

AIDA HUTZ, EDD, LCPC

Department of Counselor Education
College of Education
Boise State University
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EDUCATION AND PROFESSIONAL LICENSE

Ed. D., Educational Psychology (Counseling Psychology emphasis) Northern Arizona University (Program received Ph.D. designation in 2004)	2003
Licensed Certified Professional Counselor State of Montana	Active
M. A., Community Counseling Northern Arizona University (CACREP accredited)	1999
B. S., Psychology; Minor, Sociology Illinois State University	1997

TEACHING APPOINTMENTS

Assistant Professor Tenure-track position Department of Counselor Education Boise State University Boise, Idaho	2009-present
Associate Professor Tenure-track position Department of Counselor Education, School of Education The University of Montana Missoula, Montana	2007-2009
Assistant Professor / Mental Health Track Team Leader Tenure-track position Department of Educational Leadership & Counseling, School of Education The University of Montana Missoula, Montana	2003-2007

Instructor

1997-2002

Department of Educational Psychology, College of Education
Northern Arizona University
Flagstaff, Arizona

COURSES TAUGHT – BOISE STATE UNIVERSITY**Graduate**

Coun 550 Assessment, Diagnosis, and Treatment Planning
Coun 514 Family Systems
Coun 511 Practicum

COURSES TAUGHT - THE UNIVERSITY OF MONTANA**Undergraduate****Counselor Education**

Coun 105 Career Development (for undecided undergraduate students)

Graduate**Intercultural Youth and Family Development**

IYFD 595 Cross-Cultural Issues in International Field Work

Counselor Education

Coun 615 Diagnosis and Treatment
Coun 595 Quantitative Research in Counseling
Coun 575 Multicultural Counseling
Coun 570 Career Counseling (on campus)
Coun 570 Career Counseling (on-line via Blackboard)
Coun 560 Lifespan and Developmental Counseling: Childhood, Adolescence and Aging
Coun 540 Individual Appraisal (on campus)
Coun 540 Individual Appraisal (Combo on-line / on-campus)
Coun 540 Individual Appraisal for School Counselors
(Combo on-line / on-campus course for long-distance master's-level cohort)

Counselor Education Supervision

Coun 630 Advanced Counseling Skills: Agency and School (advanced practicum)
Coun 585 Counseling Methods: Agency and School (internship)
Coun 530 Applied Counseling Skills: Agency and School (practicum)

COURSES TAUGHT – NORTHERN ARIZONA UNIVERSITY**Undergraduate**

Educational Psychology

- EPS 101 Learning to Establish Academic Priorities
- EPS 101 Academic & Personal Development for First-year Students
- EPS 101 Academic & Personal Development for Student Athletes

Graduate

Counseling Psychology

- EPS 737 Psychological Assessment I (Assistant Instructor)
- EPS 690 Multicultural Counseling
- EPS 690 Multicultural Counseling (Co-Instructor)
- EPS 661 Group Dynamics (Assistant Instructor / Supervisor)
- EPS 625 Intermediate Statistics (Assistant Instructor)
- EPS 595 Personality Adjustment (Assistant Instructor)

COUNSELING-RELATED EXPERIENCE

Private Practice Counselor, Missoula, Montana **Aug 2008-July 2009**
Small independent practice geared toward working with clients on a sliding-scale fee.

Cultural Liaison / Clinical Consultant, Simple Projects **Aug 2007-present**
Simple Projects is an aftercare and transition program designed to provide comprehensive therapeutic care while addressing specific issues related to returning from a wilderness program, therapeutic boarding school, or other type of clinical treatment process. The organization takes groups of teenagers or young adults on 24-day trips to Northern Brazil to complete volunteer service projects with underprivileged communities. Job responsibilities include serving as a cultural-broker for staff while in Brazil, providing crisis management, clinical consultation, and consultation for program development.

Pre-Doctoral Psychology Intern, **Aug 2002-Aug 2003**
NAU Counseling and Testing Center, Flagstaff, Arizona
Provided an average of 20 hours per week of direct services including individual counseling, couples counseling, group co-facilitation related to eating concerns and relationship issues, and crisis intervention. Also conducted campus outreach activities and engaged in a variety of indirect counseling-related activities such as documentation, case presentation, and consultation. Clinical supervision consisted of two hours of individual, and one hour of group per week. Internship site was a member of Association of Psychology Postdoctoral and Internship Centers (APPIC).

Crisis Worker, The Guidance Center (TGC), Flagstaff, Arizona **Oct 2000-May 2002**
Responded to crisis situations both within TGC and the Northern Arizona community. Job responsibilities included employing effective suicide/homicide assessment skills, having knowledge of domestic violence, mental health, and substance abuse issues, and

providing tension-reduction counseling and referrals for community resources. Served as a liaison between Flagstaff Medical Center-Emergency Department, Flagstaff County Jail, Juvenile Detention Center, and TGC. Conducted Title-36 evaluations and submitted court recommendations. Clients were generally between the ages of 18 and 64.

Ethnocultural backgrounds tended to be 50 percent European American, 30 percent Native American (mainly Navajo or Hopi), 15 percent Latino/Hispanic American (at times Spanish speaking only), and 5 percent others.

Counseling Intern, Flagstaff Medical Center Behavioral Health May-August 1999

Completed 600-hour, full-time internship with extensive supervision at in-patient psychiatric hospital. Co-facilitated counseling, psycho-educational, and substance abuse groups for adults and adolescents. Also conducted family, couple and individual counseling sessions, and psychosocial intakes. Indirect counseling activities included daily staff meetings, weekly case presentations, and extensive treatment planning.

Ethnocultural background tended to be diverse including White, European-American, Native American (mainly Navajo and Hopi), and Latino/Hispanic clients.

Student Enrichment Program Coordinator, NAU

Jan 1998-May 1999

Organized and coordinated mandatory study program for all in-coming first-year, transfer, and continuing student-athletes with a cumulative GPA of 2.49 or below. Also supervised daily study sessions, provided informal tutoring, and informal counseling on developmental issues. Worked with college students from a variety of backgrounds including international students.

Pro-Active Program Coordinator, NAU

Jan 1998-May 1999

Organized and coordinated mentorship program for all in-coming first-year, transfer, and other student-athletes with a cumulative GPA below 2.49. Mentored an average of 10 student-athletes per semester, and held weekly meetings focusing on academic advising and developing a weekly plan of action addressing challenges. Attended to personal development as needed and provided appropriate referrals. Worked with college students from a variety of backgrounds including international students.

PUBLICATIONS

Hutz, A., Midgett, B., & Baldrige, M. (2009, In Press). O que aprendemos nos Estados Unidos com a experiência de inclusão de estudantes minoritários na universidade: Sugestões para apoiar estudantes cotistas em universidades brasileiras. In C. S. Hutz (Ed.), *Avanços em Psicologia Comunitária*.

Translation: What we have learned in the United States regarding minority college student adaptation: Practical suggestions for supporting minority student inclusion in Brazilian universities. In C. S. Hutz (Ed.) *Advances in Community Psychology*.

Hutz, A. Leaning into discomfort. In Trotter-Mathison, M., Koch, J. M., Sanger, S. & Skovholt, T. M. (Eds.) (In Press). *Voices from the field: Defining moments in counselor and therapist development*. New York: Routledge.

- Beitel, M., **Hutz, A.**, Sheffield, K.M., Gunn, C., Cecero, J.J., & Barry, D.T. (2009). Psychology and Psychotherapy: Theory, Research, and Practice. Do psychologically-minded clients expect more from counselling?
- Martin, W. E., Jr., Kulstad, J., **Hutz, A.**, Stolle, D., Fabian, T., & Kasahara, E. (2008). Measuring person-environment fit for ethnocultural correspondence counseling. *Journal for the Professional Counselor*, 22, 19-33.
- Hutz, A.**, Martin W.E. Jr., & Beitel, M. (2007). Relationships Between Ethnocultural Person-Environment Fit, Gender and College Adaptation: Some Implications for College Counselors. *Journal of College Counseling*, 10, 130-141.
- Hutz, A.**, & Martin, W. (2007). Understanding ethnocultural difference: College adaptation models. *College Student Journal*, 41, 1078-1088.
- Sommers-Flanagan, J., & **Hutz, A.** (2007). Psychoanalytic theory in action. In K. L. Kraus (Ed.), *Lifespan Development Theories in Action: A Case Study Approach for Counseling Professionals*.
- Hutz, A.** (2007). Diversity testing concerns. Commentary in R. Sommers-Flanagan & J. Sommers-Flanagan, *Becoming an ethical helping professional: Philosophical and cultural foundations*. New York: Wiley.
- Stolle, D., **Hutz, A.**, & Sommers-Flanagan, J. (2005). The Impracticalities of Stuart's Practical Multicultural Competencies. *Professional Psychology: Research and Practice*, 36, 574-578.
- Cecero, J. J., Marmon, T., Beitel, M., **Hutz, A.**, & Jones, C. (2004). Images of parent, self, and God as predictors of dysphoria in non-clinical samples. *Personality and Individual Differences*, 36, 1669-1680.
- Hutz, A.**, Fabian, T., & Martin, W. (2003). Predictors to College Adaptation for Ethnocultural Majority and Minority Students. *Arizona Counseling Journal*, 23, 14-21.

PEER-REVIEWED SCIENTIFIC ABSTRACT

- Beitel, M., Geller, J., **Hutz, A.**, & Farber, B. (2004). Psychotherapists' Styles of Information Processing and their Representations of Patients. In: North American Society for Psychotherapy Research annual meeting program; 2004 November 4-7; Utah (p. 38).
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GRANT

Training Therapists: An Empirical Model Investigating Supervision Feedback, Counselor-in-Training Development, and Therapeutic Outcomes. Office of the Vice President for Research, The University of Montana, Fall 2006. (Award: \$4,510)

RESEARCH IN-PROGRESS

Hutz, A., & Beitel, M. Moving from career indecision to a plan for the future.

Reppold, C. T., **Hutz, A.**, & Hutz, C.S. The effect of perceived parental styles on psychological adaptation in a sample of adopted children in Brazil.

Serafini, A.J., & **Hutz, A.** The influence of intimate relationships in perceiving self-esteem in young adults: comparing a sample of undergraduate college students from United States and Brazil.

Beitel, M., & **Hutz, A.** Testing the concurrent validity of mindfulness scales.

PEER-REVIEWED PRESENTATIONS

Hutz, A., Beitel, M., & Pitts, J. (October, 2006). Counselors-in-training and therapeutic outcomes: A preliminary empirical inquiry during a first practicum experience. Presented at the Rocky Mountain Association for Counselor Education and Supervision Bi-Annual Conference, Jackson, Wyoming.

Hutz, A., Fabian, T., & Martin, W. (October, 2005) Relationships across perceptions of adaptation to college and ethnocultural P-E fit: Emerging qualitative models. Poster presented at the Association for Counselor Education and Supervision Bi-Annual Conference, Pittsburg, Pennsylvania.

Hutz, A. & Bell, D. (May, 2005). Avaliação psicológica em contextos multiculturais e com grupos minoritários. Presented at the II Congresso de Avaliação Psicológica, Gramado, Rio Grande do Sul, Brazil.

Pete, G., LaCombe, S., Myers, D., & Hutz, A. (April, 2005). The path through the whispers: Working with bi-racial and multicultural adolescent clients. Presented at the Montana Counseling Association Annual Conference, Helena, Montana.

Bell, D. & Hutz, A. (April, 2005). Important considerations in assessing socio-racially diverse populations in the United States. Presented at the Montana Counseling Association Annual Conference, Helena, Montana.

- Midgett, B., Hill, S., & Hutz, A. (April, 2005). Native American suicide: An insight into intervention and treatment methods. Presented at the Montana Counseling Association Annual Conference, Helena, Montana.
- Gibson, V., Farley, M., Rivenbark, A., & Hutz, A. (April, 2005). Working with children and families living in poverty: Implications for school counselors. Presentation at the Montana Counseling Association Annual Conference, Helena Montana.
- Howell, J., Courtney, C., Silverberg, S., & Hutz, A. (April, 2005). Trans-cultural and cross-cultural adoptions: Three examples with relevant counseling implications. Poster presented at the Montana Counseling Association Annual Conference, Helena, Montana.
- Warner-Dobrowski, C., Dudley, N., & Hutz, A. (April, 2005). Fostering resiliency in diverse students: What can school counselors do? Poster presented at the Montana Counseling Association Annual Conference, Helena, Montana.
- Foster, C., Morrison, L., Ranstrom, A., Hutz, A. (April, 2005). Healing after the experience: Coping with victimization. Poster presented at the Montana Counseling Association Annual Conference, Helena, Montana.
- Hutz, A., Martin, W., Beitel, M., & Bell, D. (October, 2004). Ethnocultural person-environment fit as a moderator of college adjustment: Implications for counseling. Poster presented at the Rocky Mountain Association for Counselor Education and Supervision Association Bi-Annual Conference, Breckenridge, Colorado.
- Giumelli, E., Hutz, A., Fabian, T., Martin, Jr., W. E. (April, 2004). Predictors of college adjustment of first year minority college students. Poster presented at the Western Psychological Association Annual Conference, Tempe, Arizona.
- Hutz, A., Beitel, M., Sharkey, B., Bell, D., & Knell, J. (October, 2003). Substance abuse screening in a university counseling center: Assessing clients, measures, and recommendations. Presented at the Montana Counseling Association Annual Conference, Missoula, Montana.
- Halter, M. & Hutz, A. (March, 2003). Parental adjustment to their emerging adult attending college. Poster presented at the American Counseling Association Annual Conference, Anaheim, California.
- Hutz, A., Martin, W. & Fabian, T. (May, 2002). Relationships among psychosocial variables and college adjustment for students of various ethnocultural backgrounds. Poster presented at Western Psychological Association Annual Conference, Irvine, California.
- Fabian, T, Martin, W., & Hutz, A. (August, 2001). Factors predicting college adjustment of students from various ethnocultural backgrounds. Poster presented

at the American Psychological Association Conference Annual Conference, San Francisco, California.

Fabian, T., Martin, W., Hutz, A., & Molera, O. (April, 2001). Relationships of English language proficiency and psychosocial factors to college student adjustment of 1st year undergraduate students from various ethnocultural backgrounds. Poster presented at Rocky Mountain Psychological Association Annual Conference, Reno, Nevada.

Martin, W., Swartz-Kulstad, J., Hutz, A., & Fabian, T. (April, 2001). Canonical correlations on ethnocultural perceptions of fit and first-year college student adjustment. Poster presented at Rocky Mountain Psychological Association Annual Conference, Reno, Nevada.

Hutz, A., Fabian, T., & Martin, W. (May, 2000). College adjustment of first-year students from various ethnocultural backgrounds. Poster presented at Rocky Mountain Psychological Association Annual Conference, Tucson, Arizona.

Martin, W., Swartz-Kulstad, J., Hutz, A., & Fabian, T. (May, 2000). Psychosocial correlates to college adjustment of undergraduate students. Poster presented at the Rocky Mountain Psychological Association Annual Conference, Tucson, Arizona.

INVITED WORKSHOP PRESENTATIONS

Hutz, A. (May, 2009). Multicultural living. Presented at Trauma and the Mind/Body Connection Workshop, Missoula, Montana.

Hutz, A. & Camel, T. (August, 2008). Developing multicultural awareness, knowledge, and skills. Presented at Cultural Competency Workshop, Salish-Kootnai College, Pablo, Montana.

SELECTED PROFESSIONAL SERVICE

2009 Summer

Reviewer on behalf of Counselors for Social Justice for the 2010 American Counseling Association Conference in Pittsburg, PA
Counselors for Social Justice Human Rights Committee Member

2008-2009 Academic Year

School of Education Technology Committee
For 'UM for US' Foundation Fundraising Campaign
UM Charitable Giving Fundraising Campaign
UM Health Fair Volunteer – Body Image and Mood Disorder Screenings

2007-2008 Academic Year

Multicultural Community-Focus Group Member

2006-2007 Academic Year

Faculty Evaluation Committee

Coordinated visit and hosted a short-term scholar from UFRGS, Brazil

School of Education 'Indian Education for All' Committee

Summer In-Psych Presentation and Recruitment of American Indian Students

2005-2006 Academic Year

Intercultural Youth and Family Development Advisory Board

Faculty Evaluation Committee Chair

2004-2005 Academic Year

Co-chair of successful CACREP accreditation for two masters programs under review: School Counseling and Mental Health Counseling

School of Education Diversity Plan Task Force

School of Education Indian Task Force Committee

Faculty Evaluation Committee

Book Review for Wiley

Established an inter-departmental international exchange for faculty and students from University of Montana's Counselor Education Program and UFRGS' Applied Psychology and Development Program

2003-2004 Academic Year

School of Education Diversity Plan Task Force

School of Education Indian Task Force Committee

Visited UFRGS, Brazil and attended advanced graduate research seminars

PROFESSIONAL ORGANIZATIONS

American Counseling Association

Association for Counselor Education and Supervision

Counselors for Social Justice

Association for Multicultural Counseling and Development

SPECIAL SKILLS AND AWARDS

Languages: Fluent in Portuguese with advanced reading and writing skills

Conversational Spanish with reading skills

Awards: 2007 Outstanding Service Contribution to University of Montana

2006 UM Merit Award

2002 'Doctoral Student of the Year' in Counseling at NAU