, Malaysia - Center for Latin American Studies (CLAS). January – February and June – July 2014.
- Invited Honorary Professor, Public Health Department, School of Medicine, Universidad de Buenos Aires, 2013.
- Editor of “Issues of Public health, Policy and development in Latam” (2015) (Universidad de Salamanca Editions).
- Invited Professor Master on Health and Communication of Universidad Complutense de Madrid, Spain 2012-2016.
- Invited Professor in a Master on Health Services and Health Systems, Universidad Autonoma de Mexico (UNAM) 2010/2011.
- Director of “Salud global y desarrollo en América Latina” summer course, Universidad de Cantabria, Spain, 2011 and 2012.
- Author, co-author and member of the Steering Committee of “Health in the Americas 2012” Flagship Report of PAHO/WHO.
- More than 40 papers published (26 PUBMED indexed as **Bernardini-Zambrini DA**).
- Coauthor of “Atlas Mundial de Salud” (Editions SM Spain, 2007), chapter author in “Geriatría desde el Principio” – Ageing undergraduate textbook - (Ed. Glosa Barcelona, 2005), “Dependencia en geriatría” (Ed. Universidad de Salamanca, 2009).
- More than 150 lectures and presentations in Argentina, Chile, Uruguay, Brazil, Colombia, México, Ecuador, Costa Rica, USA, Spain, Portugal, Austria, Switzerland, Slovakia, Malaysia and Japan since 1996.

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## COMPLEMENTARY INFO and OTHER

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- Writer as health columnist for a digital newspapers: [www.infobae.com](http://www.infobae.com), revista Noticias, Nuevos Papeles and ar.bastiondigital.com (Argentina).
- Latin American Political Science Association (ALACIP), Research Group on “Public policy and health”. Coordinator 2012 – 2013.
- Director and Professor of a Series of “International Intensive Seminar on Diabetes and Obesity” – Queretaro (2015 – 2016), Cuernavaca and Tlaxcala (2015) Mexico.
- Collaborations to CNN Expansión (México); El Tiempo Latino (Washington DC); Bastión Digital y Diario La Nación (Argentina); “E-debate” of Open Society Institute, Soros Foundation (New York); Matasanos.org (Chile); Fundación de Educación para la Salud (España) and others.
- Working missions to Perú, El Salvador, Nicaragua, USA, UK, Dominican Republic, Ecuador and Argentina.
- **Languages:** Spanish (native), English (fluent) and portuguese (working knowledge).
- Full list of publications and more information: [http://works.bepress.com/diego\\_bernardini/](http://works.bepress.com/diego_bernardini/)
- ResearchGate: [https://www.researchgate.net/profile/Diego\\_Bernardini-Zambrini](https://www.researchgate.net/profile/Diego_Bernardini-Zambrini)
- Pubmed: [http://www.ncbi.nlm.nih.gov/pubmed/?term=Bernardini%20Zambrini%20DA%5BAuthor%5D&cauthor=true&cauthor\\_uid=18521885](http://www.ncbi.nlm.nih.gov/pubmed/?term=Bernardini%20Zambrini%20DA%5BAuthor%5D&cauthor=true&cauthor_uid=18521885)
- Vimeo: <https://vimeo.com/user28777372>
- Twitter: @Diego\_MD
- LinkedIn: <https://www.linkedin.com/in/diego-bernardini-md-phd-6a7b981b>
- Personal site: [www.diegobernardini.com/2014/](http://www.diegobernardini.com/2014/)