

Curriculum Vitae
Catherine Christie, PhD, RD, LD/N, FADA
Associate Dean, Brooks College of Health
University of North Florida
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Education

- 1979-1982 Florida State University. The Graduate School, Department of Nutrition and Food Science. PhD, Food and Nutrition. Dissertation: *Comparison of hair, urine, and saliva zinc levels by atomic absorption spectrophotometry with taste acuity in a sample of independent elderly persons.*
- 1977-1979 Florida State University. Department of Nutrition and Food Science. MS, Food and Nutrition.
- 1973-1977 Florida State University. Department of Home Economics Education. BS, Home Economics Education. Magna cum Laude.

Professional Licensure/Registration/Certification

- 2007 Certificate in Child and Adolescent Weight Management, American Dietetic Association
- 2005 Certificate in Adult Weight Management, American Dietetic Association
- 1996 Fellow, American Dietetic Association
- 1994 Certified Nutrition Specialist (C.N.S.), Certificate #00187
- 1989 Licensed Dietitian/Nutritionist, Florida, License No. ND0000038
- 1982 Gerontology Certificate, Florida State University Center of Gerontology
- 1979 Registered Dietitian, American Dietetic Association, R622160

Experience

2011- Present

Associate Dean, Brooks College of Health, University of North Florida (UNF), Jacksonville, FL. Responsible for assisting the Dean in carrying out the Colleges' mission; budgetary and fiscal management; representing the College on the Associate Dean's Council and other university and community committees; assisting with curriculum proposals and program reviews; oversight of program evaluation and accreditation; and meeting with students concerning academic and disciplinary issues.

2010- 2011

Interim Associate Dean and Chair, Department of Nutrition & Dietetics, Brooks College of Health, University of North Florida (UNF), Jacksonville, FL. Responsible for assisting the Dean in carrying out the Colleges' mission; budgetary and fiscal management; representing the College on the Associate Dean's Council and other university and community committees; assisting with curriculum proposals and program reviews; oversight of program evaluation and accreditation; and meeting with students concerning academic and disciplinary issues.

2008- 2011

Chair and Graduate Program Director, Department of Nutrition & Dietetics, University of North Florida (UNF), Jacksonville, FL. Responsible for the undergraduate and graduate programs in nutrition and dietetics, supervision of 7 faculty members and one office manager.

2002- 2008

Nutrition Program Director and Director of MSH/Dietetic Internship, University of North Florida (UNF), Jacksonville, FL. Responsible for supervision of 12 dietetic interns per class during their didactic courses and internship program of 1200 hours experience in clinical, community, food service, and specialty rotations. Responsible for 75% teaching including program administration, 20% research, and 5% community and professional service.

2007

Associate Professor, Department of Public Health, University of North Florida, Jacksonville, FL. Promoted and tenured.

2001-2007

Assistant Professor, Department of Public Health, University of North Florida (UNF), Jacksonville, FL. Responsible for teaching undergraduate and graduate level classes in nutrition and food science, directing research in nutrition, and participating in various committee and service activities.

1996-2001

Vice President and Director of Continuing Education, Professional Development Resources, Inc., Jacksonville, FL. Responsible for obtaining and maintaining continuing education approvals for seminars and home studies, research and development of seminar and home study material, and serving as a seminar instructor and author of home studies.

1986-1996

President- Nutrition Associates, Inc., Jacksonville, FL. Directed the corporation that specialized in the provision of nutrition consultation and nutrition education materials for health care professionals and the public. Served as the nutrition consultant for nursing homes, retirement centers, mental health centers, developmental disabilities group homes, correctional facilities, and health spas.

1988-1996

Instructor- Institute for Natural Resources, Inc., Emeryville, CA.

Instructed two 6-hour seminars each week for health professionals throughout the United States. Responsible for seminar preparation, presentation, and oversight of registration including assuring that the requirements for all health professionals in attendance were met in order to provide continuing education credit.

1988-1996

Chairman- Dietetics and Nutrition Practice Council, Board of Medicine, Agency for Health Care Administration, State of Florida. Appointed by the Governor. Supervised activities of the Council in regard to licensing dietitians and nutritionists in Florida.

1982-1986

Endocrine Dietitian- University Hospital, Jacksonville, FL. Responsible for nutritional care of approximately 400 endocrine patients seen in outpatient clinics, provision of in-service training for nursing and other hospital staff, and provision of nutrition instruction for patients and staff enrolled in hospital sponsored classes.

1983-1994

Instructor- Florida Community College of Jacksonville, FL. Responsible for instructing the basic nutrition course, HUN 1201.

1990

Adjunct Instructor- University of North Florida, Jacksonville, FL. Responsible for instructing the basic nutrition course, HUN 1201.

1985

Adjunct Instructor- Florida State University, Tallahassee, FL. Responsible for the instruction of a graduate level course on carbohydrate, protein and fat metabolism.

1984

Adjunct Instructor- University of Florida, Gainesville, FL. Responsible for the instruction of an undergraduate level course in food service administration.

1982-1983

Workshop Coordinator, Feeding Disabilities Workshops- American Dietetic Association, Consultant Dietitians in Health Care Facilities. Responsible for coordination of a series of continuing education workshops for health professionals, serving as moderator and giving two presentations at each workshop.

1983-1996

Consultant and Instructor- Florida Community College, Jacksonville, FL. Contracted to rewrite Dietetic Assistant and Dietetic Technician Programs for approval by the American Dietetic Association and to design five proficiency exams for food and nutrition courses to be offered for exemption purposes. Instructed courses in nutrition and health. January, 1983 to July, 1996

1982

Internship Director and Senior Dietitian, Florida State Hospital, Chattahoochee, FL. Responsible for planning and administering the proposed Florida State Hospital/Florida State University Graduate Dietetic Internship, coordination of in-service training and staff development for 169 food service employees, and instructor of the Dietetic Assistant course in conjunction with Chipola Junior College.

1981-1982

Public Health Nutrition- Health and Rehabilitative Services, District 2, Tallahassee, FL. Responsible for nutrition consultation and technical assistance to eight institutions, monitoring compliance with National School Feeding Program regulations, and completing financial statements for federal reimbursement funds.

1980-1981

Nutrition Education and Training Consultant- Health and Rehabilitative Services, State of Florida, Tallahassee, FL. Responsible for the administration of a \$60,000 Nutrition, Education and Training (N.E.T.) Grant to provide training to H.R.S. food service workers statewide in the areas of nutrition, financial accounting, quantity food preparation, and employer-employee relations.

1980-1981

Teaching Assistant- Department of Nutrition and Food Science, Florida State University, Tallahassee, FL. Responsible for preparation and teaching the undergraduate level course, *Food and Man* and *Use of Food Materials*, lecture and laboratory.

1979

Teaching Assistant- Department of Nutrition and Food Science, Florida State University. Responsible for the review and evaluation of nutrition curriculum materials designed for K-12th grade children. Funding provided by a Nutrition, Education and Training (N.E.T.) Grant.

1977-1980

Research Assistant- Department of Home Economics Education, Florida

State University, Tallahassee, FL. Responsible for the writing and field-testing of four individualized instruction modules in the area of elderly nutritional needs, food purchasing, and management.

Grants/Contracts

Powerful Girls Rock! Nutrition, Physical Activity, Financial Health and Career Planning for Girl Scouts. (2010-2011)

\$5,000. US Grant, University of North Florida. Co-PI with Judy Rodriguez.

UNF Nutrition Faculty Proposal for Manual of Medical Nutrition Therapy Editor and Co-editors. (2009-2014) \$8,000 per year. Florida Dietetic Association. Editor with co-editors N. Correa-Matos, J. Rodriguez, J. Perkin, J. Shank, D. Truesdell and C. Sealey-Potts.

Needs Assessment for Health Professional Education and Training on Childhood Obesity Prevention and

Treatment. \$15,000. The Blue Foundation. PI.

An Evidence-Based Transdisciplinary Approach to Pediatric Obesity Prevention and Treatment. (2009-2010) \$10,000. The Blue Foundation for a Healthy Florida. PI.

UNF Nutrition Faculty Proposal for Manual of Medical Nutrition Therapy Editor and Co-editors. (2004-2009) \$7,500. Florida Dietetic Association. Editor with co-editors with S. Weerts, N. Correa-Matos, J. Rodriguez, J. Perkin, J. Shank and J.A. Watkins.

Transformational Learning Opportunity- Belize. (2007) \$5,000. University of North Florida

Transformational Learning Opportunity Grant. Co-PI with J. Rodriguez and J.A. Watkins.

UNF Brooks Professorship. Implementation and Utilization of a Transdisciplinary Model for Obesity Risk Reduction in a Primary Care Center. (2007-2010) \$54,000. University of North Florida. Co-PI with J.A. Watkins and J. Meires.

Body and Soul: A Faith Based Health Improvement Initiative. (2004-2007) \$56,940. AME Ministerial Alliance Grant. Office of Minority Health, Washington, DC. Co-evaluator with S. Weerts.

The Healthy Weight Action Learning Collaborative. (2006) City Match/AMCHP Women's Health Partnership. Collaborator with Duval County Health Department Nutrition Director and State of Florida Department of Health.

Transformational Learning Opportunity- Belize. (2006) \$27,200. University of North Florida

Transformational Learning Opportunity Grant. Co-PI with J. Rodriguez and J. Kemppainen.

UNF/VIM Initiative to Combat Metabolic Syndrome in Adults of Northeast Florida. (2005) \$6,000. Florida Dietetic Association. Co-PI with N. Correa-Matos and J. Rodriguez.

Transdisciplinary Partnership for Obesity Treatment at UNF. (2005) \$7,853. UNF Foundation Board. Co PI with N. Correa-Matos and G. Ames.

Fit Families- Nassau County Focus Group Intervention on Weight Control. (2004-2005) \$5,000. Contract with Nassau County Department of Health, and Northeast Florida Area Health Education Center. Co-Investigator with J. Meires.

UNF/VIM Community Partnership to Combat Obesity/Health Risks. (2004) \$9700. UNF Foundation Board. Co-

PI with J. Rodriguez.

Camp Intervention for Teens with Type 2 Diabetes. (2004) \$5000. College of Health Summer Research Grant. Co-PI with J. Meires, J. Beam, and D. Radjenovic.

Editor in Chief for Development of the Handbook of Medical Nutrition Therapy, Florida Diet Manual. (2003-2004) \$15,000. Florida Dietetic Association.

Student Nutrition Counseling and Dissemination of Accurate Nutrition Information. (2002-2003) \$5200. UNF

Foundation Board Grant. Co-PI with J. Rodriguez.

Effect of Level and Source of Carbohydrate on Blood Glucose and Insulin Response to Enteral Formulas. (1985-

1988) \$50,000. Ross Laboratories, Inc. Co-PI with J. Roque and K. Cashmere.

Publications

Refereed Journal Articles: Published

Meires J and Christie C. (2011) Contemporary approaches to adult obesity treatment: update on pharmacotherapy. *The Nurse Practitioner* 36(9): 37-46.

Christie, C. (2010) Invited article (not counted in total)- Introduction of the new ADA President, Judith Rodriguez. *J Am Diet Assoc.* 110(6): 831.

Christie C, Watkins J A, Weerts S, Jackson H, Brady C. (2010) Community Church-Based Intervention Reduces Obesity Indicators in African American Females. *The Internet Journal of Nutrition and Wellness* 9(2).

Christie C. (2010) Maintaining a heart healthy diet most of the time. *Journal of Cardiovascular Nursing* (25)3, 233-237.

Watkins JA, Christie C, Rodriguez JC, Torres M, & Brown K. (2009) The dynamics of globalization and non-communicable disease risk in a sample of culturally diverse Belizeans. *International Journal of Interdisciplinary Social Sciences* 4(3), 35-46.

Khan S, Watkins JA, Rodriguez JC & Christie C. (2009) Health implications associated with food intake patterns in Belizeans. *Topics in Clinical Nutrition*, 24(1), 73-81.

Christie C and Watkins JA. (2008) Nutrition interventions for overweight and obesity. *Northeast Florida Medicine Journal* 59(33), 27-30.

Rodriguez JC and Christie C. (2008) Weight Loss diets. *Northeast Florida Medicine Journal* 59(33), 41-44.

Watkins JA, Christie C, and Chally P. (2008) The Relationship between body image and body mass index in college males. *Journal of American College Health* 57(1), 95-100.

Christie C, Meires J and Watkins JA. (2007) Use your team's might to drive back obesity. *The Nurse Practitioner* 32 (5), 31-36.

Christie C, Smith AR, Bednarzyk M. (2007) Transdisciplinary assignments in graduate health education as a model for future collaboration. *Journal of Allied Health* 36(2),67-71.

Rodriguez J, Christie C, Watkins JA. (2006) International nutrition as part of an education and supervised practice learning experience. *Dietetic Education of Practitioners Newslines* 27(3), 6.

Christie C, Watkins JA, Martin A, Perkin J, Jackson H. (2006) Assessment of client satisfaction in six urban WIC clinics. *Florida Public Health Review* 3, 35-42.

Watkins JA, Christie C, and Chally P. (2006) Relationship between spiritual well-being and binge eating in college females. *Eating and Weight Disorders* 11 (1), 51-56.

Perkin JE, Christie C, and Hayes D. (2005) Public health practitioner expert opinion for recommending revisions

to a community nutrition MPH curriculum. *Florida Public Health Review* 2:126-130.

Smith AR & Christie C. (2004) Facilitating transdisciplinary teamwork in dietetics education—a case study approach. *Journal of the American Dietetic Association* 104(6): 959-962.

Wilcox (Christie) C & Pestle R. (1980) Secondary school usage of programmed instruction modules on nutrition and aging. *Journal of Nutrition for the Elderly* 1(1), 20-25.

Books

Christie C. Editor. (2003-2011) Online and Print Editions. *Manual of Medical Nutrition Therapy*. Florida Dietetic

Association, Tallahassee, FL.

Rodriguez JC, Santibanez D, Christie C, and Correa-Matos N. (2009) *Latino Food Lover's Glossary*. Florida Dietetic Association, Tallahassee, FL.

Mitchell S and Christie C. (2005) *Fat is Not Your Fate*. Simon & Schuster, Inc. New York, NY.

James D. Editor. Christie C and Misra R. Associate Editors. (2004) *Nutrition and Well-Being A to Z*. (Volume 1, A-H) Macmillan Reference USA, Thomson Gale, Detroit.

James D. Editor. Christie C and Misra R. Associate Editors. (2004) *Nutrition and Well-Being A to Z*. (Volume 2, I-Z) Macmillan Reference USA, Thomson Gale, Detroit.

Christie C and Mitchell S. (2000) *Eat to Stay Young*. Kensington Books, Inc. New York, NY. (Paperback version of *Smart Cookies Don't Get Stale- Eat to Stay Young and Stress Free*).

Mitchell S and Christie C. (1998) *I'd Kill for a Cookie*. Plume, a division of Penguin Putnam, Inc. New York, NY.

Book Chapters and Book Contributions

Christie C and Correa-Matos N. (Accepted, 2011) Chocolate flavonoids in the prevention of arterial disease. In

R. R. Watson, V. R. Preedy & Zibadi. (Eds.). *Chocolate in Health and Nutrition*. Springer Science and

Business Media, LLC, Halifax, MA.

Wright L, Christie C, and Watkins J. (2010) Dietary intake and the development of lung cancer. In R. R. Watson, V. R. Preedy (Eds.). *Bioactive Foods and Extracts: Cancer Treatment and Prevention*.

Taylor and

Francis Group, LLC, Boca Raton, FL.

Christie C, Correa-Matos N, Wright L, Watkins J, Bouziane A. (2010) The role of flavonoids in fruits and vegetables related to breast cancer prevention. In R. R. Watson, & V. R. Preedy (Eds.). *Bioactive Foods*

and Extracts: Cancer Treatment and Prevention. Taylor and Francis Group, LLC, Boca Raton, FL.

Christie C, Watkins JA, Rodriguez JC. (2010) Overweight and Obesity in Children and Adolescents – Use of Fad/Popular Diets. In *A.S.P.E.N. Pediatric Nutrition Support Core Curriculum*. A.S.P.E.N. Publishers, Silver Spring, MD.

Christie C, Santibanez D and Wallace C. (2008) Chocolate polyphenols in heart disease. In R. R. Watson, & V. R. Preedy (Eds.). *Encyclopedia of Herbal Medicine in Clinical Practice*. UK: CABI Publishing.

Christie C. Contributing Author in Rodriguez, J. (2007). *The Diet Selector*. Running Press, Philadelphia, PA.

Fletcher BJ & Christie C. (2004) Insulin Resistance Syndrome: Lifestyle Interventions. *Reducing Cardiovascular Risk in the Insulin Resistant Patient*. Preventive Cardiovascular Nurses Association. Madison, WI.

Christie C. (2004) Infection. In *Nutrition and Well-Being A to Z*. (Volume 2, I-Z) Macmillan Reference USA, Thomson Gale, Detroit.

Christie C. (2004) Nutritionist. In *Nutrition and Well-Being A to Z*. (Volume 2, I-Z) Macmillan Reference USA, Thomson Gale, Detroit.

Christie C. (2004) Mood-Food Relationships. In *Nutrition and Well-Being A to Z*. (Volume 2, I-Z) Macmillan Reference USA, Thomson Gale, Detroit.

Christie C. (2004) Immune System. In *Nutrition and Well-Being A to Z*. (Volume 2, I-Z) Macmillan Reference USA, Thomson Gale, Detroit.

Professional Non-refereed Publications

Mitchell S, Christie C, Christie L. (2011) *Preventing medical errors and improving patient safety*. Professional Development Resources, Inc. Jacksonville, FL.

Christie C, Christie L, Ulery, G. (2010) *Autism Subtypes, Feeding Issues & Nutrition Considerations*. Professional Development Resources, Inc. Jacksonville, FL.

Christie C, Christie L, Vredenburg G, Watkins JA. (2007) *Autism Subtypes, Feeding Issues & Nutrition Considerations*. Professional Development Resources, Inc. Jacksonville, FL.

George D, Goldhagen J, Christie C, Hitzing J, Jackson H, Lawther T, Livingood WC, Sander A, & Watkins JA.

(2006) *Duval County evidence based policy development for the prevention of childhood obesity*. Duval County Health Department, Childhood Obesity Prevention Policy Development Workgroup.

Mitchell S and Christie C. *HIV/AIDS 1*. Professional Development Resources, 2005.

Mitchell S and Christie C. *HIV/AIDS 2*. Professional Development Resources, 2005.

Mitchell S and Christie C. *HIV/AIDS 3*. Professional Development Resources, 2005.

Mitchell S, Christie C, and Christie L. *Preventing Medical Errors and Improving Patient Safety*. Professional Development Resources, 2004.

Christie C. (1990) Creative In-service Training. *Provider Magazine*. American Health Care Association.

Wilcox (Christie) C and Pestle R. (1979) *Final Report, Home Economics for the Elderly*. Florida Department of Education, Division of Vocational Education.

Wilcox (Christie) C and Pestle R. (1979) *Adaptations of Homemaking Skills for the Aged: Nutrition Needs*. Florida Department of Education, Division of Vocational Education.

Wilcox (Christie) C and Pestle R. (1978) *Adaptations of Homemaking Skills for the Aged: Food Management*.

Florida Department of Education, Division of Vocational Education.

Refereed Abstracts: Published

Perkin J, Howell PM, Christie C. (2011) Food Trends in Advertising (Good Housekeeping 1950-2010). *Food and*

Agriculture under the Big Sky, Joint Annual Meetings of Agriculture and Human Values Society, Association for the Study of Food and Society, and Society for the Anthropology of Food and Nutrition.

Missoula MT, June 11, 2011.

- Weerts S, Rodriguez J, Christie C, Watkins JA, Correa-Matos N, Nickelson J & Shank JA. (2008) Strategic Process for Advancing Research and Scholarly Competence in Undergraduate Dietetics Students Globally. *15th International Congress of Dietetics*, Yokohama Japan, September 8-11th, 2008.
- Watkins JA, Christie C, Correa-Matos N, Rodriguez JC, Weerts S & Braddock J. (2008). Nutritional Counseling Reduces Diagnostic Indicators of the Metabolic Syndrome in Low Income US Adults. *15th International Congress of Dietetics*, Yokohama Japan, September 8-11th, 2008.
- Rodriguez JC, Watkins JA & Christie C. (2008). Developing graduate student's cultural competence through transformational didactic and supervised practice international study experiences. *15th International Congress of Dietetics*, Yokohama, Japan, September 8-11th, 2008.
- Watkins JA, & Christie C, & Carle A. (2008). The role self-efficacy expectancies have in binge eating disorder in a sample of college women. *Florida Dietetic Association Annual Symposium*, Boca Raton, Florida, July 21, 2008.
- Christie C, Watkins JA, Correa-Matos N, Rodriguez, JC, & Braddock J. (2008). Nutrition counseling reduces diagnostic indicators of the metabolic syndrome in low income US adults. *Florida Dietetic Association Annual Symposium*, Boca Raton, Florida, July 21, 2008.
- Rodriguez JC, Christie C, & Watkins JA. (2007) Food consumption and nutrient intake patterns of a convenience sample from three areas of Belize 2006. *Florida Dietetic Association Annual Symposium*, Marco Island, Florida, July 10, 2007.
- Watkins JA, Rodriguez JC & Christie C. (2007) International Nutrition as Part of a Graduate Education and Supervised Practice Learning Experience. *Florida Dietetic Association Annual Symposium*, Marco Island, Florida, July 10, 2007.
- Watkins JA and Christie C. (2006) Relationship between eating self-efficacy expectations and body mass index in college males. *International Conference on Eating Disorders: Academy for Eating Disorders*: 56.
- Christie C, Weerts S, Brady C, and Bruer Q. (2006) Effectiveness of a faith based community partnership weight loss intervention in African American church members. *Journal of the American Dietetic Association Abstract Suppl 3;106(8):A-28*.
- Meires J, Christie C, Kruger B, Santibanez D, Watson-Lawson E. (2005) Rural families: an analysis of focus group data regarding weight management and risk factor education. *Journal of the American Dietetic Association Abstract Suppl 2;105(8):A-31*.
- Smith AR & Christie C. (2003) Health care and teamwork: a case study approach. *Journal of the American Dietetic Association Abstract Suppl 1;103(9):A-46*.

Professional Presentations

Refereed

- Meires J and Christie C. (2011) Interprofessional education: using an interdisciplinary team to teach graduate students to manage low income clients with metabolic syndrome. Oral Presentation at the *National Association of Nurse Practitioner Faculties Annual Conference*. Albuquerque, NM. April 15, 2011.
- Christie C, Watkins JA, Meires J. (2010) Description and implementation of a transdisciplinary approach to obesity risk reduction in a primary care center. Poster presentation at the *Florida Dietetic Association Annual Symposium*, Orlando, Florida, July 12, 2010.
- Watkins JA, Christie C, Rodriguez JC, Torres MJ. (2009) The dynamics of globalization and non-communicable disease risk in a sample of culturally diverse Belizeans. Poster presentation at the

- Florida Dietetic Association Annual Symposium*, Boca Raton, Florida, July 21, 2009.
- Watkins JA, & Christie C, & Carle, A. (2009) The role self-efficacy expectancies have in binge eating disorder in a sample of college women. Poster presentation at the *Florida Dietetic Association Annual Symposium*, Boca Raton, Florida, July 21, 2009.
- Christie, C. Rodriguez JC, Watkins JA. & Christie C. (2008) Developing Graduate Students' Cultural Competence through Transformational Didactic and Supervised Practice International Study Experiences. Poster presentation at the *15th International Congress of Dietetics*, Yokohama Japan, September 8-11th, 2008.
- Weerts S, Rodriguez J, Christie C, Watkins JA., Correa-Matos N, Nickelson J & Shank J. (2008) A Strategic Process for Advancing Research and Scholarly Competence in Undergraduate Dietetics Students Globally. Poster presentation at the *15th International Congress of Dietetics*, Yokohama Japan, September 8-11th, 2008.
- Watkins JA, Christie C, Correa-Matos N, Rodriguez JC, Weerts S, & Braddock J. (2008) Nutritional Counseling Reduces Diagnostic Indicators of the Metabolic Syndrome in Low Income US Adults. Oral Presentation at the *15th International Congress of Dietetics*, Yokohama Japan, September 8-11th, 2008.
- Watkins JA, & Christie C, & Carle, A. (2008). The role self-efficacy expectancies have in binge eating disorder in a sample of college women. Poster presentation at the *Florida Dietetic Association Annual Symposium*, Boca Raton, Florida, July 21, 2008.
- Christie C, Watkins JA, Correa-Matos N, Rodriguez JC, & Braddock J. (2008). Nutrition counseling reduces diagnostic indicators of the metabolic syndrome in low income US adults. Poster presentation at the *Florida Dietetic Association Annual Symposium*, Boca Raton, Florida, July 21, 2008.
- Rodriguez JC, Christie C & Watkins JA. (2008) Nutrient Intake and Commonly Consumed Foods of a Small Convenience Sample of Belizeans. Oral presentation at the *Unite For Sight, Fifth Annual International Health Conference Building Global Health For Today and Tomorrow*, Yale University, New Haven, Connecticut. April 12-13, 2008.
- Weerts S, Scott F, Christie C, Brady C, Jackson H, & Watkins JA. (2007) A Faith-Based Partnership to Improve Physical Activity and Nutrition. Oral presentation at the *Diversity in Physical Activity and Health: Measurement and Research*, Cooper Institute, Dallas Texas. October 2007.
- Rodriguez JC, Christie C, & Watkins JA. (2007) Food Consumption and Nutrient Intake Patterns of a Convenience Sample from Three Areas of Belize 2006. Poster presentation at the *Florida Dietetic Association Annual Symposium*, Marco Island, Florida. July, 2007.
- Watkins JA, Rodriguez JC, and Christie C. (2007) International Nutrition as Part of a Graduate Education and Supervised Practice Learning Experience. Poster presentation at the *Florida Dietetic Association Annual Symposium*, Marco Island, Florida. July, 2007.
- Christie C, Weerts S, Brady C. (2006) Effectiveness of a faith based community partnership weight loss intervention in African American church members. Poster presentation at the *American Dietetic Association Food and Nutrition Conference and Exhibition*, Honolulu, Hawaii. September, 2006.
- Watkins JA and Christie C. (2006) Relationship between eating self-efficacy expectations and body mass index in college males. Poster presented at the *Florida Dietetic Association Annual Symposium*, Orlando, FL. July, 2006.
- Christie C and Watkins JA. (2006) Self-efficacy differences in binge eating and gender category among college students. Poster presented at the *Florida Dietetic Association Annual Symposium*, Orlando, FL. July, 2006.

- Martin A, Christie C, Watkins JA, Perkin JE, and Roberts, L. (2006) Assessment of client satisfaction in six urban WIC clinics. Poster presented at the *Florida Dietetic Association Annual Symposium*, Orlando, FL. July, 2006.
- Watkins JA and Christie C. (2006) The relationship between BMI and weight control self-efficacy in a sample of college males. Poster presented at the *Academy of Eating Disorders Annual Meeting*, Barcelona Spain. June, 2006.
- Watkins JA, Christie C, and Chally P. (2005) Relationship between Spiritual Well-Being and Binge Eating in College Females. Poster presented at the *American Public Health Association Annual Meeting*, Philadelphia, PA, December 12, 2005.
- Meires J, Christie C, Santibanez, D and Watson-Lawson E. (2005) Rural families: an analysis of focus group data regarding weight management and risk factor reduction. Poster presented at the *American Dietetic Association Food and Nutrition Conference and Exhibition*. St. Louis, MS. October, 2005.
- Bruer Q, Scott F, Jackson H, Brady C, Christie C, Weerts S. (2005) Body & Soul: A Faith-Based Partnership to Improve Nutrition & Physical Activity. Poster presented at the *15th Annual CityMatch Urban Maternal and Child Health Conference*. September, 2005.
- Smith AR and Christie C. (2005) Health care and teamwork: a case study approach. Poster presented at the *College of Health Research Reception*, Jacksonville, FL. January, 2005.
- Christie C, Shiller R, and Busey C. (2004) Ethical Boundaries of Dietetics Practice. January, 2005. Oral presentation at the *American Dietetic Association Food and Nutrition Conference and Expo*, Anaheim, CA. October, 2004.
- Christie C, LaQuatra I, Danish S. (2003) Working with challenging clients: when giving information isn't enough. Oral presentation at the *American Dietetic Association Food and Nutrition Conference and Expo*, San Antonio, TX. October, 2003.
- Perkin JE, Christie C, Hayes D. (2003) Public Health/Community Nutrition Practice Group Views of Community Nutrition Master of Public Health Curriculum. Poster presented at the *American Dietetic Association Food and Nutrition Conference and Expo*, San Antonio, TX. October, 2003.
- Smith, AR and Christie, C. (2003) Health care and teamwork: a case study approach. Poster presented at the *American Dietetic Association Food and Nutrition Conference and Expo*, San Antonio, TX. October, 2003.
- Perkin JE, Christie C, Hayes D. (2003) Public Health Nutrition Practice Group Views of Community Nutrition MPH Curriculum. Poster presented at the *College of Health Research Reception and Poster Session*. January, 2003.
- Christie C. ADHD and Nutrition: Sense and Nonsense. (1999) Oral presentation at the *CHADD Annual Meeting*, Washington, DC. October, 1999.
- Christie C. Licensure from Beginning to Beginning. (1987) Poster presented at the *American Dietetic Association Annual Meeting*. Boston, MA. October, 1987.
- Christie C, Cashmere, KA and Roque J. (1986) Effect of Level and Source of Carbohydrate on Blood Glucose and Insulin Response to Enteral Formulas. Poster presented at the *American Dietetic Association Conference on Advanced Practice and Research*. Chicago, IL. February, 1986.
- Wilcox (Christie) C and Green N. (1983) Comparison of zinc status and taste acuity in a sample of independent elderly persons. Poster presented at the *Western Hemisphere Nutrition Congress VII*. Miami, FL. August, 1983.

Invited Presentations

- Christie C and Mitchell S. Florida Dietetic Association Annual Meeting. *Preventing medical errors and promoting patient safety in dietetics practice*. Weston, FL. July 17, 2011.
- Christie C. Preventive Cardiovascular Nurses Association Webinar. *Sit less move more: understanding inactivity physiology plus strategies to help patients adopt healthier behaviors*. April 28, 2011.
- Christie C. ADA Summit on Future Dietetic Practice, Credentialing, and Education. *Regional summit facilitator*.
March 24-26, 2011. Atlanta, GA.
- Christie C. American Heart Association Scientific Sessions Oral Presentation. *Food labels and portion control*.
Chicago, IL. November 16, 2010.
- Christie C. American Heart Association Scientific Sessions Oral Presentation. *Assessing the nutrition environment of an entire community*. Chicago, IL. November 16, 2010.
- Christie C and Mitchell S. Florida Dietetic Association Annual Meeting. *Preventing medical errors and promoting patient safety in dietetics practice*. Naples, FL. July 11, 2010.
- Christie C. UNF and Blue Foundation for a Healthy Florida Seminar. *Childhood Obesity: Contributing Factors*. Jacksonville, FL. June 18, 2010 and September 17, 2010.
- Christie C. Florida Association of Family Practice Physicians. *Options for obtaining affordable choices for safe physical activity and nutritious food*. Jacksonville, FL. February 20, 2010.
- Christie C. Florida Dietetic Association Annual Meeting. *Preventing medical errors and promoting patient safety in dietetics practice*. Naples, FL. July 20, 2009.
- Christie C. American Heart Association Scientific Sessions Oral Presentation. *Maintaining a healthy cardiac diet...most of the time*. New Orleans, LA. November 9, 2008.
- Watkins JA, Christie C, Correa-Matos N, Rodriguez JC, Weerts S, & Braddock J. Brooks Rehabilitation Hospital Poster Presentation. *Nutritional Counseling Reduces Diagnostic Indicators of the Metabolic Syndrome*. Jacksonville, FL. January 23, 2008.
- Christie C & Watkins JA. Brooks Rehabilitation Hospital Poster Presentation. *Self-efficacy differences in binge eating and gender category among college students*. Jacksonville, FL. January 23, 2008.
- Watkins JA, Rodriguez JC, & Christie C. Brooks Rehabilitation Hospital Poster Presentation. *International Nutrition as Part of a Graduate Education and Supervised Practice Learning Experience*. Jacksonville, FL. January 23, 2008.
- Christie C. American Heart Association Scientific Sessions Oral Presentation. *Modification of Risk Factors in the Metabolic Syndrome*. Orlando, FL. November, 2007.
- Christie C. Nurse Practitioners in Women's Health Annual Meeting. *Bone Health and Nutrition: Principles and Practice*. Philadelphia, PA. October, 2007.
- Christie C. American Dietetic Association House of Delegates Meeting. *Process for Nominating Members to the ADA Ballot*. Philadelphia, PA. October, 2007.
- Christie C. American Dietetic Association Affiliate Leader Training. *Recruiting and Retaining Volunteers*. Philadelphia, PA. October, 2007.
- Christie C. Florida Society for Parenteral and Enteral Nutrition. *Nutrigenomics for Practitioners*. St. Petersburg, FL. September, 2007.
- Christie C. Tallahassee Dietetic Association. *Preventing Medical Errors in Dietetics Practice*. Tallahassee, FL. April, 2007.
- Christie C. Jacksonville Dietetic Association. *Preventing Medical Errors in Dietetics Practice*. Jacksonville, FL. October, 2006.

Christie C. Nurse Practitioners in Women's Health Annual Meeting. *Nutrigenomics for Nurse Practitioners*. Las Vegas, NV. September, 2006.

Christie C. Florida Dietetic Association. *Preventing Medical Errors in Dietetics Practice*. Orlando, FL. July, 2006.

Christie C. Florida National Dental Convention. *Fat is Not Your Fate*. Orlando, FL. June, 2006.

Christie C. Florida National Dental Convention. *I'd Kill for a Cookie*. Orlando, FL. June, 2006.

Christie C. American College of Cardiology Annual Scientific Session. *Proper Use of the Food Guide Pyramid and Exercise Guidelines for Optimal Cardiovascular Health*. Atlanta, GA. March, 2006.

Christie C. Miami Dietetic Association. *Nutrigenomics: Implications for Nutrition Professionals*. Miami, FL. January, 2006.

Christie C. Deerwood Country Club. *The Power of Nutrition*. Jacksonville, FL. January, 2006.

Christie C. WJCT and Baptist Health. Speaking of Women's Health. *The Power of Nutrition*. Jacksonville, FL. August, 2005.

Christie C. Florida State University Workshop, Addressing the Obesity/Overweight Issue in Youth. *Obesity/Overweight Issues in Youth: Understanding the Problem*. Tallahassee, FL. June, 2005.

Christie C. Florida Foundation for School Health. *Childhood Obesity: Science and Solutions*. Sarasota, FL. May, 2005.

Christie C. Florida Foundation for School Health. *Fad Diets in 2005: What's Next?* Sarasota, FL. May, 2005.

Christie C. Tallahassee Dietetic Association. *Medical Errors in Dietetics Practice*. Tallahassee, FL. March, 2005.

Christie C. Jacksonville Dietetic Association. *Medical Errors in Dietetics Practice*. Jacksonville, FL. January, 2005.

Christie C. US Women and Girls Health Initiative. *Current Diet Trends*. Jacksonville, FL. September, 2004. August, 2004.

Christie C. WJCT and Baptist Health Speaking of Women's Health. *I'd Kill for a Cookie*. Jacksonville, FL. August, 2004.

Christie C. Florida Dietetic Association Annual Meeting. *Medical Errors in Dietetics Practice*. Palm Beach Gardens, FL. July, 2004.

Christie C. American Diabetes Association Diabetes Exposed 2004. *Obesity in Kids*. Jacksonville, FL. May, 2004.

Christie C. Cypress Dietetic Association, *American Dietetic Association Update- Diversity in Dietetics*. Lakeland, FL. April, 2004.

Christie C. Governor's Obesity Task Force, *Nutrition and Obesity: Science and Solutions*. Orlando, FL. November, 2003.

Christie C. Jacksonville Dietetic Association, *Nutrition Care Model and Evidence Based Practice*. Jacksonville, FL. May, 2003.

Christie C. 3rd Annual Florida Public Health Association Regional Meeting, *Perspectives on Factors and Interventions Related to Obesity*. World Golf Village, FL. May, 2003.

Christie C. Tallahassee Dietetic Association, *ADA Update and Nutrition Care Model*, Tallahassee, FL. May, 2003.

Christie C. Caloosa Dietetic Association, *Nutrition Care Model and Evidence Based Practice*. Winterhaven, FL. April, 2003.

Christie C. Jacksonville Dietetic Association, *Preventing Medical Errors*. Jacksonville, FL. February, 2003.

Christie C. Space Coast Dietetic Association, *Nutrition Care Model*. Melbourne, FL. December, 2002.

Christie C. UNF Office of Faculty Enhancement/CIRT Panel, *Negotiating Publication: A Panel of Writers Discuss How to Survive and Thrive in the Publication Game*. Jacksonville, FL. October, 2002.

Christie C. Tallahassee Dietetic Association, *ADA Update and Trends Analysis*. Tallahassee, FL. June, 2002.

Christie C. Jacksonville Dietetic Association, *ADA Update and Trends Analysis*. Jacksonville, FL. May, 2002.

Christie C. Caloosa Dietetic Association, *MNT Update and Trends Analysis*. Lakeland, FL. March, 2002.

Christie C. Florida Gulf Coast University, *I'd Kill for a Cookie*. Ft. Myers, FL. January, 2002.

Christie C. Space Coast Dietetic Association, *MNT Update*. Maitland, FL. December, 2001.

Christie C. Jacksonville Dietetic Association, *The Addicted Brain*. Jacksonville, FL. May, 2001.

Christie C. Tallahassee Dietetic Association, *ADA Update*. Tallahassee, FL. April, 2001.

Christie C. Space Coast Dietetic Association, *Food Cravings*. Maitland, FL. December, 2000.

Christie C. Professional Development Resources, Inc., 6-hour CE seminar for health professionals, *Obesity and Eating Disorders*. 14 sites on the East Coast, U.S. 9/13/00-10/26/00.

Christie C. Professional Development Resources, Inc., 6-hour CE seminar for health professionals, *The Addicted Brain*. 80 sites throughout the U.S. 9/15/99-7/27/00.

Christie C. CHADD National Conference, *Nutrition and ADHD*. Washington, DC. 10/9/99.

Christie C. Professional Development Resources, Inc., 6-hour CE seminar for health professionals, *Stress, Eating and Weight*. 75 sites throughout the U.S. 9/16/98-7/29/99.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Breast Cancer: Beating the Odds*. 72 sites throughout the U.S. 9/11/97-7/31/98.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Hormones, Diet, and Weight Control*. 75 sites throughout the U.S. 9/12/96-8/1/97.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Beyond Prozac: The Food-Mood Connection*. 144 sites throughout the U.S. 9/15/94-7/26/96.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Nutrition and Menopause*. 70 sites throughout the U.S. 9/9/93-7/29/94.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Heart Disease and Cancer Prevention*. 65 sites throughout the U.S. 9/10/92-7/30/93.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Stress, Diet and Weight Control*. 63 sites throughout the U.S. 9/12/91-7/31/92.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Eating Disorders: Diagnosis and Treatment*. 60 sites throughout the U.S. 9/13/90-7/26/91.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Sports Nutrition*. 56 sites throughout the U.S. 9/14/89-7/27/90.

Christie C. Institute for Natural Resources, Inc., 6-hour CE seminar for health professionals, *Eating Disorders:*

Diagnosis and Treatment. 12 sites throughout FL. 9/15/88-7/28/89.

Research Interests

Overweight and obesity prevention and treatment, nutrition in disease prevention and treatment, and transdisciplinary collaboration in education and health care.

Professional and Community Service

Professional Service

2013-2014 Professional Development Committee Chair, American Dietetic Association
2012-2013 Professional Development Committee Vice-chair, American Dietetic Association
2011-2016 Preventive Cardiovascular Nurses Association Scientific Advisory Committee
2010-2013 FNCE Program Planning Advisory Committee. American Dietetic Association
2010-2013 American Heart Association Jacksonville Affiliate Board Member
2010-present AHEC Board Member
2009 Licensure Work Group, American Dietetic Association
2009-2011 At-Large Delegate, American Dietetic Association
2007-2009 Reviewer for Journal of American Dietetic Association and Journal of American College Health
2008-2010 Professional Development Committee, American Dietetic Association
2008-2011 Chair, Women's Health Leadership Council, AWWA
2008-2011 Adult Women's Health Alliance (AWHA) Board of Directors, Secretary/Treasurer
2008-2009 Duval County Childhood Obesity Prevention Coalition, Co-chair, Health Professionals Work Group
2007-2008 Chair, Nominating Committee, American Dietetic Association
2006-2008 Florida Physical Activity and Healthful Nutrition Network Leadership Council
2006-2007 Membership Chair, Florida Dietetic Association
2005-2006 Duval County Childhood Obesity Prevention Professional Workgroup
2005-present Duval County Childhood Obesity Prevention Coalition
2005-2006 President, Florida Dietetic Association
2005-2007 Fiscal Affairs Committee, Florida Dietetic Association
2004-2005 President-Elect, Florida Dietetic Association
2004-2008 Nominating Committee, American Dietetic Association
2004-2005 Chair, Ethics Committee, American Dietetic Association
2003-2004 Chair of Delegates, Florida Dietetic Association
2002-2004 Ethics Committee, American Dietetic Association
2002-2003 Chair, Nutrition Counseling Task Force, American Dietetic Association
2001-2009 Professional Development Resources, Inc. Board Member
2001-2002 Research Task Force, American Dietetic Association
2001-2003 Table Leader, House of Delegates, American Dietetic Association
1998-2004 Delegate, American Dietetic Association
2000-2001 Chair of Delegates, Florida Dietetic Association
1996-1997 Board of Editors, "Veggie Life"
1993-1996 Board of Editors, "Living Well"
1991-1992 Nutrition Services Payment System, Chairman, Florida Dietetic Association

1990-1992 Publications Committee, American Dietetic Association
1990-1993 Legislative Chairman, Jacksonville Dietetic Association
1986-1989 Public Relations Chairman, Jacksonville Dietetic Association
1985-1991 Editor, "The Orange Blossom", Florida Dietetic Association newsletter
1985-1986 President, Jacksonville Dietetic Association
1984-1985 President-Elect, Jacksonville Dietetic Association
1985-1989 Media Representative, Florida Dietetic Association

University Service Activities

2010-present Associate Deans Council
2010-present Food Service Committee
2008-2011 Council of Chairs
2008-2009 Brooks College of Health Director of Development Search Committee
2007-2008 Provost's Special Task Force
2006-2009 Insight and Inquiry Committee
2006 Brooks College of Health Development Officer Search Committee
2004-2009 Body Image Task Force (formerly the Eating Disorders Steering Committee)
2005-2007 Flagship Program Selection Committee
2003-2005 Chair, Food Service Committee
2002-2005 CDRC Advisory Board Member
2002-2003 Auxiliary Services Director Search Committee
2002-2003 Academic Technology and Support Services Committee
2002-2005 Eating Disorders Steering Committee
2001-2004 Food Service Committee and Subcommittee
2001-2002 Student Nutrition Club Advisor

Brooks College of Health Service Activities

2008-2009 Distance Learning Committee
2008-2009 MSH/Dietetic Intern Selection Committee
2007-2008 Chair, Nutrition Faculty Search Committee
2006-2007 Nutrition Faculty Search Committee
2006-2007 Physical Therapy Faculty Search Committee
2006-2007 Department of Public Health Bylaws Committee
2004-2005 Nutrition Faculty Search Committee
2004-2006 Executive Committee
2004-2005 Marketing Committee
2002-2010 Scholarship Committee
2003-2004 J-Hold Committee
2002-2003 Associate Dean Search Committee
2002-2003 Nutrition Faculty Search Committee
2003-2007 MSH/Dietetic Intern Selection Committee, Chair
2001-2007 Jacksonville Internship Director's Consortium

Awards/Recognitions

2010 American Dietetic Association Excellence in Practice- Dietetic Education Award
2010 Nominated for UNF Service Award

2009 Nominated for UNF Graduate Teaching Award
2008 Nominated for Susan B. Anthony Award, UNF Women's Center
2007 Brooks College of Health Teaching Award
2007 ADA Outstanding Dietetic Educator Award
2007 Nominated for UNF Service Award
2007 Nominated for UNF Graduate Teaching Award
2006 Florida State University Centennial Laureate Award
2006 Who's Who Among America's Teachers
2005 Honorary Nursing Faculty, College of Health
2004 Nominated for UNF College of Health Teaching Award
2004 Nominated for UNF Outstanding Undergraduate Teaching Award
2003 Nominated for FSU Outstanding Alumni, College of Human Sciences, Florida State University
2002 Florida Dietetic Association Diet Manual Editor Award
1997 Florida Dietetic Association President's Outstanding Service Award
1989 Florida Dietetic Association Distinguished Dietitian
1988-1989 Jacksonville Dietetic Association Distinguished Dietitian
1984-1985 Recognized Young Dietitian of the Year, American Dietetic Association
1984 Recognized Young Dietitian, Florida Dietetic Association and Jacksonville Dietetic Association
1982 Recognized Young Dietitian, Tallahassee Dietetic Association
1981 Sigma Xi- National Science Honorary Society
1980 Phi Kappa Phi- National Scholastic Honorary Society
1979 Phi Delta Kappa- National Education Honorary Society
1979 Omicron Nu- National Home Economics Honorary Society
1979-1980 Vice-President, Pi Chapter, Omicron Nu
1978-1979 President, Pi Chapter, Omicron Nu

Professional Memberships

American Dietetic Association
Florida Dietetic Association
Jacksonville Dietetic Association
American Dietetic Association Practice Group Research
American Dietetic Association Practice Group Sports and Cardiovascular Nutritionists
American Dietetic Association Practice Group Dietetic Educators of Practitioners
American Dietetic Association Practice Group Weight Management
American Dietetic Association Practice Group Women's Health
Preventative Cardiovascular Nurses Association
Association for the Study of Food and Society
National Organization of Nurse Practitioner Faculties