



# Variational approach for nonlinear oscillators

Ji-Huan He \*

*College of Science, Donghua University, 1882 Yan-an Xilu Road, Shanghai 200051, China*

Accepted 10 October 2006

Communicated by Prof. Gevarado Iovane

---

## Abstract

We propose a novel variational approach for limit cycles of a kind of nonlinear oscillators. Some examples are given to illustrate the effectiveness and convenience of the method. The obtained results are valid for the whole solution domain with high accuracy.

© 2006 Elsevier Ltd. All rights reserved.

---

## 1. Introduction

Generally speaking, there exist two basic ways to describe a physical problem [1–6]: (1) by differential equations (DE) with boundary or initial conditions; (2) by variational principles (VP). DE model requires strong local differentiability (smoothness) of the physical field, while its VP partner requires weaker local smoothness or only local integrability. The VP model has many advantages over its DE partner: simple and compact in form while comprehensive in content, encompassing implicitly almost all information characterizing the problem under consideration [7,8].

Variational methods have been, and continue to be, popular tools for nonlinear analysis. When contrasted with other approximate analytical methods, variational methods combine the following two advantages: (1) they provide physical insight into the nature of the solution of the problem; (2) the obtained solutions are the best among all the possible trial-functions.

Recently, some approximate variational methods, including approximate energy method [9–12] and variational iteration method [13–19], to soliton solution, bifurcation, limit cycle, and period solutions of nonlinear equations have been given much attention.

The approximate energy approach [9,10] can be applied not only to weakly nonlinear equations, but also strongly nonlinear ones. The so obtained results are valid for the whole solution domain [11,12].

Variational iteration method is based on a general Lagrange multiplier, and it can be applied to various nonlinear equations [20–22].

In [7,8], we applied the Ritz method to soliton solution of a nonlinear wave equation (see section 2.2 in Ref. [7]). In the present paper, we suggest a Ritz-like method for nonlinear oscillators.

---

\* Tel.: +86 216 237 9917; fax: +86 216 237 8926.

E-mail address: [jhhe@dhu.edu.cn](mailto:jhhe@dhu.edu.cn)

**2. A novel variational method**

In the present paper, we consider a general nonlinear oscillator in the form

$$u'' + f(u) = 0 \tag{1}$$

Its variational principle can be easily established using the semi-inverse method [1]

$$J(u) = \int_0^{T/4} \left\{ -\frac{1}{2}u'^2 + F(u) \right\} dt \tag{2}$$

where  $T$  is period of the nonlinear oscillator,  $\partial F/\partial u = f$ .

Assume that its solution can be expressed as

$$u(t) = A \cos \omega t, \tag{3}$$

where  $A$  and  $\omega$  are the amplitude and frequency of the oscillator, respectively. Substituting (3) into (2) results in

$$\begin{aligned} J(A, \omega) &= \int_0^{T/4} \left\{ -\frac{1}{2}A^2\omega^2 \sin^2 \omega t + F(A \cos \omega t) \right\} dt = \frac{1}{\omega} \int_0^{\pi/2} \left\{ -\frac{1}{2}A^2\omega^2 \sin^2 t + F(A \cos t) \right\} dt \\ &= -\frac{1}{2}A^2\omega \int_0^{\pi/2} \sin^2 t dt + \frac{1}{\omega} \int_0^{\pi/2} F(A \cos t) dt \end{aligned} \tag{4}$$

Applying the Ritz method, we require

$$\frac{\partial J}{\partial A} = 0 \tag{5}$$

$$\frac{\partial J}{\partial \omega} = 0 \tag{6}$$

But by a careful inspection, for most cases we find that

$$\frac{\partial J}{\partial \omega} = -\frac{1}{2}A^2 \int_0^{\pi/2} \sin^2 t dt - \frac{1}{\omega^2} \int_0^{\pi/2} F(A \cos t) dt < 0 \tag{7}$$

Thus, we modify the conditions (5) and (6) into a more simply form:

$$\frac{dJ}{dA} = 0 \tag{8}$$

from which the relationship between the amplitude and frequency of the oscillator can be obtained.

**Example 1.** Consider a nonlinear oscillator with fractional potential:

$$u'' + \epsilon u^{1/3} = 0 \tag{9}$$

Its variational formulation can be readily obtained as follows:

$$J(u) = \int_0^{T/4} \left\{ -\frac{1}{2}u'^2 + \frac{3}{4}\epsilon u^{4/3} \right\} dt \tag{10}$$

Substituting (3) into (10), we obtain

$$J(A) = \int_0^{T/4} \left\{ -\frac{1}{2}A^2\omega^2 \sin^2 \omega t + \frac{3}{4}A^{4/3}\epsilon \cos^{4/3} \omega t \right\} dt \tag{11}$$

The stationary condition with respect to  $A$  reads

$$\frac{dJ}{dA} = \int_0^{T/4} \left\{ -A\omega^2 \sin^2 \omega t + A^{1/3}\epsilon \cos^{4/3} \omega t \right\} dt = 0 \tag{12}$$

which leads to the result

$$\omega^2 = \frac{\int_0^{T/4} \epsilon \cos^{4/3} \omega t dt}{A^{2/3} \int_0^{T/4} \sin^2 \omega t dt} = \frac{\int_0^{\pi/2} \epsilon \cos^{4/3} t dt}{A^{2/3} \int_0^{\pi/2} \sin^2 t dt} = \frac{0.163557892688082\pi^{3/2}\epsilon}{A^{3/2}\pi/4} = \frac{1.15959526696393\epsilon}{A^{3/2}}$$

or

$$\omega = 1.07684505243973e^{1/2}A^{-1/3} \tag{13}$$

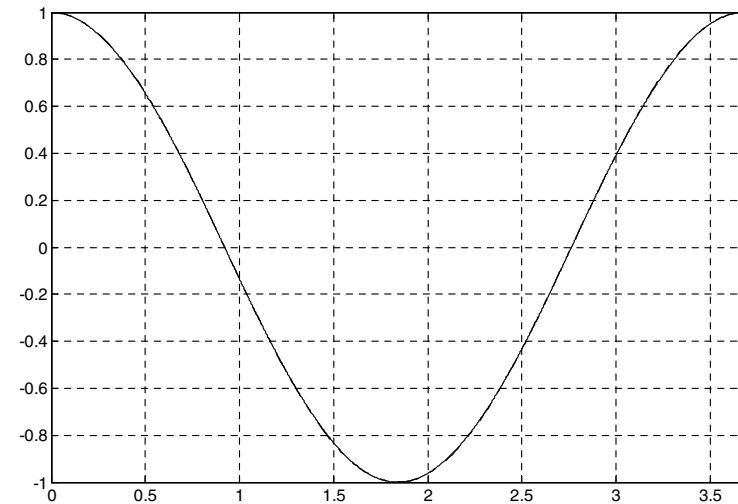
The exact frequency is  $\omega = 1.070451e^{1/2}A^{-1/3}$ . The 0.597% accuracy is remarkably good considering the used crude trial solution, Eq. (3).

**Example 2.** Consider a more complex example in the form

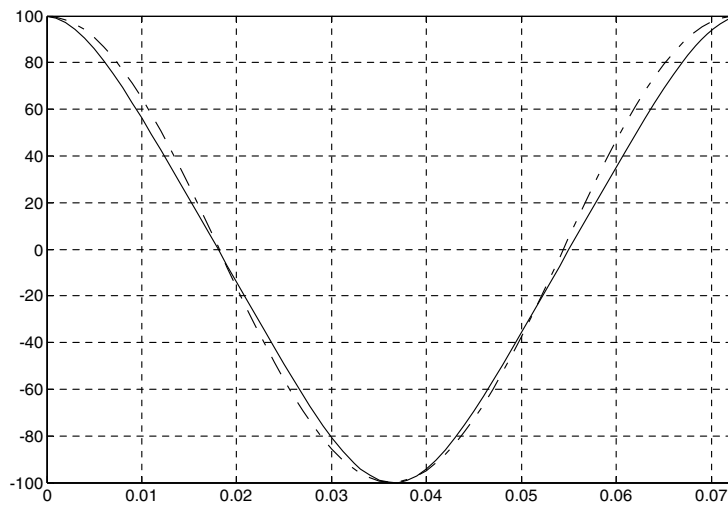
$$u'' + au + bu^3 + cu^{1/3} = 0 \tag{14}$$

Its variational form reads

$$J(u) = \int_0^{T/4} \left\{ -\frac{1}{2}u'^2 + \frac{1}{2}au^2 + \frac{1}{4}bu^4 + \frac{3}{4}cu^{4/3} \right\} dt \tag{15}$$

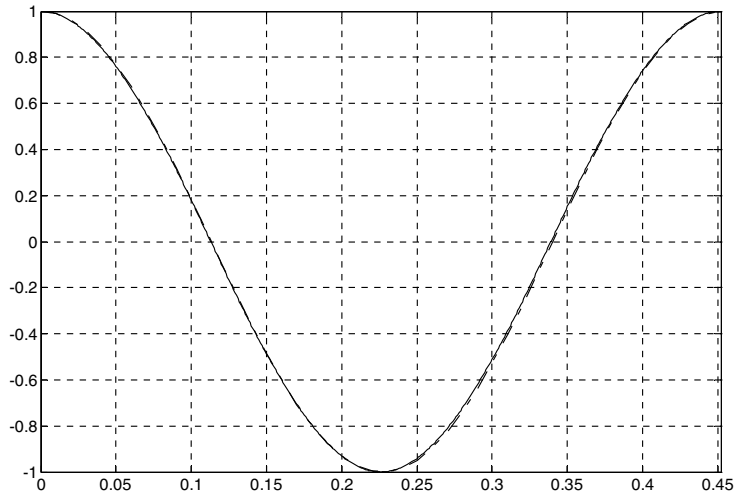


1)  $a=b=c=1, A=1$

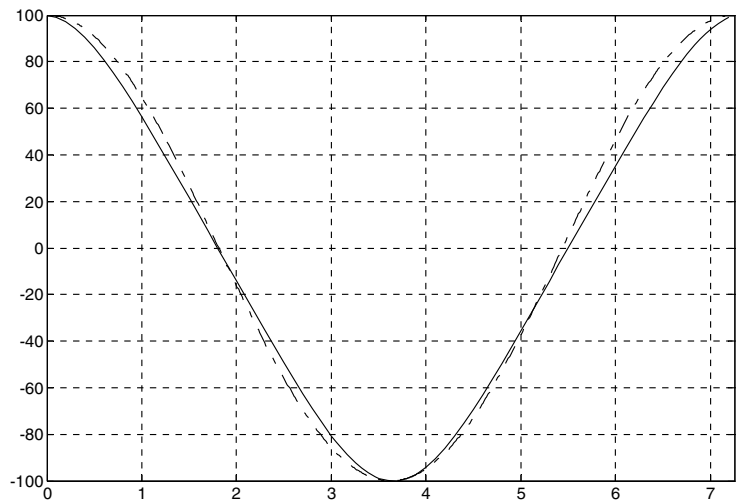


2)  $a=b=c=1, A=100$

Fig. 1. Comparison of exact solution of Eq. (14) with approximate solution  $u = A \cos \omega t$ , where  $\omega$  is defined by Eq. (18). Dashed line: approximate solution; continuous line: exact solution: (1)  $a = b = c = 1, A = 1$ ; (2)  $a = b = c = 1, A = 100$ ; (3)  $a = 1, b = 100, c = 100, A = 1$ ; (4)  $a = 1, b = 100, c = 100, A = 100$ ; (5)  $a = 1, b = 100, c = 1000, A = 1$ ; (6)  $a = 1, b = 100, c = 1000, A = 100$ ; (7)  $a = 1, b = 1000, c = 1000, A = 1$ ; (8)  $a = 1, b = 1000, c = 1000, A = 100$ .



3)  $a=1, b=100, c=100, A=1$



4)  $a=1, b=100, c=100, A=100$

Fig. 1 (continued)

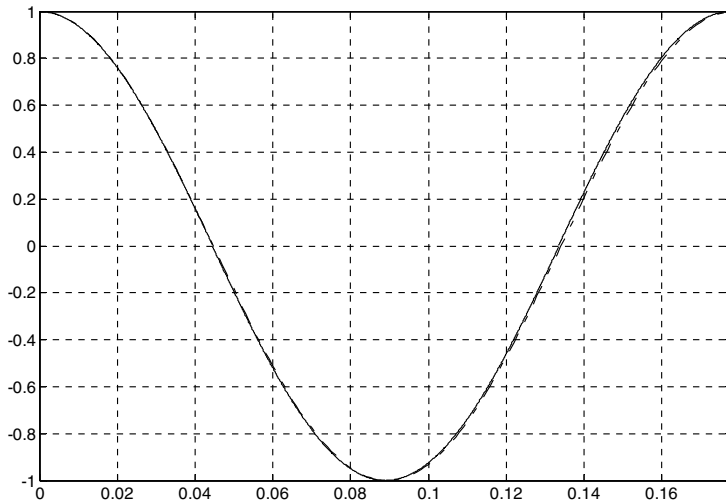
Substituting  $u(t) = A \cos \omega t$  into (15) and making the resulted function stationary with respect to  $A$ , we obtain

$$J(A) = \int_0^{T/4} \left\{ -\frac{1}{2} A^2 \omega^2 \sin^2 \omega t + \frac{1}{2} a A^2 \cos^2 \omega t + \frac{1}{4} b A^4 \cos^4 \omega t + \frac{3}{4} c A^{4/3} \cos^{4/3} \omega t \right\} dt \quad (16)$$

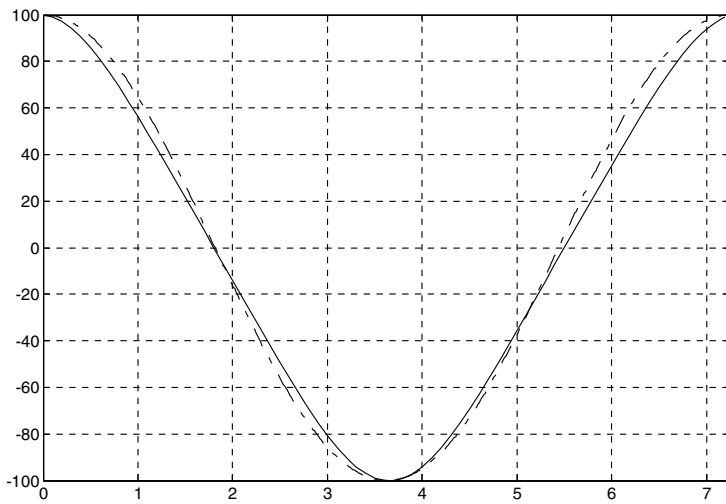
$$\frac{dJ}{dA} = \int_0^{T/4} \left\{ -A \omega^2 \sin^2 \omega t + a A \cos^2 \omega t + b A^3 \cos^4 \omega t + c A^{1/3} \cos^{4/3} \omega t \right\} dt = 0 \quad (17)$$

From (17), we have

$$\begin{aligned} \omega^2 &= \frac{\int_0^{T/4} \{ a \cos^2 \omega t + b A^2 \cos^4 \omega t + c A^{-2/3} \cos^{4/3} \omega t \} dt}{\int_0^{T/4} \sin^2 \omega t dt} = \frac{\int_0^{\pi/2} \{ a \cos^2 t + b A^2 \cos^4 t + c A^{-2/3} \cos^{4/3} t \} dt}{\int_0^{\pi/2} \sin^2 t dt} \\ &= a + \frac{3}{4} b A^2 + 1.15959526696393 c A^{-2/3} \end{aligned}$$



5)  $a=1, b=100, c=1000, A=1$



6)  $a=1, b=100, c=1000, A=100$

Fig. 1 (continued)

or

$$\omega = \sqrt{a + \frac{3}{4}bA^2 + 1.15959526696393cA^{-2/3}} \tag{18}$$

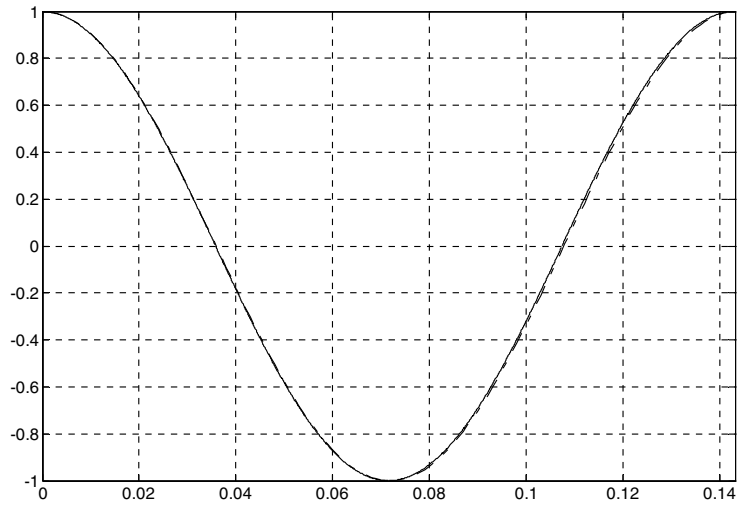
In case  $a = 1, c = 0$ , Eq. (14) reduces to the well-known Duffing equation, and its approximate frequency reads

$$\omega = \sqrt{1 + \frac{3}{4}bA^2} \tag{19}$$

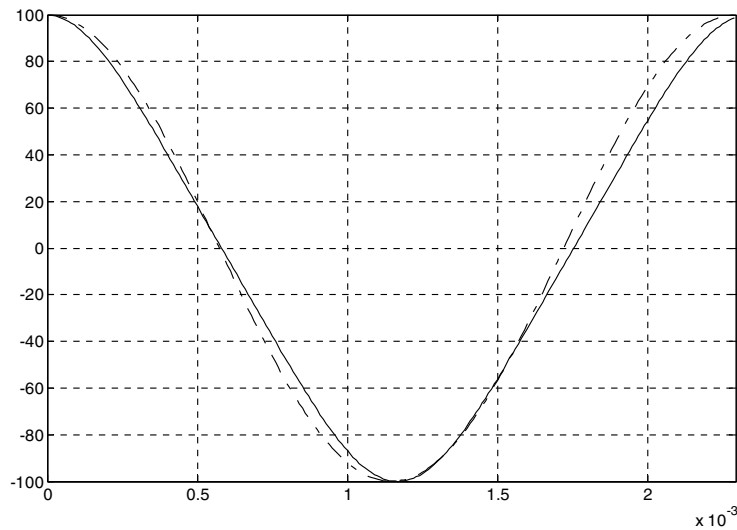
Observe that for small  $b$ , i.e.  $0 < b \ll 1$ , it follows that

$$\omega = 1 + \frac{3}{8}bA^2. \tag{20}$$

Consequently, in this limit, the present method gives exactly the same results as the standard perturbation method [7,8]. To illustrate the remarkable accuracy of the obtained result, we compare the approximate periods



7)  $a=1, b=1000, c=1000, A=1$



8)  $a=1, b=1000, c=1000, A=100$

Fig. 1 (continued)

$$T = \frac{2\pi}{\sqrt{1 + 3bA^2/4}} \tag{21}$$

with the exact one

$$T_{\text{ex}} = \frac{4}{\sqrt{1 + bA^2}} \int_0^{\pi/2} \frac{dx}{\sqrt{1 - k \sin^2 x}}, \tag{22}$$

where  $k = 0.5bA^2/(1 + bA^2)$ .

What is rather surprising about the remarkable range of validity of (21) is that the approximate period, Eq. (21), as  $b \rightarrow \infty$  is also of high accuracy.

$$\lim_{b \rightarrow \infty} \frac{T_{\text{ex}}}{T} = \frac{2\sqrt{3/4}}{\pi} \int_0^{\pi/2} \frac{dx}{\sqrt{1 - 0.5 \sin^2 x}} = 0.9294$$

Therefore, for any value of  $b > 0$ , it can be easily proved that the maximal relative error of the period (21) is less than 7.6%, i.e.  $|T - T_{\text{ex}}|/T_{\text{ex}} < 7.6\%$ .

In case  $a = 0, c = 0$ , Eq. (14) becomes

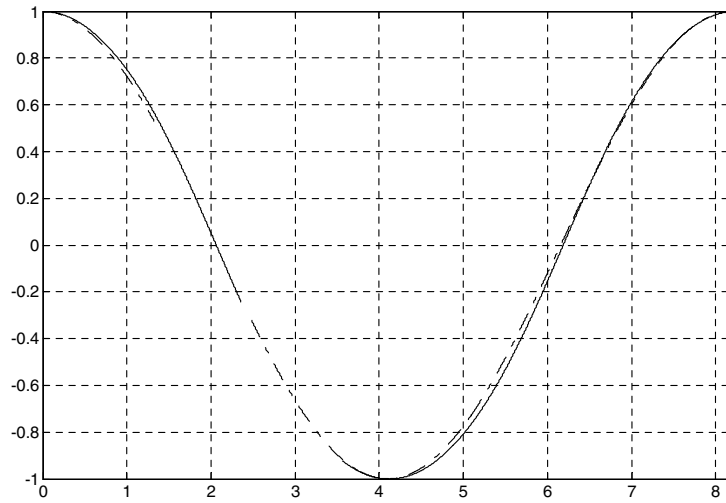
$$u'' + bu^3 = 0, \tag{23}$$

Its frequency, then, reads

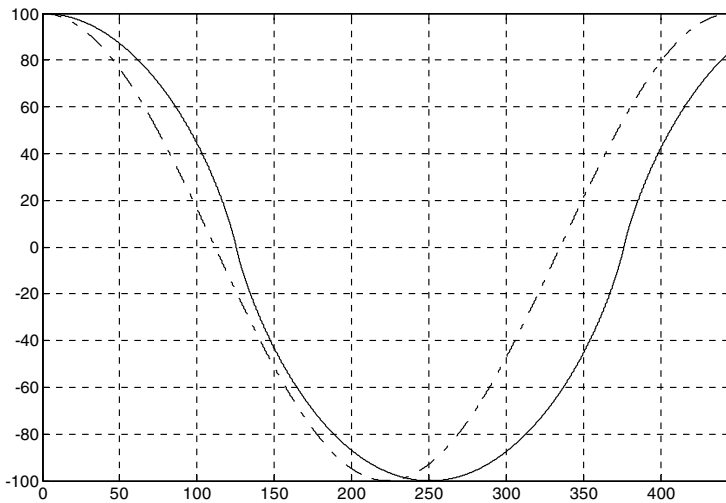
$$\omega = \sqrt{\frac{3}{4}bA^2} = 0.866b^{1/2}A \tag{24}$$

Its exact frequency [8] is  $\omega_{\text{ex}} = 0.8472b^{1/2}A$ . Therefore, its accuracy reaches 2.2%.

In case  $a = b = 0$ , Eq. (14) turns out to be Eq. (9), its accuracy is 0.597%. Fig. 1 illustrates other various cases with different values of  $a, b, c$ , and  $A$ .

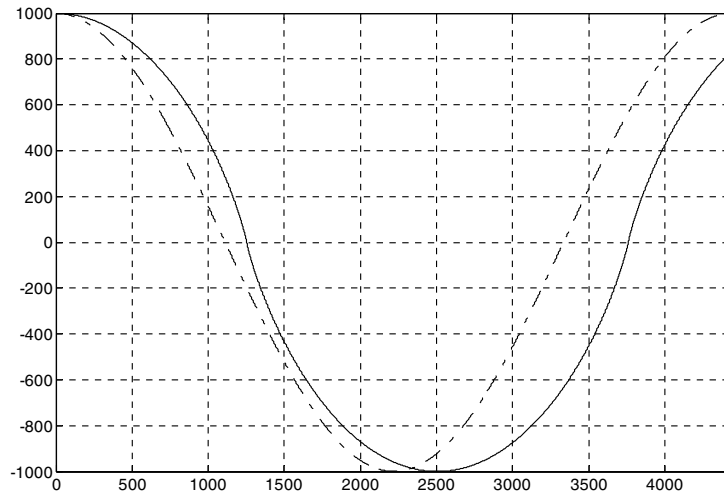


1)  $a=b=1, A=1, \omega = 0.76536686473018$



2)  $a=b=1, A=100, \omega = 0.01407125083255$

Fig. 2. Comparison of exact solution of Eq. (25) with approximate solution  $u = A\cos\omega t$ , where  $\omega$  is defined by Eq. (29). Dashed line: approximate solution; continuous line: exact solution: (1)  $a = b = 1, A = 1, \omega = 0.76536686473018$ ; (2)  $a = b = 1, A = 100, \omega = 0.01407125083255$ ; and (3)  $a = b = 1, A = 1000, \omega = 0.00141350627908$ .



3)  $a=b=1, A=1000, \omega = 0.00141350627908$

Fig. 2 (continued)

**Example 3.** Consider the following nonlinear oscillator

$$u'' + \frac{u}{a + bu^2} = 0 \tag{25}$$

Its variational formulation is

$$J(u) = \int_0^{T/4} \left\{ -\frac{1}{2}u'^2 + \frac{1}{2b} \ln(a + bu^2) \right\} dt \tag{26}$$

By a similar manipulation as illustrated in previous examples, we have

$$J(A) = \int_0^{T/4} \left\{ -\frac{1}{2}A^2\omega^2 \sin^2 \omega t + \frac{1}{2b} \ln(a + bA^2 \cos^2 \omega t) \right\} dt \tag{27}$$

and

$$\frac{dJ}{dA} = \int_0^{T/4} \left\{ -A\omega^2 \sin^2 \omega t + \frac{A \cos^2 \omega t}{a + bA^2 \cos^2 \omega t} \right\} dt = 0 \tag{28}$$

From (28) we have

$$\omega = \sqrt{\frac{\int_0^{T/4} \frac{b \cos^2 \omega t}{a + bA^2 \cos^2 \omega t} dt}{\int_0^{T/4} \sin^2 \omega t dt}} = \sqrt{\frac{\int_0^{\pi/2} \frac{\cos^2 t}{a + bA^2 \cos^2 t} dt}{\int_0^{\pi/2} \sin^2 t dt}} \tag{29}$$

In case  $a = 0$ , Eq. (25) becomes

$$u'' + \frac{1}{bu} = 0 \tag{30}$$

and its approximate frequency is

$$\omega = \sqrt{2}b^{-1/2}A^{-1} \tag{31}$$

while its exact frequency [8] is  $\omega_{ex} = 1.2533b^{-1/2}A^{-1}$ . Fig. 2 reveals high accuracy of the obtained solution for other cases.

**Example 4.** As a last example, we consider the following nonlinear oscillator

$$u'' + au + \frac{bu}{\sqrt{1+u^2}} = 0 \tag{32}$$

Its variational formulation is

$$J(u) = \int_0^{T/4} \left\{ -\frac{1}{2}u'^2 + \frac{1}{2}au^2 + b\sqrt{1+u^2} \right\} dt \tag{33}$$

Proceeding in a similar way as before, we have

$$J(A) = \int_0^{T/4} \left\{ -\frac{1}{2}A^2\omega^2 \sin^2 \omega t + \frac{1}{2}aA^2 \cos^2 \omega t + b\sqrt{1+A^2 \cos^2 \omega t} \right\} dt \tag{34}$$

and

$$\frac{dJ}{dA} = \int_0^{T/4} \left\{ -A\omega^2 \sin^2 \omega t + aA \cos^2 \omega t + \frac{bA \cos^2 \omega t}{\sqrt{1+A^2 \cos^2 \omega t}} \right\} dt = 0 \tag{35}$$

From (35) we obtain

$$\omega^2 = \frac{\int_0^{T/4} \left\{ a \cos^2 \omega t + \frac{b \cos^2 \omega t}{\sqrt{1+A^2 \cos^2 \omega t}} \right\} dt}{\int_0^{T/4} \sin^2 \omega t dt} = \frac{\int_0^{\pi/2} \left\{ a \cos^2 t + \frac{b \cos^2 t}{\sqrt{1+A^2 \cos^2 t}} \right\} dt}{\int_0^{\pi/2} \sin^2 t dt} \tag{36}$$

In case  $a = 1, b = -\lambda$ , Eq. (32) reduces to

$$u'' + u - \frac{\lambda u}{\sqrt{1+u^2}} = 0 \tag{37}$$

Its approximate frequency is

$$\omega = \sqrt{\frac{\int_0^{\pi/2} \left\{ \cos^2 t - \frac{\lambda \cos^2 t}{\sqrt{1+A^2 \cos^2 t}} \right\} dt}{\int_0^{\pi/2} \sin^2 t dt}}, \tag{38}$$

For the sake of comparison, we write down its exact frequency, which reads

$$\omega_e(A) = \frac{\pi}{2A} \left[ \int_0^1 \frac{du}{\sqrt{A^2(1-u^2) - 2\lambda(\sqrt{1+A^2} - \sqrt{1+A^2u^2})}} \right] \tag{39}$$

Comparison of the approximate frequency with exact one is shown in Table 1.

Table 1  
Comparison between approximate frequency and exact frequency of Eq. (37)

$(A, \lambda)$	$\omega$	$\omega_e$	Accuracy (%)
(1, 0.1)	0.96112904412516	0.98893067352701	2.81
(1, 0.5)	0.78666714517941	0.80849935859609	2.70
(1, 1)	0.48753501885450	0.49326576850212	1.16
(10, 0.1)	0.99371843657127	1.02253969127683	2.82
(10, 0.5)	0.96818472199692	0.99603091278763	2.79
(10, 1)	0.93528782298098	0.96171841039433	2.75
(100, 0.1)	0.99936367085476	1.02838778973372	2.82
(100, 0.5)	0.99681429219364	1.02574662698185	2.82
(100, 1)	0.99361837052412	1.02243421806133	2.82
(1000, 0.1)	0.99993636807484	1.02898096862826	2.82
(1000, 0.5)	0.99968179987111	1.02871730218752	2.82
(1000, 1)	0.99936349842641	1.02838761077250	2.82

### 3. Conclusion

We give a very simple but effective new method for nonlinear oscillators. The first-order approximate solutions are of a high accuracy. Of course the accuracy can be improved if higher order approximate solutions are required.

### Acknowledgements

The author thanks Dr. Lan Xu for her preparation for all illustrations and Table 1 for this manuscript. The work is supported by the Program for New Century Excellent Talents in University.

### References

- [1] He JH. Variational principles for some nonlinear partial differential equations with variable coefficients. *Chaos, Solitons & Fractals* 2004;19(4):847–51.
- [2] He JH. Variational theory for one-dimensional longitudinal beam dynamics. *Phys Lett A* 2006;352(4–5):276–7.
- [3] He JH. A generalized variational principle in micromorphic thermoelasticity. *Mech Res Commun* 2005;32(1):93–8.
- [4] Liu HM. Generalized variational principles for ion acoustic plasma waves by He's semi-inverse method. *Chaos, Solitons & Fractals* 2005;23(2):573–6.
- [5] Wu Y. Variational approach to higher-order water-wave equations. *Chaos, Solitons & Fractals* 2007;32(1):195–8.
- [6] Xu L. Variational approach to solitons of nonlinear dispersive  $K(m, n)$  equations, *Chaos, Solitons & Fractals* [in press]. doi:10.1016/j.chaos.2006.08.016.
- [7] He JH. Some asymptotic methods for strongly nonlinear equations. *Int J Mod Phys B* 2006;20(10):1141–99.
- [8] He JH. Non-perturbative methods for strongly nonlinear problems. Dissertation, de-Verlag im Internet GmbH, Berlin; 2006.
- [9] He JH. Preliminary report on the energy balance for nonlinear oscillations. *Mech Res Commun* 2002;29(2–3):107–11.
- [10] He JH. Determination of limit cycles for strongly nonlinear oscillators. *Phys Rev Lett* 2003;90(17) [Art. No. 174301].
- [11] D'Acunto M. Determination of limit cycles for a modified van der Pol oscillator. *Mech Res Commun* 2006;33(1):93–8.
- [12] D'Acunto M. Self-excited systems: analytical determination of limit cycles. *Chaos, Solitons & Fractals* 2006;30(3):719–24.
- [13] He JH. Variational iteration method – a kind of non-linear analytical technique: some examples. *Int J Nonlinear Mech* 1999;34(4):699–708.
- [14] He JH. Approximate analytical solution for seepage flow with fractional derivatives in porous media. *Comp Meth Appl Mech Eng* 1998;167(1–2):57–68.
- [15] He JH. Approximate solution of nonlinear differential equations with convolution product nonlinearities. *Comp Meth Appl Mech Eng* 1998;167(1–2):69–73.
- [16] He JH. Variational iteration method for autonomous ordinary differential systems. *Appl Math Comput* 2000;114(2–3):115–23.
- [17] He JH, Wu XH. Construction of solitary solution and compacton-like solution by variational iteration method. *Chaos, Solitons & Fractals* 2006;29(1):108–13.
- [18] Ji-Huan He, Variational iteration method—Some recent results and new interpretations, *Comput Math Appl* [in press].
- [19] Ji-Huan He, Xu-Hong Wu Variational iteration method: new development and applications by computers and mathematics with applications; [in press].
- [20] Odibat ZM, Momani S. Application of variational iteration method to Nonlinear differential equations of fractional order. *Int J Nonlinear Sci Numer Simulat* 2006;7(1):27–34.
- [21] Bildik N, Konuralp A. The use of Variational Iteration Method, Differential Transform Method and Adomian Decomposition Method for solving different types of nonlinear partial differential equations. *Int J Nonlinear Sci Numer Simulat* 2006;7(1):65–70.
- [22] Momani S, Abuasad S. Application of He's variational iteration method to Helmholtz equation. *Chaos, Solitons & Fractals* 2006;27(5):1119–23.